

April 2020

local news - for you - by you - about you - free to you

FREE PAPER Issue 183

Commonwealth Flag Raising



2020 Events

24th May Cancelled Silloth Green Day 13th + 14t Cimeelled Silloth Vintage Rally Ragnarock Rally VII 26th to 28th June 27th June Cancelled Silloth Pride 20

27th to 30th August Solfest

Silloth Carnival 31st August Music & Beer Festival 10th to 13th Sept Fimbulvetr IV

27th to 28th Nov

COVID-19

Because of Coronaviris many events have been cancelled. Please check before attending an event.





Page 6 Bobbies on the Beat







Netherhall Girls Rugby



LJ Cheer Sweep the Board at the Cheerdance **UK Finals**



Silloth Youth Club

Report by: Owen Martin

After being closed for over 18 months, on the 29th January 2020 Silloth Youth Club was reopened.

Thanks go to the work of a group of dedicated volunteers, who have now completely transformed the club to an unrecognised level. A plea was put out for much needed equipment and support and Silloth yet again failed to disappoint. With an overwhelming response by people, businesses and charities from far and wide.

A special mention must go to Silloth Rotary Club for over £700 of equipment, Silloth Town Council for continued support and paying for the utilities and the weekly bingo group for their generous donation too.

The children were welcomed back to the new look club, complete with new TVs, furniture, games consoles, board games and much more. Around twenty children came to the opening and



really enjoyed the night. The Youth Club will be open on Monday and Wednesday nights from 6-9pm for ages 11-18.

Christine Ray youth club chairperson "I am overwhelmed by all the support we have received from everyone, we can't thank everyone enough for what they

have helped us achieve. I can't believe we have managed to reopen, we have a great team of volunteers to help run the club and are looking forward to many happy years at the club."

For more information find the club on Facebook or email sillothyouthclub@outlook.com.

Make a Will Month

month of April 2020, Beaty & Co. solicitors in Wigton will be taking part in a Will writing scheme to raise funds for a local charity. You can receive a professionally written Will in return for a donation to Eden Valley

Hospice and Jigsaw. The suggested donation for a single Will is £130 and for a couple £200. There is no obligation to include a charitable legacy in your Will, although the Hospice would be delighted if you chose to. Gifts to the Hospice in Wills accounted for approximately 20% of their income last year.

It is vital to make a Will if you care about what happens to your assets after your death. Without one, your estate would be distributed according to the statutory rules of intestacy, which means that your relatives, friends or favourite charities may not benefit as you had intended.

Eden Valley Hospice and Jigsaw Children's Hospice in Carlisle provide care for local people with life-limiting illnesses and also provide respite care and Day Hospice services. Jigsaw is the only children's hospice in Cumbria and provides support to children and young adults with life-limiting conditions throughout the county, as well as offering support to their families.

Testament

Beaty & Co. solicitors are a well-established local firm, having practiced in Wigton for over 250 years. They have supported local charities including the valuable work of Eden Valley Hospice and Jigsaw for many years. Further details of the firm and their services can be found on their website www.beatv.co.uk.

For more information about the charity Will scheme or to make an appointment please contact Beaty & Co. on 016973 42121.

Silloth & District Pensioners

Report by: Pat Bell

We were delighted to welcome a good turnout to our first coffee morning for 2020 on the 1st February in St Andrew's Church Hall. Plenty of chat going on, as people caught up again after the Christmas and New Year Break.

We were pleased to welcome poet Penny Stimson of Buzz fame with copies of "That's Life" which she very kindly signed. Proceeds of which go to St Andrew's Church.

Maureen asked the coffee group if they would like the committee to try to get a speaker to come to the March or April coffee morning to talk about Scams; telephone, bank, computer, doorstep and postal scams to name a few and to warn us how to avoid being scammed. This was greeted very favourably by all present.

Emma Loveridge has an excellent presentation which, we hope, will be sound advice to us all when dealing with potential

The Pensioners' Committee

would like to take this opportunity to thank Stanwix Holiday Park management and staff for allowing us to once again hold the Annual Christmas Party there. The staff do so much to help us set up beforehand, entertain our guests, and do the washing up. We are eternally grateful to them. The next Christmas Party is already booked there for Saturday 28th November 2020.

Raffle prize winners were 1. Marjorie Dockeray, 2. Annabelle Strong, 3. Isabel Gilmour, 4. Pat Froggatt, 5. Kathleen Hodgson, 6, Margaret Mattinson, 7. Pat Bell, 8. Maureen Gilfillan, 9. Gerry Thorogood.

UPDATE

We had to cancel the March Coffee Morning because St Andrew's Hall boiler had broken down, so no heating.

We have booked Emma Loveridge and her presentation about avoiding scams to cometice the Coffee Morningth Ind May.

Il

Cancelles dishot available in April unfortunately.

All are welcome.



Small Bee

by

TJ Furness

Queen Bee Ruby Beverley from Holm Cultram Abbey School

Send Your Bees to the Solway Buzz There is a Bee Shortage, we **Need Yours!**













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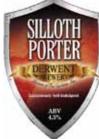


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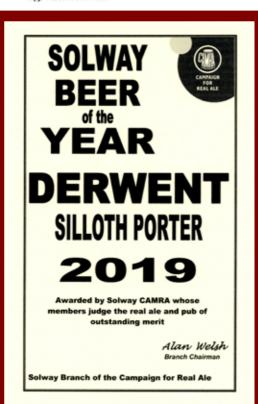




Derwent Brewery were proud to receive Solway CAMRA Beer of the Year for the second year running.

The annual award, voted for by the members of the Solway branch of CAMRA was given for Silloth Porter 4.5%.

Last year the Silloth Based brewery's Grune Point 4.6% took the accolade.











Buzzy Bee Liam Hornsby from Holm Cultram Abbey School

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Derwent Win Again! RNLI Quiz Night Raises £375



Report by: Margaret English

Once again, the RNLI Quiz was held at Mrs Wilson's in Silloth on Friday 7th February 2020.

Thirteen quiz teams gathered to compete in the quiz. Geoff and Sarah Betsworth were in charge as usual setting the wide variety of questions, some hard and some easy. Our grateful thanks to them both for their hard work, which is very much appreciated as it isn't easy to get the balance.

The event was very oversubscribed, being full up for some time and once again we give our apologies to those teams that could not get a place.

A huge thank you to David and Carol at Mrs Wilson's who welcomed everybody warmly and kept everyone well-watered throughout the evening. At half time they put on a lovely hot supper of Chilli or Macaroni Cheese, which went down very well. The Silloth and District RNLI Fundraising group thank everyone at Mrs Wilson's for making the evening a great success.

The winning team came from Hayton once again calling themselves the 'Hayton Villagers' with 70 points, narrowly beating 'Who Cares' with 67 points and "The Misinformed' came 3rd with 60 points. The final place was taken by 'The Wilkinsons' who were some of the Lifeboat crew.

£375 was raised which is £22 more than last year. Finally, a very special thank you to everyone who came along and joined in the fun testing their memories. See you all next year and book early!

Bingo to Benefit the Whole Community

There are a group of three ladies that provide a bingo session in Silloth Cafe once every fortnight for anyone to attend.

The proceeds

of each night go to various charities in the town; including the Lifeboat, Silloth Nursing Home, Silloth Primary School, Rainbows and Brownies to name

but a few. The ladies do this for the community to provide a service and also to help fund the local



on every fortnight, if you would like a meal before you play vou need to arrive between 6pm and 6:15pm where there will be a meal option which is different every week. Bingo starts at 7pm and all

monies go back in to pay for books, raffle tickets etc, prizes and money to local groups in the area.

If you would like a game of bingo while helping to raise morice d also to help fund the local for the compunity for the computation for the compunity for the computation for

Silloth on Solway Community Shop

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Christ Church - A Year+ of Celebration

Report by: Margaret Pickering

150 years ago, on 8th September 1869, the foundation stone for Christ Church was laid by Bishop Anderson (not the Bishop of Carlisle). There followed a year of building works to produce most of the building we see today (the spire was added in 1878) and the church opened on 8th September 1870 followed by its consecration in November 1871.

Our striking building takes pride of place opposite the green on Criffel Street and is much loved and admired by residents and visitors alike.

To commemorate this wonderful milestone, we are planning a year of celebrations. These will begin with a service led by the Bishop of Carlisle, the Right Reverend James Newcombe on 6th September 2020. Further details will be published later but please mark this date in your diary now and join us for the start of another 150 years of Christ Church.

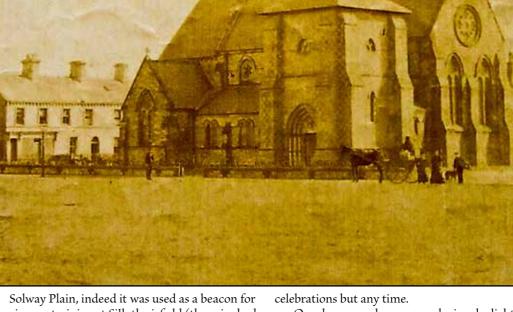
A small group are meeting to take forward celebratory ideas to fill the following fourteen months until we complete our celebrations in November 2021. Ideas so far include holding a 'Renewal of Wedding Vows' service for anyone

in Christ Church, a Christmas Tree Festival, planting 150 trees, and producing a time line of important dates and events within the church and within Silloth. As these, and many other ideas take substance they will be advertised and everyone is invited to join us for any or all of our celebrations.

This is not just a celebration for those who worship or are involved in Christ Church but for the community of Silloth, the surrounding area and further afield; for the people who bring their children for baptism; for those who marry

in this special place; for those who have said goodbye to loved ones; for the hundreds of visitors who spend time in its silence.

Christ Church is visible for miles across the



aircrew training at Silloth airfield (the spire had a red light on top to aid pilots and navigators). So please come and join us, not just for our

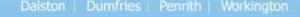
Our doors are always open during daylight hours and at other times for services and

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The Borderlands Inclusive Growth Deal includes ambitious plans to improve digital and mobile infrastructure across the Borderlands region.

The Borderlands partners have been making the case for the need to improve our 4G connectivity and therefore welcome the news regarding the Shared Rural Network (SRN). The SRN agreement between the Government and the four mobile network providers includes a commitment to provide 4G coverage to 95% of the UK landmass (90% from all four mobile network operators) by the end of 2025.

The Digital Borderlands programme is seeking to improve digital and mobile connectivity across the whole region. In dispersed rural areas, digital and mobile connectivity is recognised as a significant barrier to growth. This programme will seek to directly address this challenge through investing in the infrastructure required

eryone Can Do

to enable businesses and communities to remotely access services and markets. The SRN announcement means there will be improved mobile coverage and the Borderlands funding can therefore be targeted at the more remote rural locations that the SRN programme will not be able to reach.

In addition, in the Chancellor's budget announcement, he committed £5bn of funding to provide gigabit capable infrastructure for the hardest to reach 20% of premises in the UK by 2025. This is of course very welcome, and in the meantime, Borderlands funding will be used to top-up the existing Rural Gigabit Connectivity voucher scheme to allow communities in Cumbria and Northumberland to move ahead with gigabit capable infrastructure even sooner.

More than one million people live in the Borderlands region, however the rural nature of the area presents particular challenges and opportunities that the growth deal will seek to address, to ensure the region can achieve its vision for inclusive growth, building on its strengths as a place to live, work, visit and invest.

A spokesperson for the Borderlands Partnership said: "The recent announcement on the signing of the Shared Rural Network (SRN) agreement is most welcome. 4G is critically important to the Borderlands to support our industries such as agriculture and tourism, to provide mobile coverage along our transport routes, as well as ensuring that no one is left behind. Because of the rural nature of the Borderlands we expect that the coverage delivered by the SRN will be less in our region than that across the UK as a whole. As such, we will continue to work with the government on specific location plans in the Borderlands so that we can ensure that the Digital Borderlands 4G infill project complements the SRN and eliminates the remaining 4G 'not spots' in our region."

Waver Wine Circle

Report by: Stuart Jones

Our February meeting was our Annual Wine, Cheese and Games evening. Thirteen members attended with three apologies.

Janet Stukins opened the evening with her version of "Who Wants To Be A Millionaire," which was won by Nick and Linda Wood, who received their one million prize - of grains of salt each! This was followed by Graham, who set the first two lines of three limericks, with teams of two having to complete the remaining three lines. Each team then read their versions out, which caused much laughter. Graham then read out his versions, showing how it should be done. Many thanks to Janet and Graham for providing us with thought provoking, hilarious entertainment.

We then enjoyed a wide variety of cheeses washed down with wines of a personal choice.

Thanks to all those who made the evening most enjoyable, especially Stella for the cheeses and the draw. There were numerous prizes, in fact everyone received a prize!

Thirteen members, with three apologies, attended our March meeting entitled 'Call My Bluff'. Six pairs entered their wine, suitably concealed by jazzy socks.

After each wine was sampled three differing descriptions were read out as to the wine's origin and the other teams had to decide which description was correct. The runaway winners were Stephen and Judith Wood - some training sessions detected here Steve!

Our outings team, Graham and Janet proposed that we put

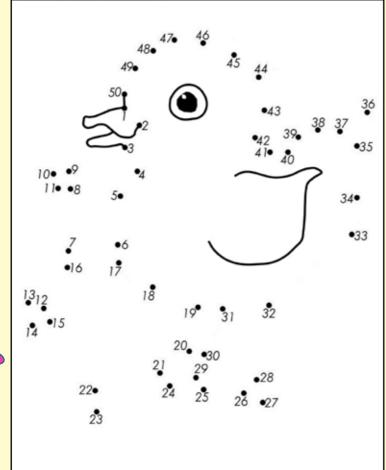


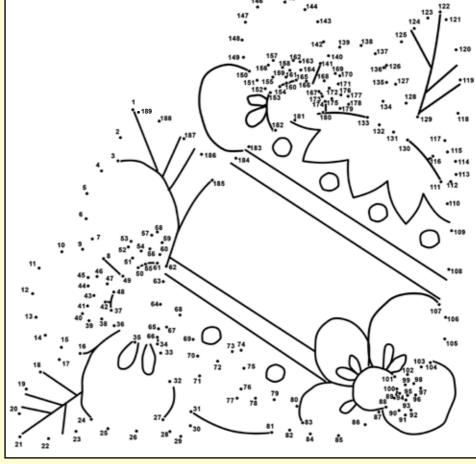
a hold on our May, June and July away days until the Coronavirus is history. This was agreed by all. It was also agreed that our Treasurer should arrange for a £25 donation be given to the Village Hall Produce Show. This to be review annually. Anne kindly offered to print any items required for this event.

Thanks to Stella for attending to the nibbles and the draw, this month won by Anne. Our next meeting will be on Wednesday 8th April when we will be holding our AGM.

The state of the s

FUN for ALL ~ Join the Dots & Colour In





Not Just for the Kids

Watch Out, there are Cops About



On 18th February Silloth PCSO 5299 Pete Nichol was on foot patrol with Inspector 1915 Rachel Gale in Silloth. Rachel Gale is the Neighbourhood Policing Team Inspector for Allerdale and came out on foot patrol in Silloth and got a chance to meet some of

the lovely people of Silloth even though the weather was still very wet after storm Dennis.

After a thorough interrogation as to why the Buzz photographer was lurking outside Jaybees, he was eventually allowed to go about his

Police Urge Rural Residents to Join the Country Watch facebook

PCSO Kerry Harris visited farms in the Arkleby, Parsonby, Torpenhow and Wigton area to give crime prevention advice to farmers.

She was also advising people in our rural communities to follow the Country Watch West Facebook page for up to date information.



Security Marking Kits for Farmers

Commissioner, Peter McCall, has funded 150 security marking kits to be given free of charge to farmers following the rise in quad bike thefts across the county. The kits will be handed out at auction marts across the county with farmers being offered the opportunity for a Police Community Safety Officers (PCSOs) to visit their property and provide security advice.

The first visit took place at Mitchell's Auction Mart in Cockermouth on Wednesday 19 February with more visits to take place across the county.

The PCC funded a similar marking event in Kirkby Stephen in November 2019 through his property fund, an initiative that sees money that has been seized from criminals distributed across community projects with the aim of making local communities safer. The money was given to Country Watch Eden who offered CESAR security and installation to the public at a discounted rate of £50 down from £150.

Speaking about the events, Peter McCall said: "Cumbria is a mostly rural county with numerous rural businesses that are being targeted by criminals.

Quad bikes and agricultural machinery are very expensive and to have it stolen can have a profound effect on farmers livelihoods which is why I was

happy to provide funding for marking kits that make it more to get their property back.

Locals know their area better than anyone and can spot anything

unusual better than most – so

please contact the police if you notice anything strange on 101 or 999 in an emergency.

THIEVES

BEWARE

Selecta NA

IS USED IN THIS AREA

I know that rural communities often feel that they don't want to get involved when reporting crime due to being part of a close-knit community.

> This is why we work with the charity Crimestoppers that offer 100% anonymous reporting to the public. Crimestoppers gives members of the public the opportunity to report any crimes without having to give personal

details such as name and contact information.

Let's work together to make Cumbria an even safer place to

CUMBRIA

Peter McCall

Superintendent Carl Patrick, Cumbria Constabulary said: "These events we are attending provide a great opportunity for those living in rural areas to find out more information on how they can protect their livelihoods from potential thieves.

Rural crime is a key priority for Cumbria Police and we look to work with farmers to prevent crimes occurring.

Thieves are often opportunistic and will target expensive machinery or vehicles that have limited or no security. Taking advantage of the free security marking kits is an ideal step to take in protecting your possessions.

Our officers will continue to work with partner agencies and rural communities in order to prevent further quad bike thefts from happening and bring those responsible to justice."





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Coronavirus Scams

CUMBRIANS have been told to be on their guard against cold callers, as increasing numbers of people find themselves largely housebound over the coming weeks.

Cumbria Trading Standards has advised residents to be extra vigilant of the threat posed by telephone scammers who may be more likely to target the increasing numbers of people at home as a result of the spread of Coronavirus (COVID-19).

In a social media post, the consumer body said: "Scams could

include bogus health products. offers to check for coronavirus in your home and false claims about a new government tax refund programme." The County's Trading Standards Authority urged people to speak to the elderly and most vulnerable over the course of the coming weeks as a means to inform potential targets of the risks they could face. *In addition I would strongly suggest that you should never hand over your Bank Card/ Credit Card and or PIN number to anyone who is offering to do shopping'



CRAFT & CHAT

Would you like to learn a new craft? Do you have a craft skill you could share with

others? Would you like to meet with like minded people and chat while you craft? A new craft club is starting up in Blencogo, meeting in the village

If you are interested and would like more information, please contact Janet on 016973 61158

hall.

The 'Hulk' by Joey Hull from Silloth Primary School

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Causewayhead WI

Report by: Jenny Stride

Our February meeting was a Member's afternoon and we had a visitor, Shirley Henderson, who showed us her memory books.

These were made



Women's Institute

from scratch, using dog food boxes covered and in some cases padded. Each had a different theme such as gypsies, the 60's. Shirley dyes paper with tea to make it look older. Each book had pockets in with photos, swatches of cloth, cuttings etc.

In addition some of our members had brought along some of their craft work to show us.

Molly had some beautiful gold work, showing us pictures she had made using gold thread.

Pauline Parr showed us framed cross stitch.

Dawn Eyre had knitted toys and bead work. The bead work was with tiny beads and thin wire. Dawn said the hardest part was threading the tiny needle.

Mona had some Christmas decorations and a stained glass window made in 3D patchwork.

Pat Froggatt a material bag with tassel.

Pauline Mole read us some of her poetry.

I think it is amazing there is so much talent amongst our members.

Raffle winners: Pauline Mole and Marjorie Dockeray.

Flower Competition:

- 1. Pauline La Plante, 2. Mona Kent Competition: 1. Pauline Par Cancelled Until
- 2. Pat Froggatt Further Notice

Do You Fancy Becoming a **Detectorist?**



Solway Metal Detecting Club

We would like to introduce our club to the readers of Solway Buzz. We are a friendly mixed bunch of folk, with an interest in metal detecting and local history. Each of us is registered with the National Council for Metal Detectorists (NCMD) which means that we abide by a set of rules governing the hobby and that we have insurance cover.

We are looking for local detectorists to join our group, to join us at club digs, monthly meetings and social events when free. We are also looking for permissions from landowners curious to know what may lay beneath their soil - to detect on their land. When we get permission, and a dig is organised each person attending pays the landowner £10.

We pick up any scrap metal we find in fields and dispose of it responsibly. You may wonder what the attraction of the hobby is, speaking for myself I can say that I find it hugely therapeutic. I have a diagnosis of PTSD from a series of incidents in both my personal and professional life. PTSD can effect people in many different ways and one aspect for me is that I find

it incredibly difficult to properly relax. When metal detecting the slow swing of the machine, and the focus on keeping it level to the ground has an almost meditative effect. Being outdoors, enjoying nature in this way brings me a sense of calmness and I thoroughly enjoy

Adding to that enjoyment is the chance of finding artefacts, contributing to our knowledge and understanding of local history. It's worth mentioning that if something valuable is found, then protocol involving the Coroners Office and the Portable Antiquities Scheme is followed. Any financial award is split 50/50 between the land owner and the detectorist.

One of our members and a farmer in Whitehaven are currently going though this process after a 4,000 year old gold torc was recovered. If you would like to join us, or if you are considering taking up metal detecting as a hobby, you would be welcome to join our group. If you are a landowner and would be happy for the club to detect on your land, please contact Dianejohnston1715@gmail.com.

Find us on Facebook under Solway MDC.

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Meet on Saturdays Silloth Rugby Club at 9am everyone welcome Contact: Loretta on 07766 118556

Commonwealth Day 2020



Deputy Mayor Graham Wilkinson with Arran DeMello, Chair of the School Council

Report by: Wendy Jameson

On Monday 9th March 2020, Silloth-on-Solway took part in the Commonwealth Day celebration, with the raising of the Commonwealth Flag in the Community Garden on Silloth Green. The Commonwealth is a voluntary association of 54 independent and equal countries, working towards shared goals of development, democracy and peace. The ceremony was well attended, with representatives from Solway Community School and other groups and organisations in the town. It was a pleasant Spring morning, with a slight breeze....perfect for a flag raising ceremony.

At 9:45am, Cllr. Graham Wilkinson, Deputy Mayor of Silloth welcomed everyone to the Flag Raising Ceremony.

Tom Hailwood, Deputy Head of Solway Community School & Arran DeMello, Chair of the School Council read out the Commonwealth Affirmation. This common act of witness renews the commitment of people in Commonwealth countries to work together inclusively and in a spirit

of goodwill towards democracy and development in which all can share.

This year's event is centred around the theme 'Delivering a Common Future', highlighting how the 54 member countries in the Commonwealth family are 'innovating, connecting and transforming' to help achieve some of its biggest goals like protecting natural resources and boosting trade.

Cllr. Wilkinson read out the Commonwealth Day message from Her Majesty The Queen, Head of the Commonwealth. In her message, she touches on the theme of connectivity, mentioning how "advances in technology and modern media have now enabled many more people to witness and enjoy – with remarkable immediacy – the experience of Commonwealth connection, in areas such as education, medicine and conservation"

She ended by saying: "On this Commonwealth Day I hope that the people and countries of the Commonwealth will be inspired by all that we share, and move forward with fresh resolve to

enhance the Commonwealth's influence for good in our world."

At 10am, Cllr. Wilkinson, raised the Commonwealth Flag, this being the sixth year that Silloth has taken part.

Cllr. Wilkinson thanked everyone for attending the ceremony.

In a message from The Right Honourable Patricia Scotland QC, the Secretary-General of the Commonwealth of Nations, "Our conviction is that with common purpose and by learning from one another, all can give and all can gain.

This approach leads to innovation that transforms lives and livelihoods so that there is inclusive progress and greater prosperity in which all can share.

It inspires us to encourage ourselves and others to more profound depths of cooperation and greater heights of achievement. So taking our cue from the theme, we can each commit this Commonwealth Day to join with others and bring change by doing something new."

Garden Waste

Allerdale Borough Council is to suspend the collection of garden waste immediately.

The decision has been made reluctantly but is necessary to protect other collections, such as domestic waste, during the Coronavirus outbreak. Not collecting green waste will free up crews and vehicles to meet core service priorities. Glass, cans and plastic, paper and cardboard, trade waste and household waste collections are all unaffected by the decision.

The suspension is in place until further notice but the council aims to resume collections as soon as possible. The situation will be reviewed in June. The move brings Allerdale in line with Copeland Borough Council and Carlisle City Council, which have both already halted their green waste collections.

We encourage home composting as an alternative option while this suspension is place. One option is to use a compost bin which can be purchased from https://getcomposting.com/composters/ at a reduced cost.

A council spokesman said: "We apologise to everyone

affected by this and hopefully this is only a temporary measure and you understand that the Council is doing what it can to limit the impact of this serious situation on the public. As it is becoming more widespread, and we know more people will need to self-isolate and/or will contract the virus we are determined to deliver the best service we can. We have taken this decision to safeguard our residents, staff, the community and other collections."

The council's deputy leader Mike Johnson said: "We all have a part to play in slowing the spread on COVID-19. Government has been quite clear on the measures that we should take as a local authority, as an employer, and as an embedded community resource. For Allerdale Borough Council that means freeing up resources to both allow for staff isolation, and to help with the wider community

response over the coming weeks. We are asking residents to play their part in reducing the burden on our staff."

In addition to the suspension, a decision has also been taken to delay the introduction of charging for replacement bins. That was due to begin next week.





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Boundary Change



Red line shows the new boundary, the blue line the previous one

The boundaries of Silloth Town Council and Holme Low Parish Council have been redrawn.

A Community Governance Review (CGR) was held by Allerdale Borough Council to rectify an anomaly identified in May last year, whereby the Lido Village was effectively cut in half by the electoral boundary.

To carry out the CGR a working group, made up of borough councillors, looked at the potential options and put two out to public consultation, carried out by way of letters and an online survey. During this process a third option was presented by some residents in Lido Village and a further consultation held. Both Silloth Town Council and Holme Low Parish Council were consulted.

A total of 87 responses were received and of these, 66 indicated that they preferred option three

which would see the boundary redrawn so that all Lido Village properties were within the Holme Low Parish Council area.

This recommendation was presented to Allerdale Borough Council's Full Council on Wednesday and it was approved.

As a result there will be council tax changes for residents living in both parish council areas. While the electoral arrangements do not take effect until May 2023, any by-election for either Silloth Town Council or Holme Low Parish Council would be held on the revised boundary arrangements.

Marion Fitzgerald, Executive member for policy, governance and people resources, said: "We'd like to thank everyone who took part in this review and those members of the public who had their say in the consultation. The views of residents are extremely important in making changes like this so we're

> pleased people took the time to engage with the work the group was doing."

Spring into Spring With The Friends Of The Green!



Report by: Graeme Aiken

With Spring just around the corner, (honestly), we have been delighted to welcome new Volunteers to The Friends of The Green over the last month. New planting and essential maintenance continues a-pace – but more help is always gratefully received to help with our exciting plans as we move towards the Summer.

Volunteer sessions continue every Wednesday morning, we meet at 10am at the Community Garden – with free Refreshments provided afterwards at the Fairydust Emporium, so come along enjoy the fresh air, make new friends - and make a great difference to our beautiful Green.

We are also delighted to announce that we received grants from the 'Hellrigg Wind Farm Community Benefit Fund' and the 'Celebrate National Lottery 25 Grant' which have been used to purchase much needed new equipment and seeds - so now

we've plenty of spades and trowels to go round!

In addition to the weekly volunteering sessions, Friends of The Green are now taking over the management of the Silloth Fairy Trail and Wishing Tree. The Trail will now be concentrated through the Pine Walks, Pirate Ship, Water Park and Pagoda area. Over the next few weeks the trail will be taken down, renewed, replaced and relaunched with a full colour map. The new Map will be available to purchase through local businesses for just £1 with all proceeds to The Friends of The Green. We are sure that these changes will make the Trail an even more attractive visitor attraction for the Summer!

More plans for the Summer Season include re-opening The Gnome in One Putting Green and The Cabin which are also now run and managed by Friends of The Green with ALL proceeds going to Silloth Green. If you would like to Volunteer to help in the making of teas and coffees and the selling of cakes and scones in the cabin or hand out putters for the putting green please get in touch.

So, if you would like to volunteer and help with the fairy trail, the wishing tree, the cabin or the putting green follow Our Facebook page "Friends of Silloth Green, where you can also keep up to date with more of our plans - including re-commissioning the Public Water Fountain on the Green..... but more of that next time! Please do come along to our next meeting at the Community Hall on Thursday 25th March at 7pm or just turn up on a Wednesday morning – with your gardening gloves of course!

STOP PRESS: The Friends of the Green are holding a litter picking session on the Green on Saturday 28th March from 10am to 12 noon as part of Keep Britain Tidy's "National Spring Clean" event.

All Welcome – Meeting at the

Community Garden.









Maisie Horsley

On Sunday 23rd February, L J Cheer Silloth's local cheerleading group travelled to Oldham to compete in a nationwide Cheerdance UK competition. This was their first competition of the year which they were really excited for.

After an early morning departure with Spencer Graham Coaches, they

Entry

Free

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Closed Until
Closed Notice
Further Notice

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Solway Street, Silloth-on-Solway

wonderful

Race Winning

Motorcycles



Imogen Hoodless

arrived safely ready for the youngest dancers to hit the dance floor. The first section was a huge success with all the dancers getting a trophy.

It was an amazing start to the day but it didn't end there. The second coach arrived around lunch time and the older girls were raring to go. After finding out how well the younger dancers did, they couldn't wait to dance. The pressure was on for the older dancers but that just

LJ Cheer win 86 Tropies at the Cheerdance UK Finals



Charlotte Bell and Lola Armstrong

made them more determined and the trophies just kept

Each and every one of the dancers danced their hearts out in solos and pairs and had an amazing day. With an outstanding end result of 86 trophies in total taken home by 51 dancers. This is an all time best for L J Cheer. They managed to get 8 first place, 13 second place, 11 third place, 19 fourth place, 13 fifth place, 13 sixth place, 5 seventh place and 3 eighth and 1 extra special trophy for

Laura their coach said, "I am so, so proud of all my dancers at LJ Cheer, they all work so hard in classes and leading up to competitions and events and it just shows that the hard work does pay off. We are a family at L J Cheer and I couldn't imagine my life without them. The support from parents and families is incredible and I couldn't thank them enough for helping me get to where



Emily Graham, Lauren Strick, Ashleigh Quayle, Charleigh Harrison

After such a successful first competition, everyone is looking forward to the upcoming competitions in April, May and June and to also taking part in local

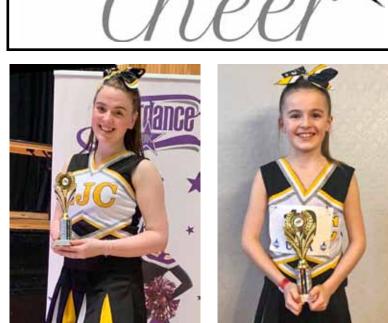
LJ Cheer has been running since March 2017 and

is run by coach Laura Sutcliffe at Silloth Sports Hall. Starting off small, classes used to range from 4 years to 16 years on Wednesday nights but after a huge amount of interest classes have grown massively and now run over two days, Monday's and Wednesday's for two years up to Adults.

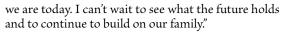
If you would be interested in joining our cheer











vents such as Silloth Green Day and Silloth Pride.

family, please get in touch with Laura on 07538 223636



At Holme Cultram Abbey, Abbeytown On Saturday 11th July

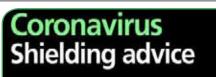
Sunday 12th July

At 12.00pm - 4.00pm









are advising those who face the highest risk of being hospitalise the virus to stay at home to protect themselves and others:

- People with cancer who are undergoing active chemotherap People with cancers of the blood or bone marrow such as
- . People having immunotherapy or other continuing antibody
- affect the immune system, such as protein kinase inhibitors
- People who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppres
- People with severe respiratory conditions including all cystic fibrosi evere asthma and severe COPD
- ople with rare diseases and inborn errors of metabolism that unificantly increase the risk of infections (such as SCID, homozyo
- People who are pregnant with significant congenital heart disease

EXILES CUMBRIA PRESENTS RAGNAROCK VII SILLOTH RUGBY CLUB

JUNE 26TH - 28TH 2020 Featuring Live Music

Bands to be Confirmed The Northern Wolves

(Medieval Full Contact Battle Group) Axe Throwing, Archery Childrens (and Big Kids) Entertainer

> Trade Stalls Bike Show With Locally Forged Prizes

Tickets: Pre-Book £20, OTG £25, Very Limited Car Parking £10. First Come First Served For More Information See : http://exiles-cumbria.co.uk or Ring Craig on 07736461239







or via our facebook page

L J Cheer.





Your Buzzing Letters

Dear Buzz,

I previously wrote a letter about the unkempt state of the trees in many parts of Silloth, although I am not affected by them myself apart from falling leaves and general untidy appearance.

I am told my letter was passed to the County Council as they are responsible for the upkeep and maintenance.

Since then my letter has been totally ignored.

Consequently nothing has been done. It is now past the time they should have been lopped and pruned. I urge everyone who is affected by light restriction and leaves to complain.

There are solutions to problems. Residents should not have to take matters into their own hands to sort out what are Council problems.

Have you any ideas how to smarten your street up? Doing nothing never solves anything! OOPS!! First new years

resolution broken.

Yours Truly C Briggs (the whinge)

Do you have a poem or letter for the buzz? We welcome all submissions, there is no charge. Please remember to include your contact information.

I refer to the closure of Abbeytown hall as reported in the last Buzz.

In the 1950's I cycled and later motorcycled to the hall from Causewayhead to the badminton club nights. Also in the hall country dances were held. Other venues for the dances were Causewayhead Mission hall (now two semi houses), Westnewton and Holme St. Cuthberts. At these dances the young and not so young ladies sat at one side of the hall and the young men at the other side.

These events were important for our entertainment as that was before technology including TV had got going. Enjoyable days.

Lawrence Marshall



I would like to take advantage of our wonderful 'Solway Buzz' to express my thanks and gratitude to my son and daughter-in-law, dear friends and neighbours, and everyone who contributed to making my 90th birthday a very happy and joyous occasion.

I feel truly blessed that I was able to celebrate this special day in my home in Silloth, surrounded by loving, caring people.

Here's to a few more years among you all.

Margaret Peach



Non-Commercial Tourism Websites

solwaybuzz.co.uk sillothgreen.co.uk sillothonsolway.co.uk sillothgolfclub.co.uk vintagerally.co.uk sillothbeerfestival.co.uk silloth-on-solway-tc.gov.uk visitcumbria.com/wc/silloth soldiersinsilloth.co.uk solwayplain.co.uk/silloth1.htm facebook.com/sillothgreen facebook.com/silloth-carnival facebook.com/groups/121042258051545 (Silloth Today)

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk

Poems

A Nice Cup of Tea by Penny Stimson

Would you like a cup of tea it's cold and damp tonight a cup of tea would warm you it hits the spot just right.

I'd offer you some soup and bread if I had some to spare. But don't feel a stranger sit down, pull up a chair.

It's starting to snow now the wind is howling too, not a night to be out in it's miserable, cold and blue.

But a nice cup of tea will make the world feel right. It warms you up and helps you feel in the world all is right.

It's so nice to see you calling in on me. I won't be a minute and I'll make that cup of tea.

Then it's time to snuggle down get ready to go to bed, be nice and warm and cosy no worries and no dread.

So thanks for coming to see me this terrible cold, wet night, and have a cup of tea That will put the world to right.

Next time you pass me on a street drop in and say hello. A cup of tea will warm us, if I only had a home to go.

The Solwavve by: Margaret Hobson

Out there - a warning Menacing swelling, advancing. A powering force, looming. Lengthening, strengthening. Heaving, rolling over, White foam curling. Towering mountains rushing & roaring, Cresting Shaking Breaking, crashing. Booming thundering lashing.
Drenching, wrenching Tumbling boulders, rolling Rocks knocking & rocking, rumbling
Gushing & soaking
Choking & crushing. Destroying. Reshaping.

Winddriven current Twisting & swirling Tossing coffee brown fountains Dancing & twirling Flinging pebbles & stones Rattling, splashing Clicking, flipping & tipping

Backflow turning, White trails of lace Slowly threading & spreading Slipping, crossing & creeping Girgling Trickling Dripping, Draining Resting Reclaiming.



Bobby Bee by Baillie Sharp Jellytots Nursery



Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or the Discovery Centre, or post to the address on page 14 (large stamp) and a quality Solway

This month the winner is Maisie **Emmerson from** Holm Cultram **Abbey School** with a bee drawing called "Birthday Bees".

Well done!



Remember you can join the library, search the library catalogue, renew and request books online at cumbria.gov. uk/libraries Visit Silloth Library in the **Discovery** Centre

Silloth Local Link & Tourist Information **Opening Times**

Monday 9:30am-12:30pm 1pm-4:30pm Tuesday CLOSED

Wed 9:30am-12:30pm 1pm-4:30pm **Thursday CLOSED**

Friday 9:30am-12:30pm 1pm-4:30pm Saturday 9:30am-12:30pm **Sunday CLOSED**

Tel: **016973 31944**

Silloth Library

Opening Times

Monday 10-1pm 2-4pm

Tuesday CLOSED

Wed 10-1pm 2-4pm

Thursday CLOSED

Friday 10-1pm 2-4pm

Saturday 10-1pm

Sunday closed

Tel: 016973 31944

Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us.

If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

metimes ne comes Bella the Bee Silloth Primary) Isobell Allison from Silloth Primary School



Space Bee by Lody from Silloth Primary School

Silloth's Greatest Loser

Being the best at losing wouldn't normally help you to scoop and award - yet one woman from Silloth has done just that, after being named the town's Greatest Loser 2020.

Shirley Hall, who is a member of the Silloth Slimming World group has lost a life changing 4 stone 5 lbs to take the title, which is awarded to the member who has lost the most weight and feels great as a result!

Shirley says, "It came as a bit of a shock to be the "Greatest Loser", and I still find it a shock when I look in the mirror now, from when I started over a year ago".

People who are severely overweight, with a BMI above 30, are more likely to suffer health problems like coronary heart disease, arthritis, diabetes and cancer, and obesity is linked to a reduction in life expectancy of between seven and nine years.

"Since losing the weight, it's a lot easier on my joints, I sleep better and I also have more energy".

Shirley joined her local Slimming World group at the Rugby Club in Silloth. She says "I knew when joined it worked as my best friends were members in Suffolk, and they'd both lost weight (a lot of weight), but it took me a

long time to get my head in the right place and then go to group. I'm so glad I did as everyone is so supportive".

Shirley followed Slimming World's Food Optimising eating plan. Before she started, she says "my biggest problem was nibbles", she soon realised she can still nibble, she has easily swapped her choices to things like lots of fruit and "safe" nibbles. She says "I still have chocolate and crisps - which is all within plan".

Today Shirley has lost a total of 4 stone 5 lbs and has gone from a dress size 22 to a 14. She's also more active nowadays, she used to do Pilates, but is now able to do two classes a week and she also now does Tai Chi, Adult Ballet and is a member of a walking group!

Loretta who runs the Silloth Slimming World group says "I feel so privileged to have played a part in Shirley' transformation. Watching her success weekly has been great and I hope her success

top2toe beauty salon

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Waxing & Tinting • Full Body Massage
Manicures, Pedicures & Shefilat OU
Individual PSTO Leshes
105560, Lins, Electrolysis, Collagen Bed,

more (Gift Vouchers Available)



will inspire other people in Silloth who'd like to lose weight and become happier and healthier to take action. Our plan is so easy, with no hunger or deprivation, using everyday foods that the whole family can eat".

"Sadly, we do not have a "before" photo to share with you, as Shirley would always be the photographer, but we can share how amazing she looks today and I think that beaming smile shows us how happy Shirley now is!"

The Silloth group meets every Saturday at 9am at the Rugby Club. To join, call Loretta on 07766 118556 or pop along. There's always a warm welcome (and cuppa) ready for you.

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open 7 days a week 6 Criffel Street, Silloth, Tel: 016973 31245





Copy Date



Please let us know of any changes within this section

Martial Arts

Silloth Dragons
Mixed Martial Arts Club
train in Christ Church Hall
on Thursdays
under 12's 6:45pm to 7:30pm
12's & over 7:30pm to 8:30pm
Keep Fit 8:30pm to 9pm
NEW MEMBERS WELCOME
For further details contact
Stephen on 07811 761033

Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For information contact: Gill Edmondson: 016973 71696

Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

First Responders

WE train on the first and third Tuesday of every month in Silloth Community Centre @ 7pm

Breast-feeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West
Road, Wigton
Have a cup of tea and meet
other breast-feeding mums.
Support and advice is available
from trained Breast-feeding
Peer Supporters and from
Health Visitors or Midwives.
Information call Wigton Health
Visitors: 016973 66608

Are these entries all up to date? If not please let us know

Production Team

Proprietor:
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Skinburness, CA7 4RA
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Editorial Content
This is down to you, we can
only publish items if you send
them to us.
When sending articles in,
please supply a contact name
and number in case something
requires clarification.
Published by: Peter McRobert
with the support of the whole
community and an army of
volunteers.

Copy date for the May issue is:

1st week April
If your organisation has
an event to promote or
you have something to
say, please note the
next copy date.

Football Training

Silloth Football Club

At Recreation Ground, Eden Street Playing Fields Silloth, CA7 4AX

Over 35'S Mens

April to end of August matches on Monday evenings - Contact Phillip Scott 07712 549070

Open age Men's 16+ Contacts: Liam Wilson 07394 561704 & Brian Hayhurst 07717 532828

Under 6's - Ages 4 & 5 year olds - Sunday's 10am to 11am Contact:

Geoff Grainger 07732 695875

Under 7's Sunday 10am to 11am & Wednesday's 6pm to 7pm. Entering the West Cumbria Youth League in September 2019. Age's 6 years old & those becoming 6 years old after 01/09/19.

Contacts: Jamie Hearton 07340 572475 And Jamie Harrison 07518 600220.

Under 9's Ages 7 & 8 years old before 01/09/19 playing in the West Cumbria Youth League. Training Sunday 10am to 11am & Wednesday 6pm to 7pm

Contacts: Peter Wise 07732 690696 & Stuart Flynn 07931 884066.

Under 11's Ages 9 & 10 years old before 01/09/19 entering the West Cumbria Youth League in September 2019. Training Wednesday's 6:30pm to 7:30pm.

Contacts: Dan Jeffrey 07836 778504 & Anotoliy Petrov 07584 428383.

Under 13's Ages 11 & 12 years old before 01/09/19 playing in the West Youth League. Training Wednesday's 5:30pm to 6:30pm.

Contacts: Carl Stanford 07563 302980 & Paul Mulgrew 07526 665759.

All other enquiries to Secretary: Colin Baty 07754 890297

Abbeytown Girls
Abbeytown Sports Field

beytown Sports Fie Wednesdays 4-5pm

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Sewing Circle

Have you clothes you don't wear - don't like or don't fit properly? Come along to Silloth Sewing Circle on a Thursday afternoon from 12pm to 4pm at St Andrews Church Hall opposite the Co-op. We will teach you to alter and make cloths and furnishings for the family. Just £2 and you get tea/ coffee and biscuits. Contact Penny on 016973 32255.

Dates for the Diary

March

27th Silloth Master Quiz in Caldew Hall at 7pm, squad advert, 016973

April

1st Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

1st Friends of Silloth Green, please volunteer to noon, then to Fameus

6th Silloth Town Council meeting in Silloth Community Hall at 7pm

8th Friends of Silloth Green, please volunteer to noon, then to Faryaust

8th Causewayhead We at 2pm in Silloth Community Hall

9th Holy Communion at 10am in Christ Church celled

9th Bible Video with Refreshments at 7:30pm if ende Evangelical Churcham

10th Service with Music @ 10am in Greenrow Pentegestal Church, the walk of witness

10th Stations of the Cross contemplation at 11:15amin Roman Catholic Change Contemplation

10th Holy Communion at 6pm in Greenrow Penterdetal Church

11th Cream Tea 12 - 3pm £3.50, in St Andrews Hall, Home Baking and Tombola

12th Sunrise Service at 6am at the Bee Garden collections

12th Mass at 9am in Roman Catholic Charge Celed

12th Worship at 10:45am in Greenrow Pentecostal led Church

12th Worship at 10:4 am in Free Evangelical Church

12th Holy Communicated
11am in Christ County

Friendship Hour

Silloth Evangelical Free Church, Eden Street Friendship Hour is on alternate Thursdays at 1:45pm. All welcome

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm

Children's Centre

Open 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Room usage is subject to fulfilling certain criteria and must be arranged and pre booked. Contact numbers: Silloth 016973 31509 Wigton 016973 43870 Aspatria 016973 23401

April cont'd

12th Worship at 6pm in Greenrow Penterostal Court

12th Gospel Service at 6:30pm in Free Examplicated Church

15th Friends of Silloth Green, please volunteer part to noon, then to farteest

18th Mawbray Film Club presents Fisherman's Friends at 7:30pm, see advert

22nd Friends of Silloth Green, please volunteer that to noon, then to far what

24th Retro Music Weekend 11 at Stanwix Parkan Celled

25th Retro Music Weekerd 11 at Stanwix Parkancelled

26th Retro Music Werkerd 11 at Stanwix Parkance

28th Blencogo & District Garden Club meeting in Blencogo Village Hall @ 7pm, topic Lyn Brunetti- Wild flowers and their garden relatives

Mar

4th Silloth Town Council meeting in Silloth Community Hall at 7pm

6th Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

8th VE Day Commemoration Concert with the Harlequin Chair at Hallous Cultram Abbey, London, tickets £10, see advert

13th Causewayhead W. at 2pm in Silloth Communication Hall

Crafting Groups

Come along on Mondays at 10am in Silloth Community Hall and another on Wednesdays from 1:30 to 3pm at St Andrews Church Hall. These are friendly people with a variety of crafting talents-willing to share their knowledge.

Dementia Cafe

Held in Wigton Methodist Church, 1st Monday in month 10am - 12 noon. For people with dementia and their carers Coffee, cake, chat....and more

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches. co.uk/service-60e.html

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall. Refreshments provided, regular outings, tel 016973 61158 or 61327

May cont'd

17th Spring Plant & Craft Fair in Mawbray Village Hall 10am to 4pm, tea room open

23rd Table Top Sale in St Andrews Hall, £10 For A Table. Tea/Coffee Cakes & Home Baking 10 - 4pm, free entry

24th Silloth Garacelled

26th Blencogo & District Garden Club meeting in Blencogo Village Hall @ 7pm, topic Louise Stoddart- Hanging baskets

June

3rd Solway Plains Artists meet in the Golf Hotel, 10am to 1pm, all welcome

10th Causewayhead What 2pm in Silloth Community Hall

13th Silloth Vintage Had on the Green

14th Silloth Vintage Had on the Green

20th Cream Tea in St Andrews Hall 12 - 3pm, Tombola & Home Baking, free

23rd Blencogo & District Garden Club meeting in Blencogo Village Hall @ 7pm, topic Helen Shipton Smith -Cooking with herbs

26th Ragnarock Rally VII

27th Silloth Grancelled
27th Ragnarock Rally VII

28th Ragnarock Rally VII

Doors Open Lunch

Meets in St Andrews Church every Tuesday Inda noon to 1pm, a light lunch with good fellowship for a donation only.

Walking Football

Every Monday 1pm - 2pm at Silloth football pitch by the tennis courts. Followed by tea/ coffee at Methodist church hall.

Silloth Tots/Toddlers

We meet in the Children's Centre, Silloth, open to all children aged up to to 4 accompanied by a parent/carer. Sessions are on Mondays: 10am to 11:15am term time only. Entry is £1 per family and this includes refreshments. All Welcome

Silloth Art Group

Meet on first Wednesday each month from 10am to 1pm, at the Golf Hotel. Call in for a chat & coffee, maybe give it a try.

NatWest Mobile

The van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

Tul

1st Solway Plains Artists meet in the Golf Hotel, 10am

4th American Night in St Andrews Hall, with Cockermouth Ukulele, Buffet 7:30-9:30pm, £7.50

8th Causewayhead WI at 2pm in Silloth Compygoid Hall



Errors do occur in Dates for the Diary Please check before attending an event

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Silloth RNLI Shop

SHOP OPENING HOURS

Due to Corona Virus our shop will be closed until further notice. Kind regards to all our customers and we will see you again in due course.

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Badminton

Every Thursday 7pm - 9pm at Silloth Sports Hall. Tel: Lorraine 07805 136279

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Beware of Covid-19 Scam Emails

Cumbria Police are advising people to be aware of scam emails regarding the recent COVID-19 outbreak which is seeking payments from victims.

Nationally, people have received emails notifying them that they are eligible for tax rebates as part of a new tax refund

programme dealing with the outbreak, among other scams.

Cumbria Police are warning people about the scams and are advising they take the advice of Action Fraud.

Detective Sergeant Stephanie Goulding said: "We are aware there are scams nationally regarding the Coronavirus with people trying to exploit the situation.

We advise anyone to go visit the Cumbria Police or Action Fraud websites for advice on how to avoid being scammed.

To report a scam please call Action Fraud on 0300 123 2040."



Book Bee by Sophie Henderson from Jelly Tots Nursery Queen Bee! by Imogen Brough from Silloth Primary School



Be a Custody Visitor

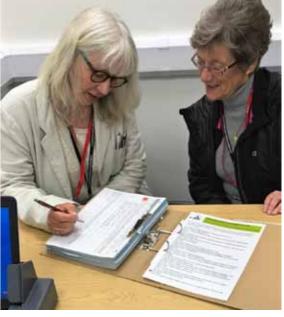
Cumbria's
Police and Crime
Commissioner,
Peter McCall,
is looking for
volunteers
to become
Independent
Custody
Visitors (ICVs).
Volunteers are
needed in the
Barrow area and
in the West of
the county.

The role of the ICVs is to make unscheduled visits to custody suites – the area and holding

cells in which detainees are held – and carry out an inspection. The volunteers check that the areas are clean and safe, that all food and drink is in date, detainees have clean, dry clothes and that detainees are treated fairly and no human rights have been violated.

Those who are interested will receive full training and custody visits are based around the volunteers' availability.

Cumbria's Police and Crime Commissioner, Peter McCall, said: "ICVs hold an extremely important statutory role for the Office of the Police and Crime Commissioner. They provide an unbiased and honest view of what the cells and custody are like around the county. The



Police have a duty to protect all civilians including suspected criminals from harm and by having regular, unannounced visits from volunteers, I know that the Custody officers are doing their job well. I have no doubt in my mind that the Force treat everyone in custody with respect but it's always good to have an unbiased opinion so that if there is something wrong I can hold the Police to account and make sure the issue is resolved.

I would urge anyone who has a few hours a week to spare to apply to become an ICV, more information can be found on the website at www.cumbria-pcc.gov. uk/what-we-do/custody-visiting or call 01768 217734."





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Wheyrigg Hall Hotel 016973 61242

Advertisers entries are Free in the Phone Book



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Holme St. Cuthbert School, Mawbray:

0 1 9 0 0 8 8 1 2 4 2

Holm Cultram Abbey CofE School
Abbeytown:
0 1 6 9 7 3 6 1 2 6 1

MP, Sue Hayman:
0 1 9 0 0 7 0 2 9 2 9

Neighbourhood Forum:
0 1 9 0 0 7 0 2 9 2 9

Neighbourhood Forum:
0 1 2 2 8 5 2 3 1 7 4

Register Office, Wigton:
0 1 2 2 8 5 4 4 4 4 4

Silloth Community School:

0 1 6 9 7 3 3 1 2 3 4

Silloth Library 0 1 6 9 7 3 3 1 9 4 4

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 West Cumbria Carers
 0 1 9 0 0 8 2 1 9 7 6

 Please let us know what you want

Please, let us know what you want included, also any changes to numbers.

Molasses Tankers at Silloth Dock Report & Photos by: John Forrester More coverage of shipping at Silloth can be found at www. cumbriashipphotos.weebly.com ORADANA January & February Shipping at Silloth Report by: Capt Tim Riley, Harbour Master, Short Sea Pilot Harrisons are now helping us to level out the land adjacent

A tight fit for the Oradana while battling a strong easterly wind

Silloth Tide Tables

APRIL 2020 SILLOTH								
DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)								
	High Water				Low Water			
Date	Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m
1 W 1	04 11 05 29	5.4 5.0	16 53 18 23	5.2 5.0	11 10	0.4	23 37 12 30	0.5 0.5
3 F 4 SA	07 06 08 25	5.1 5.6	19 53 21 04	5.2 6.0	01 09 02 36	0.6	14 06 15 23	0.3
5 SU	09 25	6.3	21 58	6.6	03 48	-0.2	16 29	-0.7
6 M 7 TU 8 W O	10 16 11 02	7.1 7.6	22 45 23 29	7.3 7.7	04 48 05 42	- 0.6 - 1.0	17 25 18 16	- 1.2 - 1.5
9 TH	11 45 00 10 00 52	8.1 8.0 8.0	12 27 13 12	8.2 8.1	06 32 07 16 07 58	- 1.4 - 1.5 - 1.6	19 02 19 46 20 26	-1.7 -1.7 -1.6
11 SA	01 35	7.7	13 56	7.7	08 41	- 1.4	21 05	-1.2
12 SU 13 M	02 18 03 03	7.3 6.8	14 41 15 31	7.1 6.4	09 20 10 02	- 1.1 - 0.7	21 43 22 24	-0.7 -0.2
14 TU C 15 W	03 53 04 59	5.5 5.5	16 30 17 47	5.6 5.0	10.51	0.3	23 17	0.3
16 TH	06 21 07 43	5.1 5.2	19 19 20 38	4.9 5.1	00 33	0.6	13 23 14 45	0.4
18 SA 19 SU	08 51 09 41	5.5 6.0	21 33 22 14	5.6 6.1	03 17 04 14	0.4	15 51 16 41	0.0
20 M	10.21	6.4	22 48	6.4	04 57	-0.2	17 20	-0.5
21 TU 22 W 23 TH •	10 55 11 27 11 57	6.6 6.9 7.0	23 18 23 47	6.6 6.8	05 35 06 07 06 39	- 0.5 - 0.6 - 0.7	17 54 18 25 18 55	-0.7 -0.8 -0.8
24 F 25 SA	00 15	6.9 6.9	12 27 13 00	7.0 6.9	07 09 07 42	-0.8	19 25 19 56	-0.9
26 SU	01 13	6.8	13 32	6.6	08 15	- 0.7	20 28	-0.6
27 M 28 TU 29 W	01 45 02 20 03 01	6.6 6.3 6.0	14 06 14 45 15 35	6.4 6.1 5.8	08 49 09 24 10 03	- 0.5 - 0.3 0.0	21 01 21 35 22 18	-0.4 -0.1 0.2
30 TH 3	03 57	5.6	16 40	5.3	10.57	0.2	23 19	0.4
Time Zone UT(GMT)								

10th Zapadnyy from Bremen with a cargo of Molasses then on to Klaipeda.

22nd Rix Mistral from Nantes with a cargo of Wheat then on to Newport.

January was a very quiet month for the port, our ever faithful Zapadnyy returned taking a chip off the South Breakwater on the way in, and was followed by the Rix Mistral with Wheat from France. All in all, not a very productive month for the port. Tommy Nicholson's fleet arrived as well, visiting with their newly renamed fleet and a few old faithful names.

Unfortunately there is nothing to report for February, a dead month as far as shipping goes, no vessels and just a few trawlers from Tommy Nicholson's. We will try and do better for you during March.

Passersby will notice that there were large piles of building debris alongside the road to the convalescent home, a bit messy, but actually only moved from one side of the road to the other where we have smoothed out some land for Solway Logistics to expand their business onto.

to the convalescent home which will naturally grass over and become wild during the spring and summer.

If there are no further developments within the port, the fenced off area may be opened for access only, subject to future port development.

We have filled in several deep old cellar pits which were exposed from the old buildings that were on that piece of land and it will hopefully (after survey) be safe to walk about on.

We have also suffered from some severe longshore drift this last month with approximately 20,000m³ of sand and shingle building up in the entrance to the port. This has been washed and blown along the beach from Allonby and on the larger tides in February we were able to sluice and wash away some 15,000m3, however, with Ciara followed by Dennis followed by this has built up again.

As we are at neaps, we are having to employ Harrisons once again to clear the cut so that we can bring a ship in to the Port of Silloth on Sunday the 8th of March.

The business of processing molasses into animal feed at Caltech's dockside facility has thrived for many years. Coverage of the visits of ZAPADNYY, the familiar green-hulled tanker have featured regularly on this page, and unsurprisingly she was the first ship to visit this year. However, other specialist molasses tankers have called at the port over the years, and are always a welcome sight for ship enthusiasts keen to have new subjects to photograph.

Looking back to 2013, ORADANA was one such visitor arriving on a bitterly cold morning with a backdrop of snow-covered Scottish hills. She had made the short sailing from Avonmouth having loaded via ship-to-ship transfer from a bulk carrier. On arrival off Silloth she made the usual well-timed approach at high water, however, steering into a strong easterly she had a close shave at the dock entrance passing very close to the inner wall. After a few anxious moments her position was corrected and she proceeded into New Dock to be berthed alongside the discharge terminal.

At the time of her visit, ORADANA was operated by 'Simonsen,' a small family-run Danish company with a long tradition of transporting liquid foodstuffs. The names of their ships all contain the prefix 'ORA' which translates as 'coast' from Latin. This naming practice has continued from when their first tankers were acquired. Built in 1971, the ageing ORADANA has since been sold to an Angolan company. With the new name SANTO MUHONGO III she is now trading further afield from her West African base of Luanda.



Blencogo & District Garden Club Programe for 2020 Held at Blencogo Village Hall starts at 7.00pm

Tuesday 25th February - AGM and quiz

Tuesday 24th March – Kate Jackson, Cumbria Wildlife Trust - Creating The Lost Words Garden, and Tips on Making Your Own Garden a Haven for Wildlife.

Tuesday 28th April – Lyn Brunetti- Wild flowers and their garden relatives.

Tuesday 26th May - Louise Stoddart- Hanging baskets

Trip and date to be agreed

Tuesday 23rd June - Helen Shipton Smith - Cooking with herbs

Trip and date to be agreed

Tuesday 28th July - Garden bees and honey making, Adrian Cozens

Sunday 9th August - Afternoon tea, Lilac Cottage Garden, Blitterlees

Tuesday 22nd September – Kevin Preston - Sweet peas - Kevin Preston is a man who absolutely loves Sweet Peas. He is the largest amateur Sweet Pea grower in this country and is a National Champion winner. He gave us an inspiring presentation last May and this time will bring his sweet peas and give us a presentation and ideas on how to display sweet peas.

Tuesday 27th October – Pax Garabedian - Slide show and presentation on the wonders of Madagascar.

Tuesday 24th November - Steve Mee's - Compost - Steve is a volunteer at Holehird Gardens near Windermere (home of the Lakeland Horticultural Society), where he is curator of the fern collection and in charge of making the compost for the site.

Please come and join us. Everyone is welcome!



FREE SUPPORT PACK!

HELLO! WE ARE HERE TO HELP YOU!

we are members of Silloth Rotary Club who live locally & are here to help if you are self isolating due to the CORONAVIRUS

we can help with the followina:

- A friendly chat on the phone
- Posting mail
- Urgent supplies
- Picking up shopping
- Collecting your prescription

FOR ANY SUPPORT PLEASE CALL:

PLEASE NOTE THIS IS FOR SELF ISOLATING PEOPLE WHO NEED URGENT SUPPORT, WHEN DELIVERING ANYTHING WE WILL LEAVE IT ON YOUR DOOR STEP, MOVE TO A SAFE DISTANCE & CALL YOU TO LET YOU KNOW & WATCH YOU COLLECT FROM YOUR DOOR STEP.

WHEN SELF ISOLATING





try to keep at least 2 metres (3 steps) from other people in your home, particularly older people or those with long-term health conditions ask friends and family and delivery services to deliver things like food shopping and medicines - but avoid contact with them sleep alone if possible

regularly wash your hands with soap and warm water for at least 20 seconds try to stay away from older people and those with long-term health conditions drink plenty of water and take everyday painkillers, such as paracetamol and ibsprofen to below ith your symptoms.

ibuprofen, to help with your symptoms
ALWAYS CHECK MEDICATION IS SUITABLE WITH YOUR NORMAL MEDICATION



do not have visitors (ask people to leave deliveries outside) do not leave the house, for example to go for a walk, to school or public places

Blencogo & District Village Hall Produce Show

An amateur event open to everyone To be held in the Blencogo Village Hall on Saturday 5th September 2020

Entries on the day. Entry fee 30p per item, children classes are now 20p per item

Admission 50p School children free. Refreshments available.

10am -11.30: Staging 11.30-1.45pm Hall closed for

2pm Hall opens to public. 3.30pm Presentation of Trophies.

Auction of produce. Followed by distribution of prize money. Prizes 1st £1.50, 2nd £1, 3rd 50p Points:1st = 3 points 2nd =2 points 3rd = 1 point.

Trophies will be awarded to the person gaining most points in the following sections.
Bromfield Parish cup for flowers.
Harry Douglas Fuchsia Plaque.

Flowers

- 1. Fuchsia Pot Plant.
- 2. Cacti or Succulent in a plant pot.
- 3. A single stem of any flower.
- 4. A rose.
- 5. Vase of sweet Peas.
- 6.3 Dahlias.
- 7. 3 Hydrangea Blooms.
- 8. Bowl of 5 floating flowers.
- 9. Autumn display to include flowers, foliage and berries.
- 10. Vase of mixed Garden Flowers.

Kitchen Garden

- 11. Four fresh herbs in a tumbler
- 12. 3 free range eggs (one egg cracked into a saucer) (laid from own chickens)
- 13. 3 onions.
- 14. 4 Potatoes.
- 15. Any other single vegetable not in the schedule.
- 16. 3 Carrots.
- 17. 4 Tomatoes any variety.
- 18. 4 Cherry Tomatoes
- 19. 5 Green Beans.
- 20. Any Mis-shape veg.
- 21. Selection of Home-grown soft fruit in a bowl.
- 22. 3 Dessert Apples.

Wine/Liqueur

23. Bottle of Red Wine

24. Bottle of any alcoholic drink in a clear glass bottle.

Bakery

- 25. Men only Lemon drizzle cake (using a loaf tin).
- 26. A decorated chocolate cake.
- 27. 3 pieces of Tiffin.
- 28. 3 chocolate shortbread hearts. (recipe available on Village Facebook if wished.)
- 29. Marmalade loaf. (recipe available on Village Facebook if wished.)
- 30. Treacle tart (short crust pastry).



Tom Carrick Cup for Kitchen Garden.

Ferguson Salver for Bakery. St Mungo's Cup for Handicrafts. Blencogo Village Hall Children's Trophy for 8 years and over. Alfred Greive trophy for children

- 31. Sausage plait.
- 32. 3 savoury Scones (label).
- 33. Homemade Chutney. (label)
- 34. Homemade apple jelly.
- 35. Jar of Lemon curd (recipe available on Village Facebook if wished.)
- 36. Jar of Honey

Handicrafts

Must be own work. 37. Photo with own caption no larger than 8"x 6".

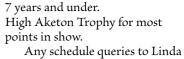
38. Photo of a local Landmark. No larger than 8"x 6".
39. An article of handicraft not

listed (eg jewellery, sculpture, pottery.)

- 40. A handmade article of soft material eg woven knitted, crocheted, patchwork or embroidery.
- 41. Handmade wooden or metal item.
- 42. A painting or sketch any subject.
- 43. Handmade get-well card.
- 44. Picture made using buttons and beads.
- 45. Pick up and bring a thimble.

Children (must display age) Under 7 and including 7 years.

- 46. A jar of rainbow jelly.
- 47. Cress grown in a container. 48. A piece of schoolwork you are proud of.
- 49. A drawing or painting of a butterfly.
- 50. Make a hat for a pirate. 8 years and over.
- 51. Make a Hedgehog cake
- 52. Make an edible necklace.
- 53. Photo you took yourself of an animal or bird.
- 54. A painting or sketch (any subject)
 55. Collection of garden flowers
- 55. Collection of garden flowers in a jar.



on 07538 027936 or Judith 61051. Please have a go – support your



Rules:

local show.

- All exhibits must be the work of the exhibitor.
- 2. No exhibit allowed that has previously won a prize.
- 3. Handicrafts to have been made in the last 3 years.
- 4. Exhibits to be staged between 10am and 11.30 and may not be removed until 3.40pm when any produce remaining will be auctioned.
- 5. Labels must be collected on arrival and attached to the exhibit by the exhibitor.
- 6. Exhibitors to provide own vases etc.
- 1 Entry per class per person.
 No one will be allowed in the hall during the judging except the organizing committee.
- 9. Entry fee is 30p per item, children's classes 20p.
- 10. Prizes: 1st £1.50, 2nd £1, 3rd 50p. No prizes will be awarded unless entries are of sufficient merit.
- 11. The committee cannot be held responsible for loss or damage to exhibits or containers.
- 12. The decision of the judge is final.
- 13. If any entry is submitted, it is presumed that the entrant agrees to the foregoing rules.
- 14. Children's ages to be shown.

Netherhall Girls U15 Rugby Union Team



Report by: Andrea Donald

Jewellery making

9am - 12pm

9am - 12pm

9am - 12pm

9am -12pm

Easter cards

Mini Olympics

TUESDAY 31ST MARCH

WEDNESDAY 1ST APRIL

THURSDAY 2ND APRIL

Pom pom Bunnies

FRIDAY 3RD APRIL

Make your own football stadium

Tennis court

Each session £7.50

Megan Donald of Allonby aged 15 is a pupil in year 10 at Solway Community College and just loves her rugby.

She has recently been selected to play for Cumbria in the under 15s team. Megan started playing rugby aged 14 at Netherhall RUFC, Maryport and continues to do so. Megan is also a qualified referee for the under 18s RUFC.

SILLOTH SPORTS HALL

1pm - 4pm bubble paints

1pm - 4pm

Roller Disco

1pm - 4pm

Outdoor fun

1pm - 4pm

Den making

1pm - 4pm

Easter egg hunt

EASTER EGGSTRAVAGANZA

She has just played her first festival for the county team in Northumberland Megan has several festivals and matches to play for the county, next up being at Durham and then on home turf.

Megan loves the games, it's an adrenaline rush that alleviates frustrations and stresses that life can bring.

We need more girls under 15 to come and join us at Netherhall

RUFC, it's great for making friends and good for fitness. We train every Wednesday at 6:30pm at Netherhall, just next to the school. Why not come along for a chat?

Megan is on the bottom row, far right.





