

## Use Used Stamps Usefully

Have you ever thought about cutting used stamps off the envelopes you receive? – Yes, I hear you say, but what's the point? I would if I knew what to do with them. Well, if you do want to save them for something useful. What about research into renal failure? None of us know if, or when, we might need treatment for something like kidney disease.

So please cut the stamps off your letters and send them to: WO Mick Jones Flight Operations Training School, RAF Shawbury, Shrewsbury, Shropshire. SY4 4DZ

Unless, of course, you know of somewhere closer to home that can take them.

If so, please pass it on through your BUZZ.

## Allerdale Youth Bank

### What is – Allerdale Youth Bank?

It is a grant programme for young people run by young people. It is part of Youth Bank UK, which is an exciting new initiative encouraging young people to become involved in local grant making. Allerdale is host to the first Youth Bank in Cumbria.

The young people involved in Allerdale Youth Bank have worked hard to set rules for how money can be spent and who can apply. They have developed their own application forms and decision making process, and they decide which groups get grants. They have £10,000 available to give out in grants of £50 up to £500.

### Who can get money from the Youth Bank?

Any groups which are run for and by young people aged between 11 and 25 and operate in Allerdale. Groups have to have a set of Rules, or a Constitution. Groups will not be awarded full

grants for their project, they will be expected to do other fundraising.

### What can the money be for?

Activities such as: circus, dance, drama, arts & crafts workshops. Sports activities and equipment. Days out or trips away. Residential trips. Equipment for your club. Money to set up a new club.

Any group can only have one grant in any 12 month period.

### What groups cannot get money?

Schools, Racist Groups, Sexist Groups or Businesses.

### How to get the money:

You can get the form and help to complete the form from Clare at Cumbria Community Foundation, tel: 01900 825760, email: clare@cumbriafoundation.org.

The Allerdale Youth Bank is supported by: Allerdale Borough Council, Cumbria Youth Alliance, Young Cumbria and Cumbria Community Foundation.

## Little Acre Care Staff Awards



Edith Crabtree (the most "senior" resident) at Little Acre Care Home in Silloth, told members of staff that she was immensely proud to be asked recently to present them with their National Vocational Qualification badges and certificates.

The awards went to Deputy Manager Charmaine Akitt (Level 3) and Care Assistants Julie Crawford & Dorinda Temple (Level 2). Although unable to attend the presentation Margaret Proud also achieved NVQ (Level 2) in care.

## Silloth Youth Centre

### Duke of Edinburgh's Award

#### What is the Duke of Edinburgh's Award?

The Award is a challenging programme of Activities, which are decided by you for you and which may help you to:

Have lots of **FUN**  
Gain and learn new skills and abilities  
Make new friends  
Have new adventures  
Gain great memories and a highly recognised (nationally and internationally) Award.

The Duke of Edinburgh Award has three different levels: Bronze, Silver and Gold

To achieve these levels you will need to undertake four different sections for a set amount of time.

The sections are:  
**Service** – The service is you helping out in the local community on a volunteer basis.

**Skills** – To learn a new skill or improve an existing skill, this can include things like: DJ'ing, Art and Design or music playing.

**Physical Recreation**  
To learn or take part in a new sport of your choice or to improve one you already enjoy playing.  
**Expedition** – To take part in a self reliant adventure over a number of days in a small team of 4- 7 members either by foot, cycle, horse, canoe, boat, or dinghy.

We are hoping to offer the award at the Silloth Youth Club, which is situated at: The Youth Club Centre, Liddell Street, Silloth  
We are also looking for volunteers in the Solway area to help us to offer the Duke of Edinburgh Award to young people.

You don't need any experience or skills, just the enthusiasm to help young people to achieve their potential.

We are running a one-day training course in March to help any volunteers to deliver the award. This may lead on to a nationally accredited course through the Open College Network (OCN) over the summer.

We are having an open night at 7pm on Monday 22nd March at the Silloth Youth Club, so if you are interested joining the Duke of Edinburgh Award Scheme or being a volunteer, please drop in and have a chat. Or 'phone Richard Fielder (01900 325053) or Bill Johnston (016973 31978) for more information and details.

**ALL WELCOME**



Buzzinator by Kieron Carr aged 9 from Silloth Primary School

Silloth & District OAP's

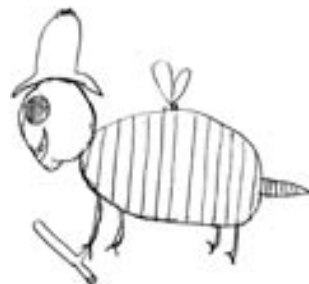
### Weekly Whist & Domino Drives

**Whist Drives:**  
Tuesday @ 2.00pm  
Thursday @ 7.30pm

**Domino Drive:**  
Monday @ 7.30pm

in the Recreation Hall  
Eden Street Playing Field  
Silloth - 50p entry

**Everyone Welcome**



Bobby Bee by Paul Kitchen aged 10 from Silloth Primary School

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Bumblerella by Clara Irwin aged 7 from Silloth Primary School

Fred the 999 Bee by Lewis Graham teacher: Miss Keddy from Silloth Primary School

