## Silloth First Responders

## **Defibrillator Presentation**



Mamie with husband Derek Dennis whose life was saved by the Silloth First Responders Team

On the evening of Wednesday 28th August, at the Golf Hotel in the town, the Rotary Club of Silloth-on-Solway hosted a 'Special Presentation Evening' for VIP guests and the members of the recently formed "First Response Team" at Silloth. Also present were wives and partners of Silloth Rotary Club members.



Tony Doveston of the British Heart Foundation

The main purpose of this event was to present the local and specially trained team of volunteer "First Responders" with a state-of-the-art, portable Defibrillator Unit, the cost of which had been cofunded by Silloth Rotary Club and the British Heart Foundation.

The "First Response Scheme" is made up of volunteers who live, or work, within a community or a village, and have been trained to attend certain emergency 999 calls by Cumbria Ambulance Service NHS Trust, to provide emergency first aid, until paramedics and an ambulance arrives.

Those calls might include patients who are suffering from chest pains believed to be of cardiac origin, or those who are in cardiac arrest, patients who are unconscious from an unknown cause, patients who are choking and those who are victims of drowning. The team would not, however, be asked to attend trauma calls such as road traffic accidents, violent situations



Tony Doveston presents the Defibrillator to Peter Gilmore

or other dangerous emergencies.

The establishment of a "First Response Team" is particularly important at Silloth, given the town's relative isolation from major towns or cities, and where it is difficult for an ambulance to arrive at the scene within the critical 8 minutes following a heart attack collapse.

The Silloth "First Response Team", who have been undergoing training for some months now, have already been called out on several occasions, and are very proud to have already been able to save the life of a local person, making all their hard work worthwhile.

Rotary Clubs throughout the world come to the assistance of many deserving causes, whether of an international, national or a local nature.

Here we have a really worthwhile local project and Silloth Rotary Club has pulled out all the stops to support this team, and not only financially. Three members of Silloth Rotary Club are also involved with the management and operation of the Silloth First Response team.

The underlying reason that we have been able to help this scheme financially is as a result of the people of the town and visitors, supporting the Silloth Rotary Club's fund-raising activities throughout the year.

So really it boils down to a case of thanking you the

public for helping us, Silloth Rotary Club, in our efforts to help those amongst us when they are most in need.

## **Broadband?**

Story by: A. Wannop

## Better Times from B.T.

Up to present we have been offered a standard dial-up service as B.T. internet customers. As this system is rather slow, B.T. and the government have been pushing ADSL, (Advanced Digital Subscriber Line), as the new and greatest advance...and at speeds of up to 10 times that of a standard telephone connection. It is probable that...with "surfing" being much more productive, and enjoyable; schools, business, and local people would benefit greatly from the enhanced service.

Indeed schools could use the vast amount of knowledge stored on the internet to much better purpose, businesses could actually do business and local people could surf, shop, bank, chat, play games, etc., with much greater ease.

So why write this letter?...Well B.T. are not so keen on updating the exchanges of small towns like Silloth, (and at £250,000 per exchange you can see their point!), but they have now given us the ability to register our interest with our own Internet Service Providers.

This will show them if it is viable to carry out the upgrade - simply apply for Broadband, (ADSL), with your I.S.P. and they will do the rest; no initial cost is involved, (if you do not have an internet connection, try phoning B.T. and register your interest with them).

The more people applying the better, so even if you are not 100% sure you will need the ADSL service, register anyway, once you see it in action you will never know how you did without it!

Current interest levels can be seen on the B.T. website.