

# BAILLIES COFFEE BAR & ICE CREAM PARLOUR

21 Eden Street, Silloth  
016973 32000

Opening times:  
10am to 3pm  
Wednesday to Sunday

Come and enjoy a delicious Italian coffee or one of a selection of Twinings Speciality Teas in a relaxed and friendly atmosphere.

Hot food served, or choose from a variety of salads and jacket potatoes, or try one of our toasted Panini's, or delicious sandwiches. All our meats are home cooked.

Why not experience one of our English Lakes ice cream sundaes, or try a knickerbocker glory **delicious!!!**

We also have a selection of milkshakes, soft drinks, toasted teacakes & American Muffins.

# SPAR

**For all your Grocery needs**

Fresh Meat, Wines & Spirits, Home Bake  
Lottery & Video Rental

**Open 7 days a week**



Spar Supermarket, Solway Street, Silloth



## Clive's Shape 'n' Style

**Matrix Appointed  
Salon**

Unisex hairdressing salon  
& sunbed parlour

30 Eden Street  
Silloth  
CA7 4AD

Tel: 016973 31378

# CHIROPODIST

Lynn Devine

MSSCh. MBChA.

**Home visits by appointment**

Lynnwood  
5 Pine Terrace  
Silloth, CA7 4DT

Tel: 016973 31632

## Occasions Florists



*Fresh & Silk  
Flowers*

*for all occasions plus  
a selection of Gifts*

**Free deliveries in the  
Silloth area**

13 STATION ROAD, SILLOTH  
Tel: 016973 31449

## Oak Leaf Hardware



Everything for DIY  
and Gardening in stock now

We stock tools, materials, paint & decorating equipment, Rowlinson wooden & metal sheds, compost & gardening products, Shell gas, caravan products.

Try us. . . if you need it - we can get it!

8-10 Eden Street \* Silloth \* Tel: 016973 31355  
**Just look for the Red Indian Brave!**

## Memory Lane Gifts

8-10 Eden Street • Silloth  
Tel: 016973 31355

**Stockists of Collectables**

Including:

Border Fine Arts • Cherished Teddies  
Robert Harrop • Handcast • Russ Bears

Also table lamps, mirrors, photo-frames,  
aromatherapy and much, much more. . .

## Bowman's Chemist

1-3 Station Road ~ Silloth  
Tel: 016973 31394

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Prescriptions dispensed  
Free confidential advice  
Pregnancy testing  
on premises

Nicotine replacement  
therapy  
vitamins ⌘ health foods

⌘⌘⌘⌘⌘

Perfumes, toiletries  
cosmetics,  
Sun Tan preparations  
foot care

**All at competitive  
prices**

⌘⌘⌘⌘⌘

Films, Reprints &  
Enlargements