



Solway Buzz

Band Bee
by Jasmin Irwin from Silloth Primary School

www.solwaybuzz.co.uk

April 2013

local news - for you - by you - about you - free to you - local news

FREE PAPER

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Pop is 100



On 26th January Billy Noble (Pop) of Causewayhead celebrated his 100th birthday with many friends and relations.

Billy would like to thank everyone who called to wish him well on this memorable occasion. Now that the Queen is not too well, Billy was wondering whether he should send her a Get Well card as she is sending cards to him.

Free Online Resources

Cumbria Libraries have launched two new, free online resources on the libraries website. **Britannica Online** launched on 29th January and contains comprehensive and trustworthy information on a wide variety of topics, many interactive features and has three versions that cover 5-11s, 12-18 years old and adults.

Find my Past launched on 1st February and will enable family history hunters to search comprehensive English and Welsh records online.

Both online resources are free to Cumbria library members - all you need is your library membership number. For more information on a full list of the online resources available please visit www.cumbria.gov.uk



A volunteer is required to deliver the Solway Buzz in New Street, Silloth.

Contact Kath on 016973 32180 for more information.

2013 Events

26th May
Silloth Green Day

26th May
Abbeytown Duck Race

15th-16th June
Silloth Vintage Rally

19th-21st July
Silloth Kite Festival

27th July
Abbeytown Carnival

23rd-25th August
Solfest

26th August
Silloth Carnival

5th-8th September
Silloth Music & Beer Festival



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210m Sponsored Cycle Ride



Report by: Mark Smith

Between 16th and 18th May, Mark Smith, Brian Story, Peter Brough, Ian Ramsay, Gary Winter, Barry Mathews, Derek Wallace and Tim Carr are riding the 210 mile route from Carlisle to Glasgow in memory of Angeline Pearson.

We aim to raise money for Eden Valley Hospice and Cancer Research, if anyone would like to sponsor us please look out for the sponsor forms around the town or contact any of the riders.
Many Thanks for your help.

Pensioners Coffee Morning

Report by: Pat Froggatt

On Saturday 2nd February, Silloth & District Pensioners held their first coffee morning of 2013.

Visitors arrived early and very soon took their places to be served with coffee, scones and biscuits and tea if preferred. There was soon a buzz of conversation and laughter as friends old and new met up to enjoy this very popular event. The cake stall and bric-a-brac were soon doing a brisk trade and also buying tickets for the drawing. The Committee were on hand to keep their cups full and to chat with the visitors; many of whom were regular participants of this popular event.

When the drawing took place later in the morning the lucky winners were: Janice Wilkinson, Mary Carr, Theresa Hutchinson, Betty Johnson, Marjorie Roberts, John Hope, Diana Shaw, Margaret Durham, Jean Graham, Jerry Thorogood, Graham Wilkinson, and Marjorie Roberts (winning a second prize).

The total raised was approximately £159.

On Saturday 2nd March our coffee morning was held at the Recreation Hall, Eden Street, Silloth, and the Committee were pleased to welcome so many local people and visitors. The whole event went with a swing creating a warm and friendly atmosphere. Coffee, tea, scones and biscuits were served by members of the committee to everyone attending. The cake stall, bric-a-brac and raffle were well supported. It is always a pleasure to see so many people enjoying themselves.

The drawing took place and the following were lucky enough to win prizes: B. Henderson; Diana Shaw; Margaret Durham; K. Maybury; Margaret Peach; Sheila Nicoll; Margaret Pickering; Margaret Mattinson and Pat Froggatt.

Thank you all for supporting us and I am pleased to say that we raised just over £200 for funds. We look forward to seeing you all again on the 6th April.

Holm Cultram Abbey Funds

Report by: Gladys Temple

Rev. David Tembey welcomed a packed audience to Abbeytown Assembly Rooms to hear Zing, comprising of 18 singers and Steve the Conductor.

David thanked Brenda Sim and her team of helpers for organizing the evening and then passed over to Steve who explained that they were a group who love singing rock, blues and all manner of songs. They then proceeded to keep their audience enthralled with a mixture of music.

At half time a fabulous supper was offered and a drawing took place with some of the winners being 1st Brenda, then Norman Foster, Gladys Temple, Anita Norman, Christine Stevens, Margaret Beaty and lots more followed.

The second half was equally good and after Brenda thanked Zing for giving their talents freely they received a standing ovation and sang once again.

Brenda thanked everyone who had helped in any way including those unable to come but who sent items for the supper or the drawing and estimated over £700 was raised for Holme Cultram Abbey Funds. Zing have promised to come back and give another concert when the Abbey is back in use so watch for this as they were well worth listening to.

Clive Carroll Live



CLIVE CARROLL, probably the best and most original young acoustic guitar players in Britain will be playing all styles, from blues, folk, rock & flamenco to jazz.

Come along to Cultram Hall, Mawbray for an inspirational evening of

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It is on Saturday 23rd March at 7:30pm. Tel: 016973 31626 to book, bring your own refreshment. Tickets are Adult £8, under 18's £4, Family £18.50.

Anyone for a Game of Whist

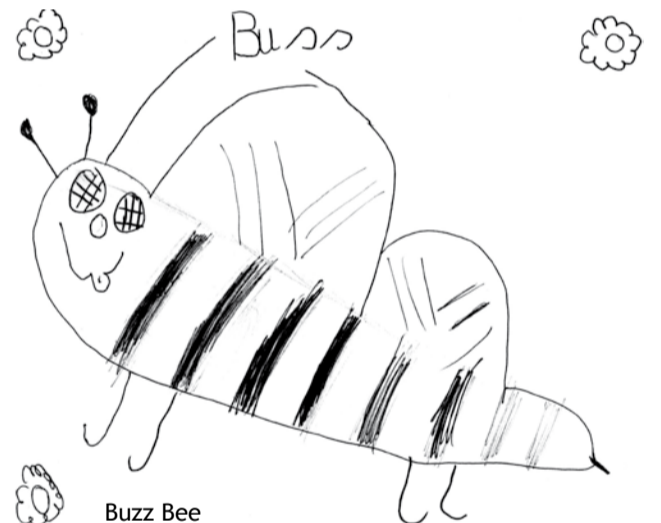


Every Tuesday at the Recreation Hall, Eden Street, Silloth, a group of people meet to play whist. They are a friendly bunch and would like to welcome new members to this event. Age no barrier. They meet at 1:30pm until 3:30pm for these sessions - entry is £2.

Anyone interested please come along on a Tuesday at 1:30pm - if you require any more information please ring Susan Kenny on 016973 32450.



Glow in the Dark Bee by Stephanie Groucott from Silloth Primary School



Buzz Bee by Hannah Greig from Silloth Primary School



Star Wars Bee by Peter Myers from Holme St Cuthbert School

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Abbeytown Mothers Union

Report by: Gladys Temple

Rev. David Tembey welcomed everyone and led the prayers especially for the officers who would be beginning their new term of leading the Mothers Union in various different roles.

Apologies were received from Mary Mattinson, Judith Bryant, Connie Brown and Lynne Tembey. Elaine Atkinson read the minutes for the AGM 2012. Brenda Sim gave her report as Branch Leader and was very proud that we had welcomed Connie Brown, Anita Norman, Margaret Hocking, and Eileen

Todhunter as new members and Judith Bryant back after being absent for a while. She reminded us of the many wonderful speakers and various trips and meals we had over the past year and through the "Away from it All Scheme" we had sent two to Armathwaite Hall for afternoon tea which had been thoroughly enjoyed. She thanked David, Maureen, Elaine, Joan, Freda, Nolene, and Gladys as well as all the other members for all their help and encouragement through the three years she has been Branch Leader.

Freda Garner gave her report as Treasurer which she has been for the last nine years and thanked Donald Foster who has been Auditor for the last 26+ years but who wishes to allow someone else to take over. We have 14 paying members and two who are paying members at other Branches but who attend Holme Cultram Abbey regularly as well. Seven members also take the M.U. Magazine 'Home and Country'. Freda also expressed a wish to hand over to someone else.

The World Wide

Conference this year will be held at Bath in June. Brenda was thanked for her work over the past three years as Branch Leader and re-elected for a further three years. Joan Winter is the new Correspondence Secretary, while Nolene and Elaine will take the minutes at the meetings, Maureen will carry on with Overseas Prayers and Gladys as Press Secretary and Freda will be Vice-Leader of the Branch.



The subs will be £14.50 and the Committee consists of Brenda, Elsie Donald, Joan, Anita, Nolene and Elaine.

Freda and Gladys served the refreshments before the start of the January Meeting. Joan read the minutes of the November Meeting and the Service held in December.

The theme for 2013 is "The Seeds we Sow" and all the collections taken on Mothering Sunday will be given to M.U. Relief Fund through the "Make a Mothers Day Appeal". Our Branch will send money to the "Shine a Light, Start a Journey and Offer Guidance and Support" items in the booklet which is available at www.makeamothersday.org.

1st March Women's World Day of Prayer will be held at Bowness at 7:30pm, Lady Day is 8th April, 13th May will be the Diocesan Trip and the Summer Festival on 3rd June will be at Holme Cultram Abbey.

Happy Birthday was sung to Elaine Atkinson.

Branch Leader Brenda Sim welcomed Wigton St. Mary's Mothers Union

AGM SKINBURNNESS RESIDENT'S ASSOCIATION

The Annual General Meeting of the Association is to be held on Thursday 18th April 2013 at 7:30 pm in Chichester Hall.

It would be appreciated if all members of the Association could kindly peruse their copy of the Constitution and if there are any amendments that they feel should be considered then please notify these to the Secretary (Beryl Killen, 219 Skinburness Road) in writing at least 14 days before the date of the meeting.

June should have been in the Abbey but unfortunately it will not be ready so watch out for the new venue.

Nolene Foster agreed to be the new Treasurer and there were 18 members to pay with two other visitors who come each month but belong to other M.U.s.

The next meeting will be on 25th March when the Speakers will be from Macmillan Nurses.

members to our February Meeting.

Apologies were received from Lynne and David Tembey, Connie Brown, and Margaret Thompson.

Brenda led the Service from the Women's World Wave of Prayer and then introduced Tim Barker with his Cumbrian Tales. He kept everyone entertained with various tales and poems including ones from Ethel Fisher, Robert Anderson, John Richardson, A.C. Gibson, Willie Sanderson and George McDonald Frazer as well as some of his own.

Maureen Gibson thanked Tim for a very interesting evening.

Refreshments were served and the raffle winners were Margaret Hocking, Maureen Gibson, Muriel Studholme, Elsie Donald, Elaine Atkinson and Tim Barker. Ann Boville thanked Abbeytown members for a very warm welcome and a lovely supper.

The Diocesan Trip on 13th May will be to Newcastle and names were needed soon.

The Summer Festival in

Stolen Trailer



Overnight on Tuesday 29th January this trailer was stolen from the Solfest festival site at Tarns by determined thieves who used bolt croppers to cut the chain on the gate.

It is a personally owned trailer which Solfest volunteers had been using to collect rubbish off the site. It is a distinctive home made twin axle trailer which has been invaluable in use at every Solfest

festival so far and the owner would very much like it back.

If anyone sees it anywhere around the area please get in touch with Cumbria Police, anonymously, by calling Crimestoppers on 0800 555 111 or alternatively, you can contact Solfest via our website or the Solfest Facebook page.

A reward is offered for its safe return.

Country & Western Donations



L-R: Maureen Foster, Liz Nichols, Joanne Bell, Eric Stanwix

During the biannual Country & Western Country Music Weekend in Stanwix Park the generous patrons raised £1,400 for charity.

This spring they decided to donate £700 each to the Childrens Ward of the Cumberland Infirmary and to the Abbe Campbell Asthma Fund at the Cumberland Infirmary.

The Cheques were collected in the Sunset Inn during the Country & Western weekend by Joanne Bell from the Cumberland Infirmary.

The next Country Music Festival weekend is on 8th to 10th November 2013.

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Natterjack Toads on the Solway

Report by: Sam Griffin
Chairman of Cumbria
Amphibian and Reptile
Group (CARG)

On the Solway coast we are lucky to have a number of very rare species, many of which are restricted to the coastal dunes and grassland which line the Solway Firth. Amongst the rarest species which reside on the Solway coast is the natterjack toad (*Epidalea calamita*). Natterjack toads occur on only a handful of sites in the UK and are one of the most threatened amphibian species in the country. Numbers of natterjack toads are declining across the species' UK range and a number of historic populations have dwindled over recent years with some populations being lost entirely from specific sites. Once, natterjack toads could be found in suitable habitat from St. Bees Head to Southernness Point (on the Scottish side of the Solway). Today, the species is not known to occur anywhere south of Allonby on the Solway coast and populations elsewhere are fragmented. Research conducted in 2012 (by Pete Minting, working for the Amphibian and Reptile Conservation Trust) suggests that numbers of natterjack toads on the Scottish side of the Solway have declined to around 250 individuals – making them rarer than the Scottish wild cat in Scotland! Numbers on the English side of the Solway appear to be healthier, but are also known to be declining.

Natterjack toads are smaller than common toads, reaching around 8cm when fully grown. They are usually green or brown with a mottled darker pattern and a distinct yellow stripe running down the length of the back. They can live for up to 15 years and breed in ephemeral pools, usually in sand dunes, where the water is warm and the pools dry up annually. This means that predators such as fish and dragonfly larvae cannot



Photo by: Abigail Hartshorne-Bell

become established but also means that they have a limited window in which the spawn must be laid, the eggs hatch and the young disperse before the pond dries up. Successful breeding is therefore dependant on suitable weather conditions during the breeding season. Because natterjack toads often occur in very low densities, the males need to attract females by calling from the edge of their chosen pond. The call is loud and on a still night can carry for more than 1km.

Potential and actual breeding ponds exist along the Solway coast. Breeding usually starts in April, when adults make their way to ponds and start to spawn. At this time of year particularly,

it is important that ponds are not disturbed. A single dog going for a quick dip in a pond can severely impact upon their breeding sites; breaking up spawn strings, flattening emergent vegetation and muddying the water. We are very lucky to still have this species on our piece of the Solway and we should do everything we can to ensure they can continue to survive.

Records of natterjack toads are always valuable and if you see one please do report it. Records can now be submitted online at <http://www.arguk.org/> recording where you will also find an identification guide. Alternatively, feel free to contact me via email: info@heskethecology.co.uk.



Fabric Fanatics Flock To Wheyrigg



Report & Photo by:
Sandy & Mike Faulkner

There was another tremendous turnout on 9th March for the second fabric event held at Wheyrigg Hall Hotel. Hundreds of quilters, patch workers and dressmakers travelled from as far afield as Glasgow, Dumfries, Canonbie, Hexham, Newcastle and Kendal.

Doughty's of Hereford, renowned for their high quality fabrics, brought over 900 different types and patterns of batiks, textured blenders and their own exclusive cottons, waddings, backing fabrics and calicos.

For over three hours the room was a buzz of people and a blaze of exotic colours. The staff at the hotel handled the crowds with calm and

efficiency and the waitresses in particular must have done that "extra mile".

To top off what was a most enjoyable and successful event £98.30 was raised in a collection for Help The Heroes Charity.

A very big thank you to you all and we hope to see you again next March. Watch the website for Doughty's at www.doughtysonline.co.uk.

New Playpark for Abbeytown

Report by: Sarah Kay

The village of Abbeytown is taking steps towards realising its dream of finally having a play park of its own following negotiations between the Parish Council and a newly formed committee of interested villagers.

A small patch of land has been allocated as part of the ongoing work on the football field/recreation ground and the Parish Council have agreed to take over the responsibility for

the area on completion. The committee are delighted with the number of responses received so far to their recent questionnaire which was circulated around the village. This information is essential to establish the need for such a facility in village and to assist with the planning of the area and the equipment. Committee Treasurer, Emma Bennett says "We are currently working with three different companies to achieve the best value for money and to ensure we have

a space to be proud of"

The next step will be to decide on a final design, with the children of Abbeytown being heavily involved in this process, before the massive fundraising mission begins. It is anticipated that the total cost will be in the region of £40,000 and this will be met through fundraising, grants and hopefully a visit from a Secret Millionaire!

Anybody interested in getting involved (especially Secret Millionaires) can visit our Facebook page.

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Acupuncture

Report by: Diane Holding

Acupuncture is a traditional health care system based upon ancient principles of maintaining the free flow of energy throughout the body. Once again, as with most complementary therapies, acupuncture seeks to treat the person as a whole – not just the symptoms/illness current at the time of consultation – and attempts to bring the mental, emotional and physical body back into balance.

It is worth noting that there are different 'Schools' of Acupuncture e.g. 'The Five Elements', 'Stems and Branches' and others, having evolved in China over hundreds of years. A person seeking to use acupuncture to help others would train with a 'Master Teacher', and/or within certain families, almost like being an apprentice. However, in the 1940's the Chinese government sought to create a more uniform style which became known as 'TCM: Traditional Chinese



Medicine.'

But what about those needles? Acupuncturists believe that energy, or Qi, (also known as Chi/Ki) flows through and around the body via energy 'meridians', or pathways. If this energy is not flowing freely blockages along one or more of the meridians may lead to illness and pain – signs that the body is 'out of balance'. After taking a detailed case history of the client the acupuncturist can determine which pathways are blocked. By inserting extremely fine, sterilised needles into specific acupuncture points, (and from personal

experience this doesn't hurt!), the acupuncturist seeks to clear the blockages and restore balance to the whole body, whilst triggering its own natural healing response.

The good news is that within some medical practices GP's are willing to refer their patients for acupuncture via the NHS; accordingly, it is worth asking the question of your own GP as to whether or not you might benefit from this form of therapy.

If you'd like to find out more, please contact Diane on 016973 32729, or email: 'reikidee@gmail.com'

Captured by a Viking!



Report by: Shelagh Daniel

Children of Holme St Cuthbert School recently dressed up for their Viking Day. They were quietly making helmets and writing their Viking Sagas when they received a surprise raid from Bjarni Thorvaldson, a Viking Warrior.

The infant pupils

directed him to the Junior class, telling him the Juniors would be much bigger and be able to work harder.

The warrior kidnapped them and took them to his settlement to work as slaves. Bjarni, from Midgard Living History, taught them about weapons and armour and the Viking way of life.

After enjoying a traditional Viking feast made by Gwen Atkinson of Westnewton, children learned some Viking games such as "Sticks" and how to make butter.

Having impressed Bjarni with their skills, he allowed them to march back to school and they ended the day as Freemen.

Wigton Recycling Changes at Water Street

The recycling bins at Water Street Car Park, Wigton, were removed during February.

Following the extension of the purple bag recycling scheme to more areas of Wigton over the past 12 months, resulting in the majority of households in the town now having doorstep recycling facilities, the Council is to remove the community recycling facilities at Water Street car park.

Councillor Michael Heaslip, Executive member with responsibility for recycling, said: "Recent monitoring of the recycling bins in Water Street Car Park has revealed that use of the can bank is now limited, with the bank only needing to be emptied on average every six weeks. The bottle banks are also under-utilised and alternative bottle banks are available in the nearby Co-op car park. There will

still be 24-hour community facilities available at the nearby Syke Road household waste recycling centre."

The removal of the bins, which was discussed by Wigton Town Council at its meeting of 9 January, will enable the Friday market, which started up again on 15th February after its winter break, to move into the vacated space. To help develop the market, stalls are currently being offered at a reduced rate of £10 per pitch per day. Anyone interested in taking a pitch should contact Phil Byers, Market Manager for Geraud UK Ltd, on 07753 934540.

For more information please contact the recycling team by emailing street.scene@alderdale.gov.uk or telephoning 01900 702800, or Joe Broomfield, Town Centre Area Manager, by emailing joe.broomfield@alderdale.gov.uk or telephoning 01900 702568.

Abbeytown Carnival Fundraising

Report by: Sarah Kay

The fundraising for the 2013 Abbeytown Carnival got off to a great start with a really successful quiz night held in The Wheatsheaf at the beginning of February. The night was well attended with almost every seat in the bar taken and a good mix of teams reflecting all ages and abilities. The questions were supplied by Catherine Penrice and delivered by the Wheatsheaf's own quiz master Mark Barrett who did an excellent job of settling the inevitable disputes.

Ryan Carr's surprising knowledge of the winners of Pop Stars: The Rivals helped to secure a victory for the Main Street Warriors (and outed Ryan as a closet One True Voice fan!). Although it was only a small event in terms of fundraising, everyone had an entertaining and educational night.

The next big fundraiser will be a Casino Night on the 27th April at the Wheyrigg Hall Hotel with profits from the evening being split between the Carnival and Eden Valley Hospice. The night will include plenty of games (not just Casino related) with a disco at the end. Tickets are £5 and available from Melonee O'Regan or from Wheyrigg.

Abbeytown's annual Duck Race will be held on Sunday 26th May - a slightly later date than previous years in an attempt to avoid weather so bad that it would cancel a duck race! Ducks will be available to purchase nearer the time.

The Carnival relies on fundraising activities throughout the year to pay for the entertainment, prizes and insurance required and the ongoing support of the local community is really appreciated.

Innovia Apprentices take on Challenge

Report by: Aidan Harrison

With national apprentice week upon us, Apprentices from Innovia Films Ltd in Wigton are taking part in the Brathay Apprentice Challenge. This is a national competition, involving teams of apprentices from companies all over the country.

Nine apprentices from Innovia have been earning "points" by organising fundraising such as a chilli cook off, decorating and refurbishing the multiple sites for the chrysalis charity and working with Nelson Thomlinson's engineering department.

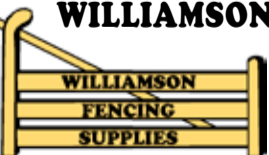
Challenges have been set to raise as much money as possible as well as improving Chrysalis' current facilities. With a short period until the deadline and a lot of work to do, the team will have to work efficiently if they want to reach their goals.

The team are hard at work promoting



apprenticeships in an effort to support the government's recent apprentice schemes. Apprenticeships are becoming more and more recognised as an alternative path for students and pupils looking for a career. The INNOVIA team have two weeks left to finish their portfolio, and then it's a wait to see if they have been successful enough to reach the next round.

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Stamper Move to Silloth



A long established accountancy firm have recently opened in Silloth. Nick & Heather Stamper, Co-Directors of Stamper & Co Accountants Ltd are proud to have finally moved into Silloth.

The plan to move was hatched some two years ago, but with most business premises occupied there was no choice other than to play a waiting game. A property was previously located and the wheels set in motion, but due to technicalities no further progress was made. Then, as if by fate the ideal premises became available on Eden Street and the office was swiftly assembled during December 2012.

Nick has worked in the accountancy profession since graduating in 1984, both in professional practice and as a management accountant in industry. When he met Heather twelve years ago, she decided to leave her occupation as a jeweller and teamed up with Nick to work in the accountancy business. Having worked from home at Beckfoot since 2007 the business has gone from strength to strength, it became essential to establish an office in the town working to normal business hours.

Stamper & Co Accountants motto should be 'small enough to care, large enough to cope!' The business has the experience and capability to deal with all situations ranging from an individual requiring completion of a straight forward Tax Return, through to Sole Trader, Partnership and Limited Companies. Nick commented "The

essential requirement in modern times is that the accountant and the client communicate regularly and that the accountant gains a detailed understanding of the clients business. This is the only real way that we can help our clients to run successful businesses. At Stamper & Co all clients regardless of the size of their affairs are treated with equal importance and many of our clients have become close personal friends."

Stamper & Co are more than just accountants and the office is much more than a 'number crunching centre.' "We enjoy helping clients to plan their business affairs and to maximise their personal wealth". One of the bespoke services offered by the company is Motivation Training for business owners and staff. This is Nicks pet subject and one he feels passionate about. "Helping people to understand self image and teaching them to set and achieve goals is highly rewarding, especially when you see the improvement it makes to their lives."

The day to day functioning of the office is capably managed by Heather, who together with employees Andrea Housby and Jackie Carruthers keep all of the accounts preparation up to date and all of the administration functions on target. In due course and subject to continued expansion Stamper & Co will be looking to recruit further staff members and hope this will be achieved from within the locality.

When not working Nick and Heather enjoy

competing in the adrenalin fuelled sport of stage rallying which you may think is very unusual for the typical accountant. Their own team, Stamper Motorsport Subaru Rally Team prepare and run the cars and they can be found travelling the length and breadth of the country competing in rallies on many weekends during the year.

Nick said "Rallying gives us an immense buzz and is a sport we can enjoy together. It keeps us highly motivated to work hard in order to meet the prohibitive costs. Additionally the accountancy business is a very tax effective sponsor of the motorsport team"

On the basis "to get something out you must put something in" Stamper and Co are keen to support local events and causes. During 2013 the business has agreed to be main sponsor of both the Vintage Rally and the Music & Beer Festival. Nick and Heather Stamper definitely live to the philosophy "work hard, play hard" and have an obvious enthusiasm and commitment in everything they do. The work hard part of this lifestyle takes place at 6 Eden Street, Silloth where the office of Stamper and Co are open Monday to Thursday 9am to 5pm and Friday 9am to 1pm. Everyone is welcome and the kettle is always on. All initial business appointments are free and can be booked by telephoning 016973 33120.

Help the Police Crackdown on Drugs

Work continues to remove drugs from the streets in West Cumbria

There were a number of successful warrants in February.

During February 2013 there were five successful warrants executed in West Cumbria with drugs being recovered from the properties and arrests being made.

- 6 February 2013 heroin and amphetamine recovered in a drugs warrant
- 8 February 2013 cannabis plants and diazepam seized
- 15 February 2013 £5140 worth of cocaine seized in a drug search
- 21 February 2013 heroin recovered after a warrant executed
- 22 February 2013 large amount of pills seized in a drugs warrant.

As a result seven people were arrested in relation to drug offences, with two being charged.

Gary Gunn, aged 29 from Daleview Close, Egremont was charged with possession with intent to supply a controlled drug- Class A Cocaine, following his arrest on 15th February at Eaglesfield, Cockermouth. He will appear at Carlisle Crown Court on 14th March 2013

William Stuart Davidson, aged 52 from George Street, Whitehaven was charged with two offences of possession with intent to supply Class A drug- Heroin and possession of controlled drug- Heroin. He pleaded guilty at Carlisle Crown Court on 11th March 2013 and will be sentenced on 15th March 2013.

Detective Sergeant George Atkinson said: "Drug use is one of the biggest



concerns which members of our communities have and will be doing anything we can to tackle the problem.

"These warrants demonstrate that we are tackling the problem and removing a vast amount of drugs from our streets. We will continue with this work but we call upon local residents to let us know if they are aware of any problems in their local area. A lot of our work is intelligence led and it is the local community who tell us about usual activity which we can then act upon and conduct warrants to seize drugs and arrest those who are willing to put these harmful substances onto our streets. If you have any information about drug use in the area please contact us on 101 or Crimestoppers on 0800 111 555."

Local Meat Safe

Cumbria County Council's Trading Standards are pleased to announce that, following the completion of the first and second phase of the Food Standards Agency's (FSA) UK-wide survey of beef products, local Cumbrian suppliers have all tested negative for pork and horse meat.

Samples were taken from a range of businesses, supplier of school meals.

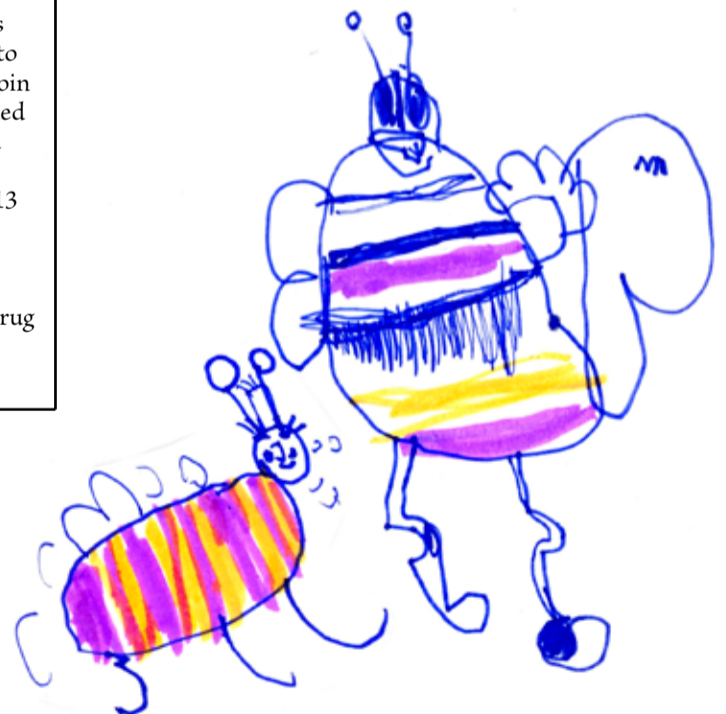
Angela Jones, Trading Standards Service Manager, said: "It's fantastic news that our local meat suppliers have been completely compliant with food standards laws. We will continue to work with these suppliers to ensure that this compliancy is consistent, and we will keep the public informed of our findings following the next phase of testing."

RNLI News

On Friday 25th January the RNLI held a very successful SOS quiz in the Golf Hotel.

Twelve teams took part and the well deserved winners were D & E plus 2. There were some fly swatters for the team with the lowest score. It was a fun evening raising £256 for the RNLI.

Thanks to the Golf Hotel for providing the chip supper and thanks to those who donated the raffle prizes in advance and on the night. Special thanks to the quiz masters Geoff and Sarah Betsworth and thank you to everyone who joined us on the night.



Dancing Bees by Sophia Moore from Silloth Primary Reception

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Writing a Book? £1,000 Bursary

Following the launch of the Hunter Davies Bursaries last year, three more awards of £1,000 each are available to anyone working on a Cumbrian book project, or thinking of doing one.

Administered by Cumbria Community Foundation, the bursaries were first launched last year by the author and journalist Hunter Davies who wants to help people write and publish non-fiction books with a Cumbrian setting. Anyone, of any age can apply, and they do not have to be based in Cumbria. The vital thing is that the contents must be mostly about Cumbria.

Submissions must be received by 10th May and will be judged by a panel of three eminent Cumbrians with literary leanings or publishing and media experience. This year they will be: Eric Robson, broadcaster, author and chairman of Cumbria Tourism; Dawn Robertson, publisher of Hayloft Publishing of Kirkby Stephen; Hunter Davies, author and journalist.

"It really comes out of the success of the Lakeland Book of the Year Awards, which is now in its 29th year" says Mr Davies. "We have noticed that more and more of the entries are coming from amateur first time authors who have become fascinated by some aspect of Cumbria life - their village, their church, their football team, or want to write about Cumbrian worthies or causes, or do some historical research. Last year, proposed subjects ranged from autobiography, biography, cooking, climbing, the history of a house, an Inn, a dead poet, a village, a town and a book about some interesting trees. The three fortunate recipients were Margaret Poland from Maryport, who was working on a memoir about her early life, Ian Hill from Cockermouth, who was writing a book about the Cumbrian environment under threat, and Ian Hall



from Keswick, who was doing his autobiography."

Mr Davies continues "The idea is to support anyone financially with a worthwhile idea. Perhaps pay for their research time, writing time or towards publishing their book. It will be an encouragement, we hope, for them to carry on - though it is hoped that they are so in love with their subject that they would have carried on anyway. The bursary will give them a little push- and a little bit of money. Some of the bursary winners might go on to write best selling books, though we are looking to support authors and projects who will not appeal much to mainstream, commercial publishers. If that happens, let's hope they will do the decent thing and give their bursary award back, so we can pass it onto other authors."

It is planned that the three bursaries will be announced early June and will be invited to meet Hunter Davies at Dovenby Hall, near Cockermouth.

Andy Beeforth, Director of Community Foundation said "We're delighted Hunter has created this fund with the Foundation. We're grateful for his generosity and his thoughtfulness. The bursaries provide an opportunity for a number of aspiring writers to get a leg up and will shine a light on an aspect of Cumbrian life or culture. The Fund demonstrates how people can make a real difference to an issue they care about by creating a fund with the Foundation."

Further details and how to apply can be found at www.cumbriafoundation.org

Solway School Performance

Once again the published performance tables for last year's GCSEs, show Solway Community School in a great light, despite the press reporting only partial data.

The table here shows us at the top of all 61 of the county schools for Value Added; in fact you would need to travel, out of county, 75 miles to find a school with a better VA score. That means pupils who come to us, at whatever level, make far better than expected progress at Solway Community School.

Only a VA score of 1000 or above demonstrates adding value.

The raw scores, do not take into account the expected performance of pupils. 79% of ours beat their target grades last year. A great performance! This information however is not printed in the media, such a shame as it is a much more meaningful data set. Parents want to know if children will

achieve their potential, whatever that may be, rather than be told raw scores which may of course be an

underachievement.

Ofsted has recognised our achievement, having analysed our data and have deferred our next inspection. They recognise we continue to meet our targets and remain a 'Good' school. We will not be inspected before summer term 2014.

May I thank all the staff, governors, parents and last year's Year 11 pupils for their hard work in getting us to this point.

The table shows Value Added score for disadvantaged and other pupils, using the best 8



Mrs Lois Baird, Headteacher

School name	Value Added (best 8) measure					
	Disadvantaged pupils			Other pupils		
	VA score	Confidence limits		VA score	Confidence limits	
	Lower	Upper		Lower	Upper	
England - all schools	NA	NA	NA	NA	NA	NA
England - state funded schools only	981.6	NA	NA	1005.5	NA	NA
Local Authority	NA	NA	NA	NA	NA	NA
Schools (click box to add schools to your selection)						
<input checked="" type="checkbox"/> Solway Community Technology College	1026.1	985.3	1067.0	1043.3	1011.3	1075.3
<input type="checkbox"/> Kirkby Stephen Grammar School	964.6	927.0	1002.2	1027.6	1010.1	1045.1
<input type="checkbox"/> Newnham Catholic School	959.0	931.3	986.6	1021.6	1000.1	1043.0
<input type="checkbox"/> West Lakes Academy	1016.0	992.7	1039.2	1019.9	1007.6	1032.2
<input type="checkbox"/> Richard Rose Morton Academy	936.1	907.9	962.2	1016.2	998.8	1033.6
<input type="checkbox"/> Queen Elizabeth School	1000.3	961.1	1039.4	1015.7	1006.1	1025.3
<input type="checkbox"/> Netherhall School	991.9	973.4	1010.4	1013.5	998.4	1028.5
<input type="checkbox"/> The Queen Katherine School	980.7	956.4	1005.1	1013.4	1003.7	1023.0
<input type="checkbox"/> Kirkbie Kendal School	944.0	915.7	972.3	1010.2	999.5	1021.0
<input type="checkbox"/> Ukerstan Victoria High School	987.5	960.3	1014.6	1009.2	998.2	1020.2
<input type="checkbox"/> Dowdles School	985.8	958.6	1012.9	1006.9	996.8	1017.0
<input type="checkbox"/> Calder School	987.6	959.4	1015.9	1006.1	994.4	1017.7
<input type="checkbox"/> William Howard School	982.2	956.6	1007.8	1005.6	996.9	1014.3
<input type="checkbox"/> Ulswater Community College	990.5	962.8	1018.2	1004.4	995.4	1013.3

measure. Solway School is top of the table for both disadvantaged and other pupils, and has a significantly

higher score than some other local schools.

Similarly, Solway School is top of the county for

making expected progress in Maths, and third in the county for making expected progress in English.

Silloth Green Discussed at Westminster

Cumbria County Council raises Silloth Green to a national level on Cumbria Day.

Silloth Green was on the agenda at Westminster and Parliament as part of Cumbria Day, in a bid to drum up support for Friends of the Green and volunteers who work to hold events on the Green.

Last year Silloth Green was refurbished thanks to a £1.2million funding boost from the Heritage Lottery Fund. The county council project-managed the refurbishment, which attracted around 400 people when it opened in May.

County councillor Tony Markley was in Westminster

to promote Cumbria Tourism and Silloth as part of Cumbria Day and Tony Cunningham MP raised the Green as a motion in Parliament to ask the House to support Friends of Silloth Green and the volunteers who give up their time to organise events on the Green.

'Silloth Green Day' will be held on 26th May to mark the one year anniversary of the transformed Green, this was also emphasised in both Parliament and Westminster. The event will be held as a family fun day and an opportunity for businesses and groups in Silloth to showcase what they do.

A website is also being developed which will

promote activities and events on the Green. Cllr Markley has contributed £2,000 from his Local Member Scheme allowance towards the costs of developing the website.

The following events are already planned for the Green during 2013:
Silloth Green Day on 26th May
Silloth Vintage rally on 15th - 16th June
Silloth Kite Festival from 19th - 21st July
Silloth Carnival on 26th August and
Silloth Music & Beer Festival from 5th - 8th September.

Young volunteers are now being sought to become Young Friends of the Green. These volunteers

will develop more events for young people, particularly during summer months when the Green looks at its best.

County councillor Tony Markley said: "Last year's re-vamp brought so many opportunities for Silloth and I'm thrilled that the profile of the Green is being raised as high as Parliament. I strongly encourage the people of Silloth to join our team of volunteers to maximise all the possibilities that the Green can bring."

For enquiries about becoming a volunteer or young volunteer contact Anna Malina, Community Engagement Officer on 07900922818.

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Fruit Link Expansion



Fruit Link - the only fruit and vegetable shop in Silloth is going from strength to strength.

With new, larger premises and a wider range of competitively priced local produce they are attracting customers from far and wide.

Rena and Robert, pictured above, are very happy with the way trade is building and are looking forward to welcoming new

and existing customers to pop in and see their expanded range of produce.

From fresh fruit and vegetables, they now also stock; biscuits, sweets, cakes, breakfast cereals and tinned foods.

Rena said "we are always looking for special offers, our stock changes week by week so it's always worth popping in to see what's new".

The dazzling array of garden plants and compost

remind us that spring is here and summer not far behind.

Add to this Fruit Link's local delivery service, and warm and friendly welcome, and it is not difficult to see why business is on the up and up.

"We really appreciate our regular customers" Robert said "sometimes people just call in to say hello when they are passing. Silloth's that sort of town and we wouldn't want to be anywhere else".

Volunteer to Help Fire Safety

Volunteers are needed to spread the fire safety message and help keep Cumbria's communities safe.

Cumbria County Council's Fire and Rescue Service is looking for new faces to join its community safety team and get involved with a range of activities and initiatives around the county. Volunteers assist the work of the Fire and Rescue Service in a variety of roles from assisting or carrying out home fire safety checks and fitting free smoke alarms to delivering Heartstart life-support courses.

They are also involved in: Assisting at events and community days. Getting involved in campaigns and speaking to residents about community and road safety issues. Introducing emergency plans to communities to reduce the impact of fire or flooding on peoples' lives. Raising awareness of the Fire and Rescue Service at community events with Firefit activities including the climbing wall and soccer cages.

Each member of the community volunteer team is

given varied training, a uniform and expenses and operates within a formal structure to ensure high standards of service are maintained. As well as learning new skills and helping to keep the county safe, signing up as a volunteer

is a good way to meet new people and give something back to the community.

Currently Cumbria Fire and Rescue Service has around 80 volunteers county-wide and is looking to boost that number by taking on new volunteers.



This picture was taken during a training exercise behind the Skinburness Hotel to check the effectiveness of the water pressure

Fair Trade Coffee Morning



Report by: Rachel Fleming

Holme Cultram Abbey Primary School have hosted a coffee morning for Fair Trade.

They raised £70 by selling raffle tickets and providing fair trade tea, coffee, hot chocolate and biscuits. They also provided a crèche. It was the idea of the year 5 & 6 children who sold the raffle tickets and enjoyed being waiters and waitresses for the morning. They did a fantastic job.

The raffle prizes were also fair trade products. Our PGCE student Mr Tom Anderson, provided background music with his very accomplished piano playing!

Special thanks to Chrissy Bell and Debbie Steel for their hard work and thank you to all who donated raffle prizes.




And with there being no such thing as a regular volunteer, people from all backgrounds and ages are being encouraged to come forward and commit as little or as much time as they can spare.


Cumbria's Chief Fire Officer Dominic Harrison said: "Volunteers play a vital role in Cumbria Fire and Rescue Service. Nowadays fire prevention and educating people about the dangers of fires is a major focus of our work so our volunteers are absolutely key to enabling us to get out into communities and deliver the fire safety message that saves lives. Being a volunteer can be highly rewarding and it's a great opportunity to be part of our team."

Barrow-based volunteer Derek Plumb added: "I have been actively involved with Cumbria Fire and Rescue Service as a community volunteer for almost two years and have carried out a variety of activities including home safety visits, fire safety talks in schools and the road awareness programme as part of the National Citizenship scheme. The work I have been involved in as a community volunteer has enabled me to

give something back to the community and to work with members of the public in providing vital information and helping to prevent house fires, keep people safe and respond effectively to emergencies."

Anybody interested in becoming a Cumbria Fire and Rescue Service volunteer should call 01768 812551 or email volunteers@cumbriafire.gov.uk for an application pack or to find out more information.








Scrabble Club


Don't be lost for words! Join up with other scrabble lovers for a friendly game

Starting Friday 5th April in Silloth Local Links at 2pm

Contact Barbara or Margaret 016973 31944
Hazel 07895 064 581
Local Age UK Office 016973 42279
Age UK Client Helpline 08443 843 843







County Councils' New 'Ways to Welfare' Programme

Cumbria County Council is developing a new programme to provide information, advice and support to people who fall on hard times.

The new 'Ways to Welfare' programme will help people, who find themselves in severe hardship or crisis, to navigate the support available in their area.

In April, crisis loans and community care grants are ending as part of wider changes to working-age welfare and benefits, and the county council has decided to provide the new programme to help people access alternatives.

Cash-based crisis loans and community care grants have traditionally been paid by the Department for Work and Pensions on a discretionary basis for people receiving benefits to buy one-off essential items, or emergency grants to individuals.

In their place, the Department for Work and Pensions (DWP) is introducing short-term advances (for people moving between or onto benefits) and interest-free budgeting advances/loans (for people in receipt of benefits for six months who experience emergency and unforeseen expenses).

Alongside these new benefits, the government is providing some limited funding to unitary and county councils to develop other forms of support, based on local circumstances and need.

The funding provided to the county council will be confirmed before April but it will be less than the amount currently spent by the DWP on payments, claims-handling and other costs associated with crisis loans and community care grants in Cumbria.

Unlike the current funding arrangements for crisis loans and community care grants, the amount which the county council receives each year will be capped.

This means it will not be increased by the government if it runs out before the end of year.

During the first year of the new programme, the council will be assessing the type of demand for 'Ways to Welfare' and may commission additional support if there is a need and the level of funding provided by the government allows.

Cumbria County Councillor Oliver Pearson, Cabinet member for



You created and used SPAND to fight for the Solway Plain - and you won - WELL DONE

A very large THANK YOU to our County Councillors who saw sense and listened to the local populace. They saved us from many years of fighting the development of an underground nuclear dump at Silloth.

Our tourism and agricultural industries were under the very real threat of being crippled and losing very many jobs had the nuclear dump gone ahead. Even worse, it appeared that the geology

was anything but perfect for this type of underground development in this area, and the opportunities for large numbers of jobs for local people were most unlikely.

Also, planning blight was already hurting property owners, and this blight would have continued for many years without any work being started or benefits being felt.

While we cannot be certain that the threat will not reappear in the future we can relax a little for the time being.

Please help to strengthen our tourist trade this summer by removing the window posters "SAY NO TO THE DUMP". These have been very effective in proving that the majority of the community were against this development, however, they may have a negative effect when it comes to encouraging tourists to stay in the area and spend their tourist pounds which our very large tourist industry depends on to survive.

The people involved in

forming and running the action group "Solway Plain Against the Nuclear Dump" should hold their heads high. From a standing start they created a very effective and prominent action group. Their posters and window stickers appeared everywhere almost overnight creating a very solid statement about the ability of the community to work together as a team.

Thanks also to our local County Councillor Tony Markley. Under the very effective gagging rule of

'predetermination' he was unable to make any positive statements throughout the whole affair as doing so would have seen him being barred from taking part in the vote which saved us. Tony raised a motion at the vote to remove the Solway Plain from being an option, in the event this wasn't required as the County voted against Cumbria being considered for an underground dump.

Thank you for your support Tony.

Stronger Communities, said: "People accessing the county council's the new Ways to Welfare programme from April will receive information on how they can check they are receiving the right benefits.

"They will also receive advice on how to access support from food banks, Credit Unions, Children's Centres, Citizens Advice Bureaus and other schemes - most of which already receive some form of county council funding.

"Anyone who is homeless, or at risk of homelessness, will be helped to access the council's Supporting People housing support programme. The council's social care teams will also be available to support people who need social care assistance. If someone is unable to access any of these services and still requires assistance, they may be considered for more direct support, such as one-off-help to secure emergency supplies.

"Information on the Ways to Welfare programme

will be available from April in a variety of locations, such as Job Centre Plus buildings, libraries and Citizens Advice

Bureaus. Details will also be available on the county council website and through a dedicated phone-line."

Statement by Solway Plain Against Nuclear Dump (SPAND)

SPAND was delighted with the outcome of the meeting in Carlisle and the County Council's decision.

We have often stated that we are not antinuclear, and we fully appreciate the work that is carried out day-to-day by those employed at Sellafield, so we were also pleased to hear Cllr Martin's recommendation for further investment in the current storage facility at Sellafield. We feel that the County Council also rightly sought to protect the 57,000 jobs provided by the tourism industry.

However, we were very disappointed at the outcome of the Allerdale Borough Council meeting. We do not feel as though the people of North Allerdale were even properly represented at the meeting, and their views were certainly not taken

into consideration by those councillors who voted in favour of continuing to Stage 4 of the MRWS process. Indeed Allerdale Council leader Alan Smith declared on Radio Cumbria this morning that they would be likely to join forces with neighbouring Copeland Council.

Thomas Jefferson once said that the price of freedom is eternal vigilance, and we can say in no uncertain terms that we will continue to be vigilant. We feel this is necessary when you consider the way in which the original MRWS consultation was carried out.

Finally, we would like to thank everybody who has helped in our campaign to bring the whole issue to the attention of the public at large in Cumbria.

Silloth Green Day
26th May 2013
11.00am - 4.00pm

Showcasing Silloth and Forthcoming 2013 Events
Plus
Family Fun and Entertainment

Cooking Demonstrations - Local Produce - Donkey Rides
Face-painting and Glitter Tattoos - Punch and Judy -
Balloon Man - Magician - DJ - Live Music - Moky Fit - FunFair
Old Photos + Great Memories = Good Craic!

Letters

Dear Buzz,
I wanted to offer a few words of thanks to all of you who have continued to support me through what has been a very challenging time for both me and my family in recent weeks. Now that the County Council's Cabinet has made its decision to stop the process involved in finding a site for waste radioactive material, I can speak more freely. Most of you realised that I could not comment on this emotive issue of a nuclear dump and MRWS prior to making the decision. Rules that govern predetermination of decision making meant I had to take account of all the information that was presented at the Cabinet meeting on the 30th January. It wasn't a gag, but it did mean I had to be very careful in what I said. The Cabinet decision has also been the subject of a valid call in and a scrutiny panel, on the 19th February, upheld this decision to stop the process.

I am sure you will be all aware on the day of the Cabinet meeting, I proposed, at the earliest opportunity, to Remove Silloth, the Solway Plain and Allerdale from any further discussion in the MRWS Partnership. This was unanimously agreed by all members of CCC Cabinet. So at that point I had effectively removed Silloth and all areas within Allerdale from further study for a nuclear dump. There were many members of public who spoke on this issue at the meeting. I myself made a speech and there was an informative debate by members of CCC Cabinet. The decision to remove Allerdale and Copeland from any further participation in the MRWS project was taken by CCC cabinet. Seven members voted to stop the process, three were against. As previously stated this has been an extremely challenging time for myself and my family. There have been some

unnecessary remarks received from some members of the public. I suppose this is a reflection of the passions that people have for the matter. I have always tried to achieve the best for Silloth and Cumbria and have promoted the area whenever I have visited other areas of the country, and will continue to do so. There is a Cumbria County Council election coming on May 2nd this year. I will be putting myself forward again to represent you as your local Conservative candidate. I hope you will continue giving your much appreciated support on the day. I am sure most of you who know me will have established that I am not really designed (I am reducing) for manoeuvrability and walking but never the less I will be out and about hoping to meet you all during my forthcoming election campaign. If I can be of assistance in any way please contact me.

Tony Markley
Cabinet Member for
Economy & Highways
County Councillor for
Solway Coast

Dear Buzz,

Thank goodness the correct decision was made on 30th January and the disastrous nuclear dump plans for West Cumbria were rejected. A huge thank-you to SPAND and all the other protesters who worked tirelessly to bring common sense to prevail and save this beautiful county for future generations to enjoy. This said, let's not be lulled into a false sense of security, as it appears there are those who do not believe in democratically agreed decisions, who will try and overturn the result of the vote and wait until they can sneak a reversal in by the back door. This must not happen. As there seems to be a perfectly safe environment in East Anglia for this

repository, why is there no attempt by the government to carry out geological surveys there with a view to persuading the residents what a wonderful idea it would be for their area?

Mr & Mrs Bailey

Dear Buzz,

Last mid-December, I had a fall at my home when I sustained a fractured pelvis. Having Parkinson's Disease complicated the healing process, and I am very grateful for the help I received from the Cumberland Infirmary, Wigton Hospital and the Rehabilitation Team. Since that time, I spent a further three weeks in Silloth Nursing Home, where I received tender loving care from the Matron Ann Blair, down through her dedicated staff, where their nursing was always given with a cheerful smile. At 85, I also felt very safe. My husband and I wish to express our appreciation and sincere, wholehearted thanks to all of you who were involved when I needed your help.

Yours sincerely
(Mrs) Jean Darling

Dear Buzz,

I am saying a heartfelt thank-you to all relatives, friends and neighbours for their kind expressions of sympathy, cards, letters, phone calls and flowers received following the very sudden death of Alan. Your kindness is much appreciated at this very sad time. Thank you.

Val Irwin & our family

Dear Buzz,

The desire of Cumbria County Council not to go ahead with the nuclear dump was a bold decision for Silloth. Now that the time of high

Poem

Poem by Jean Darling
The Smile

In a darkened room, a cool hand strokes the brow and smooths the hair. Don't despair, tomorrow is another day. The pain may go away!

Morning dawns, cold and grey. The pain seems here to stay. The door opens, and the smile appears.

"Good morning! How are you today? A little better I will say.

All because of the smile!

spring tides are upon us it might be an interesting time to reflect on just how vulnerable Silloth would be to rising sea levels, which will be the result of burning coal and oil which is the alternative to nuclear energy and renewables like wind turbines and tidal power stations. It is interesting to drive along Skinburness and see houses that struggle to be above sea level on a high spring tide with stickers in their windows protesting against the nuclear dump. The council meeting in January was a meeting where everything was said and nothing decided, the decision to have a nuclear dump above ground in Sellafield is untenable in the long run it can't be exported and it cannot be moved any great distance without considerable expense even Silloth was a bit too far from the management in Sellafield and that is why everyone in Whitehaven think it is going to be held at Drigg. No one knows just how high sea levels will rise or how much the earth will warm up and as a consequence the polar ice caps melting but these are world events that will affect the Solway Coast and not for the better. The nuclear industry has always promised to deliver cheap energy a promise it has yet to keep. But if it ever does Silloth will be the beneficiary, Silloth is at the end of the road and it always prospers on cheap energy.

Roy Ivinson

EDITORS REQUEST

Please - no more letters about the nuclear dump now that Silloth has been ruled out. Lets have more positive letters about the nice aspects of Silloth to help keep our many visitors coming back to this beautiful area.

Can we also please remove the 'NO' posters from our windows. Welcome posters would be much more positive, thanks.

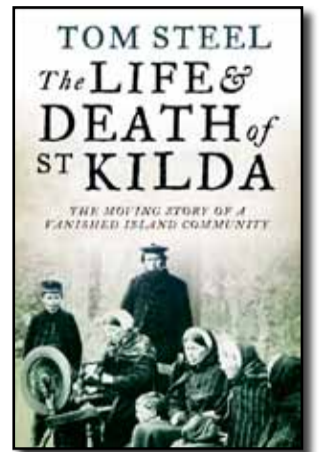
Winter Reads

Why not curl up with a good book?

Supported by
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The Life and Death of St. Kilda by Tom Steel

Situated at the westernmost point of the United Kingdom, the spectacularly beautiful but utterly bleak island of St Kilda is familiar to virtually nobody. A lonely archipelago off the coast of Scotland, it is hard to believe that for over two thousand years, men and women lived here, cut off from the rest of the world. "Absolutely fascinating account of a truly unique,

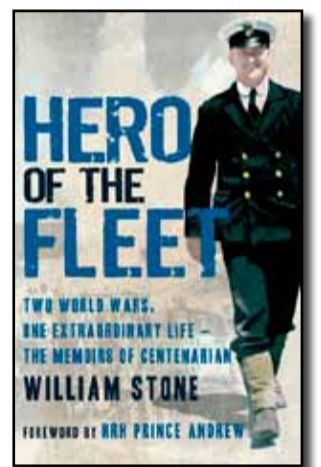


tough way of life "

Hero of the Fleet by William Stone

William Stone died on Saturday, 10th January 2009 aged 108. He received a hero's funeral. Born in rural Devon, he joined the navy during the First World War, travelled the globe just before the British Empire's light began to fade and saw action in some of the most significant sea battles of the Second World War. Afterwards, he returned to Devon to run a barber's shop, an altogether more peaceable existence.

As time passed, he became one of a dwindling number of men who had served in the Great War. This meant that for some of the most momentous



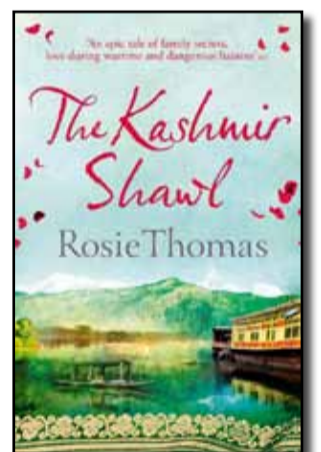
anniversaries occurring recently, including the 90th anniversary of the end of the First World War, William was a guest of honour "An excellent memoir of a centenarian sailor aged 108!"

Kashmir Shawl by Rosie Thomas

Newlywed Nerys Watkins leaves rural Wales for the first time to accompany her husband on a missionary posting to India. Deep in the exquisite heart of Kashmir lies the lakeside city of Srinagar, where the British live on carved wooden houseboats and dance, flirt and gossip as if there is no war.

But the battles draw closer, and life in Srinagar becomes less frivolous when the men are sent away to fight. Nerys is caught up in a dangerous friendship, and by the time she is reunited with her husband, the innocent Welsh bride has become a different woman.

Years later, when



Mair Ellis clears out her father's house, she finds an exquisite antique shawl, a lock of child's hair wrapped within its folds. Tracing her grandparents' roots back to Kashmir, Mair embarks on a quest that will change her life forever.

"A thoroughly good read"

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered hoodie to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on this page and a quality Solway Buzz embroidered hoodie from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing, just tell us your name, where you are from and where you are staying. You will find our address on page 10.

This month the winner is Jasmin Irwin from Silloth Primary School with a bee called "Band Bee". Well done!





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Solway Bee
by
Jenna Henderson
from
Holme St Cuthbert School

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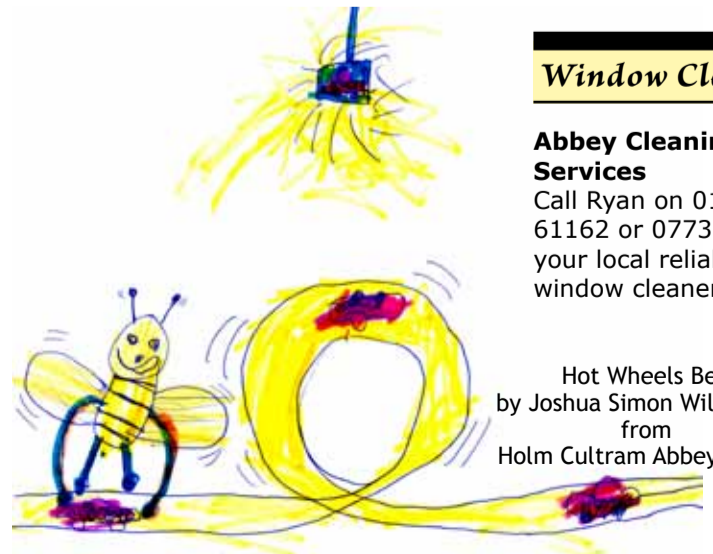
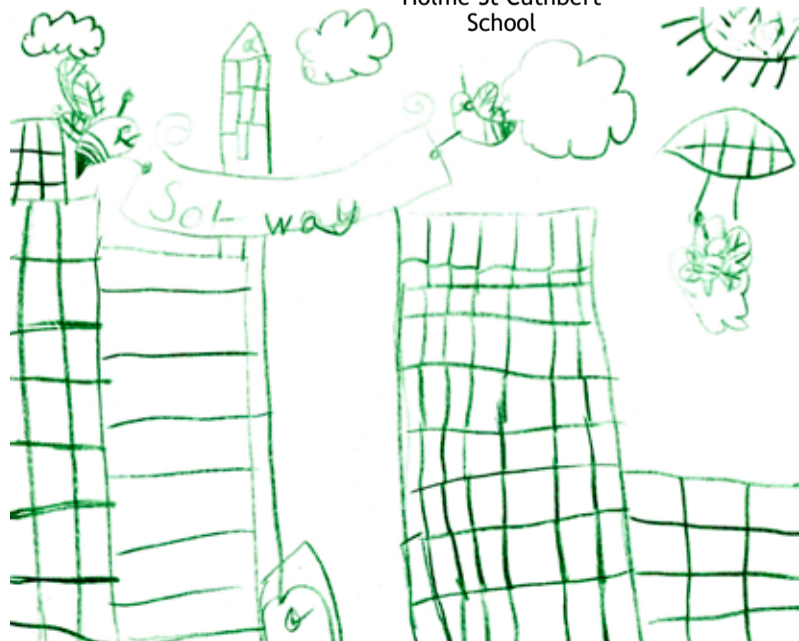


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Hot Wheels Bee
by Joshua Simon Williamson
from
Holm Cultram Abbey School



Causewayhead WI

Report by: Pat Froggatt

Causewayhead WI held their monthly meeting at Trinity Methodist, Silloth on Wednesday 13th February and were welcomed by President, Janice Wilkinson, who asked members to stand to observe a minutes silence in memory of Sonia Sanderson, one of our well respected members who recently passed away.

She then went on to introduce the speaker for the evening, David Nightingale who gave a talk on 'Climbing in the Himalayas'.

David started his talk and slide show by telling us that most of his climbing was done locally, but he had been interested in the Himalayas since a child whilst reading a great deal about Sir Edmund Hillary and his conquest of Everest. He went on to describe the actual preparation required to taking on the climbing of the various peaks in the Himalayas and together with slides described the Sherpas and the tasks they performed and also how the various

other helpers prepared themselves for these climbs. The photographs he displayed were absolutely stunning. To make the best of a climb it is necessary to start at 2am in the morning as the ice and snow is at its firmest at this time. He also described facilities that were available to deal with accidents which often happen on occasion ie a hospital and there is also a place for the porters where water and shelter is available - this was provided by Doug Scott the mountaineer.

We were all mesmerised by his description and photographs and thoroughly enjoyed the evening.

Olga Hetherington gave a vote of thanks which reflected everyone's views.

The competition of a photograph of a winter mountain scene was won by Brenda Dowdell and 2nd was Olga Hetherington. The flower competition was won by Olga Hetherington. The Drawing was won by Jean Graham, 2nd Judith Beeby.

After the interval the general business took place.

Arthritis Support Group

Report by: Gladys Temple

Mary Peile welcomed everyone to the February meeting of the Arthritis Support Group.

A Get Well card had been sent to Eleanor and Mary read out a thank you from her. Sympathy Cards had been sent to the families of Hilda Miller and Brian Thompson.

Paul Gibson, the Arthritis Nurse from the Cumberland Infirmary gave us a quick update on what is fresh in the news for arthritis and then talked about managing pain. Arthritis Research UK has just published a self management guide and Paul had brought several copies.

They have done a survey on osteoarthritis to be found at www.arthritiscare.org.uk where it was found that 8.5 million people in UK have OA with 71% have constant pain and 1 in 8 have unbearable pain each day which impacts on their social life, relationships and emotional wellbeing. A third of people with OA retire early so it is not just old people it affects but self management works for anyone with O.A Half of people who visit their GP wait until the pain is unbearable before doing so and almost half of people with OA feel the NHS does not see their condition as a priority. The total cost to the UK economy is estimated at 1% of the annual gross national product and 36 million working days are lost

through OA which impacts on the welfare budget. Self management plans and early intervention must be the central tenet of care where adequate tools are given to lead full and independent lives. Act positively about pain and ask your GP for a care plan for you to take control of your condition. There is good evidence that some alternative therapies work and Acupuncture and Tia Chi are recommended for OA others are possibly beneficial but the evidence is not as effective. Paul gave out an article 'Stubbing out Pain' Self management includes understanding your pain, eating well exercising, taking your medicines and keeping positive. Look at how your pain affects your day and keep notes on when and how it affects you for a week recording where in your body and the intensity, how long it lasts and see if there is a pattern. Set yourself targets, pace yourself be positive, learn to relax, get active, maintain a healthy weight.

Mary Harrison thanked Paul for his very interesting and informative talk. Mary and Heather Hadley served refreshments and Pauline Mole won the raffle.

Chairman Christine Smithson welcomed visitor Glynis McKie to the March meeting, then Leo Holden and Brian Murray entertained us with Slides of Old Wigton.

Leo apologised that his slides had got mixed up when his laptop had gone wrong but he managed to tell us all about a fascinating collection of views of Wigton long since gone and others changed very little. Some of the people on the photos were recognised while others were from many years ago but Leo could tell us tales of happenings long forgotten but brought back to life among the people who had lived in Wigton all their lives. Many of the photos were of interest to the members who had not lived in Wigton that long but could recognise places even though they had changed.

Christine thanked Leo for the talk and Brian for working the laptop. Edna Marper, Mary Thompson and Margaret Armstrong served the refreshments then the AGM was held. Apologies were received from Anne Fee, Francis Green, Eleanor Hodgson and Valerie Robinson. Christine was asked to carry on as Chairman and Mary Peile as Vice Chair everyone agreed. Mary Harrison was also asked to carry on as Treasurer and collected annual subs from 14 members present. Gladys Temple agreed to carry on as Secretary. It was agreed that as we are running at a loss we should pay £1.50 each month for refreshments and a raffle ticket.

The next meeting is on 5th April at 1:30pm the speaker will be Pauline Mole with Cumbrian Tales. There will also be a Bring and Buy Stall. We are very pleased to be holding our meetings at Loveday House and are very grateful to the Manager for allowing us to continue.

Children's Centre

Come along to Creepy Crawlers in Silloth Children's Centre on Monday afternoons from 1:30-2:30pm to promote your baby's physical development, crawling and start to develop social skills. Recommended

for babies from birth to 18 months.

To join the Playschemes you must book, these are at Silloth Children's Centre on Wednesday 10th April & Wednesday 29th May from 10am-11:30am

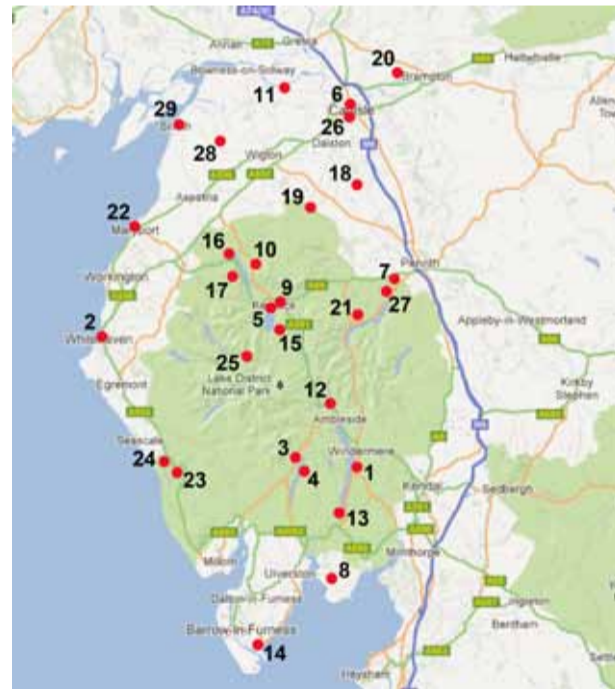


Ballet Bee!
by
Elysha Jade Cockbain
from
Holm Cultram
Abbey School

Did you place the Attraction?

Last month we asked you to put a number against a red dot if you thought that was where the attraction was located. Here are the answers. Did you get it right.

Have you visited the local attractions, Bankmill, the Gincase, Soldiers in Silloth, the Abbey, Cups & Saucers, these are all only minutes away and well worth a visit.



- 1 The World of Beatrix Potter
- 2 The Rum Story
- 3 Ruskin Museum
- 4 Brantwood
- 5 Theatre by the Lake
- 6 Tullie House Museum
- 7 Rheged Centre
- 8 Holker Hall
- 9 Pencil Museum
- 10 Dodd Wood
- 11 King Edward Memorial
- 12 Dove Cottage
- 13 Stott Park Bobbin Mill
- 14 Rampside Needle
- 15 Ashness Bridge
- 16 Trotters World of Animals
- 17 Bishop of Derry
- 18 High Head Sculpture Valley
- 19 Grave of John Peel
- 20 Solway Aviation Museum
- 21 Aira Force
- 22 Coast Aquarium
- 23 World Owl Centre
- 24 La'al Ratty
- 25 Via Ferrata
- 26 Hammonds Pond
- 27 Dalemian
- 28 Holm Cultram Abbey
- 29 Model Soldiers Museum

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Abbeytown Indoor Bowls

Report by: Gladys Temple

Two of Abbeytown Indoor Bowls matches were held away the first being at Blencogo where Jean Carrick welcomed everyone.

Four games of five ends each were played before a substantial buffet supper was served and a raffle was held. Another four games were held and Michael Faulkner thanked Blencogo for a very enjoyable evening though the home team were the winners by 51 to 31.

Plumbland was the next venue where John Eilbeck welcomed everyone. Again 4 games of 5 ends were played before supper and another 4 games followed. Fortunately Abbeytown were lucky with the raffle prizes being won by Robin Hurst, Alan Litt, Gladys Temple, Robert Lightfoot, Pam Taylor, Joyce Wilson and Angela Kirkby while their only winner was Ester Rae. Again the home team were the victors 42 to 29 and Audrey Harrison thanked Plumbland for making us so welcome and providing a lovely supper.

New players including beginners are always made welcome and we play at Abbeytown Assembly Rooms each Monday evening at 7pm, enquiries to Michael on 016973 61703. Wigton were the visitors

to Abbeytown Assembly Rooms, Michael Faulkner welcomed them and as both teams were short of players we played with three in each team. Five ends were played by four teams and Wigton went into supper with a good lead but after a lovely buffet and another Five ends from four teams and a mix up of scores it turned out 46 Abbeytown 46 Wigton.

The winners of the Grand National Game were Malcolm Temple, Ann Dalziel, Monica McClintock, Martin Kirkby (2), David McClintock, Alan Litt and Rita Fell.

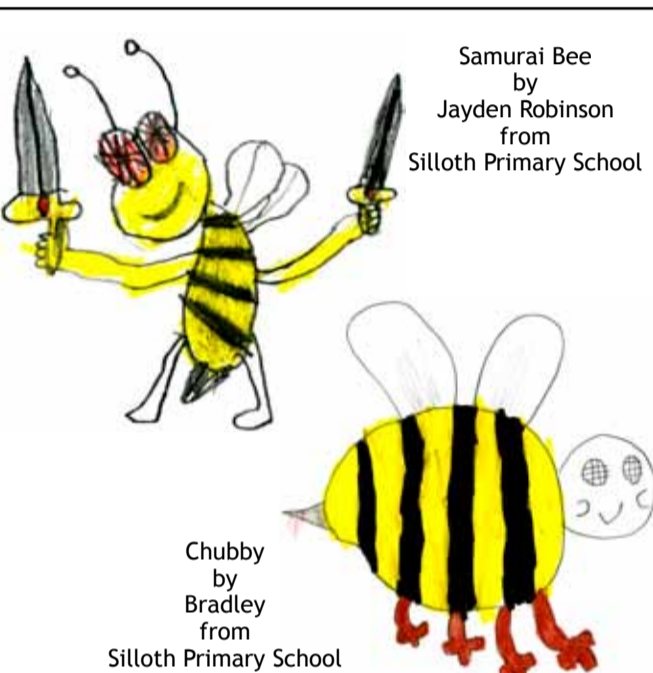
Rita thanked Abbeytown

for a very friendly game and very tasty supper.

Nine members of Abbeytown Bowling Club then went as visitors to Ireby Village Hall where John Chester welcomed them. Four teams played 5 ends before supper and the same after.

The raffle winners were Jackie Cowan, Joyce Wilson, Gladys Temple, Michael Faulkner, Doreen Stoddart and John Chester.

The home team were the winners by 51 to Abbeytown 24. Michael thanked the members of Ireby for a very friendly evening and a lovely supper.



Samurai Bee by Jayden Robinson from Silloth Primary School

Chubby by Bradley from Silloth Primary School

County Shield Winners



Silloth under 13 County Shield Winners 1963

Back L-R: Bill Johnstone, Jim Long, Jim Baxter, Bob Finlinson, Charlie McDonagh, Jim Fyfe, Frank Smith
Front L-R: Colin Briggs, Pete Long, John Barton, Donald Pape (Capt), Ronnie Molyneux, Ian Wadeson, Brian Gass

Report by: Pete Long

Fifty years ago the only Silloth School football team to win a County Championship beating Wilson School, Workington 3-1 in the final at Netherhall School.

Pete Long scored a hat-trick, Captain Donald (Dogie) Pape said its the best

team he has ever played in. Sadly Bill Johnstone (trainer and coach) and Brian Gass

are no longer with us. Silloth remained unbeaten all that season.



Bee by Ethan Berry from Silloth Primary School

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2013

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Silloth Tennis Club's 9th Presentation Night



The Clubmark Team at Silloth Tennis Club

The 9th Silloth Tennis Club annual awards evening was held at Silloth Sports & Social Club on the 26th of January and it was well attended with over fifty adults and children turning up.

With guest presenter Tennis Development Manager for the North East & Cumbria, Joanna Cunliffe presenting the trophies there was the usual quiz, raffle and stand up Bingo to keep everyone entertained with the excellent Big Ben and his Mighty Tennis Crew

providing the disco.

To round the evening off Jo officially presented the committee with a plaque to recognise that the club has now achieved Clubmark status.

The club would like to thank everyone who contributed to the raffle, Louise Stoddart, Julie Fisher and Tina Paton for the buffet, Joanna for presenting, Shaun Savage for his superb quiz and Martin Slack and the Social Club for hosting the event.

The prize winners are listed below:

CATEGORY	BOY	GIRL
Under 6 Player of the Year	Jackson Slack	Zainab Brooks
Under 8 Player of the Year	Yusuf Brooks	Libby Millican
Under 8 Most Improved	Ellis Mattinson	Ella Thompson
Under 10 Player of the Year	Max Paton	Anna Fisher
Under 10 Most Improved	Joshua Pearson	Abigail Mossop
Under 12 Player of the Year	Ben Stoddart	Eve Fisher
Under 12 Most Improved	Roy Bervoets	Erin Tilley
Under 16 Player of the Year	Matthew Birkett	Emily Wise
Under 16 Most Improved	Robert Sewell	No Award
CLUB JUNIOR OF THE YEAR	Charlotte Hetherington	

Above: the 2012 winners
Below: Jo Cunliffe with Ben Stoddart



Other awards:
County Honours: Eve Fisher (under 10) and Emily Wise (under 18 & Ladies).
Rising Stars: Daniel Smart, Tomas Smart, Brandon Potter, Zainab Brooks.
Improvers Awards: Megan Heath, Ryan Millican, Saul Henderson, Joe Gilroy, Chloe Aird, Josh Stoddart.

Mini Tennis Red Rally Awards were also given out to:
Alia Brooks 20, Zainab Brooks 20, Darci Slack 15,

Sophie Hetherington 15, Ella Thompson 20, Liam Jackson 20, Jenson Scott 5, Ellis Mattinson 10, Jackson Slack 10, Brandon Potter 10, Daniel Smart 10, Tomas Smart 5, Jodie Keaveney 10, Liam Keaveney 5.



Jo Cunliffe with Charlotte Hetherington



Jo Cunliffe with the Improvers

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