



Solway Buzz

Cupcake Bee
by Charlotte Mitchell from Holm Cultram Abbey School

www.solwaybuzz.co.uk

June 2017

local news - for you - by you - about you - free to you - local news

FREE PAPER

Issue 155

Page 2
Alick Woods at 100



Page 3
Rolo went for a swim



Page 5
Lillian Sewells first 30 years



Page 6
The Ranger is resting at last



Page 9
Rainbows & Brownies



Page 8
Meet the candidates



Page 15
Seagulls win the cup



Page 16
Nathaniel is going places



Silloth Primary School in Top 3% in England



We were absolutely delighted to receive a letter from the Rt Hon Nick Gibb MP, Minister of State for School Standards, informing us that Silloth Primary School's 2016 SATs results show that our school is amongst the top 3% of

schools in England in terms of progress the children make between Key Stage 1 and Key Stage 2 in English reading, writing and mathematics.

What an achievement for all concerned. I'd like to thank all the staff and the children for all their hard

work and the Governing Body for their ongoing commitment as well as all the parents for their support over the last few years.

Silloth Primary School is a very special school. The children are hard-working and the staff and governors are extremely committed to ensuring all our children make good progress during their time with us. Year on year

SATs results go up and down and in 2016, this was the first year of the new SATs tests, which were much harder than previous years and were



Rachel Ingrams
Head Teacher

designed to assess the new National Curriculum, which has far greater expectations for every year group. This makes this achievement all the more special.

We haven't had much time to celebrate this achievement as the 2017 SATs tests are on the horizon...no time to stand still at Silloth Primary! onwards and upwards!

2017 Events

- 28th May Silloth Green Day
- 29th May Abbeytown Duck Race
- 10th + 11th June Silloth Vintage Rally
- 5th August Abbeytown Carnival
- 13th August Silloth Fairy Day
- 25th to 27th August Solfest
- 28th August Silloth Carnival

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Going Strong at 100!



Report by: John and Gillian Rayworth

Alick Woods was born 100 years ago on St George's Day, 23 April 1917 at Leamington Spa.

His early interests included scouting and he attended a world scouting jamboree in Budapest in his teens.

He married Eleanor in 1940 and they were happily married for 70 years until she died in 2010. They started married life in Leamington Spa where

Alick worked in a shoe shop until he was called up for war service in the army. He was soon promoted to the rank of Sergeant and served as an instructor at the D&M army driving school based at Keswick. There he instructed Army Officers in driving and maintaining half tracks and Bren gun carriers.

After the war his wife and young daughter Gillian moved to Keswick where he started his career as a Youth Hostel Warden at Keswick Hostel. Over his

working life he and Eleanor were wardens at Coniston Coppermines, Higham, Penrith and Derwentwater youth hostels until his retirement in 1982 when he moved to Aspatria where he lived until 2015 when he moved to the Good Companions Care Home, Silloth.

He is a life member of the Fell and Rock Climbing Club and his interests included rock climbing, fell walking, photography, bee keeping, and cycling.

Blencogo Art Group

Report by: Jennifer Bailey

On Thursday 27th April, members of The Blencogo Art Group went on a trip to the Upfront Gallery at Unthank to have a meet, a chat and a meal in the cafe at the gallery. There were ten of us gathered together and the food was wonderful, lots of veggie food and puds to die for. The chat which followed was mainly about favourite books and the pros and cons of books versus these new fangled electronic gizmos that practically do the reading for you, sorry Janet and Graham!

Prior to our lunch, those of us who wished to, decided to do some sketching at the bridge in Sebergham. The day was beautifully sunny and warm, sitting by the river sketching it grew positively hot and could almost have been snooze inducing, but for those who sketch, sketches had to be completed ready for developing at a later date. The art group restarts in September in Blencogo Village Hall, but in the meantime we meet at different places to keep us going and to prevent us from suffering withdrawal symptoms!

We left the river to go and have our lunch and for those who wished to, to have a wander around the gallery looking at the pictures, sculptures, toys, puppets and the goodies to be purchased in the shopping area.

Altogether a very pleasant day enjoyed by all I think. Oooo where will it be next I wonder!

Buzz Volunteer Wanted



To deliver your community paper in Abbeytown, from the Wheatsheaf Inn along to the Abbey including Wheatsheaf Court then along to T Wilson excluding Friars Garth.

We look forward to hearing from anyone who can help. Contact Peter or Kath on 016973 32180.

Organ Recital in St Patricks Church Patterdale

Report by: Jennifer Bailey

I sett off with Mrs Marjorie Harrison (organist Christ Church) and Jack Russell (sometimes vocal soloist) on a visit to hear a recital played on the organ in St Patrick's Church, Patterdale, which was followed by a buffet luncheon at The Inn on the Lake.

The journey to Glenridding, always a joy, was enhanced all the more by beautiful sunshine, swathes of daffodils and bright yellow gorse bushes along the edges of the narrow twisting lanes. Eventually, Ullswater came into view surrounded by mountains rising from the lake shores and criss-crossed by impossibly angled dry stone walls stretching far up

the mountain sides.

The recital was most enjoyable and some of the chosen pieces I found particularly appealing. The last one "Carillon de Westminster" sounded to me, listening with eyes tightly closed so that only the organ and I were there, as though bells were ringing all around me, magical!

After the recital, on to The Inn on the Lake and after walking Jack and settling him in the car, Marjorie and I went in for lunch. The Inn is a lovely place in a beautiful setting. The staff are very attentive, polite and, unusually these days, seemed pleased to see us and gave a very high standard of service. The food was delicious, varied

(vegetarians catered for) and plentiful.

Afterwards Ian Hare, Chairman of the Society, invited Ian Pattinson the guest organist to give a talk about some of his experiences as an organist, one particular event involving the intrusion into an organ lesson of a squirrel that decided to have a nap inside the organ itself!

At the end of the very entertaining talk, general chatter ensued, I (not an organist) listened to stories of incidents at various wedding services and it brought to mind my own wedding many years ago. I sat thinking that these people who have this incredible talent of bringing to life these immense instruments and who play

for all manner of people for all manner of landmark events in their lives, have such power to create moods and atmosphere with their fingers and feet, to evoke sadness, celebration and heart bursting joy and, in my case anyway some fifty years ago, when I walked down the aisle, to make me feel like a princess. Thank you all.

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Waver Wine Circle

Report by: Stuart Jones

At our April meeting we held our AGM and the Red Wine Tasting Competition. All Officers volunteered to stand for another year and the wine tasting was won by our Chairman, Bill Henderson.

The May meeting was our first 'outing' of the season which, as usual, was arranged by Chris Russell and took us to Tullie House Museum where we saw the Hadrian's Cavalry Exhibition. The exhibition features equipment discovered from the 300 years Roman cavalry troops were stationed along the wall, the main exhibit being the Crosby Garrett helmet, late 1st-2nd century AD. We all found the exhibition very interesting and it was well worth the visit. Thanks Chris for yet another interesting outing. The draw was won by Vice-Chair Graham Stukins.

For our June meeting we will be going to the Lingham Estate on the western shore of Derwent Water.

SOSCS Donate £4,500

Report by: Pat Froggatt

SOSCS have had another successful period and due to this are able to make more donations to worthy causes in Silloth.

The lucky recipients are as follows:

- Silloth Golf - Juniors
- Silloth Festivals Ltd
- Silloth First Responders
- Silloth Rugby Club
- Silloth Community School
- Silloth RNLI Lifeboats
- 1st Silloth Scouts
- Silloth Luncheon Club
- Silloth Football Club

A total of £4,500 has been given out.

We look forward to all our customers and donors continuing the good work and helping us to raise money for all our local worthy causes.

Thank you to everyone who has donated or purchased from the shop.

Let's Bee Lazy
by
Mason Broughton
from
Silloth Primary School

Pensioners Coffee Morning

Report by: Pat Froggatt

Silloth & District Pensioners Committee held their monthly coffee morning on Saturday 6th May at the Recreation Hall. We were pleased to see so many of you and hoped you enjoyed the event.

Coffee and tea was served by our committee members and scones, jam and biscuits were available on the tables. Once again the raffle was well supported as was the cake stall.



Prize winners in the raffle were: Margaret Pickering; Jean Graham; Gerry Thorougood; Hazel Little; Mary Bragg; Beatrice Henderson; Margaret Gates; Margaret Patterson; Pat Bell.

Thank you to all who attended - we hope to see you in June.

A Lesson for Rolo



Report by: Sue Kent

On Saturday 29th April, a family on holiday were walking their young terrier pup 'Rolo' when he unexpectedly fell into Silloth dock.

As luck had it Mark Ware (Silloth RNLI lifeboat Helmsman) and Crewman Andrew Stanley were

travelling the newly repaired ex RNLI D-class lifeboat which is privately owned by the crew of Silloth lifeboat.

They were alerted by a member of the public and took the boat into the dock and rescued 'Rolo' who had been in the water for nearly 15 minutes.

Oggie Thompson, Rolo's

owner said "The mischievous pup is very grateful to the lifeboat crew for rescuing him and apart from being cold, wet and very tired he is otherwise safe and well."

Remember - that in any coastal emergency witnesses should immediately dial 999 and ask for the Coastguard to organise a response.



Rey the Ghostbusters Bee
by
Jack R
from
Holme St Cuthbert School

Cold Caller Warning



Cumbria Trading Standards are warning householders to be on their guard after a resident was 'cold called' by a person claiming to be from Trading Standards.

The caller, who gave a name and a telephone number, stated that Trading Standards had taken banks to court and obtained refunds for secret and unlawful charges which banks had allegedly made. The caller then asked for the victim's bank account details in order for the money to be repaid. In such cases when personal details are handed over money is usually withdrawn from the victim's

bank account. Consumers should be extremely cautious when contacted by any cold callers and our advice is under no circumstances should you ever

disclose personal or bank details over the telephone.

For advice on such issues or to report an incident call the Citizens Advice Consumer Helpline on 03454 04 05 06 or visit www.adviceguide.org.uk or you can contact the Police on 101. You can also report scams to Action Fraud at <http://www.actionfraud.police.uk/> or you can call them on 0300 123 2040.

Follow us on Twitter at www.twitter.com/cumbriats or join us on Facebook for up to date information on reports such as these and all the latest scams at www.facebook.com/cumbriats

Easter Sunrise Service

Report by: Penny Stimson

The Easter Sunrise Service was held on the green at 5:45am on Easter Sunday morning.

After the service all who attended went to St Andrews

church hall for a breakfast of porridge, bacon sandwiches, toast, tea and coffee. Almost thirty people attended including some children. As the weather was dry it was an enjoyable morning.

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What Does the Future Hold?

No-one can predict the future.

Anyone can lose capacity to make decisions at any time. We often think of this being an issue for older people but what if a serious accident or health emergency should happen to you? How will manage your bank account or let health officials know your wishes about your care? Having a Lasting Power of Attorney in place offers you that peace of mind.

What is a Lasting Power of Attorney (LPA)?

A Lasting Power of Attorney (LPA) is a legal document that gives power to someone of your choice to take responsibility for your financial and/or medical decisions if you suffer an accident, illness or other incapacity. You can complete the necessary forms on line and register an LPA with the Office of the Public Guardian yourself. However, should you want some help our team are here to answer your questions and support you through the process. Our team cannot offer legal advice.

West Cumbria Carers LPA Team offer a range of services which can be tailored to suit your individual needs.

Bronze Service Similar to a passport checking service for £25 per LPA our team can check your completed paperwork is filled in correctly so it won't be rejected by the Office of the Public Guardian, which can

be costly.

Silver Service

We also offer the popular Silver Service; here our team support you by telephone and post to complete and submit your LPA to the Office of the Public Guardian. The price for this service is £150 per LPA.

Gold Service

If you want to talk things through you can make a one hour appointment to meet with the LPA Team in our Cocker mouth office. If you come to this meeting with all required names and addresses you can leave with the typed LPA ready for signature. This service is £180 per LPA.

In addition to the above prices each LPA will also require a payment of £82 to the Office of the Public Guardian.

For more information about how our range of LPA services can support you call West Cumbria Carers on 01900 821 976 or email lpa@westcumbriacarers.co.uk.

This service is assisted by a grant from the Northern Rock Foundation through our Fresh Ideas Project.



Silloth RNLI Rescue Local Fishing Boat



Report by: Chantelle Satterthwaite Silloth Lifeboat Crew

Silloth RNLI Lifeboat was paged by Belfast Coastguard at 10:13am on Saturday 6th May, to a mayday call from a local fishing vessel "Jaana B - BN78".

The 12m fishing vessel was reported to be taking on water with danger of sinking, there were two crew on board, uninjured. The original location of the casualty vessel was reported

West of Silloth but was located North of Silloth.

Silloth RNLI arrived on scene at approximately 10:30am, a local fishing boat attempted to tow the vessel however the tow parted and Silloth RNLI took over the tow heading towards Silloth docks.

While under tow the crew of the casualty vessel managed to fix the engine problem, the vessel continued on back to port unaided but with escort from Silloth RNLI.

What should you do if you hear a neighbour's smoke alarm?

Smoke alarms can be lifesavers, if they're working. In fact, you are seven times more likely to die in a fire in the home if you don't have any working smoke alarms.

If one starts bleeping in your home, chances are you would know about it and do something - turn the cooker off, open a window, check the toaster or, if there's a fire, get out, stay out and call 999.

But what would you do if you heard a neighbour's alarm going off? It might be tempting to ignore the annoying noise or even grumble about it. But the Fire Kills campaign and Cumbria Fire and Rescue Service are calling upon us all not to ignore it, but to check it out. If there's a fire, or if you're not sure, call 999 and ask for the fire and rescue service. It could save a life.

Mark Ducie, Community Safety Manager, Cumbria Fire and Rescue Service

said: "If you heard a smoke alarm in your own home, you wouldn't ignore it, so we're asking people to remain vigilant even when they're out and about. If you hear a neighbour's smoke alarm, check if there's a fire. Perhaps ring the doorbell or see if there are any obvious signs that a fire may have started. Make sure you don't put yourself in any danger."

While we're talking about smoke alarms, it is important that you make sure that you have at least one on every level in your home and that you test them monthly to ensure they are working. And make sure you know what to do if one goes off in your home - have an escape plan, make sure everyone in the home knows it and practise it.

For more information or to arrange a Safe and Well visit call Cumbria Fire and Rescue on 0800 358 4777.



Grampa Bee by Millie from Silloth Primary School



Busserk Bee by Michael Stanwix from Silloth Primary School

American Night with The Cocker mouth Ukulele Band
 Will Be Held In St Andrews Hall On Saturday 1st July From 7 To 9:30pm.
 There Will Be A Buffet Of American Food With Pumpkin Pie, Tea And Coffee. If You Would Like To Bring Your Own Drinks You Are Most Welcome. Come Along For An Enjoyable Evening.
 Tickets On The Door £6.50 Each. American Dress Optional.

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Funding for Victims of Crime

Financial support is available to victims of crime across Cumbria.

The Cumbria Victims Charitable Trust was established in 2015 to support the needs of victims of crime and anti-social behaviour, and assist in expanding existing services.

The Trust, which is administered by Cumbria Community Foundation, currently has £20,000 available and will offer grants to individuals in the region of £500. Applications must be supported by a referee who will verify the request.

Annette Hennessy, Chair of Cumbria Victims Charitable Trust, said:

"Our intention is to reduce distress caused by being a victim of crime, and by working with Cumbria Community Foundation, we want to be able to reach and support as many people in this position as possible."

Nigel Pattison, Grants & Donor Services Officer at the Foundation, said: "No one should feel alone or unsupported after being the victim of crime. This funding can be used to access emotional support or practical help to anyone who needs it, in a way that suits them best."

For more information or to apply for funding, visit www.cumbriafoundation.org or call 01900 825760.



Iron Lighthouse Renovated

The renovation of one of the world's oldest cast iron lighthouses has been completed.

The landmark, which sits on Maryport's harbour, has featured in paintings by LS Lowry. Earlier this year, it underwent a major refurbishment to protect it for the future, and replace recent additions which were not in keeping with the original architecture. As a result it has been painted inside and out, and a corroded steel panel has been removed, with a new cast iron sheet being put in its place.

Allerdale Borough Council's property services team has been managing

the renovation, which was funded by a £50,000 grant, on behalf of Maryport Coastal Communities Team. The Maryport Lighthouse project was one of 15 initiatives along the British coastline to benefit from a share of £700,000 of government cash with the aim of regenerating seaside towns.

Toni Magean, Maryport's town centre manager, said: "It is great to see this landmark looking so good again. We want to really showcase it as a visitor attraction, for those who love their maritime history, or those who simply love the coast. This is something the whole town can be proud of."

New Disabled Changing Area at Fitness Centre

A state-of-the-art disabled changing area has been unveiled at the Copeland Pool and Fitness Centre.

The facility - funded by Copeland Borough Council and Cumbria County Council - will allow people with a wide range of disabilities to fully access the pool and gym in Hensingham. It includes a spacious shower, adult-sized changing table, a hoist and other facilities. It can also be used by disabled people and their carers who are in the area and need to change - even if they are not using the pool.

The pool and fitness centre is operated by Greenwich Leisure Limited, on behalf of Copeland Borough Council.

Copeland Mayor, Mike Starkie, said: "This is a top rate facility and it means our pool and gym is available for even more people to enjoy. This kind of partnership investment - in this case with the County Council's Changing Places fund - brings the best results and I am looking forward to seeing people using these changing rooms to keep fit and have fun."

Georgina Ternent,

Cumbria County Council's Public Health Manager for Copeland, added: "I'm delighted we've been able to support and invest in these new facilities, and it's great to see the difference they can make. Disabled people can face serious challenges getting out and about and enjoying the day-to-day activities many of us take for granted. These new facilities should make a huge difference to disabled leisure centre users and their families."

The changing room is easily accessible for wheelchair users and has underfloor heating. Care has been taken to use visually contrasting colours for various surfaces, to help the visually impaired. There are also two new disabled parking spaces.

The project was funded by £45,000 from Copeland Borough Council and £15,000 from the Cumbria County Council Changing Places fund.

This project supports Copeland Council's core value of 'treating everyone equally, fairly and with respect', and supports the council's pledge to 'continually review services to ensure they meet the needs of Copeland and ensure they are efficient and effective.'

30 Years Service



Lillian Sewell receiving her award from Matron Anne Blair for thirty years service at Silloth Nursing Home

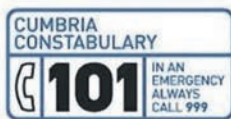
She started at the Home as a relief Care assistant working alongside her mam Ada Selkirk. On her first day she was unsure about whether she liked this new job, but soon came to realise that she actually loved it. After sixteen years on the

care Lillian moved into the laundry where she became laundry supervisor and still continues in that position today. Lillian has seen many changes over the years but still looks forward to her job. She is now looking forward to the next thirty years!

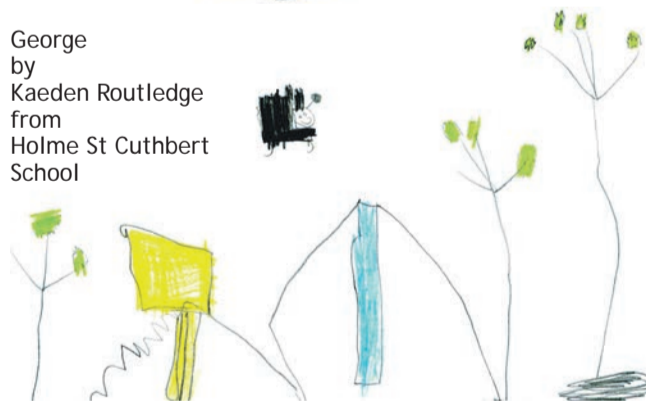
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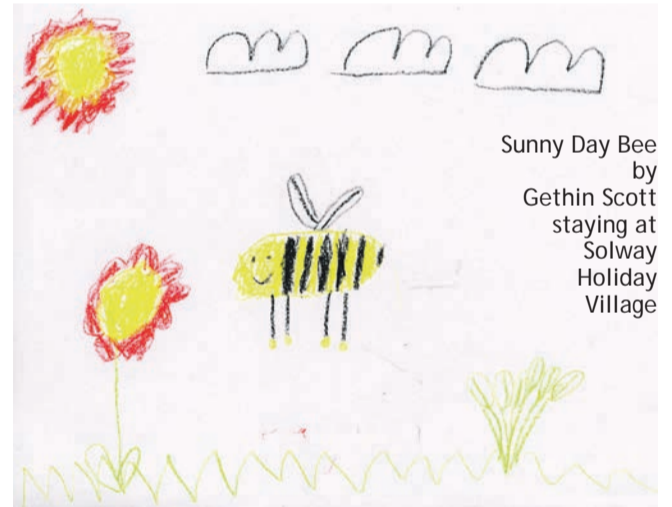
There have been a number of thefts from nearby allotment sites and therefore it is important that all allotment holders are vigilant. If you see a theft in progress please ring the Police immediately or if suspicious call 101.



George by Kaeden Routledge from Holme St Cuthbert School



Flying Bee by David Kerr from Silloth Primary School



Sunny Day Bee by Gethin Scott staying at Solway Holiday Village



Jack by Jake Wise from Holme St Cuthbert School

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Graeme Proud Calls it a Day After 18 Years



A familiar face will be missing from the Solway Coast Area of Outstanding Natural Beauty, when at the end of May Solway Coast AONB Ranger / Volunteer Coordinator Graeme Proud will be retiring from his role after eighteen years.

As Graeme said "At the tender age of 65, I feel the time has come to hand over the reins to someone else, so that I can enjoy more free time with my wife Lorraine and our wonderful family, particularly our two year old and ten year old granddaughters who take up a great deal of our time at weekends. We also have a seventeen year old grandson who lives and works in Lancaster.

I began working with the AONB team at Solway Rural Initiative, based in Aspatria, and was responsible for the day to day training of the New Deal Environmental task force. These were unemployed 18 to 24 year olds, to whom I taught countryside management skills, such as fencing, boardwalk construction, pond maintenance and a multitude of other tasks. This training would hopefully assist participants in gaining full time employment. I found this role very satisfying

as I had an empathy with a lot of the participants, having been brought up on a council estate myself in Carlisle.

When the AONB team moved to their current home in Silloth during 2001 my role changed with day to day issues of dune and reserve management taking up the majority of my time. It was while carrying out this role that the Solway Coast Ranger post became available, I was interviewed for this position and was pleased to be informed that I was the successful applicant. Now I was in a position to spend more time making the public aware of how important the Solway Coast and its various habitats were.

When the Solway Coast AONB became hosted by Allerdale Borough Council in 2007, the Ranger role merged with the new Volunteer Coordinator role. This was a great opportunity to get the local communities involved in the day to day maintenance of the Solway coastline and its many reserves. To say I was at peace would be an understatement, I was able to walk out on to many varied reserves, dune systems and varying habitats, to meet such wonderful people who came along to assist

with many projects from beach litter picks, such as pond maintenance, fencing, boardwalk construction, bird surveys, Natterjack toad surveys- the list goes on.

Finally I would like to pay my own tribute to the many colleagues I have worked with over the years at the AONB Unit, and Allerdale Borough council. The wonderful people of the Solway Coast it's been absolutely memorable working with people who care about where they live, and people who volunteer to keep the Solway Coast the way it is today and hopefully into the future."

Enjoy your retirement Graeme.

Buzz Buzz
(on my new swing)
by
Amelia-Lilly Daniels
from
Silloth Reception School

Arthritis Support Group

Report by: Gladys Temple

The May meeting of the Arthritis Support meeting was held at Fairfield House, 99 South End. Apologies were received from Pauline Mole and Catherine Cheetham.

Eleanor Hodgson welcomed Laura Harker to speak about 'Healthy Eating'. Laura had done a lot of preparation before and finished off a Chicken Caesar Salad, Tuna and Wheat Salad, Oat and Seed fruity flapjack, pineapple kiwi pears mango lime juice with quark finishing with blue berry Roulade. Everyone tried whatever they fancied, all of which were delicious. She spoke of the various different ingredients which can be used to change to suite your taste then gave out recipe leaflets all of which contained healthy ingredients.

Eleanor thanked Laura for a really interesting afternoon with lots of good ideas. Eleanor was the lucky winner of the raffle. The next meeting will be held on Friday 2nd June when Hazel Stewart will be the speaker.

Patchworkers Exhibition

Report by: Jennifer Bailey

On Sunday 30th April I, along with a group of friends, went to Fletchertown Community Centre to see a patchwork and quilting exhibition arranged by the Derwent Patchworkers group.

The quilts and other items on show were incredibly beautiful, expertly made and needed very long sitting time to fully take them in. There were smaller items of patchwork in another room where, amongst other delightful things, were some beautiful Christmas decorations and now's the time to be making a start on them, after all it's only eight months away! Now STOP groaning, you know it makes sense! A raffle was available with lots of prizes (I won twice!).

We wandered round the stands looking at jaw-droppingly beautiful needlework of all descriptions, from tiny patchwork pincushions to vast king-sized bedspreads and wall hangings. A fabric stall with tempting goodies from 'Silver Beaded Needles' in Cockermouth, lured us all to make purchases of buttons, fat quarters, fabric

panels and much more. Also, a table run by the host group offering items made for sale by members of the group plus a '50p box' which on inspection, yielded some very interesting patterns.

After a first look around, it was time for lunch and a scrumptious selection of home-made fare made choosing very difficult, but for me, Homity Pie won the day, followed by Sticky Toffee Pud and cream, (back on the diet er..... sometime, but well done Margaret who resisted with a will of iron!)

We all went off to have a further look at the exhibits and, after another visit to the "cafe" for tea and cakes, we left the hall, hoping our raffle tickets may bring further communication from the group after the exhibition closes! Fingers crossed.

A very enjoyable day, seeing some truly wonderful work by the Derwent Patchworkers, meeting up with friends and making plans for further get-togethers to come.

ALLONBY ARTEX 2017

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Janet Wilshaw on
01900 881447






Strawberry Teas

**Saturday 8th July
&
Sunday 9th July
2.00pm - 5.00pm**

**at
Holme Cultram Abbey,
Abbeytown**


**Raffle and Various Stalls
All Welcome**





SUNDAY 28TH MAY
ANNAN HARBOUR ACTION GROUP KAYAK DAY

RIDE THE TIDE




International Cross Solway Sea Kayak Challenge

Silloth - Annan Harbour
10 Miles Tide Assisted

MORE INFO

www.annanharbouractiongroup.btck.co.uk



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Not Just the NHS at Risk



Action Fraud is not an emergency service dial 999 if you are in immediate danger.

Following the ransomware cyber attack on Friday 12th May which affected the NHS and is believed to have affected other organisations globally, the City of London Police's National Fraud Intelligence Bureau has issued an alert urging both individuals and businesses to follow protection advice immediately and in the coming days.

Ransomware is a form of malicious software (Malware) that enables cyber criminals to remotely lock down files on your computer or mobile device. Criminals will use ransomware to extort money from you (a ransom), before they restore access to your files. There are many ways that ransomware can infect your device, whether it be a link to a malicious website in an unsolicited email, or through a security vulnerability in a piece of software you use.

Key Protect messages for businesses to protect themselves from ransomware:

Install system and application updates on all devices as soon as they become available.

Install anti-virus software

on all devices and keep it updated.

Create regular backups of your important files to a device that isn't left connected to your network as any malware infection could spread to that too.

The National Cyber Security Centre's technical guidance includes specific software patches to use that will prevent un-infected computers on your network from becoming infected with the "WannaCry" Ransomware: <https://www.ncsc.gov.uk/guidance/ransomware-latest-ncsc-guidance>.

For additional in-depth technical guidance on how to protect your organisation from ransomware, details can be found here: <https://www.ncsc.gov.uk/guidance/protecting-your-organisation-ransomware>.

Key Protect advice for individuals:

Install system and application updates on all devices as soon as they become available.

Install anti-virus software on all devices and keep it updated.

Create regular backups of your important files to a

device (such as an external hard drive or memory stick) that isn't left connected to your computer as any malware infection could spread to that too.

Only install Apps from official app stores, such as Google's Play Store, or Apple's App Store as they offer better levels of protection than some third party stores. Jailbreaking, rooting, or disabling any of the default security features of your device will make it more susceptible to malware infections.

Phishing/smishing
Fraudsters may exploit this high profile incident and use it as part of phishing/smishing campaigns. We urge people to be cautious if they receive any unsolicited communications from the NHS. The protect advice for that is the following:

An email address can be spoofed. Don't open attachments or click on the links within any unsolicited emails you receive, and never respond to emails that ask for your personal or financial details.

The sender's name and number in a text message can be spoofed, so even if the

School Donate to RNLI



Report by: Sue Kent

All at Silloth Rnli Lifeboat Crew would like to say a big thank you to Silloth Primary School for the fantastic amount of £245.90 they raised. It was gratefully received. As we are all Volunteers and a Charity, it's donations like this that help us to continue to save lives at sea and keep our crew trained and fully equipped to the highest of standards. Thank you again to all involved.



Family Bee
by Finley Armstrong
from Holm Cultram Abbey School

Start creating family memories here.

Outdoor Pool
Open from 27th May (weather permitting)

Summer Day Passes
Adult - £6.50 / Child - £5.50
Under 5's go FREE

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Live Cabaret from: Zen, Stevie D, Absolutely, Nightriders, Swede Dreamz & More!
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Tuesdays in Silloth Rugby Club at 7pm
Saturdays Silloth Rugby Club 9am & 11am
Contact: Denise Broughton on 07799 708465

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Upholstery, Blinds, Curtains, etc.
Whatever your furnishing needs, ring Irene on 016973 31836

Busy Bee
by Kaysie Henderson from Silloth Primary School

Hair She Goes
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Your Election Candidates - Vote on 8th June

Clark Vasey - Conservative

As a born and bred Cumbrian, I have been visiting Silloth and the Solway coast since before I could walk. Silloth plays an integral part in the life of our county and I share in the desire to see the area flourish. So it is disappointing that the Solway and the entire Workington constituency have been taken for granted for so long by Labour. Now Labour wants to impose Jeremy Corbyn on Cumbria a man who would wreak havoc on the Cumbrian economy and cost jobs throughout the county. This would be bad for the Solway, not only through the direct risk to the area but hitting the incomes and the spending power of the families visiting the Solway.



The Solway and the entire Workington Constituency deserve better than Labour. I believe that I can be the strong Cumbrian voice which the area needs. I will ensure that we secure a Brexit deal which works for Cumbria, I will fight to get the services the area needs and the infrastructure investment to support business and jobs. We can only achieve this if we have a strong and stable Government, which only the Conservatives can offer.

Sue Hayman - Labour

In the two years since my election as your Member of Parliament, I have worked hard fighting for our area locally and in Westminster, and I have achieved a lot in a short space of time. I have a proven track record of delivering for West Cumbria and the Solway.



From forcing Ministers to think again on closing Workington courts, to securing vital funding for flood protections, I have repeatedly challenged the Government and have been your strong local voice in Parliament. It's been two years of hard graft but there's still a lot to do – the fight goes on for our local NHS, our schools, our nuclear industry, our infrastructure, and for our rural areas.

Local people tell me that I have achieved much for our community in just two years, but I know that there is a still much I can achieve. That is why I am asking for your support once again - re-elect me as your local MP, and I will continue my fight as a champion for Workington constituency, to ensure that the needs of local people in West Cumbria and the Solway are a priority for the Government.

Roy Ivinson - Independent

I am standing in this election to stop global warming.

2016 was the warmest year on record. The earth temperature has risen by 1°C every thirty years this century. If you are reading the Solway Buzz and the polar ice caps melt your home will be no more.



After this election we are going to get a Conservative government and how you vote in this constituency will not change that.

Use your vote to say something, use your vote to say you want to stop global warming and save the community you live in. In the last issue of the Buzz a well known supermarket in Silloth gave a charitable donation to the towns good

causes and it was celebrated in the Buzz, and so it should be. But, the four wind turbines outside Silloth donate three times that amount every year to good causes in the community. In this election Brexit is a big thing but Brexit is for breakfast, dinner is global warming and what is the point of breakfast if you are not going to be around for dinner.

Phill Roberts - Liberal

Phill has lived on the Solway Plain at Bromfield for 30 years with his wife Susan and their family. Phill has been a Bromfield Parish Councillor for seventeen years and has campaigned on many issues including the closure or withdrawal of services from communities, rural isolation, health, education and community transport.



Phill said "The Liberal Democrats are going into this election with great policies to give us all a better future. To help people buy their first home through a 'Rent to Own' policy, a commitment to invest £7bn in our schools and colleges, tripling the early years premium and extending Free School Meals to all primary school pupils.

We are also committed to providing a further £6bn to fund our NHS & Social Care through a 1p in the £ increase in tax.

Theresa May, however has taken this opportunity to call an

unnecessary General Election to crush any opposition in Parliament when many have no confidence in Labour leadership.

A Tory landslide would not be in the interest of our community or Country.

Parliamentary democracy only works with a credible opposition and surely voting in another Tory will not provide our community with the sound community focused representation we need."

George M Kemp - UKIP

As Mr Kemp has chosen to withhold any contact information from being disclosed on his election application the Solway Buzz had very limited options to contact him.



Accordingly a request for his entry was sent to the chairman of UKIP West Cumbria but at the time of going to press no reply has been received.

The Solway Buzz apologises for this omission.

The photograph was found on the internet so at least we can see who he is.

Five candidates applied to be nominated as Parliamentary Election Candidates for the Workington Constituency by the deadline of 11th May.

All five were given the opportunity to submit 200 words outlining their aspirations to the Solway Buzz readers.

Do not waste your vote. Please turn out and vote on election day on Thursday 8th June. Whether or not the outcome is what you want, if you haven't voted, you have no right to moan.

The polling Stations will be open from 7am until 10pm on the 8th June.

If you did not register to vote, you are too late now, but you should still register now so you are organised for the next time. It is also too late now to organise a postal vote.

Holme Cultram Abbey

BIG CLEAN

VOLUNTEERS NEEDED ON
Friday 2nd June at 7.00pm
&
Saturday 3rd June from 9.00am

If you are able to spare an hour or two to help clean the Abbey after building work has finished we would be grateful of your support.

Please contact
 Anita - 61113 Brenda - 61224
 Elaine - 61203 Judith - 61291
 Or any PCC Member

Refreshments will be provided.

Silloth Green Day

28th May 2017 11.00am - 4.00pm

Joe's Exotic Mobile Zoo
 We cater for parties, care homes, schools & Corporate Events
 www.joesowlencounters.com
 07729 282 217

Live Music - Fun Fair - Donkey Rides
Face Painting - Local Crafts - Fairy Fun
Circus Skills - Balloon Modelling
Family Dog Show - Bring Your Dogs
Birds of Prey & Mobile Zoo
& Much Much More.....

Silloth Green Day

Abbeytown Carnival Committee

Duck Race

At 1.00pm
Monday 29th May 2017
At 'The Big Beck'

Followed by a Family BBQ
At The Wheatsheaf Inn, Abbeytown
 (There will be a charge for BBQ food & drink)

Ducks £1 each

Ducks are available to buy from:
 Harrisons Store, Abbeytown Post Office, The Wheatsheaf Inn and Carnival Committee Members:-
 Emma Bennett, Ryan Carr, Beeby Bell, Laura Sim, Catherine Penrice & Steven Pattinson

Causewayhead WI at 90

Report by: Jenny Stride

On 3rd May Causewayhead WI celebrated its 90th Birthday at St Andrews Church Hall, Silloth.

Guests from Plumbland, Westnewton, Crosby and Dundraw WI's and the CCFWI President Morag Parkin came to help us celebrate.

The evening started with the singing of Jerusalem and a welcome from our president Margaret Durham. We all then tucked into a lavish buffet provided by the members with a wide choice of items to suit all tastes. The flowers on the tables and the stage were donated anonymously and magnificently arranged by Shirley Sharp.

The Harlequin Choir provided the entertainment and were excellent. They sang lots of well known and

well loved songs enabling us to sing along with them.

The birthday cake was made and decorated by Shirley Sharp.

A raffle was held with a variety of prizes from home made cakes, wine, chocolates, fruit basket and toiletry gift sets.

A separate raffle in aid of the Mercy Ships was held for a beautiful handmade quilt donated by Olga Hetherington

There were also three competitions

Wild Flower Competition

Jean Graham

General Competition

Pat Froggatt

Jean Graham

Visitors Competition

Helen Armstrong & Eve



Brook from Plumbland WI

On 10th May we held our normal monthly meeting to vote on the resolutions to go forward to the National Annual Meeting.

Various other items and correspondence

were discussed.

Raffle

Susan Kenny

Shirley Sharp

Flower Competition

Mona Kent

Frances Jackson

Wild Flower Competition

Jean Graham

Margaret Durham

General Competition

Frances Jackson

Pat Bell

Rainbows & Brownies

Report by: Emma Reeves

1st Silloth Rainbows has been running in Silloth for over 25 years and until recently was run by a local lady Joan Carey who sadly passed away causing a big loss to the unit.

But we have pulled together to keep the group running and its a fantastic group of little girls who Joan would be very proud of.

Since I joined Sarah Hardman with the running of the unit we soon realised we wanted to make a few changes the biggest one was getting the girls into current rainbow uniforms which was proving very costly, but we are absolutely overwhelmed by a anonymous donation from a local Silloth business who kindly paid for the girls brand new uniform.

We cannot thank you enough and I'm sure everyone will agree the girls



look fabulous in their new uniforms.

We would also like to give thanks to Mick Satterthwaite who also has very kindly donated money from fundraising to Silloth Rainbows and Silloth Brownies and we are very grateful for the continued support of the local charity shop.

We recently had Shelley Aird join the group and she is getting stuck into her

leadership qualification, she is a valued leader and we now have a solid team.

If anyone is interested in their daughter joining Silloth rainbows we meet on Mondays 5-6pm (5-7 years) at Christ Church Hall you can contact Emma Reeves on 07341 859751 or Sarah Hardman on 07824 610926

Once again a massive thank you to everyone for your generosity and continued support.

Springclean to Save Your Life!

As part of the Fire Kills campaign, Cumbria Fire & Rescue Service is asking people to clear the clutter that may be blocking escape routes and to make sure their family, guests and loved ones know how to get out, stay out, and call 999 in the event of a fire.

But blocked exits, locked doors or unfamiliar surroundings can shave vital seconds from the chance to escape.

This week make time for

your home and take some simple steps to help keep your loved ones safe:

Think about how you'd all get out in case of a fire - making an escape plan and practising it will help ensure that everyone can get out, stay out and call 999.

Fit at least one smoke alarm on every level of your home so smoke can reach the alarms more quickly giving you more warning time.

Test your smoke alarms monthly - smoke alarms can

save your life, but only if they work.

Clear your escape routes - make sure you're able to escape without tripping over to ensure a speedy exit.

Keep your door and window keys in a known and accessible place - make sure everyone knows where the door and window keys are kept so they can reach them easily and get out more quickly in case of a fire.

Where is the best place to go if the worst happens

and they can't escape? This is especially important if they have trouble moving around or can't get downstairs on their own.

Who's your 'Escape champ'? Nominate someone in your home (perhaps a child) to be the 'Escape champ'. Giving children the responsibility to keep escape routes clear makes fire safety more fun and engaging.

To find out more fire safety information, please visit www.gov.uk/firekills.

Tourist Scam



There has been a series of recent incidents reported to Action Fraud where a lone fraudster has approached victims whom they believe to be unfamiliar with the local area. They make an excuse to talk to the victims such as enquiring about directions or offering a recommendation for a good hotel.

After this interaction, several other fraudsters will intervene purporting to be police officers in plain clothes and will sometimes present false identification as proof. The fake officers will then give a reason to examine the victims' wallet, purse or personal items. They may also examine the first fraudster's items or try to tell victims that the first fraudster is suspicious in order to gain victim trust and appear more realistic in their guise.

After all the fake police

'checks' are finished, victims have then reported being handed back their personal items only to later realise that a quantity of money or valuables were missing.

How to protect yourself:

If an individual claims to be a police officer ask for their name and rank, force, and examine any identification presented; this is always good practice but especially important if they are not wearing a uniform. The Police will never ask for your passwords or PIN details. Do not give this information to anyone.

The Police will never request that you withdraw/transfer any money to them or to a 'safe' account.

If you have been affected by this, or any other fraud, report it to Action Fraud by visiting www.actionfraud.police.uk



Bee Boy by Faith Hearton from Holme St Cuthbert School

Roldox Bee (Meepcity) by Shannon Irwin from Silloth Primary School

BIGGER VIKING VILLAGE/RE-ENACTMENT - HAVE A GO ARCHERY - PAINTBALL TARGET RANGE - TRADE STALLS

EXILES

RAGNAROCK RALLY 3

24TH-26TH JUNE 2016

AT SILLOTH RUGBY CLUB, CUMBRIA

PRE BOOK TICKETS £15, OTG £20

CAR PASSES £10 PRE BOOK ONLY

CAR PASSES AVAILABLE FREE TO DISABLED WHO SEND A COPY OF BLUE BADGE WITH ORDER

CUSTOM BIKE SHOW WITH TRADITIONALLY FORGED PRIZES

VIKING THEMED FANCY DRESS WITH PRIZES FOR BEST MALE AND FEMALE COSTUMES

FREE CAMPING

FAMILY FRIENDLY CHILDREN MUST BE SUPERVISED AT ALL TIMES

FUN AND GAMES - MARQUEE AND OUTSIDE BAR - HOT SHOWERS - HOT FOOD - REAL TOILETS- FANCY DRESS

LIVE VIDEO FEED - FREE CAMPING - TATTOOIST - BIKE SHOW

SAINTS OF ARCADIA - RIGBY - ANTENNA HEADS - THE ROKUS

Silloth Vintage Rally

Sat 10th & Sun 11th June 2017

This fantastic annual two day event is held on Silloth Green, in the Victorian seaside resort of Silloth-on Solway. There is something for all the family and the event is free of charge to visitors, making this a really popular rally.

Free Camping for Exhibitors

- Steam engines
- Stationary engines
- Vintage cars & tractors
- Commercial vehicles
- Motor bikes
- Fun Fair
- Trade stands
- Auto Jumble and lots more

www.vintagerally.co.uk

Tel: 016973 32505 or Tel: 0777 5686857
Email: entries@vintagerally.co.uk

Copy Date



Copy date for the July issue is:
1st June 2017

If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest mobile van will be outside Silloth Community Centre on Mondays from 1pm to 2:15pm and Fridays from 9:45am to 11:30am.

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Bridge Group

Meet on Wednesday evenings from 7 till 9pm, at the Golf Club to play Duplicate. Information from mike.md@btinternet.com.

Slimming World

Saturday Slimming World group in Silloth Primary School at 9am then the second group at 11am Tuesday Slimming World group at Silloth Primary School at 7pm Tel Denise on 07799 708465.

Christ Church

For Christ Church baptisms and other church related business please contact:
Rev Bryan Rothwell
The Vicarage, Wigton Road
Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060
Maryport Tip, tel 01900 66922 open daily 8am to 6pm
Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Abbeytown Library

Abbeytown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Dates for the Diary

May

- 28th Silloth Green Day
- 28th Ride the Tide sea kayakers leave Silloth Prom at 1pm to Annan Harbour
- 28th Plant & Craft Fair in Mawbray Village Hall from 10am to 4pm, Tea Room Open
- 29th Abbeytown Duck Race 1pm at The Big Beck
- 31st Police Desk Drop-In at Silloth Library, 2pm to 4pm

June

- 2nd Holm Cultram Abbey Big Clean at 7pm, see advert
- 3rd Holm Cultram Abbey Big Clean at 9am, see advert
- 3rd Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners
- 3rd St Andrews Church Bingo 2pm-4pm
- 5th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm
- 6th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome
- 7th Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am Tel 016973 52527
- 7th Silloth A.F.C. AGM in Silloth Bowling Club at 7pm
- 8th VOTE TODAY
- 9th Solway Plain Artists Window Weeks in Silloth
- 9th SSW7 at Stanwix Park
- 10th Solway Plain Artists Window Weeks in Silloth
- 10th Silloth Vintage Rally
- 10th SSW7 at Stanwix Park
- 11th Solway Plain Artists Window Weeks in Silloth
- 11th SSW7 at Stanwix Park
- 12th Solway Plain Artists Window Weeks in Silloth
- 13th Solway Plain Artists Window Weeks in Silloth
- 14th Solway Plain Artists Window Weeks in Silloth
- 14th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome
- 15th Solway Plain Artists Window Weeks in Silloth
- 16th Solway Plain Artists Window Weeks in Silloth
- 16th Let's Get Together street party on Silloth Green at noon, all welcome

June cont'd

- 17th Crunch Service at Skinburness Road Car Park from 8am to 9:45am
- 17th Solway Plain Artists Window Weeks in Silloth
- 17th Let's Get Together street party on Silloth Green at noon, all welcome
- 17th Sunset Showdown Boxing in Stanwix Park, see advert
- 18th Solway Plain Artists Window Weeks in Silloth
- 18th Let's Get Together street party on Silloth Green at noon, all welcome
- 19th Solway Plain Artists Window Weeks in Silloth
- 20th Solway Plain Artists Window Weeks in Silloth
- 20th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome
- 20th Strawberry cream Tea in Silloth Nursing Home 2pm, admission £2, all welcome
- 20th Thwaite U3A Group visit to Rose Castle, Booking essential, transport available, Tel Pauline 016973 49943
- 21st Solway Plain Artists Window Weeks in Silloth
- 22nd Solway Plain Artists Window Weeks in Silloth
- 23rd Ragnarock Rally 4 at Silloth Rugby Club
- 23rd Solway Plain Artists Window Weeks in Silloth
- 24th Ragnarock Rally 4 at Silloth Rugby Club
- 25th Ragnarock Rally 4 at Silloth Rugby Club
- 25th Silloth on Solway Sportive on Silloth Green

July

- 1st Coffee Morning in the Recreation Hall at 10am to noon with Silloth & District Pensioners
- 1st St Andrews Church American Night with food and Country Music by Cockermouth Ukulele Band 7pm-9:30pm
- 3rd Silloth Town Council meeting in Community Hall, Petteril Street at 7pm
- 4th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome
- 5th Police Desk Drop-In at Silloth Library, 2pm to 4pm
- 5th Parkinsons UK Group meeting, lunch and a natter in Wheyrigg Hotel at 11:15am Tel 016973 52527
- 8th Free Barbecue with Churches Together from 11am to 3pm at Aspatria Community Centre, all welcome
- 8th Strawberry Teas at Holm Cultram Abbey 2pm-5pm
- 9th Strawberry Teas at Holm Cultram Abbey 2pm-5pm
- 12th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome
- 14th Summer Concert by Christ Church Men's Choir
- 15th Crunch Service at Skinburness Road Car Park from 8am to 9:45am
- 18th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome
- 18th Thwaite U3A Group meeting in All Hallows Community Centre, Fletchertown from 2pm to 4pm, talk: The Calvert Trust by Alison Miles Tel Pauline 016973 49943
- 25th Blencogo Gardening Club in Blencogo Village Hall at 7:30pm, open to all £3, talk on Gardening for health

August

- 1st Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome
- 2nd Parkinsons UK Group Eddie's ramblings and lunch in Wheyrigg Hotel at 11:15am Tel 016973 52527
- 5th Abbeytown Carnival
- 8th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm
- 9th Police Desk Drop-In at Silloth Library, 2pm to 4pm
- 12th Crunch Service at Skinburness Road Car Park from 8am to 9:45am
- 12th Free Barbecue with Churches Together from 11am to 3pm at The Abbey, Abbeytown, all welcome
- 15th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome
- 15th Thwaite U3A Group meeting in All Hallows Community Centre, Fletchertown from 2pm to 4pm, talk: The lives and ladies of Burns and Wordsworth by Paul Heslop Tel Pauline 016973 49943
- 25th Solfest
- 26th Solfest
- 26th St Andrews Church Strawberry Cream Teas 2-4pm
- 27th Solfest
- 28th Silloth Carnival
- 29th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

September

- 2nd St Andrews Church Bingo 2pm-4pm
- 4th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm



Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm, details from Gladys 016973 43964

Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Other Room usage is subject to fulfilling certain criteria and must be arranged and pre booked.
Contact numbers:
Silloth 016973 31509
Wigton 016973 43870
Aspatria 016973 23401

Martial Arts

Silloth Dragons Mixed Martial Arts Club train in Christ Church Hall on Thursdays under 12's 6:45pm to 7:30pm 12's & over 7:30pm to 8:30pm Keep Fit 8:30pm to 9pm NEW MEMBERS WELCOME For further details contact Stephen on 07811 761033

Errors do occur in Dates for the Diary. Please check before attending an event.

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

RNLI Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS
Monday 1 - 4pm
Tuesday 11am - 4pm
Wednesday 11am - 4pm
Thursday 1 - 4pm
Friday CLOSED
Saturday 11am - 4pm
Sunday 11am - 4pm
Our shop is entirely staffed by volunteers and may not be open at the advertised times - we do apologise for any inconvenience this may cause.

Dementia Cafe

To be held in WIGTON METHODIST CHURCH 1st Monday in month 10am - 12 noon
For people with dementia and their carers
Coffee, cake, chat...and more

Wednesday Bunch

Silloth Evangelical Free Church, Eden Street Wednesday Bunch. at 5pm every Wednesday, (except in school holidays) Fun, bible stories, quizzes, craft, games for 5-11s

Breast-feeding Group

Mondays 10am to 11:30am Wigton Bowling Club, West Road, Wigton
Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

Wigton Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club.
For further information please contact: Gill Edmondson Tel: 016973 71696

Your Letters

Dear Buzz,

The Trustees of the Holme Cultram Sea Dyke Charity, wish to thank most sincerely, our local COOP and its customers, for the great support you have given to our charity. The Holme Cultram Sea Dyke Charity received a cheque for £1,665 from the Silloth COOP store which was raised from purchases of Co-op merchandise by its customers. Our charity has a fund at Silloth Nursing and Residential Care Home, which we donate into as often as our funds allow us. When we applied to the local Co-op Community Fund, our application was submitted stating that the Silloth Nursing and Residential Care Home were, through us, going to be the beneficiaries of any funding if our application was successful. We have been successful and the money that we have received from the Co-op funding will be forwarded directly into that fund account. The fund that the Sea Dyke Charity have at Silloth Nursing and Residential Care Home, allows any parishioners who reside in the ancient parish of Holme Cultram, who, through Silloth Group Medical Practice recommendations, may be referred for one weeks emergency respite care or day care, which ever the

doctors feel will be the most benefit to the patient. Over many years, that we have had this fund, the Holme Cultram Sea Dyke Charity have been able to help a great number of parishioners in their time of need. The money we have received will allow us to continue supporting the nursing home and the local parishioners. The Trustees would like to convey our grateful thanks to the Co-op and all your readers who have nominated our charity in store, thus allowing us to continue to support our fund at the Silloth Nursing and Residential Care Home.

John Graham
Chairman of the Holme Cultram Sea Dyke Charity
Tanya Brown
Secretary to the Trustees

Dear Buzz,

I would like to thank everyone who voted for me as the Silloth and Solway Coast Councillor at the election on the 4th May 2017. It is reassuring that the local people continued to vote for me to represent them for the next four years as their local Cumbria County Councillor. Cumbria and especially this area is extremely important to me. I will continue to serve and represent you all to the best of my ability and continue promoting both locally and nationally this wonderful rural area we live and work in. Thank you all for your continued support.

Cllr Tony Markley
Silloth on Solway - Mayor
Cumbria County Council
- Solway Coast Division
Allerdale Borough Council - Holme Ward

Poems

SNOOPY

by Mrs J. Bailey

Snoopy came again last night
As I lay fast asleep,
She ran so gaily through some field
On eager tiny feet.

I called her to me as she ran
and o'er the grass she sped
Straight to my side, so quick, so true,
She stopped and raised her head.

Beautiful, no sign of pain,
Shone from those deep dark eyes,
We walked a while both free from care
Beneath such happy skies.

Snoopy came again last night,
She'll come again I know,
We'll spend a little while of joy,
The once again she'll go.

The Handyman
by Penny Stimson

My husbands not a handyman
Though that's not what he thinks.
So when our outside tap broke
He got out all his things.

Now, this did not sound too bad
Except that he'd forgot
To turn the water off at the main,
And so he got the lot!

Running around dripping wet
With water pouring out
He blamed me for not reminding him
And all he did was shout!

I'm glad to say a neighbour came
Who knew just what to do.
But now we have a swimming pool,
And a garden we can't walk through!



Join the Summer Reading Challenge

Every year, volunteers aged between 14 and 24 help Cumbria Libraries make the Summer Reading Challenge a success across the county. In 2016, approximately 1,500 children in Cumbria engaged in reading over the long school summer holidays as part of the challenge. The council is now seeking to recruit young people to help run the challenge this summer.

Volunteers can offer as much or as little time as they have available – even one day a week would be a massive help. We would ask them to talk to children about the

books they have read and assist with running a variety of fun summer activities.

Volunteers will gain lots of new skills and experience to increase their employability and add to UCAS forms. Previous volunteers have reported increases in their confidence, social skills and literacy, as well as taking pride from making such a positive contribution to their local communities.

You don't have to be the keenest of readers to volunteer. Many previous volunteers have been people who struggled to engage with

books at school, or don't have many qualifications. Engaging with the challenge has helped them to read more, and as a result developed their skills, knowledge and understanding of the vital role books and learning play in the development of young people.

Further information about this volunteering opportunity, along with an application form, can be found via the council website at www.cumbria.gov.uk/libraries or packs can be picked up at any library in Cumbria. The closing date for applications is June 30th.

Cumbrian Children Vote for Their Favourite Book

After months of reading and debating, children from Cumbria's primary schools have chosen their favourite book. The winning title is 'Julius Zebra', by Gary Northfield, a "brilliantly fast-paced, funny and utterly bonkers adventure," set in Ancient Rome against a back-drop of Roman history, emperors and exotic animals.

Spellbinding – the name given to Cumbria's Primary Schools Book Award - saw thousands of pupils sift their way through a shortlist of ten books chosen by Cumbria County Council's Library Services for Schools team.

Rachel Perry, Schools Services Officer from Cumbria County Council, said: "The Spellbinding Book Award, now in its tenth year, creates enthusiasm and excitement about books.

It widens pupils reading choices by giving pupils the opportunity to try out new authors and also brings a sense of achievement especially for those pupils who may not have been interested in reading before. We incorporate an I.T. element as pupils post comments about the books they read and vote online for their favourite book. Approximately 2,500 children aged 9-11 have taken part which has been a fantastic response and each year these numbers keep growing."

Julius Zebra is available to read and borrow from all Cumbria Libraries alongside thousands of other titles for children and younger readers. For further information on Cumbria Libraries, visit <http://www.cumbria.gov.uk/libraries> or call 01228 606060.

SOLWAY PLAIN ARTISTS

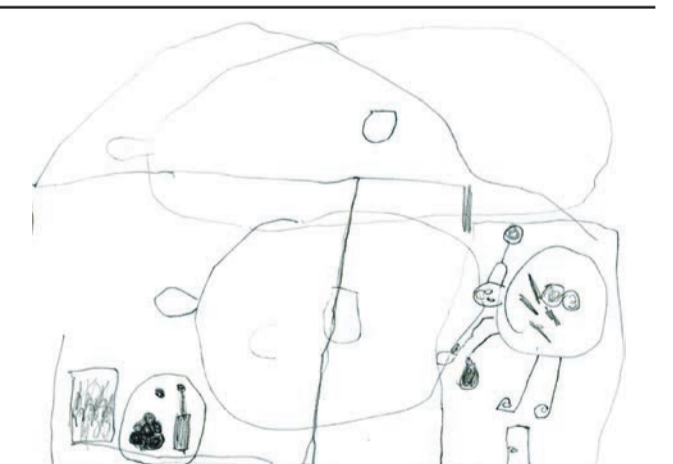
WINDOWS WEEKS

SEE OUR ART IN SILLOTH SHOP WINDOWS FROM 9TH TO 23RD JUNE

Non-Commercial Tourism Websites

- solwaybuzz.co.uk
- sillothgreen.co.uk
- sillothonsolway.co.uk
- sillothgolfclub.co.uk
- vintagerally.co.uk
- sillothbeerfestival.co.uk
- silloth-on-solway-tc.gov.uk
- visitcumbria.com/wc/silloth
- soldiersinsilloth.co.uk
- solwayplain.co.uk/silloth1.htm
- facebook.com/sillothgreen
- facebook.com/silloth-carnival

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk



Joshua
by Geordie Wheeler from Holme St Cuthbert School

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Polo Shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on page 10 and a quality Solway Buzz embroidered Polo Shirt from Carlisle Embroidery could be yours.

This month the winner is Charlotte Mitchell from Holm Cultram Abbey School with a bee drawing called "Cupcake Bee".

Well done!



You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to the Buzz, our address on page 10.

Silloth Local Link Library & Tourist Information Opening Times

Monday 10-1pm 2-4pm
(Library Open Until 5pm)

Tuesday CLOSED

Wed 10-1pm 2-4pm
(Library Open Until 5pm)

Thursday CLOSED

Friday 10-1pm 2-4pm
(Library Open Until 5pm)

Saturday 10-1pm

Tel: 016973 31944

DO YOU HAVE A POEM OR LETTER FOR THE BUZZ?
WE WELCOME ALL SUBMISSIONS.
PLEASE REMEMBER TO INCLUDE YOUR CONTACT INFO.

DEMENTIA CAFE

To be held in
WIGTON METHODIST CHURCH
1st Monday each month
Starting Monday 5th June
10am – 12 noon
For people with dementia and their carers
Coffee, cake, chat.....and more

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A Visitor from the Baltic



Report & Photos by: John Forrester
More coverage of shipping at Silloth can be found at www.cumbriashippphotos.weebly.com

Silloth was looking at its best on a bright April morning for the arrival of WILSON AMSTERDAM, a new visitor to the port. Photographers and sightseers witnessed the approach whilst enjoying clear views across the Solway with Criffel looking particularly attractive in the morning sunshine.

It had been a six day sailing for the general cargo vessel from Klaipeda on the Baltic coast of Lithuania. The northerly route was taken via the Danish Straits, North Sea and West of Scotland. On reaching Cumbria local tides were not in the ship's favour. A wait of two days off Workington was required for the next tide of sufficient depth to allow entry to Silloth.

Finally, on the Sunday morning conditions were right for the short 90 minute sailing north to Silloth. The prevailing calm seas meant the pilot had a straightforward approach and entry to Marshall Dock.

Then once inside New Dock the ship was turned and manoeuvred towards the unloading quay. It was about 30 minutes from the initial approach to the vessel being tied-up at the quayside.

After her brief two day visit, and with the cargo of fertiliser unloaded, she was ready to depart for the next destination in Norway.

WILSON AMSTERDAM belongs to Wilson Shipping's fleet of 120 vessels, one of the largest serving Europe's coastal routes. The ships are regular visitors to the port and easily recognisable by the prominent company name along the hull. Many of the vessels are named after rivers and ports; the nearest to Cumbria being 'Garston' and 'Liverpool'. Our Scottish neighbour WILSON AYR was included until its sale five years ago when the name was shortened to 'Ayr'. It's tempting to suggest 'Silloth' should be a contender for future additions to the Wilson fleet.



Tide Tables

JUNE 2017		SILLOTH							
Date	DEPTH ON NEW DOCK GAUGE								
	High Water				Low Water				
	Morning		Afternoon		Morning		Afternoon		
	Time	m	Time	m	Time	m	Time	m	
1 TH	04 35	6.3	17 13	5.9	11 40	-0.4	23 55	-0.1	
2 F	05 41	6.0	18 22	5.6			12 43	-0.2	
3 SA	06 51	5.7	19 30	5.5	01 02	0.2	13 49	-0.1	
4 SU	07 56	5.7	20 33	5.7	02 10	0.2	14 50	-0.1	
5 M	08 54	6.0	21 25	6.0	03 13	0.1	15 48	-0.2	
6 TU	09 43	6.1	22 07	6.3	04 07	-0.1	16 36	-0.4	
7 W	10 24	6.3	22 44	6.5	04 53	-0.2	17 17	-0.4	
8 TH	11 02	6.5	23 18	6.7	05 34	-0.4	17 53	-0.5	
9 F	11 37	6.5	23 51	6.9	06 11	-0.5	18 27	-0.6	
10 SA			12 10	6.6	06 46	-0.6	19 01	-0.6	
11 SU	00 23	6.9	12 43	6.5	07 21	-0.6	19 34	-0.6	
12 M	00 58	6.9	13 18	6.5	07 55	-0.6	20 09	-0.5	
13 TU	01 34	6.7	13 54	6.3	08 32	-0.6	20 46	-0.4	
14 W	02 11	6.5	14 32	6.1	09 10	-0.4	21 23	-0.2	
15 TH	02 50	6.3	15 14	6.0	09 49	-0.3	22 05	-0.0	
16 F	03 36	6.1	16 05	5.7	10 33	-0.1	22 53	-0.1	
17 SA	04 32	6.0	17 04	5.5	11 25	-0.1	23 50	-0.2	
18 SU	05 35	5.9	18 14	5.5			12 26	-0.0	
19 M	06 45	6.0	19 24	5.9	00 57	0.2	13 35	-0.1	
20 TU	07 50	6.2	20 28	6.2	02 08	-0.0	14 44	-0.4	
21 W	08 52	6.6	21 25	6.7	03 17	-0.3	15 50	-0.6	
22 TH	09 48	7.1	22 18	7.2	04 22	-0.6	16 50	-0.9	
23 F	10 40	7.4	23 07	7.5	05 21	-0.9	17 47	-1.1	
24 SA	11 32	7.6	23 55	7.7	06 18	-1.2	18 40	-1.2	
25 SU			12 21	7.7	07 11	-1.4	19 30	-1.2	
26 M	00 44	7.7	13 13	7.6	08 02	-1.4	20 17	-1.1	
27 TU	01 35	7.6	14 03	7.3	08 53	-1.4	21 04	-0.9	
28 W	02 24	7.4	14 54	7.0	09 38	-1.1	21 48	-0.6	
29 TH	03 14	7.0	15 44	6.5	10 25	-0.9	22 33	-0.4	
30 F	04 06	6.5	16 38	6.0	11 14	-0.5	23 22	-0.0	

Times shown in UTC. Add 1 hour for British Summer Time.



April Shipping at the Port of Silloth

Report by: Ian Macpherson, Deputy Harbour Master & Short Sea Pilot

Holstentor with French wheat from La Pallice arrived on 31st March and sailed for Belfast on the 3rd April.

Icelandica Hav with German wheat from Hamburg arrived on 12th April and sailed 13th April for Belfast.

Wilson Amsterdam with fertiliser from Klaipeda arrived on 23rd April and sailed 25th April for Rykiford.

Phone Book

This section recognises those whose financial help keeps us going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £50 a year.

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- Beacon Aerial Services 07941 370669
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- British Heart Foundation 01946 418805
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- Spar 016973 31293
- Spot On 07736 774788
- Stanwix Park 016973 32666
- Stephen Fraser Joinery 07809 870604
- Steven Henderson Electrical 016973 31163
- Stuart James Plumbing 07763 677752
- The Charity Shop 016973 31696
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Advertisers entries are Free



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Useful Tel Numbers

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- Community Grants: 01900 325013
- Crime Stoppers: 0800 555 111
- Dental Emergency: 01228 603620
- Dentist, Buchanan: 016973 31270
- Dentist, Steel: 016973 32042
- Doctor: 016973 31309
- Doctor CHOC service 03000 247 247
- First Responders can only be called by the Ambulance service, call: 999
- Gas: 0800 111 999
- Highways Hot Line 0845 6096609
- Hospital: 01228 523444
- Holme St. Cuthbert School
- Mawbray: 01900 881242
- Holm Cultram Abbey CofE School
- Abbeytown: 016973 61261
- MP, Tony Cunningham: 01900 65815
- NAP 01900 702898
- Neighbourhood Forum: 01900 325013
- Police: 101
- Quakers, Wigton: 01228 523174
- Register Office, Wigton: 01228 221122
- Samaritans: 01228 544444
- Silloth Community School: 016973 31234
- Silloth Library 016973 31944
- Silloth Nursery & Junior School: 016973 31243
- Silloth Town Clerk: 016973 31128
- Allerdale B. Council 03031 231702
- Silloth Tourist Information Centre: 016973 31944
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- Vet: 016973 20242
- Waste Disposal Dept: 01900 702800
- Water LeakLine: 0800 33 00 33
- West Cumbria Carers 01900 821976
- Please, let us know what you want included, also any changes to numbers.

Peters First Year as PCC

Peter McCall is marking his first year in Office as Cumbria's Police and Crime Commissioner.

As Police and Crime Commissioner, Peter is elected to be the voice of the people of Cumbria and hold the Chief Constable to account for policing in the county. He is also responsible for commissioning and supporting victims of crime.

A key part of the role is bringing together community safety and criminal justice partners to make sure local priorities are joined up.

Police and Crime Commissioner, Peter McCall said: "I am immensely proud and privileged to be your Police and Crime Commissioner. During my first year I have been extremely impressed by the dedication and hard work that goes into making Cumbria the safe place that we have all come to expect. With your help, I have set the Police and Crime Plan which lays out the policing objectives for Cumbria Constabulary. There are eight main priorities from tackling crime and anti-social behaviour to supporting victims. Some of our achievements to date include: I do believe in action over talk and; I have launched my Youth Commission which gives young people in the county the opportunity to have their voice heard as well as influence policing of the future. Securing £3million of Home Office funding to improve police, health, and social care providers support to people in mental health crisis."

"I have been able to support a number of local projects through my Community and Property funds getting support into the local community at a level which will make a real

difference to people's lives and where they live.

"For example: Funding to Appleby Heritage to deliver free training to young people focusing on road safety, speed awareness and the effect of criminal records on life choices; "Age UK

funding to deliver a project aimed at raising awareness of domestic abuse in older people;

Mirehouse Residents Group awarded funding to provide a community based youth provision for young people aged between 11 and 18 years aimed at building positive relations and self-esteem;

Triple A project have been funded to develop an awareness training film of risks of people with autism becoming victims and/or perpetrators of crime through vulnerability and exploitation.

Cybercrime is an issue in the county and I will be launching in the next few weeks a project that will enable us all to help to keep ourselves safe when we go online. The project will be rolled out across the county.

Neighbourhood policing is critical in how the county is policed and I've been able to further boost this by an additional three inspectors dedicated to developing better links with communities. These posts will also work closely to increase the number of Special Constables."

"I will continue to ensure that we have the best policing service that the county can afford. I will be looking at



Peter McCall speaking to pupils at Solway Community College

how we can ensure that Blue Light Services work together to deliver the best possible service particularly the synergies between police and fire. We will also see where we can collaborate with other agencies to reduce costs as a critical issue for me is to protect the number of officers in our County. I am conscious that every penny of public money must be well spent. I am pro-actively looking at ways to reduce my office costs at a time when there is still some uncertainty over police funding due to potential changes to the Funding Formula. I am a great believer in 'we - not they' and this is clearly evident here in Cumbria where it really is a team effort from members of the public, partners to the police in keeping us all safe. I hope you'll agree we have made a good start but I am not complacent there is much more to come."

Blencogo & District Village Hall Produce Show

To be held in the Blencogo Village Hall on Saturday 2nd September 2017
Admission 50p School children free.

Refreshments available. Auction of produce and donated Prizes
10am -11.30: Staging 11:30-1:45pm Hall closed for Judging 2pm Hall opens to public.
3:30pm Presentation of Trophies. Entry is open to all.
Entry fee 30p per item, children classes are now 20p per item Prizes 1st £1.50 2nd £1 3rd 50p

Now is the time to prepare, any questions tel Linda 07538 027936 or Judith 016973 61051

Flowers

1. Fuchsia Pot Plant.
2. Flowering Pot Plant.
3. Flower arrangement in a cup & saucer (oasis may be use).
4. Best perfumed rose (does not have to be perfect as scent is more important)
5. Vase of sweet Peas. 6. 3 Dahlias.
7. 1 cut stem of an unusual flower.
8. 4 Pansy on a saucer.
9. Viola Heads on a saucer.
10. Vase of mixed Garden Flowers that attract Butterflies.

Kitchen Garden

11. Four fresh herbs in a tumbler
12. 3 free range eggs (laid from own chickens)
13. 3 onions. 14. 4 Potatoes.
15. 3 Varieties of vegetables not in the schedule.
16. 3 Carrots.
17. 4 Tomatoes - any variety.
18. 4 Cherry Tomatoes 19. 5 Green Beans.
20. 3 Beetroot.
21. Selection of Home grown fruit in a bowl (not exceeding 7).
22. 3 Cooking Apples.

Wine/ Liqueur

23. Bottle of Red Wine
24. Bottle of White Wine.

Bakery

25. 2 scotch eggs
26. Lemon Drizzle cake. 27. 3 Shortbread Biscuits. 28. 3 Pieces of Gingerbread. 29.

Chocolate sponge cake 30.

- 1 Cornish Pastry.
31. 4 Pieces of Tray Bake (label)
32. 3 Cheese Scones
33. Homemade Chutney (label)
34. Jar of Jam (label)
35. Jar of Marmalade.
36. Jar of Honey

Handicrafts

37. Photo with caption no larger than 8" x 6".
38. Photo of a sunset.
39. A handmade card.
40. Picture in cross stitch.
41. Handmade wooden item.
42. Hand painted picture (any medium). 43. Homemade Toy. (not wooden)
44. Any article made by Lady or Gent.

45. Pick up and bring an unusual candle
- Children (must display age)
46. 2 Decorated Gingerbread people.
47. A decorated Hen egg.
48. An item made by a boy or girl.
49. Humpty Dumpty Poem written by yourself (ages up to 5yrs and including 5yrs) (Please include age).
50. Created your own poem. (Nature theme) (age 6years and above) (Please include age).
51. Largest Sunflower head, (diameter of the head.)
52. Pick up and bring your favourite drinking Straw.
53. A4 Pencil drawing any theme.
54. Decorate a pot plant and plant cress inside it.



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Silloth Seagulls Win the Benevolent Cup

Report by: Colin Baty

On 22nd April, Silloth played Whitehaven Miners in the League looking to regain some form after a run of three League defeats and a patchy performance, Silloth won 4-2 with goals coming from Andrew Trestianu, Ellis Gardhouse, Calum Casson and Kieran Little, Man of the Match was Andrew Trestianu.

Then on 29th April Silloth played Champions Workington Athletic away, knowing that a point would secure third place - the best ever position Silloth have achieved since the formation of the Cumberland County League. In a pulsating game, Silloth got a 4-4 draw with

a last minute equaliser from the Penalty spot from Nico Watt. The other goals coming from Andrew Trestianu, Adam Carr and Shaun Clark, Man of the Match Calum Casson.

Then on 6th May Silloth played Bransty Rangers in the Final of the Benevolent Cup with Silloth optimistic of winning this Cup for the second time, previously winning it in 2011. In a tense and nervy game, played in dry, bumpy conditions Silloth had the early chances but weren't able to score past an excellent 'keeper. That was until Andrew Trestianu found space on the angle on the left and his fierce shot flew into the top corner of the goal to make it 1-0 to Silloth, and after a

few scares at the end Silloth managed to hold on and win the Cup.

Ending a highly successful season in which they have laid down a few markers for next season.

On Saturday 13th May, Silloth A.F.C. had their



Annual Presentation Night, with local Band Mojo Rising blasting out the tunes in

Silloth Rugby Club. This has been a highly successful evening with finishing third in the Premier Division of the Cumberland County League (the highest ever placing achieved) and winning the Benevolent Cup for the second time. The following were the worthy winners and congratulations to them all: Stephen Hart for all his Groundsman and Club Secretary work received a

Trophy, Carol Carr for her work as Club Treasurer and the staff in the Rugby Club received Flowers. Goal of the Season: Lewis Mulla, Top Goalscorer: Adam Carr, Most Improved: Carl Lightfoot, Most Man of the Matches: Shaun Clark, Young Player of the Year: Lewis Little, Players Player of the Year: Stuart Johnson, Management Player of the Year: Calum Casson and Player of the Year: Stuart Johnson.

I would also like once again to thank all our sponsors and fans for making this a great season for the team.

We look forward to resuming pre season in July.

Just a reminder, Silloth over 35's have started their season in the top division in the Cumbria Veterans League. Games are played on Monday evenings. They got off to a good start on 8th May beating Carlisle City 4-1 at Silloth.



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All Change at Silloth Golf Club

Report by: Alan Oliver

There have been two new appointments at the golf club recently.

Simon Williamson is the new Club Professional. Simon has been a qualified professional for over twenty years. His first Club Professional position was Whickham Golf Club, Newcastle upon Tyne and he was there for five years. After Whickham he moved to Lytham Green Drive Golf Club Lancashire, for seven years. Simon brings a wealth of experience and knowledge with him.

Simon is currently updating the Pro Shop and will be fully up and



running shortly. Please feel free to pop in any time to have a look and share your opinions. In addition, he is finishing a high spec indoor studio housing all the latest technology for all your golfing needs.

Simon is a very experienced coach, using various different methods to suit all levels of golfer. He is also a member of the



New Club Professional Simon Williamson

TGI buying group enabling him to be extremely competitive on products and price.

Matt Rayson is our new caterer. Matt has a wide experience having worked

in many different catering establishments throughout his career. Matt currently owns the Old Bank City Pub and Chop House and Big Matt's Sandwich Shack, both in Carlisle city centre.

Nathaniel is One to Watch



Following six months of intense training and conditioning, local boy Nathaniel Mossop was selected to represent Newcastle Falcons U15 Academy at a North of England rugby festival held at Sheffield.

The Falcons team played other academy's from Leicester Tigers, Northampton Saints, Yorkshire Carnegie,

Worcester Warriors and Sale Sharks.

Nathaniel, who is the regular tighthead prop for his Carlisle and school teams stepped up to fill the loosehead position, playing 4 out of the 5 fixtures. The Falcons won 3, lost 1 and drew 1.

A brilliant display of rugby was given by all the Academy's but Newcastle topped the board.



Golfing Bee by Phoebe Hoodless from Silloth Primary School



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