

Feb / March 2019 local new

local news - for you - by you - about you - free to you

FREE PAPER

Issue 172

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The Solway Buzz is a FREE community paper with a circulation of 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

Our Doors Open at Christmas



Report by: Penny Stimson

Tuesday 11th December was the last Our Doors Open in St Andrews Hall for 2018.

The Christmas tree was up and the decorations all around as everyone sat down to a bowl of turkey soup followed by Christmas cake and mince pies. There was an enjoyable sing song of the old best loved Christmas carols, and then a visit from Santa who delivered presents to everyone.

Our Doors Open is back again in 2019 every Tuesday from 12 to 1pm. Everyone is welcome to come and enjoy a light lunch which is donation only.

We would like to thank all who have supported us this year and look forward to seeing you and many new faces in 2019.





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Allerdale Loans Scheme for Business

Allerdale Borough Council is giving local businesses a boost with a new loans scheme. The council receives £500,000 from Sellafield on an annual basis as the Social Impact Investment Fund (SIIF). This money is designed to provide socio-economic investment into the borough.

Local businesses can now benefit from a new loans scheme which the council has set up with Penrith-based finance firm Enterprise Answers. The scheme allows businesses to apply for between £10,000 and £75,000 to help them with any expansion plans. And the loan scheme is already helping local businesses, with three companies taken up the offer to a value of £155,000.

The council is providing £250,000 from the SIIF grant, and the loans will be administered on its behalf by Enterprise Answers. The interest rate on the loans will be between 6% and 12% depending on the size of the loan, its length and any risks associated with it.

Enterprise Answers can also help businesses secure other funding too.

Mark Fryer, Executive Member with responsibility for economic development said: "These schemes are really important to us and are

designed to make best use of the money we have available to help local businesses grow. I'd encourage everyone who has an idea, or who wants to expand their current business, to get in touch."

Grahame Latus from Enterprise Answers added: "The new loan fund is a welcome initiative which demonstrates the Council's desire, coupled with the expertise of Enterprise Answers, for Allerdale based SME's to access the finance they require to unleash their potential and add to the economic value of the region through growth and expansion."

Mike Hawkins, Director at MPM North West based in Maryport, who has made use of the scheme said: "This is an excellent scheme, which is easy to apply for and will be a real help to business in the area. For us, we have taken a loan to help us fulfil a new contract. This in turn will help create ten new jobs at MPM. Which is good news for us, our employees and the local community of Maryport."

More information on the loans scheme, and other help for local businesses, can be found via the council's website: www.allerdale. gov.uk/invest and follow the links marked "SIIF grant".



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Families can make a 'Swap' to help Children cut down on Sugar

Cumbria County Council is supporting Public Health England's latest Change4Life campaign in asking parents to "make a swap when you next shop" to help reduce their children's sugar intake from some everyday food and drinks.

Startling new figures show that children have already exceeded the maximum recommended sugar intake for an 18 year old by the time they reach their tenth birthday. Figures also show that children are still consuming around 8 excess sugar cubes each day, equivalent to around 2,800 excess sugar cubes per year. The campaign will help by showing families how easy it is to cut back on sugar by making a few simple swaps to their everyday food and drinks.

Example swaps include: · a higher-sugar yoghurt (e.g. splitpot) for a lower sugar one, to halve their sugar intake from 6 cubes of

• a sugary juice drink for a noadded sugar juice drink, to cut

sugar to 3;

back from 2 cubes to half a cube; • a higher-sugar breakfast cereal (e.g. a frosted or chocolate cereal) for a lower sugar cereal, to cut back from 3 cubes to half a cube per bowl.

Colin Cox, Cumbria County Council's Director of Public Health, said: "In some areas of Cumbria we're seeing more overweight and obese children at reception and onto year 6, this then goes on into adulthood and 2 in 3 adults in Cumbria are now classed as being overweight. Excess sugar is a key cause of unhealthy weight gain and can also lead to other issues like painful tooth decay and diabetes. It's important families control their sugar consumption. We understand that reducing the amount of sugar children consume can often be a challenge for parents but by asking them to 'make a swap when you

next shop, we're making it easier for families to find healthier versions of the foods they enjoy."

As an added incentive to get involved with Change4Life, the county council has launched the #HealthySwapsCumbria competition with local leisure providers in the hope of encouraging people across the county to share their swaps and healthy meal ideas on social media. Parents are encouraged to tag @ CumbriaCC on Facebook, Twitter or Instagram and use the hashtag #HealthySwapsCumbria to be in with a chance of winning some great prizes, including family swimming and activity passes.

Councillor Deborah Earl,



Cabinet Member for Public Health and Community Services, said: "We see it in the news constantly about how children are consuming too much sugar, but campaigns like Change4Life can help parents take action now to prevent this building up over the years. To make this easier for busy families, Change4Life offers fun and straightforward solutions like their free apps and tips to help make simple swaps each day."

Making healthy food swaps every day could remove around 2,500 sugar cubes (10 kilos) per year from a child's diet, and swapping chocolate, puddings, sweets, cakes and pastries for healthier options such as fruit, sugar-free jellies, lower-sugar custards and rice puddings would reduce their intake even more.

More information is available on www.cumbria.gov.uk and by searching Change4Life online to find recipes, tips and sugar swap

Three New Partners



Left to Right: Sue Winter, Julie Osborn & Lucy Metcalf

Leading chartered accountants, business advisers and financial planners David Allen have announced the appointment of three new partners, Lucy Metcalf, Julie Osborn and Sue Winter.

Lucy Metcalf joined the practice in September 2011, she has over 20 years of Tax and accountancy experience and is CTA (Chartered Tax Adviser) qualified. Lucy has successfully led the Tax team at David Allen and looks after the tax and business affairs of a wide range of individuals including professional partnerships and high net worth individuals.

Julie Osborn joined the practice in March 2004 as an Accounts Assistant and has seen her career progress with 3 further promotions. Julie gained her AAT and ATT qualifications whilst working at David Allen and is a very well respected member of staff. As well as managing a busy department she has built up a large client portfolio and works closely with small businesses and start-up businesses providing valuable practical advice and support to ensure their business success.

Sue Winter joined David Allen as an Associate and Senior Tax Consultant in August 2017, with more than 20 years of valuable knowledge in the industry. Sue is also ATT qualified, as well as a Chartered Tax Advisor (CTA) a Trusts and Estate Practitioner (TEP) providing a wealth or expertise

and experience. Sue has spent the last vear building up a new range of corporate tax services along with a dynamic team to service their portfolio of clients.

Welcoming the trio into the new roles David Allen said," They are all excellent ambassadors for the firm and good examples of our commitment to career development. I am delighted to announce their promotions, and look forward to them making a significant contribution to the leadership of the firm. It is an exciting time for the David Allen Group, with us offering amazing opportunities for our people and these appointments are the start of what will be a fantastic 2019".

2019 Events

26th May Silloth Green Day

8th + 9th June Silloth Vintage Rally

23rd to 25th August Solfest

26th August Silloth Carnival

5th to 8th September Music & Beer Festival

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Splashing Out for Cumbrian Causes



It was a cold and wet start to the year for the team at Cumbria Community Foundation who have so far raised more than £4,500 for charitable causes right across the

Staff and trustees kick-started a year-long fundraising campaign to celebrate the charity's 20th anniversary in 2019, by splashing out and venturing into the chilly waters of Windermere on 8th

The money raised will go

into the Cumbria Fund, which awards more than £100,000 to 50 community projects each year and helps improve the lives of disadvantaged people across Cumbria.

It's all part of a year of special events called 'Giving Back, Looking Forward, which will celebrate the charity's achievements to date and encourage the community to get involved in their own fundraising challenges.

Annalee Holliday, Grants

& Donor Services Officer at the Foundation, said: "This year is the Foundation's 20th Anniversary and we've set ourselves the target of raising £250,000 for the Cumbria Fund over the next 12 months. We hope that we have inspired other people to set themselves a challenge in 2019 and support the fundraising appeal."

Some of the charities to benefit from the Cumbria Fund include: West Cumbria Domestic Violence Support, known as the Freedom Project, Furness Homeless Support, South Lakeland Mind, Allerdale Disability Association, Carlisle Mencap, Cumbria Deaf Association, Eden and South Lakeland Credit Union, Windermere Youth Project and many more.

Andy Beeforth, Chief Executive of the Foundation, said the dip was "Absolutely exhilarating. It's great to do this with the team as we celebrate our 20 year anniversary. "The team were very brave, and it was very difficult as the waters were baltic! Thanks to everyone who has donated so far, we have raised an amazing amount of money, which will support community projects across Cumbria. We would like to thank Maryport Inshore Rescue and Simon Berry, High Sherriff of Cumbria and Low Wood Bay Resort & Spa owner who supported the team on the day."

Donations can still be made online: https://mydonate.bt.com/ fundraisers/windermeredip

If you have been inspired to support Cumbria Community Foundation, a fundraising guide is available to download from the CCF website to help you plan your own challenge: https://www. cumbriafoundation.org/20thanniversary/challenge/

Causewayhead WI

On 10th December the majority of our members enjoyed an excellent Christmas Lunch at Silloth Golf Club. Entertainment was provided by Steve Viney.

On 13th December we held our Annual General Meeting. Our meeting began with a minutes silence to respect the recent sad loss of two of our members, Mary Iohnstone and Dorothy Ross.

A vote of thanks was made to our outgoing President Margaret Durham for her contribution over the last few years. Margaret will continue on the committee as an advisor. Thanks were also given to two other members standing down this year, Susan Kenny and

The committee put forward proposed changes to the duties carried out by committee members and after a show of hands this was unanimously carried. Pat Bell will be our President for the coming year.

Jean Graham gave her treasurers report and Mona Kent gave the President's report as Margaret was unfortunately not well enough to attend.

A reminder was issued that from January our meetings will all be on the second Wednesday of the month in the Community Hall

At our 9th January meeting we welcomed local resident Lawrence Marshall who told us of his personal memories of the Second

Many of our members also remembered that time and enjoyed the reminiscing. As a recent newcomer to the area I also found these memories gave me a look at the history of the area that I had previously been unaware of. Such as a farm being requisitioned

for the building of the airfield. Unfortunately due to the quality of scaffolding available then there were accidents when the hangars were built. Some of the hangars are still in use today.

The population of Silloth & Causewayhead was expanded by contractors, trainee aircrew and other staff to ensure the running of the training base for pilots. Meaning the population almost trebled.

A lot of the houses in Skinburness Drive were built for the Air Ministry.

Many of the people who lodged with locals have been back to visit the area since often with their families. There was high security in the area and a sentry point was at Barracks Bridge and all locals had to have passes.

As a training camp a lot of the flying was known as circuits and bumps, the pilot would take off circle come into land and take off again, Lawrence and other children would watch and wave to the pilots. The Lockheed Hudsons were considered very difficult planes to fly and there were often accidents.

Lawrence had found it very moving to meet the family of a French Canadian Pilot who had died in a crash in 1943.

I have only done a brief summary of Lawrence's extremely interesting memories as I feel that it would be an intrusion to put more into print.

Raffle: Lynn Downham & Eileen Ringrose

Flower Competition: The WI Garden Gang won first and second.

General Competition: Frances Jackson & Maureen Irving.

St Andrews Sing-a-Long



Report by: Penny Stimson

On Saturday 8th December St Andrews Hall held an enjoyable evening of fun and singing.

We were entertained by local duo Bailey and Kream with their big screen showing the words of all the Christmas songs, so we could sing along shaking our jingle bells. Some were brave and stood up to

take part and sing a song which we

The hall was decorated festively and the food as always was splendid. Everybody had a lovely time especially when Santa appeared with presents for everyone. Our next event will be on 26th January and is a Burns

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Get the Call - Become an On-Call Firefighter

Cumbria County Council's Fire and Rescue Service is working with the National Fire Chiefs Council (NFCC) as part of a national campaign encouraging people to become On-Call Firefighters.

The 'Need More' awareness week runs from 7th January 2019 and aims to highlight opportunities available in the fire service, while busting myths about what it takes to be a firefighter.

The campaign is supported by a national website Need More - www.oncallfire.uk - which encourages people to get in touch with their local fire service anytime throughout the year.

Cumbria has 370 On-Call Firefighters who are 'on call' to respond to a range of emergencies.

Everyone Can Do Thi



They can still have another job until the call comes and then they become a professional firefighter.

On-Call Firefighters operate from 36 fire stations throughout the county and Cumbria Fire and Rescue Service has a number of vacancies across its fire stations.

Cllr Janet Willis, Cumbria County Council Cabinet member for Fire and Rescue, said: "On-Call Firefighters are an integral part of our service and community. We are keen to encourage anyone who thinks they may have the right skills to find out what they can offer us - and in return, what we can offer you."

Cumbria's Chief Fire Officer Steve Healey said: "Oncall firefighters are very important members of the fire and rescue team and play a crucial role in our communities. They are called upon to attend the full range of incident.

full range of incidents, often working alongside full-time firefighter colleagues. The National Awareness Week is a wonderful opportunity to celebrate the great work that our On-Call Firefighters do all year round and to try and attract more potential applicants."

On-Call Firefighters come from every walk of life, including homemakers, shopkeepers, builders, farmers, office workers and directors of companies, together with people who are not currently employed. Full training is provided on an ongoing basis, therefore previous experience is not needed. An On-Call Firefighter could be called out two or three times a week, for a few hours at a time but at some quieter fire stations they may only be called once or twice each month. The On-Call hours are based around people's availability and other commitments.

To be an On-Call Firefighter, you must:

• Have a strong desire to support the local

community.

• Be enthusiastic

about working as part of a team.
• Have a

reasonable level of personal fitness.
• Live or/and work within 5 minutes of your

local fire station.

Terry McDermott, NFCC On-Call Lead and Chief Fire Officer for Derbyshire Fire and Rescue Service, said: "If being a firefighter is something that appeals to you, but you already have a career or other commitments, now is the chance for you to find out if you can still make it happen. On-Call Firefighters are crucial to the work of the Fire and Rescue service, and we want to make sure our fire services reflect all local communities. So, if you want to receive world class training, work as part of a fantastic team and help your local community, we need to hear from you. There's lots of flexibility to work around other commitments such as family, studying or work, but if you don't get in touch you'll never know."

To find out more about becoming a firefighter, go to the Need More website - www.

oncallfire.uk. The website also gives advice to employers and how having On-Call Firefighters within their business can bring advantages. These include health and safety and medical response training, as well as developing situational awareness, leadership skills and the ability to work under pressure.

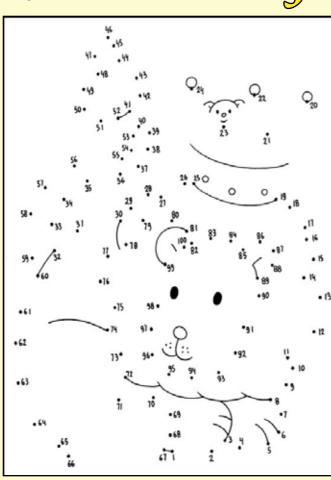
Cumbria Fire and Rescue Service currently have On-Call firefighter vacancies at the following fire stations: Alston, Ambleside, Arnside, Barrow, Bootle, Broughton, Cockermouth, Coniston, Egremont, Keswick, Kirkby Lonsdale, Kirkby Stephen, Longtown, Milnthorpe, Patterdale, Seascale, Sedbergh, Shap, Silloth, Walney, Windermere, Whitehaven and Workington.

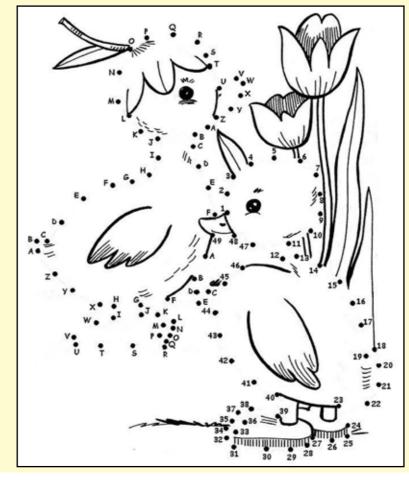
Cumbria Fire and Rescue Service recognises the importance of On-Call Firefighters. The Service recently held special Appreciation and Recognition events at all of the county's 36 on-call fire stations. These events were an opportunity to thank our On-Call Firefighters for their hard work, dedication and commitment, and also to recognise the support they receive from their families and their employers which enables them to be on call.

For further information contact Cumbria County Council's communications team on 01228 221008 or 226601.

Super Bee by Reece Carr from Holm Cultram Abbey School

FUN for ALL ~ Join the Dots & Colour In





Not Just for the Kids

Come to the RNLI Quiz Night



Report by: Margaret English

Once again, the Silloth Fundraising Branch of the RNLI is holding a Quiz Night. It is on Friday 1st February 2019 starting at 7:30pm.

We return to Mrs Wilson's on Criffel Street, Silloth after several successful events there. Teams of up to four at £5 per person to include a light supper.

Numbers are limited so to

avoid disappointment please pre book at £2 per head at Mrs Wilson's the telephone number is 016973 31155. Everyone is welcome, so come along and have fun while supporting a good cause.

Join 'Resourceful Communities'

Cumbria County Council's Community Development and Waste Management teams have joined forces to launch a new community project across the county.

The 'Resourceful Communities' project aims to encourage local community groups and parish councils to develop and run their own waste prevention events and



Each participating community group will be given access to online training and guidance on how to plan and run events such as 'Swishing' (clothes swap), Give and Take Days, community

cookery classes and composting. The council's Waste Prevention team will also provide £300 of funding to each community group to get their project(s) started.

The groups will be supported by the council's Community Development teams in organising, hosting and promoting the events, and asked to provide a report after six months to measure their progress and impact.

Cllr Celia Tibble, Cabinet Member for the Environment, said: "Community projects such as this offer a fantastic opportunity to bring local people together and make a real difference to their local area. I'm really pleased that the council is encouraging and empowering communities to develop their own waste prevention activities. Reducing the amount of waste going to our treatment centres or to landfill is hugely important in helping reduce our carbon footprint and I'm looking forward to an

invitation to a project in my own area."

Cllr Deborah Earl, Cabinet member for Local Communities, said: "This is a fantastic project which has the potential to benefit communities all over Cumbria. I know that community activities and events are a great way to bring local people together, and encouraging and supporting Give & Take Days, clothes swaps and composting sessions is great for the environment as well. I would urge people to get behind this idea and think about what your community can do to contribute!"

Upon successful completion of a project, the community group will be officially endorsed as a Resourceful Community.

For more information about starting a project, please contact Katharine Smith, Waste Prevention Officer at Cumbria County Council - katharine. smith@cumbria.gov.uk / 07831 205382.

Waver Wine Circle

The Circle held it's Annual Christmas Dinner on 14th December at the Wheyrigg Hall Hotel, where fifteen members and guests had a most enjoyable

Quizzes, compiled by Stella Graham and Chair Bill Henderson tested the 'grey matter.' The draw, organised as usual by Stella, included many prizes, including a food hamper.

Many thanks to Joe, Helen and Stephen Benson for providing a lovely dinner, which was enjoyed by

Bill Henderson concluded the evening by thanking everyone for making a most pleasant evening. Numbers were slightly down due to some members having other commitments.

At our first meeting of the New Year twelve members enjoyed a Red Wine Tasting evening with Mary's Californian Zinfandel being a 'run-away' winner.

The Christmas Dinner at the Wheyrigg Hotel was voted, yet again, a successful evening. Thanks to Helen, Joe and staff.

Graham and Janet have been busy planning for our summer 'away days'. Venues were approved and this year we will use the Wigton Community Bus where

Dates agreed are:

June 12 - Mr George's Museum of Time at Haydon Bridge followed by lunch at the General Havelock.

July 10 - Ravenglass and Eskdale Steam Railway.

August 15 - Kagyu Samye Ling Monastery and Tibetan Centre, Eskdalemuir.

Graham and Janet will organise visits and Stella to deal with transport. More details to follow.

The February meeting is our Annual Cheese and Wine evening and all members are requested to bring a draw prize. Graham and Janet gave us all an envelope and requested we put a photograph

of ourselves in it, preferably under seven years of age if possible, as part of their entertainment programme. Watch

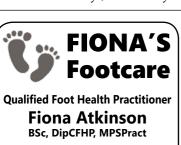
this space!

Chair Bill Henderson closed the evening by thanking all who helped with the arrangements for a successful Christmas

meal and to Stella for the supply of refreshments at our meetings and organising the draw, who, by the way won this month's prize donated by Jan - a most unusual event for Stella.

The next meeting is on 13th February 2019 in the Village Hall, starting at 7:30pm, all are welcome - please come along.





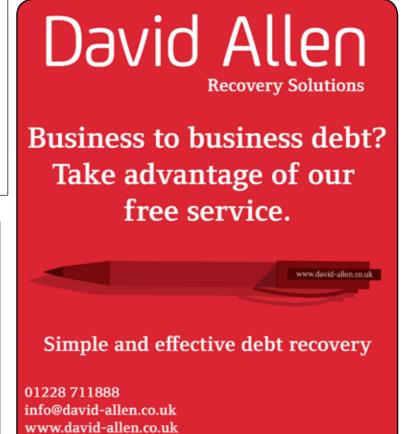
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The fraudsters state that as a result of their non-payment of tax or other duty, the victim is liable to prosecution or other legal proceedings such as repossession of belongings to settle the balance but can avoid this by arranging for payment to be made immediately by method such as bank transfer or by iTunes gift cards.

If the victim is hesitant or refuses to comply, the suspect makes a threat such as immediate arrest, bailiffs or in cases where the victim appears to be of overseas origin; deportation.

Often, the period for which the tax is allegedly due is distant enough to guarantee the victim will have little, if any, paperwork or ability to verify the claims. Once the money is paid the suspects sever all contact. It is vital that the public exercise caution when receiving messages or telephone calls of this nature.

What you need to do

Always question unsolicited requests for your personal or financial information. Just because someone knows your basic details (such as your name and contact details), it doesn't mean they are genuine. Instead, contact the company directly using trusted methods such as a known email address or phone number.

Listen to your instincts. If something feels wrong then it is usually right to question it. No genuine organisation will ask you to pay taxes, bills or fees using iTunes Gift Cards, or any other type of voucher.

Don't be rushed or pressured into making a decision. Under no circumstances would a genuine bank or some other trusted organisation force you to make a financial transaction on the spot.

Report Phishing attempts. If you receive a call, text or email of this nature and have not lost money, report this as a phishing attempt to Action Fraud.



by
Jessica Hoodless
aged 2

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Harlequin Choir Sing in Aid of Silloth RNLI



Report by: Margaret English

Friday 7th December was a very wild night with the wind howling and heavy rain as well.

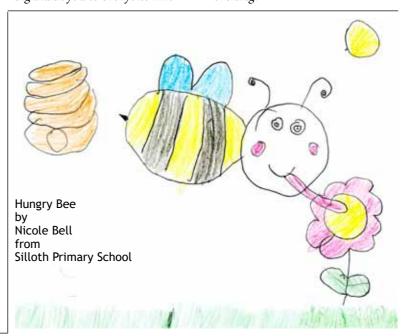
Inside, well away from the bleak weather, Christ Church was magically decorated with a beautiful Christmas tree, lights and candles for the Harlequin Choir to perform songs and carols.

The infectious enthusiasm of the choir was enjoyed by the audience of 52 brave souls who ventured out on the wild night. It was a lovely evening and raised £411 for the Silloth and District RNLI fund raising group.

Our thanks go to everyone who provided raffle prizes and Maureen Hinde who donated two flower arrangements. A very special thank you to Canon Bryan Rothwell and Jean Oliver for getting the church ready for us and all the help Bryan

gave us on the night. Finally, a big thank you to everyone who

ventured out to support us that evening.



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Amy Now a Manager at David Allen



David Allen Group is delighted to announce the promotion of Amy Muirhead, who will now manage its Dumfries office. Amy was brought up in Thornhill, just outside Dumfries and is a member of the Rotary Club of Thornhill & District. In 2015, Amy was part of Guid Nychburris being the Cornets Lass, and she still remains part of the Cornets Club as the Charity Treasurer.

Amy joined David Allen as an Accounts Assistant in October 2017. After gaining an Honours Degree in Accountancy at Glasgow Caledonian University in 2016, Amy took a year out to travel and work in Australia and New Zealand. On her return and after a short stint of working in the Scottish capital, Amy returned to join its team in Dumfries.

Amy has experience of working with individuals, partnerships, LLP's and limited companies. In her role, Amy works with a wide range of clients across a number of entities preparing financial accounts and VAT returns.

Since starting with the business, Amy has significantly raised the profile of the Dumfries team within the town and the surrounding area, she has also assisted with the recruitment of five new staff in 2018 as a result of its growing client base. Pamela Connor is the most recent recruit and brings with her a wealth of accounting software experience which will be particularly useful as the Making Tax Digital guidelines come into force at the end of

On her promotion Amy said "I look forward to taking on my new role and would like to thank David for this exciting opportunity. I would also like to thank my colleagues for their support and for the wealth of knowledge and experience I have been lucky enough to gain to date from such an experienced and dynamic team. 2019 is going to be a fantastic year for our Dumfries office, with great opportunities for our people and clients. I look forward to sharing the success together."

The team are very proud of her ambitious and winning attitude.

Welcoming Amy into the new role David Allen said, "Amy is one of our rising stars and is one to watch. She has vision for our Dumfries office and is already championing this with enthusiasm. Her character and attitude have meant that she has made a big impression, that could not go unnoticed and I am delighted to announce her promotion."

"It is an exciting time for the David Allen Group, with us offering amazing opportunities for our people and this appointment is the start of what will be a fantastic

Don't Buy Into Counterfeit Cash



Counterfeiting is not a victimless crime – it affects you and your community.

Crimestoppers are asking you to speak up and stay safe, call Crimestoppers anonymously on 0800 555 111.

Fake notes are made by organised criminal gangs, and the profits from them can be used to fund further crime in your community. We are asking for your help to fund those making, buying or selling fake notes.

Use of fake money in the UK has seen retailers, businesses, schools, charities, the elderly and vulnerable conned out of their hard earned cash. A recent example saw an 87-year-old man conned by an individual into handing over genuine money in exchange for a fake £50 note. The victim was asked to break the note for change so the fraudster could get a taxi, only to find out later when he tried to spend it that the note was fake!

Checks can be made quickly and easily using the security features on the £5, £10, £20 and £50 notes. Here's what to look for.

Paper banknotes:

On the new polymer £5 and £10 notes: Check the image flip. On the £20, the hologram flips between a £ symbol and the number 20. On the £50, the motion thread flips between a £ symbol and the number 50.

Check the watermark. Hold the note up to the light and you will see an image of the Queen's portrait. On the £20 and £50 notes, a bright £20 or £50 is also visible.

Check the feel of the paper and raised print. Banknotes are printed on special paper that gives them their unique feel. By running your finger across the front of

the note you can feel raised print in areas such as the words 'Bank of England'. On the £20 and £50 notes, there is also raised print in the bottom right corner around the number 20 or 50.

On the new polymer £5 and £10 notes:

Check the see-through window and the portrait of the Queen. The metallic image of the Elizabeth Tower on the £5 note and Winchester Cathedral on the £10 note are gold on the front and silver on the back of the notes.

Check the foil patches. The image flips between the words "Five" and "Pounds" on the £5 note and "Ten' and "Pounds" on the £10 note.

Check the polymer and raised print. Polymer is a thin and flexible plastic material.





BRUNCH CLUB



For Ex-Services Personnel & Families

Come along for lunch and a chat with others from military backgrounds at:

Silloth Café, Tues 12th February, 11am-12.30pm



Contact: Sarah Jackson 01900 844670

sarah.jackson@ageukwestcumbria.org.uk



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open 7 days a week 6 Criffel Street, Silloth, Tel: 016973 31245

156,000 Tonnes of Cargo the Highest Since 2015



View from the bridge of Blue Six sailing up the Solway to Silloth

ABP's team at the Port of Silloth has celebrated a recordbreaking year in 2018, handling the highest cargo volumes since 2015.

This year the port handled a total of around 156,000 tonnes of cargo, representing nearly a 20% growth in tonnage volumes since 2017.

In addition, in December, the vessel 'Blue Six', which carried more than 3,700 tonnes of French wheat became the fifth largest delivery to enter the port since official records began in the 19th century. The wheat will be processed at Carr's Flour Mill, a thriving business and important local employer, founded more than 180 years ago.

The top spot for Silloth's largest cargo delivery is still held by the 'Arklow Venture', a vessel which transported over 4,200 tonnes of bulk fertiliser from Antwerp to Silloth in March 2014.

Carl Bevan, ABP Divisional Port Manager – North West, said: "We are pleased to report that the Port of Silloth has had an excellent year, handling 58 piloted ships and exceeding expectations thanks to the positive performance sailing up the Solway to Silloth of our customers and colleagues. We also opened our new groundmounted solar farm in May 2018 which allows ABP Port of Silloth to generate more electricity than it consumes with all surplus green electricity being exported to the

National Grid?

156,000 Tonnes of Men's Choir sing in Caldew Hall



Photo by: Kevin Anderton Report by: Lawrence Marshall

The annual concert of the men's choir of Christ Church and St Pauls was held on Friday 14th December in the new named Caldew Hall.

After buying the former church hall Tracy Graham has changed the name and done a lot of work modernising it. It has been decorated and looks good.

As usual there was a good attendance. We began with a meal of pie and peas followed by trifle and mince pies with tea or coffee. Tim Barker introduced the choir which was as ever guided by our musical director Derek Shaw. Tim thanked Tracy Graham for the obvious hard work she had put into the improvement of the hall. We wish her well in the future. The choir had 15 songs and three carols for the audience to join in. Barry Lodge sang a solo 'Some Enchanted Evening' which is always appreciated. This autumn our practice was difficult due to illness to a number of members including Derek our music master.

We had the usual popular banter with Rector Bryan and

Lawrence.

Choir member Bob Killen handed Derek an envelope containing the choirs thanks for all the hard work he puts in for the concert. Speeches were given by Derek Shaw who thanked the choir for all the effort and Ernest Graham for all the behind the scenes work he does. Rev Bryan Rothwell thanked everyone for their attendance.

The appreciated sum of £830 was raised with the help of the drawing and some generous donations.



Uni Bee by Pearl Eilbeck from Holme St Cuthbert School



Max by Jack Forster from Holme St Cuthbert School

JOINERS ARMS COUNTRY INN

Newton Arlosh **016973 52669**

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Thursday lunch special 2 courses £7.75 3 courses £9.45 Find us on Facebook

THE GOOD CAUSES CHARITY SHOP

1 Queen's Court, Criffel Street, Silloth Contact: Denise Poland on 07716 507453

Closed Mondays

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and many more (Gift Vouchers Available)

8A Eden Street, Silloth Tel: 016973 31591

Santas Far Travelled Sleigh



SIlloth Santa has been very busy this year visiting Allonby, Abbeytown and Silloth.

It was great for Santa supported by the Rotary Club members to visit areas just outside of Silloth to see all the children. They all received a present from Santa. On his rounds Santa said "The children in and around silloth are brilliant and I love coming to see them just before

Christmas to check I have all the right gifts for them".

Each year the people of the area get more generous, this year we raised an amazing £857.41 which allows us to put on this fabulous event each year and allowed us to upgrade the sleigh making it even more magical for all the children.

Owen Martin Rotary club president said "Having the privilege

to go out with the sleigh and see how happy it makes people is magical. On behalf of the club I would like to thank everyone who worked hard on the new sleigh getting it ready, everyone who helped on the nights and to everyone who donated, without you we would not be able to do the things we do to support ommunities in our area and

Solway Buzz - local news - for you - by you - about you - free to you

Butterworths Now Has Six Offices in the North

The Hard-Working Law Firm for Hard-Working people, Families and Businesses celebrated 25 years of Business in 2018 and opened their Fylde office welcoming Fiona Reid to

Butterworths has six regional offices covering Cumbria, Fylde Coast, West Yorkshire, County Durham and Tyne and Wear.

Established in 1993 by Tony Butterworth, Butterworths Solicitors offer advice and expertise in both Personal and Business Law. Our experienced and approachable teams including members of The Legal 500, are available to give guidance on Consumer Claims, Matrimonial Issues, Personal Injury, Banking Services, Business Sales, Conveyancing, Wills Estates and Trusts. With a personal approach, we aim to offer you the best advice and service whilst considering individual needs and personal finance.

Keeping Families together... Planning for your future can be a difficult and upsetting exercise; at Butterworths, we aim to make the process straightforward and hassle free. The private client team can give you advice regarding the preparation of your Will, whether this is straightforward or of a more complex nature. Perhaps you want to consider preparing a Lasting Power of Attorney, to ensure someone you trust can make decisions on your behalf if you are unable to do so. We can also assist when someone lacks capacity but has not made a Power of Attorney, and an application is required to the Court of Protection.

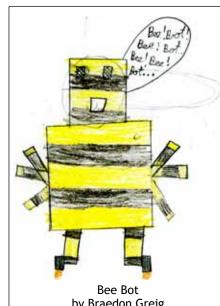
We can provide help and guidance when a friend or loved one dies and can guide you

through the process of administering an estate, with as much or as little assistance as you require. Sometimes it is not always clear who is entitled to deal with an estate, and we can help establish whether a Will exists. If no Will has been made, we can assist with the appointment of administrators to ensure the estate is dealt with correctly.

Unfortunately, when someone dies, things are not always problem free; if you feel you have not benefitted from the estate of a loved one in the way you should, or if you believe an estate has been administered incorrectly, or that a Will has been made fraudulently, or under undue influence, our team can provide the advice you need.

Whatever your query, contact one of our team for helpful, sympathetic advice.

For your Free Will Review contact: 01228 593939



by Braedon Greig from Silloth Primary School

Christ Church Nativity Service on Christmas Eve



Report by: Lawrence Marshall Photos by: Jade Woodford

On Christmas Eve we had the annual nativity service in Christ Church. The crib was built on the steps of the chancel. Hay was used in place of straw to the delight of the children who had fun throwing some of it up the air. Canon Rothwell conducted the service guiding the young people through the various stages of the nativity. Baby Jesus was Phoebe, daughter of Martin and Yvette Ladds, who took the parts of Mary and Joseph.

As usual there was a good attendance of relations and friends to enjoy the nativity and see the church so well decorated. Thanks to all who assisted in the service.





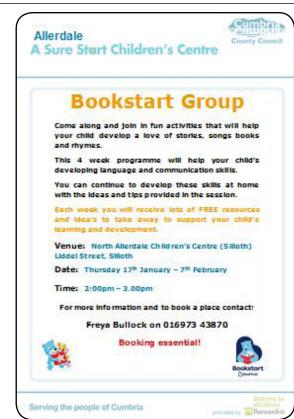


Search One You and take the free health quiz.









Beware Fake TV Licensing Emails



Action Fraud has received more than 5,000 reports about fake emails and texts purporting to be from TV Licensing. The messages contain links to genuine-looking websites that are designed to steal personal and financial information.

Always question unsolicited requests for your personal or financial information in case it's a scam. Never automatically click on a link in an unexpected email or text.

For more information about how to stay safe online, visit cyberaware.gov.uk

Letters

How come we get lots and lots of lovely callers on Halloween Night trick or treating, accompanied by responsible adults where necessary, but absolutely NO carol singers at all, unless of course it's just me who's been missed out. :(I miss carol singers.

Jennifer Bailey

Dear Buzz,

The Committee and staff would like to thank Phillip Scott of JayBees for the donation of a cash register for their shop. This gift is really appreciated, particularly as their current till broke down.

Many thanks indeed for your kindness from us all.

SOSCS Committee

Dear Buzz,

FREE to GOOD HOME

National Geographic Magazines. Every issue from 1970 to date. Can split and deliver locally. Telephone 31812

Isabel White

Poem

Please take the time by Penny Stimson

I know I'm old and wrinkled looking past my prime, I know I seem slow at things the young do all the time.

They say they want a young face with the sexy figure too. But mine is full of life tales and things you might never do.

We may not have had the things you do electronic gadgets all these items, but we did all you do when young drank, sang and caused a little mayhem.

I can talk for hours on interesting things from the past, things that can enthral you you'll find my knowledge vast.

I'm a encyclopedia of items that people don't now know if you need some thing repaired then I'm the one with the know-how.

So please don't just dismiss me because I'm wrinkly and old. I've so much to offer you if you would just be told.

I'm your mother, gran or neighbour some one you all have known so take the time to talk to me don't leave me on my own.

Quote by: Robert H. Smith sent in by Stuart Jones

"The clock of life is wound but once, And no man has the power To tell just when the hands will stop At late or early hour.

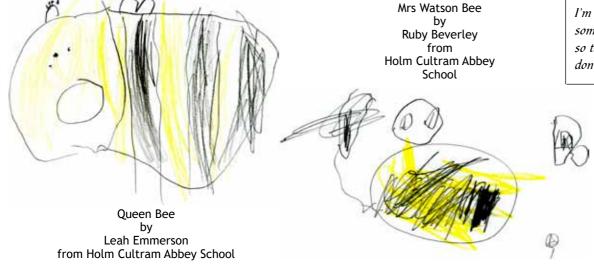
To lose one's wealth is sad indeed, To lose one's health is more. To lose one's soul is such a loss That no man can restore.

The present only is our own, So live, love, toil with a will, Place no faith in "Tomorrow," For the Clock may then be still."

Non-Commercial **Tourism Websites**

solwaybuzz.co.uk sillothgreen.co.uk sillothonsolway.co.uk sillothgolfclub.co.uk vintagerally.co.uk sillothbeerfestival.co.uk silloth-on-solway-tc.gov.uk visitcumbria.com/wc/silloth soldiersinsilloth.co.uk solwayplain.co.uk/silloth1.htm facebook.com/sillothgreen facebook.com/silloth-carnival facebook.com/ groups/121042258051545 (Silloth Today)

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz. co.uk



Do you have a poem or letter for the buzz?

We welcome all submissions, there is no charge.

Please remember to include your contact information.

Masthead Bee Winner

generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or the Discovery Centre, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from

This month the winner is Nicole Miller from Silloth Primary School with a bee drawing called "Love Bees".

Well done!



you can join the library, search the library catalogue, renew and request books online at cumbria.gov. uk/libraries Visit Silloth Library in the **Discovery** Centre

Remember -

Silloth Local Link & Tourist Information **Opening Times**

Monday 9:30am-12:30pm 1pm-4:30pm Tuesday CLOSED

Wed 9:30am-12:30pm 1pm-4:30pm **Thursday CLOSED**

Friday 9:30am-12:30pm 1pm-4:30pm Saturday 9:30am-12:30pm **Sunday CLOSED**

Tel: **016973 31944**

Silloth Library

Opening Times

Monday 10-1pm 2-4pm

Tuesday CLOSED

Wed 10-1pm 2-4pm

Thursday CLOSED

Friday 10-1pm 2-4pm

Saturday 10-1pm

Sunday closed

Tel: 016973 31944

Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us.

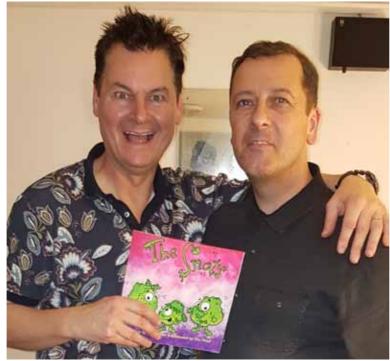
If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

Another New Book Illustrated by Sillothian Tim

It's a collaboration between Tim Stead and Phil Walker, who is an award winning stand up comic and has just written and starred in the award winning 'Cinderella' at the Preston Guild Hall.

Phil is the author and Tim is the illustrator of a brand new children's book called 'The Snots', it has been published by Purple Parrot Publishing just before Christmas. It is available at most good book shops around the UK such as Waterstones and also online at Amazon. It's been a great success and was picked up and stocked online by Waterstones almost immediately and we've now found out that the book is available to buy from Amazon all around the world, in places such as India, Japan, Korea, USA, Brazil and Sweden. It's amazing, it's spread so fast within a few weeks of the release date. Phil is already writing a follow up to "The Snots' as they adventure out into space, and again Tim will be bringing it all to life with his colourful, fun illustrations.

What's it about: Phil Walker (son of TV's Roy Walker) has created a lovely little snotty family. With fabulous illustrations from Tim Stead, the Snots have now been brought to life and have been



taken on a journey of discovery.

Being a Snot and living up a little boy's nose turns out to be quite a combination. The Snots have a perilous day, but one filled with adventure and learning for the youngest Snot.

Although green and snotty, this little family is one that all young children will love. The book is

filled with laugh out loud fun and bright, imaginative illustrations that will make reading time a pure joy.

Reviews:-

"My 8 year old Grandson is going to love this brilliant book, it covers all the gross topics that 8 year olds love to talk about and the illustrations are fabulous. Well Written by Phil Walker & Illustrated by Tim Stead

done

"This is a smashing book, such fun to read, cheeky and educational. The illustrations are hilarious and compliment the story perfectly. A really funny book for your kids that you will laugh with together. Bring on the sequel!"





GOOD COMPANIONS RESIDENTIAL CARE HOME DAYCARE

£25.00 PER SESSION (full day) (price includes lunch and transport to and from venue)

For More Information Please Either Telephone or Call-In



Criffel Street, Silloth, Tel: 016973 31553, www.goodcompanions.net

Copy



Please let us know of any changes within this section

Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

NatWest Mobile

The NatWest Bank mobile van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

Abbeytown Library

Abbevtown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Send Your Bees to the Solway Buzz There is a Bee Shortage and we **Need Yours!**

Production Team

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Fmail: office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us. When sending articles in. please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of

volunteers.

Copy date for the April issue is:

1st March 2019 If your organisation has an event to promote or you have something to say, please note the next copy date.

Football Training

Silloth Football Club

At Recreation Ground, Eden Street Playing Fields Silloth, CA7 4AX

Mens Team

Tuesday 7pm Men's Saturday team. Contacts Liam Wilson 07394 561704 and Brian Hayhurst 07717 532828

U12's

Wednesday 4.45pm at Silloth AFC Contacts: Martin Slack 07584 563683 and Paul Mulgrew 07526 665759

Tuesday 5pm at Silloth AFC Contacts: Dan Jeffrey 078367 78504 and

Kerrie Irving 07880 360147 U5's to U7's

Sunday 10am at Sportshall CA7 4DD Geoff Grainger 016973 43370 and Paul Donald 07762 711999 All other enquiries to secretary: Colin Baty 07754 890297

Abbeytown Girls Abbeytown Sports Field

Wednesdays 4-5pm

Martial Arts

Silloth Dragons Mixed Martial Arts Club train in Christ Church Hall on Thursdays under 12's 6:45pm to 7:30pm 12's & over 7:30pm to 8:30pm Keep Fit 8:30pm to 9pm NEW MEMBERS WELCOME For further details contact Stephen on 07811 761033

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Children's Centre, Silloth and is open to all children aged from 0 to 4 accompanied by a parent/carer. Sessions are on Wednesdays:

10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments All Welcome

Call in for a friendly chat

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Friendship Hour

Silloth Evangelical Free Church, Eden Street Friendship Hour is on alternate Thursdays at 1:45pm. Warm fellowship, refreshments, and good speakers. All welcome

Dates for the Diary

January 2019

Silloth Tigers away to Aspatria Eagles

26th Take That Live in Stanwix Holiday Park in aid of Silloth Football Club at 7pm tickets £10

26th Burns Night in St Andrews Hall £7, 7:30pm

February

1st RNLI Quiz Night in Mrs Wilson's at 7:30pm

Wigton Theatre Club Open Mic Night, 016973 42521

Silloth & District Pensioners Coffee Morning in Eden St Recreation Hall

Silloth Town Council meeting in Community Hall

Silloth Tigers at home to Moresby

Brunch Club for ex military & families, Silloth Cafe 11am to 12:30pm

13th Causewayhead WI meeting at 2pm in Silloth Community Hall, talk on Votes For Women

Crunch Service at 16th Skinburness Road Car Park from 8am to 9:45am

Pancake Morning in St Andrews Hall

Valentine Disco in Mawbray Village Hall at 7:30pm, tickets £10 Tel Lynda: 01900 881737, 07926 810074

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches. co.uk/service-60e.html

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at View Court, Wigton @ 1:30pm

Children's Centre

Opening hours are 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Other Room usage is subject to fulfilling certain criteria and must be arranged and pre

booked. Contact numbers: Silloth 016973 31509 Wigton 016973 43870 Aspatria 016973 23401

1st Wigton Theatre Club Open Mic Night, 016973 42521

Silloth & District Pensioners Coffee Morning in Eden St Recreation Hall

Silloth Tigers away to Furness

4th Silloth Town Council meeting in Community Hall 7pm

Crunch Service at Skinburness Road Car Park from 8am to 9:45am

9th Silloth Tigers at

13th Causewayhead WI meeting at 2pm in Silloth Community Hall, talk on Life on the Shetland Isles

John Peel Theatre Old Herbaceous with Peter MacQueen, 7:30pm, £10

Coffee Morning in St Andrews Hall

23rd Silloth Tigers away to Egremont

Silloth Master Quiz in Caldew Hall @ 7pm, see advert

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Breast-feeding Group

Mondays 10am to 11:30am Wigton Bowling Club, West Road, Wigton Have a cup of tea and meet other breast-feeding mums. Support and advice is available from trained Breast-feeding Peer Supporters and from Health Visitors or Midwives. For more information call Wigton Health Visitors: 016973 66608

Walking Football

Every Monday 1pm - 2pm at Silloth football pitch by the tennis courts. Followed by tea/ coffee at Methodist church hall.

Crafting Group

Interested in crafting? come along to Silloth Crafting Group on Mondays at 10am in Silloth Community Hall. We are a well established group, friendly people with a variety of crafting talents-willing to share their knowledge. Enjoy the chat and learn from the other crafters, or just sit and chat.

Silloth Town Council meeting in Community Hall

Wigton Theatre Club Open Mic Night, 016973 42521

Community Litter Pick meet 10am at Silloth Community Hall, lunch provided

Silloth Tigers at 6th home to Creighton

9th Holme Low Parish Council meeting in Silloth Community Hall @ 7:30pm

Causewayhead WI meeting at 2pm in St Andrews Church Hall, talk on Mosaic Planter Wellies

Silloth Tigers away to Workington

20th Cream Tea in St Andrews Hall

May

Wigton Theatre Club Open Mic Night, 016973 42521

Causewayhead WI meeting at 2pm in Silloth Community Hall, members afternoon

Silloth Town Council meeting in Community Hall

Old Fashioned 26th Jumble Sale & Yummy Tea in St Andrews Hall

Silloth Green Day on the Green at 4pm

Sewing Circle

Have you clothes you don't wear - don't like or don't fit properly?

Come along to Silloth Sewing Circle on a Thursday afternoon from 12pm to 4pm at St Andrews Church Hall opposite the Co-op. We will teach you to alter and make cloths and furnishings for the family. Just £2 and you get tea/coffee and biscuits. 016973 31915

Dementia Cafe

To be held in WIGTON METHODIST CHURCH 1st Monday in month 10am - 12 noon For people with dementia and their carers Coffee, cake, chat....and more

Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For further information please contact: Gill Edmondson Tel: 016973 71696

Vintage Rally on Silloth Green all day

Vintage Rally on Silloth Green all day

12th Causewayhead WI meeting at 2pm in Silloth Community Hall, talk on South American Wildlife

22nd Ragnarock Bikers Rally 11am at Silloth Rugby

American Night with Ukulele Band in St Andrews

Holme Low Parish Council meeting in Silloth Community Hall @ 7:30pm

Causewayhead WI meeting at 2pm in Silloth Community Hall, talk on Gemstones & Jewellery

Have You Sent in Your **Dates**





¥.

Errors do occur in Dates for the Diary Please check before attending an event

Are these entries all up to date, If not please let us know

RNLI Shop

SILLOTH LIFEBOAT STATION SHOP OPENING HOURS

Closed for the season.

Thank you to all our customers who have supported us and we look forward to seeing you

The shop will reopen at Easter.

Christ Church

For Christ Church baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Badminton

Every Thursday 7:30pm -9:30pm at Silloth Sports Hall. Tel: Lorraine 07805 136279

A Typical Lockheed Hudson Tragedy

Report by: David Earl David Ramsey & Geoff Bland all members of ARGOS (Aircraft Research Group Orkney & Shetland)

On Wednesday 21st October 1942 P/O Geoffrey Richard Mayhew of 48 Squadron at RAF Sumburgh, Shetland, was detailed to undertake an anti-submarine patrol in the area of Iceland. As he accelerated the heavily laden bomber Lockheed Hudson IIIA FH237 for take off, the aircraft developed an uncontrollable swing with the inevitable result of the undercarriage collapsing.

The Hudson unfortunately had been designed with the main fuel tanks situated in the wing directly above the undercarriage units and in the event of an undercarriage collapse, tanks would inevitably rupture and on most occasions catch fire due to hot engines. This was a common fault which caused the loss of several aircraft, but occurred more often at Coastal Operational Training Units.



Can You Make a Forever Family?

Cumbria County Council launches a new campaign today to provide a unique insight into the people who support adopters from the moment they make an enquiry to adopt, through training, the adoption panel, matching, moving in and beyond.



The adoption process is surrounded by myths and misconceptions but the county council is encouraging people to find out the realities for themselves; and who knows, 2019 could be their year to provide a permanent and loving home for a child.

Juan, from the county council's adoption support team, said: "We have a great support offer in place, we provide support early on in the process to help with new parenting skills and help adopters to understand and meet different children's needs now, and in the future. We have a very dedicated team who are here to help."

The county council understands taking that first step and making an enquiry can sometimes be the hardest part, but it's hoped that the campaign will instil confidence in people to make that step. The campaign will shine a spotlight on the people whose job it is to create 'forever families' and who support prospective adopters through the process. Laura, Beth, Rachael, Juan, and others, feature in a series of short videos

which will be shared on the

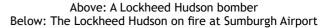
@cumbriafosteringandadoption Facebook page.

Cllr Anne Burns, Cabinet Member for Children and Family Services, said: "We know the adoption process can seem scary and intrusive but adopters who've been through it tell us that it can be a really positive experience and well worth it. "Our teams want the best for the children and adopters, and work tirelessly to match children with the right forever families. Our team is always ready to talk to people who are considering adopting, so if that's you, please take that first step and contact us."

People thinking about adopting can contact the county council in a variety of ways, including:
Online at www.cumbria.gov.uk/adoption.

Online at www.cumbria.gov.uk/adoption. Call 0303 333 1216 Monday to Friday 9am-5pm or leave a voicemail outside of these times.







Causewayhead WI Programme

Wed. 9th January 2019 @ 2.00pm Talk: - Personal Memories of WW2 Speaker: - Lawrence Marshall	Wed. 13th February 2019 @ 2.00pm Talk: - Votes for Women Speaker: - Julie Wooding	Wed. 13 th March 2019 @ 2.00pm Talk/Slides: - Life on the Shetland Isles Speaker: - Ken Graham			
Wed. 10th April 2019 @ 2.00pm Demo: - Mosaic Planter Wellies Speaker: - Maureen Sharp	Wed 8th May 2019 ② 2.00pm Members Afternoon & Resolution Meeting	Wed. 12 th June 2019 @ 2.00pm Slides & Talk: - South American Wildlife			
Wed. 10th July 2019 @2.00pm Talk: - Gemstones & Jewellery Speaker: - Lesley Connolly	August No Meeting	Wed. 11th September 2019 @ 2.00pm. Demo: - Wall Hangings Speaker: - Shirley Elliot			
Wed. 9th October 2019 @ 2.00pm. Talk: - A Farrier's Work Speaker: - Nathan Studholme	Wed. 13th November 2019 @ 2.00pm. Talk: - Curthwaite to Beijing on a Motorbike Speaker: - Mike Cowen	Wed.11th December 2019 @ 2.00pm. AGM			

Visitors and prospective members are welcome to come along to up to two meetings for a donation.

Please bring your own mug for refreshments

We normally meet in Silloth Community
Hall but please check with a WI member to
confirm the venue or contact
Pat Bell, Tel: 016973 31447







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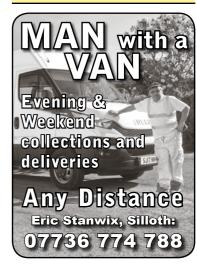
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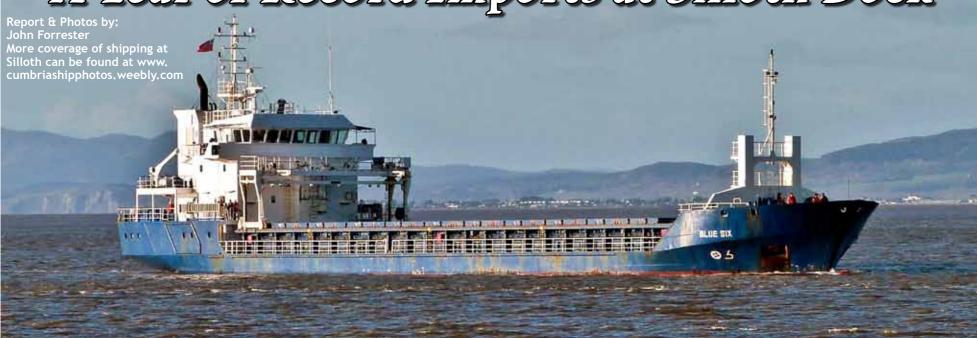
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Please. let us know what you want included, also any changes to numbers.

A Year of Record Imports at Silloth Dock



The import of large cargos at the dock is looked forward to by ship enthusiasts as it often signals the appearance of new and interesting ships. December saw two arrivals bringing some of the largest loads of wheat and fertiliser handled by the port during 2018. With tide times and weather conditions favourable, photographers were keen to catch some of the action.

BLUE SIX arrived on a midday tide with her record cargo of French wheat from Tonnay-Charante, a grain handling centre on the French Atlantic coast 15 mile inland on the River Charante. She had been delayed by storms in the Irish Sea and forced to shelter for two days in Laxey Bay off the Isle of Man before completing the final leg of her sailing. Onlookers gathered to watch the arrival as the ship passed the "Tommy Legs" marker on her way up the Solway to await high tide off Silloth. The deep draft of the fully laden ship meant entry to the dock had to be precisely timed to coincide with maximum depth of water. The vessel was carefully manoeuvred

around the walls of the outer dock and then onward towards her berth ready to begin unloading.

The next arrival was FRI OCEAN with fertiliser from the Latvian port of Riga. Unfortunately for enthusiasts she entered port on a night tide, however her progress could be followed on marine websites at home. During the final stage of her sailing down the west of Scotland she had encountered the same storm that BLUE SIX had been able to shelter from. FRI OCEAN battled on, weaving around the islands of Skye, Mull and Islay to gain shelter from the westerly winds. That stormy night must have been quite a challenge for the crew. After two days at Silloth she was unloaded and ready to sail for Cork in ballast. Sailing high in the water the empty ship made a good subject to



photograph as she exited the dock and powered away into the Solway heading for Workington where the pilot would disembark.



December Shipping at the Port of Silloth

Report by: Capt Tim Riley, Harbour Master, Short Sea Pilot

December

Blue Six with a cargo of Fr Wheat from Tonnay-Charente then on to Belfast.

Fri Ocean with a cargo of 10th German Milling Wheat from Riga then on to Cork.

10th Zapadnyy with a cargo of Molasses from Liverpool then on

Torpo with a cargo of French Wheat from La Pallice.

As normal at this time of year we have had the return of the TN Trawler fleet for the holiday

season, and so far no issues with crew or the vessels.

Cargo volumes were as predicted, just about normal for this time of year, the Torpo being a late arrival and requiring Fumigating won't count for this months cargo figures as she will not discharge until around the 4th January.

As a year goes this was the best year for over 4 years for the port and we are looking to do a little better this year as well. Although we do not anticipate any additional traffic on the roads there will be additional cargoes coming into the

Tigers Say: 'It Feels Good at the Top'

The Silloth Tigers started 2019 where they finished 2018 as they made it 12 wins from 12 in the Cumbria league.

Travelling well to a strong Wigton wanderers the Tigers dominated start to finish, with in form winger Ricki sutcliffe getting his third hat trick of the season and with Gary Taylor putting arguably his best performance of the season scoring 24 points. Silloth ran in the winners with scoreboard

showing 19-72 with the only concern for the coaching staff was allowing those three try's past them.

Next saw the only team to take a point of the Tigers this season Windermere travel to the Jim Brough park, both sides knowing what the other had to offer,

Harry Paisley

Holm Cultram Abbey School



With experience and youth on show the tigers pack aided by local lads Joel Baker and Tommy Dixon were getting their side on the front foot. This allowed Speedster Reece Blake and old timer Ellis Nixon to both bag a brace of try's and extended the Tigers unbeaten run, the final score line finished 29-0 with Ricki Sutcliffe deservedly being chosen for

man of the match and scoring his 99th point of the season.

Everyone was really happy with the result and doing well to keep such a strong side away from crossing the try

A week off now and then a good run of fixtures for the Tigers with Aspatria Eagles away on the 26th January then

Millom at home on 2nd February and Moresby at home on the 9th February.

Local firm DA Harrison's are sponsoring the Moresby game and there will be live music afterwards from Nat Dempsey. Free entry to all so please get down and cheer the Tigers on as they look to claim their second league title in four seasons.





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Flying winger Reece Blake racing in for a try

Christ Church with St Paul's presents the 2019

SILLOTH

MASTER QUIZ

Friday March 29th @ 7pm Q 1: When is it?

Q 2: Where is it? Caldew Hall (was Christ Church Hall)

Q 3: Who's invited?

Teams of up to four (£20 per team)

Q 4: Is there a prize? Pride, a trophy and wine

Q 5: Are supporters/spectators welcome?

Definitely (entrance £2.00)

Q 6: Any extras ?

Refreshments and a raffle

Q 7: Should we book in advance?

It helps if you can. (Call Tim Barker 31246) But entry on the night is OK.

Silloth Tide Tables

FEBRUARY 2019 SILLOTH										П	
DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)											
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Young Boys Win the Michael Aird Memorial Cup

Once again it was time for the annual match up between the Old Boys and Young Boys as both sides battled it out to claim the prestigious Michael Aird Memorial Cup. Could the youngsters retain the trophy for another year or would the old boys be able to overcome the odds to be crowned champions?

Although billed as a friendly with silverware at stake neither side were taking the fixture lightly with the old boys fielding the full strength over 35s side to combat the young guns who were the Seagulls side in all but name. The clash of styles is what always makes this fixture such a fascinating affair and like always the fans were out in force to witness it. The young boys looked to exploit the pace and direct running of Dixon, Broughy and Blakey which caused a couple of early scares for the old boys. Custodian Mike

had to be at his best to palm away a sliced clearance from Gaz who himself had to clear a shot off the line just minutes later. Marshalled though by the legendary pairing of Minnie and Panda the veteran's defence stood firm and their no nonsense tackling knocked the youngsters out of their stride. This allowed the old boys to take a grip of the contest as the midfield trio of Jono, DJ and Coco passed the ball around for fun, the pace of Lama and Cloyter providing the



Young boys skipper Calum Casson with the Cup

threat in behind and with Jock at the fulcrum of their attack the veterans were dominating possession. There was little surprise when they took the lead midway through the first half. A wonderfully flighted corner from Lama found Coco at the back post who calmly took the ball down on his chest and smashed it into the roof of the net.

Whilst in the ascendancy the veterans looked to extend their advantage and came very close

to doing so when Coco unleashed a strike from all of 25 yards that had young gun's goalkeeper Mig at full stretch in his efforts to palm the ball onto the crossbar. In terms of substitutions it was young boy's manager Wuzz who blinked first but with a change that had more than a hint of controversy about it as Fagtime had defected from the old boy's bench in order to join his Seagulls team mates. Still his match was almost over as quickly as it had begun when he was accidentally left prostrate by the right fist of keeper Mike after challenging him for a cross. Fortunately though all that was dented was his pride and he was fit to carry on. With the scoreboard not being further troubled the veterans ended the first 45 minutes with a deserved 1 -

With Lama's half time team talk still ringing in their ears the old boys knew they literally had an uphill battle to maintain their lead defending

pass their way to victory but the back four of the veterans stayed resolute under the increasing pressure. Right back Trev had the unenviable task of marking speed merchant Blakey but showed great determination to never give the winger a clear sight of goal. With Cass now pulling the strings in the centre of the park the youngsters were on top but still could not fashion a breakthrough.

With only 15 minutes remaining it looked like the old boys had weathered the storm but were hit with the sucker punch and conceded two goals in quick succession. The young guns had by now resorted to a more direct style of football and their shoot on sight policy paid dividends. Shaun the Sheep got the equaliser when his 20 yard blast took a deflection past the goalkeeper and it would be only a minute later when Dixon drilled a trademark finish into the bottom corner for what would ultimately be the winner. The drama was not over by a long shot though. First Broughy hit the bar for the young boys with a close range effort which if it had gone in would've put the result beyond doubt and then the old boys got

their second wind. First former Seagulls top goalscorer Walshy fashioned himself a great chance but just couldn't apply the finishing touch. A blatant penalty shout was waved away by referee Les Norden after Deano handled in the area before in the dying moments of the match the Peter Pan of Silloth sport Lama Man saw a left footed volley agonisingly strike the outside of the post.

With that the match was over and the young boys had retained the Michael Aird Memorial Cup with a hard fought 2-1 victory. Players and spectators then reconvened to the Rugby club for the presentation of the trophy to the young gun's skipper Cass and the Eden Shield for man of the match Gaz Lew who took inspiration from once again playing alongside Minnie and Panda to roll back the years at centre-half. As always this was a fantastic game of football played in great spirit, with plenty of quality on show and that was shown massive support by a great crowd. A big thank you has to go to all the players, referee Les Norden, everybody who came down to watch and especially to Nicola and her team at the Rugby Club for hosting the event.









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