

## Rosebarn Restaurant

Greenrow, Silloth  
(opposite Stanwix Park)  
Tel: 016973 32707  
Mob: 077 1474 5430

### a lá carté Menu

Wed to Sunday  
from 6:30pm  
Sunday Lunches  
served from  
12:00 to 2:00pm

by popular demand  
every Friday

**Steak Night Special**  
3 courses for £9.95

**Coronation Banquet**  
June 3rd 2002

An authentic re-creation  
of the meal enjoyed by  
the Queen at the original  
Coronation Banquet in  
1952

Book Early

## Silloth Tourist Information Centre



Residents of the Borrowdale Valley join local people on one of the many guided walks with marine biologist Norman Hammond on his seashell safari to the West Beach.

United Kingdom 2002  
holiday guides are now  
arriving. Why not call in for  
your free copy and also pick-  
up the free leaflet on Guided  
Walks and Events in Silloth?  
Due to the foot and mouth

restrictions in the Lake  
District last year residents  
and visitors to that area  
decided to come down to the  
coast to walk. Some people  
from the Borrowdale Valley  
said they had never been to

## Tip for the Top

### The Look

Boost shine by finishing  
with a Clynol Gloss spray.  
Achieve volume at  
the crown by working  
mousse through damp hair,  
concentrating on the roots for  
extra lift.

Use a vent brush when  
styling to create movement.

Texture the ends with  
Clynol Hard Wax to define and  
separate.

*Peter Josef*



Dinosaur Bee  
by  
Ashley Little aged 6  
Holm Cultrum Abbey

Silloth before, they were very  
impressed and intend to visit  
regularly in the future.

birthday or anniversary?  
looking for a special treat?

you just don't know  
what to buy...

Peter Josef Gift Vouchers  
are the perfect  
solution

clynol

**Peter Josef**

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