

Bowman's Chemist

1-3 Station Road • Silloth
Tel: **016973 31394**



Prescriptions dispensed
Free confidential advice
Pregnacy testing
on premises
Nicotine replacement
therapy
vitamins ⌘ health foods



Perfumes, toiletries
cosmetics,
Sun Tan preparations
foot care

**All at competitive
prices**



Films, Reprints &
Enlargements

Golf Hotel

Open all day for:

Morning Coffees
Bar Meals
12.00 - 2.00 & 6.00 - 9.00

Extensive menu plus
daily specials
&
Traditional
Sunday Roast Lunches
Afternoon Teas

Why not treat yourself
in our
Restaurant
table d'hôte dinner £17.50
also a la carté

**We use
fresh local produce
and
do all our own baking**

Tel: **016973 31438**

JOAN'S Catering

All types of outside catering

Visit our
Home Bakery & Take-Away

Solway Greens Award Winner

Station Road, Silloth
Tel: **016973 31672**

Nith View GUEST HOUSE

AA ◆◆◆

Overlooking the sea.
B&B from £16.00 p.p.p.n.
En-suite rooms.
Families catered for.
Private parking at rear.

Tel: Debbie Armstrong
on: **(016973) 31542**
email: nithview@aol.com

Silloth Library

Opening Hours

Monday	2pm - 7pm
Tuesday	closed
Wednesday	10am-1:30pm 2:30pm - 5pm
Thursday	10am-1:30pm 2:30pm - 5pm
Friday	10am-1:30pm 2:30pm - 5pm
Saturday	10am - 12 noon

Books
Large print request service
Reference & Information
Videos
Talking Books
Audio CD's

Storytime for under 5's
Every Wednesday 2.30-3.00pm
during term times.
Stories, rhymes and games for
under 5's and storybooks to borrow,
as well as books, videos and story
tapes.

Storysacks

- Storysacks are lent on an adult borrowers ticket.
- Storysacks are lent for a week.
- There is no charge for borrowing Storysacks, but if returned late an overdue charge of 20p per day will be charged.
- Each Storysack has a list of everything in it. Please ensure that everything is put back in the Storysack when you return it.
- If anything is missing or broken, please tell a member of staff. A small replacement charge may be made.
- Enjoy sharing Storysacks with your children.



BANK MILL NURSERIES

(Growers of Distinction)

Situated midway between Mawbray and
Beckfoot on the Maryport to Silloth road
Tel: Allonby (01900) 881340

Full range of Quality Home Grown Plants
At down to earth prices
Well worth visiting at any time of year
There's always something to catch your eye



BANK MILL LANDSCAPES

Design ~ Layout ~ Planting-Up ~ Maintenance

Suppliers & Distributors for Bradstone Stone
Walling ~ Paving ~ Chippings, etc

Appointed Agents for:
Lotus ~ Oasis ~ Atlantis
Heissner ~ Garden Ponds
Water Features ~ Pumps
Underwater Lighting
etc

LITTLE ACRE

CARE HOME



82 Skinburness Road

**EXCELLENT CARE
FOR THE ELDERLY**

**SINGLE EN-SUITE
ROOMS**

For further details
contact:
Sarah Betsworth
016973 32105

Silloth & District OAP's

Weekly Whist & Domino Drives

Whist Drives:
Tuesday @ 2.00pm
Thursday @ 7.30pm

Domino Drive:
Monday @ 7.30pm

in the Recreation Hall
Eden Street Playing Field
Silloth - 50p entry

Everyone Welcome

WEB SITES

designed by

SolWeb.Biz

for a professional job at
a competitive price,
get a quote from
Peter McRobert

peter@solweb.biz
016973 32180