

Regular Weekly Events

Mondays

Bingo – Silloth Social Club,
Waver Street @ 7:15pm
Domino Drive –
Recreation Hall, Eden Street
Playing Field @ 7:30pm

Tuesdays

Bingo – Bowling Club,
Eden Street @ 7pm
Whist Drive –
Recreation Hall, Eden Street
Playing Field @ 2pm

Wednesdays

Coffee Morning –
Silloth Nursing Home @ 10am
Bingo – Silloth Social Club,
Waver Street @ 7:30pm

Thursdays

Market –
Criffel Street 10am to 4pm
Whist Drive –
Recreation Hall, Eden Street
Playing Field @ 7:30pm

Fridays

Bingo –
R.A.F.A. Club @ 7:30pm

Saturdays

Bingo – Silloth Social Club,
Waver Street @ 7:30pm
Music & Dancing –
R.A.F.A. Club, evening

Sundays

Market –
Criffel Street 10am to 4pm
Market & Car Boot –
Silloth Airfield 10am to 4pm
RNLI – Exercise @ 10am
Bingo – Bowling Club,
Eden Street @ 7pm

Silloth Medical Practice

Open 8:30am to 6:30pm

Please do not 'phone before 8:
30am unless it is an emergency
requiring a Doctor.

Prescriptions:

Please do not 'phone before
10:30am for prescriptions. Allow
48 hours for collection from the
Chemist or 24 hours if collecting
from the Surgery

The following can be dealt with by
our nursing team:

Blood pressure checks
Holiday vaccinations
Blood tests
Sutures (stitches) removed
Dressings

There are also:

Diabetic Clinics
Asthama Clinics
Cytology Clinics
Hypertension Clinics
Well Man / Well Woman checks

Copy date for the next issue

If your organisation has an event to
promote or you have something to
say, please note that the next copy
date is:

15th August 2002

Solway Coast Discovery Centre



**The Solway Coast
Discovery will open on
August 21st** following
the final implementation
phase. This final phase
consisted of the installation
of the permanent exhibition,
provision of a cafe, retail shop
and staff recruitment.

Once opened the Centre
will act as the gateway for
the enjoyment and protection
of the Solway Coast Area of
Outstanding Natural Beauty.
Visitors will be guided around
the exhibition by 'Auld
Michael', a Cistercian monk
who once lived in the area
and his sidekick 'Oyk' the
oystercatcher.

The centre, whilst having
its serious side is a light
hearted and informative look
at the environment, heritage,
history and development of the
Solway Coast over the past 10
thousand years. Visitors will
meet, Romans, Vikings and
monks, they will walk through

saltmarshes, raised mires and
sand dunes and will explore
what the future holds.

All in all, the centre
will provide a worthwhile
experience for the whole
family that is further enhanced
by a high quality 'local
produce' cafe, a 'Made in
Cumbria' gift shop and a visitor
information point.

Brian Irving, the Solway
Coast Area of Outstanding
Natural Beauty Manager said:

"The opening of the centre
is the culmination of 3 years
work from its inception as a
pipedream to the £750,000.00
it has cost to both save St.
Paul's school and create
the first wet weather visitor
attraction for Silloth and to
showcase the Solway Coast. I
really hope that it will provide
both for the local economy
through jobs and visitors and
the environmental well being
of area through education and
interest."

Buzzy Bee
by
Julie Hurst
aged 10
from
Holm Cultrum Abbey School



CHIROPODIST

Lynn Devine

MSSCh. MBChA.

Home visits by appointment

Lynnwood
5 Pine Terrace
Silloth, CA7 4DT

Tel: 016973 31632

Refuse Collection Bank Holiday Arrangements

AUGUST BANK HOLIDAYW/c
26/08/02 Collections one day later
than normal.

CHRISTMAS 2002

W/c 23.12.02
23rd & 24th December - Normal
Collections
25th, 26th & 27th December
Collections 2 days later than
normal.

NEW YEAR 2003

W/c 30.12.02
30th & 31st December - Normal
Collections
1st, 2nd & 3rd January 2003
Collections one day later than
normal.

2002/03 CRUNCH SERVICE

Allerdale operate a monthly clear-
out service in Silloth
17th August 21st Sept
19th October 16th Nov
14th Dec 25th Jan
22nd Feb 22nd March
For Crunch service locations or to
arrange collection of bulky items
Tel: 01900 326453

Silloth Library

Opening Hours

Monday	2pm - 7pm
Tuesday	closed
Wednesday	10am-1:30pm 2:30pm - 5pm
Thursday	10am-1:30pm 2:30pm - 5pm
Friday	10am-1:30pm 2:30pm - 5pm
Saturday	10am - 12 noon

Books
Large print request service
Reference & Information
Videos
Talking Books
Audio CD's

Storytime for under 5's
Every Wednesday 2.30-3.00pm
during term times.
Stories, rhymes and games for
under 5's and storybooks to borrow,
as well as books, videos and story
tapes.

Storysacks

- Storysacks are lent on an adult
borrowers ticket.
- Storysacks are lent for a week.
- There is no charge for borrowing
Storysacks, but if returned late an
overdue charge of 20p per day will
be charged.
- Each Storysack has a list of
everything in it. Please ensure
that everything is put back in the
Storysack when you return it.
- If anything is missing or broken,
please tell a member of staff. A
small replacement charge may be
made.
- Enjoy sharing Storysacks with
your children.