# Dates for your Diary

#### October

29th Age Concern Tea Dance Silloth Community Hall 1:45–3:45

## **November**

2nd Silloth & District Pensioners Association Christmas Afternoon Tea St. Andrews Hall @ 2:00pm

9th Sponsored Walk in aid of Silloth Xmas Lights depart from The Albion Inn at 8pm

9th Xmas Teas and Sale and Annual Grand Draw in aid of the Silloth Branch of the RNLI St. Andrews Hall at 2pm

12th Age Concern Tea Dance Silloth Community Hall 1:45–3:45

16th Christmas Fayre Christ Church Hall @ 2pm

18th Silloth & District Business Association in the Golf Hotel @ 7:30pm Non members welcome

26th Age Concern Tea Dance Silloth Community Hall 1:45–3:45

29th Silloth Xmas Lights switch on at 6pm

30th Silloth & District Pensioners Association Christmas Party @ Stanwix Park, Tickets - Judith Jameson

30th Christmas Spirit by Blaze Mawbray Culterham Hall at 7:30pm Tickets: £3.50 and £2.00

## December

5th Trinity Methodist Church, Silloth Coffee Morning @ 10:00am

9th Christmas Flower Demonstration at 2pm in Good Companions Residential Home – Coffee & Mince Pies Mary Pigg: 016973 31553

15th Trinity Methodist Church, Silloth Christmas Carol Service, 6pm

17th Age Concern Tea Dance Silloth Community Hall 1:45–3:45

23rd Silloth & District Business Association in the Golf Hotel @ 7:30pm Non members welcome

#### Copy date for the next issue

If your organisation has an event to promote or you have something to say, please note that the next copy date is:

7th November 2002

#### Silloth Medical Practice

Open 8:30am to 6:30pm Tel. 016973 31309

Do not 'phone before 8:30am unless it is an emergency requiring a Doctor.

#### Prescriptions:

Please do not 'phone before 10:30am for prescriptions. Allow 48 hours for collection from the Chemist or 24 hours if collecting from the Surgery

The following can be dealt with by our nursing team:
Blood pressure checks
Holiday vaccinations
Blood tests
Sutures (stitches) removed
Dressings

There are also:
Diabetic Clinics
Asthma Clinics
Cytology Clinics
Hypertension Clinics
Well Man / Well Woman checks

#### Want to stop smoking?

Make an appointment to see Pat Williams to give you advice and support in stopping smoking. Tel. 016973 31309 / 31325.

Young persons clinic

Every Wednesday starting 2nd October 3.30pm - 4.30pm. General health and contraception service for under 20's. Confidential & Informal

#### Parents

Please note that we will not be encouraging young people to become sexually active and we will always advise them to talk to their parents. However if they are determined to take this action we need to give our young people the information to protect themselves from unwanted pregnancy and sexually transmitted diseases.

## Football Training

#### Eden Street Playing Fields "the home of great football"

Under 8's / Under 9's Thursdays 5:30pm-6:30pm

Under 11's Tuesdays 5:30pm-6:30pm

Under 14's Wednesdays 6:30pm-7:30pm

Mens Tuesdays 6:45pm–8:15pm

> Please let us have any dates of events through 2003 as soon as possible.

## Regular Weekly Events

#### **Mondays**

Bingo – Silloth Social Club, Waver Street @ 7:15pm Domino Drive – Recreation Hall, Eden Street Playing Field @ 7:30pm

#### **Tuesdays**

Bingo – Bowling Club, Eden Street @ 7pm Whist Drive – Recreation Hall, Eden Street Playing Field @ 2pm

#### Wednesdays

Coffee Morning – Silloth Nursing Home @ 10am Bingo – Silloth Social Club, Waver Street @ 7:30pm

#### **Thursdays**

Market – Criffel Street 10am to 4pm Whist Drive – Recreation Hall, Eden Street Playing Field @ 7:30pm

#### **Fridays**

Bingo –

R.A.F.A. Club @ 7:30pm

#### Saturdays

Bingo – Silloth Social Club, Waver Street @ 7:30pm Music & Dancing – R.A.F.A. Club, evening

#### **Sundays**

Market –
Criffel Street 10am to 4pm
Market & Car Boot –
Silloth Airfield 10am to 4pm
RNLI – Exercise @ 10am
Bingo – Bowling Club,
Eden Street @ 7pm

## Production Team

Production & Treasurer: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 0870 741 5762 Fax: 0870 741 5763 Email: peter@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us.

When sending articles in, please supply a contact name and number in case something requires clarification.

We will accept letters, faxes or

We will accept letters, faxes or emails, but we do prefer emails as we do not have a typist to type your articles out.

Published by: Silloth Regeneration Partnership in association with Horizon Image Technology (016973 45500)

## Refuse Collection Bank Holiday Arrangements

#### **CHRISTMAS 2002**

W/c 23.12.02

23rd & 24th December - Normal Collections

25th, 26th & 27th December Collections 2 days later than normal.

#### **NEW YEAR 2003**

W/c 30.12.02 30th & 31st December

- Normal Collections 1st, 2nd & 3rd January 2003 Collections one day later than normal.

#### 2002/03 CRUNCH SERVICE

Allerdale operate a monthly clear-out service in Silloth

16th Nov

14th Dec 25th Jan 22nd Feb 22nd March

For Crunch service locations or to arrange collection of bulky items Tel: 01900 326453

## Beaver Scouts

Every Monday during term time in Silloth Community Centre from 5pm to 6pm.

## Pensioners Quiz Results

lst Prize: Dinner for two Avril Bragg of Wigton. 2nd Prize: £5.00 Gwen Corless of Darwen Lancs. 3rd Prize: Bottle of wine Diana Shaw of Silloth. The total amount raised was £120.

The Pensioners Club wish to thank everyone for their support.

## Masthead Bee Winner

This month the winner is Nicole White aged eight from Holme St. Cuthbert School, Mawbray with a bee called "Bees Nees".

Well done Nicole, a token of our appreciation will be presented at the school.