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The place for wine lovers



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We all love Fish & Chips



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Royal reward for Ann & Linda



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BooHoo we lost it



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They are Silloth lifesavers



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They are all proud Exiles



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The kids are stepping out



Page 16  
Simon has a new golf shop



## Abbey Raises £2,600



Story on Page 8

**Town Centre Cleanup**  
Volunteers Wanted  
**Monday 31 July 2017**

Meeting outside the Discovery Centre on Liddell Street at 10.00am

Equipment will be provided, along with lunch afterwards.

**Silloth in Bloom**  
BRITAIN IN BLOOM  
UK FINALIST 2016  
UK FINALIST 2017

**Allerdale**  
UK FINALIST 2016  
UK FINALIST 2017

www.allerdale.gov.uk

## You Can Help!

Silloth Town Centre Clean up will be taking place on Monday, 31st July, meeting at the Discovery Centre on Petteril Street at 10am. Anyone interested in coming along and helping, we'll be pleased to see you. Equipment will be provided, along with lunch afterwards. The Britain in Bloom judging takes place on 2nd August, so it's important we get the town looking at its best.

Spread the word and pop the date in your diary.

### 2017 Events

**5th August**  
**Abbeytown Carnival**

**13th August**  
**Silloth Fairy Day**  
**25th to 27th August**  
**Solfest**

**28th August**  
**Silloth Carnival**  
**7th to 10th September**  
**Music & Beer Festival**

**21st October**  
**Silloth Bonfire & Fireworks**



See story on page 4

## Wall Cladding is Safe

Silloth Town Council have received the following statement issued by Home Group in relation to queries about any render works Home Group have carried out to their properties:

"We understand that you may be concerned about the External Wall Insulation on your home. We want to assure you that this render insulation system meets all of the UK required standards for fire safety. Also this render insulation system is



completely different to the cladding system seen on

Grenfell Tower where the tragic events have occurred."



## Silloth & District Pensioners Coffee Morning

Report by: Pat Froggatt

The coffee morning held on Saturday 2nd July proved to be a huge success, so successful that we had to provide another table to accommodate everyone.

The Committee had provided scones, biscuits, jam, cream and strawberries to the delight of all our regulars and guests. There was also a choice of tea and coffee.

Our usual cake stall was well supported and soon everything had been sold. Great interest was also shown in the bric-a-brac, books etc and many purchases were made. Again the raffle proved to be very popular.



It was a pleasure to see you all having such a good time.

Prize winners in the raffle were: Mary Bragg; Isabel Gilmore; Eddie Maybury; Pam Blaylock; Ralph Pickering and Pat Carruthers.

Well done to you all.

Our next coffee morning will be on Saturday 2nd September and we look forward to seeing you then.

## Project Edward European Day Without A Road Death

Cumbria Fire & Rescue Service will be supporting the Project EDWARD road safety day on Thursday 21st September - European Day Without A Road Death.



For more details please follow the link and make your pledge: <https://projectedward.eu/>

My road safety pledge I promise that I will:

Remind my family, friends and colleagues to take extra care on the roads.

Put my lights on for safety.

Drive as safely as I can and follow the rules when behind the wheel or riding a motorbike or bicycle.

Be extra vigilant and attentive to the needs of pedestrians, cyclists, children, older people and horse riders.

Drive at speeds that are both legal and safe.

Carry out proper safety checks on my tyres.

Pay particular attention when driving near schools and where there are lots of children.

Never drive after drinking alcohol or taking drugs/medicines that could impair safety.

Look as far ahead as possible and not tailgate other drivers

Always wear my seat belt and ensure that everyone with me wears theirs.

Not use my mobile phone while driving.

Ensure I am not distracted by anything inside or outside the car, or inside my head.

Set a good example to my passengers by driving calmly and safely.

Twitter: #ProjectEDWARD



Harry Potter Bee  
by  
Lola Hoodless  
from  
Silloth Primary School



## Waver Wine Circle

Report by: Stuart Jones

For our June meeting we went, in glorious weather, to the Lingholm Estate, set in a lovely location on the shore of Derwent Water. Twelve of us sat down to lunch in the greenhouse, part of the Lingholm Kitchen, where we were served by obliging staff to tasty food. After sitting chatting for a while some of us enjoyed a walk around the Walled Garden. What a lovely place to visit!

We must thank Chris Russell for yet another successful outing. Chris and Sue were not able to join us as they are walking in Pakistan aiming for K2 base camp.

Nine members attended the July meeting with apologise from Chris and Sue, Vera, Margaret and Greta. Chair Bill Henderson opened the meeting, welcoming everyone, particularly our new member Stephen Wood.

Bill then spoke about the success of our last two meetings, Tullie House Museum, Carlisle in May and Lingholm Estate in June - and breaking with

tradition on 9th August we are going to the Devil's Porridge. Leaving Blencogo at 10am. After spending time at the museum we are having lunch at the Powfoot Hotel at 12:30pm. After lunch we are going to the Savings Bank Museum and Rothwell Church Cross.

Bill then opened our annual White Wine Tasting which resulted in a runaway victory for his entry with other entries trailing well



behind. Vice Chair Graham Stukins presented Bill with the trophy.

We then learnt that Bill had again had a successful year with his wine at the Cumberland County Show winning two first prizes two second and three third. Many congratulations Bill.

The prize draw for the evening, gifted by Chris Russell, was won by Jan Jones. Thanks again to Stella for the cheese and biscuits.

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# Cumbria is Still a Safe Place

The latest figures released by the Police and Crime Commissioner show that overall crime has reduced.

The figures from April 2016 to the end of March 2017 detail that there have been 551 crimes less than compared to the previous 12 months, which equates to a 2% decrease. Anti-social behaviour has also shown a decrease of 11% which equates to 1,525 less incidents and youth anti-social behaviour has decreased by 2%, a reduction of 60 incidents.

Commenting on the latest figures, Cumbria's Police and Crime Commissioner, Peter McCall said: "I welcome the news that crime figures remain stable over the last 12 months. Although we are not complacent and even one victim of crime is one victim too many. Violence against the person and domestic violence have remained at a consistent level, overall violence against the person has fallen by 1.4% equating to 102 less crimes and domestic abuse crimes have decreased by 1%. It is important that people have the confidence to come forward and report domestic abuse which is still under reported. One of the areas that has seen the biggest increase is sexual offences (excluding rape) which has increased by 718 crimes (25%) and it is important that victims have the confidence to come forward and report. One in four of these crimes are non-recent (historic) and we encourage people to take the very brave step and speak out. You will be believed and we have specially trained officers to support you. Victims can contact the dedicated support service The Bridgeway directly. Whilst overall ASB has fallen we are not complacent. I am aware that in the last few weeks there have been a number of localised spikes in ASB and the police have ongoing operations to pro-actively address them. The 101 telephone service continues to be a concern. There is a rolling programme of improvements being implemented but these are taking time. I am actively monitoring them to ensure that the service improves.

I will continue to hold the Chief Constable to account for the force's performance at my Public Accountability Conferences where I receive regular updates and scrutinise how the Constabulary are addressing the changing nature of crime. Overall, these latest figures demonstrate the high-level of support the police in Cumbria receive from you and the quality service they deliver in return, in the face of increasing demand and the challenges surrounding extremism. It is only by us all working together we will keep us all safe."

Temporary Assistant Chief Constable Sean Robinson said: "I welcome the review of our 2016 / 17 performance figures, which show that Cumbria continues to have low levels of crime and anti-social behaviour. It is encouraging to see overall crime levels remaining static, and a reduction in a significant number of crime types. These statistics reflect the continued hard work that Cumbria Constabulary undertakes with partners to keep people, particularly those most vulnerable, safe. In line with the national trend, Cumbria has seen rises in reports of rape and other sexual offences. These are typically under-reported crimes and a lot of work has been done to encourage victims to come forward. It is positive to see that people are gaining confidence to report these crimes, and that they now benefit from the services available at The Bridgeway. Our priority is, and will continue to be, to keep people safe. Following recent tragic events in Manchester and London, it is even more important the communities help us to do this. Throughout the summer we will continue with increased reassurance patrols in our communities and at public events. I would ask members of the public to remain vigilant and to let us know if they have any doubts or suspicions. By working together we can continue to tackle crime and anti-social behaviour, and keep the county a safe place to live, work and visit."

# Dangers of Swimming in Open Water



During the current spell of warm weather, Cumbria Fire & Rescue Service is issuing a reminder to anyone tempted to cool off in rivers, canals, ponds, reservoirs or lakes - swimming in open water can have deadly consequences. The reminder comes during the annual National Drowning Prevention Week.

Every year firefighters are called to incidents where people (particularly children and young people) get into difficulty when cooling off in open water. The water may look calm on the surface, but there may still be strong undercurrents that could pull even a strong swimmer under. The water may also feel relatively warm on the surface, but just a few feet below can be icy cold even in the hot weather and can very quickly cause severe cramp and hypothermia. Young people often misjudge their swimming ability - they may view a river or lake as a tempting means of cooling off during a hot spell of weather, but fail to appreciate the harmful effects that the cold water



can have on their stamina and strength.

Due to these dangers, we are urging people, particularly children and teenagers, not to swim

anywhere other than in purpose-built and supervised swimming pools, unless they are members of an organised group.

The following are some key safety tips for staying safe near open water:

Alcohol and swimming do not mix - stay out of the water if you have been drinking.

Always watch your child while at the beach, lake or other natural bodies of water.

Never let older children swim in unsupervised areas like quarries, canals or ponds.

Do not swim near motor boats, jet skis or other power vehicles.

Never interfere with lifesaving equipment - you might need it yourself.

Learn to spot and keep away from dangerous water.

Take safety advice - heed notices which warn you of the danger.

Children should always visit open water sites with a grown-up.

# Fish & Chip Supper Fundraiser for the RNLI



On Friday 13th October the RNLI fundraisers are having a Fish and Chip supper in the Corner Café in Silloth.

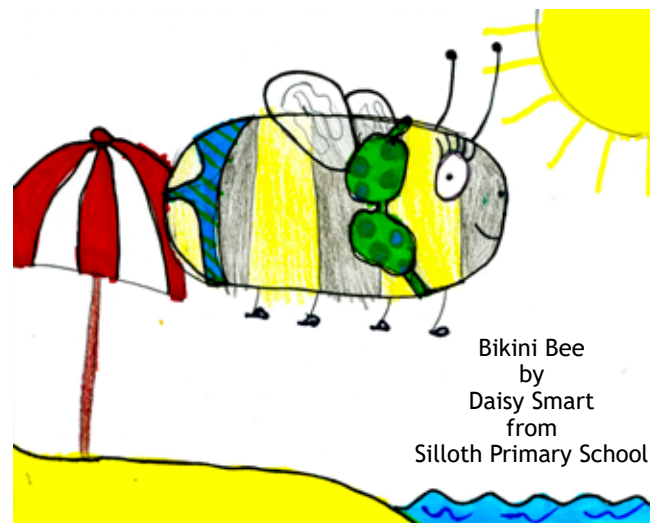
The suppers are £7.50 each, arriving at 7pm for 7:30pm. A bar will be available and quizzes are included.

It was great fun last year so come and join us again.

Please book now in the Corner Café with a deposit of £2. See you there!



Mr Maxwell Bee  
by  
Billy Morris  
from  
Silloth Primary School



Bikini Bee  
by  
Daisy Smart  
from  
Silloth Primary School

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# West Cumbria Community Awards Winners



Local people, volunteers and professional teams were among those who received PCC Community Awards (West Cumbria).

Winners and their guests were invited to Workington Police Station where they were presented with their awards by Cumbria's Police and Crime Commissioner Peter McCall.

Peter McCall said: "I launched my Community Awards earlier this year as I wanted to be able to formally recognise the outstanding work carried out by people within Cumbria who help to keep their communities safe, in either a voluntary or professional capacity. People who go that extra mile to deliver services to the public,

preventing crime, supporting vulnerable people and victims or deliver an outstanding service. I remain convinced that we all need to work together to keep Cumbria safe. My ethos is 'we, not they', and I am extremely grateful to those who epitomise this vision, and it is my pleasure to formally recognise them and say a very big 'thank you'."

Amongst the winners were Roy and Marian Muir from Whitehaven, who won the category of Outstanding Volunteers. Roy and Marian volunteer for the project Nightstop, and provide emergency overnight accommodation for youngsters in crisis.

Speaking of their award Roy and Marian Muir said:

"We both really enjoy hosting for Nightstop and have met some incredible young people, we find it so rewarding as it gives the young people a second chance to enjoy life and better themselves in their future endeavours."

Other award winners in west Cumbria were: Outstanding Team/ Professional – Public Protection Unit West Outstanding Community Project – Mandy Taylor, Jacq Cardy and Lauren Oaten from the 'Shackles Off' Youth and Community Project Commissioner's Special Award for Enduring Achievement – Cumbria Neighbourhood Watch Association

# Silloth Green gets Green Flag Award

Report by: Wendy Jameson  
Town Clerk

Silloth Green in Cumbria has been recognised by the Green Flag Award Scheme as one of the very best in the world. It is among a record-breaking 1,797 UK parks and green spaces that have received a prestigious Green Flag Award; the mark of a quality park or green space.

This international award, now into its third decade, is a sign to the public that the space boasts the highest possible environmental standards, is beautifully maintained and has excellent visitor facilities.

Councillor Bill Jefferson, Chair of Silloth-on-Solway Town Council's Parks Committee said: "We are absolutely delighted to receive a Green Flag Award for the fifth successive year, with our highest marks ever. The Green Flag judges spent three hours with us summarising a detailed and positive report with the comment that "this is a very attractive and well-managed site. It is a pleasure to visit and a real credit to all those involved in its restoration and ongoing management. Thank you. We know how much quality green spaces matter to residents and visitors, and this award celebrates the dedication that goes into maintaining Silloth Green to such a high standard."

The Green Flag Award is already paving the way for the two high-profile RHS visits to us. The Cumbria in Bloom judges visited us on 10th July and whilst we still await their final report, it is clear that they have been delighted to find further progress. It is widely known that this year, Silloth has again been nominated by the RHS to the national short list

of finalists in the small coastal town category. The national judges visit us on 2nd August and final preparations are underway by the Silloth in Bloom community group, to ensure the best possible outcome."

Silloth Green is one of the largest village greens in the North of England. It boasts spectacular views over the Solway Firth to Criffel and the Caerlaverock Hills in the North and the Lake District to the South. The Green forms a green link between Silloth's grand Victorian townscape and the sea front promenade, for many years attracting visitors seeking fresh sea air and recreational facilities.

The Green now boasts a modern Water Splash play area, an entertainment area in local Cumbrian sandstone, a woodland adventure play area, a Putting Green and a BMX track. Beautiful oak picnic tables and benches are to be found in various locations, all accessible by new paths. Along Criffel Street, some Victorian style lighting have been installed, in-keeping with the heritage of the town. The Edwardian ladies' toilets, built in 1910 and the spectacular Victorian pagoda overlooking the sea have also been sympathetically refurbished.

The Green's Community Garden, situated on the corner of Criffel Street and Lawn Terrace, was designed with input from local people. The garden was opened in May 2014 and is cared for by dedicated volunteers. The Heritage Rose and Bee Garden is situated closer to the sea, with a bee hotel in the middle of a striking display of rose bushes, plants and shrubs which have



created a haven for the local bee and butterfly population. In 2016, the Heritage Rose & Bee Garden won a Bees' Needs Award which is run in conjunction with Defra and the National Pollinator Strategy and is presented to Green Flag Award or Green Flag Community Award winning parks and green spaces in England that have made improvements to encourage pollinators across towns, cities and the wider countryside.

Regular events, organised by volunteers, are held on the Green annually, including Silloth Green Day, Silloth Vintage Rally, Silloth Carnival and the Silloth Music and Beer Festival. A weekly Thursday market is also held along the edge of the Green, along Criffel Street. General information can be found on the Silloth Green website at [www.sillothgreen.co.uk](http://www.sillothgreen.co.uk).

Tony Markley, Mayor of Silloth, said: "We are really pleased to have received another Green Flag Award which could not have been achieved without the dedicated work of our Town Council staff, grounds maintenance team and community volunteers. This Award recognises and highlights that people in Silloth and visitors to the town are benefitting from a green space of the very highest quality."

Silloth's flag raising will take place on Wednesday 2nd August 2017 at the Community Garden on Silloth Green.



Dirt Bike Rider  
by  
Kristan Scott  
from  
Silloth Primary School

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## WRAF's on Tour



Hi my name is Sarah Armstrong, myself and five fellow WRAFs are competing in a WRAFs on Tour 500 Mile challenge. As part of our challenge we are collecting photographs of us with people in uniform. In

Silloth your very own Silloth lifeboat crew posed with us for some photographs, myself and fellow ex WRAF friend Jules would like to say thank you for being so kind and helpful and for also allowing us onto the boat.



Carnival Queen  
Bee  
by  
Phoebe  
from  
Silloth Primary  
School



Buzz Bee  
by  
Ryan Wise  
from  
Holme  
St Cuthbert  
School



## Ann & Linda at Palace



Pictured at the Queens garden party in May on behalf of the Convalescent Home are Sister Linda Faulder and Matron Ann Blair. They spent a lovely afternoon at the palace in recognition of the Homes achievement of 'Outstanding Overall' in care. Ann and Linda said it was a privilege to represent the Home and all of the staff who made it all possible.

## Claim Your School Clothing Vouchers, If You Don't the School May Miss Out on a Pupil Premium Payment of £1,320

Cumbria County Council is urging parents of children beginning or returning to school in September to apply for school clothing vouchers and free school meals.

Since 2014, all children in reception and years 1 and 2 have been automatically entitled to free school meals, but many parents miss out on a free school clothing grant provided by the council worth £25 (or £35 for secondary pupils). Their child's school could also miss out on a Pupil Premium payment from the government of up to £1,320.

These payments enable schools to provide extra support to pupils to help them achieve their potential.

Parents may be eligible if they are in receipt of income support, Job Seekers Allowance, Child Tax Credits or Universal Credit. Applying online is quick and simple – the whole process takes around five minutes. Once approved, the council sends parents a voucher which they can redeem for cash at the Post Office,



giving them the choice of where to buy school clothing.

Councillor Sue

Sanderson, Cabinet Member for Schools and Learning, said: "It's so important that eligible parents continue to apply for free school meals even though all infants now automatically get one. If they don't apply, not only are they missing out on help with the cost of school uniforms, but their child's school could also miss out on thousands

of pounds. We know many families really benefit from subsidised school clothing and that is why the council continues to fund school clothing grants despite the cuts to our budget – we have a commitment to helping children and families who really need it. The application process is so quick and straightforward, don't miss out!"

Parents can apply online at [www.cumbria.gov.uk/](http://www.cumbria.gov.uk/) uniforms. Paper copies of the application forms are also available – call 01228 606060 for further details.

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## RNLI Fundraising for SILLOTH and DISTRICT

On Friday 13th October, RNLI fundraisers are having a Fish and Chip supper in the Corner Café in Silloth.

£7.50 each arriving at 7pm for 7:30pm.

Bar will be available and quizzes included.

It was great fun last year so come and join us.

Please book in the Corner Café

with a deposit of £2.00.

See you there!

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# We Lost Our World Record



During the Tour of Britain in 2015 and just after the race had passed down Criffel Street 891 people gathered on Silloth Green and created a new world record by making a human bicycle as shown above.



Well, we all new it had to happen someday, the staff and pupils at Kenilworth school have just broken our record using 1,148 people to create their human bicycle.

Thanks to Graham Suggett for sending the information.

# The New Carnival Parade Route



Due to ongoing Gas Works the Carnival Committee have had to change the way the parade runs this year. Unfortunately changing the route was unavoidable..

We have a great raffle and tickets are now on sale in most outlets in Silloth.

We are also calling on volunteers for help on the day - please contact Owen Martin or Mandy Kerr on Facebook if you would like to help - it would be greatly appreciated.

The carnival committee were deeply saddened to hear of Rayner Fletcher passing away - Rayner has

always been a significant part of Carnival Day and our thoughts are with his family at this sad time.

Cut this map out and keep it so you can plan where you want to stand on Monday 28th August. See you there!

## Play Your Part Act on Scams

Scams come in all shapes and sizes, from rogue traders offering gardening services to unregulated investments schemes, and every year Cumbrian residents lose thousands of pounds to these scammers.

July was Scams Awareness Month, a national campaign set up to raise awareness and reduce the impact of scams through the provision of advice and support.

This year's theme, 'Play your part, act on scams', urges us all to recognise, report and talk about the issues.

The total lost to scams and fraud each year is estimated to be £10.9 billion. Throughout the month the campaign will focus on four susceptible groups in particular:

- Young people (18-24) more than half of young people are unlikely to report scams according to Citizens Advice.
- 'Life established' (aged from 40-60) - historically targeted by scams relating to pensions, dating and property.
- Over 70s - commonly targeted by phone and mail scams with more repeat

victims than any other age group. The socially isolated - don't have the same access to support and advice, meaning victims welfare is of particular concern.

The impact of scams can be hugely detrimental, with people sometimes losing their life savings. Other scams are relatively small and often go unreported; but they still add up and have a huge impact on the victims' lives.

Cumbria Trading Standards Manager John Greenbank, said: "Our message to Cumbrian residents is to be vigilant, watch out for scams and take steps to protect yourself and your family. There is help available, and if you are a victim of a scam you should report it so we can try and stop it affecting other people."

Anyone in need of further advice on scams can call the Citizens Advice consumer helpline on 03454 04 05 06 or visit [www.adviceguide.org.uk](http://www.adviceguide.org.uk).

You can also report a scam to Action Fraud on 0300 123 2040.

**citizens advice**

## Bereaved? Sad? Lonely?

### Open Night at Silloth Bereavement Support Group is on 10th August 2017 from 7pm-9pm.

For those of you who have been thinking about joining in but have not yet managed to come along, the open night will be an excellent night for you to meet us and find out what we do. On this occasion please bring a friend if this will help you.

The meeting will be held at Silloth Community Hall opposite Silloth Motor Co. Garage, it will run from 7pm to 9pm and we look forward to seeing you.

If you are lonely or sad and feel you have very little to look forward to, as we were in the same position we know what it feels like and we can really help.

I asked one of the members to write a short piece on what they feel that they have gained from the Silloth group. The following is their reply.

"I married my best friend on the 28th November 2016, I lost him to cancer. My world was turned upside down and I was torn apart. I was lost and felt alone. I have a son and three daughters, family and friends, but I felt alone.

Pauline from Eden Valley Hospice told me to contact a Bereavement Group based at Silloth. After thinking about it for a couple of months I plucked up enough courage and rang, left a message and immediately Peter Richardson rang me back. That phone call was the

start of my new adventure.

Since that day, I have found new friends. We've been out for teas, coffees, runs out in the car around the lakes, out on the bus, walks round Keswick and Windermere, and talking. We talk about lots of things, but most of all I go out. I am with friends, people, who like me have lost someone very special. This is our thing we have in common and we support each other. I can now think of my husband and smile, he was special to me - my Brian."

On July 1st the group had a day out to Samye Ling, the Tibetan Monastery, you might think this was a rather strange place to

go to but we had a very interesting and happy day. We started with lunch at the Eskdalemuir 'Hub' which is a village run eatery, etc., where a great meal was had then we moved on to the Samye Ling. We walked through the gardens then made our way to the monastery where we asked to go in and listen to their service.

After exploring other parts of the Samye Ling site we went into their little shop then onto the cafe. We were lucky with the weather as the rain did not start until on our way home.

We hope to see you on the open night or before by telephoning Peter on 32146.

## JayBee's

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# Volunteer Support for Carers

West Cumbria Carers is a registered charity which has been supporting carers here in Allerdale and Copeland for 25 years, helping thousands of people - from ages five to over 90 - in their caring role. The support provided by volunteers plays a hugely important part supporting carers in the work they do.

The demands on carers can be huge and have a significant impact on their life. Many will ignore their own health. Perhaps they are unable to take breaks or attend appointments because of a lack of alternative care and can soon become socially isolated. Encouraging and enabling carers to take respite breaks or to have one to one support from a trained volunteer can help to alleviate stress and so minimise adverse effects on their own long term health and also reduce loneliness.

The volunteers at West Cumbria Carers achieve this in a number of ways:

Respite Sitters will regularly visit the cared for. This allows the carer to have a valuable break for a few hours with the peace of mind of knowing that the person they care for is being safely looked after. This service does not include personal care needs.

Drivers help carers to attend vital health appointments or support sessions that otherwise would be missed. They can also help carers attend the charities relaxation sessions and other events.

Counsellors provide this specialist form of therapy to those that need it as a result of their caring role.

Carer Supporters can regularly visit or contact someone who needs help in building



confidence or becoming socially active again.

Carers Champions raise awareness of the charities services among local carers and the general public. They help to identify carers who may wish to receive support from West Cumbria Carers.

If you are a carer why not call West Cumbria Carers to find out more. If you would like to volunteer we'd love to hear from you. Call 01900 821976.

# 8 Year Old Saved by Silloth Lifeboat Crew

**Silloth lifeboat launched on 11th July at 19:35hrs to an eight year old boy who had drifted out to sea in an inflatable dinghy off Allonby!**

The boy, who was wearing just swimming shorts, had been on Allonby beach enjoying the hot weather and using a small inflatable dinghy in the sea, when he was swept away by the strong tidal current!

The alarm was raised by the boy's mother who was also on the beach at the time with other family members.

After an extensive search of Allonby Bay by Silloth lifeboat crew and the assistance of a mobile Coastguard team from Maryport, the boy was found at 20:10hrs half a mile off Allonby, opposite the church. He was very cold, shivering and suffering from the early effects of hypothermia. He had attempted to swim to shore twice pulling the dinghy with him which made him more susceptible to hypothermia.

Silloth lifeboat crew



requested the launching of both the All Weather lifeboat (ALB) and the Inshore lifeboat (ILB) from RNLI Workington and also Maryport Inshore Rescue Boat to assist them with the search. A Coastguard helicopter was also tasked to the incident. All were "stood down" when the boy had been found!

The lifeboat brought the boy back to Silloth and delivered him into the hands of Paramedics from the

North West Ambulance Service who attended to him. After receiving some medical attention from the Paramedics the boy was allowed to go home.

Mark Ware, Helmsman of Silloth lifeboat, said "the young boy was very lucky to be alive and pointed out the dangers of using inflatables on the sea! I would also like to thank the other lifeboat crews and Coastguard teams who assisted with the incident".

## Help Wanted

Wanted: Volunteers to deliver the free community paper THE SOLWAY BUZZ in the following two areas:

- 1] **New Street Silloth - 26 houses**
- 2] **Abbeytown from the Wheatsheaf along to the Abbey - 37 houses.**

For further information contact Kath or Peter on 016973 32180. We look forward to you joining our special team of helpers.

## Beware of Online Pet Fraudsters

The National Fraud Intelligence Bureau (NFIB) and Action Fraud have recently noticed a rise in the reporting of pets, and in particular puppies and kittens, being advertised for sale via popular online auction websites. The fraudsters will place an advert of the pet for sale, often claiming that the pet is currently held somewhere less accessible or overseas. Upon agreement of a sale, the suspect will usually request an advance payment by money transfer or bank transfer. However, the pet does not materialise and the fraudster will subsequently ask for further advanced payments for courier charges, shipping fees and additional transportation costs. Even if further payments are made, the pet will still not materialise as it is likely to not exist.

Tips to staying safe when purchasing pets:



Stay within auction guidelines.

Be cautious if the seller initially requests payment via one method, but later claims that due to 'issues with their account' they will need to take the payment via an alternative method such as a bank transfer.

Consider conducting research on other information provided by the seller, for example a mobile phone number or email address used by the seller could alert you to any negative information associated with the number/email address online.

Request details of the courier company being used and consider researching it.

Agree a suitable time to meet face-to-face to agree the purchase and to collect the pet. If the seller is reluctant to meet then it could be an indication that the pet does not exist.

A genuine seller should be keen to ensure that the pet is going to a caring and loving new home. If the seller does not express any interest in you and the pet's new home, be wary.

If you think the purchase price is too good to be true then it probably is, especially if the pet is advertised as a pure-breed.

Do not be afraid to request copies of the pet's inoculation history, breed paperwork and certification prior to agreeing a sale. If the seller is reluctant or unable to provide this information it could be an indication that either the pet does not exist or the pet has been illegally bred e.g. it originates from a 'puppy farm'. A 'puppy farm'

is a commercial dog breeding enterprise where the sole aim is to maximise profit for the least investment. Commercial dog breeders must be registered with their local authority and undergo regular inspections to ensure that the puppies are bred responsibly and are in turn fit and healthy. Illegally farmed puppies will often be kept in inadequate conditions and are more likely to suffer



from ailments and illnesses associated with irresponsible breeding.

When thinking of buying a pet, consider buying them in person from rescue centres or from reputable breeders.

If you have been affected by this, or any other type of fraud, report it to Action Fraud by visiting [www.actionfraud.police.uk](http://www.actionfraud.police.uk) or by calling 0300 123 2040.

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Open Surgeries

Silloth Open 12am-3pm  
Consults 1:30pm-2:30pm  
Wednesday 6pm-7pm

Aspatia consults 6pm-7pm

Appointments at other times by arrangement  
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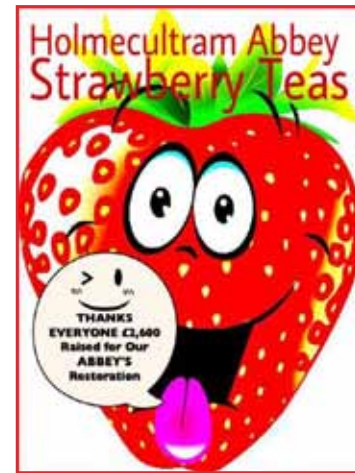
# Strawberry Teas at Abbey Raise £2,600!



On Saturday 8th and Sunday 9th July Holme Cultram Abbey was transformed as hundreds turned up to enjoy the fabulous strawberry teas on offer.

The weekend raised a staggering total of £2,600 was raised to support the ongoing restoration of the Abbey which is still recovering from the arson attack eleven years ago. Everyone took the opportunity to inspect the changes which have been made, these have made the Abbey a very useful resource for the whole area.

Congratulations to everyone who contributed to such a wonderful and successful weekend.



Home St. Cuthbert Community Group



At Culterham Hall, Mawbray

On Sunday 10<sup>th</sup> September, 12 mid-day until 4pm

Bric-a-brac, Cake stall, Tombola, Refreshments

£4.00 per table

To book a table contact Barbara Hepburn on 01900 881 343

Funds go to Home St. Cuthbert Community Group which will be used for improvements around each village in the parish.



**Holme Cultram Abbey Welcomes you to our Monthly Munch on the first Thursday of each Month from 12 Noon in our Refurbished Tea Room Main-Dessert-Tea or Coffee £4 Good Food Good Company Good Crack all proceeds go to the Ongoing Restoration of our Beautiful Old Abbey**

**EXILES CUMBRIA FIMBULVETR**

(GREAT WINTER)

**RALLY**

24-26th NOVEMBER 2017

SOLWAY HOLIDAY VILLAGE, SILLOTH

£15 ENTRY

DISCOUNTED ACCOMMODATION INCLUDING LUXURY CHALETs WITH HOT TUBS. HOLIDAY PARK FACILITIES SUCH AS SWIMMING POOL WILL BE OPEN FOR THE WEEKEND.

LIVE ENTERTAINMENT  
"League of souls"  
"SMACKED ARSE COMEDY SHOW"  
"The Clints"  
"Dirty South"  
TRADE STALLS  
"The Hoochie Coochie Moonshine Band"



For more information on the venue Visit <http://www.haganleisure.co.uk>

Exiles Cumbria will post updates regarding bands etc on Facebook



# Ragnarock Rally 4 at Silloth Rugby Club

Report by: Craig Hukins

At the end of June Bikers from all over Britain descended upon Silloth Rugby Club for the fabled 'End Of The World Rally'. This was the Fourth Ragnarock Rally organised and run by Exiles Cumbria, a motorcycle club based in the old Guard House on the airfield.

The rally is named after the Viking apocalypse, it is an annual event where over 300 bikers on all manner of bikes come to the town for live music and a chance to show off their rides in the custom bike show with the victors taking home Viking knife based trophies manufactured locally in a traditional Viking forge. This is not your average motorcycle rally.

With Axe throwing and archery competitions as well as a fire juggling jester and magician making this an event for the whole family, as well as the bikers and the residents of Silloth.

With tents, marquees and a trader village the Rugby Club is transformed into a mini festival site – a sight to behold.

The event give the whole

towns economy a boost with leather clad bikers seen in the cafes, bars and ice cream shops around Silloth, and this year the event also gave the RNLI lifeboat a boost with £600 donated from the raffle in addition to nearly £400 collected in donation buckets.

The Exiles are holding an additional rally at the Solway Holiday Village in November this year, it is named Fimbulvetr after the great Norse Winter which in mythology was the run up to Ragnarok.



Photo by: Jan Fialkowski



Photo by: Jan Fialkowski



Photo by: Jan Fialkowski



Photo by: The Exiles Report by: Steven Henderson

Silloth RNLI were presented with a cheque from The Exiles, Cumbria (motorcycle club based in Cumbria and with their clubhouse in Silloth).

A total of £928 was donated to the lifeboat station, £328 from collection buckets at the Ragnarock Rally held at the rugby

ground and a £600 donation from the Exiles.

Everyone at Silloth Lifeboat Station would like to send a huge thank you to The Exiles for their donation and for their hospitality during the weekend of the Ragnarock Rally where the Lifeboat was on display.





Copy Date ➡

Copy date for the September issue is: 1st August 2017

If your organisation has an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest mobile van will be outside Silloth Community Centre on Mondays from 1pm to 2:15pm and Fridays from 9:45am to 11:30am.

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Bridge Group

Meet on Wednesday evenings from 7 till 9pm, at the Golf Club to play Duplicate. Information from mike.md@btinternet.com.

Slimming World

Saturday Slimming World group in Silloth Primary School at 9am then the second group at 11am Tuesday Slimming World group at Silloth Primary School at 7pm Tel Denise on 07799 708465.

Christ Church

For Christ Church baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Abbeytown Library

Abbeytown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Production Team

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Email: office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us. When sending articles in, please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Dates for the Diary

July

28th Allonby Artex 2017 in Allonby Village Hall

29th Allonby Artex 2017 in Allonby Village Hall

29th St Andrews Church Bingo 2pm-4pm

30th Allonby Artex 2017 in Allonby Village Hall

31st Allonby Artex 2017 in Allonby Village Hall

August

1st Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

2nd Britain in Bloom judging today in Silloth

2nd Parkinsons UK Group Eddie's ramblings and lunch in Wheyrigg Hotel at 11:15am Tel 016973 52527

5th Abbeytown Carnival

8th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

9th Police Desk Drop-In at Silloth Library, 2pm to 4pm

10th Silloth Bearevment Group Open Night, tel Peter on 016973 32146

12th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

12th Free Barbecue with Churches Together from 11am to 3pm at The Abbey, Abbeytown, all welcome

13th Silloth Fairy Day on the green 11am to 4pm

15th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

15th Thwaite U3A Group meeting in All Hallows Community Centre, Fletchertown from 2pm to 4pm, talk: The lives and ladies of Burns and Wordsworth by Paul Heslop Tel Pauline 016973 49943

20th Annual Allonby Charity Ploughing Match at Allerby Hall Farm, Messr Miller, Info Ian Tordiff 07732 618819

25th Solfest

26th Solfest

26th St Andrews Church Strawberry Cream Teas 2-4pm

27th Solfest

28th Silloth Carnival

29th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

Errors do occur in Dates for the Diary. Please check before attending an event.

RNLI Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS

Monday 1 - 4pm Tuesday 11am - 4pm Wednesday 11am - 4pm Thursday 1 - 4pm Friday CLOSED Saturday 11am - 4pm Sunday 11am - 4pm

Our shop is entirely staffed by volunteers and may not be open at the advertised times - we do apologise for any inconvenience this may cause.

September

2nd Blencogo Village Hall annual produce show open 2pm

2nd Silloth & District Pensioners Coffee Morning, all welcome

2nd St Andrews Church Bingo 2pm-4pm

2nd Silloth Tigers v Furness

3rd Silloth Community Craft Show in Christ Church Hall, 12 to 4pm

4th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

6th Parkinsons UK Group meeting, Antiques Roadshow with Michael Roberts of PFK. (Bring an Item to be discussed and valued) Starting at 11:15am. Lunch at about 12:30pm in Wheyrigg Hotel Tel 016973 52527

7th Silloth Music & Beer Festival on Silloth Green

8th Silloth Music & Beer Festival on Silloth Green

9th Silloth Music & Beer Festival on Silloth Green

9th RNLI Evening with John Crouch (Chef) in St Cuthbert Church Hall in Wigton at 7pm for 7:30pm, £12

10th Holme St Cuthbert Community Group Table Top Sale in Culterham Hall noon to 4pm, Refreshments available, T: 01900 881343

10th Silloth Music & Beer Festival on Silloth Green

12th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

13th Police Desk Drop-In at Silloth Library, 2pm to 4pm

13th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

16th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

16th Silloth Tigers away at Millom

19th Thwaite U3A Group meeting in All Hallows Community Centre, Fletchertown from 2pm to 4pm, talk: Cumbria to China on a motor cycle by Michael Cowen. Tel Pauline 016973 49943

23rd Free Barbecue with Churches Together from 11am to 3pm at Christ Church grounds, all welcome

23rd Silloth Tigers v Carlisle Crusaders (2nd XV)

26th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

26th Blencogo Gardening Club in Blencogo Village Hall at 7:30pm, open to all £3, talk on Northern gardens to visit

27th SCTC Prize Evening from 7-8pm all welcome

30th Silloth Tigers away at Whitehaven

Dementia Cafe

To be held in WIGTON METHODIST CHURCH 1st Monday in month 10am - 12 noon For people with dementia and their carers Coffee, cake, chat....and more

October

2nd Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

4th Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am Tel 016973 52527

7th Silloth & District Pensioners Coffee Morning, all welcome

7th Silloth Tigers v Egremont

10th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

11th Causewayhead WI meet in the Community Hall at 7:15pm, all welcome

13th RNLI Fish & Chip Supper in Corner Cafe, booking deposit £2, supper £7.50

14th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

14th Cumbrian Dialect Competition hosted by Silloth Rotary in the Golf Hotel at 2pm

14th St Andrews Church Quiz & Food from 7pm-9:30pm

14th RNLI Fish & Chip Supper in the Corner Cafe at 7pm for 7:30pm

17th Thwaite U3A Group meeting in All Hallows Community Centre, Fletchertown from 2pm to 4pm, talk & tasting of jam & preserves by Wild & Fruitful Tel Pauline 016973 49943

18th Police Desk Drop-In at Silloth Library, 2pm to 4pm

21st Silloth Tigers away at Windermere

21st Bonfire + Fireworks on Silloth Airfield at 6pm

24th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

24th Blencogo Gardening Club in Blencogo Village Hall at 7:30pm, open to all £3, talk on bulbs glorious bulbs

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches.co.uk/service-60e.html

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm, details from Gladys 016973 43964

Wigton Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For further information please contact: Gill Edmondson Tel: 016973 71696

November

1st Parkinsons UK Group meeting, speaker and lunch in Wheyrigg Hotel at 11:15am Tel 016973 52527

6th Silloth Town Council meeting in Community Hall, Petteril Street at 7pm

4th Silloth & District Pensioners Coffee Morning, all welcome

7th Solway Tea Dances in Westnewton Village Hall from 1:45 to 3:45pm, 07765 961822, all welcome

9th Causewayhead WI meet in the Community Hall at 2pm, all welcome

4th Silloth Tigers v Cockermouth

10th RMW6 at Stanwix Park www.stanwix.com

11th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

11th Silloth Tigers away at Workington

11th RMW6 at Stanwix Park www.stanwix.com

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Wednesday Bunch

Silloth Evangelical Free Church, Eden Street Wednesday Bunch. at 5pm every Wednesday, (except in school holidays) Fun, bible stories, quizzes, craft, games for 5-11s

Breast-feeding Group

Mondays 10am to 11:30am Wigton Bowling Club, West Road, Wigton

Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present.

Other Room usage is subject to fulfilling certain criteria and must be arranged and pre booked.

Contact numbers: Silloth 016973 31509 Wigton 016973 43870 Aspatria 016973 23401

Martial Arts

Silloth Dragons Mixed Martial Arts Club train in Christ Church Hall on Thursdays under 12's 6:45pm to 7:30pm 12's & over 7:30pm to 8:30pm Keep Fit 8:30pm to 9pm NEW MEMBERS WELCOME For further details contact Stephen on 07811 761033



# Buzzing Letters

Dear Buzz,

I would like to thank all my family, friends and neighbours for all my cards and presents that I received on the occasion of my 80th Birthday! I enjoyed three Birthday Parties, the first one was at Greenrow Pentecostal Church, where we had a lovely birthday tea and cake and lovely fellowship. The next two were in the Golf Hotel, Silloth where I celebrated with most of my family! I feel very lucky to have such lovely neighbours, friends and family!

Thanks again!  
Betty Johnston



Dear Buzz,

star  
letter

Congratulations to all concerned with the awards for the Green but what sort of flag would you give to Causewayhead Cemetery. Grass over the height of the wall in the old churchyard. I have heard Markley's and Reay's are planning safari hunts? For four years I have been trying to get the water tap reinstated, every excuse under the sun for not doing it. Hardly the most expensive project in the Allerdale or Parish council budget. The grass cutting contract is a joke! Untidy would be flattery, apart from the few able bodied people who tend to their own families and war graves, it is a total disgrace and disrespectful. I would like to nominate it as the worst kept cemetery in Cumbria and maybe a skull and crossbones might be an appropriate flag.

Yours truly  
C. Briggs

Christina  
by  
Christina McGuire  
from  
Holme St Cuthbert  
School



Dear Buzz,

I have now recovered from shock and would like to thank my three Special Girls for a wonderful surprising week for my 70th birthday. Carren for travelling from Australia and hiding in my cupboard, Sara doing a fantastic job on planning a surprise party and Spa Break and Emma for helping in many ways - especially hiding Carren in Carlisle for two days! Last but not least, thanks for the many, many cards and presents received, my husband for keeping the secret and Vicky and the Fairy dust team for a brilliant night.

Isabel White

Dear Buzz,

Through the pages of the Buzz I would like to express a grateful thank you for all the messages of sympathy and condolences extended to me from friends, and the generous people of Silloth, regarding the sad death of my wife Jean Wilson on the 20th July 2017. In particular, the matron and staff of

Silloth Nursing Home for accommodation after the disastrous fire at our home at Barracks Bridge. I also wish to extend my thanks to those kind motorists who stopped and helped evacuate my wife, and myself from our home during that fire. plus, of course, the attending emergency services and members of our own family.

Malcolm Wilson



Hunter Bee  
by  
Lexi Millar  
from  
Holm Cultram  
Abbey School

# Readers Poems

Webbed Feet by Penny Stimson

I'm sat watching Wimbledon  
our annual summer game,  
where everyone is sweltering  
there's not a drop of rain.

While I'm sat in my lounge  
my heating on full blast.  
A blanket lays around my legs  
wondering how long the rain will last.

It's raining hard outside the door  
and beating on the window pane,  
there's water all around the home  
and flooding down the lane.

There seems to be a big divide  
between the weather we all get.  
The south has all the sun and heat  
and we get all the wet!

But look at our lovely lakes  
there so beautiful when its fine,  
something we should savour  
just like a good fine wine.

I would not change  
where I live  
just to have some heat.  
But a little less rain would help  
as I'm getting webbed feet!

UNTAMED by Mrs J Bailey

I went down to the sea again  
To stand and stare in awe  
As Neptunes mighty blue domain  
Rushed ceaselessly to shore.

The power of the moving mass  
Brought to my mind the thought,  
How futile man's relentless fight  
To conquer, comes to nought.

A View from our Conservatory

Poem by: Hazel Baxter  
with help from Tyler (11), and Emelia-Rose (3)

We're watching Peter Pigeon, who's now out on patrol  
He's looking for Miss Peggy to take their morning stroll.

The day is quite peaceful, after all the chit and chatter...  
Of Starlings as they fight and fratch, then stop to have a natter.

Sparrows then come rushing down, all in their smart  
waistcoats  
They know they can come anytime, after all we are their hosts.

Bossy little Robins need to know what's going on  
They hop around without a care  
Then with red bibs glowing brightly, settle on our garden chair.

Our darling little Jenny Wren so fussy sweet and shy  
Hops in and out and here there  
Choosing her food, she takes her fill  
Then off she goes without a care.

Our Dunnocks are such shy birds dashing from the  
undergrowth  
They visit us quite often whatever time of day  
To feed from morsels on the ground  
Then off they dash without delay.

Adorable little blue tits give their acrobat display  
While stopping off for lunch at any time of day.

And now a Black-capped Great Tit as handsome as can be  
joins our winged family and calls out "Look at me!"

Finches with their array of colours fill us with delight  
All groomed to perfection, my goodness, what a sight!

The Blackbird serenades us before calling in for tea  
Their demeanour send this message; "Come on... make room  
for me!"

Our lovely pair of Collared Doves come calling every day  
So timid, so neat and oh! So shy, they never have very much  
to say.

A streak of shinning black and white, not a feather out of  
place  
We now salute the Magpie who called to show his face.

A visiting Kestrel, a wonderful sight!  
Was a bird that wasn't expected  
She didn't stay long, just sat still on the fence  
This time our food was rejected!

An enchanting bird; the Sparrowhawk was passing by one day  
He decided to have his lunch with us, but didn't stop to pay  
As bird lovers we've mixed feelings, but I must say,  
To see that close-up of the Hawk, that really made my day.

We haven't a massive garden just quite a modest plot  
Because we love all wildlife we make the best of what we've got.

A couple of nice bird baths, feeding stations topped up all the  
time  
Plenty of shrubs and undergrowth, so here ends my little  
rhyme.

DO YOU HAVE A POEM OR LETTER FOR THE BUZZ?  
WE WELCOME ALL SUBMISSIONS.  
PLEASE REMEMBER TO INCLUDE YOUR CONTACT INFO.

# Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Polo Shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on page 10 and a quality Solway Buzz embroidered Polo Shirt from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to the Buzz, our address on page 10.

This month  
the winner is  
Scarlett McAvoy  
from Holme St  
Cuthbert School  
with a bee  
drawing called  
"Music Bee".

Well done!



Silloth Local Link  
Library &  
Tourist Information  
Opening Times

Monday 10-1pm 2-4pm  
(Library Open Until 5pm)

Tuesday CLOSED

Wed 10-1pm 2-4pm  
(Library Open Until 5pm)

Thursday CLOSED

Friday 10-1pm 2-4pm  
(Library Open Until 5pm)

Saturday 10-1pm

Tel: 016973 31944

## Non-Commercial Tourism Websites

solwaybuzz.co.uk  
sillothgreen.co.uk  
sillothonsolway.co.uk  
sillothgolfclub.co.uk  
vintagerally.co.uk  
sillothbeerfestival.co.uk  
silloth-on-solway-tc.gov.uk  
visitscumbria.com/wc/silloth  
soldiersinsilloth.co.uk  
solwayplain.co.uk/silloth1.htm  
facebook.com/sillothgreen  
facebook.com/silloth-carnival

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk





# Local Tradesmen and Services



## Aerial Services

### Beacon Aerial Services, Wigton

Tel. 07941 370669

TV Aerials

Satellite systems

Home Cinema

High Definition Distribution

CCTV

Audio and PA Systems

Computer Networking  
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## Building Services

### BARRY CASSON Bricklaying Contractor

All Building and  
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t: 01900 336785  
m: 077098 22238

email: BAZCASS88@HOTMAIL.CO.UK

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### CUMBRIA CARAVAN REPAIRS

#### Motor Caravan & Caravan Repairs

- Servicing
- Re-Sealing
- Gas Servicing
- Interior Repairs
- Chassis Repairs
- Damp Repairs
- Accident Repairs

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07823 440813

cumbriacaravanrepairs.co.uk

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### MIKE JONES Painter & Decorator

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Mike Jones painter and decorator

E: mikedecorator53@gmail.com

T: 07842 355486

57 Waver Street, Silloth

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Email: pelisethan@sky.com

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### Addison Orthodontics

Dental Repair Service

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Silloth, t: 016973 32208

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### Steven Henderson Electrical

All Electrical Work

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Mob 07553 468819

## Firewood

## Seasoned Firewood Logs

DELIVERY  
AVAILABLE

Tel: Ashley Sharp  
016973 31495  
07762 772208



## Gardening

### Allen Armstrong Garden Services

Grass & Hedge Cutting

Pruning & Tree Surgery

General Maintenance

Tel: 07768 496313

### Callum Findlay Garden & Paddock Services



Domestic  
&  
Commercial

Grass & Hedge Cutting

General maintenance

Flail mowing / topping

Wood chipping

Micro digger / Fencing

Pressure washing

Mower maintenance

Land/Garden clearance

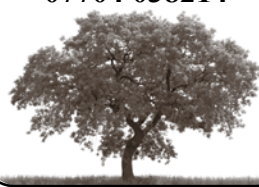
Tel: 07765 314597

Silloth

### South End Garden Services Wigton

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Rubbish Removals  
General Tidy-ups  
all jobs considered

Contact Paul  
07704 038214



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## Plant Hire

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JCB JS 220LC

The big jobs, Stripping ground,  
Demolition, Crushing, etc.

Tel Eric Stanwix, Silloth:

07736 774 788

also available to Drive

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Mobile: 07518 454396

www.allerdaleandedenroofingservices.co.uk

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Tel: 01228 548591 or Mob: 07931 362163  
or 07833 305647 or 07534 050007

## Window Cleaners

### Abbey Cleaning Services

Call Ryan on 016973  
61162 or 07732 270844  
working throughout  
Abbeystown, Silloth &  
surrounding areas



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# Ships that Pass on the Tide



Report & Photos by:  
John Forrester  
More coverage of shipping  
at Silloth can be found at  
[www.cumbriashipphotos.  
weebly.com](http://www.cumbriashipphotos.weebly.com)

A busy afternoon with  
two ship movements on one  
tide. This requires careful  
timing by the pilots to ensure  
there is sufficient depth  
of water to complete the  
manoeuvre.

KREMPERTOR set sail  
first heading for Belfast after  
unloading a cargo of French  
wheat. The empty vessel was  
high in the water with the  
partly submerged propeller  
creating a wash on exiting  
Marshall Dock. Conditions  
were calmer than when she  
had arrived two days earlier.  
The unseasonable June  
weather meant a 24 hour  
wait off Workington until  
the wind eased sufficiently to  
allow entry to the port.

Meanwhile, WILSON  
HARRIER was making her  
approach ninety minutes  
after a pilot had boarded  
at Workington anchorage.  
Timing was on schedule as  
the ships crossed just to the  
south of the port.

WILSON HARRIER, a



new visitor, is the sixth ship  
from the large 'Wilson' fleet  
seen here this year. The six  
day sailing from the Baltic  
port of Klaipeda had taken  
her via the North Sea, along  
the Pentland Firth and down  
the west coast of Scotland.  
The voyage was completed  
with a smooth entrance to  
Marshall Dock & manoeuvre  
towards her berth. Within  
24 hours she was unloaded  
and ready for departure to  
Liverpool on the afternoon's  
tide.



# Tide Tables

AUGUST 2017										SILLOTH
Date	DEPTH ON NEW DOCK GAUGE									
	High Water				Low Water					
	Morning		Afternoon		Morning		Afternoon			
	Time	m	Time	m	Time	m	Time	m		
1 TU	06 14	5.2	18 52	5.1	00 21	0.5	13 07	0.4		
2 W	07 27	5.1	20 02	5.2	01 30	0.6	14 14	0.5		
3 TH	08 36	5.2	21 03	5.5	02 41	0.5	15 16	0.4		
4 F	09 33	5.5	21 53	6.0	03 45	0.3	16 10	0.1		
5 SA	10 20	6.0	22 34	6.4	04 37	-0.0	16 57	-0.1		
6 SU	10 59	6.3	23 10	6.7	05 23	-0.3	17 40	-0.4		
7 M	11 33	6.5	23 46	7.0	06 06	-0.5	18 19	-0.5		
8 TU			12 06	6.7	06 46	-0.7	18 58	-0.6		
9 W	00 19	7.2	12 39	6.9	07 25	-0.9	19 37	-0.8		
10 TH	00 54	7.3	13 16	7.0	08 02	-0.9	20 16	-0.8		
11 F	01 32	7.3	13 53	7.0	08 41	-0.9	20 54	-0.7		
12 SA	02 10	7.2	14 32	6.7	09 16	-0.8	21 30	-0.6		
13 SU	02 50	7.0	15 14	6.5	09 52	-0.6	22 09	-0.4		
14 M	03 36	6.7	16 04	6.2	10 32	-0.4	22 54	-0.1		
15 TU	04 31	6.4	17 05	5.9	11 22	-0.1	23 52	0.1		
16 W	05 40	6.0	18 23	5.6			12 27	0.1		
17 TH	07 01	5.9	19 43	5.7	01 09	0.1	13 48	0.1		
18 F	08 19	6.0	20 56	6.2	02 33	-0.0	15 07	-0.1		
19 SA	09 27	6.4	21 55	6.7	03 51	-0.4	16 18	-0.4		
20 SU	10 25	7.0	22 48	7.3	04 57	-0.7	17 19	-0.7		
21 M	11 15	7.3	23 34	7.6	05 57	-1.1	18 14	-0.9		
22 TU	11 59	7.5			06 49	-1.3	19 01	-1.1		
23 W	00 16	7.7	12 40	7.5	07 34	-1.4	19 44	-1.1		
24 TH	00 57	7.7	13 22	7.4	08 15	-1.4	20 23	-1.0		
25 F	01 37	7.5	13 58	7.1	08 53	-1.1	20 59	-0.8		
26 SA	02 14	7.2	14 34	6.7	09 26	-0.8	21 31	-0.5		
27 SU	02 50	6.7	15 12	6.3	09 57	-0.4	22 02	-0.1		
28 M	03 31	6.2	15 54	5.9	10 28	-0.1	22 37	0.2		
29 TU	04 17	5.6	16 47	5.4	11 06	0.4	23 24	0.6		
30 W	05 18	5.1	17 55	5.0			12 00	0.6		
31 TH	06 37	4.8	19 16	5.0	00 31	0.8	13 18	0.8		

Times shown in UTC. Add 1 hour for British Summer Time.

Times shown in UTC. Add 1 hour for British Summer Time.

## June Shipping at the Port of Silloth

Report by:  
Ian Macpherson,  
Deputy Harbour Master &  
Short Sea Pilot

1st June Jumbo departs  
to SFO.

2nd June Furness Abbey  
departs for Barrow.

4th Wilson Tees arrives  
from Klaipeda with a cargo  
of fertiliser and sailed on the  
5th for Briton Ferry.

12th Krempertor arrives

from La Pallice with a cargo  
of wheat and sailed on the  
13th for Belfast.

13th Wilson Harrier  
arrives from Klaipeda with a  
cargo of fertiliser and sailed  
on the 14th for Liverpool.

26th Indi arrives from  
Ghent with a cargo of  
fertiliser and sailed on the  
28th to SFO.

## Phone Book

This section recognises those whose financial help keeps us  
going. If you wish to contribute in this way without taking an  
advert, please contact the Buzz, it costs only £50 a year.

- Abbey Cleaning Services  
07732 270844
- Addison Orthodontics  
016973 32208
- Allen Armstrong Garden Serv's  
07768 496313
- Allerdale & Eden Roofing Serv's  
01900 813517
- Barry Casson  
077098 22238
- Beacon Aerial Services  
07941 370669
- Beacon Veterinary Centre  
016973 20242
- Beaty & Co Solicitors  
016973 42121
- British Heart Foundation  
01946 418805
- Butterworths Solicitors  
01228 739907
- Callum Findlay gardener  
07765 314597
- Causewayhead Country Store  
016973 325214
- Christine's Taxis  
07917 564583
- Computer Problems  
016973 32089
- Cumbria Caravan Repairs  
07823 440813
- D A Harrison  
016973 42277
- David Allen Accountant  
01228 711888
- David Read joinery  
07759 783823
- Digger Hire  
07736 774788
- Fairydust Emporium  
016973 31787
- Gayle's Body Solutions  
07725 990062
- Golf Hotel  
016973 31438
- Good Companions  
016973 31553
- Hair She Goes  
07857 989358
- Harrisons Store Ltd  
016973 61231
- Jackie's Footcare  
016973 32373
- Jaybees  
016973 31245
- KL Express  
016973 33033
- KMG Plumbing & Heating  
07590 522621
- Man with a Van  
07736 774788
- McDermott Chimney Sweep  
07878 147444
- Mike Jones Decorator  
07842 355486
- Mike Taylor Plumbing  
07773 069856
- No. 17 Delicious  
016973 32458
- Outdoor Joinery  
016973 61256
- Peter Farrier painter  
016973 33039
- Pink Poodle  
07519 223364
- PM Roofing Specialists  
07931 362163
- Queens B & B  
016973 31373
- Sea Barn Quilting  
07724 899476
- Seasoned Firewood Logs  
07762 772208
- SG Coaches  
016973 31940
- Silloth Cafe  
016973 31319
- S.O.S.C.S.  
016973 32452
- Slimming World (Denise)  
07799 708465
- South End Garden Serv's  
07704 038214
- Spar  
016973 31293
- Spot On  
07736 774788
- Stanwix Park  
016973 32666
- Steven Henderson Electrical  
016973 31163
- The Charity Shop  
016973 31696
- The Lowther Bar & Restaurant  
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### Useful Tel Numbers

- Age Concern Home Safety Scheme  
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- Chemist, Silloth:  
016973 31394
- Community Grants:  
01900 325013
- Crime Stoppers:  
0800 555 111
- Dental Emergency:  
01228 603620
- Dentist, Buchanan:  
016973 31270
- Dentist, Steel:  
016973 32042
- Doctor:  
016973 31309
- Doctor CHOC service  
03000 247 247
- First Responders can only be called by  
the Ambulance service, call: 999
- Gas:  
0800 111 999
- Highways Hot Line  
0845 6096609
- Hospital:  
01228 523444
- Holme St. Cuthbert School  
Mawbray:  
01900 881242
- Holm Cultram Abbey CofE School  
Abbeytown:  
016973 61261
- MP, Sue Hayman:  
01900 702929
- NAP  
01900 702898
- Neighbourhood Forum:  
01900 325013
- Police:  
101
- Quakers, Wigton:  
01228 523174
- Register Office, Wigton:  
01228 221122
- Samaritans:  
01228 544444
- Silloth Community School:  
016973 31234
- Silloth Library  
016973 31944
- Silloth Nursery & Junior School:  
016973 31243
- Silloth Town Clerk:  
016973 31128
- Allerdale B. Council  
03031 231702
- Silloth Tourist Information Centre:  
016973 31944
- Solway Buzz:  
016973 32180
- Vet:  
016973 20242
- Waste Disposal Dept:  
01900 702800
- Water LeakLine:  
0800 33 00 33
- West Cumbria Carers  
01900 821976
- Please, let us know what you want  
included, also any changes to numbers.



# Silloth Steps to Success *plus* Things To Do

Silloth Steps to Success is a group of interested agencies, residents and community groups pulling together to raise awareness around Health & Wellbeing in the Silloth area. If you would like more information or get involved, please contact: [valerie.ayre@cumbria.gov.uk](mailto:valerie.ayre@cumbria.gov.uk)

Regular features will appear on Health & Wellbeing topics to advise on maintaining a healthy lifestyle.



## Joanne Brooks from Silloth Primary School tells us about their 100 Mile Challenge:

Earlier in the year, the children across Reception, Key Stage 1 and Key Stage 2 at Silloth Primary School signed up to Active Cumbria's 100 Mile Challenge. Our challenge was funded by the Health & Wellbeing Forum in Allerdale and is part of New Balance's Global Sparkstart initiative. This initiative seeks to inspire millions of children around the world to discover the massive benefits that can be derived from regular physical activity. By actively taking part in the challenge, children are encouraged to walk, run, cycle or use a scooter which helps them reach the recommended levels of being active for at least 60 minutes each day.

The goal is to reach 100 miles before the end of June. Each time children complete a mile, they tick it off their personal record cards. When 'milestones' are reached (10, 25, 50, 75 and 100 miles) they receive a personalised certificate.

Staff mapped the distance from various housing areas to school so children could add their daily journey to school to their charts and soon the miles started to add up! The children have all relished competing to see who could be the first in their class to receive the various certificates and one class even added the distance walked during a geography field trip around Silloth!

Some children have completed the challenge with many more well on their

way to finishing it before the end of the term – our Year 6 children racked up a huge 27 miles during their recent residential visit to Edinburgh whilst the Year 5 class managed an impressive 17 miles during their trip to York. The children have enjoyed taking part in the challenge and it certainly has got them all thinking about how active they are!

**Antibiotic resistance** is one of the biggest threats facing us today. Visit <http://antibioticguardian.com> today and choose one simple pledge about how you'll make better use of antibiotics and help save these vital medicines from becoming obsolete.

### Healthy Start Vouchers?

With Healthy Start, you get free vouchers every week to spend on milk, plain fresh and frozen fruit and vegetables, and infant formula milk. You can also get free vitamins.

Pregnant or have children under the age of four? You could qualify if you're on benefits, or if you're pregnant and under 18.

How to apply



Applying for Healthy Start is easy. If you already have an application leaflet just fill out the form inside, ask your midwife or health visitor to sign it and send it to us using the freepost envelope supplied. We use information from your tax

credits and benefits claims to check you qualify so make sure all your details (including your address) are up to date with Tax Credits and JobCentre Plus as this will help us process your application quickly.

The Co-op & The Well Pharmacy in Silloth both accept these vouchers.

For further information or to get a form if you don't have one : go to: [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

### What's on:

If Physical activity was a drug it would be classed as a wonder drug!

Did you know that low physical activity is one of the top ten causes of disease and disability in England? Regular physical activity can help to prevent and manage over twenty chronic conditions and diseases.

Physical activity is also essential for the brain! It gets the heart pumping and the circulation going, which increases blood flow, carrying more nutrients and oxygen to the brain improving memory and brain power. Physical activity can also improve your outlook and help reduce emotional distress.

Physical activity does not need to be strenuous to be effective – a brisk walk, a swim, or even a spell of gardening – just 10 minutes of activity that gets the heart rate up has a health benefit.

Download the ACTIVE10 app and you can start tracking your ten minutes of activity now!

[www.nhs.uk/oneyou/active10/home](http://www.nhs.uk/oneyou/active10/home)

Below are some activities happening in Silloth:

### Silloth Sports Hall:

- HIIT (High-intensity interval training) Saturday mornings 10am.

- Circuits / HIIT – Wednesdays

-Netball – Thursdays 6:30pm (seniors from about 14 years)

- Cheerleading - Wednesdays

### Other activities:

-Walking group – various meeting points

-Golf – adult and junior sessions

-Silloth Tigers (rugby union)

-Silloth Football Club

-Silloth Juniors Football Club

-Walking Football – Mondays 1:30pm on the Green next to the tennis courts

-Silloth Bowling Club

-Silloth Tennis Club (junior only/tennis courts)

-Abbeytown Badminton Club (in Silloth Hall)

-Fitness Centre on the rugby club site.

### Learning & Skills

Cumbria County Councils Community Learning and Skills offer a wide range of courses for Adults aged 19+ throughout the Allerdale area on a variety of subjects including Maths and English, Digital Skills, Community Leisure and Employability, many of our courses are free. We also offer the following Health and Wellbeing courses:- Healthy Hearts Mindfulness

### Healthy Cooking

Call to discuss your learning needs:- Carole Tubman, Community Development Worker 01900 706187 or e-mail [carole.tubman@cumbria.gov.uk](mailto:carole.tubman@cumbria.gov.uk)

### Summer Fun

Let's Get Active.... with Wright Sport Services. Wright Sport Services offer physical activity sessions which are enjoyable and inclusive for all children aged 5 – 12 years. Come along and get involved in activities such as football, dodge-ball and multi-skills team games. So if this is something you think you might enjoy come along and get active and have some fun over the summer. To book tel: Lynne Douglas on 016973 23401 or email [lynne.douglas@barnardos.org.uk](mailto:lynne.douglas@barnardos.org.uk) Silloth area venue to be confirmed - Tuesday 22nd August : 1pm – 3pm

### Super Chef!

Do you see yourself as being a super chef? If so, come along to this new and exciting cookery session. Children will learn to cook a meal together and will enjoy this for lunch at the end of the session. The sessions will give children the confidence and skills they need to be 'hands on' in the kitchen and will enable them to make healthier food choices throughout their lives. Suitable for children aged 8-12 years and places must be booked in advance. Please contact Alison Cain for more information about

the sessions and to book your place on 01900 604822 or by emailing [alison.cain@barnardos.org.uk](mailto:alison.cain@barnardos.org.uk) North Allerdale Children's Centre (Silloth) - Thursday 17th August: 10am – 12pm.

### Family Fun Fridays!

An opportunity to meet with the Children's Centre staff and find out what services we will be delivering from September onwards. You can join in with the Barnardo's Toddler, make exciting arts and crafts to take home and try out football skills with Workington Reds. A fun morning for all the family to enjoy. For more information about family fun sessions and to book your place please contact Sarah Scott on 016973 23401 or by emailing [sarah.scott@barnardos.org.uk](mailto:sarah.scott@barnardos.org.uk) North Allerdale Children's Centre (Silloth) - Friday 4th August: 10:30am – 12:30pm.

### Silloth Library:

There will be a Fun packed Family Cooking Session at Silloth Library on the 1st September running from 1pm–3pm. Activities will include; Love Food Hate Waste ideas and tips with lots of free goodies. A cooking session using ripened fruit to create tasty treats. With lots of cool activities to get you thinking about healthy food in different ways.

Booking is essential as places are limited. Please call Silloth library to book on 016973 32195.

## THE CHARITY SHOP

(Good Causes, Silloth) Eden Valley Hospice  
1 Queen's Court Marie Curie Cancer Care  
Criffel Street North Lakeland Hospice at Home  
Silloth Macmillan Cancer Support  
Tel: 016973 31696  
Contact: Denise Poland on 07736 386093  
Closed Mondays Please help us to help them

## Silloth on Solway Community Shop

- \* Local people working for local causes \*
- \* All proceeds go back into the community \*
- \* Please continue donating \*
- \* Collection can be arranged \*

### S.O.S.C.S.

Open every day  
10am to 3:30pm  
Tel: 32452



S.O.S.C.S.  
12 Criffel Street  
Silloth

## top2toe BEAUTY SALON

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Manicures, Pedicures & Shellac  
Individual & Strip Lashes  
Electrolysis, Collagen Bed, Sunbeds, Spray Tans  
and many more (Gift Vouchers Available)  
8A Eden Street, Silloth Tel: 016973 31591



# New Local Cheesemaker

Adrian McGreavy has launched a new business 'The Mawbray Cheese Company'. It was launched on 28th

June at the Lowther Pub in Mawbray with a free cheese tasting opportunity. The Cheese is made

from local award winning Ayrshire milk farmed by Rodney and Annabell on the edge of Mawbray, so is very much a local affair. Over eighty people attended the event. Everyone was given a plate with five good samples of cheese made by Adrian, an information sheet and a feedback sheet. Comments from the feedback included 'very creamy and lots of flavour', 'Great Event very well organised', 'loved the texture and taste', 'lovely Fresh flavours'. The cheese is available for sale at the Moody Cow of Allonby and Shills of Cockermouth, it is also being used by local eatery's such as The Lowther,



# Worth Shouting About



Mawbray and Shills of Cockermouth. The first to go on sale at the Moody Cow sold out in a day. Adrian has a connection with food from being a chef for over twenty years in the past and making cheese for many years for family and friends. We have a Facebook page fb./me/mawbraycheesemaker where people can check out the latest cheese and location of where it can be purchased.



Rose  
by Hannah Wise from Holme St Cuthbert School



Cloudy Bee  
by Lauren Strick from Silloth Primary School



Tilly & Tommy & Emoji Bees  
by Ailsa Little from Holm Cultram Abbey School

**Lifeboats**

**An Evening with JOHN CROUCH**

**Saturday 9 September 2017**  
at St Cuthbert's Church Hall, Wigton

**7pm for 7.30**

Tickets £12.00 including a 3 course meal and a cookery demonstration  
Bar available

Tickets from: Croft House Cards, High Street, Wigton  
Little Garrys, Station Road, Silloth

For more information: 016973 31502

**RNLI.org** **FR** **REGULATOR**



## ALLERDALE BOROUGH COUNCIL

### NOTICE OF AN APPLICATION FOR A PREMISES LICENCE

Date this notice posted on the premises 4th July 2017  
Premises **The Fairy Dust Emporium**  
Address 8 Eden Street Silloth CA7 4AD

I Victoria Hope have applied to Allerdale Borough Council (the Licensing Authority), for a Premises Licence in respect of the above premises. The application relates to the sale of alcohol/provision of regulated entertainment such as Music, Live performers and the playing of recorded sound. Where applicable regulated entertainment will include:-

Proposed times when licensable activities are to be provided

Sale/Supply of Alcohol  
All week from 0900 to 2300

Regulated Entertainment  
All week from 1800 to 2200

Other times when the premises will be open

All week from 0900 to 2300

Any person intending to make relevant representations on this application should submit them in writing within 28 days from the date this notice is first displayed on the above premises to: Licensing Department, Allerdale Borough Council, Allerdale House, Workington, Cumbria CA14 3YJ or by emailing to: licensing@allerdale.gov.uk

The full application can be viewed at The Town Hall, Oxford Street, Workington, CA14 2RS between the hours of 10.00am to 4.00pm, Monday to Friday.

IT IS AN OFFENCE, to knowingly or recklessly make a false statement in connection with an application for which you may be liable to a fine not exceeding level 5 on the standard scale on summary of conviction.

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Meet on **Mondays** in Wigton Bowling Club at 3pm, 5pm & 7pm

**Tuesdays** in Silloth Rugby Club at 7pm

**Saturdays** Silloth Rugby Club 9am & 11am

Contact:  
**Denise Broughton** on 07799 708465

EST **Nº 17** 2015  
**DELICIOUS**

**Baguettes Panini's Breakfasts Wraps Coffee**

**17 Eden Street Silloth, CA7 4AD**  
**016973 32458**

**SPOT ON**

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Specialising in Weddings and all Family celebrations, eg: Christenings to Funeral Wakes or any Fundraising Event, also Carnivals & Village Halls catered for

**Tel: 07736 774788**  
ericstanwixjr1@btinternet.com

**The Fairy Dust Emporium**  
Eden St, Silloth

**Vintage Tearoom & Shop**  
Tel: 016973 31787 or 07842 062118  
Open Seven Days

Free **WiFi** Rated Number 1 **tripadvisor**

The Home of the **Biggest Hot Chocolate in Cumbria**

Vintage Clothing & Afternoon Teas (Booking Essential)

search FairyDustHQ

**KL EXPRESS Chinese Takeaway**

**Open at 5pm Every Day**

A Wide Variety of Dishes for Every Taste

**Telephone Orders**  
**016973 33033**  
43 Eden St, Silloth

**BLENCOGO VILLAGE HALL PRODUCE SHOW**

**Blencogo Village Hall Annual Produce Show will be held**  
**Saturday 2<sup>nd</sup> September 2017**  
**Blencogo Village Hall.**

Entries accepted between 10.00am until 11.30am.  
Entry fee is 30p per Item, children's classes 20p per item.

Hall will be open to the public at 2.00pm.

Tea and cake served in the afternoon followed by Presentation of Trophies and sale of gifted Produce.

Entry to hall 50p children free Tea and cake £1.00

For more information or entry programme please contact Judith on 016973 61051 or Linda on 07538027936

Entry forms can also be found on Blencogo Village Hall website

**PLEASE COME AND SUPPORT OUR LOCAL SHOW**



# Silloth Golf Club has a New Professional Shop



Simon Williamson - Golf Professional

Since coming to Silloth on Solway Golf Club nearly three months ago Simons feet have hardly touched the ground, but he has enjoyed every minute.  
Simon has completely renovated the Club

Professional shop, which he is very proud of. If you have not been to see the changes, please pop in and have a look. Simon is stocking many major brands such as Callaway, Titleist, Footjoy, Skechers, Srixon and many more.  
Simon has now started coaching at Silloth Golf Club, which is a passion of his and he is looking forward to creating more enthusiastic golfers on the beautiful Silloth golf links. At the moment Simon is creating a 'state of the art' Indoor Coaching and Club Fitting Studio behind the shop which will be finished very soon. This will enable him to coach in the worst weather that Silloth can offer and also do a club fit with no problems about inclement weather.  
Simon has just run a Srixon hardware demo Club day which was extremely popular and very well supported. He is also running a Callaway hardware Demo Day on Friday 11th August from 3pm until 7pm. Please ring the Pro Shop for details or any further information on 016973 32404, or - even better - pop in for a chat and a look round.



Solway Street, Silloth

Great Offers at our Butchers & Deli counter

Mince Steak  
£5.99 was £6.99

Our own Roast Ham  
£1.39p per 100g

Sausage Rolls 3 Pack  
99p Was 2 for 99p

Cumberland Sausage  
£6.00 per Kg Was £7.00 per Kg

Bacon  
£5.99 per Kg Was £8.02 per kg

Jam Doughnuts  
4 for 50p was £1

Cookies  
4 for 50p was £1

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10% OFF

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ENDS Wednesday 16th August

OPENING HOURS

Mon to Sat 7:30am - 10pm

Sunday 8:30am - 8pm

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