

Solway

Ninga Bee by Harrison Abernethy from Silloth Primary School

September 2019 local news - for you - by you - about you - free to you

FREE PAPER

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ssue 178



Meet Big Fella saying 'Look at that View'

Get the full story and pictures on pages 10+11

2nd September Silloth Community Craft Show

5th to 8th September Music & Beer Festival

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The kids are jumping for joy!



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Page 20 Lots of footbal



The Solway Buzz is a FREE community paper with a circulation of 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

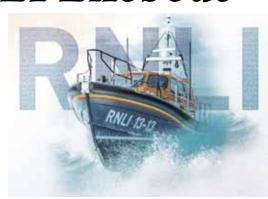
Your Name on a **RNLI Lifeboat**

one's name can be added to a Shannon lifeboat

Commemorate a special person you miss by adding their name to the side of a Shannon class lifeboat – and they can be beside our crew every time they save a life at sea.

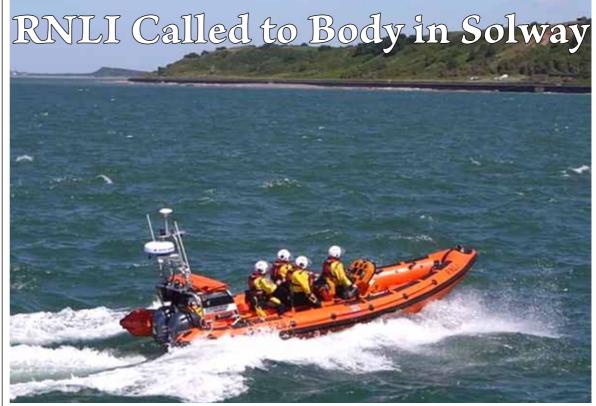
With Launch a Memory, simply share the name of your loved one with us and we'll add it to thousands of names that will make up the letters and numbers on the Shannon's hull.

Everyone is welcome - launch a memory and be part of something



special with us. There is a suggested donation of £30/ €30. Spaces are limited so don't miss out on this unique opportunity.

Simply go to the website: https://rnli.org/support-us/ give-money/donate-in-memory/ launch-a-memory/donate



Reports by: Julie Emary RNLI Press Officer

On Monday 12th August at 10:09 Silloth RNLI lifeboat was tasked to a search for a person believed to be in the sea near Maryport.

Maryport Inshore Rescue were also involved along with Cumbria Police and local Coastguards.

The lifeboat made its way quickly to the reported sighting and were on scene by 10:27.

Having reached their destination, they found that the police were already there, together with Maryport Coastguard who had just recovered a body from the sea.

RNLI Silloth and Maryport Inshore Rescue also searched along the coastline towards Allonby. The two boats were stood down and returned to their stations at 11:30am

Cyclist Stuck at Beckfoot

3rd August, while out on an exercise, Silloth RNLI lifeboat was diverted to attend a cyclist who had got stuck in the sand at Beckfoot.

The lifeboat was in the vicinity and quickly made its way to where the cyclist had been spotted. The sea was coming in but due to the state of the Spring tides at the time, it was flooding particularly quickly.

The cyclist was seen to be up to his waist in seawater but managed to make it to safety without the aid of the lifeboat.

The lifeboat was stood down and was able to carry on with the



Silloth Sea Loggers

RNLI lifeboat was launched on 15th August to recover three large logs which were a potential hazard to shipping in the Solway Firth.

They would also have blocked access to the harbour.



Suspected Person in Water near Annan

August is proving to be a busy month for Silloth RNLI lifeboat. They were called out on Wednesday 14th August at 15:20, to look for a possible casualty in the water of the River Annan between Annan and Powfoot in Scotland, in the upper reaches of the Solway Firth.

Due to the state of the ebbing tide, Silloth lifeboat had difficulty in finding enough water to take the boat up as far as Annan.

Nith Inshore Rescue had taken their zodiac boat by road, as close to the sighting of the suspected casualty as they could, as they were unable to launch from their usual site. They then began a search of the coastline and inshore water.

Meanwhile Silloth lifeboat were acting as 'goalkeeper' for the possible casualty, should they be swept down the coast with the ebbing tide.

Both Burgh and Annan Coastguard teams were involved in the search. They were able to see the area in which the suspected person was first seen to be in the water but were unable to pinpoint anything. They also spoke to people who

were in the area, who said they hadn't seen anything in the water except debris.

The tide was rapidly going out and there were concerns that Silloth lifeboat would find it difficult to recover the boat, so the decision was made to return to the boathouse. Meanwhile Nith Rescue were continuing their search along the coast.

Silloth RNLI lifeboat had to be recovered from the West Beach due to the lack of water at the boathouse. The lifeboat returned and was made ready for service again by 17:20.

Coastal Search at Allonby

On Sunday 4th August Silloth RNLI lifeboat was tasked to search along the

coastline in the Solway Firth, for a person thought to be in the water, near North Lodge car park at Allonby. Coastguards and Police were also involved.

They were joined by Maryport rescue and the rescue helicopter from Prestwick in Scotland. After searching for three and a half hours no one was found and the lifeboats and helicopter were stood down.



Bring & Sell anything at St Andrews Hall

St Andrews Hall is looking to hold a regular Saturday morning open hall to anyone with items they wish to sell, whether from your garden, craft or items you no longer need.

The tables are £10 bookable through the Church Secretary, call Penny on 016973 32255.

There will also be tea and coffee available for the weary buyer.

RNLI Fundraising Fish & Chip Supper



Come to our Fish and Chip Supper in the Silloth Café on Lawn Terrace, Silloth on Friday 11th October. The meal is £8.50 to include Fish and Chips, Mushy Peas and a table quiz.

Please come at 7pm for 7:30pm. Bar available. Everyone welcome

Please book early to avoid disappointment in the Silloth Café with a deposit of £2.

See you there.

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Report by: Jennifer Rowlands Executive Business Manager

Students and staff at Solway Community School celebrated after Ofsted rated the school Good following a full inspection last month, recognising the substantial improvements the school has made since the last inspection.

The inspectors described the 'considerable improvements' in the school secured by the school leadership team which deliver a 'good quality education' to students. The glowing inspection report praised leaders for creating a 'diverse and inclusive community that welcomes all pupils, and noted that consequently the proportion of students choosing to attend the school is increasing. The inspectors were impressed with the high expectations of everyone at Solway; 'leaders are ambitious for staff and pupils... Pupils have high expectations for their futures and what they hope to achieve... staff morale is very high. Staff are

overwhelmingly positive about the school and the improvements that leaders have secured.'

The report also notes that the quality of teaching at the school is 'consistently good,' that teachers have strong subject knowledge and are 'highly skilled' at supporting students of all abilities. Teachers challenge students and their excellent relationships supports students' positive attitudes to learning. Students are, says the report, highly motivated, with 'mature attitudes' to their learning, and are 'articulate and polite'.

The report notes that in 2018 the 'overwhelming majority of pupils made progress that was in line with pupils nationally,' and that the outcomes for students show the 'rapid and considerable improvements that leaders have secured in pupils' progress.' Outcomes for all students at the end of KS4, including high ability students, disadvantaged and SEND, are improving rapidly.

Inspectors described the school as 'a safe, calm and inclusive place for pupils where they are cared for well.' They noted that staff are 'proud to work at the school' and that pupils 'appreciate the benefits that a close-knit school community offers.'

Safeguarding is described as effective: 'Staff take the time to get to know their pupils well. As a result, they provide effectively for pupils' well-being and safety.'

Executive Headteacher Judith Schafer said she was delighted and proud of everyone who had contributed to the progress the school has made. "It is excellent that Ofsted has recognised everything we are doing at Solway. All we do at our school is because we believe it is the right thing to do to move the school forward. We will continue to focus on raising standards and making sure that our students are given the best chances of success and a first class quality education.

Just as important to us as exam results however is that we help our students mature into confident, responsible young people who will contribute to society. To hear the inspectors describing our students in such glowing terms is wonderful. Our school operates as a team. Everyone at school works hard every day to make sure that our students are safe, happy and reaching their potential - and this report is recognition of the fabulous staff we have at Solway."

Chair of Governors David Davidson echoed the Executive Headteacher's comments and noted that it is clear from the report that the inspectors were impressed by the work being undertaken at the school and that governors wholeheartedly welcome the "Good" judgement from Ofsted. Students, parents, staff and governors should take pride in reading the report and appreciate that their efforts have been recognised.





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American Night



Report by: Penny Stimson

Saturday 6th July saw the hall decked out in the American flags for the regular American Night with the Cockermouth Ukulele Band.

The evening was excellent with everyone saying how well the Band played and how wonderful the

food was with plates full of food done on the American theme and pumpkin pie.

We managed after expenses to raise £230 for the halls refurbishment. Thank you to everyone who attended, and we look forward to seeing you again next year.



CUMBRIA NEIGHBOURHOOD WATCH ASSOCIATION

Your '5 a day' to keep crime away

Cumbria is a SAFE place to live work and visit. Crime in Cumbria is relatively low but could be even lower if we all followed these five easy steps to protect our homes, cars, money and information:

- Keep your doors locked at home. Front and back, day and night, whether in or out.
- Keep vehicle keys out of sight at home.
- Don't leave valuable property in your vehicle.
- Use strong passwords on your internet accounts and keep them and your bank PIN numbers secret. Never give them to anyone.
- Never click on links in e-mails.

Don't make it easy for criminals. If we provide them with opportunities for crime, they will take them. Our tips can't prevent all crime of course, but they will reduce your risks of becoming the next victim.

CRIMESTOPPERS

If you have information about crime in your area contact Crimestoppers on 0800 555 111 free and Anonymously Always

Silloth Going to the Polls Again for a New Councillor

Following the resignation of Owen Martin from Silloth Town Council after over four years service over claims that the council has failed to tackle homophobia by a councillor (who has been cleared), there is now a vacancy on the council. Owen is still one of our representatives on Allerdale Borough Council.

The rule is that councillors can co-opt an interested person to the vacancy, unless there are at least ten people interested in joining the council, at which point an election is triggered.

Applications to join the council have to be received by Allerdale Borough Council by 20th September but already there have been at least ten applications so a new election has been triggered. Nomination packs are available from the Town Clerk; Email:

townclerk@silloth-on-solway.co.uk or from Allerdale Borough Council Email:

electoralser vices@allerdale.gov.uk

The Returning Officer has set the date for the election which will take place on 17th October 2019. We will then have to select just one person who will go on to be the new Silloth councillor. The Returning Officer is sure to be extra careful this time around about who is declared the winner after the shambles last time.

Allerdale Fiddlers Concert in

St Andrews Hall on Friday 29th November 7pm to 9:30pm Tickets £6 inc

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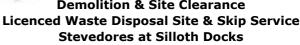


Fat Buzz by Bridget Irwin from Silloth Primary School





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Abbeytown War Memorial Move and Restoration

Report by: Mark Hodsgon Cumbria Headstones Limited Photos by: Michael Faulkner

Cumbria Headstones was commissioned by the Church of England and members of the Methodist Chapel to remove the war memorial to the Abbey. We are local and live at Pelutho but trade from Unit 8, Moorclose Depot, Westfield Drive, Workington where we have a workshop and showroom. I am a committee member of the National Association of Memorial Masons and fully qualified Inspector of memorials.

The memorial was estimated to be a least 1.5 tons and we were helped by Robert Cowperthwaite of AW Blake Ltd, Swaithwaite Head, Ivegill, (Crane Hire).

Each section was carefully dismantled (five pieces) and loaded and taken to the Abbey where it will be redressed, drilled and re-erected in the front grounds adjacent to the flagpole, a course of restoration will also be applied to the memorial names on the Roll of Honour



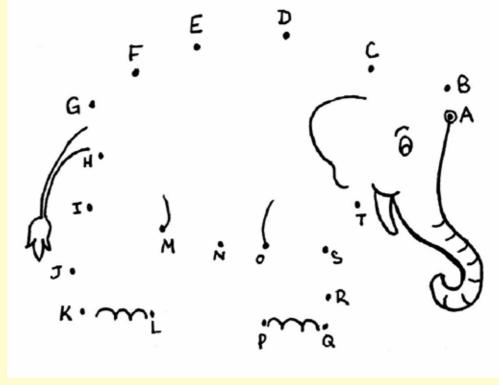








FUN for ALL ~ Join the Dots & Colour In



Not Just for the Kids

Solways Stunning Beaches



This summer residents across Allerdale and beyond are being encouraged to use the area's stunning beaches and coastline as a way to improve health and wellbeing.

The Allerdale coastline is blessed with some fantastic beaches which are wonderful for spending free time, especially during the summer holidays.

Allerdale Borough Council, which helps manage the area's coastline, is reminding residents that the beach is a fun and free resource which can be used for a variety of different activities.

In Allerdale, the council hosted a celebration on Allonby Beach to highlight some of the exciting things that can be done on beaches.

The event was supported by Keswick Adventures, who did demonstrations and taster sessions, and Solway Cycle Hire. George Kemp, Executive member with responsibility for environmental quality, said: "The beaches in Allerdale are wonderful places to enjoy spending time with family, getting active or even enjoying some peace and quiet in beautiful surroundings. "People can sometimes forget about the beach and coast as a place to visit and I'd encourage anyone and everyone to sample what Allerdale's beaches have got to offer."

Chris Spencer, deputy manager of the Solway Coast Area of Outstanding Natural Beauty (AONB) said: "The area is a special place with special qualities – it is a beautiful mosaic of habitats and history, architecture and heritage, and working communities. We cover 59km of shoreline and care for 115sq km of land which has scheduled monuments, listed buildings, designated conservation

areas, and is part of the Hadrian's Wall World Heritage Site. It is a fantastic stretch of coastline and is a great place for rare plants which have colonised the sand dunes and is also home to natterjack toads, one of Britains rarest amphibians. In certain parts you will find the formation of extensive saltmarsh and mudflats - great for birds, and bird spotters. Whether you're looking for somewhere to relax, exercise, explore nature, build a sandcastle or simply have a picnic and a paddle, there's so much to explore at the Solway Coast

Active Coast is part of the LOVEmyBEACH initiative, which works along the north west coast to improve bathing water quality, keep the beaches clean and runs a series of campaigns throughout the year to encourage people to take better care of the coastline.

LOVEmyBEACH's Zephie Begolo said: "There has never been a better time to take advantage of our clean and safe coastline and the wonderful diversity of activities that happen on our beaches. We want people to see how easy it is to get active, improve their health and wellbeing and connect with nature. We hope people will be inspired to use this fantastic, free resource more."

Beware Internet Fraudsters

Fraudsters Targeting Social Media Influencers Be Aware

The National Fraud Intelligence Bureau has received intelligence to suggest that fraudsters are contacting social media influencers, based in the UK and abroad, offering them the opportunity to market a bogus product, service or investment opportunity.

Fraudsters will present professional and credible pitches to the social media influencers and try to convince them to feature the opportunity for a fee on their social media profiles in order to entice unsuspecting followers of the influencer to sign up or make a purchase.

Additionally, fraudsters are using the names of well-known public figures, implying that their opportunity or product is endorsed by the figure when it is not.

The public should be aware that any apparent endorsement by celebrities, influencers or personalities does not necessarily mean that an investment, product or service is genuine.

The public is urged to exercise a cautious approach to any such offer of investment, product or service with the same caution they would at any other time.

What You Need To Do

- If you are purchasing goods from a company you don't know and trust, carry out some research first, or ask friends or family for advice before completing a purchase.
- Professional-looking websites, adverts or social media posts do not guarantee that an investment opportunity or product is genuine. Criminals can exploit the names of well-known brands or individuals to make them appear legitimate.
- Avoid paying for goods or services by bank transfer unless you know and trust the person or company. Payments via bank transfer offer you no protection if you become a victim of fraud. Instead, use your credit card or payment services such as PayPal as they offer you greater protection if you become a victim of fraud.

ActionFraud

National Fraud & Cyber Crime Reporting Centre





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Luncheon Club Annual Outing Wine Club Visit to



Report by: Lawrence Marshall

On Wednesday 31st July we had our summer outing for afternoon tea at the Dunes, Bank Mill, Beckfoot.

We were slightly depleted in numbers due mainly to illness but still eighteen attended consisting of diners and the important voluntary servers.

The tea was a buffet style allowing people to collect their favourite tastes. We were transported there by Solway Private Hire.

During the tea there was a torrential downpour which made a horrendous noise on the restaurant roof. We are grateful to the SOS charity shop whose help enables us to have these extra treats. There was a happy friendly atmosphere throughout the afternoon. Elaine Johnston and myself were thanked for organising the event and keeping the club going.

Report by: Stuart Jones

Our third summer outing on a lovely August day was to the Buddhist temple Kagyu Samye Ling at Eskdalemuir.

The Community Bus ably driven by Terrance was our form of transport to this rather isolated place set in lovely rolling countryside in the Scottish Borders.

We were greeted by a nun or Bhiksuni dressed in her traditional robes and shown to the temple which is packed with bright,

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Wine Club Visit to Buddhist Temple





colourful offerings (flowers, food, semi precious stones) to the Buddha who has central position, paintings and statues.

There was a vast amount of information to take in about the founding of the temple, traditions and practices - all very interesting.

Lunch was in the cafeteria and enjoyed by all. It was rice based topped with flavoursome vegetable dishes, sponge pudding or fruit and cup of tea. We were all busy chattering whilst to our side was the 'silent' table occupied by visitors either on retreat or day volunteers helping at the centre and a 'monastic' table used by the monks and nuns.

After lunch we were shown around the extensive grounds and specifically to see the "Mani korlo" or Prayer Wheel House which stands on three sides of the beautiful Samye Ling Victory Stupa and was consecrated in a traditional ceremony by Choje Akong Tulku Rinpoche the cofounder of the temple on 7th July, 2007. Each of the forty-five

Prayer Wheels contains millions of prayers. The energy and blessing of these prayers are activated and spread throughout the environment as the wheels turn. Electric motors turn the wheels very slowly so that the prayers are continuously transmitted day and night, but individual pilgrims can also turn the wheels by hand as each one has a beautifully turned wooden handle. They then gain the merit of saying these millions of prayers for all beings and for the planet itself.

After The official tour was completed a vote of thanks was given.

We spent the remaining time relaxing in the warm, inviting atmosphere of the Tibetan Tea Rooms with its traditional decor and /or spending time in the gift shop which had an extensive range of books, texts, ritual objects and a wide range of gifts and souvenirs and exploring the grounds.

Our thanks to Janet and Graham and others for organising a most enjoyable outing.

Silloth Group Medical Practice

OPENING TIMES: 8am – 6:30pm Tel No: 016973 31309 Fax No: 016973 32834

DON'T BE LEFT OUT OF THE 2019/2020 FLU CAMPAIGN!



If you are over 65 years of age or suffer from one of the following:

Chronic respiratory disease, including asthma (requiring

continuous or repeated use of inhaled or systemic steroids (i.e. prescription of certain steroids within 6 months of the beginning of the flu reporting period),

Asthma with previous exacerbations requiring hospital admissions in the last 12 months Chronic heart disease

Chronic kidney disease

Chronic liver disease

Diabetes

Pregnant

Have had a stroke or a TIA

Immunosuppression

Suffer from MS or other diseases of the central nervous system.

A carer for the elderly or disabled, or a patient in a long stay residential home

PLEASE ATTEND ONE OF THE OPEN CLINICS BELOW:

Silloth Surgery —Friday 20th September 1pm to 4pm
Silloth Surgery—Saturday 21st September 9am to 12pm

Silloth Surgery – Friday 4th October 1pm to 4pm Silloth Surgery – Friday 11th October 1pm to 4pm



Please let us know if you require a home visit for your vaccination (Even if we visited you last year)

We will also be offering Pneumococcal and shingle vaccinations to anyone who is eligible at the same time

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First Lady Rotary President | Energy Saving Tips



Silloth on Solway Rotary Club are proud to elect their first lady president, Denise Pattinson. She along with her president elect Jenni Reid and president nominee Susan Brown were inaugurated at the clubs July meeting in the beautiful surroundings of Christ Church.

Owen Martin, the outgoing president, wished Denise all the best and hoped she would continue the fabulous work the club have done over the past year.

The club has had an amazing renaissance over the last two years, with membership numbers going from strength to strength. The

events will continue with new additions being announced soon. The club are also introducing new fundraising ventures including; Do

you have some foreign coins around the house, neither use nor ornament. Donation boxes for these and old British coins including the round pound coin will shortly be available in Winters Newsagents, Fairydust Emporium

and the Kandy Shop. Every coin or note donated will be given to charities and we will keep you

updated on your contributions and how they will help the local community

We will also be introducing drop in sessions to discuss various topics, including autism in adulthood, mental health, dementia along with fun days with young ones having fun with cake decorating, a community day for

local groups to get together and see how we can help each other. Last year The club supported a photography initiative along with Zoe Forster, introducing children to cameras, our president has decided to continue this project and we are looking for local children to take part.

Remember, Silloth on Solway Rotary Club is always there to support and help with any local groups. If you want to contact us please do so by emailing Sillothrotary@outlook.com. Thank you for your support over the years, the Silloth community has the biggest heart.



Energy saving top tips

West Cumbria Carers have teamed up with the Citizens Advice Bureau to run two new Carers Forums around saving

The forums will help you discover the different ways you can keep warm while saving money this winter and will include:

- tips to help you become more energy efficient and cut costs
- information on switching suppliers to get the best deal
- · details of how to apply for things such as the Warm Home Discount, Winter Warmth grants and the Priority Services Register.

When and Where?

The forums are open to carers across Allerdale and Copeland and will take place at:

- Copeland Whitehaven Foyer, Whitehaven on Wednesday 18th September 10:00 - 12:00
- Allerdale West Cumbria Carers Office, Cockermouth on Thursday 26th September 10:00 - 12:00

Both events will finish with a light buffet lunch so you will also have the opportunity to meet other carers while enjoying some sandwiches and refreshments.

If you would like to know more about how to save energy and keep costs down call 01900 821976 to book your place.



Hogwarts Express by Sophie-Jayne Stalker from Silloth Primary School

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Make Sure the Kids Have Had Their Measles, Mumps & Rubella Vaccines

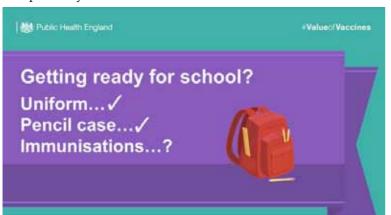
Measles, mumps and rubella (MMR) has been in the news and the Director of Public Health, Colin Cox, has added his voice to the importance of people getting vaccinated - he's said: "The MMR vaccine is the safest and most effective way to protect against measles, mumps and rubella and it's never too late to get vaccinated. Outbreaks of disease, especially measles, have occurred when the number of people having the vaccine has dropped.

If you are unsure whether you have previously had the vaccine or

not, you can check with your GP practice, having further doses will not cause any harm.

Measles, mumps and rubella can quickly spread to unprotected children and adults and anyone who has not received two doses of MMR vaccine is always at risk.

It's very important that children receive the full course of two vaccinations of MMR before starting school and for parents or carers to contact their GP practice and take it up now if they didn't have it at the scheduled time."





Walking for Health Group



Why not go along to the next Walking for Health Group walk on Thursday 8th September at 2pm. You know it can only do you good!

Change4Life Shake Up Campaign

Cumbria County Council and Active Cumbria are supporting the latest Change4Life campaign from Public Health England and Disney which aims to promote fun activities for children and families.

Earlier this year, research from Sport England found that enjoyment is the single biggest factor that motivates children to be active. So to help kids in Cumbria get more active this summer, the Change4Life campaign is encouraging children to play 10 Minute Shake Up games inspired by favourite characters from Disney and Pixar's Toy Story 4 and Incredibles 2; and Disney's Frozen and The Lion King.

Richard Johnston, Senior Manager (Operations), Active Cumbria said: "Enjoyment is the biggest factor that motivates children to be active and with only around 1 in 5 children in Cumbria being active every day we need to find and use new and engaging ways to help children to be more active. The new Disney-inspired shake up games provide just that. The activities are easy to follow, and take just 10 minutes, they're

delivered in a fun and engaging way for children to follow using a wide variety of Disney characters."

A recent survey from Public Health England found almost 2 in 3 children (65%) in the North West would be inspired to be more physically active if they saw their favourite characters being active. What's more, over 80% of parents think that kids are likely to enjoy sports and physical activities if they're fun and more than 50% of children agree that this helps.

Evidence shows that children and young people who are more active have more confidence, higher self-esteem, less anxiety and stress and better social skills – attributes that can help them deal with the challenges they face in daily life. Positive attitudes towards physical activity have also been associated with children being happier.

Councillor Deborah Earl, Cabinet Member for Public Health and Community Services, said: "We all want our children to be healthy and happy and that's why I'm a big supporter of this latest campaign from Change4Life and Disney. The campaign really shows how physical activity can be fun and the new 10 minute shake up games can help to get kids moving which will count towards the 60 active minutes they need every day."

This year marks the sixth year that PHE and Disney have worked together to inspire children to move more, with almost two million children taking part in last year's campaign.

Change4Life has also launched a new online quiz to help children, with their parents, find activities and sports that might be perfect for them to try, based on their skills and abilities.

Active Cumbria urges families in Cumbria to try new sports and physical activities this summer, whether at home, a local park, leisure centre or through sports clubs and organised events. Find activities at www.activecumbria. org.

To keep the kids busy this summer with free 10 Minute Shake Up games from Change4Life with Disney, search 'Change4Life' or go to www.nhs.uk/change4life.



Report by: Wendy Jameson Silloth Town Clerk

A Silloth gentleman, Mr Peter Richardson, approached Ray Lonsdale a few years ago, after seeing some of his distinctive and thought provoking work, as he wanted to leave a lasting piece of art for his home town. Its intention is to make the people of Silloth smile and to brighten their day.

The sculpture named "Big Fella" by Peter's family is of a man and his dog taking in the beautiful sea views at the end of the day and shielding his eyes from the sun. The Solway Coast is well known for its beauty and Silloth is noted for its glorious sea views and sunsets which have been recorded for posterity by JMW Turner, the famous landscape artist and many others.

A steel fabricator from Durham, sculpture has always been Ray's passion. Ray started working on the piece in March 2019 and has sent regular photographs showing the progress of his work which have been shared on social media. There has been a lot of interest, with people excited to see the finished piece on display in Silloth.

Cllr. Mark Orchard, Mayor of Silloth said: "The 'Big Fella' sculpture is an amazing piece of artwork by Ray Lonsdale. We're delighted to showcase it right on the seafront promenade just where Mr Richardson wished for it to be placed. On behalf of myself and Silloth-on-Solway Town Council, we would truly like to thank the late Mr Richardson and his gracious family for leaving such a generous gift to the town of Silloth. It will bring smiles to all who see it. We are sure his family, the people of Silloth and our visitors will take enjoyment from this amazing and unique sculpture for many years to come."

Ray's work to date show his

A Wonderful New Sculpture has been situated on the Green off Skinburness Road



fascination with the human form. Built from steel, his work conveys incredible sensitivity and emotion, often providing deep moments of reflection.

The sculpture was delivered to Silloth on Thursday 1st August and now takes pride of place on the seafront at Skinburness, looking out over the Solway. Members of Peter's family were present, along with representatives from the Town Council. The sculpture has been receiving a lot of attention and the 'Big Fella' now has his very own Facebook page. Peter's granddaughter said "I do believe that granddad would be over the moon with



piece. He really enjoyed bringing smiles to people's faces and that's what this will do for many, many

Solway Buzz - local news - for you - by you - about you - free to you



developed from a desire to create for emotion rather than function I would like to thank all of my past, present and future clients as gratification and next day delivery

you are all part of wherever this is heading. It has evolved from a vague folly of 'what ifs' and gambles into a way of life of 'what ifs' and gambles. A huge leap of faith made worthwhile by other people's leaps of faith in supporting what I do. From the smallest to the largest pieces every design, cut, weld and

seed of art interest in 2002 and has

word means something to me and hopefully resonate with others. Most of my time is spent on

commissions lately with 'on-spec'

work squeezed in between projects. It is flattering that clients are prepared to wait to have a piece created. In a world of instant

anticipation is a good thing I feel. On-spec work often brings out pieces that people didn't know they wanted until they are seen. A good example of this is 'Eleven O One' (or Tommy as he is known) in Seaham, Co Durham. A 2.5x life sculpture of a WW1 soldier caught in the

first minute of peace in 1918 it was a huge gamble to create without a prospective buyer lined up. It was put out on loan for three months in Seaham in May 2014. In that time the people of the area got together and raised the funds to buy it and keep it exactly where it was. A very humbling and moving experience for us and one that raised the profile of 'Two Red Rubber Things' to another

I am confident that if I had stood on that seafront with sketches of what I had in mind rather than the finished piece it would never have been made. No one can say we

gambles over the years.

As some of you will know virtually all of my work is accompanied by a poem or words of some description. Also as some of you will know this particular piece was to be a very low key affair as the gent who originally got in touch about it did not want a lot of fuss. Hence it was agreed with the family after the gents passing that a simple plaque stating 'Look at That View' (a phrase he was apparently famous for) should be the only thing attached. No problem, to me that displays an abstract emotional connection that the family and friends will really relate to and a link to the gent they loved.

I have however been contacted by a number of people asking 'what is the title'? It seems to have become known simply as The Big Fella which I can see as a very apt pet name given its scale. Some are taking the plaque inscription as the title. For me though the title I had in mind during its manufacture was 'Sunset for the Common Man' and it was designed as a depiction of how quickly a life passes. The words I came up with were not intended to be directly attached to the gent but more of a general observation. They are as

Days of wonder then petty

Followed by swagger and poise and missed opportunities, Then down the other side on polished

Faster and further from invincible

Crashing through the brief autumn

As you scream from sunrise to sunset Then for the dog who couldn't give a

jot about the sunset 'Sunset for the Common Dog'

Go on KICK THE BALL.

Kick the ball, kick the ball,

Kick the ball

As it turned out the family didn't want any words attached to the piece but I just vanted to explain why there isn't any for those who have enquired about it.

For more information about Ray's work, check out his website and Facebook page. Website: www.tworedrubberthings.

Facebook: Two red rubber things/Ray

Ray Lonsdale, Two Red Rubber Things Steel Art, County Durham, 0191 526 8326

















Buzzing Letters

John and Sheila Beaty and family would like to thank everyone who attended their charity afternoon tea on Saturday 20th July. £1,400 was raised to be divided between Reiver House Cancer Care Unit in Carlisle and Cancer Research.

Also thank you to family, friends, helpers and neighbours for their kind donations of cakes and raffle prizes.

Since the afternoon tea extra funds are still arriving for this charity.

Sheila Beaty & Margaret Copley

Dear Buzz,

Has Silloth got a new tourist attraction? No I am not talking about the new sculpture on the sea front but the hole outside the butchers shop. I have phoned Cumbria Highways about the problem and they are looking into it! Well it must be the size of Santas Grotto the time its taking to get something done about it. Over 2 months now. Should we be getting a few fairy lights and a bit of tinsel and using it as part of the Christmas decorations. A joke no? But the signs saying men at work that is a real cracker.

C Briggs

M Littleton

Dear Buzz,

This is to thank whoever cut the sycamore and the whins which were growing over the public footpath along the shore from Skinburness.

The Sandy path is a popular walk and was becoming very overgrown, again thank you.

On 30th March 2019, Carlos (Carl Phillips) and Zoe Glen (Zoe Glencross) both local singer/ entertainers from Silloth, put on a charity event to raise funds for cancer research UK, in the memory of Silloth residents Shaun Bell, Bill Allison, Roland Donald, Gordon Baker and all of those people who were fighting or had lost their battle with

Held at Silloth bowling club, it was standing room only! It was a fantastic night of entertainment, a wonderful array of items were donated by individuals and local business for the raffle and a great night was had by all, even though it was tinged with sadness remembering the loved one's that had lost their battles with cancer.

Zoe says of the night that 'it was incredible to see so many people wanting to support this charity night. Carl and I discussed holding this event as I had lost my mum to bladder cancer in January 2019 and Carl had recently lost his dear friend Shaun. We both felt passionate about performing in their honour and raising funds at the same time. The support from local businesses and the families of Shaun, Bill, Roland and Gordon were amazing. We were both bursting with pride by the end of the evening. Thank you to everyone who supported the event!' The total amount raised on the night and further donations were made after the event totalled a whopping £815. A letter of thanks has recently been received from the Cancer research UK charity. Carl and Zoe would like to thank everyone who supported the event and we look forward to running a similar event next

Zoe Glencross

Buzzing Poems

Buzzie Bee by Joan Bennett

It's our last day at school Hip-Hip-Hooray. It's the start of our summer holidays today. Buzzie Bee and his friends are very excited. No more writing or sums they are so delighted.

But their teacher Mr Honeycombe has other ideas. Telling them they must work they are nearly in tears. He says warm sunny weather and April showers. Has bought on an abundance of lovely flowers.

Now there is lots of pollen for your parents to collect.

Each day for one hour you must work very hard. Collecting pollen from flowers in your parent's yard. At the end of your holiday we shall count up and see. Which of you has been the most hard working Bee.

My name in big letters will be put in the Buzz.

If you were to help them you would earn their respect. A competition for you all is my bright idea. I'll explain the rules to you I'll make them clear.

I'll be the winner says Buzzie Bee, that's no fuzz.

Shopping with my husband by Penny Stimson

I love shopping with my husband he is so far behind, my baskets full of things I don't want and of him there is no sign.

He reads every label no matter what it says. And as he's deaf as a post without glasses blind, he knows not what it says.

But after going through the aisles with Supervisors prices to check. We find he's read the prices wrong and it's double what he expects.

So if you want peace and quiet and a shopping bill that's low. Don't take your husband with you when shopping you do go!

DO YOU HAVE A POEM OR LETTER FOR THE BUZZ? WELCOME ALL SUBMISSIONS THERE IS NO CHARGE. Please remember to include YOUR CONTACT INFO.

Non-Commercial Tourism Websites

solwaybuzz.co.uk sillothgreen.co.uk sillothonsolway.co.uk sillothgolfclub.co.uk vintagerally.co.uk sillothbeerfestival.co.uk silloth-on-solway-tc.gov.uk visitcumbria.com/wc/silloth soldiersinsilloth.co.uk solwayplain.co.uk/silloth1.htm facebook.com/sillothgreen facebook.com/silloth-carnival facebook.com/groups/121042258051545 (Silloth Today)

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.ul

Family Notices

This is a new section as we gauge how much demand there might be over the next few months. Our contact information is on page 14.

In Memoriam

Acknowledgements

Births

Engagements

Deaths

Birthdays

Marriages

and other options

Up to 75 words £20, additional up to 25 words £7, ie up to 100 words £27. Pay by Cash, Cheque or by Paypal to office@m-smc.co.uk.

Masthead Bee Winner

generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or Silloth Library, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

This month the winner is Harrison Abernethy from Silloth Primary School with a bee drawing called "Ninga Bee". Well done!

you can join the library, search the library catalogue, renew and request books online at cumbria.gov. uk/libraries Visit Silloth Library in the **Discovery** Centre

Remember

Silloth Local Link & Tourist Information **Opening Times**

Monday 9:30am-12:30pm 1pm-4:30pm Tuesday CLOSED

Wed 9:30am-12:30pm 1pm-4:30pm **Thursday CLOSED**

Friday 9:30am-12:30pm 1pm-4:30pm Saturday 10:30am-1pm **Sunday CLOSED**

Tel: **016973 31944**

Silloth Library

Opening Times

Monday 10-1pm 2-4pm

Tuesday CLOSED

Wed 10-1pm 2-4pm

Thursday CLOSED

Friday 10-1pm 2-4pm

Saturday 10-1pm

Sunday closed

Tel: 016973 31944

You don't have to be at school here to send a bee to us.

If you are here on holiday we would love to have your bee drawing. Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.

Cream Tea at St Andrews Hall



Report by: Penny Stimson

On Saturday 17th August the tables were laid at St Andrews Hall and waiting for our old fashioned cream tea. The hall quickly filled and everyone enjoyed a cream tea as one should be enjoyed. Lots of talking and spending an afternoon drinking tea with lovely cream scones.

The afternoon was enjoyed by all who came and we managed to raise over £270 towards the decorating and renovation of the Hall.

Thank you to all who supported us and we look forward to seeing you again on Friday 13th September at 7:30pm for the tribute to Elvis by Bailey and Kream.

Campaign to Save Mawbray Village Pub

A small farming community has come together to launch its campaign to save its village pub and is racing to raise funds to buy it (currently advertised for sale at £310,000). The Lowther pub (formerly The Lowther Arms) sits in the heart of Mawbray village.

The campaign launched on Bank Holiday Monday 26th August at Silloth Carnival and the community hopes to raise the money through a share issue, donations, grants, and fundraising activities in the coming weeks.

The Lowther closed in December 2018 and is another casualty in a national trend which saw 378 pubs close in the last six months of 2018 (CAMRA) and the number of small pubs almost halve since 2001 (ONS).

Due to a lack of buyers for The Lowther, the vendors sought planning permission to convert the licenced premises into a dwelling and, at this point, the community was galvanised into action. Many local residents wrote to Allerdale Borough Council to object to the planning application, and a local survey revealed that most people wanted an open pub with additional facilities, so an interest group was formed.

In May, the Parish Council

applied for 'The Lowther' to be listed as an Asset of Community Value which allows the group to bid, and six months breathing space to consider all of the options including a community buy-out. Moira Knoery, Chair of the Parish Council says, "we wanted to save this village asset for future generations and we've just heard our application was successful!" "We've lost just about everything else in the parish including the shop, post office, and most of our bus services" says Chris Atkinson, Chair of the newly formed Lowther Arms Community Project (LACP). "When we realised there was overwhelming support to buy the pub, we immediately began to organise ourselves and sought help from other organisations like The Plunkett Foundation, Pub Is The Hub, Campaign for Real Ale, and other community pubs. The LACP, Parish Council, Village Hall, and other community groups are all working together to save The Lowther.

The plan is to have more than a pub" says Sue Donachy, Project Group Treasurer and Parish Councillor. "Our local survey showed that most people want to save the heart of our village - a

traditional pub serving traditional food, but with extra facilities like a small shop, meeting place, library, café and courier collection point. Many want to return the use of the land at the



rear of the pub to camping and caravanning, to help make the venture a success," Sue added.

"The pub has so much to offer", says Vivienne Coleman, "We have a family-friendly play park outside the pub, it's cycle-friendly, dogfriendly, and the walkers' Coast-2-Coast and Hadrian's cycleway routes are nearby. For those who like outstanding natural beauty, there's also a nature reserve. stunning views, and a unspoilt beach on the doorstep. We applied to The Plunkett Foundation's 'More Than A Pub' initiative funded by Power to Change and were lucky to be accepted onto their programme which means we have access to specialist business support and some funding. We may be a small community but we're all working together to raise the funds to make this campaign a

"Many pubs are now successful community ventures and we hope to be the next", added Vivienne. "There are more than 132 community-owned pubs in the country, of which 28 are supported by The Plunkett Foundation. The first co-operatively-owned pub was The Old Crown at Hesket Newmarket and their Chair, Julian Ross, is now our Plunkett mentor."

It would be fantastic if you'd like to support our campaign, and there are lots of ways you can help! You can make a pledge to buy a share – which is a fantastic way to own part of a pub, especially if it pays dividends! You can make a donation (via PayPal LACP2019@ outlook.com), volunteer your skills, Like and Share us on Facebook @ lowtherarmscommunityproject, and support us when we're open! For more details, visit www. thelowtherarms.co.uk.

ON SALE NOW THURS 5TH - SUN 8TH SEPTEMBER 2019 ticketweb SATURDAY 7TH SEPT www.ticketweb.com THURSDAY 8TH SEPT SEE WEBSITE FOR FULL WEEKEND LINE UP

GREAT CAMPING + TICKET DEALS AVAILABLE see website for details

SILLOTHBEERFESTIVAL.CO.UK

Public Meeting to Discuss Future of Abbeytown Village Hall



Report by: Carole Satterthwaite

Notice is hereby given of a Public Meeting to be held on Monday 23rd September at 7:30pm in

Residents of Holme Abbey Parish are invited to an information and discussion meeting on proposals for the future of the village hall in Abbeytown, this will be followed by a vote on the resolution that:

"This meeting agrees that the Village Hall should cease to operate and be sold, the funds to be used for the benefit of the community."

Our committee would like to encourage you

to attend this meeting, the future of our hall is extremely important and we would welcome everyone's opinion. The hall is struggling both structurally and financially so if you want to maintain this facility within the village come along to the meeting.

AGENDA

- 1. Welcome and Apologies for Absence
- 2. Explanation of the hall's present challenges.
- 3. Financial situation.
- 4. Question and answer session
- 5. Resolution vote
- 6. The Public meeting will then close.

Copy Date



Please let us know of any changes within this section

Martial Arts

Silloth Dragons
Mixed Martial Arts Club
train in Christ Church Hall
on Thursdays
under 12's 6:45pm to 7:30pm
12's & over 7:30pm to 8:30pm
Keep Fit 8:30pm to 9pm
NEW MEMBERS WELCOME
For further details contact
Stephen on 07811 761033

Cancer Support

Open to anyone who has/is living with cancer or anyone caring for someone with cancer. Feel free to drop in for a chat and refreshments any time between 2pm and 5pm on the second Wednesday of each month, at Wigton Bowling Club. For information contact: Gill Edmondson: 016973 71696

Abbey Monthly Munch

Holme Cultram Abbey Monthly Munch on first Thursday each month at 12 noon, only £4

First Responders

WE train on the first and third Tuesday of every month in Silloth Community Centre @ 7pm

Breast-feeding Group

Mondays 10am to 11:30am
Wigton Bowling Club, West
Road, Wigton
Have a cup of tea and meet
other breast-feeding mums.
Support and advice is available
from trained Breast-feeding
Peer Supporters and from
Health Visitors or Midwives.
Information call Wigton Health
Visitors: 016973 66608

Are these entries all up to date? If not please let us know

Production Team

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Editorial Content
This is down to you, we can
only publish items if you send
them to us.
When sending articles in,
please supply a contact name
and number in case something
requires clarification.
Published by: Peter McRobert
with the support of the whole

community and an army of

volunteers.

Copy date for the October issue is:

1st week Sept 2019
If your organisation has
an event to promote or
you have something to
say, please note the
next copy date.

Football Training

Silloth Football Club

At Recreation Ground, Eden Street Playing Fields Silloth, CA7 4AX

Over 35'S Mens

April to end of August matches on Monday evenings - Contact Phillip Scott 07712 549070

Open age Men's 16+ Contacts: Liam Wilson 07394 561704 & Brian Hayhurst 07717 532828

Under 6's - Ages 4 & 5 year olds - Sunday's 10am to 11am Contact:

Geoff Grainger 07732 695875

Under 7's Sunday 10am to 11am & Wednesday's 6pm to 7pm. Entering the West Cumbria Youth League in September 2019. Age's 6 years old & those becoming 6 years old after 01/09/19.

Contacts: Jamie Hearton 07340 572475 And Jamie Harrison 07518 600220.

Under 9's Ages 7 & 8 years old before 01/09/19 playing in the West Cumbria Youth League. Training Sunday 10am to 11am & Wednesday 6pm to 7pm

Contacts: Peter Wise 07732 690696 & Stuart Flynn 07931 884066.

Under 11's Ages 9 & 10 years old before 01/09/19 entering the West Cumbria Youth League in September 2019. Training Wednesday's 6:30pm to 7:30pm.

Contacts:
Dan Jeffrey 07836 778504 &

Anotoliy Petrov 07584 428383.

Under 13's Ages 11 & 12 years old before 01/09/19 playing in the West Youth League. Training Wednesday's 5:30pm to 6:30pm.

Contacts: Martin Slack 07584 563683 & Paul Mulgrew 07526 665759.

All other enquiries to Secretary: Colin Baty 07754 890297

Abbeytown Girls

Abbeytown Sports Field Wednesdays 4-5pm

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Sewing Circle

Have you clothes you don't wear - don't like or don't fit properly? Come along to Silloth Sewing Circle on a Thursday afternoon from 12pm to 4pm at St Andrews Church Hall opposite the Co-op. We will teach you to alter and make cloths and furnishings for the family. Just £2 and you get tea/coffee and biscuits. Contact Penny on 016973 32255.

Dates for the Diary

September

1st Silloth Community Craft Show, Caldew Hall 12pm

2nd Silloth Town Council meeting in Silloth Community Hall at 7pm

4th The Solway Plains Artists Meeting Golf Hotel 10am to 1pm

5th Silloth Music & Beer Festival on Silloth Green

6th Silloth Music & Beer Festival on Silloth Green

7th Coffee Morning at Silloth & District Pensioners in the St Andrew's Church Hall

7th Blencogo & District Village Hall Produce Show viewing 2pm, presentations 3:30pm, refreshments, auction

7th Westnewton Craft & Produce Show at 2pm in village hall, auction of exhibits, schedules: 016973 21073

7th Silloth Music & Beer Festival on Silloth Green

8th Silloth Music & Beer Festival on Silloth Green

11th Causewayhead WI meeting at 2pm in Silloth Community Hall, talk on Wall Hangings

13th Westnewton Village Hall Tea Dance at 1:45pm all welcome

Badminton

Every Thursday 7:30pm -9:30pm at Silloth Sports Hall. Tel: Lorraine 07805 136279

Crafting Groups

Come along on Mondays at 10am in Silloth Community Hall and another on Wednesdays from 1:30 to 3pm at St Andrews Church Hall. These are friendly people with a variety of crafting talents-willing to share their knowledge.

Friendship Hour

Silloth Evangelical Free Church, Eden Street Friendship Hour is on alternate Thursdays at 1:45pm. All welcome

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Fair View Court, Wigton @ 1:30pm

Children's Centre

Open 9am to 3pm on a Tuesday and Thursday, when a member of staff would hope to be present. Room usage is subject to fulfilling certain criteria and must be arranged and pre booked. Contact numbers: Silloth 016973 31509 Wigton 016973 43870 Aspatria 016973 23401

September cont'd

13th Elvis Tribute Night by Bailey & Kream 7:30-9:30 entry £4 pay on door

14th Marilyn Amyes Memorial Walk from Silloth to Maryport, meet at the Albion

14th Crunch collection at Skinburness Road car park 8am to 9:45am

23rd Abbeytown Village Hall Public Meeting at 7:30pm

October

2nd The Solway Plains Artists Meeting Golf Hotel 10am to 1pm

5th Crunch collection at Skinburness Road car park 8am to 9:45am

5th Mawbray Applefest in Culterham Hall 2pm-5pm, entry £5, children free

5th Coffee Morning at Silloth & District Pensioners in St Andrew's Church Hall

7th Silloth Town Council meeting in Silloth Community Hall at 7pm

8th Holme Low Parish Council meeting in Silloth Community Hall @ 7:30pm

9th Causewayhead WI meeting at 2pm in Silloth Community Hall, talk on a Farriers Work

11th RNLI Fish & Chip Supper in the Silloth Cafe at 7pm, book early in cafe.

12th Cumbrian Dialect Competition in Christ Church at 2pm, entry FREE 016973 31246

19th Bonfire & Fireworks

Errors do occur in Dates for the Diary Please check before attending an event

Silloth Tots/Toddlers

We meet in the Children's Centre, Silloth, open to all children aged up to to 4 accompanied by a parent/carer. Sessions are on Wednesdays: 10pm to 11:30am term time only. Entry is £1 per family and this includes refreshments. All Welcome

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches. co.uk/service-60e.html

Walking Football

Every Monday 1pm - 2pm at Silloth football pitch by the tennis courts. Followed by tea/ coffee at Methodist church hall.

November

2nd Coffee Morning at Silloth & District Pensioners in St Andrew's Church Hall

4th Silloth Town Council meeting in Silloth Community Hall at 7pm

6th The Solway Plains Artists Meeting Golf Hotel 10am to 1pm

9th Crunch collection at Skinburness Road car park 8am to 9:45am

13th Causewayhead WI meeting at 2pm in Silloth Community Hall, talk on Curthwaite to Beijing on a Motorbike

16th Christmas Bazaar & Yummy Tea in St Andrews Hall

29th Allerdale Fidlers Concert in St Andrews Hall 7pm to 9:30pm tickets £6 inc Pie & Peas supper

30th Silloth & District Pensioners Christmas Party in Stanwix Holiday Park

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Silloth RNLI Shop

SHOP OPENING HOURS

Saturday 11am-4pm Sunday 10am-4pm Monday 1pm-4pm Tuesday 11am-4pm Wed Thurs & Fri 1pm-4pm

Our Shop is staffed by Volunteers and may not be open. We apologise for any inconvenience caused.

Silloth Art Group

Meet on first Wednesday each month from 10am to 1pm, at the Golf Hotel. Call in for a chat & coffee, maybe give it a try.

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall. Refreshments provided, regular outings, tel 016973 61158 or 61327

NatWest Mobile

The van will be outside Silloth Community Centre on Fridays only from 9:50am to 11am

December

2nd Silloth Town Council meeting in Silloth Community

2nd Scrooge, the Panto at Wigton Theatre Club

3rd Scrooge, the Panto at Wigton Theatre Club

4th The Solway Plains Artists Meeting Golf Hotel 10am to 1pm

4th Scrooge, the Panto at Wigton Theatre Club

5th Scrooge, the Panto at Wigton Theatre Club

6th Scrooge, the Panto at Wigton Theatre Club

7th Crunch collection at Skinburness Road car park 8am to 9:45am

7th Scrooge, the Panto at Wigton Theatre Club

8th Scrooge, the Panto at Wigton Theatre Club

11th Causewayhead WI meeting at 2pm in Silloth Community Hall, AGM

Send Your Bees to the Solway Buzz

There is a bee shortage and we need yours!

Hand them in at Silloth Library

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Doors Open Lunch

Meets in St Andrews Church every Tuesday from noon to 1pm, a light lunch with good fellowship for a donation only.

Dementia Cafe

Held in Wigton Methodist Church, 1st Monday in month 10am - 12 noon. For people with dementia and their carers Coffee, cake, chat....and more

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

New Bus for Air Cadets 2199 (Warkington) Squade 2199 (Warkington) Squade

Reays Coaches gifted the minibus to the local Squadron 2199 Workington RAF Air Cadets after their old mini bus was deemed beyond repair.

Workington Air Cadets can once again be transported on activities, thanks to Reays generously donating a minibus. Other local Squadron groups will also benefit as they often buddy up with Workington on activities such as flying and sports to utilise transport, as wider funding is not always available to support these. The minibus will also be used further afield to help support North Region Music Camps which bring cadets together from the

Scotland and Northern Ireland.

The North Region Air Cadet Music Services seeks to nurture and develop the musical training of cadets and staff in the RAF Air Cadets and Combined Cadet Force (Royal Air Force) performing marching displays and concerts.

Regional Music Officer
(North) John D Thomas who
is a Supernumerary Officer
with Workington Squadron
commented: "It's such an
incredible gesture from Chris
and the rest of the team at Reays
which will be a huge benefit for
us. Whenever we want to go
anywhere, we must hire a vehicle
which costs a lot of money. We
are incredibly grateful for the

generosity."

"Chris has supported our old vehicle for the past five years, ensuring it was available for us to use, so when it became no longer financially viable to maintain, he quickly came forward and said that he would supply us a new vehicle."

Managing Director, Chris Reay handed over the keys to the minibus to Regional Music Officer (North) John D Thomas and other local Cadet members from 2199 Squadron earlier this week and already the Squadron have lots of plans for its use.

For more information about Reays and the services they offer visit www.reays.co.uk or call 016973 49999

Cumbria County Council wants more Investment in Public Health

County Council

Cumbria County Council has joined dozens of other councils seeking a more sustainable future for the funding of public health in the UK.

A letter outlining the case has been signed by a range of council leaders from right across the UK from as far as the Isles of Scilly to the far north of Cumbria.

Collectively these Leaders are calling on the government to work together with councils to prevent ill health, reduce health inequalities and support a sustainable health and social care system.

Cllr Deborah Earl, Cabinet member for Public Health and Communities, said: "In 2019/20 every local authority will have less to spend on public health than the year before. Councils are now responsible for delivering most public health services, but our ability to do so is increasingly compromised by ongoing public health grant reductions and the broader funding climate for local

government. Reducing investment in public health is short sighted as it puts undue demand on local health services and our economy suffers too. That is why

we are asking government to work with us to secure better and fairer funding arrangements for us all."

Public Health Facts:

Around four in ten cancers are preventable - largely through reducing avoidable risk factors, such as stopping smoking, keeping a healthy weight and cutting back on alcohol - reducing public health funding is a false economy.

Smoking, obesity and alcohol account for 80,000, 30,000 and 7,000 early deaths each year respectively.

Smoking remains the single biggest cause of preventable cancer in the world. Furthermore, smoking-related ill health costs our local authorities £760 million every year in social care costs. On average, for every £1 spent on smoking cessation, £10 is saved in future health costs.



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included, also any changes to numbers.

Clearing the Way for Silloth Shipping

The sight of the dredger ADMIRAL DAY has been a regular feature at Silloth recently. The red hulled boat with its onboard grab crane has been working in the dock and passing back and forth into the Solway on a daily basis. Dredging occurs regularly at the port but this was the first visit of the ADMIRAL DAY. The dredger arrived mid-June and has been busy in the dock for several weeks. This essential work coincided with a quieter period for shipping allowing the dredger access to all berths. The photo of her at work is courtesy of solwayshipping.com.

Described as a 'grab hopper dredger, the hopper is a hold which allows dredged material to be stored on board. Once full, the hopper can be emptied out at sea via doors in the hold bottom. The design of the ADMIRAL DAY makes her ideal for clearing accumulated mud in Silloth dock. The dredger was

built in 1971 and thought to be named after Sir Archibald Day who was a prominent figure at Dover Harbour Board. She is still registered in Dover where she spent the first 24 years of her working life. Now owned by Wyre Marine of Fleetwood, the company's small vessels specialise in working at locations with restricted access.

Meanwhile, day-to-day business of the dock continued with a visit from the general cargo vessel RMS WEDAU. It was a bright summer morning for the arrival, much like the day of her last visit almost exactly four years ago when she was photographed. Her planned route from Rotterdam took her along the English Channel at a leisurely pace of 7 knots aiming to get her to Silloth four days later. It wasn't until off Anglesey she needed to up her speed to 11 knots to meet the deadline. The ship is owned by Rhenus Maritime Services



who operate a fleet of ten ships on European coastal and river routes. The company motto of 'Together With Passion' is proudly displayed on their ships which appears appropriate judging by the well maintained appearance of RMS WEDAU.



July Shipping at the Port of Silloth

Report by: Capt Tim Riley, Harbour Master, Short Sea Pilot

Fri Tide with a cargo of Wheat from Les Sables then to sea for orders.

July

9th Philomena in for repairs from fishing duties. 14th RMS Wedau from Rotterdam with a cargo of Salt then on to Belfast. 14th Olivia Jean in from fishing grounds.

Not a bad month in July, we had the Admiral Day, dredger, in for a while from 20th June through until 30th July with a couple of weekends off in the middle!

She has taken the mud down around berths 2, 3, 4, 5 and some off berth 6 and a chunk out from the entrance through the middle 20m wide and around 45m into the dock.

A second vessel is due to arrive in the next week or so to continue by flattening all the remaining lumps down and we hope to end up with most of the mud, only just above the cill, so we will be able to get deeper draft vessels into the dock and also when they are alongside, we will not have them sitting on the bottom!

The weather has been quite kind for shipping, no major winds whilst we were bringing these ones in. This week we have seen further logs arrive and over the weekend, we have grain, with Molasses arriving Monday. There are a number of other vessels starting to show their cards and maybe this will be our busiest month yet!

The Philomena arrived with a damaged bow after a confrontation with another vessel, she has been carrying out repairs whilst alongside and we hope she will pass all her inspections and be ready for sea again soon.

Charging Laptop Causes Fire

Cumbria Fire and Rescue Service has issued a fire safety warning urging people not to leave electrical devices on soft furnishings like beds or sofas.

The warning comes after an incident involving a fire in a home that was caused by an overheating tablet that had been left on a bed.

On Saturday 27 July, two fire engines from Egremont and Seascale attended a commercial building fire on Wasdale Road in Gosforth, near Seascale, The fire involved a bed and a mattress which caught light due to a tablet that had been left on charge under the mattress

Edward Burrows, Community Safety Manager for Cumbria Fire & Rescue Service, said: "This fire was caused by an overheating laptop that was left on a bed. Fortunately no one was injured in this incident but the fire caused significant damage to the property. We would take this opportunity to warn the public and residents of Cumbria that they should not leave electrical devices on soft furnishings like beds or sofas. Laptops, phones and tablets contain Lithium batteries that get very hot and can build up

heat - potentially causing a fire. Laptops specifically have air vents underneath the computer that are designed to allow the device to cool - if you have ever used a laptop on your lap you may have felt the build-up of heat as clothing stops this ventilation."

Cumbria Fire and Rescue Service recommends that users of laptops and tablets and phones should:

Always use your laptop on a hard, flat surface like a table. NEVER on a bed, carpets or cushion.

Never leave items charging on soft materials

Never block the air vents on the back or sides of a portable computer.

Occasionally inspect the laptop's air vents to remove dust or debris blocking the ventilation.

Never use a laptop power cord, phone charger or extension cord that is damaged as it can start a

Turn off devices when not in use and avoid leaving them unattended when switched on.

Make sure you have working smoke detectors on each level of your property.

Silloths own local brewery, Derwent Brewery, are proud to sponsor the Saturday afternoon session at the Silloth Music & Beer Festival.

They will also have their popup bar at the Silloth Food & Craft Festival on Sunday 1st September.

The bar at the Beer Festival will feature seven of their acclaimed local brews:

Derwent Blonde ABV 4.2% ABV 3.6% Cote Light Hudson Bay ABV 4.3% Grune Point ABV 4.6% ABV 4.5% Silloth Porter Marshall Port Stout ABV 5.0% ABV 4.0% Parsons Pledge

Derwent are also delighted to have been able to support all the events on Silloth Green over the summer with their popular pop-up

They look forward to seeing you at the Silloth Music & Beer Festival.



Tim is Illustrating Bobby Ball's Books



Tim Stead of Silloth had the very fortunate opportunity to meet up with one of TVs biggest and well known British comedy duo legends 'Bobby Ball' from Cannon & Ball, recently to discuss illustrating a number of small children's stories that Bobby has wrote himself.

Tim says - He approached me after he had seen the recent publication of The Snots book with which I collaborated on, with stand up comic Phil Walker son of Roy Walker, and asked if I'd be interested in visualising and

creating characters for these short stories that he had written. I've been a life long fan of Cannon & Ball and watched them as a child on Tv and they always made me laugh very much says Tim. So to be given the opportunity to work with him I definitely wasn't going to say no! Bobby has all the books Tim has created and wrote and has been a supporter of his work for a while now.

Once I've created all the characters for the stories then we will be looking at publishing the books.

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	Time	m Time	m	Time	m	Time	m	
1 SU 2 M 3 TU 4 W 5 TH	01 14 02 00 02 45	8.2 12.57 8.2 13.42 8.0 14.26 7.5 15.11 7.0 16.00	8.0 7.8 7.4 7.0 6.4	07 50 08 35 09 16 09 55 10 37	- 1.6 - 1.6 - 1.4 - 1.0 - 0.5	20 02 20 45 21 25 22 06 22 51	-1.4 -1.3 -1.0 -0.6 -0.2	
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Holme St Cuthbert Hosts Small Schools Tournament



Report by: Peter Wise

On Monday 24th June Holme St Cuthberts school, Mawbray hosted its first ever Small Schools Tournament at Silloth, inviting schools from throughout the area to take part. In attendance were, Allonby, West Newton, Broughton Moor, Ireby and Holme St Cuthberts, Mawbray. The teams were

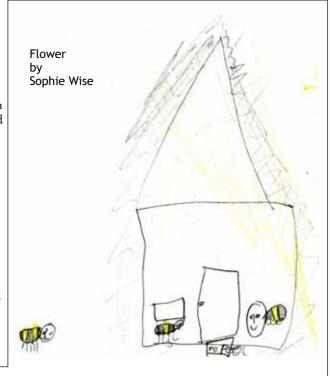
made up of a mix of years 3, 4, 5 and 6 pupils.

The weather leading up to the tournament was a total wash out, however fortunately it held out for the teams and spectators on the day as they played their pool matches. Each team working well together and showing great team spirit and skills.

After a break for lunch it was down to the final which was played at a tremendous pace, a real end to end game. Both teams displaying the talent which they held in each side and their commitment to win. After a nail biting twenty minutes it was Holme St Cuthberts, Mawbray that lifted the trophy.

The full tournament was played in a fantastic spirit and was a complete success, so

much so that we have had interest from even more schools wishing to take part next year. We would like to thank all the teams who took part, Silloth Rugby Club for the use of their Club House and facilities, Donald Pape for marking out the pitches, Silloth AFC, and finally Cally Martin and Colin Baty for refereeing.



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Silloth U9's Moor Row Tournament



Report by: Peter Wise

On the 29th June Silloth juniors Under 9's football team was invited to attend the Moor Row FC Tournament, hosted by Bigrigg Bulls. This would be the last fixture of the current seasons Under 9's team, due to the success of the youth football, and high intake of new players which has lead to the creation of several new teams meaning this would be the last games for these boys and girls playing together as a group.

The tournament was run well with football being played at a high level. After doing well in the group stages Silloth found

themselves in the semi finals against the hosts. After going ahead early on in the game, and with some more than questionable extra time, the hosts equalised in the last second to take it to a penalty shoot out.

The penalty shoot out began as a best out of three, with both teams scoring all three, before progressing on to sudden death...! Unbelievably the teams were matched goal for goal, with the quality of penalties being outstanding, and on our 8th attempt Bigrigg's goal keeper managed an amazing finger

tip save to help his team through to the final.

Although we didn't make it to the final our team showed true character and nerves of steel proving why they have done so well this season. I would like to thank all the players and parents for their commitment and support throughout the past year.

As Silloth's youth football grows from strength to strength we have teams to suit all ages; mini football for children aged 4/6 yrs and teams from under 7's through to under 13's. If you have a child interested in playing please contact Silloth AFC on 0773 269 0696.

