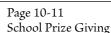


# Monthly Munch at the Abbey Raises £1,161



Merry Christmas & a Happy New Year to all our Readers **Contributors & Advertisers**  Page 3 Denise keeps it all together

Pages 8 Lots of dosh for St Andrews Page 9 Steven has staving power





The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

## Peter McCall Visits Mawbray School

Cumbria's Police and Crime Commissioner Peter McCall attended a presentation at Holme St Cuthbert primary school in Mawbray on Wednesday 14th November to raise awareness of National Anti-Bullying Week.

Throughout the year young people are taught to respect one another, have tolerance of each other's differences, and in doing so provide positive communities, classrooms and friendships. Peter



McCall said: "We should all take a stand against bullying and help to raise awareness that

bullying will not be tolerated. By respecting each other's feelings, wishes and rights, we need to remember that while we are all different, we are all equals. We can all stand up to, challenge and refuse to accept bullying in any form. By spreading the message I am hopeful that awareness will be raised and that anyone witnessing or affected by bullying will feel comfortable enough to go forward, talk to an adult and get support. It is important to encourage young people to think twice about what they say and how being mean to others, can hurt them very deeply."

PCSO Izzy Roberts said: "Young people are given the message to be kind to each other and stand up to bullying throughout the year, and Anti-Bullying week reinforces the message to be supportive of each other and kind every day."

This year's anti-bullying week's theme is to 'Choose Respect', organised by Anti-Bullying Alliance. It promotes that bullying is a behaviour choice, and by choosing respect for others, even when we disagree with them, we can create a positive atmosphere where we can all grow, play and learn.

## Blencogo Art Group



Report by: Jennifer Bailey

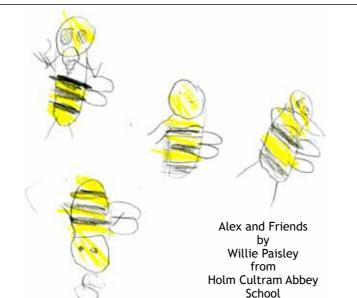
The Blencogo Art Group's latest "masterpiece" - a copy of a picture by Beryl Cooke "Street Market" has at last been completed and is on show in the village hall.

This was a superb effort made by all members and the whole picture was assembled by Janet and Graham.

The group choose a 'Big Picture' each year and everyone who wants to be involved, paints sections of the picture which are then all fitted together to form the whole, the resulting picture is surprisingly good and usually very amusing.

The group meets on a Monday afternoon from 1:30pm - 4:30pm and, although untutored, there is a wealth of experience and advice available for anyone who needs it. There are sketching outings

throughout the year which usually involve a visit to a suitable eatery and a very friendly and convivial atmosphere abounds.



## Get Your Free Flu Vaccine

People with long-term health conditions urged to have free flu vaccine

Cumbria County Council and local NHS partners are reminding people with long-term health conditions that flu increases their chance of serious health complications and a hospital visit and getting vaccinated is the best protection. The flu vaccine is offered free of charge on the NHS to people who are most at risk, including: • those aged 65 years and over

• pregnant women

• people who have certain medical conditions

• people living in a long-stay residential care home or other long-stay care facility

• those who receive a carer's allowance, or are the main carer for an elderly or disabled person whose welfare may be at risk if the carer falls ill

Colin Cox, Cumbria County Council's Director of Public Health, said: "The cold weather that winter brings can make people more likely to catch a winter illness that could become very serious. If you start to feel unwell, at the first signs of winter illness, get advice from your pharmacist before it gets more serious. For people with underlying or long-term health conditions, for example those with respiratory and cardiovascular conditions, we would advise getting the free flu vaccination now by contacting their GP practice or pharmacist."

Flu is a highly infectious disease and can lead to serious complications for people with underlying health conditions such as chronic obstructive pulmonary disease (COPD), bronchitis, emphysema, diabetes, heart disease, kidney disease, liver disease or a chronic neurological disease like multiple sclerosis or cerebral palsy.

Across England and Wales an average of 8,000 deaths occur annually due to flu related complications. Of these deaths, it is estimated that around 2,500 are people with a heart disease and 3,500 people with a respiratory disease Dr David Rogers, Medical Director at NHS North Cumbria Clinical Commissioning Group said: "We are encouraging people who are eligible to take a moment to plan when they can have the jab. Even if you had your jab last year, you will need to have one again, because flu changes every year. The flu jab is a simple procedure which could ultimately save lives. Don't wait until there is a flu outbreak this winter; get your vaccination as soon as possible, especially if you are in an 'at risk' category. Real flu can be debilitating and if you are already living with a condition, you are either very young or very old it can hit you harder. All NHS staff are encouraged to get the vaccination which will also help to protect patients, colleagues and their families."

This year, Public Health England are providing a 'quadrivalent' vaccine, which offers protection against four strains of flu, to those aged 18-64 with underlying health conditions. For people aged 65 and over, a more effective 'adjuvanted' vaccine will be offered which helps their immune systems develop protection against flu.

The most common symptoms of flu are fever, chills, headache, aches and pains in the joints and muscles, and extreme tiredness. Healthy individuals usually recover within two to seven days, but for some the disease can lead to hospitalisation, permanent disability or even death. People who are eligible for the flu vaccine, should get it now by contacting their general practice, pharmacist or midwife.

Visit nhs.uk/staywell for more information.



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## Don't Let Fire Ruin the Festive Cheer

Christmas is a great time to get together with family and friends, and Cumbria Fire and Rescue Service is urging people to put fire safety at the top of their Christmas to-do list to help keep everyone safe.

While fire safety is vital throughout the year, the extra distractions of Christmas make it especially important to be vigilant during the festive season. This is why Cumbria Fire and Rescue Service (CFRS) is asking people to take extra care over the festive season to ensure that their families and loved ones are safe from fire.



This advice comes after there were 35 accidental fires in homes across Cumbria from 1st December 2017 to 11 January 2018.

The most common room where fires start is, perhaps unsurprisingly, the kitchen. Nearly 60% of all the accidental fires attended by firefighters in Cumbria around the Christmas period last year started in the kitchen.

Edward Burrows, CFRS Community Safety Manager, said: "We want everyone to celebrate safely and take fire safety seriously this Christmas. Many of the things we enjoy over the Christmas period, such as fairy lights, candles and decorations, can all be fire hazards when proper care isn't taken. We also need to be mindful that leaving cooking unattended can be one fire hazard that could be prevented, as could using the correct charging devices for items such as phones, laptops and torches."

Here are some simple tips from the National Fire Safety campaign to help you and your family enjoy Christmas safely:

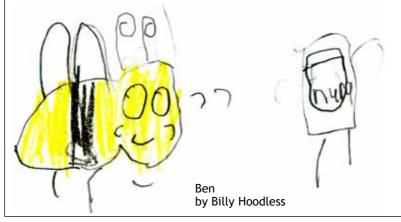
Ensure you have working smoke alarms installed on all levels of your home. Working alarms can give you the vital time needed to escape in a fire. Test your smoke alarms regularly and never remove batteries!

## Bazaar Raises £510

Report by: Penny Stimson

On Saturday 17th November the Hall at St Andrews was decorated with lots of Christmas trimmings and Christmas tree. Tables were full to the brim, with lots of needed items all at £1,

£2 or £5 for the new items. In the middle of the hall tables were arranged with items for Kirstins wonderful teas. These are a must and very popular with all our visitors. The Christmas Bazaar was open and the hall quickly filled, items were bought and then a lovely tea was had to complement the visit. At four when the Bazaar finished all were tired out, but very happy as we raised £510 towards the re-decoration of our Hall. A big thank you to all who attended and enjoyed themselves.



Never leave cooking unattended. The majority of fires start in the kitchen so this is a high risk area. Many of us enjoy a tipple over the festive season but be sure to avoid cooking whilst under the influence of alcohol. Always turn off kitchen appliances when you have finished cooking.

Never leave burning candles unattended. Keep candles out of the reach of children, and away from decorations, cards and wrapping paper, fires, lights and heaters.

Put your cigarette out, right out. If you smoke, make sure your cigarette is fully extinguished and take care when under the influence of alcohol or if tired. It's very easy to fall asleep while your cigarette is still burning and set furniture alight.

Never use heaters to dry clothes. Heaters can start fires when things are placed too close to them. Keep them well away from curtains, clothing and furniture.

Don't overload sockets. Ensure only one plug per socket. Always turn off plugs when they are not in use, except those that are designed to be left on, like freezers.

Ensure you switch off fairy lights and unplug them before you go to bed or leave the home. Check your Christmas tree lights conform to the British Standard (BS EN 60598) and are in good working order before use.

Always use an RCD (residual current device) on outdoor electrical equipment. This safety device can save lives by instantly switching off the power if there is a fault and can be found in any DIY store.

Do something good this Christmas. Test the smoke alarms of someone you know who may need help such as an older relative or neighbour to ensure their safety as they are at greater risk from fire.

Make sure that everyone in your home knows what to do in a fire – in the event of fire you should get out, stay out and call 999. This short video from the National Fire Safety campaign shows a Christmas tree fire destroy a living room in under a minute: http://youtu.be/hMtjGfr0tYs.

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#### Report by: Winnie Poyser

The Annual Buffet was successfully organised by Denise Poland, the manager of the Good Cause Charity Shop.

Yearly, Denise has been supported by her team of volunteers, Jane, Ann, Sarah, Francis, Leslie, Elaine and Carol to organise this annual free buffet for her supporters and donors. They all bring in a lot of buffet style food such as creamy black forest cakes, grilled sausages, biscuits, crisps and sandwiches. Varieties of drinks include glasses of white wine, tea or coffee.

The raffle was very well supported. In all we raised  $\pounds 260$  via a Tombola which was a good effort and so lovely to have so many local people supporting us.

On behalf of the Good Causes Charity shop we would like to send a **big thanks** to everyone who not only came along to make the day, but also we are very thankful and grateful to all the goods that have been donated. All the money raised goes to cancer charities such as HOSPICE at home and MARIE CURIE.







Silloth, CA7 4DQ

## What Are They?



Stones found by Geoff Bland on the Solway coast. Report by kind permission of Ann Lingard and taken from her Solway Shore Walker blog.

Loom stone weights for a weaving loom or weights for fishing nets? They are made of clay with either one or two holes through them and are up to 2" long.

Ann Lingard recalls: I visited Mr Porter in Allonby who - when he was a lad – had helped his grandfather and father use fixed nets to catch herring from the shore, and has used a hand-net to catch brown shrimp all his life. During Mr Porter's wanderings on the shore he has found and collected a large number of red or yellow clay weights. He is certain that the 'stones' were used to weigh down fishing nets that were like the herring nets - anchored on the shore; his family's nets were attached to an anchoring post and the bottom of the net was weighted with a line of lead weights while the top of the net

🎭 Butterworths

e Walker blog. floated free, buoyed up by corks.

Once, after the big tides had uncovered a new scaur on the shore, he found a line of 'about eight' of these clay weights amongst the newly exposed rocks and pebbles – and one can easily imagine how they might once have been attached to a rope at the base of something like a gill net.

They could date from Roman times or earlier: the website for the British Museum's 'Portable Antiquities Scheme' has several photos of similar fishing-weights found along the coast from Maryport to Beckfoot, dating from Neolithic through Roman to the Medieval period.

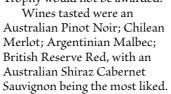
Weights for warp threads or for fishing-nets? If you are going to the trouble of finding and then moulding clay into balls that are perforated by a hole, why use them for just one purpose?

## Waver Wine Circle

At the November meeting of Waver Wine Circle held in Blencogo Village Hall, nine members met for a red wine tasting.

Apologies were received from Ann, Greta, Margaret and Nick who were unable to join us and from Bill, Linda and Stuart who were indisposed. The members sent them best wished for *s*peedy recoveries.

It was decided that as we were so reduced in numbers that the Red Wine Trophy would not be awarded.



The drawing prize donated by Stella, was won by Stephen.

Thanks to Stella for organising the room and for providing the nibbles which, as usual, were enjoyed by all.

The next meeting is our Christmas Dinner at Wheyrigg Hotel on Friday 14th December at 7pm for 7:30pm.

## **Carers Coffee Mornings**

At West Cumbria Carers a lot of the feedback we receive is about the positive effect of *s*pending time with other carers.

To help local carers in doing this we are introducing our new Carers Coffee Mornings. These will start in January and be held monthly at a variety of venues across Allerdale and Copeland.

We'd love it if you could join us for a cuppa!

As well as meeting other carers it will be a great opportunity to take a break from your caring role, have a chat with one of our Adult Carer Support Workers and listen to a variety of guest speakers.

If you would like to know more about these events contact the office on 01900 821 976 or keep an eye on the activities calendar on our website: www. westcumbriacarers.co.uk.

There are many reasons why taking some time to meet other carers is beneficial. Caring for someone can feel isolating. You may struggle opening up to friends and colleagues thinking they are unable to understand



your situation fully. Meeting other carers can help reduce that isolation, they understand how you feel, the emotions and pressures that caring can bring.

Sharing knowledge, tips and tricks can be very positive and empowering. Being able to pass on what you have learned or experienced can also make someone else's caring experience a little easier.

Taking some time to step away from caring and focus on your own well-being is invaluable.



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## Annual Christmas Fayre in Abbey Raises £2,538

Report by: Jean Armstrong

Holme Cultram Abbey held their Annual Christmas Fayre over two days on the last weekend in November.

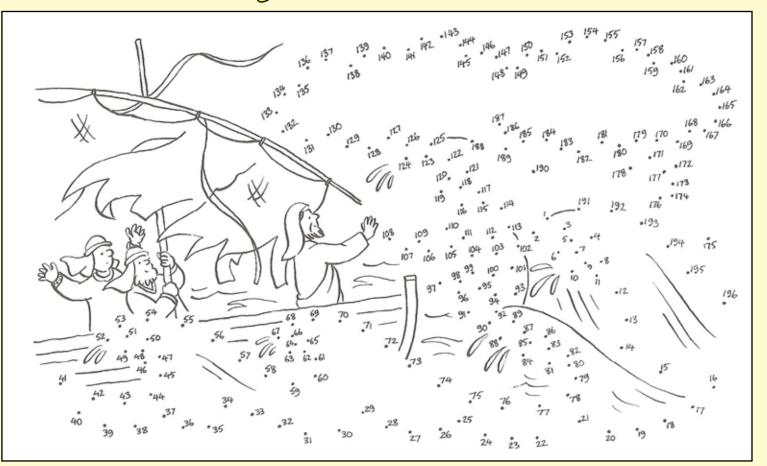
The Abbey was buzzing with many stalls, all stocked with lovely handmade gifts to tempt the Christmas shoppers; Of course Santa's arrival ready to *s*peak with the children in his beautifully decorated Grotto is always a great success; also available was face painting and Christmas crafts for the visitors to Santa. The Elves and helpers were kept very busy all day!

Many thanks to all who supported this event, the Stall holders, Visitors and Helpers all contributed to a  $\pm 2,538.00$  profit to help with the Abbey's running expenses.



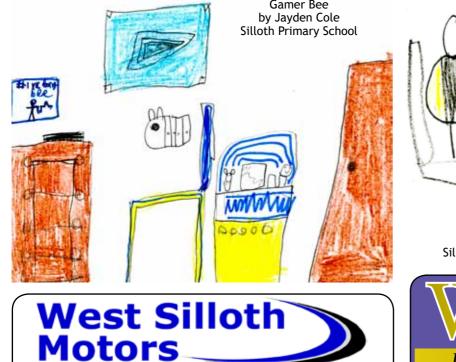
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Mammy Bee & Baby Bee by

Louie Pearson

from Silloth Primary School

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## Silloth Lights Switch-On Friday 30th November







## Pictures clockwise from top left:

Face Painting in Frankie & Millie's.

Santa was kept so busy in his wonderful Grotto in

Silloth Cafe. Santas Grotto looked great.

Who is that funny man with the shiny head enjoying the lights switch-on.

Owen Martin and friends having fun in the Fairydust Emporium.

Santas Sleigh and Welcome Sign seem to get brighter and better each year.

Crowds in the Silloth Cafe waiting to get into Santas Grotto







## Co-op Donates £4,809 to Hall



#### Report by: Penny Stimson

With St Andrews Hall full of diners enjoying their light lunches and warm fellowship at our Tuesday OUR DOORS OPEN, on 20th November, the Silloth Co-op presented us with a much valued cheque for £4809.12.

This was awarded from their Community Charity Fund which they run each year and co-op members have the option to chose to donate to whichever of the charities put forward by Silloth Co-op they wish to support. We are so grateful for the

overwhelming support we received from all members.

Co-op Manager Mr David Lomas presented the cheque to the elders of St Andrews, Edith Kerr, Kirstine Proud and Peter Stimson, to the delight of all diners present.

This wonderful donation will go towards much needed renovation of our community hall with new windows and doors desperately required.

A big thank you to all at the Silloth Co-op and to all the Co-op members who voted to give their support to St Andrews Hall.





Silloth RNLI Mr E Studholme and lifeboat crew were presented with a cheque for £460 by Mr Alf Pointon and family and friends of his late wife Audrey Pointon [nee Davenport] formally of Silloth.



## **PPI Telephone Scam**

Cumbria Trading Standards have received a report from a resident who was cold called by a claim management company offering to refund PPI money. The company have asked the resident to purchase a pay safe card for the amount of  $\pounds 200$  which will be handed over in exchange for a cheque of £4,000.

If you receive a call of this nature or similar please do not engage with the caller or anyone who may come to your property.

Cumbria Trading Standards and Cumbria Police advice is simple; don't hand over any money or personal information to any cold callers whether on the telephone or on the doorstep. Often these companies prey on the most vulnerable so please look

Cumbria Trading Standards

have received reports of fish

and surrounding areas. They

operating within Cumbria to

are known to engage in cold

to purchase large amounts of

calling activities asking residents

frozen fish on the doorstep. This

fish is generally of poor quality,

unrefrigerated and short weight.

Doorstep sellers often demand a

cash or cheque payment and can

be very persuasive in their selling

Trading Standards.

techniques.

may also be visiting other areas

in the region. Please be wary and

report any uninvited fish salesmen

Fish sellers visiting Cumbria

sellers cold calling in the Wigton

after those in your community. Consumers can register

their details with the Telephone Preference Service (TPS) to reduce the number of unsolicited sales and marketing calls. More details can be found at www.tpsonline.org. uk or contact the TPS registration line on 0345 070 0707.

If you or someone you know has been targeted in this or a similar manner, please contact Trading Standards via the Citizens Advice Consumer Helpline on 03454 04 05 06 or Cumbria Police 101

Follow us on Twitter at www. twitter.com/cumbriats and find us on Facebook for up to date information on reports such as these and all the latest scams at www.facebook.com/cumbriats.

doorstep sellers of any kind into

prey on the most vulnerable who

are less likely to refuse what may

your goods and services it is better

If you or someone you know

appear to be a bargain. For all

to deal with reputable traders

who you know and trust.

operating out of fixed premises

is faced with fish sellers or other

cold callers please contact Trading

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05 06 or visit www.adviceguide.

your home. Often these sellers

neighbourhood

Informing & Listening to Communities

**Rogue Fish Traders** 



**30 Years of Service to RNLI** 

Silloth RNLI Lifeboat Crew with John Crouch, Mayor of Allerdale

Report by: Julie Emary Silloth RNLI Press Officer Photos courtesy of Silloth RNLI

Silloth RNLI lifeboat station celebrated on Friday 16th November, one of their most loved and respected volunteers' service, which surpasses thirty years.

Senior Helmsman Steven Henderson was presented with his medal, on this special occasion by the Mayor of Allerdale, John Crouch.

Steve was accepted into the RNLI at Silloth less than a month after his seventeenth birthday and apart from a short break in the 1990's has been with the RNLI ever since.

Steve has been called out on emergencies countless times and has received many accolades, letters of thanks and awards from the RNLI for the rescues in which he has been involved.

In 2004 Andrew Ashton, the Divisional Inspector of Lifeboats for the RNLI's North Division, chose Steve to represent the North of England as one of six men selected from around Britain to act as a Guard of Honour for Her Majesty the Queen, when she opened the Lifeboat College at Poole in Dorset.

Called out in all weathers Steve has pushed the Silloth RNLI inshore lifeboat to its limits many times in gale force seas; he has instilled confidence in the crew and safely negotiated the boat through the constantly changing and treacherous Solway Firth, while rescuing people from a huge variety of situations.

Although remaining as the Senior Helm for the RNLI lifeboat, Steve has now also taken on the role of Station Training Assessor - passing on his knowledge and a lifetime of seamanship skills at Silloth, for the young and upcoming crew.



Senior Helmsman Steve Henderson of Silloth RNLI lifeboat receiving his award for thirty year service from John Crouch Mayor of Allerdale

Recently starring in Saving Lives at Sea on BBC 2, when Steve and the crew rescued a member of the public trapped on the roof of her car, when surrounded by sea; the video of which has achieved worldwide coverage. When asked by the television team, what was the most scary thing he has done, he replied 'being interviewed by you.

celebration for Steve's incredible achievement, where the Lifeboat Operations Manager, Eddie Studholme spoke warmly and emotionally of his friend and colleague, before the Mayor made the presentation to Steve. Also there with Steve, was his wife Jen and daughter Erin and son Saul, who have obviously been a huge support to him over the years of his voluntary service in the RNLI.

Over fifty people were at the

Pink Bee

Robbie Tiffin

Holm Cultram

Abbey School

by

from





btinternet.com

Cumbria Trading Standards on reports such as these and all and Cumbria Police advice is the latest scams at www.facebook. simple; do not let uninvited com/cumbriats.

org.uk

twitter.com/cumbriats We are now on Facebook, like our page for up to date information

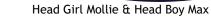
## Solway Community School Annual Prizegiving Awards



Head Teacher Judith Schafer Report by: the School Council Media Committee

There was something of a glow, despite the bitter cold of the weather outside, within our school hall the night of our prize giving event. One could point to warmth of the Christmas tree, a stage full of festive decor, or the pride that comes with success and celebration of a hard fought academic year. Perhaps it was the hall itself - packed with students, teachers and seemingly the whole wider community. It may have been the earnestness with which the speakers celebrated Solway's endeavours both within the school and throughout the town. Peter Thomas, chairman of the National Association of Teachers of English, summed up the feeling that our school has a quality that "sets the standards for schools both throughout Cumbria and the nation". That quality, that glow, as he described it: "is beyond excellence", because while every school seemingly has excellence as a value, our school goes further. Even from the perspective of an outsider, Peter described the students of our school, as a community of earnest and courageous teens that stand apart within a current political world of adults that should know better.

The evening began with an emotive speech from Headteacher Judith Schafer

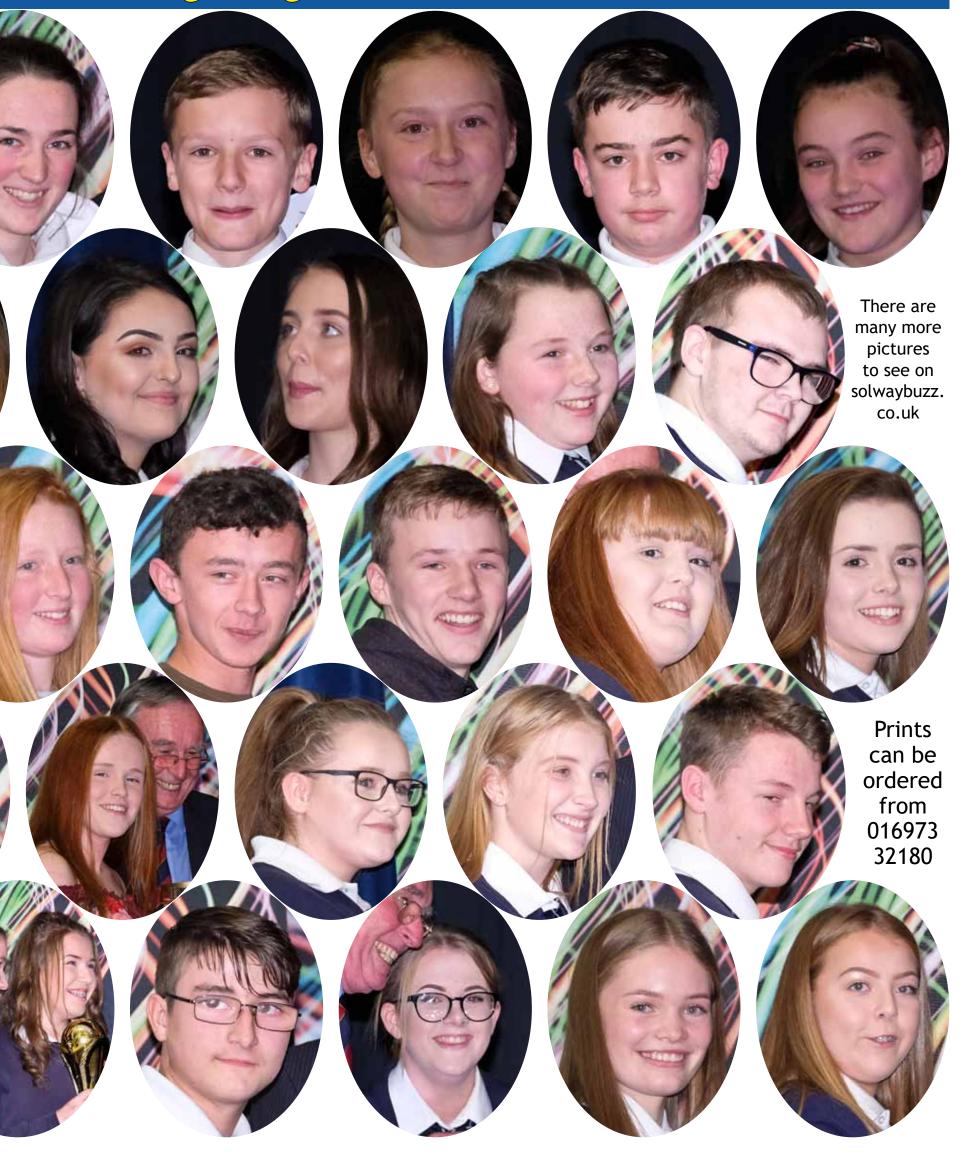


whose theme of a school moving through academic challenges, tragedy and great change to become a school recognised as making the fastest academic progress in Cumbria. This was followed by Peter Thomas's speech and the prize-giving - in which whoops and cheers could be heard as nervous students took their hard won prizes. Concluding the evening, Head Boy and Girl, Max and Mollie, stood out with their final remarks. Most touching was Max's story of how he came to Solway as a shy and quiet boy, and how he has grown into someone with the courage to deliver a speech to a packed room; with a clear vision of his future as a Royal Military Police Officer someone who has had the chance to make a real difference throughout school life and within the community. It

was a move that changed his life forever. This heart-felt speech makes one think — what other successful life changing stories will we be treated to next year?



Prints can be ordered from the Solway Buzz





Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or the Discovery Centre, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

This month the winner is Olivia **Branthwaite** from Holm **Cultram Abbey** School with a bee drawing called "Queen Bee".

Well done!

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

you can join the library, search the library catalogue, renew and request books online at cumbria.gov. uk/libraries **Visit Silloth** Library in the Discovery Centre

## **Tourist Information Opening Times**

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Wed 9:30am-12:30pm 1pm-4:30pm **Thursday CLOSED** 

Friday 9:30am-12:30pm 1pm-4:30pm Saturday 9:30am-12:30pm Sunday CLOSED

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## Are You Winter Ready?

A campaign is being launched as part of Cumbria's 'winter ready' plans to support the county's residents and businesses during the coming months.

A wide range of information about all things winter related is available on the campaign's revamped website, cumbriawinterready.org.uk. The campaign will also involve a programme of targeted social media activity helping to ensure that people are kept up to date with all the latest 'winter ready' advice and information.

The campaign seeks to ensure people have the right information, advice and guidance at their fingertips. It has been developed, and is supported by, a wide range of partners including Cumbria County Council, the six District Councils, NHS, Cumbria Community Foundation and the Environment Agency and is launching this week to mark the start of meteorological winter on 1 December.

The campaign provides advice and assistance on everything you need to know to help you be prepared and to get winter ready, including:

on how to protect your home from flooding and find out if you are at risk.

Emergency planning - advice

Winter travel – how to stay

safe, keep up to date with road and weather information and make your vehicle ready for winter.

Health advice – staying well this winter.

Councillor Keith Little, Cumbria County Council Cabinet member for Highways and Transport, said: "Severe winter weather can have a huge impact on communities in Cumbria, as we saw with the Beast from the East snow storms last winter and the devastating floods in 2015. It's important we take some simple steps to prepare for winter, from getting a flu jab to checking over your vehicle. The county council is no different and we're ready to tackle whatever the weather throws at us this winter. For example, more than 2.000 of our staff have now had a flu vaccination, which helps protect frontline staff and ensures they can't unwittingly give flu to vulnerable service users they take care of. We're also geared up to keep the county moving this winter, our fleet of 38 gritters are on standby day and night to treat priority roads. The campaign has been well received in the county over the last two winters and we have now updated and refreshed the website.

For more information, visit the dedicated website www. cumbriawinterready.org.uk.

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WI Garden is 'Outstanding'

Report by: Jenny Stride

Causewayhead WI Meeting during November started with Margaret welcoming John Crouch, Mayor of Allerdale and his wife Heather.

John had come to present the WI ladies who look after the Discovery Centre Garden, Ann Harrison, Frances Jackson, Jean Carr, Pat Bell, Maureen Irving and Pauline Parr, with A Britain in Bloom Level 5 outstanding Award for their work on the garden.

Following this it was appropriate that our speaker this month was Naomi Hewitt from the Solway Coast AONB. She manages a small team of people based in the Discovery Centre. The Solway Outstanding Area of Natural Beauty stretches from Rockcliffe in the north down to Maryport with a small gap at Silloth. This is one of 46 areas designated as AONB's in the UK and Northern Ireland. These areas are smaller and more sensitive than National Parks but also need conserving and enhancing in line with the needs of the local community.

Naomi and her team work with other agencies such as DEFRA,RSPB, Allerdale, Carlisle and Cumbria County Councils



foot and nail care, Callus, Corns, Fungal nails, Ingrowing toe nails, Diabetic foot care

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to manage coastal sites, coastal erosion, flooding and wildlife conservation. They also work with their equivalent on the other side of the Solway to promote tourism to the area. The salt marshes are a very important part of the heritage of this area and are home to many rare species. 94% of peat bogs have been damaged since the 19th century by the extraction of peat for domestic heating and horticultural purposes. Some have been drained and planted with trees and crops.

Where possible the peat bogs are slowly being replanted and it is important to realise that every metre of peat removed for domestic or horticultural purposes will take a 1000 years to replace. So by not buying peat based compost we will help to preserve these bogs for the future. The RSPB Visitor Centre at Campfield Marsh west of Bowness on Solway has more information on the work being done in the area and has areas showing how this is done.

More information can also be found at the Discovery Centre of the AONB website. www. solwaycoastaonb.org.uk

After the talk we enjoyed a small buffet provided by the ladies of the committee. Flower Competition: 1. Frances Jackson 2. Pauline Parr Wild Flower: 1. Pauline Parr 2. Jean Graham Competition: 1. Frances Jackson 2. Margaret Peach Raffle: 1. Marjorie Dockeray 2. Valerie Lodge



Сору

Date

Issue 171

Copy date for the

February/March issue

2nd Jan 2019 If your organisation has an

event to promote or you

date.

Football Training

Silloth Football Club

At Recreation Ground,

Eden Street Playing Fields Silloth, CA7 4AX

**Mens Team** 

Tuesday 7pm

Men's Saturday team. Contacts Liam Wilson 07394 561704 and

Brian Hayhurst 07717 532828

U12's

Wednesday 4.45pm at Silloth

AFC Contacts:

Martin Slack 07584 563683 and

Paul Mulgrew 07526 665759

U9's

Tuesday 5pm at Silloth AFC

Contacts: Dan Jeffrey 078367 78504 and

Kerrie Irving 07880 360147

U5's to U7's

Sunday 10am

at Sportshall CA7 4DD

Geoff Grainger 016973 43370

and Paul Donald 07762 711999

All other enquiries to secretary:

Colin Baty 07754 890297

Abbeytown Girls

Abbeytown Sports Field

Wednesdays 4-5pm

Silloth Dragons

Mixed Martial Arts Club

train in Christ Church Hall

on Thursdays

under 12's 6:45pm to 7:30pm 12's & over 7:30pm to 8:30pm

Keep Fit 8:30pm to 9pm

NEW MEMBERS WELCOME

For further details contact

Stephen on 07811 761033

**Martial Arts** 

10th

12th

14th

7pm

19th

26th

26th

26th

1st

2nd

4th

7pm

Moresby

16th

16th

## **Dates for the Diary**

#### December

23rd Carol Service in St Matthews Church, Westnewton at 4pm, all welcome

23rd Carol Service at 11am in Christ Church

23rd Evening Service at 6pm in Greenrow Pentecostal Church

Crib Service & 24th Nativity at 6pm in Christ Church

Vigil Mass at 6pm in 24th Our Lady of the Assumption

24th Carol Service at 7pm in St Andrews Reformed Church

24th Midnight Communion at 11:30pm in Christ Church

25th Christmas Communion at 9am in Christ Church

Morning Service at 25th 10:45 in Silloth Evangelical Free Church

31st Fellowship Meal & Party at 7:30pm in Silloth Evangelical Free Church

Watchnight Service at 11:15pm in Silloth Evangelical Free Church

- Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no
- responsibility whatsoever for the content of the Solway Buzz can be

accepted by the Editor, or the Publishers. Are these entries all

up to date, If not please let us know

### Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches. co.uk/service-60e.html

### Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm

#### Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Other Room usage is subject to fulfilling certain criteria

and must be arranged and pre booked. Contact numbers: Silloth 016973 31509 Wigton 016973 43870 Aspatria 016973 23401

#### January 2019

Community Hall at 2pm

home to Windermere

meeting in Community Hall

15th Holme Low Parish Council meeting in Silloth

Community Hall @ 7:30pm

Skinburness Road Car Park

from 8am to 9:45am

to Aspatria Eagles

St Andrews Hall

February

Mrs Wilson's at 7:30pm

Eden St Recreation Hall

5th Silloth Tigers away to Wigton Wanderers

WI Meeting in

Silloth Tigers at

Silloth Town Council

Crunch Service at

Silloth Tigers away

Take That Live in

Stanwix Holiday Park in aid of

Burns Night in

RNLI Quiz Night in

Silloth & District

Silloth Town Council

Crunch Service at

Pancake Morning in

**Breast-feeding Group** 

Mondays 10am to 11:30am

Wigton Bowling Club, West Road, Wigton

Have a cup of tea and meet

other breast-feeding mums.

Support and advice is available

from trained Breast-feeding

Peer Supporters and from

Health Visitors or Midwives. For

more information call Wigton

Health Visitors: 016973 66608

Walking Football

Every Monday 1pm - 2pm at Silloth football pitch by the

tennis courts. Followed by tea/

coffee at Methodist church hall.

Interested in crafting?

come along to Silloth Crafting

Group on Wednesdays from

1:30 to 3:30pm at St Andrews

Church Hall

We are a well established

group, friendly people

with a variety of crafting

talents-willing to share their

knowledge. Enjoy the chat and

learn from the other crafters ,

or just sit and chat.

Crafting Group

Pensioners Coffee Morning in

meeting in Community Hall

9th Silloth Tigers at home to

Skinburness Road Car Park

from 8am to 9:45am

St Andrews Hall

Silloth Football Club at 7pm tickets £10

Silloth & District 2nd Pensioners Coffee Morning in Eden St Recreation Hall

March

2nd Silloth Tigers away to Furness

Silloth Town Council 4th meeting in Community Hall 7pm

9th Crunch Service at Skinburness Road Car Park from 8am to 9:45am

Silloth Tigers at 9th home to Carlisle Crusaders

15th John Peel Theatre Old Herbaceous, 7:30pm, £10

16th Coffee Morning in St Andrews Hall

23rd Silloth Tigers away to Egremont

### April

Silloth Town Council 1st meeting in Community Hall 7pm

6th Silloth Tigers at home to Creighton

9th Holme Low Parish Council meeting in Silloth Community Hall @ 7:30pm

13th Silloth Tigers away to Workington

20th Cream Tea in St Andrews Hall

> Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

### **Christ Church**

For Christ Church baptisms and other church related business please contact: Rev Bryan Rothwell

The Vicarage, Wigton Road Tel: 016973 31413

### Dementia Cafe

To be held in WIGTON METHODIST CHURCH 1st Monday in month 10am - 12 noon For people with dementia and

their carers Coffee, cake, chat....and more

### Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For further information please contact: Gill Edmondson Tel: 016973 71696

### Mav

13th Silloth Town Council meeting in Community Hall 7pm

Old Fashioned 26th Jumble Sale & Yummy Tea in St Andrews Hall

26th Silloth Green Day

#### June

8th Vintage Rally on Silloth Green all day

Vintage Rally on 9th Silloth Green all day

### July

American Night with 6th Ukulele Band in St Andrews Hall

### August

24th Cream Tea in St Andrews Hall

## Have You Sent in Your **Dates** yet?

Errors do occur in Dates for the Diary Please check before attending an event

### Badminton

Everv Thursday 7:30pm -9:30pm at Silloth Sports Hall. Tel: Lorraine 07805 136279

### **RNLI** Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS

Closed for the season.

Thank you to all our customers who have supported us and we look forward to seeing you again.

The shop will reopen at Easter.

#### Sewing Circle

Have you clothes you don't wear - don't like or don't fit properly?

Come along to Silloth Sewing Circle on a Thursday afternoon from 12pm to 4pm at St

Andrews Church Hall opposite the Co-op. We will teach you to alter and make cloths and furnishings for the family.

Just £2 and you get tea/coffee and biscuits. 016973 31915

#### have something to say, Please let us know of any changes please note the next copy within this section

Γ,

#### Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

#### First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

### NatWest Mobile

The NatWest Bank mobile van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

#### Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

### Silloth Tennis Club

For coaching information call David Wise on 07742 547767

#### Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

## Abbeytown Library

Abbevtown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Send Your Bees to the Solway Buzz There is a Bee Shortage and we **Need Yours!** 

#### **Production Team**

**Proprietor:** Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Fmail office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us. When sending articles in. please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Silloth Tots/Toddlers Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer. Sessions are on Wednesdays: 10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments

All Welcome Call in for a friendly chat

### **Civic Amenity Sites**

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617

open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Silloth Evangelical Free

Church, Eden Street Friendship

Hour is on alternate Thursdays

at 1:45pm. Warm fellowship,

refreshments, and good

speakers. All welcome

Friendship Hour

## Silloth Rotary Club Charity Calendar 2019



On sale from 31st October at The Fairydust Emporium Only £10 each Brilliant local pics!!

> Rotary Club of Silloth on Solway

## 'It's okay, my dog is friendly...'

No it's NOT okay! Just because your dog is friendly doesn't mean all dogs are - please remember:

Never let your dog run up to a dog on leash- they could be scared or become reactive.

Try to respect other owners and their need for space. Not all dogs want the





## A Festive Christmas with the Monday Lunch Club



Report by: Lawrence Marshall Photo by: Elaine Johnston

We held our Christmas dinner at Wheyrigg Hall at lunch time on Friday 7th December. It was an enjoyable meal with twenty one of us diners along with the ladies who serve the food at our regular Monday lunch. The variety of food is supplied by the Solway Technology College. Angela Hoodless is the obliging manager of the school kitchen. When the school is on holiday we go to the Good Companions who also provide us with a good lunch.

We were saddened to hear that one of our loyal and popular members, Mrs Dorothy Ross had passed away

easy for criminals!

Don't make life

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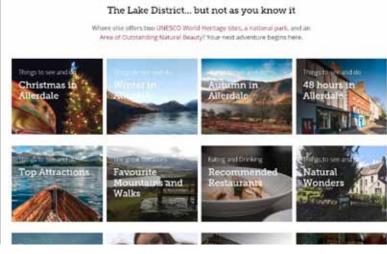
ActionFrau

recently. She turned one hundred earlier this year.

Some members took their own cars to Wheyrigg and the rest of us were transported by Solway Private Hire. We are grateful for donations from the SOSCS and others, they allow us to have extra treats, like our Christmas dinner. Thanks also to Elaine Johnston who helps me to keep the Monday Lunch Club going.

## New Tourism Web Site for Allerdale visitallerdale.co.uk









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Harry Potter Bee & Ronald Beezaly & HermiaBee Granger by Olivia Carter from Silloth Primary School

## Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only  $\pounds 50$  a year.

Abbey Cleaning Services		
	5 07732 270844	S
Addison Orthodontics	016973 32208	S
Allen Armstrong Garden	Serv's 07768 496313	S
Allerdale & Eden Roofing	g Serv's 01900 813517	Т
Beacon Aerial Services	07941 370669	Т
Beacon Veterinary Cent	re 016973 20242	ι
Beaty & Co Solicitors	016973 42121	۷
British Heart Foundation		۷
Butterworths Solicitors	01228 739907	(
Callum Findlay gardener		
Christine's Taxis	07917 564583	
Cumbria Caravan Repair		
D A Harrison	016973 42277	
David Allen Accountant	01228 711888	
David Read joinery	07759 783823	
Digger Hire	07736 774788	
Eilbeck Cleaning Service		
Fairydust Emporium	016973 31787	
Fiona's Footcare	07704 484287	_
Good Companions		A
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Harrisons Store Ltd	07857 989358	C C
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Slimming World (Denise)		
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Spot On	07736 7	74788
Stanwix Park		
	016973	32666
The Charity Shop	016973	31696
Top2Toe Beauty Salon		
	016973	31591
Upholstery, Irene Armstro	016973	31836
West Silloth Motors		
Wheyrigg Hall Hotel	016973	32833
, 55	016973	61242

## Advertisers entries are Free in the Phone Book



### Useful Tel Numbers

Age Concern Home Sat	fety Scheme 01946 68986				
Allerdale B. Council	03031 231702				
Chemist, Silloth:	016973 31394				
Community Grants:	01900 325013				
,	0800 555111				
Crime Stoppers:					
Dental Emergency:	01228 603620				
Dentist, Blackburn:	016973 31270				
Dentist, Steel:	016973 32042				
Doctor:	016973 31309				
Doctor CHOC service	03000 247 247				
First Responders can o the Amb	nly be called by ulance service, call: 999				
Gas:	0800 111 999				
Highways Hot Line	0845 6096609				
Hospital:	01228 523444				
Holme St. Cuthbert Sch					
	01900 881242				
Holm Cultram Ab	bey CofE School				
Abbeytown:	016973 61261				
MP, Sue Hayman:	01900 702929				
NAP	01900 702898				
Neighbourhood Forum:					
Police:	101				
	01228 523174				
Quakers, Wigton: Register Office, Wigton:					
Samaritans:	01228 221122				
Silloth Community Scho	016973 31234				
Silloth Library	016973 31944				
Silloth Nursery & Junior					
Sillour Nursery & Jurilor	016973 31243				
Cilleth Tewn Clerks					
Silloth Town Clerk:	016973 31128				
Silloth Tourist Information Centre:					
	016973 31944				
Solway Buzz:	016973 32180				
Vet:	016973 20242				
Waste Disposal Dept:	01900 702800				
Water LeakLine:	0800330033				
West Cumbria Carers	01900 821976				
Please, let us kno	, <b>,</b>				
included, also any	changes to numbers.				

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Issue 171 \_\_\_\_\_

Solway Buzz - local news - for you - by you - about you - free to you



Looking back over the year there have been some colourful ships visiting the port. Photographing cargo vessels with a splash of colour on their hulls is a refreshing change from the usual dark blue or grey liveries. On a sunny day at our attractive local shoreline they make excellent subjects to photograph. The arrival of three contrasting vessels is described below.

AYRESS was a new visitor to the port with a full load of timber from Loch Fyne. A floating pier on the loch at Ardcastle is used to load vessels in this remote part of Scotland. The Irish owned ship bears the 'TimberLINK' logo, a partnership with the Forestry Commission to transport timber mainly between the South of Scotland and Ireland. Imports via Silloth, for use in a Hexham paper mill, saw a revival during the year with two deliveries from Ireland in addition to this one from Scotland. The stern of AYRESS shows the port of registry as Portsmouth; this is the Portsmouth on the Caribbean island of Dominica, once the capital of the island which was colonised by early British settlers.

The brightly coloured EMMA arrived on a hot June morning after a week's sailing from Estonia with fertiliser. Conditions were unusually calm on the final leg of her voyage off the West of Scotland allowing the captain to take a scenic route via Skye and the Sound of Islay. The vessel which was built in 2007 appeared in excellent condition judging by her immaculate red livery, an unusual colour for a ship of the Dutch 'Wagenborg' fleet. The skill of crew and pilot could be appreciated as the ninety metre long vessel was turned in the restricted space of the dock before bringing her alongside.

MARIE-B arrived on a crisp winter's morning after a four day sailing from Antwerp with a regular delivery of fertiliser. This material accounts for the largest imported tonnage at Silloth. The yellow-green vessel was in the hands of a new private owner who had retained the livery of the previous one 'Lehmann Shipping'. In addition, the new owner had conveniently shortened her name from MARIE LEHMANN to MARIE-B. The ship was soon tied up at the quayside where her new off-centre name was displayed.





## November Shipping at the Port of Silloth

Report by: Capt Tim Riley, Harbour Master, Short Sea Pilot

#### November

13thRodau with Fr Wheatfrom La Pallice then on to Belfast.21stZapadnyy with Molassesfrom Zeebrugge then on to Kiel.25thDoonhamer dredging theDock then to Fort William.

A very quiet month at the port with just two vessels arriving, the Autumn months have slowed the needs for fertilisers and people are not eating as much bread!

Ptarmigan has returned to fishing in the Irish sea and has

called in a few times this month with some good hauls of Scallops. The Doonhamer popped in for a couple of days to carry out some levelling work for us in the dock bottom as a lump had appeared in the mud causing issues with tuning vessels around in the port, hopefully all sorted now.

Before Christmas, we have a new arrival to Silloth coming in, the Blue Six. She will be the third widest ship we have had in the port and carrying the fifth largest cargo. Grain for the mill, the Christmas cakes are big this year! continued from Page 20

Johnson at the start of the

for and that is what they had.

to perform. A very tough game ended with the score at 12-36

With the passing of former Silloth Tigers player Walter Whittell there was a minutes

Furness and a performance Walter

given the man of the match award.

comfortable 57-5 win with the young home side

proving too dominant. Joe Kirkup grabbed a hat

trick and Pete Fearon grabbing a brace but the

standout performance of the day was by local

in the pack with strong carries and big tackles.

It came as no surprise to anyone when he was

clash with Carlisle Crusaders as both teams

were undefeated. Silloth travelled with what

most would agree the strongest squad to date

proving to everyone what it means to get the

win against their City rivals. The Game finished

in favour of Silloth with a huge points margin of

7-46 with some great rugby played by both sides

but and as they say "the cream rises to the top" and Silloth climbed 10 points clear at the top

of the table. Standout man with a performance

above all on the field marching his team around

Baxter who was rightfully awarded man of the

with his calm and collectedness was Jamie

match by all.

Next was the eagerly awaited top of the table

youngster Tommy Dixon proving his worth

would have been proud of saw a

and man of the match.

game finished 59-0.



#### Report by: Colin Baty

Silloth on Solway Sport's Association was reactivated in 2017 with elements of Silloth Football, Netball and Rugby teams to try and improve Sport facilities for Silloth and the surrounding area. The proposal was to seek suppliers of Multi Use Games Area's (MUGA) to gauge the overall price of what this project will cost. We were looking at the Community Asset Fund through Sport England to be the main grant supplier.

The application was formally submitted in April 2018 and in June we were somewhat surprisingly told that Sport England were interested in our idea and wanting further information regarding a sport development plan and an income and expenditure forecast as well.

Through a lot of effort we have been given a grant in principle from Sport England which isn't as much as what we asked for and they said we would have to raise at least £3,000 through the online donation scheme Crowdfunding UK

We are looking to have

Belle Bee by Scarlett Milburn from Holm Cultram Abbey School

Football, touch Rugby, Netball, Basketball, target Golf and Volleyball especially during the dark winter months with Floodlights, Fence and 3G Astro Turf being installed too, on the grassed area between the Rugby pitch and Station Road industrial Estate.

This facility can be used by any club or organisation and once we are open for business we will be hiring this facility out to everyone. We have a Facebook page

- Silloth on Solway Sport's Association and Twitter handle @On Solway which will have updates on the project and how it is getting on.

The fundraising campaign was started on October 29th on Crowdfunder, with a total of £11,118 now raised. Among the donations were £1,655 from Silloth Rotary Club, £500 from Carrs Mill, £500 from Silloth Music and Beer Festival, and £500 from Silloth Bowling Club. It is hoped that a large grant covering the rest of the costs will be secured before the end of the year, meaning work can begin early next year.

Egremont was at home and with last seasons embarrassing loss at this fixture Silloth felt they owed themselves and supporters a show. With a dominant performance start to finish, the final whistle blew with a 62-0 score line and the job

first hat trick as well as fellow centre Joe Kirkup. The days sponsors (Shorty and the Dirty Dozen) awarded their Man of the Match to flyhalf Ellis Nixon for controlling the game from start to finish.

was done. New signing Gary Taylor getting his

Our final game of 2018 was away to Creighton on a wet and cold afternoon. Standout performance by Luke Baker in the second row saw him grab a brace of try's. Both wingers Reece Blake and Ricki Sutcliffe were outstanding as were props Joe Smith and Josh Buckby but once again captain Jamie Baxter was awarded man of the match after the 0-72 victory

Coach Carl Phillips said "From the team finishing last year to the team this year there has been a vast change in terms of the pre season work the lads have put in, which has laid the foundation for this season and put us in great shape for the rest of the season to come.

We have some new faces which have fitted into our structure excellently as well as the guys who played last year really stepping the



commitment levels up and understanding what is expected of everyone from training to preparation through to our structure.

The half time report for the season shows us top of the league playing a brand of rugby which everyone can enjoy, from the players through to the supporters.

Players skill levels are developing week on week and we feel really excited about what this group can achieve, not only this season but also the up coming season where we will be looking to enter a second team which will provide the club with longevity going forward and give us a platform for new players to learn the game.

Overall we have ticked off all of our goals for the first half of the season. With lots of hard work coming from now until the end of the season to make sure we achieve promotion"

## Silloth Tide Tables

JANUARY 2019 SILLOTH							
DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)							
	High	Low	Low Water				
Date	Morning	Afternoon	Morning	Afternoon			
	Time m	Time m	Time m	Time m			
1 TU 2 W 3 TH 4 F 5 SA	08 03 5.9 09 03 6.1 09 54 6.4 10 38 6.6 11 17 6.9	20         29         6.1           21         26         6.2           22         17         6.4           23         00         6.6           23         39         6.7	02 19 -0.1 03 23 -0.1 04 21 -0.2 05 10 -0.4 05 52 -0.4	14         40         0.1           15         47         0.0           16         44         -0.1           17         34         -0.3           18         16         -0.4			
6 SU • 7 M 8 TU 9 W 10 TH	11         52         7.0           00         14         6.7           00         47         6.7           01         22         6.6           01         55         6.4	12 26 7.1 13 01 7.1 13 36 7.0 14 11 6.7	06 30 - 0.4 07 05 - 0.4 07 37 - 0.4 08 09 - 0.4 08 42 - 0.2	18         55         -0.5           19         30         -0.5           20         02         -0.4           20         35         -0.4           21         07         -0.3			
11 F 12 SA 13 SU 14 M D 15 TU	02 30 6.2 03 07 6.0 03 48 5.6 04 38 5.4 05 39 5.2	14 46 6.5 15 26 6.2 16 10 5.9 17 04 5.6 18 12 5.5	09 15 -0.1 09 52 0.1 10 33 0.3 11 23 0.5	21 41 -0.1 22 19 0.0 23 03 0.2 23 57 0.4 12 25 0.6			
16 W 17 TH 18 F 19 SA 20 <b>SU</b>	06 52         5.2           08 03         5.5           09 05         6.1           09 59         6.6           10 49         7.2	19         23         5.5           20         30         5.9           21         29         6.4           22         23         6.9           23         14         7.3	01 05 0.4 02 20 0.2 03 28 0.0 04 28 -0.4 05 24 -0.6	13         41         0.6           14         54         0.3           16         01         -0.1           17         02         -0.5           17         57         -0.9			
21 M O 22 TU 23 W 24 TH 25 F	11 37         7.6           00 02         7.6           00 51         7.8           01 41         7.7           02 29         7.5	12 23 7.8 13 12 8.0 14 00 8.0 14 49 7.6	06 17 - 0.9 07 07 - 1.1 07 55 - 1.2 08 43 - 1.1 09 26 - 0.9	18         52         - 1.1           19         43         - 1.4           20         31         - 1.4           21         17         - 1.4           22         02         - 1.1			
26 SA 27 <b>SU (</b> 28 M 29 TU 30 W	03 18 7.1 04 09 6.5 05 04 6.1 06 10 5.6 07 22 5.4	15 40         7.3           16 33         6.7           17 33         6.1           18 44         5.6           19 58         5.5	10 10 -0.7 10 56 -0.4 11 47 0.0 00 32 0.0 01 39 0.2	22 47 23 36 12 50 14 04 0.3			
31 TH	08 34 5.5	21 07 5.6	02 49 0.2	15 20 0.3			

## Silloth Tigers are on Top



Joel baker lifted high to collect Captain Jamie Baxters long throw Silloth Tigers are

now half way through Cumbria Division Two their Cumbria league PD Pts Bonus Adjust P w D L PF PA pts Silloth 396 49 10 10 0 0 459 63 9 from 10 are the only Workington 9 7 2 263 122 141 34 5 Carlisle Crusaders 29 9 2 212 122 90 3 6 Furness 361 170 191 27 6 10 6 3 Silloth are coached Windermere 9 4 189 204 -15 22 4 4 1 Millom 3 5 192 182 10 20 6 1 Aspatria Eagles 121 330 -209 19 2 0 5 Moresby 193 -28 17 7 6 165 clear of Workington, Egremont 157 245 -88 16 4 Creighton 10 2 1 7 115 394 -279 12 2 and looking favourite Wigton Wanderers 9 0 0 9 107 316 -209 -7 3 for their second league \* Denotes points deducted in the right hand column

title in recent years, having last been crowned league champions for the first time in 2015.

campaign and with

a perfect 10 wins

unbeaten team in

Cumbrian rugby.

by local Duo Carl

Phillips and Mark

Orchard, they are

currently 15 points

their closest rivals,

The league opener saw Workington Zebras visit the Jim Brough memorial ground, and with a tough pre-season behind the Tigers the spirit amongst the squad was high. Many know that over recent years both teams have had some great games against each other and this was no different. It was to be Silloth's day taking a 5 point (bonus point) win with a 24-0 victory over a very strong promotion rival. A brace of tries apiece for Joe kirkup and local youngster Tommy Newbury with Ricki Sutcliffe adding two conversions.

Away to Millom was the next job and with this being the home sides opening fixture the Tigers knew they would be up against a tough and fit side, both Silloth's and Millom's structures were complimented with a close encounter which eventually ended with Silloth getting their second 5 point win with a hard fought 17-25 game. Silloth Veteran Captain Jamie Baxter was awarded man of the match by both sides.

Local rivals Wigton Wanderers travelled to the seaside with a far from full strength side but all credit to them as they never gave up, but no surprises when the final whistle blew as in form Silloth finished 61-7 winners, local flying machine Reece Blake being chosen as a worthy man of the match

Next up was a fixture targeted at start of season as a must win by

the coaching staff and the squad, as predicted it was a nail biting game with end to end rugby with both teams pressing hard. The game was finally decided with a last minute penalty awarded to the Tigers and in form flyhalf Ellis Nixon stepping up and slotting it between the posts from 30m out to clinch the game 15-17. On the day Ellis scored all of Silloth's 17 points (2 tries, 2 conversions and 1 penalty). There was also a superb solo performance by Ricki Sutcliffe that saw him edge the man of the match award.

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Another local derby but this time Aspatria visited the Jim Brough memorial ground and with the exit of fan favourite Luke Continued on Page 19



David Aller

## Seagulls Gliding On

Report by: Mr C Gull Only three games to report on this month.

First up was a league fixture at Whitehaven AFC Reserves, this game though would be defined by two red card decisions by the referee (one given, one not), both of which went against Silloth. Playing into the teeth of a gale force wind and driving rain the Silloth defence stood resolute. Silloth pressed hard for goals only to see a penalty smartly saved and then the keeper somehow deny a Nico Watt bullet header from point blank range. Into the second half and with the conditions in their favour the Seagulls dominated both possession and territory but the Whitehaven keeper was putting on a man of the match display. Down to ten men Silloth still pushed hard for an equalising goal but a player short left them susceptible to the counter-attack and so it proved as Whitehaven scored two more goals to win the match 3-0. Man of the match was Kieran Carr.

A trip to local rivals Aspatria in the Benevolent Cup was next up. As befits a local derby the game started off a cracking pace with chances at either end but it was Aspatria who showed that killer instinct to capitalise on the chances gifted them and Silloth found themselves 4-0 down at half-time. Mistakes proved costly and the home side scored 3 more. Their hard graft was justly rewarded when a great run and cross from Kris Nichol was bundled home by Philip Scott. One appearance, one goal for the over 35s and Silloth Tigers legend Lama Man! Final score was 7-1 to Aspatria. Man of

the match was Kris Nichol

A visit to Crown Newlaithes was on the cards and the chance for another 3 points in their quest for promotion. In what has been the Seagulls' Achilles heel for most of the season an early goal was conceded. First of the three on the score sheet was the Kieron 'the Rocket' Little with a genuine goal of the season contender. Kris then gave Silloth the lead with a trademark finish. It wasn't long before Spencer was in on the act to make it three. When skipper Andy Hardman picked the ball up in the centre of midfield he had no hesitation in swinging a 30 yard pass out to Rocket on the left flank, who took one touch and then squared it for Spencer to side foot into the net. Another goal came when deep in his own half Kieran Carr produced a defence splitting 50 yard pass which Kris Nichol duly dispatched for his second and the Seagulls fourth. Into the second half and Newlaithes grew in confidence. The Seagulls' defence stayed strong in the face of this late onslaught with youngster Jack Winter proving to be rock solid on his debut at centre-half. A hard fought 4-2 away victory, a big three points and a fine way to sign off 2018 for the Seagulls.

When they return in 2019 the boys have a crack at the Division One title and a semi-final of the Conway Cup to look forward to. Your support of the team over the past year has been very much appreciated and from Liam, Brian and all the Silloth squad we would like to wish you all a Very Merry Christmas and a Happy New Year.

**Recovery Solutions** 



