



# Solway Buzz

Bowling Bees  
by Finn Armstrong from Holm Cultram Abbey School

[www.solwaybuzz.co.uk](http://www.solwaybuzz.co.uk)

August 2018

local news - for you - by you - about you - free to you

**FREE PAPER**

Issue 167

## GRAFFITI ART PROJECT



Eden Street Bus Shelter

### 2018 Events

**15th to 27th August**  
**James Richards Circus**

**24th to 26th August**  
**Solfest**

**27th August**  
**Silloth Carnival**

**2nd September**  
**Silloth Community Craft Show**

**6th to 9th September**  
**Music & Beer Festival**

**20th October**  
**Bonfire & Fireworks**

Report by: Darci Slack and  
Ellie Henderson (Year 8 students at  
Solway Community School)

The council and police gave Silloth Community School a great opportunity of designing and re-decorating two bus shelters in Silloth. As year 8's were studying graffiti in Art, they were the year group chosen to do the project.

We were given this chance around the time of the centenary of the battle of the Somme which was what gave us the idea of doing a remembrance piece on WW1 art and including that in the bus shelter.

To collect all ideas we were all asked to create a design for the bus shelters.

continues on page 7



Petteril Street Bus Shelter

## Soldiers in Silloth

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Page 2  
Wine Circle having fun



Page 4  
Amazing Angie 13h 32m



Page 6  
Another smash hit for Derek



Pages 6  
Who is this?



Page 7  
Tour de Abbeytown



Page 7  
Fantastic Abbey Teas





## Waver Wine Circle



Report & Photo by: Stuart Jones

Our July outing, again in glorious weather, began with eleven of us sitting down to an enjoyable lunch at the Black Lion, Durdar.

This was followed by a visit to St Mary's Church at Wreay, a very unique and fascinating village. Many of the buildings in the village are a legacy of sisters Katherine and Sarah Losh and the church is, in part, Sarah's memorial to her beloved sister Katherine who died aged 46. The church is small and beautiful, full of ornamental carvings designed by Sarah and made by local craftsmen.

At the heart of the Sarah Losh Heritage Trail is the Heritage

Centre which introduces you to the history of the village and the Losh family. We all found it very interested and were surprised to find that the Losh family originated in Newton Arlosh. This is history on our doorstep and is well worth a visit.

The draw prize was donated by Graham and won by Linda. Arrangements for our 25th Anniversary are going apace, thanks to Stella.

Many thanks to Graham and Janet Stukins for researching and organising our second successful trip this year. Our next visit is to the Soldiers in Silloth Exhibition on Monday 13th August, followed by lunch at Silloth Golf Club.

## Blood Stream Infections Caused by Poor Hydration

Cumbria County Council Public Health department is warning the public that poor hydration is one of the causes leading to an increase in Blood Stream Infections including Escherichia coli (E.coli).

In 2015 Blood Stream Infections, like E.coli, are believed to have contributed to 5,500 patient deaths in the UK. A number of these infections are resistant to antibiotics too, making them harder to treat in those affected.

The vast majority of infections originate in the community as a result of a urinary tract infection (UTI), one important and often preventable cause is simply due to people not drinking enough.

Dr Clive Graham, consultant microbiologist and director of infection prevention at North Cumbria University Hospitals NHS Trust, said: "If you are elderly or frail you are more at risk of a urinary tract infection (UTI). The most serious type of UTI is where the infection spreads to the kidneys and bloodstream. There are seasonal increases and there was a significant peak in August last year. In the summer months, if it is warmer, then it's quite easy to get dehydrated. In June we saw many more bloodstream infections than last year, and one of the simplest ways to try and avoid UTIs is to keep well hydrated. The symptoms of a UTI include needing to pee more frequently, pain or discomfort when passing urine or pain around



the kidney area. In elderly people a urine infection can be serious, resulting in severe confusion or agitation. As a result, the signs

can be particularly difficult to spot in patients living with dementia. Anyone who thinks they or a relative may have a UTI or kidney infection should contact their GP, who may prescribe antibiotics. But the key is prevention and keeping yourself well hydrated, drinking little and often, is the key."

### Latest figures

Figures from North Cumbria University Hospitals Trust which runs the Cumberland Infirmary and West Cumberland

Hospital saw 241 cases of E.coli Blood Stream Infection in 2017/18 compared to 236 the previous year.

University Hospitals of Morecambe Bay Trust which runs Furness General Hospital and Lancaster Royal Infirmary saw 309 cases in 2017/18 compared to 244 the previous year.

### Risk

The risk increases with age with the majority of infections seen in the elderly, some elderly people can be reluctant to drink for a number of reasons such as needing to go to the toilet more often, fear of falling when going to the toilet, pain when moving and as we get older we tend to feel less thirsty.

Signs to look out for which may indicate that a person is not getting enough to drink include:

- Drinking less
- Headaches
- Tiredness
- Dry mouth, lips, eyes



## To Remember a Dear Friend

Report by: Penny Stimson

Greenrow Pentecostal Church lost a dear lady who had been a member of the church for many years.

After Olga Dickinson's funeral, her family gave pastor Margaret Gate, a donation to be spent on the members of the church to remember Olga by. It was decided to have a tea at the Gincase where she loved to go with the church at Christmas.

So on Thursday 28th June the members gathered at the Gincase for an afternoon tea. The tea was excellent and the Gincase as always did the occasion proud. The church members had a lovely time with a scrumptious spread and a thank you to our absent friend Olga who will be sadly missed by us all.

Poor oral health

Confusion

Dark urine

Passing small amounts of urine or going to the toilet less frequently

Feeling thirsty

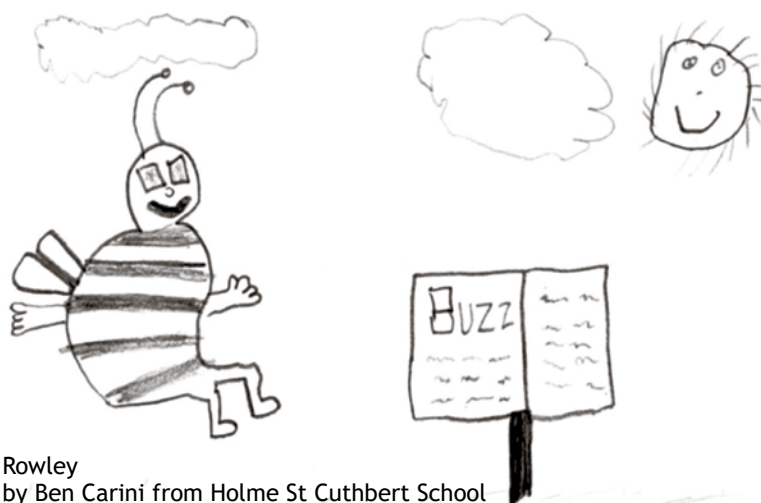
Constipation

Urinary tract infection

Prevention is key and an important way of reducing the risk of getting a urine infection is to drink plenty of fluids and remain hydrated.

Unless a person is on a fluid restriction for medical reasons, it's important that we all drink around eight glasses of fluid each day. This helps to ensure that the urine system is regularly flushed through before any bacteria present get a chance to cause infection.

If people care for, or are in contact with someone who may be vulnerable to dehydration, please encourage them to drink. Make sure that the drinks they are offered are ones that they enjoy, this can include water, milk, fruit juice, tea or coffee.



Rowley  
by Ben Carini from Holme St Cuthbert School

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# Pensioners Coffee Morning

Report by: Jean Day

We seem to have had constant sunshine since our last coffee morning in June and it is still with us today. Maybe it was too hot for all our usual attendees and we are sorry you missed your strawberry and cream scones; but hope to see all our old friends at our next coffee morning on 1st September.

We were surprised by a visit from Nicola Brierley who presented our chairperson,

Maureen Irving, with a cheque from the Rotary Club of Silloth, a share of the funds raised at their social night in the Bowling Club.

The cake stall was well supplied, and the bric a brac stall also did well today.

Raffle prize winners were: Mrs Stewart, Margaret Durham, Linda Grierson, Mary Eccles, Pam Blaylock, Linda McCormick and Sheila Beaty. Thank you to all for the continued support.

# American Night

Report by: June Wilkinson  
& Margaret Peach

Once again we are writing to say what a super night we had on July 7th at St Andrews Church Hall. Peter met us - resplendent with his Stars & Stripes tie, and Penny also made us very welcome. The room was beautifully decorated in the American fashion. Tables were laid, complete with "nibbles" and a lovely buffet was provided.

We were entertained by Cockermouth Ukulele Group, playing popular songs with an American theme, and we were encouraged to "sing a long" They also brought back happy memories to many of us with selections of songs from the rock & roll era. Some brave souls actually got on the dance floor and reminded us of our "be-bopping" days - wonderful!

All in all a night to remember,

many thanks to Peter and Penny for the organisation, to the ladies who worked so hard to create a lovely buffet (and kept us supplied with tea, and very cold water - much appreciated in the hot weather!) Thanks also to the ukulele group for their talented uke playing, and making us oldies feel very nostalgic! Everything was delightful and we were lucky to have lovely company on our table, but then Silloth people are always so helpful and friendly.

We have attended the 'American Night' for the past three years, and have never been disappointed - we very much look forward to next year.



Report & Photos by: Tim Riley  
Harbourmaster

The Motor Yacht "Fourteen" visited Silloth on Saturday afternoon and stayed overnight prior to spending the day on the Solway exercising with Silloth and Workington Lifeboats.

The owner was very happy with the services provided by Silloth and looks forward to returning again soon. This was our first Yacht this season and we look forward to welcoming more in the future.

The 82ft /25m Manhattan 80 motor yacht 'Fourteen' was built in 1999 by Sunseeker. Her elegant exterior and interior styling are the work of Sunseeker, who is also responsible for her engineering.

## Accommodation

Fourteen's interior layout sleeps up to 8 guests in 4 rooms, including a master suite, 1 VIP stateroom, 1 twin cabin and 1 bunk cabin. She is also capable of carrying up to two crew onboard to ensure a relaxed luxury yacht experience. Timeless styling, beautiful furnishings



and sumptuous seating feature throughout to create an elegant and comfortable atmosphere.

Fourteen's impressive leisure and entertainment facilities make her the ideal charter yacht for socialising and entertaining with family and friends.

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# Amazing Angie Raised £1,414

On 17 June 2018 Angie Fisher completed the 'Lakesman' long distance triathlon in 13 hours 32 minutes in memory of her beautiful and courageous cousin Leeanne Cheng-Winter.

Leeanne's words to her '*Angie you're crazy*' rang true when my alarm went off at 3am to start the race at 6am to swim 2.4 miles in Derwentwater, cycle 112 miles, and finish with a 26.2 mile marathon run.

Despite some terrible pre race nerves and less than five hours sleep the night before, thanks to the said nerves, Angie loved the event and her mam and sister came to watch her at Keswick. This meant the world to Angie to have them cheering her on at the run and at the finish line. Just after Angie crossed the line she blew a kiss up to the sky



and shouted '*This ones for you Leeanne*'.

Angie has raised £1,414.09 for Cancer Research UK and would like to say a huge thank you to everyone who has sponsored her. Angie would like to give special

thanks to the wonderful support from the R.A.F.A club who very kindly put up her sponsor form, and she has been very touched by donations from visitors to the town, and of local residents. Thank you all very much.

# Cold Caller Warning

Cumbria Trading Standards and United Utilities are warning residents in Cumbria to be on their guard from cold callers claiming to want to talk about poor water pressure. Bogus callers take advantage of others due to the increased communication there's been around saving water during this hot dry weather.

United Utilities staff members always carry photo identification cards. Customers can also check anyone claiming to be from United Utilities by calling 0345 6723 723.

Cumbria Trading Standards advise consumers to be extremely cautious when approached by any doorstep callers offering services or conduct work on their property. These types of callers often use persuasive or aggressive tactics to get people to agree to have work carried out and then charge far more than was quoted for poor quality work or goods.

They often fail to provide a

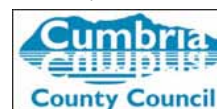


legally required cancellation notice which enables the householder to cancel the work in certain circumstances.

Trading Standards advice is to always say 'NO' to any cold callers and we ask that you look out for elderly or vulnerable family, friends and neighbours.

If you have been cold called or wish to report an incident please contact us via the Citizens Advice Consumer Helpline on 03454 04 05 06 or visit [www.adviceguide.org.uk](http://www.adviceguide.org.uk) or alternatively contact Cumbria Police on 101.

Follow us on Twitter at [www.twitter.com/cumbriats](http://www.twitter.com/cumbriats) and find us on Facebook for up to date information on reports such as these and all the latest scams at [www.facebook.com/cumbriats](http://www.facebook.com/cumbriats)



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# Businesses Asked To Help Keep Beaches & Seas Clean

There are over 25 dedicated beach clean groups spread across the North West coast volunteering their time to help reduce litter on the beach and in the sea.

Although volunteering their time to help on a beach clean may be a stretch for

many people, much can be done within the community to prevent pollution reaching the natural environment in the first place.

That's why LOVEmyBEACH have developed a beach friendly checklist for business owners, offering advice on how improvements can be made to prevent pollution.

Simple steps such as disposing of kitchen fats in the bin rather than down the sink, putting stickers on your toilets asking people to put disposable products in the bin and not the toilet, or becoming a ReFILL station to cut back on the requirement for single-use water bottles, can all help make



a difference.

Kate Shane, Head of Merlin Entertainments' Blackpool Cluster has recently signed up to be a LOVEmyBEACH business and as a result is promoting the '3Ps' initiative in all of the venues toilet facilities in order to avoid environmentally-damaging items ending up in marine waters or washed up on the beach.

She added: "This is an incredibly important campaign. When people flush the wrong things down the toilet it significantly increases the risk of sewage and unflushable items leaking into the sea which can cause problems for wildlife and also make people ill if they

are swimming or paddling."

The checklist is a simple A4 sheet which a business owner or manager could complete in less than half an hour. It also includes an employee pledge sheet; encouraging businesses to speak to their teams about the

actions which individuals can take at work and at home to protect our coastline.

The business checklist can be found on the LOVEmyBEACH.org website.

The site also contains information about beach clean events across the North West coast for those businesses who want to go the extra mile.



Fat Bee  
by  
Ryan  
from Holme St Cuthbert School

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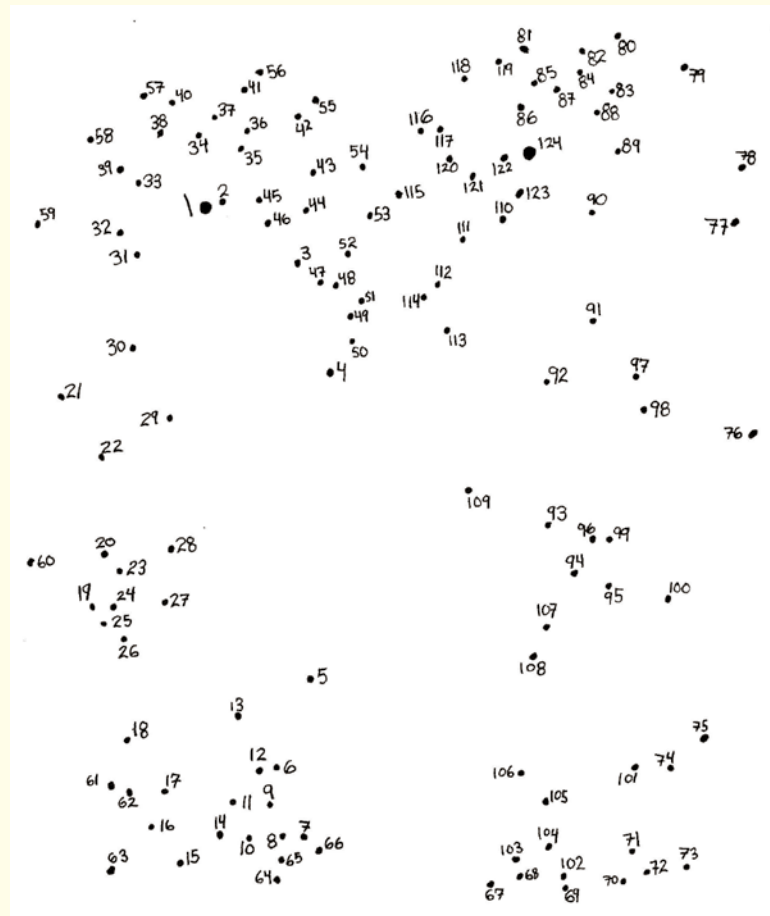
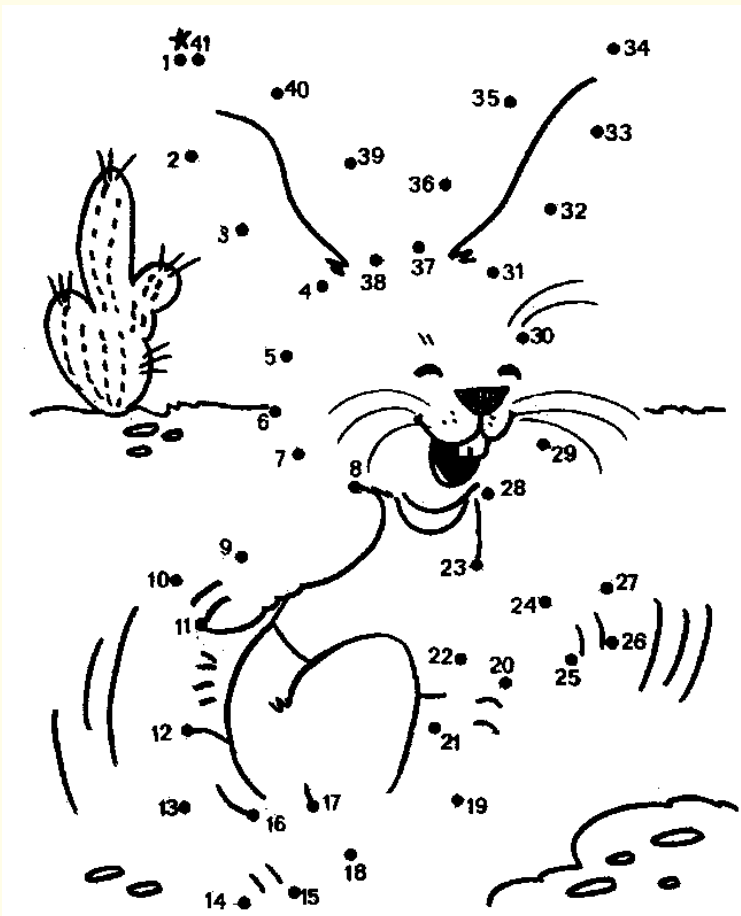
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## Camp & Barbecue Safely in the Outdoors

### SET UP CAMP SAFELY

#### THE HAZARDS OF THE GREAT OUTDOORS

As part of the national fire safety campaign, Cumbria Fire & Rescue Service (CFRS) is asking the people of Cumbria to stay safe this summer as they make the most of the weather and enjoy the great outdoors - whether camping, cooking or exploring.

Catherine Moody, the accident reduction team leader at CFRS, said: "A long hot summer is what we all hope for. However, like many changes in activity, it can bring risks. If you're intending to take out your tent, ready your rucksack or get your caravan back on the road, you should go armed with some safety advice before heading for the great outdoors."

By following the fire safety campaign's top tips you can ensure that your great adventure is a safe and enjoyable one:

#### Tents

- Allow at least 6m (20ft) spacing between tents and caravans and ensure they are away from parked cars to reduce the risk of fire spreading
- Don't smoke inside tents.
- Never use candles in or near a tent – torches are safer.
- Keep cooking appliances away from the tent walls and never cook inside a small tent or near flammable materials or long grass; they can all set alight easily.
- Make sure you know how to escape by cutting your way out of the tent if there's a fire.
- Make sure everyone knows how to put out clothing that's on fire – stop, drop and roll.

#### Caravans

- Fit and test a smoke alarm in your caravan.
- Take special care when cooking – don't leave pans unattended.
- Turn off all appliances before you go out or to bed.
- Make sure ashtrays are made of a material that can't burn or topple over – never smoke in bed.
- Don't dry clothes over the stove.
- Remove any litter and rubbish near the caravan to reduce the risk of fire spreading.
- Make sure the caravan is ventilated, and never block

air vents, to avoid a build-up of poisonous gases.

#### Open Fires

If you must have an open fire:

- It should be downwind, at least 10m from the tent.
- Clear dry vegetation, leaves, etc, to form a circle of earth around the fire.
- Build a stack that will collapse inwards whilst burning.
- Do not leave fires unattended.
- Make sure that fires are fully extinguished after use.
- If a fire should breakout:
- Call the fire and rescue service and give the exact location.
- If necessary give a map reference.
- If this is not possible a landmark such as a farm or pub etc, will help them locate you.

#### Grass and forest fires spread rapidly

- Never throw cigarette ends out of a car window – they could start a fire and ruin surrounding countryside.
- Don't leave bottles or glass in woodlands. Sunlight shining through glass can start a fire. Take them home or put them in a waste or recycling bin.

#### If you discover a fire:

- Do not be tempted to investigate.
- Leave the area as quickly as possible and call 999 and ask for the fire and rescue service.
- Do not return unless the fire and rescue service tells you that it is safe to do so.

Catherine adds: "It may all sound a bit daunting but it needn't be; most of this advice is common sense. From time to time we all need reminders - so enjoy the countryside and your recreation safely!"



### BARBECUE SAFE THIS SUMMER!

Now that the warm, light evenings are with us and the summer holidays are fast approaching, barbecues are beginning to sizzle across Cumbria.

But behind the bangers and burgers, summer fun has a serious side. Cumbria Fire & Rescue Service, as part of the national fire safety campaign, is asking everyone to take extra care when cooking al fresco, especially when lighting barbecues or dealing with bad weather.

It's natural to want to go outdoors and enjoy the warmer weather with family and friends - many of us can't wait to get the barbecue lit. We all know how tempting it can be to give stubborn coals a helping hand, but, please be patient and make sure you use the right tools for the job.

And if you've planned a barbecue and the weather lets you down, don't take the barbecue indoors or into a tent. In recent years, some people have sadly succumbed to carbon monoxide poisoning as a result, so we are urging everyone to stay safe this summer.

By following the national fire safety campaign's top tips you can ensure your barbecue is a safe, enjoyable event.

- Never leave a lit barbecue

unattended.

• Follow the safety instructions provided with disposable barbecues.

• Never use a barbecue indoors.

• Make sure your barbecue is well away from sheds, fences, trees, shrubs or garden waste.

• Keep children, pets and garden games away from the cooking area.

• After cooking, make sure the barbecue is cool before moving it.

• Use enough charcoal to cover the base of the barbecue, but not more.

• Empty ashes onto bare garden soil, not into dustbins or wheelie bins. If they're hot, they can melt the plastic and cause a fire.

• Enjoy yourself, but don't drink too much alcohol if you are in charge of the barbecue.

• Always keep a bucket of water, sand or a garden hose nearby for emergencies.

This may seem a long list but most of these things are common sense. By far the biggest danger is the use of flammable liquids to light the barbecue. We have had a couple of occasions where people have poured petrol onto the charcoal in an effort to get it going and the reaction has, not surprisingly, been violent and highly dangerous. Prepare well in advance and light the charcoal early. Most of all enjoy yourself safely.



# Do You Know Who Alex Is?



J. Robinson recently moved into Dicktrod Lane and whilst having old radiators replaced, found this photograph behind one of them. On the back it says RH Carling (photographer) South Shields & Blyth and very faintly in pencil Alex, possibly Alison. It's a lovely little photo and if it's a member of your family, it can be sent on to you. Please let the Buzz know if it is yours.



Stripes  
by  
Eddie Harrison  
from  
Holm Cultram Abbey School

## Fire Service Drop-In

Public drop in events announced to help inform Cumbria Fire & Rescue Service's new Integrated Risk Management Plan

Cumbria Fire and Rescue Service (CFRS) have announced a number of public consultation events across the county to understand public views and ideas before developing a new Integrated Risk Management Plan (IRMP).

Members of the public are encouraged to drop-in to find out about current services and to provide feedback and ideas on the service's vision for the future.

Cumbria Fire and Rescue Service develop an 'Integrated Risk Management Plan' every four years to ensure resources are used



Report by: Lawrence Marshall  
Photos by: Kevin Anderton

The Summer Concert by the Men's Choir of Christ Church and St. Pauls was held on Friday 13th July the summer concert was held in Christ Church hall.

The programme was very different from our regular format as all the songs were from the shows. Our musical director Derek Shaw put together a programme of thirty two songs. The choir sang the songs in groups of 1, 2, 3, or 4 and was well received. The evening was opened by Tim Barker.

Our choir numbers were rather depleted due to illness and pre booked holidays. We wish them a speedy recovery and will soon be back with us.

At the interval the usual popular drawing was held with many prizes donated by members of the public. The 'Surrey with Fringe on Top' and 'Chitty Chitty Bang Bang' were two of the favourites. For 'On the Street where You Live', Rector Bryan and



Musical Director Derek Shaw

Peter Stimson sang a duet. There was the usual popular "friendly interchanges" between Rector Bryan and Master of Ceremonies Lawrence when appropriate!

Thanks to Kevin Anderton for taking photographs of the evening. The sum of £ 700 was raised for church funds. A good tea was provided and served by choir members.

After the final song 'Jesus Christ Superstar' choir member Bob Killen handed Derek Shaw an envelope containing a thank you from choir members for all the work he puts into the concerts. Finally there was speech from Derek and Rector Bryan.

to best meet the needs of residents and visitors.

### Events:

Wednesday 22 August 10am - 1pm WORKINGTON Library

Thursday 23 August 3pm - 6pm CARLISLE Library

If you are unable to attend the drop-in and would like to have your say on the development of the Integrated Risk Management Plan, please contact: [irmp.fire@cumbria.gov.uk](mailto:irmp.fire@cumbria.gov.uk)

Cumbria's Chief Fire Officer, Steve Healey, said: "The service is

constantly reviewing the level of risk in the county and how we can make the most effective use of the resources we have. The approach has a proven tracked record; with the number of incidents we attend dropping significantly over the last decade. We're always extremely keen to understand the views, feedback and ideas of the local communities that we serve, to ensure we have as much information and insight as possible to create our new IRMP."

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## Strawberry Teas Raise £2,344



Report by: Brenda Sim

The annual Strawberry Cream Tea weekend in Holm Cultram Abbey over the weekend of 14th and 15th July raised the grand sum

of £2,344 towards the restoration funds.

Many thanks to all who helped with the baking, serving teas and coffees, running the raffle

and tombola and cleaning up afterwards, but especially thanks to all who came and supported the weekend and ate all the strawberry tarts and cakes.

## Veteran Car Club visits Silloth Green

The Veteran Car Club of Great Britain held a rally at Lorton Vale from 24th to 28th June.

On the 26th they stopped off at Silloth and parked their amazing cars on the Green while enjoying the town and the town enjoyed their cars.

To be a member of the club your car must have been built before 1919, truly the time of the birth of motoring.

These cars rarely venture this



far north so it was wonderful to be able to see them drive around the area.



Photo by:  
Wendy Jameson



Photo by:  
Wendy Jameson



Photo by:  
Carmel Bell

## Tour de Abbeytown



Photo by: Caroline

Mike Faulkners Tour de France display in Abbeytown fronted by Theo, Maisie, Gabriel, Leah, Summer & Callum.

## Craft & Food Fair in Giant Marquee

Silloth Craft and Food Fair in the giant marquee which is erected to host the Music & Beer Festival is on Sunday 2nd September from 10am to 5pm.

Green tables can be provided for crafts, please contact by

email: haytonjune@gmail.com or telephone: 016973 33163.

To book for food etc., contact by email: sidhart1@hotmail.co.uk, there are a limited number of tables left. They cost only £20 for the day.

## GRAFFITI ART PROJECT

Cont'd from page 1

We could look online for ideas but using our creative minds we came up with designs that were unique and different, as no design was the same as the others. Then, once all designs were finished, they were gathered together and the council chose their favourite two so that they could be used on the two bus shelters.

Once the two designs were chosen we then got in touch with a local graffiti artist and asked

him if he was willing to help us with making the actual piece and, fortunately, he did. Alongside Ian Alcock (the graffiti artist) a small group of year 8's helped out with the work and it turned out amazing. It was a fantastic experience for us all and we really loved it.

With great effort from everyone we managed to create unique and wonderful bus shelters, which are loved by not only the community but visitors to Silloth as well.

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## Pirate Park on Schedule



not the actual play park

Report by: Anthony Reid

Plans have progressed steadily for the new Pirate themed play park for 0-5 year olds to be located near the splash park on Silloth Green.

Funds have been allocated and they are waiting for a confirmed date to start, the company have penned in first week of August.

However, we have made the decision depending on the companies timeline and schedule

that we will put it back to the beginning of September (unless the company can guarantee a few days turnover with minimum disruption). This is to avoid closing the splash area or having anyone exposed to dust, etc. from a building site in mid August holidays.

So as it stands they looking to have started at the beginning of September with completion mid to end of September.

## 10p Swims for Kids are back this Summer

Local children aged 16 and under will be able to take advantage of the offer at the swimming pool in Workington, as well as the centres in Cockermouth and Keswick, all of which are owned by the Council who is funding the scheme. Kids can also swim for 10p at Wigton Baths and at Netherhall Community Sports Centre in Maryport.

Dates, times and sessions will vary between the pools taking part so please check with your local pool before visiting. The scheme starts on Monday 23rd July and will continue throughout the school summer holidays.

Normal pool adult to child supervision ratios apply at the swim sessions and entry may be denied if the maximum bather numbers are reached. For opening times and other details including eligibility criteria, please contact the pools direct or look on their websites. Contact information can be found on the Council's website.

## No Boat Required!



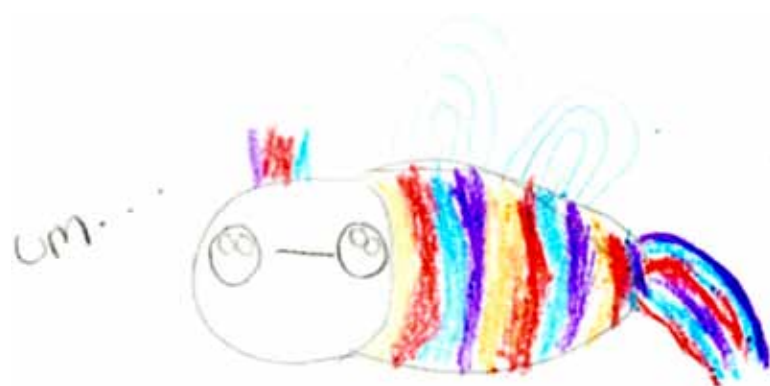
Report by: Julie Emary  
Silloth RNLI Press Officer

Silloth RNLI crew were tasked to attend to a casualty on the beach near to the lifeboat station at 2:30pm on Tuesday 10th July.

It was apparent that the young lady had slipped and fallen on the beach, dislocating her right knee. The emergency ambulance

was in attendance but needed the assistance of the lifeboat crew to carry the stretcher with the casualty up the beach. The ambulance then took the casualty to hospital.

The young lady was conscious throughout but obviously in great pain! All safe and well!



Unicorn Um... Bee  
by  
Ellie Whittaker  
from Silloth Primary School

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# Silloth Green is One of the Very Best Green Spaces



Photos & Report by: Wendy Jameson, Town Clerk



This international award, now into its third decade, is a sign to the public that the space boasts the highest possible environmental standards, is beautifully maintained and has excellent visitor facilities.

Silloth Green is one of the largest village greens in the North of England. It boasts spectacular views over the Solway Firth to Criffel and the Caerlaverock Hills in the North, and the Lake District to the South. The Green forms a green link between Silloth's grand Victorian townscape and the sea front promenade, for many years attracting visitors seeking fresh sea air and recreational facilities.

After extensive refurbishment work, the Green now boasts a modern Water Splash play area, a woodland adventure play area, a Putting Green and a BMX track. Beautiful oak picnic tables and benches are to be found in various locations, with accessible footpaths. Along Criffel Street, some Victorian style lighting was installed, in-keeping with the heritage of the town. The Edwardian ladies' toilets built in 1910 and the spectacular Victorian pagoda overlooking the sea were also sympathetically refurbished. A new addition to Silloth Green this year is the Fairy Trail through the pines for kids to explore and there are plans for a new 0-5yrs Children's play area which is to be installed in the coming weeks. Another new addition is a

replica Hudson Bomber built by skilled apprentices from Gen2 at Workington which is sited above a flower bed, planted out in the shape of an RAF roundel, to celebrate the 100th birthday of the RAF.

The Green's Community Garden, situated on the corner of Criffel Street and Lawn Terrace, was designed with input from local people. The garden was opened in May 2014 and is cared for by dedicated volunteers. The Heritage Rose and Bee Garden is situated closer to the sea, with a bee hotel in the middle of a striking display of rose bushes, plants and shrubs which have created a haven for the local bee and butterfly population, again cared for by dedicated volunteers.

Cllr. Tony Markley, Mayor of Silloth said: "We are absolutely delighted to receive a Green Flag Award for the sixth year which could only be achieved by the hard work of our community volunteers, grounds maintenance team and Town Council staff. We know how much quality green spaces matter to residents and visitors, and this award celebrates the dedication that goes into maintaining Silloth Green to such a high standard."

Cllr. Bill Jefferson, Chair of the Parks Committee said "Silloth Green has become a nationally significant treasure thanks to six successive green flags, has gained national exposure thanks to the Royal Horticultural Society and Britain in Bloom and enjoys a first-class reputation with visitors and locals alike thanks to the dedication of our grounds maintenance team and the number of innovative projects realised over the last decade. The setting and fantastic sunsets are simply the best and we are all so fortunate to have this incredible green space as part



of our daily lives where we can walk in peace and play host to activities and events for all ages and interests enjoying the fullest support from our community and its volunteers - many of them unsung heroes. Who would not want to come to Silloth?"

International Green Flag Award scheme manager Paul Todd said: "We are delighted to be celebrating another record-breaking year for the Green Flag Award scheme, with more Green Flags awarded this year than last year. Each flag honours the thousands of staff and volunteers who work tirelessly to maintain the high standards demanded by the Green Flag Award. We are proud to have so many wonderful green spaces in the UK for people to enjoy, and hope that next year, we award even more flags."



## Silloth on Solway Community Shop

- \* Local people working for local causes \*
- \* All proceeds go back into the community \*
- \* **Please continue donating** \*
- \* Collection can be arranged \*

S.O.S.C.S.

12 Criffel Street, Silloth

**S.O.S.C.S.** 



# Solway Community School

Every year, Year 10 students at Solway Community School take part in a work preparation week which sees them complete a series of work related activities.

The first day was hosted by Kaefer LTD. Elizabeth Atkinson led a Scaffold the World task which took the students through every stage of taking a concept to production, including design, planning, cost, risk assessment and build. The students had the opportunity to be 'employees' of Kaefer and conduct the application and interview process.

Elizabeth and her team were very complementary toward our students and applauded their focus throughout the day.

On day two the Army outreach team presented the students with a series of problem solving tasks. It was noticeable how they developed team work, cooperation, reliance and perseverance in a short time span, essential qualities to be successful in the work place.

In the afternoon the school was lucky to have representatives from the Army, Newton Rigg, Gen2, Inspira, NNL, Lloyds Bank, Nelson Thomlinson School and Hello Futures who interviewed the



students on a carousel basis, giving them an opportunity to explore potential career pathways.

The students were awesome – engaged and respectful and Mr French from Gen2 summed up how much our guests were overwhelmed by our students. 'As always, I was absolutely blown away by the students' maturity, genuine interest, eagerness to gather information and the ability to engage with me on an adult level. Having been into every secondary school in Cumbria, I can tell you that not many students in Year 10 (or even 11-13!) have this ability, but the fact that every

student in your year group can, makes them a credit to themselves and to their school. I thoroughly enjoyed this afternoon and they should be immensely proud of themselves.'

Emma Bennett and Andrew Trickett from Lloyds Bank led the final day. The focus was CVs, letters of application and interviews. The engaging programme also included an introduction to financial security and managing your finances. One of the highlights of the day was to build a tower which for some allowed them to develop the skills from the Kaefer workshops.

Emma was very pleased with the progress made by the students, particularly in appreciating the importance of a crisp clearly written letter of application. The students welcomed the handout on interview hints and tips.

Mr Williams would like to add his thank you to everyone involved in making the event a success. It was excellent seeing the students rise up to the challenge of choosing a career that is right for them, and the school was very proud of the way they conducted themselves.



# Readers Photographs as Posted on the Silloth Today Facebook Page



Photo by: David Reilly



Photo by: Tom Wood



Photo by: Owen Martin



Photo by: Wendy Jameson

*Everyone agrees, this is a lovely area to visit*



Photo by: Brian Ash Ashworth



Photo by: Scott Wilby

## GET ON TRACK



Project for everyone to get involved in every Thursday in August 1-3pm At Silloth Bike Track

Come along and get involved in a fun community project

Painting Revive Restore Graffiti

For more information call us on 016973 44555 or email kim@nadtcommunity.com

## ART EXHIBITION

by Silloth Artists in the Golf Hotel

Saturday 18th August

10am to 4pm

ENTRY FREE

Back by Popular Demand!



On Sunday 19<sup>th</sup> August – 12 midday until 4pm

at Culterham Hall, Mawbray

To book a table contact

Barbara Hepburn on 01900 881343

Refreshments available

Only £5.00 per table!

This year we plan to fund bird, bat and insect boxes to put around the parish

## SOLWAY PLAIN TEAM POP UP CHURCH

OPEN AIR FAMILY SERVICE

at Tarnside Caravan Park on Sunday 19th August at 2pm

Everyone welcome

The more the merrier!



An Evening With John Crouch

Saturday 1st September

in St Cuthbert's Church Hall Wigton at 7 for 7:30pm

Tickets £12 including a Three Course Meal and a Cookery Demonstration

Bar available

Tickets from: Croft House Cards High Street Wigton

Little Gems Station Road Silloth

Proceeds to Silloth RNLI

Queries ring 016973 31502

## AFTERNOON TEA & CAKES

Come and enjoy a chat with friends and enjoy a hot drink of your choice (free re-fills) with a selection of homemade cakes



Sunday 5<sup>th</sup> August 12 Midday – 4pm

£6.00 per head

Mawbray Village Hall

NHS



Dr Jyoti Sood

If you notice blood in your pee, even if it's 'just the once', tell your doctor.

It could be an early sign of bladder or kidney cancer. Finding it early makes it more treatable, so tell your doctor straight away.

BE CLEAR ON CANCER

nhs.uk/bladder



## Beware Bogus Workmen

Cumbria Trading Standards are warning both the farming community and local residents after an incident was reported.

Individuals are visiting farms and offering tarmac for sale stating that they have "left overs" after working on the local highway. Trading Standards advice is to always say 'NO' to any cold callers and we ask that you look out for elderly or vulnerable family, friends and neighbours.

Consumers should be extremely cautious when approached by any doorstep callers offering to sell goods or conduct work on their property. These types of callers often use persuasive or aggressive tactics to get people to agree to have work carried out and then charge far more than was quoted

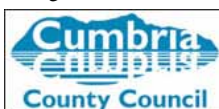


for poor quality work or goods.

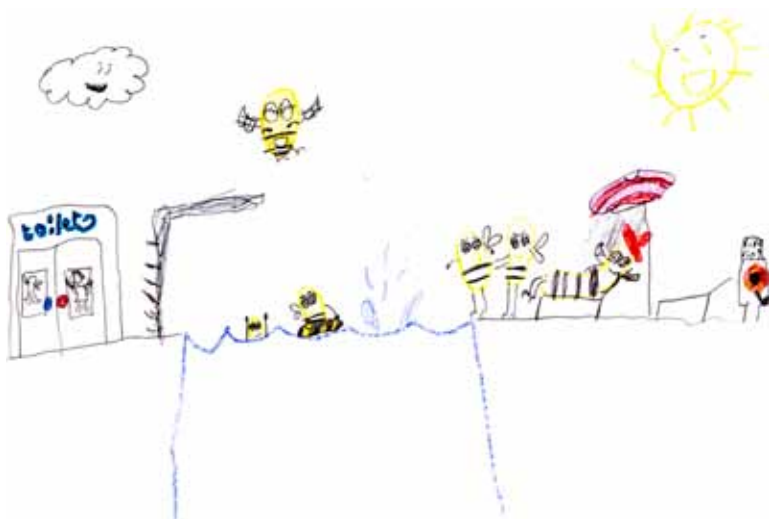
They often fail to provide a legally required cancellation notice which enables the householder to cancel the work within a statutory fourteen day cooling off period.

If you have been called in this way and require further advice, or want to report the matter, Trading Standards can be contacted via the Citizens Advice Consumer Helpline on 03454 04 05 06 or by visiting [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

Follow us on twitter at [www.twitter.com/cumbriats](http://www.twitter.com/cumbriats) or join us on Facebook at [www.facebook.com/cumbriats](http://www.facebook.com/cumbriats)



01228 606060  
[info@cumbriacc.gov.uk](mailto:info@cumbriacc.gov.uk)



Bee Pool  
by  
Gethin Scott from Solway Holiday Village

**Do you have a poem or letter for the buzz?**  
**We welcome all submissions, there is no charge.**  
**Please remember to include your contact information.**

### Non-Commercial Tourism Websites

[solwaybuzz.co.uk](http://solwaybuzz.co.uk)  
[sillothgreen.co.uk](http://sillothgreen.co.uk)  
[sillothonsolway.co.uk](http://sillothonsolway.co.uk)  
[sillothgolfclub.co.uk](http://sillothgolfclub.co.uk)  
[vintagerally.co.uk](http://vintagerally.co.uk)  
[sillothbeerfestival.co.uk](http://sillothbeerfestival.co.uk)  
[silloth-on-solway-tc.gov.uk](http://silloth-on-solway-tc.gov.uk)  
[visitcumbria.com/wc/silloth](http://visitcumbria.com/wc/silloth)  
[soldiersinsilloth.co.uk](http://soldiersinsilloth.co.uk)  
[solwayplain.co.uk/silloth1.htm](http://solwayplain.co.uk/silloth1.htm)  
[facebook.com/sillothgreen](http://facebook.com/sillothgreen)  
[facebook.com/silloth-carnival](http://facebook.com/silloth-carnival)

[facebook.com/groups/121042258051545](https://www.facebook.com/groups/121042258051545) (Silloth Today)

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: [office@solwaybuzz.co.uk](mailto:office@solwaybuzz.co.uk)

## Letters are Buzzing

Dear Buzz,

Hose pipe bans, what a joke!  
We have been without water at the cemetery for over five years now, a simple burst pipe seems beyond both Allerdale and Silloth councils to sort out. Despite a promise it would be reconnected in late March or early April at the latest, we are still looking at the bottom of a water butt.

The cemetery building has had a stay of execution, I think they have finally realised it is cheaper to maintain than demolish, after all nothing has been spent on the building in numerous years so they would be saving absolutely nothing.

Question 1 Why cannot Silloth Green workers look after it and tender for the upkeep, it is still woefully untidy!  
Question 2 Can we not get someone on community service to paint the building, I have had a pensioner volunteering to do it and tidy the place up.

Question 3 Would the person from Cumbria Highways put his or her name to the safety of the exit they approved, PLEASE TAKE CARE.

Question 4 Does anyone know of any suitable burial ground as the cemetery is

nearly full?

Finally It is of no use Silloth Parish Council washing their hands of it (pun) simply because it is not in their parish. Where do Silloth people get buried?  
What does it take to get some action, we do pay rates?

Yours truly  
C Briggs

Dear Buzz,

Dog Fouling is disgusting, but even worse are those people who collect their dog waste and then dispose of the bags with no regard for others.

For several months now filled poo bags have been thrown into the tennis courts on Skinburness Road. It may be that they are aiming for the bin within the courts and missing - but - this bin is not suitable for these poo bags anyway.

Cleaning up the mess left by these irresponsible dog owners is disgusting for those who come to play tennis on this otherwise lovely court.

Please stop doing it!

Name withheld

## Poem

The Mouse  
by Penny Stimson

*There's a mouse in my house  
I don't know how it came,  
But I do know he likes it  
and that is such a shame.*

*I do not want to harm him  
because he is so sweet.  
But he cannot stay here  
because of what he can eat.*

*It started with the water pipes,  
white plastic, nice and new.  
But these he took a fancy too  
and so began to chew.*

*Water went everywhere,  
It made such a mess.  
So then he went to a chocolate box  
he seemed to like these the best.*

*When little footprints did appear  
running through the butter,  
I know this was the end  
and removed any clutter.*

*This mouse would have to go  
and so I tried to trap him.  
I set the bait and waited  
but I never caught a thing.*

*Then one night I waited  
to catch this little might.  
But when I saw his family  
I knew it would not be right.*

*So now they have a section  
where they live happily.  
I put out food for them  
and mine they leave be!*

### HELP NEEDED

**We are still looking for Solway Buzz deliverers for parts of Abbeystown if you feel you can help**  
**Contact Peter or Kath on 016973 32180**

## Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or the Discovery Centre, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us.

If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

This month the winner is Finn Armstrong from Holm Cultram Abbey School with a bee drawing called "Bowling Bees".

Well done!



**Remember – you can join the library, search the library catalogue, renew and request books online at [cumbria.gov.uk/libraries](http://cumbria.gov.uk/libraries) Visit Silloth Library in the Discovery Centre**

### Silloth Local Link & Tourist Information Opening Times

Monday 9:30am-12:30pm  
1pm-4:30pm  
Tuesday CLOSED  
Wed 9:30am-12:30pm  
1pm-4:30pm  
Thursday CLOSED  
Friday 9:30am-12:30pm  
1pm-4:30pm  
Saturday 9:30am-12:30pm  
Sunday CLOSED  
Tel: 016973 31944

### Silloth Library

#### Opening Times

Monday 10-1pm 2-4pm  
Tuesday CLOSED  
Wed 10-1pm 2-4pm  
Thursday CLOSED  
Friday 10-1pm 2-4pm  
Saturday 10-1pm  
Sunday closed  
Tel: 016973 31944



# Amazing the Rubbish we get on Our Lovely Beaches

Report & Photos by:  
Nicholas John Gorrill

## Is this palm oil?

In winter I had a warning from the staff of the Solway Area of Outstanding Natural Beauty about palm oil arriving on British beaches. It needs a warning because it has killed several dogs in the UK by causing a waxy blockage in their intestines or, when mixed with other toxins, by causing kidney and liver failure. It can also kill fish by depleting oxygen from water as it decays. At that time I didn't find any sign of it on weekly beach cleans with Fix the Firth - but that has changed.

Palm oil is extracted from the fruit of palm trees grown in South East Asia, Africa and Brazil. Most of us use it without knowing because it comes into our homes as a fat in soap, baked food and margarine. It's also used to make bio-diesel fuel. Ships which import palm oil are allowed to wash out their tanks so long as they are twelve miles offshore and in water over 25 metres deep. When it's warm, the oil is a liquid but when it cools in the sea it becomes a floating semi-solid lump rather like candle wax - and that's how it

arrives on the shore.

On beaches further south local councils have removed lumps of palm oil as big as a wheely bin. Photos on the internet show that the oil can be grey, yellow or orange. It has a distinctive smell of diesel oil. At Mawbray I found three grey lumps between one and two feet long. I took them home to find out what they were. My plan was to melt a small piece. Before I could do that, a strong smell of drains made me guess that the lumps came from a 'fatberg' in a sewer. I'm glad I took them off the beach before they broke into smaller pieces and spread along the Solway coast.

The official advice if you find palm oil is to report it and its precise location to Allerdale Borough Council. I think what I found was a congealed mass of cooking oil and soap from a drain or sewer. Sadly, the beach clean volunteers and I find many things which have probably come through the sewage treatment process: cotton buds, wet wipes, sanitary pads, tampon applicators and syringes with bare or capped needles. I suspect that all these have been flushed down the loo rather than directly dumped. After all, who uses a thousand cotton buds on a beach?

On a more cheerful note, we seem to be winning... until the next big storm. The rubbish we find on beach cleans is getting smaller



Palm Oil or a Fatberg? Found on Mawbray Beach

and smaller. In the past we found two fridges, a freezer, truck tyres, traffic cones and broken wheely bins. Those have gone for recycling or to landfill. Now we find scraps of nylon rope from the fishing industry, shreds of plastic and polythene, used shotgun cartridges, bottle tops, litter and celebration balloons. It's a puzzle how plant pots, shoes, clothes, toys and car hubcaps arrive so often on Solway beaches, but they do. Also, we've found a lot of marker pens and

biros.

If you'd like to help at a 2-hour event, we have one beach clean per week in a rota which takes in Bowness on Solway, Silloth West Beach, Wolsty Banks, Mawbray, Allonby North Beach, Allonby South Beach, Blue Dial and Crosscanonby. We normally work from 10am until 12 noon on a Tuesday, Thursday or Saturday but we'll work from 1:30 - 3:30pm if there's a high tide in the morning. We provide all equipment.

Children are welcome with a responsible adult. Dogs are also welcome.

Please contact John Gorrill for more details (nicholasjohn@ yahoo.co.uk) or look for upcoming events in Solway Buzz 'Dates for the Diary' or in the What's On pages of cumbriawildlifetrust.org.uk. Fix the Firth is an independent voluntary group but we have great help from Cumbria Wildlife Trust, Solway AONB and Allerdale Borough Council.

Irish Swimming Cap found at Beckfoot Beach



Anybody lost a friend at Dubmill Point



How do filled Sharps boxes get dumped?



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CHARITY  
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1 Queen's Court,  
Criffel Street, Silloth  
Contact: Denise Poland  
on 07736 386093

Closed Mondays

Please help us to help them





# Copy Date



Copy date for the  
September issue is:  
**1st August 2018**

If your organisation has  
an event to promote or  
you have something to  
say, please note the next  
copy date.

Please let us know  
of any changes  
within this section

## Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

## First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

## NatWest Mobile

The NatWest Bank mobile van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

## Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

## Silloth Tennis Club

For coaching information call David Wise on 07742 547767

## Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

## Abbeytown Library

Abbeytown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Send Your Bees to  
the Solway Buzz  
There is a Bee  
Shortage and we  
Need Yours!

## Production Team

Proprietor:  
Peter McRobert  
Barn Cottage  
Skinburness, CA7 4RA  
Tel: 016973 32180  
Email:  
office@solwaybuzz.co.uk

Editorial Content  
This is down to you, we can only publish items if you send them to us.  
When sending articles in, please supply a contact name and number in case something requires clarification.  
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

## Football Training

**Silloth Football Club**  
(Mini Gulls under 7 years)  
Sundays at 10:30 to 11:30am at Silloth A.F.C.  
Contact  
Geoff Grainger 016973 43370

Under 11's Training  
Tuesdays 4pm to 5pm  
at Silloth A.F.C.

Contacts Martin Slack & Paul Mulgrew 07526 665759  
Open to boys and girls. Cost £2  
Membership forms available from all coaches.

**Men's Team**  
Silloth over 35's matches on Monday evenings May to end of August. Contact Phillip Scott 07712 549070

**Abbeytown Girls**  
Abbeytown Sports Field  
Wednesdays 4-5pm

## Martial Arts

**Silloth Dragons**  
Mixed Martial Arts Club  
train in Christ Church Hall on Thursdays  
under 12's 6:45pm to 7:30pm  
12's & over 7:30pm to 8:30pm  
Keep Fit 8:30pm to 9pm  
NEW MEMBERS WELCOME  
For further details contact Stephen on 07811 761033

## Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer.  
Sessions are on Wednesdays: 10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments  
All Welcome  
Call in for a friendly chat

## Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060  
Maryport Tip, tel 01900 66922 open daily 8am to 6pm  
Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

## Friendship Hour

Silloth Evangelical Free Church, Eden Street Friendship Hour is on alternate Thursdays at 1:45pm. Warm fellowship, refreshments, and good speakers. All welcome

## Coast Bus Timetable

**60E Maryport to Skinburness**  
the current timetable is available from Silloth Tourist Office or Winters Newsagents or [www.ellenvalecoaches.co.uk/service-60e.html](http://www.ellenvalecoaches.co.uk/service-60e.html)

## July

27th Allonby Artex Exhibition 4pm to 8pm, £1

28th Allonby Artex Exhibition 10am to 8pm, £1

29th Allonby Artex Exhibition 10am to 8pm, £1

30th Allonby Artex Exhibition 10am to 4pm, £1

## August

1st Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker Stephen White on Solway Steam Tel: 016973 52527

2nd Bike Projects at Silloth BMX track 1pm to 3pm

3rd John Peel Theatre Open Mic Night

4th Beach Clean with Fix the Firth on Crosscanonby Beach 10am to noon

5th Allonby Charity Ploughing Match at Allerby Hall, Mr Miller 07732 619819 or 016973 61629. Money raised will go to Special Baby Unit at Cumberland Infirmary

5th Afternoon Tea & Cakes in Mawbray Village Hall noon to 4pm, £6 per head

9th Bike Projects at Silloth BMX track 1pm to 3pm

9th Beach Clean with Fix the Firth on Wolsty Beach 1:30 to 3:30pm

10th John Peel Theatre The Professor of Adventure

11th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

11th Pirate & Princess Day on Silloth Green all day

12th Low-Tide shorewalk in Allonby Bay at 7:15am Tel: 016973 21967

12th Special Market & Music on Silloth Green all day

Are these entries all  
up to date  
If not -  
please let us know

## RNLI Shop

SILLOTH LIFEBOAT STATION  
SHOP OPENING HOURS

Saturday 11am - 4pm  
Sunday 11am - 4pm  
Monday 1pm - 4pm  
Tuesday 1pm - 4pm  
Wednesday 11am - 4pm  
Thursday 1pm - 4pm  
Friday 1pm - 4pm

Our shop is staffed entirely by volunteers and may not open at the advertised time. We do apologise for any inconvenience that this may cause.

## August cont'd

12th Pirate & Princess Day on Silloth Green all day

13th James Town Circus on Silloth Green

14th Low-Tide shorewalk in Allonby Bay at 8:30am Tel: 016973 21967

14th Beach Clean with Fix the Firth on Allonby South Beach 10am to noon

15th James Richards Circus on Silloth Green

16th James Richards Circus on Silloth Green

16th Bike Projects at Silloth BMX track 1pm to 3pm

17th James Richards Circus on Silloth Green

18th Art Exhibition by Silloth Artists in Golf Hotel 10am to 4pm, entry free

18th James Richards Circus on Silloth Green

19th POP UP Church Solway Plain Team Open Air Family Service at Tarnside Caravan Park at 2pm

19th Table Top Sale at Culterham Hall, Mawbray noon to 4pm

19th James Richards Circus on Silloth Green

20th James Richards Circus on Silloth Green

23rd Bike Projects at Silloth BMX track 1pm to 3pm

24th Solfest

25th Beach Clean with Fix the Firth at Bowness on Solway beach 1:30 to 3:30pm

25th Cream Tea in St Andrews Hall, 2pm to 4pm

25th Solfest

26th Solfest

27th Silloth Carnival

29th Police Drop In at Silloth Local Links 2pm-4pm

30th Beach Clean with Fix the Firth on Silloth West Beach 10am to noon

30th Bike Projects at Silloth BMX track 1pm to 3pm

Errors do occur in Dates  
for the Diary. Please check  
before attending an event.

## Breast-feeding Group

Mondays 10am to 11:30am  
Wigton Bowling Club, West Road, Wigton  
Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

## September

1st Silloth & District Pensioners Coffee Morning in Eden St Recreation Hall

1st An Evening With John Crouch in St Cuthbert's Church Hall, Wigton with 3 course meal £12, In Aid of Silloth RNLI, see advert

2nd Silloth Community Craft & Food Fair 10am to 5pm

3rd Silloth Town Council meeting in Community Hall 7pm

5th Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker Pam Oddy on Chrysalis Tel: 016973 52527

6th Silloth Music & Beer Festival

7th Silloth Music & Beer Festival

7th John Peel Theatre Open Mic Night

8th Silloth Music & Beer Festival

9th Silloth Music & Beer Festival

12th Low-Tide shorewalk in Allonby Bay at 8:30am Tel: 016973 21967

14th John Peel Theatre Nobody Asked the Women

14th Waver Wine Circle in Blencogo Village Hall 25th Anniversary Buffet

12th WI Meeting in Community Hall at 7:15pm

15th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

15th Marilyn's Walk 10th Anniversary from Albion Inn Silloth to Maryport

Do you have an event  
in the area bounded by  
Abbeytown, Mawbray,  
Silloth, Skinburness, if  
so please let us know.

## Dementia Cafe

To be held in  
WIGTON METHODIST CHURCH  
1st Monday in month  
10am - 12 noon  
For people with dementia and their carers  
Coffee, cake, chat....and more

## Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For further information please contact: Gill Edmondson Tel: 016973 71696

## October

1st Silloth Town Council meeting in Community Hall 7pm

3rd Parkinson's UK meeting at Wheyrigg Hall at 11am, lunch at 12:15pm, all welcome, speaker Guide Dogs for the Blind Tel: 016973 52527

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

## Christ Church

For Christ Church baptisms and other church related business please contact:  
Rev Bryan Rothwell  
The Vicarage, Wigton Road  
Tel: 016973 31413

## Crafting Group

Interested in crafting? come along to Silloth Crafting Group on Wednesdays from 1:30 to 3:30pm at St Andrews Church Hall.  
We are a well established group, friendly people with a variety of crafting talents-willing to share their knowledge. Enjoy the chat and learn from the other crafters , or just sit and chat.

## Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm

## Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present.  
Other Room usage is subject to fulfilling certain criteria and must be arranged and pre booked.  
Contact numbers:  
Silloth 016973 31509  
Wigton 016973 43870  
Aspatia 016973 23401

## Sewing Circle

Have you clothes you don't wear - don't like or don't fit properly?  
Come along to Silloth Sewing Circle on a Thursday afternoon from 12pm to 4pm at St Andrews Church Hall opposite the Co-op. We will teach you to alter and make cloths and furnishings for the family. Just £2 and you get tea/coffee and biscuits. 016973 31915



# Be A Forever Family

## 26 children in Cumbria waiting for a forever family

### You Could Be Their Someone

Right now in Cumbria, the county council are searching for prospective adopters as 26 children await a forever family.

Children who need adopters come from a variety of different backgrounds and some may have disabilities or other special needs. What the children all have in common is that they have had unsettled and sometimes traumatic experiences and need the love and care that adoptive parents can bring to their young lives.

Restoring a child's faith in adults is often the main challenge that adopters face. The key is to bring care and stability to their lives by providing them with a loving and supportive home. It can be a long process, but over time they will learn to trust you and it will transform their lives as well as yours.

The adoption assessment process takes around six months to complete in most cases and prospective adopters can expect a high quality and professional service from Cumbria County Council's Adoption Team.



The council have successfully matched hundreds of children with families in Cumbria over the years and have the skills, expertise and experience to support adopters through the process and match them with a child who will thrive in their family.

Whether you are married or single, divorced or living with a partner, gay or straight, unemployed or disabled, and whatever your cultural background, there is a good chance you could be an adoptive parent.

Potential adopters in Cumbria are invited to find out more at information events in Carlisle and Kendal:

#### Carlisle -

Monday 30 July - Crown & Mitre Hotel, The Drawing Room - 6pm

#### Kendal -

Monday 6 August - Castle Green Hotel, Garden Room - 6pm

More information about the children waiting, the process and the support available can be found at [cumbria.gov.uk/adoption](http://cumbria.gov.uk/adoption) and on the Fostering and Adoption with Cumbria County Council Facebook page.

# You Could Make a Difference!

West Cumbria Carers is a registered charity which supports carers in Copeland and Allerdale.

A carer is anyone of any age who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support.

Volunteers play an important part in the work we do and the services we provide to support carers. We are looking for volunteers who could do any of the following:

Sitters regularly visit the cared for. This allows the carer to have a valuable break for a few hours with the peace of mind that comes with knowing the person they care for is being safely looked after. However, this does not include personal care needs.

Drivers help carers to attend vital health appointments or a support session/activity/event that otherwise would be missed.

Counsellors provide this specialist form of therapy to those that need it as a result of their caring role.

Carer Supporters can regularly visit or contact someone who needs help in building confidence or becoming socially active again.

Carers Champions raise awareness of our services with carers and the general public. They help us to identify carers who may wish to receive our support.



### Interested?

Further, more detailed, information on our volunteer opportunities can be found on our website [www.westcumbriacarers.co.uk/get-involved/](http://www.westcumbriacarers.co.uk/get-involved/) together with our online volunteer application pack. Alternatively, if you prefer to complete an application form in

writing just call us and we can post an application pack to you. Or call into our offices.

Just think...your individual skills, strengths and life experience could be used to really make a difference to the lives of our Carers where you live as well as making a difference to your own life.



Rainbow Ice Cream Bee  
by Kristen McCornish  
from  
Silloth Primary School

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Fax: 016973 42210 E: [enquiries@daharrison.co.uk](mailto:enquiries@daharrison.co.uk)  
Silloth, Wigton, CA7 4NS

# ATLAS

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# David Allen

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[info@david-allen.co.uk](mailto:info@david-allen.co.uk)  
[www.david-allen.co.uk](http://www.david-allen.co.uk)







# Local Tradesmen and Services

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### Beacon Aerial Services, Wigton

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bmcelectricalcumbria@gmail.com

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m: 077098 22238

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Silloth, t: 016973 32208

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Friday the 13th Bee  
by  
Luke H from Holme St Cuthbert School

# Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £50 a year.

Abbey Cleaning Services	07732 270844	Spot On	07736 774788
Addison Orthodontics	016973 32208	Stanwix Park	016973 32666
Allen Armstrong Garden Serv's	07768 496313	The Charity Shop	016973 31696
Allerdale & Eden Roofing Serv's	01900 813517	The Secret Garden	016973 325214
ASM Leisure	01228 527420	Top2Toe Beauty Salon	016973 31591
Barry Casson	077098 22238	Upholstery, Irene Armstrong	016973 31836
Beacon Aerial Services	07941 370669	West Silloth Motors	016973 32833
Beacon Veterinary Centre	016973 20242	Wheyrigg Hall Hotel	016973 61242
Beaty & Co Solicitors	016973 42121		
BMC Electrical	07852 168680		
British Heart Foundation	01946 418805		
Butterworths Solicitors	01228 739907		
Callum Findlay gardener	07765 314597		
Christine's Taxis	07917 564583		
Cumbria Caravan Repairs	07823 440813		
D A Harrison	016973 42277		
David Allen Accountant	01228 711888		
David Read joinery	07759 783823		
Digger Hire	07736 774788		
Eilbeck Cleaning Services	07751 097035		
Fairydust Emporium	016973 31787		
Fruit & Veg Box Co	0776 990 4663		
Good Companions	016973 31553		
Harrisons Store Ltd	016973 61231		
Jackie's Footcare	016973 32373		
Jaybees	016973 31245		
Joiners Arms Country Inn	016973 52669		
KL Express	016973 33033		
KMG Plumbing & Heating	07590 522621		
Man with a Van	07736 774788		
McDermott Chimney Sweep	07878 147444		
Mike Jones Decorator	07842 355486		
Mike Taylor Plumbing	07773 069856		
No. 17 Delicious	016973 32458		
Outdoor Joinery	016973 61256		
Peter Farrier painter	016973 33039		
Pink Poodle	07519 223364		
PM Roofing Specialists	07931 362163		
Queens B & B	016973 31373		
Seasoned Firewood Logs	07762 772208		
SG Coaches	016973 31940		
Silloth Cafe	016973 31319		
S.O.S.C.S.	016973 32452		
Slimming World (Denise)	07799 708465		

**Advertisers  
entries are Free  
in the  
Phone Book**



## Useful Tel Numbers

Age Concern Home Safety Scheme	0 1 9 4 6 6 8 9 8 6
Chemist, Silloth:	0 1 6 9 7 3 3 1 3 9 4
Community Grants:	0 1 9 0 0 3 2 5 0 1 3
Crime Stoppers:	0 8 0 0 5 5 5 1 1 1
Dental Emergency:	0 1 2 2 8 6 0 3 6 2 0
Dentist, Buchanan:	0 1 6 9 7 3 3 1 2 7 0
Dentist, Steel:	0 1 6 9 7 3 3 2 0 4 2
Doctor:	0 1 6 9 7 3 3 1 3 0 9
Doctor CHOC service	0 3 0 0 0 2 4 7 2 4 7
First Responders can only be called by the Ambulance service, call: 999	
Gas:	0 8 0 0 1 1 1 9 9 9
Highways Hot Line	0 8 4 5 6 0 9 6 6 0 9
Hospital:	0 1 2 2 8 5 2 3 4 4 4
Holme St. Cuthbert School, Mawbray:	0 1 9 0 0 8 8 1 2 4 2
Holm Cultram Abbey CoFE School	0 1 6 9 7 3 6 1 2 6 1
Abbeytown:	0 1 9 0 0 7 0 2 9 2 9
MP, Sue Hayman:	0 1 9 0 0 7 0 2 8 9 8
NAP	0 1 9 0 0 3 2 5 0 1 3
Neighbourhood Forum:	101
Police:	0 1 2 2 8 5 2 3 1 7 4
Quakers, Wigton:	0 1 2 2 8 2 2 1 1 2 2
Register Office, Wigton:	0 1 2 2 8 5 4 4 4 4 4
Samaritans:	
Silloth Community School:	0 1 6 9 7 3 3 1 2 3 4
Silloth Library	0 1 6 9 7 3 3 1 9 4 4
Silloth Nursery & Junior School:	0 1 6 9 7 3 3 1 2 4 3
Silloth Town Clerk:	0 1 6 9 7 3 3 1 1 2 8
Allerdale B. Council	0 3 0 3 1 2 3 1 7 0 2
Silloth Tourist Information Centre:	0 1 6 9 7 3 3 1 9 4 4
Solway Buzz:	0 1 6 9 7 3 3 2 1 8 0
Vet:	0 1 6 9 7 3 2 0 2 4 2
Waste Disposal Dept:	0 1 9 0 0 7 0 2 8 0 0
Water LeakLine:	0 8 0 0 3 3 0 0 3 3
West Cumbria Carers	0 1 9 0 0 8 2 1 9 7 6
Please, let us know what you want included, also any changes to numbers.	

**If you want the job done  
right -  
Get the Professionals In!**



# Fluvius Axe Departing Silloth to Ireland

Report & Photos by:  
John Forrester  
More coverage of shipping at  
Silloth can be found at [www.cumbriashipphotos.weebly.com](http://www.cumbriashipphotos.weebly.com)

This year is turning out to be a bumper one for ship enthusiasts at Silloth. The first six months has seen a forty percent increase in cargo vessels compared to the same period last year. This current review month saw the arrival of seven ships. In addition, the dredger CHERRY SAND spent ten days working in the dock. All this activity resulted in a good selection of ships to photograph, for example, the afternoon of 5th June saw the departure of FLUVIUS AXE to Dublin.

This general cargo vessel was a new visitor to the port having arrived in the early hours from Belgium. The ship, built in 1998 as ARKLOW SEA, has had a few name changes during her lifetime. She is currently owned by a small British company 'Exe Shipping' based in Devon, a 'short sea' specialist operating on European routes. Their fleet of nine vessels are all named after West Country rivers, Fluvius Dart, Teign, etc reflecting the geographic location of the company. The reason why the Latin word for river (Fluvius) is used as a name prefix is unclear.

Condition were ideal for the

quayside departure on the afternoon tide. Keen-eyed observers could spot the pilot boarding, a sure sign the ship would soon be on its way. Once final preparations were complete the ship was lined up to pass through

the dock entrance. The ship was sailing in ballast so appeared high in the water making an interesting subject to photograph. Twenty minutes later she was entering the Solway and heading south. It would be a short twelve hour crossing to Ireland to pick up her next cargo.



## Silloth Tide Tables

AUGUST 2018										SILLOTH	
Date		DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)									
		High Water				Low Water					
		Morning		Afternoon		Morning		Afternoon			
		Time	m	Time	m	Time	m	Time	m		
1	W	01 59	6.9	14 19	6.4	09 02	-0.6	21 12	-0.4		
2	TH	02 34	6.6	14 55	6.2	09 35	-0.4	21 48	-0.2		
3	F	03 12	6.4	15 36	6.0	10 12	-0.3	22 27	0.0		
4	SA	03 57	6.2	16 24	5.7	10 53	-0.1	23 14	0.2		
5	SU	04 51	6.0	17 26	5.5	11 44	0.1				
6	M	06 01	5.7	18 44	5.5	00 15	0.3	12 51	0.1		
7	TU	07 19	5.7	20 00	5.7	01 33	0.3	14 11	0.1		
8	W	08 32	6.1	21 07	6.3	02 52	0.0	15 25	-0.2		
9	TH	09 37	6.5	22 05	6.9	04 05	-0.4	16 32	-0.5		
10	F	10 33	7.1	22 57	7.4	05 10	-0.8	17 32	-0.8		
11	SA	11 25	7.5	23 46	7.8	06 10	-1.1	18 27	-1.1		
12	SU			12 13	7.7	07 03	-1.4	19 19	-1.2		
13	M	00 31	8.0	13 00	7.7	07 53	-1.6	20 06	-1.3		
14	TU	01 18	8.1	13 47	7.6	08 39	-1.6	20 49	-1.1		
15	W	02 05	7.8	14 31	7.3	09 21	-1.4	21 30	-0.9		
16	TH	02 49	7.4	15 15	6.9	10 01	-1.0	22 09	-0.6		
17	F	03 35	6.9	16 01	6.3	10 42	-0.6	22 51	-0.1		
18	SA	04 24	6.2	16 53	5.7	11 26	-0.1	23 39	0.2		
19	SU	05 22	5.6	17 56	5.3			12 19	0.3		
20	M	06 36	5.2	19 13	5.1	00 41	0.5	13 27	0.5		
21	TU	07 55	5.1	20 27	5.3	01 59	0.6	14 39	0.5		
22	W	09 05	5.3	21 26	5.7	03 15	0.4	15 45	0.3		
23	TH	09 58	5.7	22 13	6.2	04 17	0.1	16 37	0.1		
24	F	10 40	6.1	22 51	6.6	05 07	-0.1	17 20	-0.1		
25	SA	11 15	6.4	23 25	6.9	05 48	-0.4	17 58	-0.4		
26	SU	11 47	6.6	23 57	7.1	06 24	-0.6	18 34	-0.5		
27	M			12 17	6.9	06 58	-0.7	19 07	-0.6		
28	TU	00 28	7.2	12 47	6.9	07 32	-0.8	19 42	-0.7		
29	W	01 00	7.2	13 19	6.9	08 05	-0.8	20 17	-0.6		
30	TH	01 34	7.2	13 52	6.7	08 40	-0.8	20 52	-0.6		
31	F	02 06	7.0	14 26	6.6	09 12	-0.6	21 26	-0.4		

Times shown in UTC. Add 1 hour for British Summer Time.

## June Shipping at the Port of Silloth

Report by: Capt Tim Riley,  
Harbour Master, Short Sea Pilot

This was another great month for the port, we got some dredging done, but not enough and it looks like July will be back to a more normal series of vessels, one Grain due, one Fertiliser due and Molasses due too.

3rd Wilson Liverpool with  
Fertiliser from Klaipeda then to  
Newport.

4th Fluvius Axe with Fertiliser  
from Ghent then to Dublin.

11th Ohlau with Wheat from La  
Pallice then to Belfast.

11th Muhlenau with Fertiliser  
from Ghent then to Belfast.

18th Eems Sea with Potash from  
Hamburg then to Loch Aline.

23rd MY Fourteen, a luxury  
yacht from Whitehaven for one night  
then back to Whitehaven.

25th Emma from Sillamae with  
Urea then to Belfast.

29th Ayress from Ardcastle with  
logs then to Troon.



# Causewayhead WI

Report by: Jenny Stride

Our June meeting was an Open Meeting and we welcomed guests Federation Chair and Vice Chair Ilene Forsyth and Kathleen Bowron and members from Bowness-on-Solway, Crosby & District, Drumbrugh & Glasson, Dundraw and Westnewton WI's.

Helen Shipton Smith from Cleator Moor gave a fascinating insight into the World of Herbs. She had brought a collection of herbs which she classified in three groups, Aromatic, Culinary and Wildlife.

Rosemary activates the brain, thyme is antiviral and good for the immune system, lemon thyme good for cakes and chicken dishes, orange thyme for duck. Pineapple sage and many mints can be used in cocktails. Oregano, marjoram and basil are used in Italian cooking. Lemon Verbena is used in teas and puddings, lavender is soothing. All are attractive to bees and wildlife.

Plants were available for sale and very much in demand. Helen gave one collection as a prize for the raffle which was won by Pauline Mole.

A delicious buffet supper provided by our members was enjoyed by guests and members alike.

## Competitions

*Herb Posy* 1. Pat Froggatt

2. Christine Worrall

*Single Flower* 1. Olga Hetherington

2. Mona Kent

*Wild Flowers Members*

1. Pat Froggatt 2. Christine Worrall

*Wild Flowers Guests* 1. Emma (Drumbrugh & Glasson)

2. Sue (Bowness on Solway).

For our July Meeting the speaker Ros Downing gave a very interesting talk on Downing, as in Downing Street.

Ros said that on meeting her father in law in 1969 he claimed that his family were descended from the Sir George Downing after whom Downing Street was named. Although the family had no factual evidence on which to base this claim.

Ros said that when she retired she did a history MA at Reading University. As part of this she had to do a 20,000 word dissertation and four essays of which one was on economic history. This gave her the opportunity to research Sir George Downing as in the 17th Century he had been Teller of the Exchequer.

Sir George was born in England in 1623 but spent his early years in America, his uncle John Winthrop had invited the family to join him in Salem. George was the second person to graduate from Hale. He then taught junior students before becoming chaplain on a ship to the West Indies. When he was 23 he returned to England as an ardent follower of Cromwell. As an extremist he became a chaplain in the New Model Army before becoming Scoutmaster General (Head of Military Intelligence).

During his career he became MP for Carlisle, was head of the Exchequer where one of his employees was Samuel Pepys.

He was also careful to protect his own interests so that after the restoration of the monarchy he managed to convince Charles that he had been misled by his upbringing and was reinstated to the posts he'd left when Cromwell died. So much so, that in 1661 he was made Earl of Carlisle.

Although described by Pepys as a perfidious rogue and stingy, a statement endorsed by George's mother, he was also Ambassador at the Hague. It is thought that his lack of tact was a major influence in the second Dutch War.

During the Parliamentary period he had spied on expat Royalists in Holland and reported

this to Parliament but also covered his back by passing information from England to Charles.

He was responsible for hunting down many of his previous colleagues in the New Model Army resulting in his former Colonel being hung drawn and quartered.

Whilst at the Exchequer he fraudulently claimed a property west of Whitehall including Hampton House in lieu of a debt. The land was then cleared and rebuilt and the properties include 10 and 11 Downing Street. As could be expected from someone like Sir George the properties were badly built on soft ground and have needed constant upkeep.

The John Hampton Society had campaigned in 2000 to have the street renamed after John Hampton who had been a staunch Royalist and had died during the Civil War. This was rejected by Westminster City Council as they didn't want to upset residents who would have incurred considerable expense changing their letter heads, etc.

Sir George died in 1684 leaving two sons and two grandsons. However, as his grandsons had no issue the title died out and his grandson left the family fortune to found Downing College at Cambridge.

After learning what an unpleasant character Sir George was Ros was pleased to learn her husband was not a descendant.

## Competitions

*A political item* 1. Frances Jackson

2. Olga Hetherington

*Flower* 1. Olga Hetherington

2. Frances Jackson

*Wild Flower* 1. Jean Graham

2. Frances Jackson

*Raffle* Pauline LaPlante, Margaret Peach.



# Callout to Powfoot



Report by: Julie Emary  
LPO Silloth Lifeboat

In choppy sea conditions Silloth RNLI lifeboat was called out at 1pm on Saturday 14th July to an elderly couple cut off by the tide at Powfoot. Apparently they were in the sea up to their chests.

At 1:27pm the RNLI lifeboat heard that the couple had managed to get out of the water and had made their way back to the

caravan park.

After extensive searching for the couple both around the coast and in the caravan park itself, the couple were still not located but the Coastguards were assured that the couple had been seen to get out of the water. Annan Coastguard were also involved in the incident.

At 1:35pm Silloth RNLI lifeboat was stood down and returned to the Lifeboat Station.



Queen Flower Bee  
by

Maisie Emmerson  
from

Holm Cultram Abbey School

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# Revised Silloth Carnival Route for 2018



## Float & Fancy Dress Theme: 'Going To The Movies'

Report by: Mandy Bennacer

It has been brought to our attention that a few people were unhappy about last years route.

As a committee we struggle to get the voluntary help that is needed to help with the road closures, so we had to opt for a smaller route. As this seems to have upset a few people we are reverting back to the longer route.

### Volunteers needed

Therefore, we are asking if anyone can volunteer to help us close some roads on the route? You will be required from 1pm–2:30pm on Carnival Day, Monday 27th August. If you are interested please call Mandy on: 07841 762801. If we again struggle with the road closures we will, reluctantly, have to shorten the route. The road closure volunteers get the best view of the parade!

Please look out for our Raffle tickets in most local shops, we will also be coming around door to door in August. Please join

us on the day with a float or fancy dress - this years theme "Going to the Movies".

The parade starts from Skinburness Road next to the tennis courts. Please note, there is no parking on this section of road unless the vehicle is part of the parade. There is plenty parking further along Skinburness road on the grass.

Walking entries - please gather on the grass next to the tennis courts.



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