



Solway Buzz

Gary Bee
by Ollie Taylor from Holme St Cuthbert Primary School

www.solwaybuzz.co.uk

May 2017

local news - for you - by you - about you - free to you - local news

FREE PAPER

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COOP Donates £5,004 Locally



Purchases of Co-op merchandise in all Co-op stores provide benefits to the purchaser of 5%, plus another 1% to local charities

selected by the members. At Silloth Co-op this amounted to a grand total of £5,004 raised since September for three local



charities which were chosen by local members by voting at coop.co.uk/membership.
The Rotary Club of

Silloth on Solway received £1,664 towards the youth shelter on the Green.
Holme Cultram Sea

Dyke Charity received £1,665.
Culterham Hall, Mawbray received £1,675.

2017 Events

28th May
Silloth Green Day

29th May
Abbeytown Duck Race

10th + 11th June
Silloth Vintage Rally

5th August
Abbeytown Carnival

25th to 27th August
Solfest

28th August
Silloth Carnival

7th to 10th September
Music & Beer Festival

21st October
Silloth Bonfire & Fireworks



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Mawbray Entertainers



Report by: Rick Felix

The Mawbray Entertainers would like to thank everyone who came to Culterham Hall to see our latest offering 'A Good Night Out'.

A packed audience each night enjoyed an evening of music and fun, and as coincidentally the performances were over the same weekend as the BBC's Comic Relief events,

we made a collection during the interval each evening, and our audiences donated a staggering £116 for the cause.

Our thanks to the local community for their generosity.

On-Call Firefighters Wanted

Cumbria County Council's Fire and Rescue Service is launching a new recruitment drive to find additional on-call firefighters to serve their communities.

On-call firefighters are needed to join crews at 27 fire stations across the county. The fire and rescue service is recruiting more than 50 on-call firefighters in total. Firefighters are needed at: Aspatria, Bootle, Cockermouth, Keswick, Maryport, Seascale, Silloth, Workington.

Cumbria Fire and Rescue Service is looking for men and women from all walks of life and all ages who can work as part of a team and are prepared to commit to the role. Qualifications aren't necessary, applicants must be at least 18 when their contract starts and physically and medically fit.

On-call or retained firefighters are 'on call' to



respond to a range of emergencies. They can still have another job until the call comes, then they become a professional firefighter. Call-out

rates and workloads vary across the stations.

To apply people will need to complete an application form, carry out nationally recognised fitness and practical tests, have an interview and a medical check.

A series of taster sessions, providing an opportunity for people to chat to fire crews, find out more about the role of an on-call firefighter and have a go at some of the tests, are being held at the dates and locations below:

· Tuesday 4th April – Penrith Community Fire Station

· Tuesday 11th April – Workington Fire Station

All sessions start at 6:30pm and anyone interested is advised to

arrive promptly to get the most out of the session. Potential applicants can find more information about the recruitment process at cumbria.gov.uk/oncallfirefighters

Cumbria's Chief Fire Officer Paul Hancock said: "On-call firefighters play a crucial role in our communities and are called upon to attend the full range of incidents, from fires and floods, to road traffic collisions and chemical spills. I would urge people living and working in the areas where we're recruiting to consider applying to become part of the Cumbria Fire and Rescue Service team."

In addition, fire station open days, where people can call in to discuss the role of a firefighter and the application process, are also being held at the following fire station:

· Maryport 4th April 2017, 5pm-7pm

For more information, visit cumbria.gov.uk/oncallfirefighters.

Beetle Drive

Report by: Jennifer Bailey

People gathered in St. Andrew's Hall with wild anticipation, pencils sharpened to within an inch of their lives and dice-shaking hands exercised ready for the fast and furious action which was to take place with the "No prisoners taken" attitude that prevails during these cut-throat competitive events.

Sustenance was required to enable those taking part to endure the mental and physical endurance which is necessary to remain in the game. So, meat pies or fish, peas and chips were served to the waiting hoards with trifle and/or fruit crumble with custard to follow. I sometimes wonder if these delicious morsels are a cunning plan to make some of us too full and heavy eyed, that we may miss a potential Beetle move which could cost us dear. But no I hear you cry, Kirstine and her merry band of helpers surely wouldn't think of such a dastardly ploy!! (Or would they?)

The evening was a great

success and a lot of fun with a Raffle and a Quilt Raffle to add to the excitement, plus the dulcet tones of Vera Lynn ringing out for us all to hear and most of us to join in with, as the great lady reached her 100th birthday.

For all of you who weren't there, you missed a treat.

Many thanks must again go to Kirstine, Joyce, Susan, Penny, Peter, Edith and Joan for all their very hard work. Roll on the next one.



Youtuber Bee
by

Joshua Bullock from Silloth Primary School

Solway Shore Walks with Ann Lingard

Ann Lingard will again be leading informal low-tide walks on the Solway shore in the Dubmill Point area of Allonby Bay, between April and August – with the aim of seeing what can be found on the lower shore when there's a good low tide, followed by a wander back up to the dunes and along the tidelines.

Allonby Bay was designated a Marine Conservation Zone last year, so expect to see the very special honeycomb worm

reefs for which it is famous – and you never know what else you'll find!

Full details of all the walks – when, where and what to wear – can be found on the Solway Shore Stories website www.solwayshorestories.co.uk/shore-walker/ – where you can also read 'stories' about the reefs and forest, and much more.

For further information, email enquiries@annlingard.com or phone 016973 21967. (Although the walks are free,

booking is essential.)

Ann also writes shorter pieces related to the Solway – on topics ranging from mussels in coal-mines to Robin Rigg turbines, tidal-power schemes to walking the 'waths', gyroplane flights to peat-cutting near Kirkbride (and an explanation of why the Solway's best tides are early in the morning!) – in the Solway Shore-Walker blog, www.solwayshorewalker.wordpress.com

Bereavement Support

On April 6th Silloth Bereavement Support Group held their first meeting in Silloth and they set about getting to know each other.

They of course discussed their individual loss and they can safely say it was easier to talk about this with people who had been through the same loss. They did not labour on this and it was pointed out the aims of the group and let everyone know it was their group so their input was encouraged.

They discussed finances and how they were going to finance themselves. A final discussion will be made when they know the final membership number.

They had a great day out in the car, the weather was superb as they all went down by Maryport - Cockermouth - Lorton - Buttermere and over Honister Pass, stopping at the Slate Quarry for a cup of coffee, etc. then on to

Surprise View ending up in Keswick and a short walk to Friars Crag, then another cup of coffee and home. Those who could not walk to Friars Crag had a seat by the lake and thoroughly enjoyed the view.

On Sunday the 9th April some members joined the Carlisle group for a day out to Beamish Open Air Museum, again superb weather and a great day out. They drove to Carlisle to Irving's coach depot and set off about 8:45am, yes a long day but worth while. Beamish brings back many happy memories of things you used to do when you were very young.

Silloth Bereavement Support Group meetings are every Thursday if you would like to come along. Please contact Peter on 016973 32146 or Eileen on 016973 51324 prior to a meeting for further details.

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Tables available at Culterham Hall, Mawbray at £10 per table.

This is to raise funds for purchasing planters and flowers for each village in the parish.

Refreshments available.

Contact Moira Knoery on 016973 21811 or Barbara Hepburn on 01900 881343 to book a table.

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Silloth & District Pensioners Coffee Mornings

What a morning it was for the start of our Coffee Morning on the 1st April. The rain was pouring down but it didn't dampen the spirits of our regulars or visitors. As the morning progressed the weather brightened up and everyone who came enjoyed their morning with us. Thank you all for braving the elements - you are a stalwart lot and are not easily put off by the inclement conditions.

Both the cake stall and raffle were well supported as was the coffee, tea, scones and biscuits provided and served by members of the Committee. A good time was had by all who attended.

The lucky winners of the drawing were: Pat Bell, Enda Keaveney, Margo Pattison, Margaret Gates, Theresa Hutchinson, Maureen Irving, and Betty Johnston. Congratulations to all of you.

The Committee really appreciate your continued support of these Coffee Mornings. We look forward to seeing you in May.

Allerdale Eco Projects Benefit from Wind Farm Fund

Seven community organisations in Allerdale have been awarded a share of £68,000 from a fund that supports eco projects.

The funding comes from the Robin Rigg West Cumbria Fund, and supports a range of community groups helping to improve the local environment and also increase understanding of environmental issues.

The fund was set up by energy company E.ON to benefit communities close to the Robin Rigg offshore wind farm and is administered by Cumbria Community Foundation. More than £400,000 has been given out in grants since 2009.

Tim Morgan, E.ON Plant Manager, said: "The fund from E.ON provides assistance to voluntary or community groups in the area who are looking to use energy more sustainable or

improve the environment. Our funding helps to provide a lasting benefit to the area."

Annalee Holliday, Grants & Donor Services Officer at Cumbria Community Foundation, said: "The fund is of real value to the local community, supporting voluntary groups and charities and enabling residents to continue to build on their vibrant and thriving communities."

Successful groups can expect to receive £1,000 - £15,000 funding.

Applications for the next round of funding are open until 15th December 2017.

To find out more about the Robin Rigg West Cumbria Fund visit www.cumbriafoundation.org or contact Annalee Holliday on 01900 82470 or email annalee@cumbriafoundation.org.



Mr Buzz Buzz Bee by Matthew James Pape from Silloth Primary School

Calum is Flying High



Report by: Jennifer Bailey

When Calum Spence (pictured with his parents and elder brother) arrived in Silloth from Scotland in 2009 and attended Silloth Primary School and Solway Technology Community College, he didn't know that one day he'd be proudly wearing the uniform of the Royal Air Force.

When the time came for Calum to think about choosing his future career, he was drawn to a display with information about joining the RAF in an information marquee on Silloth Green during one of the many

events held there during the year. Calum became interested in the potential careers offered by the service and made enquiries about what was required to be able to join.

After much effort with training both physically and re-organising his dietary regime and with support from his Mum and his Dad who joined in his training exercises, Calum lost 4 stones in weight in order to reach the required standard of physical fitness

which would enable him to start RAF training at RAF Halton in late September 2016.

In January 2017 Calum was stationed at RAF Cosford after his Passing Out Parade and is now training in his chosen field of IT, he is able to get home to visit his proud parents, David and Margaret Spence on a regular basis.

Well done AC Spence!

Solway Mission in the Community

Report by: Tim Barker

The Anglican, Methodist and United Reformed churches of the Solway Plain and Aspatria will be involved in various events this year to have some fun and help

people learn a bit about Jesus.

Look out for them on Silloth Green Day - Sunday May 28th. There will be a service at the trailer-stage on the Green at 10:30am. At Aspatria Carnival on Saturday June 10th, then at Abbeytown Carnival on Saturday August 5th and finally at Silloth Carnival on Monday August 28th.

Free Barbecues

When each carnival is over (to coin a phrase) there will be a barbecue a week or two later, open to all. They'll run from 11am to 3pm. Aspatria Barbecue is on Saturday July 8th at the Community Centre. Abbeytown Barbecue is on Saturday August 12th at the Abbey. Silloth Barbecue is on Saturday September 23rd in Christ Church grounds.

Slimming WORLD
because you're amazing

Meet on **Mondays** in Wigton Bowling Club at 3pm, 5pm & 7pm

Tuesdays in Silloth Rugby Club at 7pm

Saturdays Silloth Rugby Club 9am & 11am

Contact: Denise Broughton on 07799 708465

SILLOTH A.F.C.
ANNUAL AWARD PRESENTATION NIGHT

SATURDAY 13TH OF MAY 2017
IN SILLOTH RUGBY CLUB

FREE ENTRY, BUFFET AND LIVE MUSIC FEATURING INDIE/ROCK AND POP COVERS BAND MOJO RISING

STARTING FROM 7PM, RAFFLE AVAILABLE WITH NUMEROUS PRIZES.

Silloth Master Quiz

The modestly-named quiz in Christ Church Hall was well supported with 13 teams vying to get the better of Tim Barker who set the questions. It was a close-run thing only decided after a tie-breaker round in which both top-scoring teams got the same right answers but The Mudlarks mis-spelt the surname of film star James Coburn. They may have been thinking of Ronald Coleman which evokes a wonderful image of the suave English actor taking part in the knife-vs-gun duel in The Magnificent 7.

The winners were The Leftovers, the ex-dinner ladies from Silloth Primary School, and the wooden spoon went to the under-strength team from Trinity Church.

Splendid refreshments were provided and there were plenty of raffle prizes.

Thanks go to Joyce and Carole, Lawrence, Ivan and Barrie, to scorer Liz and to everyone who came to take part and have fun.

Buzz Volunteer Wanted



To deliver your community paper in Abbeytown, from the Wheatsheaf Inn along to the Abbey including Wheatsheaf Court then along to T Wilson excluding Friars Garth.

We look forward to hearing from anyone who can help. Contact Peter or Kath on 016973 32180.

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Country & Westerners Donate £3,000



At Stanwix Park Country & Western Festival held during March two cheques of £1,500 each were presented to Silloth First Responders

and Cumbria Blood Bikes. The £3,000 total was raised at our last festival in November 2016 to make this outstanding donation. Accommodation

is almost sold out for the next Stanwix Park Country & Western Festival being held on the weekend of 3rd to 5th November 2017.

Causewayhead WI

Report by: Jenny Stride

Unfortunately, the speaker for this month did not arrive.

However there was a considerable amount of correspondence to discuss, along with arrangements for the 90th Birthday Party in May.

A report was also given by Shirley Sharp of the annual CCFWI (Cumbria-Cumberland Federation of Women's Institutes) meeting which was held on 8th April at Morton Academy, Carlisle.

Eight Members had also attended an Antiques Roadshow at Newton Arlosh WI which had been very interesting.



General Competition
1. Pat Froggatt
2. Mona Kent
Wildflower Competition
1. Margaret Durham
2. Jean Graham
Flower Competition
1. Mary Johnstone

Raffle
1. Pat Froggatt
2. Shirley Sharp
3. Theresa Hutchinson
4. Margaret Durham.

Slimming World Wants You!

Slimming World experts are celebrating a successful year after helping people lose weight. Now they have launched a campaign to recruit more people with a passion for helping others with a special Slimming World careers Opportunity Event planned at The George Hotel, Penrith on Sunday 7th May at 2:30pm.

Denise Broughton manages a team of Consultants who run 11 Slimming World groups (18 sessions) in the Carlisle West District, she says: "We're going through a period of steady growth. In 47 years, millions of people have changed their lives with Slimming World's brilliant combination of a hunger-busting eating plan, increased activity and weekly group support. Never in a million years did I think that when I joined Slimming world as a member I would be running three groups of my own and supporting other consultants in their role. When I first went into my slimming world group I had over four stone to lose, I wasn't in a very good place I had piled the weight on after going through a divorce and then having a miscarriage. I remember how frightened and apprehensive I felt walking through the door. I didn't have to worry,



I was greeted at the door by a lovely member who showed me where to go for the new member talk and she fetched me a lovely cuppa. The consultant was waiting there to greet me and made me feel so at ease, the food optimising plan was explained. I remember joining everyone else sitting round a table with different foods on. The consultant gave everyone praise and I learned so much even on that first time in group, how to make a cooked breakfast full of fabulous foods and I could eat this everyday and lose weight. I remember thinking no way I could have chips everyday, curry and spaghetti bolognese and lose weight, but you know what, I stayed every single week after that, because I learned so much

and the support from the consultant and the members was just amazing.

In less than a year I lost over four stone and have been a target member and a Consultant for over two years. I now have a fabulous job as Carlisle West Team Developer, never did I imagine I would be a consultant let alone a Team developer. Slimming World Consultants are all former members. The role is part-time, with the potential to earn £100-£400 a week for working 10-20 flexible hours as a self-employed franchisee. In-depth training is offered with a well-respected and recognised

brand that has been established for more than 47 years, and all Consultants get the benefit of excellent support from head office staff based in Derbyshire. Slimming World provides administrative support, centralised marketing and PR, stock services, a host of up-to-the-minute website support plus nutrition and research expertise. Slimming World magazine, which is produced at Head Office, is the highest selling title in the diet and health sector.

For more information contact Denise on 07799 708465 or go to www.slimmingworld.co.uk/careers.



Busy Bee
by
Willie Paisley
from
Holm Cultram Abbey School

Return of the 'Knickers Lady', alias Pat Martin from The Helena Thompson Museum with a new talk

The Origin of Nursery Rhymes

Friday May 19th, 2pm - 4pm
Culterham Hall, Mawbray

Afternoon Tea will be served,

Tickets £6

(Includes tea, talk, raffle ticket)

Tombola

BOOKING ESSENTIAL - CONTACT

Karen 01900 881353

Barbara 01900 881 343

*Even run by the
Solway Nia exercise and social group*

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Save Money with the Big Allerdale Switch

Residents across Allerdale are being encouraged to sign up to the latest round of the 'Big Allerdale Switch' initiative, which has been rolled out for spring 2017 to help even more people save money on their energy bills.



annual energy consumption and current supplier is needed to sign up.

The deadline to register is Monday 22

May 2017 and the next auction will be take place on Tuesday 23 May 2017. Residents will then be informed of how much they can save should they decide to switch.

Graeme Wilson, Allerdale Borough Council's Head of Housing and Health, said: "Due to the popularity of the scheme, the Council is running the Big Allerdale Switch for the fourth year. During this time people have been able to make considerable savings on their current energy deal, so we are delighted to be able to continue this very successful scheme for residents. It costs nothing at all to register your interest and you could end up saving hundreds of pounds in the long run. Tackling inequality is a key priority for the Council and we will

continue to offer schemes like this to ensure people are getting the best possible value out there. We recognise that this is a time when household costs are rising and we will strive to do what we can to help our residents to cut their fuel bills and reduce the fuel poverty risk for the people of Allerdale."

Allerdale Borough Council is running the scheme year-round to reach all residents whose contracts are up for renewal at different times throughout the year, so everyone can benefit from the savings that may be on offer.

Allerdale Borough Council is running the switching initiative as part of the Big Community Switch, a scheme involving a number of local authorities throughout Great Britain. The Big Community Switch is operated by i-Choosr, an independent company with experience in collective switching schemes. It works by setting up a reverse auction and inviting energy suppliers to offer their cheapest dual fuel and electricity only deals.

The 'collective energy switching' scheme groups people together to help them save money on their gas and electricity bills and is open to those on dual-fuel, separate supplier contracts or on pre-payment meters.

During the most recent auction held in February this year, householders in the borough saved an average of £120 on their annual energy costs and more than 75% of those who signed up were able to save money. This puts Allerdale in the top third of the authorities who participate in iChoosr's Big Community Switch initiative.

The Big Allerdale Switch is completely free to join, really simple to do, and at no point in the process are residents under any obligation to actually switch energy providers if they decide to change their minds. To join the scheme, visit www.allerdale.gov.uk/warmhomes and follow the links. Full details of

Changing the Guard



The ten pirates on the bottom left have only 16 legs, 17 hands and 17 eyes between them!

Soldiers in Silloth have introduced a lot of new figures for this year. Pirates have invaded and more than 200 troops from various countries are marching in a new display cabinet.

Soldiers in Silloth are also setting up an audio-visual unit to include the film made about Silloth Airfield for the local history project.



We are only open at weekends for the moment apart from bank holidays but Tuesday to Sunday opening will begin as the

holiday season gets under way. Meanwhile we'd still like to hear from anyone who could help in the museum and from anyone with

memorabilia about Women at War.

Please contact Tim Barker (016973 31246) or Susan Child (32946).

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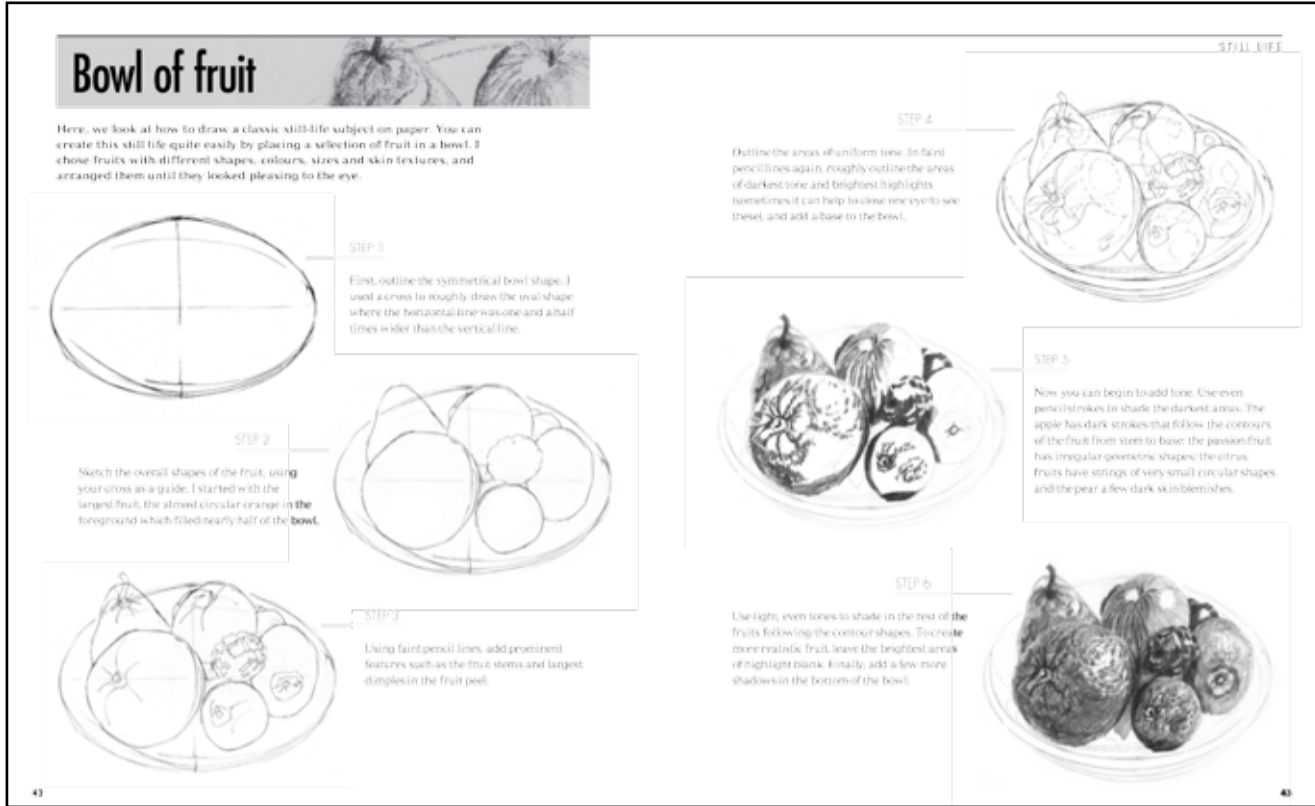
At 1.00pm
Monday 29th May 2017
At 'The Big Beck'
Followed by a Family BBQ
At The Wheatsheaf Inn, Abbeytown
(There will be a charge for BBQ food & drink)
Ducks £1 each
Ducks are available to buy from:
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The Art of Drawing



Abbeytown Bowls

Report by: Gladys Temple

Abbeytown Bowling Club were visitors at Ireby and were welcomed by Steve Abbot. The first half was evenly matched with both sides enjoying themselves. A game of flowers was played and the winners were John Hill, Steve Abbot, Jeff Clarke, Jacle Spamton and Gladys Strickland. Unfortunately Abbeytown did not keep up with the second half and Ireby came out the winners. Mike Faulkner thanked the Ireby players for a very enjoyable evening with a lovely supper. We look forward to playing again later in the year.

The last game of the season was played at Port Carlisle where Dorethy Telford welcomed everyone. Four games were played with the scores Port Carlisle 17 and Abbeytown 18 followed by a lovely supper. The raffle was won by Rita Ashburn, Michael Faulkner, Sandra Tuddick, Glynis Duff, Gladys Temple, Irene Graham, Malcolm Temple, Raymond Telford and Audrey Harrison. The second half went Port Carlisle's way and they were the winners overall. Mike Faulkner thanked the members of Port Carlisle for a great evening and enjoyable supper and look forward to playing them next year.

the landscapes are based on local views like the Solway, farmscapes, and The Lakes.

Readers are guided from their first marks to confidently tackle still life objects around the home, then larger outdoor objects and landscapes, and finally more ambitious living subjects: animals and people.

The aim is that readers will find their journey enjoyable and rewarding!

Already, there's great feedback: "What a wonderful book" said Mr C of Maryport; "It's brilliant! Great for beginners because, unlike some library books I've taken

out, this book actually shows you how to create drawings without missing any of the steps," said Mrs T, Keswick; and Miss B from Lancashire says, "I love the way it makes the drawings look so easy, especially the section on perspective".

Signed copies are available from Vivienne (in person, or from her website) and you can also see her at various events this year (a list is on her website 'About' page). Her online shop is: <http://www.pencil-drawing.co.uk/shop/>.

The Art of Drawing by Vivienne Coleman. £11.99, Arcturus Publishing, 208pp.

A New Book by Local Artist Vivienne Coleman

The Art of Drawing is a new book by local artist Vivienne Coleman and shows readers how to create stunning artworks step-by-step based on the idea that, if you can write, you can draw!

"It's my first book" says Vivienne, "and I was very surprised to be approached by the publisher in 2015 to create a book for beginners and improvers and, of course, I said "Yes!" straight away.

However, there were times when I thought it would never get written!"

"The initial process of preparing sample pages and book outline took time to complete and be approved and then, after another wait, I was delighted to hear the publisher had sufficient

advance orders from the international book fairs for publication to proceed.

Many subjects in the book are inspired by



familiar objects and local themes and The Art of Drawing shows you how to use a few simple strokes, shapes and shades to draw almost any subject you like,

from a piece of fruit to a detailed landscape. Each exercise is broken down into easy steps so that, even if you are new to drawing, you'll be amazed at the results you can achieve.

"It's a bit different to my familiar, detailed style" says Vivienne "but uses the same techniques I normally employ, it's just that the subjects are simplified and easier to draw."

The Art of Drawing covers a complete range of subject matter, from basic exercises in line and tone, to still life, landscapes, animals and human portraits. At every stage, the reader will be shown the stages of drawing and be inspired to put pencil to paper.

Readers are not expected to have a background in art, a detailed knowledge of artists or anatomy, just a willingness to learn and experiment, to see the world in a different light, and to simply have fun.

"My brother, John, inspired a couple of sketches and I wrote the early chapters when I was visiting him in hospital," said Vivienne. "I included a lighthouse because this was one of his favourite things, and the nightscape is a scene from his home town, Edinburgh. There's also a detailed portrait of him in the

dedication, of which he was very proud."

"Other sketches are inspired by personal still life objects, friends, and their animals. Local livestock play a part too - fine Plasketland Ayrshires belonging to Annabell and Rodney Armstrong at Goodyhills, a couple of Herdwicks from Borrowdale and Swaledales from Ravenseat. Some of

APPLY NOW for a stall at the Food & Craft Marquee on Silloth Green Sunday 3rd September 2017

Name:

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What are you selling:

The non-refundable cost of a 6ft table is £20. Please make cheques payable to: Mrs J Hayton, 1 Wigton Road, Silloth, CA7 4NJ Tel: 016973 33163 Mob: 07808 921383 Email: june@hayton74.freemove.co.uk

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10/11/12 November 2017

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- Madison •
- Stirling Austin Band •
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WEEKEND TICKETS £55pp
 Friday Night: £20pp
 Saturday (All Day): £30pp
 Sunday (All Day): £20pp

Full info available online: www.stanwix.com/entertainment/events

www.stanwix.com / 016973 32666

Free Benefit Advice for Carers

West Cumbria Carers are celebrating securing benefits for local carers! Since July 2016 the Benefits Clinics have successfully supported over sixty carers secure benefits for themselves or the person they care for.

Our Benefit Support Worker explains 'Navigating your way through the benefits system understanding entitlement and completing paperwork is complicated and time consuming. A real headache for busy, stressed carers.'

The additional costs involved when living with illness or disability can cause people to struggle financially, the money you may be entitled to can make a huge difference.

If you need any help applying for benefits such as Carers Allowance, Attendance Allowance, Personal Independence Payment or Disability Living Allowance (child under 16) then book an appointment at one of our FREE Benefit

Clinics.

The clinics run monthly in libraries across West Cumbria including: Maryport Library on the 3rd Thursday of the month. Silloth Library on the 2nd Wednesday of the month. Wigton Library on the 4th Thursday of the month.

For a full list of venues please visit our website - www.westcumbriacarers.co.uk/for-adult-carers/benefits-clinics/

In addition we can provide information about Council tax discounts, health benefits, Social Fund Payments, funding, grants from appropriate charitable trusts and benevolent foundations and discounts from local businesses, leisure facilities etc.

If you are a carer and would like to know if you are entitled to any of the benefits listed above call Lynne Christie-Quinn on 01900 821 976. Lynne can then book you into an appointment at your nearest clinic.

Holme Cultram Abbey Restoration

Report by: Will Tillotson

Work is about to begin on the final phase of restoring Holme Cultram Abbey.

The twelfth century building was wrecked by an arson attack in 2006 and didn't reopen until September 2015.

The interior of the church and the roof have already seen considerable work done.

Now the entrance is going to get some much needed attention. The limestone floor that covers the body of the church is being extended into the porch which, at present, is a simple concrete screed which was laid after the fire.

In addition to that the ceiling that separates the porch from the rest of the tower is being removed to reveal the roof space.

Chris Spencer is the Project Manager for the Heritage Lottery funded Solway Wetlands Landscape Partnership, which has been working with the Carlisle Diocese and the local community to make improvements to Holme Cultram. He said visitors will see a real difference: "Taking out the ceiling will allow two big windows in the upper part of the tower to let more light into the space. People will be able to see the new



oak timbers in the tower roof as well. It will make the porch a much more welcoming entrance to the church'.

In another aspect of the project, the body of the tower is going to be lit to highlight architectural features and the balcony which runs across the back of the church is

going to be opened to the public.

It is having a new balustrade fitted and the spiral staircase leading to it is getting new lighting.

Chris said this final phase will add even more to visitors' experiences of the church. "Once the balcony is opened

up it will offer a wonderful view of the new roof as well as down to the new floor. Work should be finished by mid May and there will be access to the church while it is going on. Everyone involved is very excited that the church is finally going to get the entrance it deserves."



Anti-Social Behaviour in Silloth

Report by: PCSO 5238 Hannah Donaghee

Police have received reports over recent weeks of Anti-Social Behaviour in Silloth.

These reports have included vehicles being driven in an anti-social manner on The Green which has resulted in damage being caused to the grass. Rubbish has been dumped in the area and broken glass has been found amongst the compost

in the newly created compost area at the Pines. The composting area was created as part of the Britain In Bloom activities undertaken by local volunteers who freely give their time to make the area attractive for all. It would appear that the glass found in the compost bin is as a result of a deliberate and reckless act. This has not only rendered the compost contaminated and unsafe to use but it could also cause injury and serious harm should anyone come into contact with it and cut themselves.

Vehicles being driven in an anti-social or dangerous

manner is a serious offence and anyone found doing so will be dealt with accordingly. This can include vehicles being seized. These areas are for the use of the public and this kind of behaviour is unacceptable and will not be tolerated. Police would urge anyone witnessing such acts to call 101 to report it and give as much detail as possible, including vehicle registrations and names of persons if known.

Incidents of fly tipping can be reported to Environmental Health. Reports made to the Police can be done so anonymously if preferred.



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May 4th Elections

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Silloth Green Day

28th May 2017 11.00am - 4.00pm



Live Music - Fun Fair - Donkey Rides

Face Painting - Local Crafts - Fairy Fun

Circus Skills - Balloon Modelling

Family Dog Show - Bring Your Dogs

Birds of Prey & Mobile Zoo

& Much Much More.....



New £2M RNLI Lifeboat for Workington



Photo copyright 40/20 Pix

New Shannon class 'Dorothy May White' in the foreground being escorted to Workington by the retiring Tyne Class lifeboat

The charity's new £2M lifeboat has been part-funded by a generous legacy from Mrs Dorothy May White (the lifeboat will be named Dorothy May White), a substantial donation from The Sir John Fisher Foundation and an RNLI fundraising appeal which launched in June 2016.

Tim Chittenden, RNLI Volunteer Lifeboat Operations Manager at Workington, explained: 'The arrival of our new Shannon Class lifeboat has been much anticipated and it promises to be a truly historic

occasion. It would not have been possible without the phenomenal support that our fundraising appeal received from the local community and businesses and indeed from people far and wide. Thanks must also go to our volunteer fundraising committee and everyone at the charity's lifeboat station who has worked tirelessly for the appeal. Our new lifesaving vessel has also only been made a reality through various generous donations and of course the vital legacy from Dorothy May, after whom the Shannon is named.

Workington RNLI's Volunteer Coxswain, John Stobart added: 'Naturally we'll miss our current all-weather lifeboat Sir John Fisher but we're also excited about receiving a Shannon, whose advanced technology means we'll be able to reach people a lot more quickly and further off shore. Our volunteer crew can't wait to start their new chapter of lifesaving with the Shannon and we've really enjoyed our recent training ahead of her arrival. The state-of-the-art vessel is 50% faster than our current all-weather lifeboat.'

Arthritis Support Group

Report by: Gladys Temple

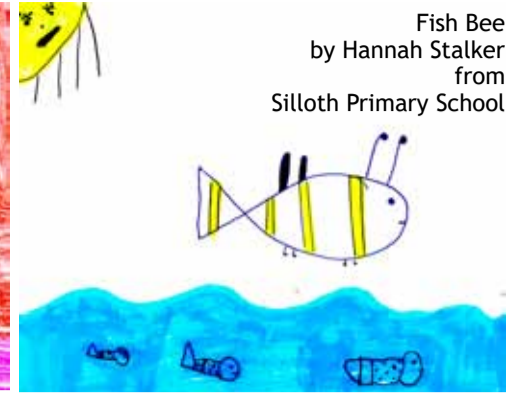
Eleanor Hodgson welcomed several new members to the April meeting and introduced Fiona Hodgson from J'adore Beauty who spoke about the various beauty cosmetic enhancements she is able to do. Glynis McKie volunteered to answer all the questions to find out which colours are most

suitable for her. Fiona had a chart of colours and told out of about 136 there are about 34 which are suitable for one person. Glynis was shown which were best for her and then Fiona went on to use the makeup most suitable for her skin tone. The result was dramatic showing the result which can be achieved with the correct

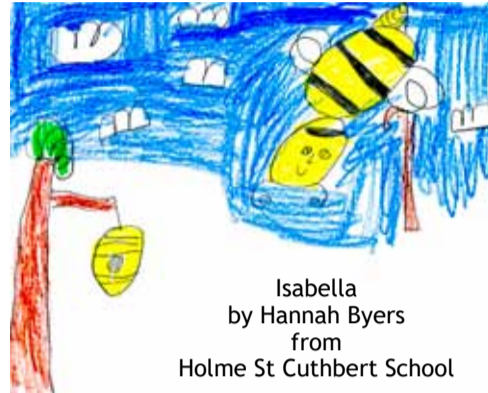
colour. Eleanor thanked Fiona for a very interesting talk. Joan Armstrong and Carol Lymphony served the refreshments and the raffle was won by Carol. The next meeting is at Fair View Court on Friday 5th May at 1:30pm.



Bath Baby Bee by Erin Frith from Silloth Primary School



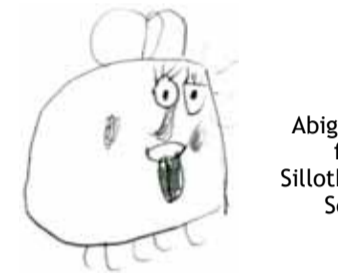
Fish Bee by Hannah Stalker from Silloth Primary School



Isabella by Hannah Byers from Holme St Cuthbert School



Princess Bee by Tilly Allen from Holme St Cuthbert School



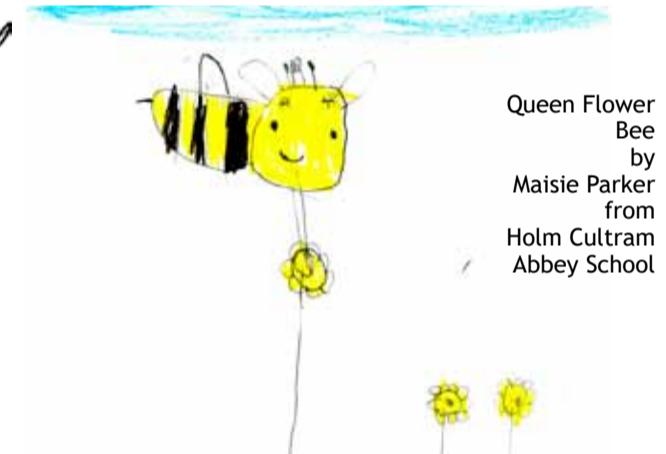
Bee by Abigail Ward from Silloth Primary School



Tez Bee by Jersey James from Silloth Primary School



Super Shield Bee by Kristan Scott from Silloth Primary School



Queen Flower Bee by Maisie Parker from Holm Cultram Abbey School

SUNDAY 28TH MAY
ANNAN HARBOUR ACTION GROUP KAYAK DAY

RIDE THE TIDE

International Cross Solway Sea Kayak Challenge

Silloth - Annan Harbour
10 Miles Tide Assisted

MORE INFO

www.annanharbouractiongroup.btck.co.uk

THE CHARITY SHOP

(Good Causes, Silloth) Eden Valley Hospice
1 Queen's Court Marie Curie Cancer Care
Criffel Street North Lakeland Hospice at Home
Silloth Macmillan Cancer Support
Tel: 016973 31696 Contact: Denise Poland on 07736 386093
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Silloth Vintage Rally

Sat 10th & Sun 11th June 2017

This fantastic annual two day event is held on Silloth Green, in the Victorian seaside resort of Silloth-on Solway. There is something for all the family and the event is free of charge to visitors, making this a really popular rally.

Free Camping for Exhibitors

- Steam engines
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ALLONBY ARTEX 2017

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28th to 31st July

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Beerfest Tickets On Sale

All Silloth Music & Beer Festival tickets are now on sale.

Don't miss the great sounds from some great tribute acts and many wonderful local bands as well as an enormous selection of the best beers and ciders, etc.

The full four-day weekend ticket is £59. Thursday 7th September is £12, Friday 8th September is £24, Saturday afternoon ticket is £12, Saturday evening ticket is £24, and Sunday is £12.



There are also wonderful accommodation deals at both Stanwix Holiday Park and the Solway Village.

The tickets can be purchased from Winters Newsagents in Silloth, the Carnegie Theatre in Workington or from www.ticketweb.co.uk/artist/silloth-festival-tickets/966314.

Michael Raising Funds for the Gurkha Welfare Trust



Michael pointing out the distance to Nepal

Michael Faulkner of Abbeystown is bumping into a couple of anniversaries shortly that have nudged into him fundraising mode.

Sixty years ago he was serving in Malaya with the 1st King's Dragoon Guards and sharing barracks with the Gurkhas for 16 months. The respect and admiration he built up for them over that period has stayed with him for life.

This year Michael is president of Port Carlisle Bowling Club and has decided to dedicate this summer to fundraising for the Gurkha Welfare Trust which is based in Winchester.

The work they undertake supporting veterans and their families is continuous and unstinting; particularly the rebuilding of houses, schools, water supplies and other vital infrastructure since the two devastating earthquakes that hit Nepal two years ago. The comprehensive work that

the Gurkha Welfare Trust complete is well documented on their website www.gwt.org.uk and they also have a Facebook page: <https://www.facebook.com/gurkhawelfaretrust>.

Any help you can give will be greatly appreciated and donations can be made by visiting Michael's Virgin



Thank you for putting a smile on the face of Gurkha veterans in Nepal

Give to the Gurkha Welfare Trust through Michaels' collection page: uk.virginmoneygiving.com/bowlingforthegurkhas or at any branch of the Cumberland Building Society

Money donation page – <http://uk.virginmoneygiving.com/bowlingforthegurkhas> or at any branch of the Cumberland Building Society, where a dedicated account has been set up (Bowling for the Gurkhas).

Previously, Michael raised over £1,400 for

JIGSAW Children's Hospice and Silloth RNLI.

In 2014, you may remember he painted his nails an array of different colours for sponsorship.

Oh, by the way, the second anniversary is Michael's 80th birthday in early May.



Michael in Malaysia sixty years ago where he served beside the Gurkhas

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DERWENT PATCHWORKERS

Present

A Maytime Quilting Exhibition

Sunday April 30th & Monday 1st May 2017
10am - 4pm

At Allhallows Community Centre
Fletchertown - The Old Village School

Just off the A595, Carlisle Road at Mealgate, SatNav Post Code: CA7 1BS

Admission £2.00 (Includes a cup of tea/coffee)
Children Free

Items for sale - Raffle - Tombola - Traders Table

Light Lunches - Snacks - Home Bakes - Available all day

Disabled Access and Ample Free Parking

Ukulele Concert and Singalong with the Ukes of Allonby

- all 18 of them give or take a few!

Saturday 6th May at 7.30pm,
Culterham Hall, Mawbray,
Tickets £6 to include soft drinks, nibbles and song

The Allonby Ukulele group will be coming along to perform at a concert / Singalong. You may either, dust off your own ukulele and bring it along to join in, sing along from the song sheet or just sit back and enjoy the fun. Cabaret style seating, there is no bar so you may bring your own drinks and preferred eats if you wish.

To book ring Lynda Bailey on 01900 881737, text to 07926810074 or email lyndaannbailey@gmail.com
All proceeds to Village Hall funds

Copy Date



Copy date for the June issue is: **1st May 2017**

If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest mobile van will be outside Silloth Community Centre on Mondays from 1pm to 2:15pm and Fridays from 9:45am to 11:30am.

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Bridge Group

Meet on Wednesday evenings from 7 till 9pm, at the Golf Club to play Duplicate. Information from mike.md@btinternet.com.

Slimming World

Saturday Slimming World group in Silloth Primary School at 9am then the second group at 11am Tuesday Slimming World group at Silloth Primary School at 7pm Tel Denise on 07799 708465.

Christ Church

For Christ Church baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Abbeytown Library

Abbeytown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Production Team

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Email: office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us. When sending articles in, please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Dates for the Diary

April

26th Police Desk Drop-In at Silloth Library, 2pm to 4pm

May

3rd Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am Tel 016973 52527

6th Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

6th Ukulele Concert & Sing-along with the Ukes of Allonby in Mawbray Village Hall at 7:30pm. Tel Linda on 01900 881737 to book

8th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

9th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

9th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

10th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

13th Craft Festival in Allonby Village Hall in aid of Knoxwood Wildlife Sanctuary 10am to 4pm

13th Annual Presentation Night for Silloth Amateur Football Club in Silloth Rugby Club at 7pm with live music & buffet

13th St Andrews Church Cockermouth Ukulele Band 60's music + food, 7pm-9:30pm

14th Craft Festival in Allonby Village Hall in aid of Knoxwood Wildlife Sanctuary 10am to 4pm

19th The Origin of Nursery Rhymes, a talk by Pat Martin from 2pm to 4pm in Culterham Hall, Mawbray, £6 inc Afternoon Tea. Booking Essential, T 01900 881353 or 01900 881343

20th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

23rd Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

23rd Blencogo Gardening Club in Blencogo Village Hall at 7:30pm, open to all £3, talk on ponds & water features

28th Silloth Green Day

28th Ride the Tide sea kayakers leave Silloth Prom at 1pm to Annan Harbour

28th Plant & Craft Fair in Mawbray Village Hall from 10am to 4pm, Tea Room Open

29th Abbeytown Duck Race 1pm at The Big Beck

31st Police Desk Drop-In at Silloth Library, 2pm to 4pm

RNLI Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS

May weekends

Saturday 1pm - 4pm

Sunday 11am - 4pm

Bank Holiday weekends

Saturday 11am - 4pm

Sunday 11am - 4pm

Monday 1pm - 4pm

Our shop is entirely staffed by volunteers and may not be open at the advertised times - we do apologise for any inconvenience this may cause.

June

3rd Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

3rd St Andrews Church Bingo 2pm-4pm

5th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

6th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

7th Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am Tel 016973 52527

7th Silloth A.F.C. AGM in Silloth Bowling Club at 7pm

9th Solway Plain Artists Window Weeks in Silloth

9th SSW7 at Stanwix Park

10th Solway Plain Artists Window Weeks in Silloth

10th Silloth Vintage Rally

10th SSW7 at Stanwix Park

11th Solway Plain Artists Window Weeks in Silloth

11th Silloth Vintage Rally

11th SSW7 at Stanwix Park

12th Solway Plain Artists Window Weeks in Silloth

13th Solway Plain Artists Window Weeks in Silloth

14th Solway Plain Artists Window Weeks in Silloth

14th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

15th Solway Plain Artists Window Weeks in Silloth

16th Solway Plain Artists Window Weeks in Silloth

17th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

17th Solway Plain Artists Window Weeks in Silloth

18th Solway Plain Artists Window Weeks in Silloth

19th Solway Plain Artists Window Weeks in Silloth

20th Solway Plain Artists Window Weeks in Silloth

20th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

21st Solway Plain Artists Window Weeks in Silloth

22nd Solway Plain Artists Window Weeks in Silloth

23rd Ragnarock Rally 4 at Silloth Rugby Club

23rd Solway Plain Artists Window Weeks in Silloth

24th Ragnarock Rally 4 at Silloth Rugby Club

25th Ragnarock Rally 4 at Silloth Rugby Club

Errors do occur in Dates for the Diary. Please check before attending an event.

Wednesday Bunch

Silloth Evangelical Free Church, Eden Street Wednesday Bunch. at 5pm every Wednesday, (except in school holidays) Fun, bible stories, quizzes, craft, games for 5-11s

July

1st Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners

1st St Andrews Church American Night with food and Country Music by Cockermouth Ukulele Band 7pm-9:30pm

3rd Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

4th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

5th Police Desk Drop-In at Silloth Library, 2pm to 4pm

5th Parkinsons UK Group meeting, lunch and a natter in Wheyrigg Hotel at 11:15am Tel 016973 52527

8th Free Barbecue with Churches Together from 11am to 3pm at Aspatria Community Centre, all welcome

12th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

14th Summer Concert by Christ Church Men's Choir

15th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

18th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

25th Blencogo Gardening Club in Blencogo Village Hall at 7:30pm, open to all £3, talk on Gardening for health

28th Allonby Artex 2017 in Allonby Village Hall

29th Allonby Artex 2017 in Allonby Village Hall

29th St Andrews Church Bingo 2pm-4pm

30th Allonby Artex 2017 in Allonby Village Hall

31st Allonby Artex 2017 in Allonby Village Hall

August

1st Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

2nd Parkinsons UK Group Eddie's ramblings and lunch in Wheyrigg Hotel at 11:15am Tel 016973 52527

5th Abbeytown Carnival

Breast-feeding Group

Mondays 10am to 11:30am Wigton Bowling Club, West Road, Wigton Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

Wigton Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For further information please contact: Gill Edmondson Tel: 016973 71696

August cont'd

8th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

9th Police Desk Drop-In at Silloth Library, 2pm to 4pm

12th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

12th Free Barbecue with Churches Together from 11am to 3pm at The Abbey, Abbeytown, all welcome

15th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

25th Solfest

26th Solfest

26th St Andrews Church Strawberry Cream Teas 2-4pm

27th Solfest

28th Silloth Carnival

29th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

September

2nd St Andrews Church Bingo 2pm-4pm

4th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.



Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm, details from Gladys 016973 43964

Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Other Room usage is subject to fulfilling certain criteria and must be arranged and pre booked.

Contact numbers: Silloth 016973 31509 Wigton 016973 43870 Aspatria 016973 23401

Martial Arts

Silloth Dragons Mixed Martial Arts Club train in Christ Church Hall on Thursdays under 12's 6:45pm to 7:30pm 12's & over 7:30pm to 8:30pm Keep Fit 8:30pm to 9pm NEW MEMBERS WELCOME For further details contact Stephen on 07811 761033

Your Letters

Dear Buzz,

Memoirs of a Cumbrian couple. We retired 11 years ago and like most people we unearthed lots of "we must keep" items. I read with great interest a letter about Silloth in the Cumberland News dated 29-1-99. It is gratifying to know that my much loved and respected brother-in-law Teddy Baxter was remembered for his wonderful act of spontaneous courage. The names that were mentioned by Robert Bell sparked off such memories for myself and husband Joe Baxter that I felt I had to write to you. We talked about our teachers at the then Silloth Secondary School, about how we held our Head Master, Mr Johnston in such high esteem, Miss Smith (affectionately know as 'Tizzy' our Head Mistress). Mr Liverick (Harry) Mr Trotman, Miss Hazelwood, Miss Cooper, Miss Hoodless and of course Joe remembers Mr Donald Waugh, Mr Todhunter, Miss Wallace, Miss Storey and Mrs Hurst from 'the juniors'. We had several hours of "can you remember" ie when the sun started to shine the very Friday we broke up for our Summer holiday and shone for the entire six weeks (did it really)! We remember the school Panto when all the teachers took part. The houses at school, Border - Eden - Skiddaw - Solway. Do you remember the pigs? We all had to take turns in looking after the pigs and the pig-sty! We are part of that great exodus that Gus Proud mentioned. We came with eleven other families when Fisons closed in Silloth to Immingham in N.E. Lincolnshire in 1962, we have lived here almost 55 years and still say 'we are coming up home' when we visit our relatives. I was born in 1940 in the small hamlet of Abbey Cowper. We moved into Abbeytown when I was 8 years old.

My sister Eileen who lives in Abbeytown sends us the Buzz regularly. We both read it cover to cover and always find something of interest to talk about. When we bought our first house we named it "Solway". We had a lovely plaque made depicting the Solway Firth, that has gone with us on several moves and when we decided to buy what was 'Immingham Conservative Club' we named that 'The Solway Club'. Even though we brought our lovely name plaque with us, the new owners asked if they could keep the Trade Name so a little bit of Silloth-on-Solway still lives on in N.E. Lincs. We come up home as often as we can, our family and extended families often have their holidays in the area.

Hazel and Joe Baxter

Dear Buzz,

Thursday May 4th 2017 is the day when local communities vote for the person they want to represent them as their Cumbria County Councillor. During the run up to this election you will receive a selection of leaflets from prospective Candidates and political parties suggesting their aspirations for the area and offering numerous services they will address if elected to the council. As a local resident and your local Cumbria County Councillor I am extremely passionate about the area we all live and work in. I have met, listened and worked alongside the various parishes and communities that make up our wonderful area of Silloth and The Solway Coast and I understand the issues that we all have to endure, none of us like some of the conclusion's that come from various local aspirations but having the knowledge and ability to track down and understand these conclusions is something

I have learned as a Councillor. As your local councillor I look back at what has prospered in our area, I am proud to have been able to head up the team which has delivered these improvements, none more so than continuing to achieve Best Coastal Town in Cumbria and various community awards for Silloth, I fully believe in change when required but it must be what the communities desire and be for the better and good of the area and environment. When given a project or task to do, I have always delivered and will continue to do so. Being a member of a Political party makes this job more achievable, that is why I stand as a Conservative Candidate. I firmly believe in addressing the views of local residents, the importance of rural areas, supporting the local economy and continuing to develop and enhance the area. May I respectfully ask for your support on Thursday May 4th. I will continue to work to the best of my ability for Silloth and The Solway Coast Area.

Vote
Tony Markley
Conservative Candidate

Dear Buzz,

Lost Signet Ring

I was in Silloth on April 15th to help out with the church coffee morning and sale in aid of church funds. I was in Silloth all day, and the ring was lost during that day. Friends have checked the church hall with no result. It is a gold signet ring with the initials J.R., and is of great sentimental value, as it belonged to my husband who died 16 months ago. If found, please ring June on 01228 319795 or 07930 982008.

June Wilkinson

Poems

The Charity Shop Volunteer
by Mrs J Bailey

I've been asked to pair up some needles for sale,
I've paired and I've paired 'til my eyeballs turned pale.
Now all I need to find is a knitter,
So don't mix them up or my mood will turn bitter.
If you don't upset me and fill me with rage,
I'll pair up some more with my needle gauge.

A Lazy Man
by Penny Stimson

My friend had lost her husband
Who never did a thing
But sat upon his rear
And asked for everything.

Expecting her perhaps to cry
She smiled at me and said,
'I'll make the devil work for me
Now that he is dead'.

My mind was in a turmoil
What ever would she do
What terrible thing could she devise
To put that poor slob through.

On my next visit to her home
A brass hour glass I could see,
'There'. She said with great delight.
'Now he will work for me'.

Read a Book at Bedtime to Help Children Sleep

Bath, Book, Bed is the answer all parents and carers of young children have been looking for and puts stories firmly at the centre of a good night's sleep.

All parents/carers worry about getting young children to sleep at night and of course getting enough sleep themselves. But it doesn't have to be a bedtime battle! Reading a book before bed as part of a regular nightly routine is the perfect way to get your little one ready to visit the land of nod. 'Bath, Book, Bed' is all you need to remember!

The UK's largest children's reading charity - BookTrust - have launched a free new booklet featuring the top tips and advice of TV parenting expert Jo Frost as part of the campaign.

Research shows that bedtime routines are associated with improved sleep in young children. Benefits include earlier bedtimes, shorter amount of time in bed before falling asleep, less night-wakings and longer sleep duration. And regular language-based bedtime routines such as singing, reading, or storytelling are associated with children's increased sleep duration and improved cognitive skills.

But it doesn't stop there. The same routine every night involving a story and shared reading won't just help them fall asleep - it will also feed their imagination, creativity and confidence. Children who are read to every night start school ahead of those who aren't - and the gap only widens as they get older.

Parents and carers can pick up their free copy of the new Bath, Book, Bed booklet from libraries across Cumbria, and check library Facebook pages for details of what is going on in your area. The booklet can also be downloaded from the BookTrust website which features a Best Bedtime Books list and has more ideas, guidance and practical tips on ensuring stories are part of every child's bedtime routine. Many of the books are available in Cumbria libraries, where they can be borrowed free of charge. It is also free to join your local library.



Where's
Walbee
by
Lola
from
Silloth Primary School

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SHOP WINDOWS FROM
9TH TO 23RD JUNE

DO YOU HAVE A POEM OR LETTER FOR THE BUZZ?
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Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
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sillothgolfclub.co.uk
vintagerally.co.uk
sillothbeerfestival.co.uk
silloth-on-solway-tc.gov.uk
visitcumbria.com/wc/silloth
soldiersinsilloth.co.uk
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Polo Shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on page 10 and a quality Solway Buzz embroidered Polo Shirt from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to the Buzz, our address on page 10.

This month the winner is Ollie Taylor from Holme St Cuthbert Primary School with a bee drawing called "Gary Bee".

Well done!



Silloth Local Link Library & Tourist Information

Opening Times

Monday 10-1pm 2-4pm
(Library Open Until 5pm)

Tuesday CLOSED

Wed 10-1pm 2-4pm
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Saturday 10-1pm

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Molasses Arrive at Silloth



ZAPADNY, a familiar sight at Silloth Dock

Report & Photos by: John Forrester
More coverage of shipping at Silloth can be found at www.cumbriashippphotos.weebly.com

Regular walkers along the road to the South Beach, or members of the Golf Club, may have spotted the green hull of molasses tanker ZAPADNY moored on the far side of the dock from time to time. Her unpronounceable name is in common use for towns in southern Russia. She's a familiar sight in Silloth visiting every two months with a cargo of molasses for Caltech's dockside production unit. Here, molten molasses are pumped from the ship into storage tanks before being blended with vitamins and minerals to produce blocks of 'Crystalyx' animal feed supplement; a common sight in sheep and cattle pastures.

Molasses are obtained as a by-product of sugarcane or sugar beet refining. Produced in huge quantities in such diverse areas as Central America and India, they are traded as a worldwide commodity. ZAPADNY picks up her cargoes in Europe, typically from tank farms in Germany and Lithuania or by ship-to-ship transfer

in France and Holland. Other tankers of her class are capable of these deliveries but ZAPADNY appears to be the ship of choice for Silloth, based on her ability to discharge cargo efficiently. Molasses are a difficult material to handle. Heaters in the ship's hold maintain a constant temperature consistent with a stable fluid; lower than this, molasses become too viscous to pump, any higher and caramelisation can occur, with disastrous consequences.

ZAPADNY was built in 1988 and later modified to work as a modern molasses tanker. She is Ukrainian owned and crewed and registered in Belize City. At over



Molasses to Silloth

Tide Tables

MAY 2017		SILLOTH							
		DEPTH ON NEW DOCK GAUGE							
		High Water				Low Water			
Date		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1	M	02 49	7.0	15 21	6.8	09 56	-1.0	22 12	-0.6
2	TU	03 46	6.4	16 24	6.1	10 50	-0.6	23 07	-0.2
3	W	04 54	6.0	17 37	5.6	11 57	-0.3		
4	TH	06 11	5.6	18 57	5.4	00 18	0.1	13 12	-0.2
5	F	07 27	5.6	20 10	5.6	01 38	0.2	14 25	-0.3
6	SA	08 34	5.9	21 11	6.0	02 51	-0.0	15 32	-0.5
7	SU	09 29	6.2	21 57	6.3	03 55	-0.2	16 28	-0.7
8	M	10 14	6.4	22 37	6.5	04 46	-0.5	17 14	-0.7
9	TU	10 52	6.6	23 11	6.8	05 28	-0.6	17 52	-0.8
10	W	11 27	6.8	23 44	6.9	06 06	-0.7	18 26	-0.9
11	TH	11 59	6.8			06 39	-0.8	18 58	-0.9
12	F	00 14	6.9	12 31	6.8	07 10	-0.8	19 28	-0.8
13	SA	00 45	6.9	13 05	6.5	07 42	-0.8	19 57	-0.7
14	SU	01 19	6.8	13 38	6.4	08 14	-0.7	20 29	-0.5
15	M	01 53	6.5	14 13	6.1	08 49	-0.5	21 03	-0.3
16	TU	02 29	6.2	14 50	5.8	09 24	-0.4	21 38	-0.1
17	W	03 10	5.9	15 35	5.4	10 04	-0.2	22 21	0.2
18	TH	04 00	5.5	16 31	5.1	10 53	-0.0	23 17	0.3
19	F	05 04	5.3	17 42	5.0	11 55	0.2		
20	SA	06 18	5.3	18 59	5.2	00 27	0.4	13 08	-0.0
21	SU	07 28	5.6	20 06	5.6	01 42	0.3	14 19	-0.2
22	M	08 28	6.1	21 03	6.2	02 50	-0.1	15 24	-0.5
23	TU	09 22	6.6	21 53	6.8	03 53	-0.5	16 24	-0.9
24	W	10 11	7.2	22 39	7.2	04 50	-0.9	17 18	-1.2
25	TH	10 58	7.5	23 24	7.5	05 44	-1.2	18 10	-1.4
26	F	11 46	7.7			06 36	-1.4	18 58	-1.5
27	SA	00 10	7.7	12 33	7.7	07 25	-1.5	19 44	-1.5
28	SU	00 57	7.6	13 25	7.6	08 13	-1.5	20 30	-1.3
29	M	01 47	7.5	14 17	7.2	09 02	-1.4	21 15	-1.0
30	TU	02 38	7.1	15 10	6.8	09 50	-1.1	22 02	-0.7
31	W	03 34	6.6	16 09	6.2	10 42	-0.8	22 55	-0.3

Times shown in UTC. Add 1 hour for British Summer Time.



14 metre in width she is relatively broad in relation to her length and is one of the widest vessels to navigate Silloth tidal dock entrance on a regular basis. This design together with

her weight and absence of bow thrusters makes her difficult to manoeuvre. As recently as September 2016 she became grounded on a sandbank to the south of the dock entrance. No damage was suffered and she was safely refloated on the next tide and able to enter port. She is known to have had a history of 'incidents'. Back in 2011 serious damage was sustained to the hull after colliding with a floating dock on the Weser River in Bremen. ZAPADNY wasn't to blame however as she'd been forced off course by a passing vessel. Two months later after being repaired and fitted with new bow plates her first voyage was back to Silloth. The old lady seems unstoppable!

Phone Book

This section recognises those whose financial help keeps us going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £50 a year.

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- Dentist, Buchanan: 016973 31270
- Dentist, Steel: 016973 32042
- Doctor: 016973 31309
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- West Cumbria Carers 01900 821976
- Please, let us know what you want included, also any changes to numbers.

March Shipping at the Port of Silloth

Report by: Ian Macpherson, Deputy Harbour Master & Short Sea Pilot

Santa Helena arrived 28th February from La Pallice with French Wheat sailed 2nd March for Ellesmere Port. Isis arrived 1st March from Belfast to load fertiliser for Ramsey Isle of Man sailed 22nd March. Tinno arrived 23rd March from Ayr with part

cargo of Fertiliser and sailed pm 23rd back to Ayr to load coal. Zapadny arrived 27th from Bremen (via Felixstowe) with Molasses and sailed 28th to sea for orders. Holstentor arrived 31st from La Pallice with French Wheat and sailed 3rd April for Belfast.



Rounder Bee by Maisie Stalker from Silloth Primary School

Dementia Action Alliance

A new Dementia Action Alliance for Aspatria & District is moving closer with a launch date now agreed.

Aspatria Dementia Action Alliance brings together organisations and individuals to improve the health & social care outcomes for people living with dementia, their carers family and friends.

A recent study carried out by Dr Claire Kelly and Dr Richard Yarwood at Plymouth University into the experience of rural dementia identified four areas of concern including the farm environment which can have many physical hazards, a reluctance to ask for help, a lack of awareness of the support available and the considerable changes that are taking place in rural communities.

The study was supported by Ian Sherriff, Academic Partnership Lead for Dementia at the university and Chair of The Prime Ministers Rural Dementia Friendly Task and Finish Group funded by Seale Hayne Educational Trust and the Farming Community Network.

Dr Richard Yarwood, who was involved in the study indicated that types of support were often perceived as urban-focused and inappropriate for people



Brenda Gear, Hazel Stewart, Phill Roberts, Valerie Ayre, Claire Ruddick & Marie Rose

who have lived and worked outdoors all their lives and have been very independent. Pride, a tradition of self-reliance and a desire for privacy also often prevented people asking for help.

Aspatria & District Dementia Action Alliance will invite people from several organisations to share their experience, research and learning with the Aspatria and wider rural community at the launch day.

Phill Roberts (Chair, Aspatria Dementia Action Alliance) said: "Dementia is having a devastating impact on our communities and there is now evidence that the impact on our rural communities will be greater

given that there are more elderly people living in rural areas. The launch of the Aspatria Dementia Action Alliance will ensure that we can develop a Dementia Friendly Community to meet the needs of those with a diagnosis and their carers who are often family and friends. I would urge people to become a Dementia Friend and for all businesses to consider becoming Dementia Friendly Businesses"

Anyone interested in supporting this important initiative is welcome to attend.

Please contact Phill Roberts on 016973 21609 or 07730 284529 or phillroberts1@aol.com.

£5M funding Available

Applications for LEADER grants are invited from rural businesses, farmers, foresters, growers, landowners, tourism providers as well as voluntary and charitable organisations.

Capital funding is available to support a wide range of activities including:

- New farm technologies to improve profitability and sustainability.
- Micro and small rural businesses, including community and social enterprises, to start up and grow and to provide improvements in productivity and efficiency.
- Farm diversifications including adding value to farm produce and diversification into non-farming activity.
- Small scale tourism projects, such as new and existing visitor attractions, accommodation and activities.
- Enterprising community projects such as multi use space hubs for key services, innovative technologies and products, small scale community infrastructure projects.
- Forestry investments in new machinery and equipment and to add value to forestry products.
- Culture and heritage projects including restoration and conservation of buildings,

enhancement of cultural activities etc.

Priority will be given to projects that create jobs, help your business to grow, and which benefit the wider rural economy.

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Fells and Dales Local



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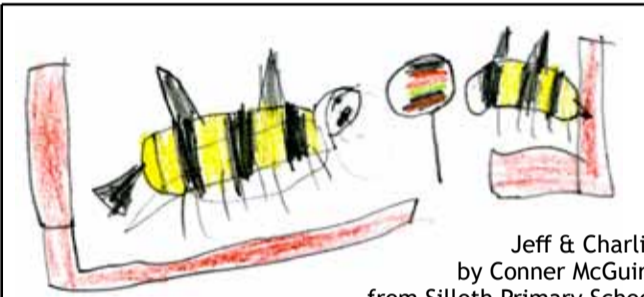
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Action Group joint chairs, John Turner of Lonsdale Estates and Steve Ratcliffe of the Lake District National Park Authority, said: "The LEADER programmes continue to support the county's rural areas in ways which respect both its distinctiveness and diversity, and they help build stronger, more resilient rural communities."

Solway, Border and Eden Local Action Group joint chairs Brian Armstrong, a local farmer who also represents The Farmer Network and Rob Randell, Cumbria Social Enterprise Partnership Chair, said: "We are looking for innovative ideas and projects which will be a springboard for job creation and economic growth."

To find out if your project is eligible for funding, how to apply and examples of previously funded projects please visit the LAG websites: www.sbeleader.org.uk and www.fellsanddales.org.uk.



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Captains Drive-In at Silloth Golf Club

Report by: Tim Carr

Every March the annual Captains Day Drive-In marks the official start of the years' golfing season.

Despite horrendous weather on the day, turn-out of supporters was excellent for all three Captains.

As is sometimes the case, Silloth weather can be challenging and this particular Captains Day Drive-in was initially played in high winds and sometimes driving rain before easing as the day went on.

This year's three Captains – David 'Bo' Beeby, Margaret English and Emily Smith took on their Vice Captains Mark Smith, Hannah Smith and Charlie Carr in the traditional match play team event very similar to the famed Ryder cup format.

With the teams carefully selected all involved waited

for the day to come and Captain Beeby struck the first shot of the day paired with his son. The men bore the brunt of the driving rain and the match turned out to be a nip and tuck affair.

At the end of it, continuing a very positive start to his Captaincy, the Captain's team triumphed by a single point. A very close run thing. Rumours swirled around the clubhouse that Vice-Captain Smith, thinking his team had won, had to tear up his prepared winner's speech and hastily re-write it to reflect defeat.

When asked for a comment regarding the match the Vice Captain simply said "I was robbed".

The wily, triumphant Captain had this to say however "Mark put up a valiant fight but came up just short. My last pairing were



the ace up my sleeve and they came up trumps. Sam Torrance gave me a piece of advice - 'Stack The Back' – and he was right.

A great day had by all with festivities running late into the night.

The lady Captain's drive-in pitted Captain Margaret English against Vice Captain Hannah Smith.

The match started at 11:30am and the support was excellent given the weather.

The deluge of rain that soaked the Club Captain's drive in earlier in the morning had subsided and the Lady Captain drove-in without waterproofs on.

A greensomes competition Captain versus Vice-Captain was played over twelve holes. The Captain and Vice-Captain managed to halve their match. The vice-captain's team came out the winner by 2 ½ to 1 ½.

Great to see Margaret at the helm and she will no doubt have a fantastic year as Captain in this the 125th Anniversary of the club.

Junior Captain Emily Smith was pitted against Vice Captain Charlie Carr and greensomes was also the



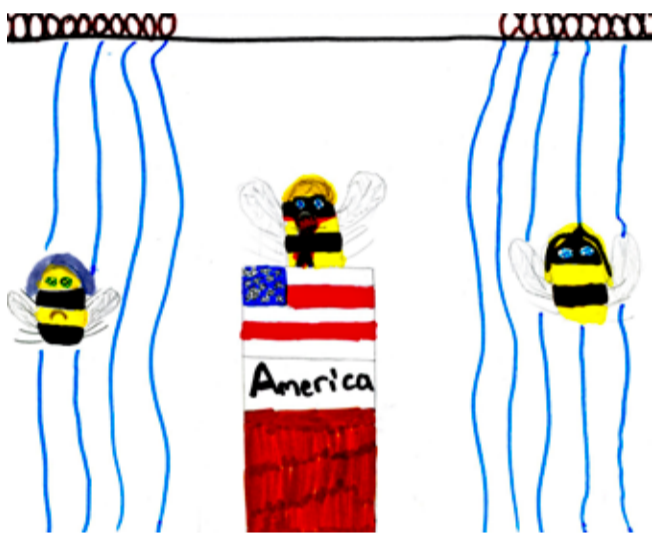
format for this match.

The Junior Section is resurgent and there is a buzz around the golf club

at present, so it was good to see Juniors supporting this event despite the weather. In a keenly contested match Emily was triumphant and she will clearly be a good Captain and role model for

the up and coming junior players.

Special mention to Bev New, Nicola Cusack and their team for the tremendous work and effort in promoting Junior golf at this fine club.



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by Millie Harrison from Holm Cultram Abbey School

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125th Anniversary Flag Raising Ceremony at Silloth-on-Solway Golf Club



Report by: Alan Oliver

On Saturday 1st April the club held the first of the 125th anniversary events at the club. The flag raising ceremony took place in beautiful sunshine and with an amazing turnout of people of all ages.

The event was quite a simple concept really, ask a lot of members and guests to come to the club and hoist the new 125th anniversary flag and hey presto! The event was much more than that though and it was one of the best events at the club for a long time. There were photos and artefacts from the club's history on display throughout the club and our superb caterers provided a wonderful buffet, there were even some free drinks available too. It was the people who made the event.

Our junior section were pivotal in the event and with the expert guidance of PGA professional Bev New and assisted by our junior organiser Nicola Cusack this section goes from strength to strength. We now have dozens of eager keen juniors showing a real passion for golf and Bev and Nicola have done a great job with this. It was fantastic to see so many members, guests, past club and lady captains and juniors involved in the ceremony. Our Club Captain, David Beeby and Club President, Peter Cusack spoke very passionately about the club and how proud they were to see so



Club President Peter Cusack along with Captain David Beeby gave the Anniversary speeches

many people all sharing the same love for our golf club.

The event was a real celebration of all that is great about Silloth on Solway Golf Club. It was a look back at the first 125 years of the club and a glimpse of what the next 125 years has in store.

Seagulls 6th in League

Report by: Colin Baty
Photos by: Dan Dockera

Hi readers here is the latest roundup of results played by Silloth A.F.C.

First up was the Semi Final of the Ken Glover Shield on 18/3/17 away to Workington Athletic. Silloth had a few players missing but still managed to put out a good, large squad that could compete against the League Leaders. Unfortunately Silloth got off to an awful slow start and were 4-0 down within the first 20 minutes. Lewis Little got one back before half time for his first goal for Silloth and Nico Watt scored 2 more goals in the second half, but this was between Athletic also scoring and the final score was a defeat 7-3, man of the match was Nico Watt, lets move on. Lewis Little was named Player of the Month for March.

And so on 1/4/17 we were at home to Aspatria in the Semi Final of the Benevolent cup (our third of the season). And a bizarre game took place, with Silloth falling behind early 0-2. Luckily a couple of changes allowed Silloth to inject a bit of urgency into procedures and Andrew Trestianu with 2 goals, Adam Carr with his 20th of the season and a Nico Watt penalty got them into the lead before half time 4-2. Aspatria got one back in the second half but Reece Blake scored and Graeme Dixon got his first 2 of the season for Silloth to win 7-3. Man of the Match was Kieran Little.

Then on 8/4/17 we were at home to Netherhall in the League, hoping to keep the pressure on with a win to keep the Title hopes alive. Alas as in the game away, Silloth could not take numerous chances against their excellent 'keeper and Netherhall caught us out in the second half with dangerous balls into the box which weren't defended and we lost 0-2. Man of the Match was Dan Foster.



Silloth hosted Aspatria in the League at home on Wednesday 19/4/17. In a fiery affair, Silloth took a 2-0 lead with goals from Adam Carr and Andrew Trestianu, but a momentary lapse allowed Aspatria to get one back to make it 2-1 at half time. Unfortunately Silloth were to suffer a sending off along with Aspatria and Silloth received three other yellow cards as the Referee and Assistants lost control and didn't punish the Aspatria players for their last man fouls on two occasions. With them being allowed to have 10 men on the pitch they turned it around to win 2-3. Man of the Match was Carl Lightfoot.

Just to let everyone know, we have three fixtures coming up that are scheduled and barring any more postponements by future opponents. On 29/4/17 we are away to Workington Athletic in the League.

On 6/5/17 we are in the final of the Peter Dawson Benevolent Cup against Bransty Rangers to be played at Egremont, there is a bus going, priority will be for the players, management and squad. And our final League game will be at home to Mirehouse on 13/5/17.

Silloth A.F.C. Annual Presentation Night will be on Saturday 13/5/17 in Silloth Rugby Club, we are hoping for a good turn out of people to celebrate our season and hope a lot of people can attend. Live Music and buffet is available.



Abbeytown Football

Report by: Paul Harrison

On Sunday 2nd April Abbeytown girls had three teams in the county semi finals.

The under 14 were at Whitehaven in the county cup trophy, a good season so far with a very young under 14 team (8 girls available to play next year), they beat Whitehaven 5-0 with two goals for the experienced Katie Kyfyn, a goal each for the Carr twins Amy and Lucy, and the final goal scored by striker Carley Walsh to finish a very solid team performance. The team is also in the Brunton Park u14 final and sit second in the league.

Abbeytown u12 travelled to Penrith to face Castletown in the u12 shield coming away 3-1 winners. Early pressure gave Abbeytown a corner and a planned move to Grace Miller hit the post from 35yds, the very next corner gave makeshift striker Caitlin Harrison the chance of a sharp shot which nestled in the corner of the goal, things were tight with Rosie Mann and Grace Miller

strong in defence.

In the second half Abbie Woodburn collected a lay-off from Caitlin which she rifled into the top corner of the goal. Castletown pulled a goal back on the break. A few positional changes paid off with workaholic midfielder Anna Todd winning the ball on half way to feed it to Amy Robinson who turned, shot and scored, 3-1 and time to celebrate.

Abbeytown Athletic u12 (the young u12s) played another Castletown team in the u12 trophy (who are 3rd in the league) athletic stormed to the front with two first half goals from Hannah Aston and Courtney Benson. Castletown piled on the pressure with Abbeytown goalie Elsa Wharton playing well, but the defence cracked and Castletown scored two quick goals, up stepped Megan Todd with a 30yard bullet to the top corner making it 3-2 to Abbeytown.

All three teams head to Abbeytown for finals day of the county cups on Sunday 7th May with a 10am start.

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