



# Solway Buzz

Happy Birthday Bee  
by Isabella Hayes from Holme St Cuthbert School

[www.solwaybuzz.co.uk](http://www.solwaybuzz.co.uk)

September 2020 local news - for you - by you - about you - free to you

**FREE PAPER**

Issue 185

## Your Chance to Buy a Share in The Lowther Arms

For full story see page 10

Page 3  
Peter supports victims



Page 9  
VJ Day Remembered at Christ Church, Silloth



Pages 7  
RNLI Updates



Page 20  
Great School Results at Solway Community School



## David Allen

Carlisle | Dalston | Dumfries | Penrith | Workington

- Accountancy
- IT Solutions

- Tax Consultancy
- Debt Recovery

- Financial Services
- Employer Services

- Agricultural Services

01228 711888 • [www.david-allen.co.uk](http://www.david-allen.co.uk)

The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray



# Silloth Group Medical Practice

## 2020 FLU CAMPAIGN

This year due to COVID-19 our flu clinics have been arranged slightly differently to ensure that social distancing measures are in place at all times.

We will have a one-way flow system in place through the building to minimise the risk to all concerned. Please be sure to wear a face covering before entering the building and use the hand sanitiser provided. There will be markings for up to 10 people at a time outside. It might be worth considering waiting in your car if there is a queue.

As we can only allow up to 5 patients into the building at one time we would ask that you form a queue outside the front door keeping to the marked areas for social distancing.

We have a video monitoring system in place so will know you are there.

If you need a carer/helper to be with you they will count as one person as long as they are in your "bubble".

To help the nurses and reduce waiting time could we please ask that you wear clothes that will make the vaccination site easily accessible such as short sleeves.

If you are eligible you may also be offered a pneumococcal or shingles vaccination at the same time.

You will then leave via the rear of the building.

Silloth Group Medical Practice would like to assure you that we are putting your safety first at all times and would like to thank you for your understanding.

*If you are over 65 years of age or suffer from one of the following:*

Chronic respiratory disease, including asthma (requiring continuous or repeated use of inhaled or systemic steroids) ie prescription of certain steroids within 6 months

Asthma with previous exacerbations requiring hospital admissions in the last 12 months,

Chronic heart disease

Chronic kidney disease

BMI over 40

Learning Disabilities

Chronic liver disease

Diabetes,

Pregnant

Have had a stroke or a TIA

Suffer from MS or other diseases of the central nervous system.

A carer for the elderly or disabled, or a patient in a long stay residential home.

Immunosuppression

Eligible children aged 2,3 and 4 year olds will be contacted separately.

**You are invited to attend the surgery on one of the following days:**

**Silloth Surgery —Saturday 19th September 9am to 12pm**

**Silloth Surgery—Friday 25th September 1pm to 4pm**

**Silloth Surgery –Saturday 26th September 9am to 12pm**

**Silloth Surgery—Friday 9th October 1pm to 4pm**

**NO APPOINTMENTS REQUIRED BUT PLEASE BE PREPARED TO QUEUE IT IS IMPORTANT THAT YOU DO NOT ATTEND IF YOU ARE FEELING UNWELL**

The **flu** vaccination WINTER 2020/21



### MMR VACCINE

We are currently running a catch up vaccination programme for MMR's (measles, mumps and rubella) for all patients up to the age of 45.

If you think you have either not had an MMR vaccination or a booster could you please contact the surgery who will check this information for you and if necessary arrange an appointment.



### COVID-19

#### AND OUR NEW WAY OF WORKING

Since the Coronavirus pandemic began we have had to adapt very quickly to a new way of working in order to fully protect our patients and staff. Please be assured that we are still open for business as usual - just in a different way.

#### TELEPHONE CONSULTATIONS

Initial contact will be via telephone on 016973 31309.

If you wish to book a telephone consultation please ring before 11:00am. Anyone ringing after 11:00am will be booked in for the next day.

Reception are currently dealing with a very high volume of telephone calls especially on a Monday morning and we would appreciate it if you could consider this when contacting us. Some telephone appointments have been made available to book via the Patient Access / MyGp App.

Should you be asked to attend the surgery you will need to ring the doorbell and the door will be opened for you. Please make sure that you are wearing a face covering/mask before entering the building and use the hand sanitiser provided.

You can also use OnLine Consult which is available on our website to contact a doctor but please note that this is for non-urgent cases only as it may take up to two days for the doctor to see it.

We would like to take this opportunity to thank all of our patients for their patience and understanding during these difficult times. It is very much appreciated.

## Get your free flu jab



Some people with a learning disability can get very ill if they get flu.



The best way to avoid flu is to get a free flu jab.



You can have the flu jab at your GP surgery.



The vaccine will help protect your child



If you are scared of needles, tell the nurse. You may be able to have the vaccine as a nose spray instead.

HELP US  
HELP YOU  
PROTECT AGAINST FLU

Flu Immunisation  
Helping to protect everyone,  
at every age

Public Health  
England

NHS

## flu: 5 reasons to vaccinate your child



1. **Protect your child.** The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. **Protect you, your family and friends.** Vaccinating your child will help protect more vulnerable family and friends

3. **No injection needed.** The nasal spray is painless and easy to have

4. **It's better than having flu.** The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. **Avoid costs.** If your child gets flu, you may have to take time off work or arrange alternative childcare

#### What should I do?

Contact your child's GP if your child was aged two or three years old (on the 31 August of the current flu season) and you haven't heard from them by early November.

If your child is at primary school or in year 7 of secondary school, the school will send you a leaflet and consent form. Please sign the form and return it.

If your child has a health condition that puts them at greater risk from flu, or lives with someone on the NHS Shielded Patient List, they can get the flu vaccine from their GP.

For more information visit [www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

HELP US  
HELP YOU  
PROTECT AGAINST FLU

Flu Immunisation  
Helping to protect children,  
every winter



# Book Borrowing is Back as Cumbria County Councils Six Main Library Buildings Reopen

Cumbria County Council's 6 main library buildings in Carlisle, Penrith, Whitehaven, Workington, Kendal and Barrow have reopened today with new safety measures in place.

To protect the health and safety of library staff and customers, new Covid-secure measures are in place and the library opening times and offer is slightly different.

Key changes include:

Hand sanitiser stations are located at entrances and exits and customers are advised to use them.

Signage and floor markings are in place to promote 2 metres social distancing and to help people find their way around safely.

Customers are required to wear face coverings and library staff will be wearing Personal Protective Equipment.

Access to each library and its computers will be limited at first to allow library staff to safely manage the number of visitors.

Toilets and baby-changing facilities are temporarily closed to the public.

Fines incurred during our



temporary closure will be waived until 31st December, so customers don't have to worry about returning overdue items immediately.

Any returned books, including those borrowed before lockdown, will be quarantined for 72 hours before going back into circulation.

To welcome customers back to much-loved library buildings, Library Hosts will be on hand to greet people on arrival and explain the new arrangements.

Councillor Deborah Earl, Cabinet Member for Public Health and Communities, said:

"Our teams have worked their socks off to reopen our six main libraries and I know just how much everyone has missed their local library.

The safety of customers and staff remains a priority, that's why we are starting with the reopening

of the county's main libraries initially and introducing a number of added safety measures to protect all those who use them.

I am incredibly grateful for our team's efforts and I'd like to thank everyone for their patience and understanding during these challenging times.

Not all of the usual activities will be available, but there will still be plenty of resources available for customers and book lovers to enjoy."

For people who still aren't ready to leave home, the county council's library service offers fantastic online services which continue to attract more and more people. All library members can get free access to a whole host of online benefits, including access to eBooks, audio books, magazines, newspapers and comics.

Services like Select & Collect and Home Delivery are also up and running.

Find out more and join the library service at [cumbria.gov.uk/libraries](http://cumbria.gov.uk/libraries). Find libraries on Facebook to stay up to date with their latest news and what's on.

# PCC Supports Victims of Dangerous Driving



Cumbria's Police and Crime Commissioner, Peter McCall, has commissioned the bereavement and support service 'Brake' in Cumbria for three years for victims and families of road accidents. The PCC's commissioning of the service falls in National Road Victims Month that aims to remember those who lost their lives or have been injured in a roads accident and raise awareness on road safety across the UK.

In the past 12 months, 26 people have been killed and a further 1077 were injured on Cumbrian roads due to dangerous driving. With dangerous driving being one of the biggest concerns for residents in Cumbria, PCC Peter McCall aimed to provide support to victims and family members of those killed in driving accidents across the county.

Brake provides specialist support to those affected by road accidents in partnership with the police. Families and individuals affected by an accident will be visited by the Police and provided with a guidance pack with information on Brake and their contact details. The affected can then contact Brake and will be given tailored support by their helpline officer based on the needs of the caller. Support can range from linking in with local health

and social care services, local charities, explaining legal practices for court visits, if applicable, and help with understanding of legal documents regarding wills and finances. Brake provides support for as long as it is needed by caller.

Police and Crime Commissioner, Peter McCall, said: "Anti-social driving is one of the biggest issues residents of Cumbria raise with me. In my role as PCC, it is my job to take these concerns to the Chief Constable and help tackle road crime numbers and support victims of all crimes. National Road Victims Month is a time to remember those who have been injured or lost their lives on the road. These deaths are tragic and these accidents are completely avoidable by driving to conditions and following the laws that are in place to protect us all. But we know that road accidents do happen and although the police are constantly trying to reduce these numbers, there has to be a service available to support those who have been affected by dangerous driving which is why I commissioned Brake for Cumbria. Brake is a fantastic service that I know will support anyone affected by a road accident. Anyone who feels that they could benefit from Brake, please call their helpline on 0808 8000 401."

## Something for everyone



### Visit our Libraries

Barrow  
Carlisle  
Kendal  
Penrith  
Whitehaven  
Workington



### Select & Collect

Simply order by phone or email and collect your items in just 7 days



### Online Services

Our members get free 24/7 access to eBooks, audio books, magazines and comics



### Home Delivery

Our friendly home delivery service is available to our housebound members

[cumbria.gov.uk/libraries](http://cumbria.gov.uk/libraries)



## Cushions & Covers

Upholstery, Blinds, Curtains, etc.

Whatever your furnishing needs, ring Irene on 016973 31836 or 07902 805196, Email: [armstrongi@btinternet.com](mailto:armstrongi@btinternet.com)



**Devonshire House**  
Denture Solutions Ltd



New Dentures Direct | FREE Consultations  
Economical to Premium Range Dentures  
All work carried out by the Clinical Dental Technician in the Denture Clinic

**Tel 01228 529128**

Devonshire House Denture Solutions, 51 Spencer Street, Carlisle, CA1 1BB  
[www.devonshirehouselab.co.uk](http://www.devonshirehouselab.co.uk)



**FREE & FAST COLLECTION**

of your unwanted furniture and electricals

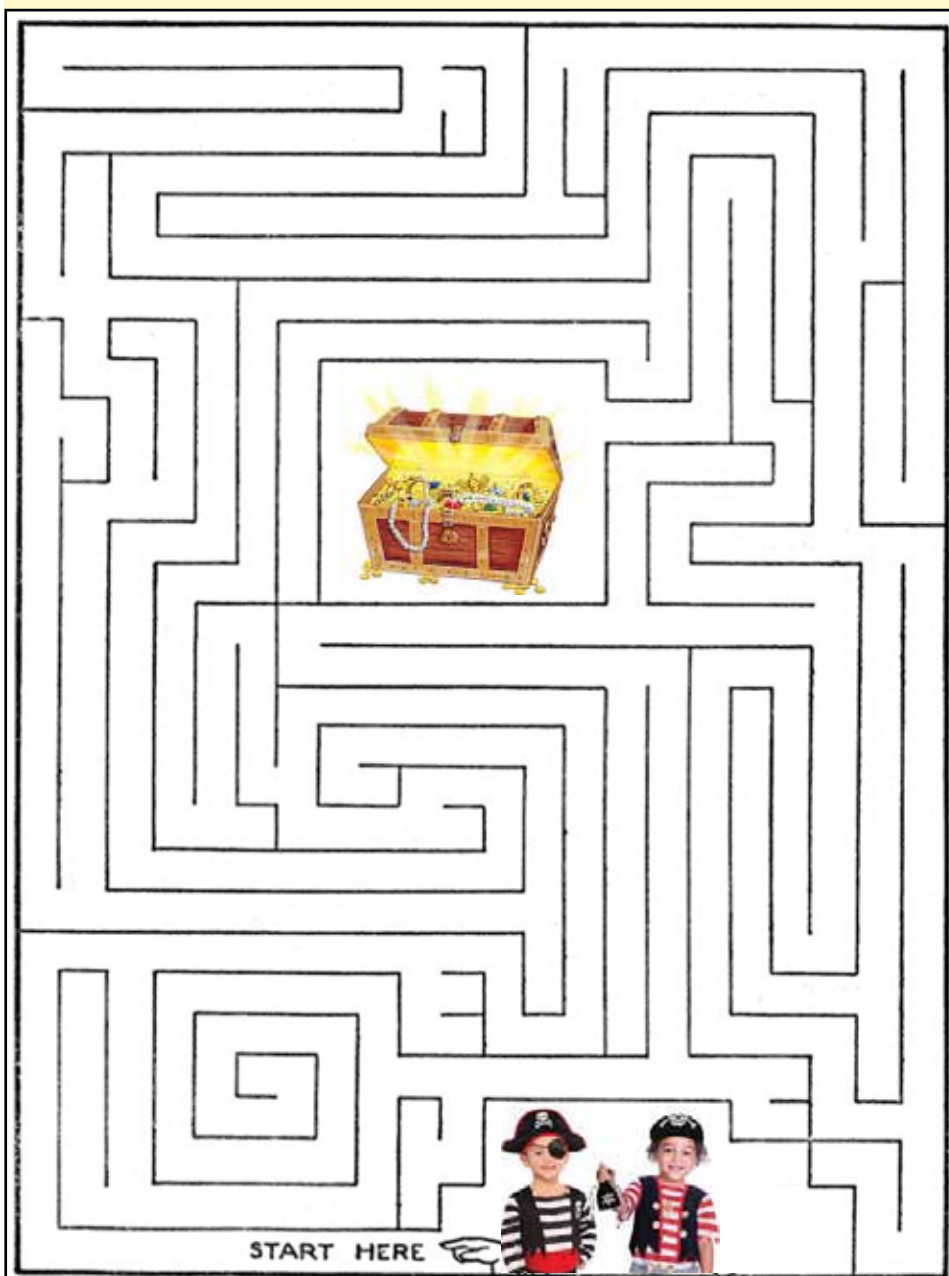
Call BHF Workington 01900 358 783

Book online: [bhf.org.uk/collection](http://bhf.org.uk/collection)

© British Heart Foundation, registered charity in England and Wales (225671) and in Scotland (SC039426)

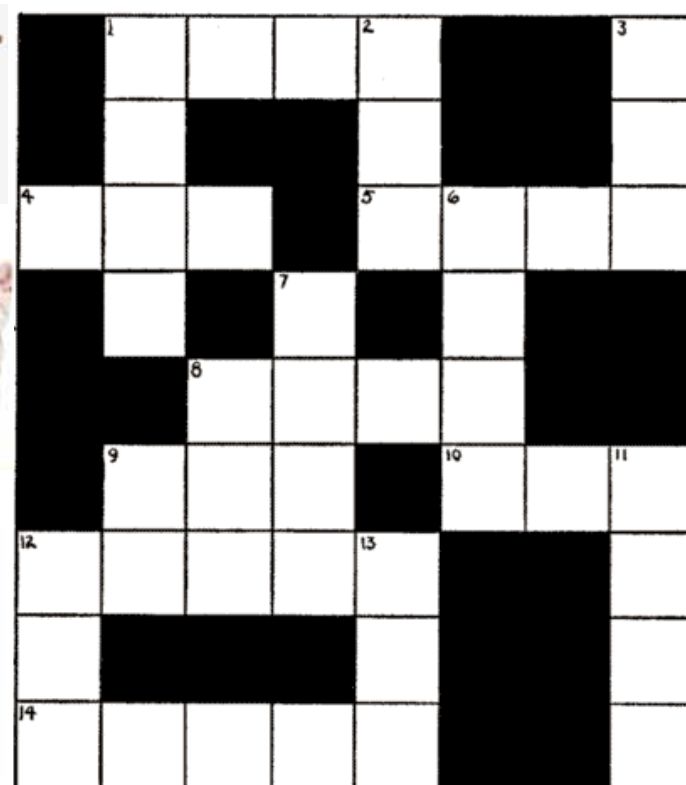


# A Maze, A Crossword & Three Picture Puzzles



Join the pirate crew and hunt for buried treasure.

## A Farm Crossword Puzzle



### Across:

- 1 Yield of a planted field
- 4 A kind of tree, like oak
- 5 A type of worm
- 8 A place where animals & crops are raised
- 9 Opposite of stand
- 10 Sack to carry feed in
- 12 An animal to ride on
- 14 A long necked bird which honks

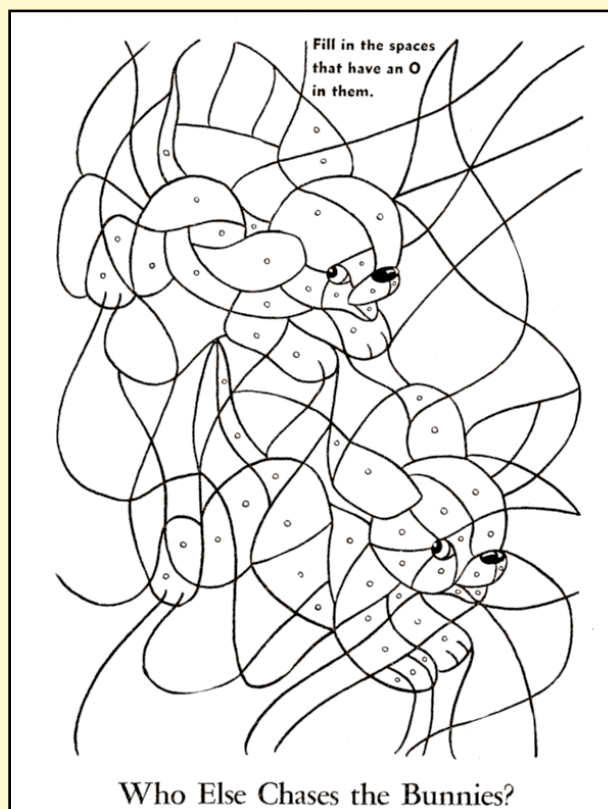
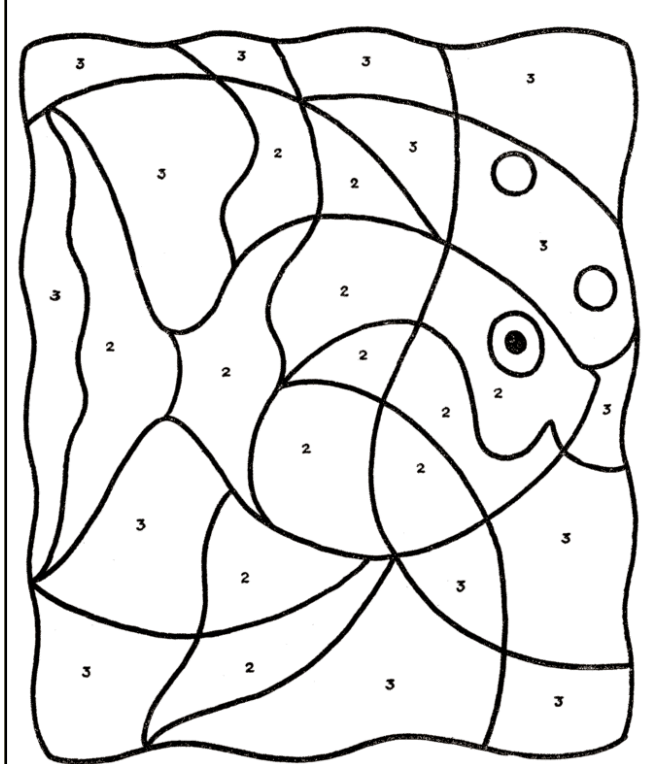
### Down:

- 1 A baby horse
- 2 It lives in a sty
- 3 An animal that gives milk
- 6 A baby sheep
- 7 Animals that chase mice
- 9 Word that rhymes with go
- 11 Animal with horns
- 12 Another word for pig
- 13 What we see with

Across: 1 crop, 4 elm, 5 glow, 8 farm, 9 sit, 10 bag, 12 horse, 14 goose  
Down: 1 colt, 2 pig, 3 cow, 6 lamb, 7 cats, 8 fir, 9 so, 11 goat, 12 hog, 13 eye

## Solve the Picture Puzzles – Colour in Each Picture as Instructed

COLOR THE 2'S RED — COLOR THE 3'S BLUE



Who Else Chases the Bunnies?

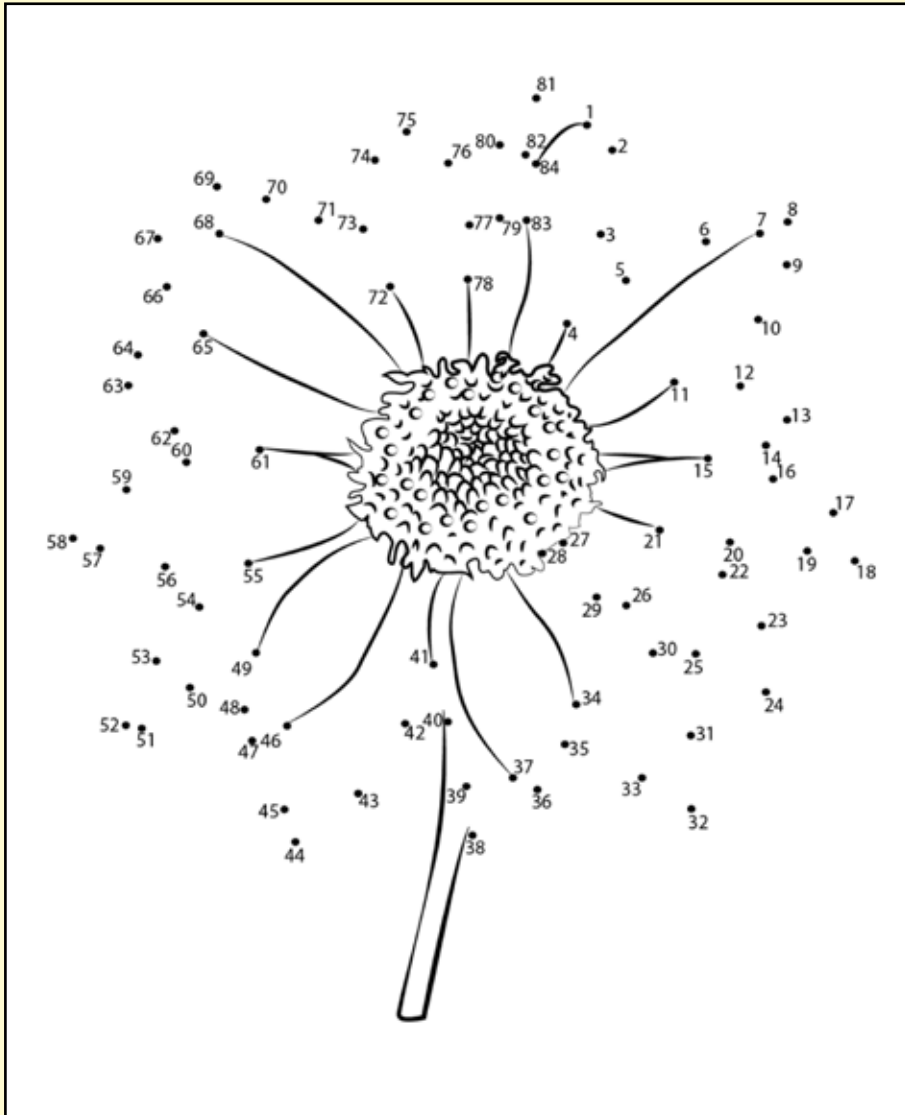
A PICTURE PUZZLE TO COLOR



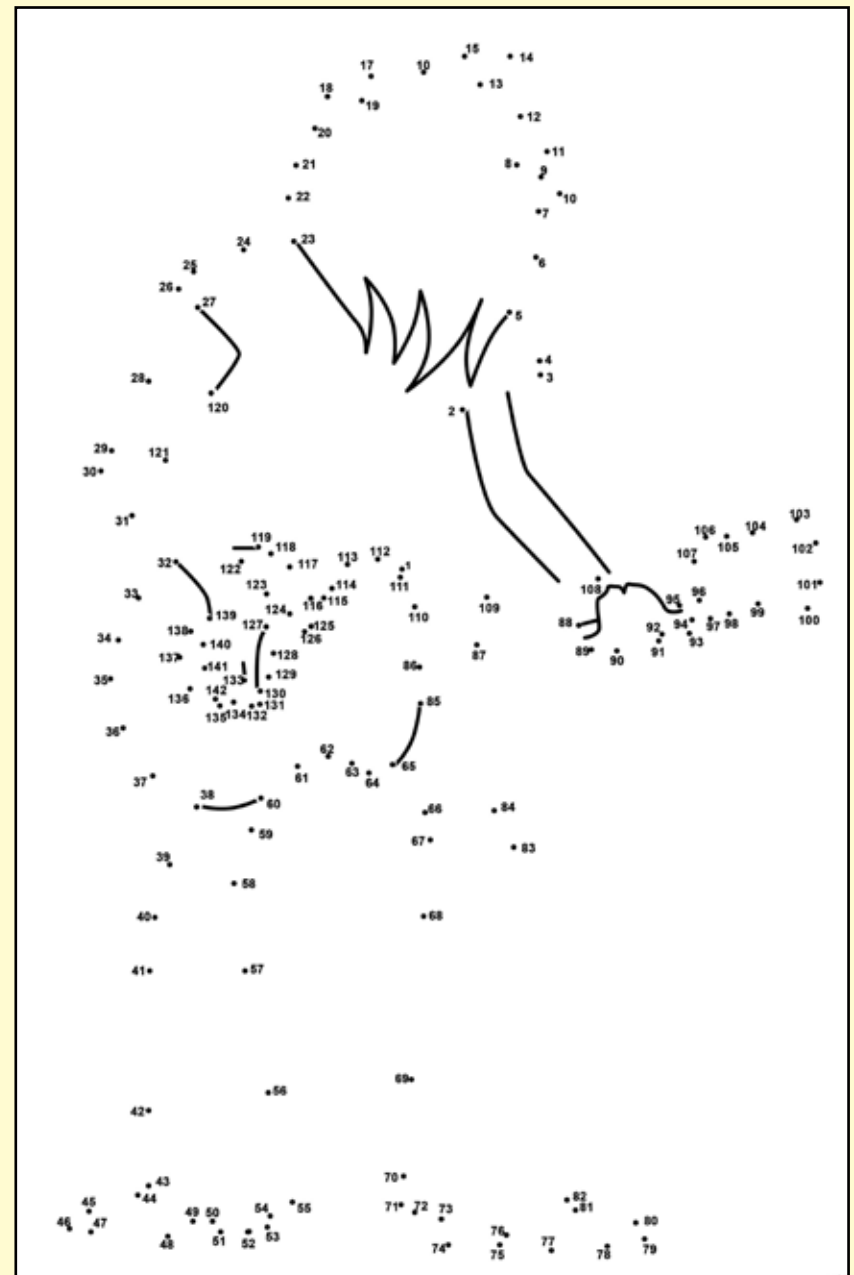
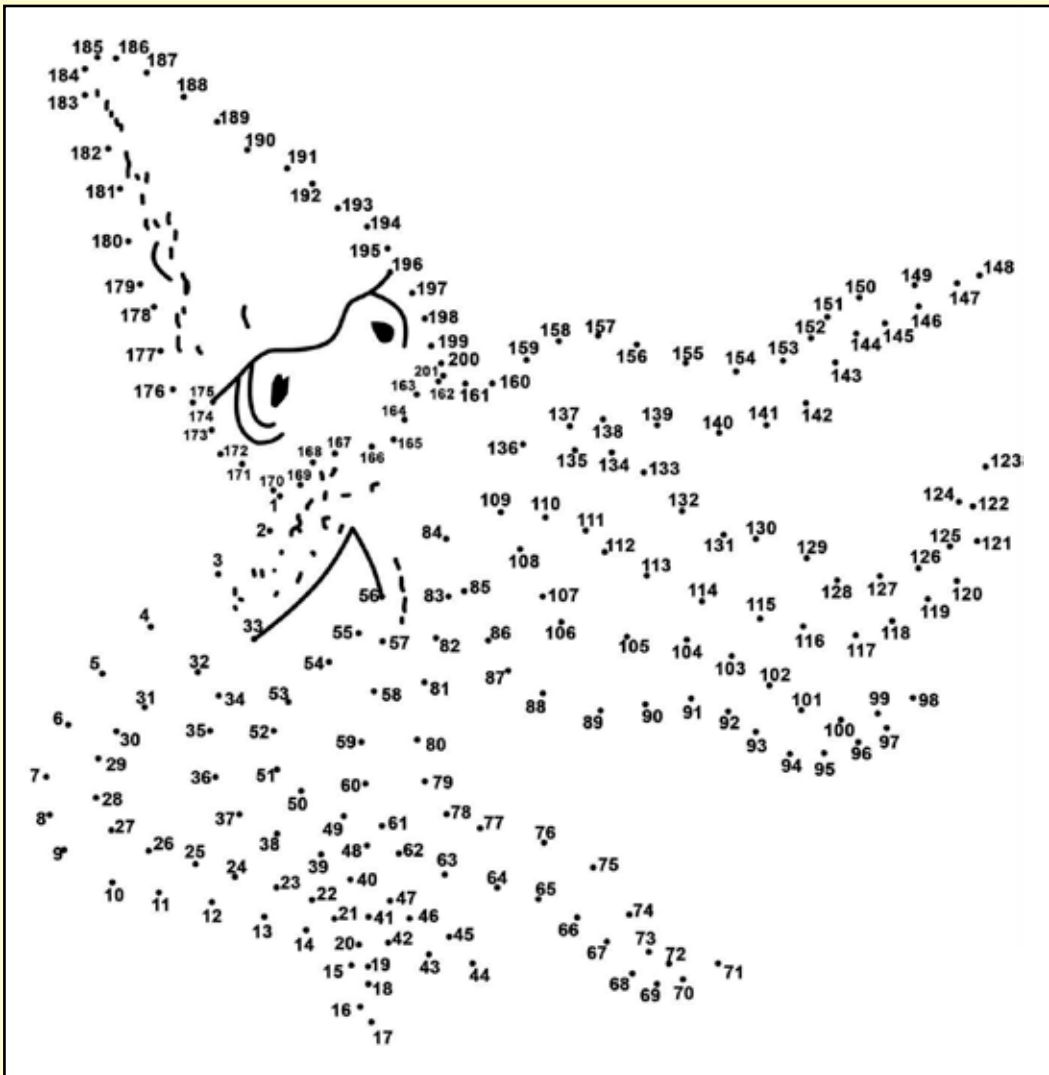
Color blue the spaces with Dots. Color red the spaces with X's. Now what do you see in the picture?

# FUN for ALL ~ Join the Dots & Colour In

Everyone Can Do This



Not Just for the Kids





## David Allen Accountant Joins ProjX Team



Workington based Accountant Michael Fearon is delighted to have been part of the ProjX 2020 Work Awareness team.

Michael Fearon was asked to take part in the programme, delivering a sixty-minute finance session to the pupils. During this session the students looked at the differences between project and financial accounting and then took part in a short task which included calculating a Break Even Point, Return on Investment and discussing different financing methods.

The ProjX programme which took place at the beginning of July, was successfully piloted with year 10 pupils from across West Cumbria. The programme was initially cancelled this term due to current social distancing measures and school closures in light of the Covid-19 pandemic. Instead of letting year 10 students go without work experience opportunities this year, the Projx programme delivered an exciting new virtual online experience.

During the programme the pupils were tasked with designing a concept for commercial redevelopment of a council-designated town area. There were four school teams who took part made up of pupils

from; St Benedict's, Beacon Hill, Cockermouth, Energy Coast UTC and St Joseph's.

The two-week interactive programme was delivered by the Centre for Leadership Performance, in partnership with a range of local business partners and funded by Sellafield Ltd.

The programme provides students with an opportunity to develop a range of skills and explore different interests. An exposure to a range of businesses, job roles and skills sets is provided to all pupils. This will help develop several transferable skills, including communication, problem solving, leadership and teamwork as well as the use of online platforms which have become more relevant to the modern way of working.

Michael said "It was a pleasure to be asked to be involved in such a great programme. All the pupils interpreted the task in a creative way. Well done to all the teams who took part and thank you to the Centre for Leadership Performance for getting me involved."

If you would like to find out more about the services David Allen provide, please visit our website [www.david-allen.co.uk](http://www.david-allen.co.uk), give us a call on 01228 711888 or email [mail@david-allen.co.uk](mailto:mail@david-allen.co.uk)

## Does the Local Plan Affect You?

Allerdale's Local Plan (Part 2) - a vital document outlining potential future development across the borough - has been approved by councillors.

At a meeting of the full council on July 22nd members voted to adopt the Local Plan (Part 2), an important planning and policy document which identifies land for a number of uses.

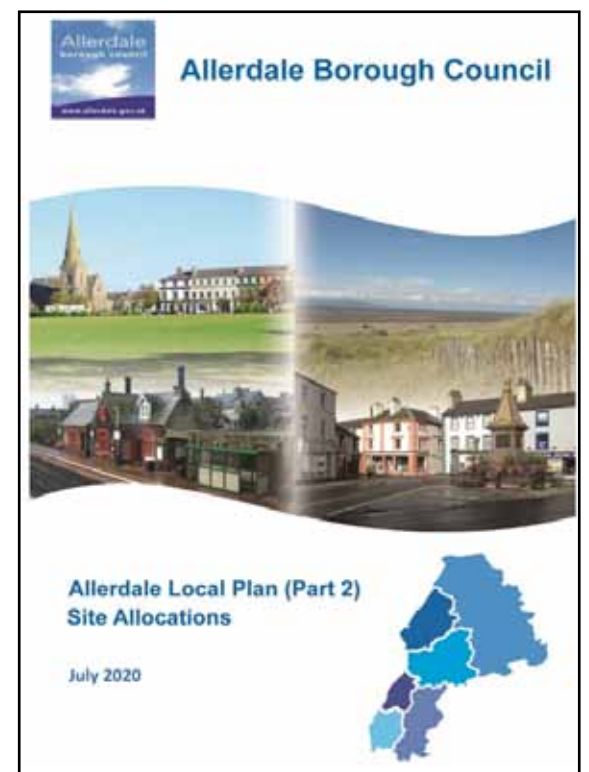
This includes land for housing, employment, retail, wind energy, gypsy and travellers, open space and green infrastructure networks. It also includes policies on affordable housing, housing standards, tourism, broadband infrastructure, amenity green space, green gaps and green infrastructure. In addition, all development boundaries around towns and villages have also been reviewed.

The plan will play a crucial role in supporting the delivery of the objectives around housing and business growth set out in the 10-year Council Strategy, while providing the framework to guide the determination of planning applications.

Cllr Marion Fitzgerald, Executive member for policy, governance and people resources, moved the reported and said: "The process of putting together this Local Plan has involved a great deal of work by a dedicated team and we hope this will give confidence to residents across Allerdale that we have a detailed plan for future development in the area. As an authority we have ambitious plans through our 10-year Council Strategy and the Local Plan will play a big role in helping us achieve that."

The first part of the Local Plan, agreed in 2014, set out the overall planning strategy and growth areas in Allerdale until 2029 and identified a housing need for at least 5,471 properties and 54 hectares of employment land in that period.

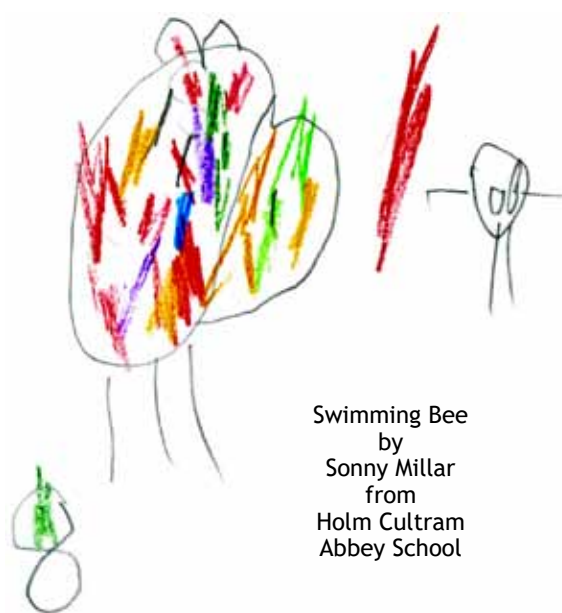
Part two of the plan identifies or 'allocates' sufficient areas of land within the district that lie outside the



Lake District National Park for specific types of development and land uses. The plan was submitted to the Minister for Housing, Communities and Local Government for independent examination in January last year and was "found sound" by the Government, subject to some minor modifications.

The Local Plan (Part 2) has been subject to various stages of public consultation.

More info on the plan can be found at [www.allerdale.gov.uk/siteallocations](http://www.allerdale.gov.uk/siteallocations).



Swimming Bee  
by  
Sonny Millar  
from  
Holm Cultram  
Abbey School



Queen of Courage  
by  
Meishan Whitehead  
from  
Silloth Primary School

### Green View Guest House

Stella's Bistro

Open  
Wed to Sat  
6pm to 9pm  
booking advisable



Bed & Breakfast  
Sea Views

All rooms en-suite  
Evening Meals  
Bicycle storage  
Free parking

6 Park Terrace, Criffel Street, Silloth, Wigton, CA7 4DQ  
Tel: 016973 31743 Mobile: 07851 033365  
E-Mail: [greenviewsilloth@yahoo.com](mailto:greenviewsilloth@yahoo.com)

### GOOD COMPANIONS RESIDENTIAL CARE HOME

Long & short term stays in single en-suite rooms  
Day Care £25 per person ~ limited spaces available weekdays  
Free transport provided locally  
Local Meals on Wheels

Criffel Street,  
Silloth

Tel:  
016973  
31553



[www.goodcompanions.net](http://www.goodcompanions.net)





# Walkers Cut Off by Tide



Report by: Julie Emary  
Lifeboat Press Officer

The Silloth RNLI pagers went off at 12:23pm on Thursday 6th August.

The lifeboat was launched at 12:30pm to help two people who had been cut off by the tide at Easttriggs, to the east of Annan on the Scottish border. The sea

conditions and visibility were excellent. Nith Rescue and Annan Coastguard were also involved in the rescue.

However the two people both managed to get safely ashore before either lifeboat became involved in rescuing them. The coastguard spoke to both casualties to ensure

both were fit and well, despite being very wet, when they reached dry ground.

At 12:48 Silloth lifeboat was stood down. They returned to the station where the boat was washed down, sanitised and made ready for service again according to Covid-19 instructions.

# Downloadable Bin Collection Calendar

Residents across Allerdale are now able to download a printable calendar showing their property's schedule of bin collections for the rest of the year.

The new calendar can be easily downloaded as a PDF for people to view at their leisure on their mobile device or printed off to pin up in their home.

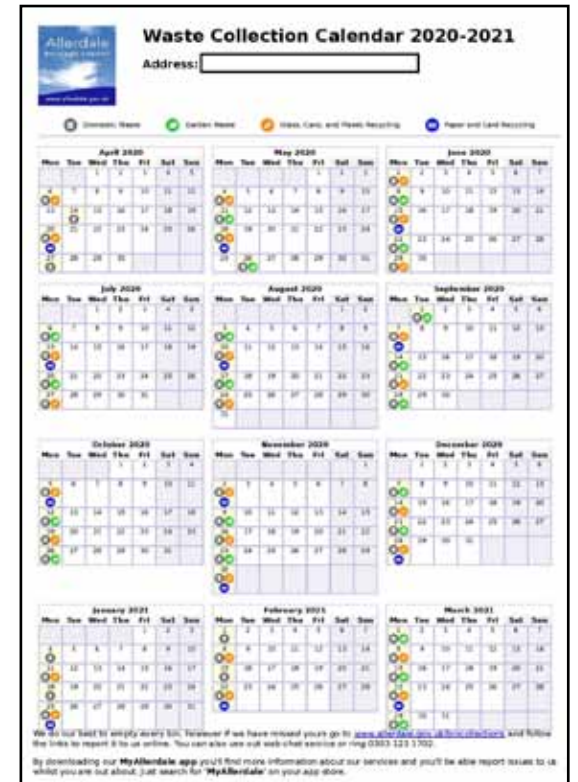
The calendar will contain a property's collection details until the end of March 2021.

All residents need to do to generate their collection calendar is to go to <https://www.allerdale.gov.uk/en/bincollections/>, type in their postcode and then select their address from a drop-down menu. They will then have the option to download the calendar as a PDF file and print if they wish.

The council's popular online calendar which shows details of the next collections will still also be available for residents via the same web page. Residents are encouraged to continue using this as it shows up to the minute information, including whether

crews have already been to their property on their collection day, as well as providing them with a way of reporting a missed collection online.

Cllr Tony Markley, Executive member for environmental services, said: "Many of our residents have been in touch with us asking us to produce a printable version of our online calendar and our officers have been working hard to get this ready. I hope this will be a useful tool for those residents who prefer to access their collection details this way."



# Kite Surfer in Distress



Report by: Julie Emary  
Lifeboat Press Officer

Silloth RNLI lifeboat was called out at 5:19pm on Sunday 9th August to a kite surfer in distress just off Powfoot on the Scottish coast. There were two kite surfers involved in the incident but one had made it safely back to shore. The tide was ebbing with a fresh north easterly offshore breeze.

Annan coastguard was also involved in the emergency.

The lifeboat from Silloth had almost reached the area concerned when Belfast Coastguard confirmed to helmsman Steven Henderson that both casualties had now managed to swim safely to shore unaided and were safe and

well but the surfing equipment had been abandoned; although this too was later recovered. Consequently the lifeboat was stood down at

5:43pm.

The RNLI lifeboat returned to Silloth and was made ready for service again by 6:12pm.

## West Silloth Motors

Motor Vehicle Body Repairs  
Diagnostics, Servicing & Recovery  
Aircon Service Now Available

Causewayhead, Silloth, CA7 4JG, Tel: **016973 32833**

Free Vehicle Collection & Delivery Service



**MOT TEST CENTRE**  
Cars, Vans & Motorhomes



Busy Bee  
by  
Kaydon Lockhart  
from  
Holm Cultram Abbey School

## top2toe BEAUTY SALON

Dermologica Facials & Products  
Waxing & Tinting • Full Body Massage  
Manicures, Pedicures & Shellac

Individual & Strip Lashes  
SUNBEDS, Spray Tans, Electrolysis, Collagen Bed,  
and many more (Gift Vouchers Available)

8A Eden Street, Silloth Tel: 016973 31591



# Cumbrian Place Name Meanings

Almost all place names have a meaning but today it is not always obvious where the name came from or what it means.

Here are a few of the more common Old English (OE) and Old Norse (ON) words you will come across.

Barrow	OE	beorg	Hill
Bower	OE	bur	Dwelling
Capple	ON	kapall	Horse
Dale	OE	dair	Valley
Docker	ON	dokk	Hollow
Fell	ON	fjall	Flat Mountain
Force	ON	fors	Waterfall
Ghyll, Gill	ON	gil	Ravine
Goat	ON	goltr	Wild Boar
Harter	ON	hjotr	Hart (male deer)
Hollin	OE	holegn	Holly
Holme	ON	holmr	Island
Howe	ON	haugr	Hill
Mere	OE	maer	Lake
Mur	OE	mor	Moor or Bog
Pike	ON	pic	Peak
Sad	ON	saetr	Upland Pasture
Sheiling	ON	saetr	Side, Seat
Sled	OE	slaed	Valley
Stock	OE	stocc	Tree Stump
Swinkle	ON	svin	Swine Pigs
Swinkle	ON	kelda	Spring
Tarn	ON	tjorn	Small Lake
Thwaite	ON	thveit	Clearing

Remember: High, middle and Low are defined by the stream or river. High is 'up river'.

## Cumbrian numbers

- 1 yan
- 2 tyan
- 3 tethera
- 4 methera
- 5 pimp
- 6 sethera
- 7 lethera
- 8 hovera
- 9 dovera
- 10 dick
- 15 bumfit
- 20 giggot

The Cumbrian numbers, often called 'sheep counting numerals' because of their (declining) use by shepherds to this very day, show clear signs that they may well have their origins in Cumbric.

NB: when these numerals were used for counting sheep, reputedly, the shepherd would count to fifteen or twenty and then move a small stone from one of his pockets to the other before beginning again, thus keeping score. Numbers eleven, twelve etc. would have been 'yandick, taendick', while sixteen and seventeen would have been 'yan-bumfit, tyan-bumfit', etc.



# Cumbrian Linguistic Influences

This Information has largely been sourced from Wikipedia, the online free-content encyclopedia project that aims to help create a world in which everyone can freely share in the sum of all knowledge.

Abbreviations used in the following descriptions: OE Old English, ON Old Norse, Da Danish, Br Brythonic Celtic, Go Goidelic Celtic, Ir Irish, Sc Scottish, AN Anglo-Norman

### Areas

**Allerdale** 'valley of River Ellen' Copeland 'bargained land, bought land' from ON kaupaland  
**Cumbria** 'land of the Cymry' (the Brythonic name for the British people of the area, related to Welsh Cymru, from a Brittonic \*kombrogi meaning 'fellow countrymen').

**Cumberland** 'land of the Cymry' from the OE Cumbra land  
**Furness** 'further promontory' from OE fuðor and ON nes, the oldest form of the name is Fupþernessa (c1150)

**Grizedale Forest** 'valley with pigs' from ON gris dalr  
**Morecambe Bay** 'crooked sea' from Br \*mori- & \*kambo-. [8] The name was recorded in Ptolemy's Geographica c.150AD as Morikambe, apparently referring to the Lune Estuary. It was subsequently lost then revived in the 19th century as both the name for the bay and the new Lancashire seaside resort at Poulton-le-Sands.

**Solway Firth** 'Muddy ford estuary' from ON sol vath fjórðr - or from the Celtic tribal name Selgovae

**Westmorland** 'land of the people living west of the moors' from OE west mōr inga land. The name presumably dates from the time when Westmorland was part of Northumbria and ruled from the east.

### Valleys

**Borrowdale** 'valley with a fort' from ON borgar dalr

**Dunnerdale** 'valley of the River Duddon'

**Ennerdale** 'valley of the River Ehen'

**Langdale** 'long valley' from ON lang dalr

**Lonsdale** 'valley of the River Lune'

**Mardale** 'valley with a lake' from ON marr dalr

**Patterdale** 'Patrick's valley', possibly named after St Patrick or, more likely, a later Norse-Irish settler

**Sleddale** 'valley with flat land' from ON sletta dalr

**Wasdale** 'valley of water' from ON vatns dalr

### Towns and villages

**Aspatria** 'Patrick's Ash' from ON asc and the personal name

**Barrow-in-Furness** 'headland island' from Br barr and ON ey

**Blennerhasset** 'Hay farm on a hill' from the Cumbric \*blein 'steep faced slope' plus ON haysaetr

**Bootle** 'huts, shelter' from ON buðl

**Bowness** 'promontory shaped like a bow' from ON bogi nes

**Cark** 'rock' from Br carreg

**Carlisle** 'fort of the God Lugus' from Br \*Luguwalion -> Lat Luguvalium -> OE Luel -> Cumbric Cair Luel (Welsh - Caer Liwelydd)[8]

**Cockermouth** 'mouth of the River Cocker'

**Dalton-in-Furness** 'farm in a valley' from ON dalr tun

**Frizington** 'farm/settlement of the Friesen people' from OE Fris, inga and tun

**Grange-over-Sands** 'outlying farm belonging to a monastery' from the ME grange. -over-Sands was probably added in the 19th century when the town prospered as a holiday resort overlooking Morecambe Bay. The term 'over-sands' may also refer to the ancient act of traversing Morecambe Bay sands as a means of shortening the travel distance in the area.

**Hawkshead** uncertain. The 'hawks-' might either mean 'hawk' or be the ON personal name Haukr and the '-head' may mean 'head' from OE heofod or 'summer farm, shieling' from ON saetr

**Kendal** 'valley of the River Kent' from ON Kent dalr

**Keswick** 'cheese farm' from OE cēse wic[also ON "vik" 'landing place' (i.e. village)]

**Kirkby** 'village with a church' from ON kirk by

**Maryport** named after the wife of Humphrey Senhouse who developed the town into a port. It was originally called Ellenfoot as it stood at the foot of the River Ellen but was changed in 1756 as the town developed.

**Millom** 'mills' from OE millen Milnthorpe 'village with mills' from OE millen and Da þorp

**Threlkeld** 'thrall's well' from ON þrœl kelda

**Ulpha** 'wolf hill' from ON ulfr haugr

**Ulverston** 'Ulfr's farmstead' from ON Ulfrs tun (ulfr is also the ON word for 'wolf')

**Whitehaven** 'white harbour' from ON hvit hafn

**Workington** 'farm/settlement of Weorc's people' from OE Weorc, inga and tun

### The Lakes

**Bassenthwaite Lake** 'Bastun's clearing' from an OE personal name Beabstan, or an NF nickname Bastun and ON þveit

**Brothers Water** either 'broad water' from ON breiðr vatn or 'brothers' water' from ON bróðirs vatn (there are legends of two brothers drowning in this lake)

**Buttermere** 'lake by dairy pastures' from OE butere mere'

**Coniston Water** named after the village, which means 'king's farmstead from ON konigs tun

**Crummock Water** 'lake of the crooked river; linking the name with the River Cocker which flows through it. Related to Br \*crumbaco

**Derwentwater** named after the River Derwent

**Devoke Water** 'little dark one' from a Br word \*dubaco

**Elter Water** 'swan lake' from ON eltr vatn

**Ennerdale Water** named after the valley in which it is situated

**Grasmere** 'lake in pasture' or 'grassy lake' from OE græs mere

**Haweswater** 'Hafr's lake' or 'he-goat's lake' from the ON hafs vatn

**Hayeswater** 'Eithr's lake from an ON Eiths vatn

**Loweswater** 'leafy lake' from ON lauf saer, ON vatn or OE wæter was added later

**Rydal Water** named after the valley of Rydal; formerly called Routhmere, linking the lake with the River Rothay

**Tarn Hows** probably 'hill tarn' from ON tjörn haugr

**Thirlmere** 'lake with a gap' from OE thyrel mere

**Ullswater** uncertain. Possibly named after a Norse chief Ulf or a local Saxon lord named Ulphus; or from the Norse god Ullr

**Wast Water** 'Wasdale Water.' The name literally means 'water water' from ON vatn and OE wæter

**Windermere** 'Vinandr's lake' from ON personal name 'Vinandr' and OE 'mere'

## Skinburness

Skinburness is thought to mean "the headland of the Demon haunted castle."

The headland is Grune Point. St John's Chapel on Grune point is one of the places identified as the Green Chapel where Sir Gawaine had his meeting with the Green Knight.

## Silloth-on-Solway

'Silloth' means sea barn(s), v. 'sae hlaða' (The first word is Old English, the second is Old Norse).





Our third Virtual Open Mic Night was another great success. We are once again working towards our next event on the 4th September. We go live at 7pm and we'd love you to join us!

There are three ways to participate: you can send us a pre-recorded video to play out (<http://www.wigtontheatre.org/>) and then sit back and enjoy the show on the night or you can perform live on the evening via Zoom.

If you would rather just watch and listen without performing that's fine too - just follow the Zoom link to join us on the night. You don't even need to have your microphone or camera on, but there is a chance to chat during intervals.

We hope to see you there!



Join us via Zoom (<https://us02web.zoom.us/j/89501470529?pwd=bDF0MjJ3NDISUVdhUUVOaTh4aFJSdz09>) on the 16th of September at 7pm for a virtual social quiz night.

More information at: <http://www.wigtontheatre.org> or on our facebook page..

Quiz prepared and hosted by Catherynn Dunstan.

## Wheyrigg Hall Hotel

*Real Food & Good Ale 7 days a week*

**Friday Night**  
from 6pm  
**Steak Deal**  
from £10.50

*Traditional*  
**Sunday Lunch**  
*All Day*

**Food served**  
**Noon to 8:45pm all Week**

**Tel: 016973 61242**

**WHEYRIGG, ABBEYTOWN, WIGTON, CA7 0DH**

# VJ Day 75th Anniversary



Report by: Lawrence Marshall

On Saturday 15th August we had a short anniversary service, due to the restrictions of Covid 19, of the 75 VJ day at Christ Church Silloth.

At 11am we had a two minute silence to remember them.

Rector Bryan Rothwell led the prayers and then we rang the church bell 75 times.

My granddaughter Niamh

checked that we did the correct number of chimes.

Some Sillothians served in the far east to help bring WWII, the bloodiest war in human history, to a final end.

## Covid-19 Business Grant Scheme

More organisations affected by the coronavirus outbreak may now be eligible for a grant under a new round of Allerdale Borough Council's discretionary grant scheme.

Cash grants of up to £25,000 are now available to eligible businesses, with other amounts paid out on a sliding scale dependent on the number of employees, the property costs or the amount of income lost. The scheme is designed to help those with property costs that have seen a significant fall in income due to the coronavirus outbreak.

Like previous schemes, this third round of the discretionary grant scheme is aimed at helping as many businesses as possible, by further widening the eligibility criteria. In the first round the council focussed on the sectors it had been asked by the government to prioritise.

As with the second round, the grant is available for small and micro businesses as defined in the Small Business, Enterprise and Employment Act 2015 and the Companies Act 2006. However, the council has lowered the annual property cost criteria by £1,400 to £1,000 a year - meaning that many more businesses are now eligible to apply so long as they meet the

other criteria.

The scheme has also been widened to include medium-sized businesses.

Registered charities and Community Interest Companies and bed and breakfast providers that pay council tax instead of business rates can also continue to apply for the grant if they meet the criteria of the scheme.

To be eligible businesses and organisations must be able to confirm a drop in income of at least 25 per cent from April 2019 to April 2020.

Full details on the eligibility criteria is available on the council's website: <https://www.allerdale.gov.uk/en/coronavirus/coronavirus-business-grants-claims/discretionary-grant-scheme/>

There are some types of businesses specifically excluded from the scheme, such as housing associations. These are outlined in the policy document.



As with other rounds, businesses cannot apply if they are eligible for any of the other grant schemes or financial support initiatives announced by the government, except the Coronavirus Job Retention Scheme (for furloughed staff) or the Self-Employed Income Support Scheme. They also need to be able to show that they were trading on 11 March 2020.

Due to a government deadline



of the end of August for the closure of all discretionary grant schemes, applications are open until 5pm on 26 August. Completed applications will be considered on a first-come first-served basis. Therefore, eligible organisations are encouraged to submit their application, complete with all the necessary accompanying documentation, as soon as possible to avoid disappointment.

The council is contacting by email all applicants whose property costs were too low to be eligible for the previous grants, but may now mean they are eligible for this grant. A separate application is not required from these organisations.



# Don't Miss This, It is Your Chance to Purchase a Share in the Lowther Arms Pub in Mawbray

"It's not just a pub – it will be a community hub", says the Mawbray community who are campaigning to save their local pub, buying it and reopening as a community enterprise. They have stepped up their awareness campaign and launched their share offer on Tuesday 18th August.

The Lowther Arms Community Project (LACP) is looking to raise £300,000 to reopen and transform the Lowther Arms at Mawbray. The pub sits a stone's throw from the beaches and dunes of the Solway Coast, so locals believe it would become the UK's first Coastal Community Pub.

LACP Spokesperson Christopher Atkinson said "This is not just about buying a pub; it's about preserving the heritage in our village, investing in the future of the parish for our locals, our visitors and the businesses that rely on tourism. If we don't buy the pub now it is likely to be lost forever.

The Parish Council were successful in having the pub listed as an Asset of Community Value, which ensures the community has the right to bid when listed for sale.

"To buy, re-open, and transform the pub, we need to raise money through donations and by selling shares in the Lowther Arms Community Project Limited. All shareholders become Members of the Society, owning a piece of the Lowther Arms. There is a growing market for community pubs and evidence that if the community is invested in the project, they will make more effort to use the pub and contribute to its success. We know from our research that 86% of the local community would use the pub on a regular basis. And we're planning to extend what



the pub has to offer, introducing better broadband, and additional services including a café, shop and revitalised caravan and camping site whose additional income streams are essential for success."

LACP has already received some great pledges, but they are now also looking for support from the wider public and businesses. The task of raising the money has been made more challenging with the Covid-19 lockdown, with some fundraising events cancelled, so they are turning to social media in an attempt to attract a wider audience.

Explaining how people can buy a slice of the Lowther Arms Chris said "Firstly, you need to be over

18 years to invest. Shares cost £50 each with a minimum investment of £100 and you can buy as many as you want up to 600 shares (£30,000 in value). Individuals, groups and businesses can also invest – and they can also be bought as a gift. The application form is on our website or one can be posted out on request.

"It may seem a difficult task, but we know community owned pubs do work. In the UK, 122 pubs have been taken over by community co-operatives, reinvigorating pubs that were once struggling businesses. And since 2004, not one community pub has closed."

The campaign to save the much-

loved Lowther Arms has already been awarded support from More Than A Pub: The Community Pub Business Support Programme.

LACP is receiving a package of specialist business advice and a £2,500 bursary from More Than A Pub, which is a £2.2m programme established to help support community ownership of pubs in England, funded by Power to Change. It is being delivered by Plunkett Foundation in collaboration with Co-operative & Community Finance, Key Fund, the Campaign for Real Ale (CAMRA), Co-operative Mutual Solutions, Pub is the Hub, Ministry of Housing, Communities and Local

Government and Locality.

When a group is ready to purchase a pub, More Than A Pub can offer a combined finance package of up to £100,000, made up of a loan and grant.

Plunkett Foundation's Executive Director, James Alcock, said: "We're so pleased to be able to support The Lowther Arms Community Project who are working hard to make sure their community can benefit from everything that having a thriving local pub brings. Pubs that are owned and run by the community are so much more than a place to buy a drink; they provide important social spaces and services for local people and are central to their



community's sense of place and identity."

Creating a campaign to open a pub during Covid lockdown has been challenging – but the team worked 'All hands together' – from a socially distancing perspective.

Pulling in all aspects of the community, they have created a socially distanced community video and are encouraging people to spread the word about the share offer by sharing stories, videos and

messages on their Face Book page @ lowtherarmscommunityproject

Chris said, "We're especially keen to seek support from those who love the Solway Coast and want to preserve and support the sustainability of our costal community - whether they want to buy shares or simply want to make a donation."

Some people just want to make a donation – so a donation link has been added to the website

the pub closed in December 2018 and is now on the market.

**When does the share offer close:**

It closes whenever the maximum amount is reached or 1st October – whichever is sooner – but the Management Committee reserves the right to extend the offer.

**More Than a Pub:**

The Community Pub Business Support programme aims to bring pubs into community ownership and to increase the range of services they offer to help local people. This new £2.2million round of More than a Pub, makes a range of support and funding available until September 2020. The support includes allocated business development advisers, help with community consultations, advice on legal forms, business planning, community share offers and bursary awards of up to £2,500. Groups can access the full range of support from the pre-venture stage, or just the elements they need, depending on how well their plans are developed. When a group is ready to purchase a pub, we can offer a combined finance package of up to £100,000, made up of a loan and grant. [www.plunkett.co.uk/more-than-a-pub](http://www.plunkett.co.uk/more-than-a-pub)

**Plunkett Foundation:**

([www.plunkett.co.uk](http://www.plunkett.co.uk)) helps communities to take control of their challenges and overcome them together. Plunkett supports people, predominantly in rural areas, to set up and run life-changing community co-operatives; enterprises that are owned and run democratically by large numbers of people in their community. They help people to tackle a range of issues, from isolation and loneliness to poverty, and come in many forms including shops, cafes, pubs

and land-based initiatives, and everything in between.

**Power to Change:**

Is the independent trust that supports community businesses in England. Community businesses are locally rooted, community-led, trading for community benefit and making life better for local people. There are nearly 7,000 community businesses across England employing 35,500 people, with a combined income of £1.2bn. From pubs to libraries; shops to bakeries; swimming pools to solar farms; community businesses are creating great products and services, providing employment and training and transforming lives.

**The National Lottery Community Fund:**

The National Lottery Community Fund are the largest funder of community activity in the UK – they're proud to award money raised by National Lottery players to communities across England, Scotland, Wales and Northern Ireland. Since June 2004, they have made over 200,000 grants and awarded over £9 billion to projects that have benefited millions of people.

The National Lottery Community Fund are passionate about funding great ideas that matter to communities and make a difference to people's lives. At the heart of everything they do is the belief that when people are in the lead, communities thrive. Thanks to the support of National Lottery players, their funding is open to everyone. They're privileged to be able to work with the smallest of local groups right up to UK wide charities, enabling people and communities to bring their ambitions to life.

HM Government

**NHS**

**CORONAVIRUS**  
**STAY ALERT TO THE SYMPTOMS**

HIGH TEMPERATURE  
OR NEW CONTINUOUS COUGH  
OR LOSS OF TASTE OR SMELL?

No one in your household should leave home if any one person has symptoms.

Find out how to get a test, and how long to isolate, at [nhs.uk/coronavirus](https://nhs.uk/coronavirus)

**STAY ALERT • CONTROL THE VIRUS • SAVE LIVES**

Holme Cultram Abbey

**Alternative Monthly Munch**

Our famous Monthly Munches are available as takeaways

**On Thursday 3rd September 2020**  
collection between 11am - 1pm  
from Holme Cultram Abbey Tearoom  
(local delivery available please let us know when ordering)

**2 Courses for £5.00**

**Main - Mince & Potato Pastie  
or Cheese & Onion Pastie & Salad**

**Pudding - Fresh Cream Sponge**

To order or for more information please contact:  
**Brenda - 016973 61224 or Anita - 016973 61113**  
(orders to be placed by Tuesday 1st September)

Please support us if you can and we look forward to seeing some old and new faces. Thank you

**NHS**

**THE FIRST STEP IS A FEW STEPS.**

New moves. New foods. New habits. We've got ideas to get you started today. Get help and support at [nhs.uk/BetterHealth](https://nhs.uk/BetterHealth)

**Better Health** **LET'S DO THIS**

**SILLOTH MOTORCYCLE MUSEUM**

**Entry Free**

See wonderful Race Winning Motorcycles

Open Daily 9am to 4pm (Wed 10am to 1pm)  
Closed Mondays  
Tel: 07764 405136  
Solway Street, Silloth-on-Solway

**Soldiers in Silloth**

Open: Sat & Sun 1pm to 4pm  
Midweek Telephone booking only:  
016973 31246 or 07825 954611  
Admission: FREE Donations welcome  
Criffell St, Silloth, CA7 4BZ  
[www.soldiersinsilloth.co.uk](http://www.soldiersinsilloth.co.uk)

**Fantastic for Families!**

**Toy Soldiers**

**NHS**

**Catch it. Bin it. Kill it.**

Stop the spread of flu germs. Use a tissue and wash your hands thoroughly.

**HELP US HELP YOU**

HM Government

**NHS**

**CORONAVIRUS**  
**WASH YOUR HANDS MORE OFTEN FOR 20 SECONDS**

Use soap and water or a hand sanitiser when you:  
Get home or into work  
Blow your nose, sneeze or cough  
Eat or handle food

**PROTECT YOURSELF & OTHERS**

For more information and the Government's Action Plan go to [nhs.uk/coronavirus](https://nhs.uk/coronavirus)



## Buzzing Letters

Dear Buzz,

How great to have our Buzz back!

Thank you to the team.  
Thank you also for printing my Corona 19 poem, but can I just say I am hoping all who read it spotted a mistake, where it said, And for all the health workers, our gratitude "sours", instead of saying "soars", because no way would I have written anything other than our gratitude soars for them all. Keep up the good work at The Buzz and carry on keeping safe.

Pauline Mole

Dear Buzz,

On behalf of my wife Marjorie we would like to thank all family and friends who helped celebrate her 80th birthday on the 15th August with cards, flowers and presents. Special thanks to Tania Snaith for the wonderful cake and to the management and staff of the Golf Hotel for the lovely meal and service given to all present.

Graham Wilkinson

Dear Buzz,

Our MP Mr Mark Jenkinson has proposed reconstituting the railway line from Silloth to Carlisle, an idea not as far fetched as some might think it to be. It costs £30M to build one mile of motorway, for that you could reconstitute the whole of the line from Silloth to Carlisle and more to the point it would be zero carbon transport. Unless we stop carbon emissions from transport the ice caps will melt and all of the communities on this railway line will only exist underneath the Irish Sea. The electorate will not vote for politicians who want a zero carbon economy but the day is rapidly approaching when they will.

It is to Mr Jenkinson's credit that he puts forward this issue.

Roy Ivinson

Dear Buzz,

Thanks for publishing my letter on your 1st copy of the Buzz after COVID-19 Pandemic. I always read with interest the articles and letters when in Silloth or online. I hope your business will bounce back and thrive once again as well as the whole of Silloth.

Adrian Nixon



Dear Buzz,

Can anyone tell me why Silloth is surrounded by road signs warning of skidding, loose gravel with a max speed of 20mph.

These signs have been out for at least a month. While the surfaces are not exactly Formula One standard I have not seen any skidding or resurfacing work in that time and would say the signs themselves were more likely to cause an accident than any skidding, and are we guilty of a motoring offence if we exceed 20mph? Have you seen any work going on? Just try and contact Cumbrian Highways or your local MP to get an answer because you will be on a slow boat to nowhere. Ridiculous readily springs to mind, or do they really know what they are doing,

Happy Motoring  
C Briggs

Dear Buzz,

Nice to see you are up and running again. Can anyone tell me why Cumbria Highways dig up roads everywhere then abandon them for weeks on end? The block road paving outside the Good Companions is a classic case. No one seems to care what disruption it causes. Are Cumbrian Highways a law unto themselves? Not a bit of wonder the management do not want to meet any complainants or local councils even letters to our Allerdale MP draws no response. Please do not insult our intelligence by blaming the recent pandemic.

C Briggs

Dear Buzz,

I would like to nominate Silloth Town Council for having the grottiest and most untidy building in town. What is the point of having beautiful tubs of ornamental flowers and shrubs if the surrounding area is a haven for weeds growing out of walls and pavements. Yes, I am back and the pandemic has not mellowed me. Thank heavens for the Buzz otherwise I would explode.

C Briggs



## Poems for Buzzers

The Bees

by  
Sarah Scott

Amidst this new reality,  
With sounds that were common before,  
Now rarer even than kindness,  
Or a knock upon the front door.

Two metres from my porch,  
An impossibly beautiful man,  
All hazmat suited in readiness,  
Two feet from his pest control van.

He means no offence,  
But he's here 'bout the bees,  
A neighbour who's concerned,  
They've infested my trees.

No, I'm not offended,  
But what concerns me the most,  
Is the well meaning neighbour,  
The incomprehensible ghost.

Clearly not heeding Earth's warning,  
Which certainly wasn't so vague,  
Mankind needs to change it's ways,  
So a pestilence for her plague.

No your services won't be required today,  
And with the greatest respect, please be gone,  
For we need the bees now more than ever,  
Or the human race is done.



Winie  
by  
Millie Sessford  
from  
Holm Cultram Primary School

Remember

by  
Penny Stimson

Will you think of me  
When I am gone.  
Will you remember me  
In the words of a song.

Perhaps some poetry  
You may hear  
Will stir your memory  
And draw me near.

But as time passes by  
Memory fades  
Only a close loved one  
Will remember your ways.

A birthday or a date  
Special just to us two,  
Will bring back your memory  
Have you remembering the love we knew.

But time goes so quickly  
And life goes on,  
You quickly forget  
Those who have gone.

I like  
by  
Jennifer Bailey

Fountain pens and diaries  
Chocolate, cheese and scones,  
Summer days and new green leaves,  
A beach with sand and stones.

**Do you have a poem or letter for the buzz?**  
**We welcome all submissions, there is no charge.**  
**Please remember to include your contact information.**

## Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school, or the Discovery Centre, or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing. ~~Pick up a form from Silloth Tourist Information and return it there or send it to us, our address is on page 14.~~

**This month the winner is Isabella Hoyes from Holme St Cuthbert School with a bee drawing called "Happy Birthday Bee".**

**Well done!**



### Non-Commercial Tourism Websites

solwaybuzz.co.uk  
sillothgreen.co.uk  
sillothonsolway.co.uk  
sillothgolfclub.co.uk  
vintagerally.co.uk  
sillothbeerfestival.co.uk  
sillothmotorcyclemuseum.co.uk  
silloth-on-solway-tc.gov.uk  
visitcumbria.com/wc/silloth  
soldiersinsilloth.co.uk  
solwayplain.co.uk/silloth1.htm  
facebook.com/sillothgreen  
facebook.com/silloth-carnival  
facebook.com/groups/121042258051545  
(Silloth Today)

Any other suggestions of sites useful for our visitors, please send them to the Buzz at: office@solwaybuzz.co.uk



# Young People Can Influence How Funding is Spent

An advisory panel of young people is just one of the ways in which Cumbria Community Foundation is building upon its commitment to further embed youth voice in its own work across West Cumbria.

Delivered as part of Transforming West Cumbria, and administered by the Community Foundation, #CanDo will give cash grants of up to £5,000 to community projects that raise young people's aspirations and build their confidence by:

- Engaging young people in meaningful social and environmental action
- Empowering young people from disadvantaged communities to volunteer, lead change and take action in their communities
- Encouraging young people to have a voice, be heard and give back to their local community
- Enabling young people to make a huge difference to improving their community and local environment

Cumbria Community Foundation is working with local youth organisations to recruit a youth advisory panel, made up of up to 14 young people, aged 16-25 with a diverse range of lived experience of social issues affecting young people across the region.

#CanDo aims to support the ambition of developing a lifetime commitment to social action and increase the number of opportunities for young people to volunteer, fundraise, or campaign on issues that are important to them, with a commitment to reducing the social and financial barriers that stop some young people from taking part in social action.

The scheme is part of wider £2.2 million investment that Sellafield Ltd and the Nuclear Decommissioning Authority (NDA) will be injecting into local communities over the next three years.

Stuart McCourt, Education, Community and Development Lead at Sellafield Limited, said: "We know that many young people in West Cumbria have some fantastic ideas about how

they could address some of the social issues within their local

communities and the #CanDo programme enables them to turn these ideas into reality and make a real difference. It is a programme for young people with all the decisions made by their peers to ensure any ideas and projects remain free of any presumptions or bias."

Annalee Holliday, Grants & Donor Services Officer at Cumbria Community Foundation, said: "This programme will help young people to develop their character, confidence, resilience, sense of wellbeing and raise their aspirations. Research suggests that the higher the quality of the social action, the more likely it is to benefit both the young people involved and the communities or causes they are trying to help."

#CanDo has been matched by the national #iwill Fund, aiming to make social action part of life for as many ten to twenty year olds as possible, by distributing investment through working with other funders.

More information can be found at [www.cumbriafoundation.org/transforming-west-cumbria/cando](http://www.cumbriafoundation.org/transforming-west-cumbria/cando) or by calling 01900 825760. Applications must be received by 4th September 2020.



# Did You Know?

*The following is taken from 'The Stage' by way of 'Wigton Theatre Club'.*

In 1592, an outbreak of the plague in London killed 1 in 12 Londoners and resulted in theatres being closed. With the theatre dark, Shakespeare turned to poetry, writing Venus and Adonis and The Rape of Lucrece.

During the years of the plague, theatres were often shut down, sometimes for very long periods, causing great hardship to the theatre community.



Rosie Bee  
by Ruby Smith  
from  
Holm Cultram Abbey School



Pinkea Pie Bee  
by Scarlett Milburn  
from  
Holm Cultram Abbey School



Queen Bee  
by Leah Emmerson  
from  
Holm Cultram Abbey School

# Mawbray Village Hall Comes Out of Lockdown



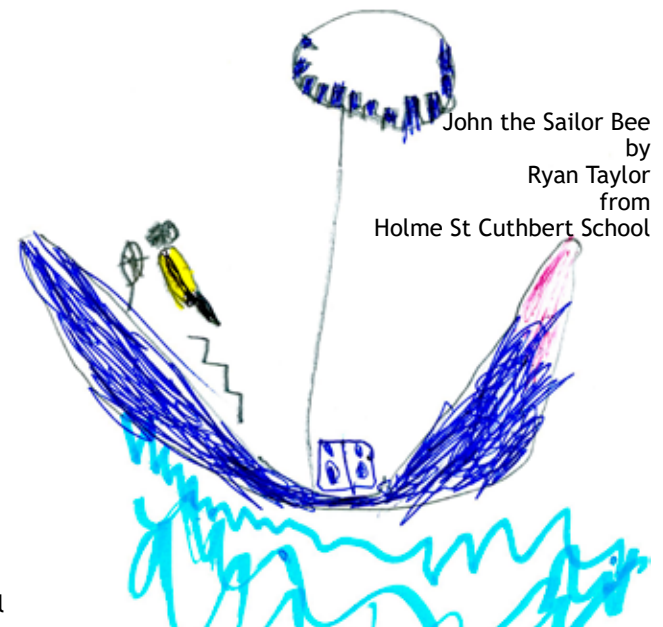
Report by: Lynda Bailey

We have been making good use of our time during lock-down. The hall floor has been polished, we have updated the kitchen with new cookers and fridges. The outside paintwork is to be painted soon too.

Our main Christmas fundraising event, the Christmas Craft Fair has been cancelled this year due to the current uncertainty, but we will be ready to go when the situation permits. The Bowling Group and the Craft Club have now started back, with all the necessary virus precautions in place. Jill's exercise classes, Anne's Tai Chi and N.I.A. are looking to be back

in September so keep checking the hall Facebook page and the Website for all up to date information. The Monthly Quiz organisers have decided that it is not possible to have the quizzes at the moment but we'll keep you informed on that one. We are now hoping to start the long-awaited Film Club in September, however if the same distancing rules still apply, we might have to limit attendance or hold it over 2 nights. We are looking forward to organising a big community social function when the time is right.

Take Care and Keep Safe and we look forward to seeing you all again soon.



John the Sailor Bee  
by  
Ryan Taylor  
from  
Holme St Cuthbert School

## The Queens Bed & Breakfast

En-suite rooms  
Sea Views ~ WiFi

Call: 016973 31373  
Mob: 07753 859403

email:  
[moregainus@gmail.com](mailto:moregainus@gmail.com)  
web:  
[bedandbreakfast-silloth.co.uk](http://bedandbreakfast-silloth.co.uk)

1 Park Terrace  
Silloth, CA7 4DQ

## JayBee's

2 x 2 litre Milk for £2.20

6 Free Range Eggs £1 \* Bacon £1 a pack  
Pizzas from £1 \* 1kg bag Oven Chips £1

Toys • Off-Licence • Hardware • Gifts • Key Cutting  
Carpet Cleaner Hire • Watch Batteries & Straps Fitted  
Frozen Fishing Bait • Hooks & Weights

open 7 days a week

6 Criffel Street, Silloth, Tel: 016973 31245

## Solicitors

## BEATY & Co.

Accident and Personal Injury Claims // Employment  
Wills // Probate and Trusts // Divorce & Family  
Debt Collection // Landlord and Tenant  
Commercial Contracts and Leases // Civil Litigation  
House Sales or Purchase // Commissioners for Oaths

1 Victoria Place, Wigton • Tel: 016973 42121 • Fax: 016973 44697  
Email: [info@beatysolicitors.co.uk](mailto:info@beatysolicitors.co.uk) • Website: [www.beaty.co.uk](http://www.beaty.co.uk)



**Copy Date** ➔

Copy date for the  
Sept issue is:  
**1st week August**  
If your organisation has  
an event to promote or  
you have something to  
say, please note the  
next copy date.

Please let us know  
of any changes  
within this section

### Coast Bus Timetable

60E Maryport to Skinburness  
the current timetable is  
available from Silloth Tourist  
Office or Winters Newsagents  
or [www.ellenvalecoaches.co.uk/service-60e.html](http://www.ellenvalecoaches.co.uk/service-60e.html)

### Silloth RNLI Shop

#### SHOP OPENING HOURS

Due to Corona Virus our shop  
will be closed  
until further notice.  
Kind regards to all our  
customers and we will see  
you again in due course.

### Christ Church

For baptisms and other church  
related business please  
contact: Rev Bryan Rothwell  
The Vicarage, Wigton Road  
Tel: 016973 31413

### Civic Amenity Sites

Operated by Cumbria County  
Council. Tel: 01228 606060  
Maryport Tip, tel 01900 66922  
open daily 8am to 6pm  
Wigton Tip, tel 016973 45617  
open Tuesday, Thursday,  
Saturday & Sunday, 8am to 6pm

### Silloth Tennis Club

For coaching information call  
David Wise on 07742 547767

**Please tell  
us when  
your group  
starts up  
again so  
we can let  
everyone  
know**

### Production Team

Proprietor:  
Peter McRobert  
Barn Cottage  
Skinburness, CA7 4RA  
Tel: 016973 32180  
Email:  
[office@solwaybuzz.co.uk](mailto:office@solwaybuzz.co.uk)

Editorial Content  
This is down to you, we can  
only publish items if you send  
them to us.  
When sending articles in,  
please supply a contact name  
and number in case something  
requires clarification.  
Published by: Peter McRobert  
with the support of the whole  
community and an army of  
volunteers.

Errors do occur in  
Dates for the Diary  
Please check before  
attending an event

Do you have an event  
in the area bounded by  
Abbeytown, Mawbray,  
Silloth, Skinburness, if  
so please let us know.

Please note that articles,  
letters and virtually all  
content of the Solway  
Buzz are contributed by  
YOU, the local community.  
The Editor reserves the  
right to control what is  
included, however, no  
responsibility whatsoever  
for the content of the  
Solway Buzz can be  
accepted by the Editor, or  
the Publishers.

### Hearing Support

HEARING SUPPORT SERVICE  
drop-in at the Local Links  
Centre, Market Hall, Wigton  
on August 28th 10am-12pm for  
NHS hearing aid servicing and  
batteries.  
Covid-19 guidelines will be  
followed as required at the  
time.

We look forward to welcoming  
new and old customers back.  
Also be at the Local Links  
Centre, Market Hall, Wigton  
10am-12pm on September  
25th, October 23rd and  
November 27th  
(none in December).

## Dates for Your Diary

### August

28th James Richards  
Circus  
29th James Richards  
Circus  
30th James Richards  
Circus  
31st James Richards  
Circus

### September

6th **CANCELLED** Christ  
Church - A Year of Celebration  
19th Table Top Sale in St  
Andrews Hall 12-4pm  
Tel: 016973 32185

### October

11th Table Top Sale in  
Mawbray Village Hall at noon  
17th Craft Sale in  
St Andrews Hall 12-4pm  
Tel: 016973 32185

### November

14th Table Top Sale in  
St Andrews Hall, £10 a Table,  
free entry 12 - 4pm  
Tel: 016973 32185  
15th Christmas Craft Fair  
in Mawbray Village Hall at  
10am  
28th Craft Sale in St  
Andrews Hall 12-4pm  
Tel: 016973 32185

Zapadnyy is a regular  
visitor to Silloth Dock  
delivering Molasses to  
Prime Molasses who have a  
facility at the harbour.

**TABLE  
TOP  
SALE**  
**SAT 19th SEPT**  
**12-4 PM**  
**COVID RULES + REGS  
APPLY**  
**TO BOOK A TABLE PHONE**  
**£10 per table 32185**  
**ST ANDREWS HALL**  
**OPP CO-OP**

**CRAFT  
SALE**  
**SAT 17th OCT**  
**12-4 PM** TABLES  
£10  
**COVID RULES + REGS** TO BOOK  
**APPLY** PHONE  
32185  
**ST ANDREWS HALL**  
**OPPOSITE CO-OP**

**TABLE  
TOP  
SALE**  
**SAT 14th NOV**  
**12-4 PM**  
**COVID RULES + REGS  
APPLY**  
**TO BOOK A TABLE PHONE**  
**£10 per table 32185**  
**ST ANDREWS HALL**  
**OPP CO-OP**

**CRAFT  
SALE**  
**SAT 28th NOV**  
**12-4 PM** TABLES  
£10  
**COVID RULES + REGS** TO BOOK  
**APPLY** PHONE  
32185  
**ST ANDREWS HALL**  
**OPPOSITE CO-OP**





# Broadband Upgrade Fund

Cumbria County Council has welcomed the recent launch of the government's Broadband Upgrade Fund campaign designed to help businesses, employees and rural communities take advantage of all the benefits associated with faster, and more reliable, internet connections.

The government is offering rural residents up to £1,500 and small to medium sized businesses up to £3,500 to upgrade to gigabit broadband, which is capable of download speeds of 1 gigabit (1000 megabits) per second.

As part of the £394.5m Borderlands Growth Deal, up to £4 million of additional Government funding will 'top up' these vouchers in Cumbria and Northumberland so even more money is available to improve digital connectivity and boost the regional economy. The £4 million made available will be used to match the level of funding available under the Broadband Upgrade Fund in areas where available services are less than 30Mbps download speed, so that eligible businesses can now apply for up to a maximum of £7,000 and eligible residential properties up to £3,000.

Upgrading to gigabit broadband will mean homes and businesses in Cumbria have the world-class, future-proof and reliable internet connections that

they need to keep pace with new advances in technology, and the jobs and growth that comes with it, now and in the decades to come.

Cllr Stewart Young, Leader of Cumbria County Council, said:

"The Broadband Upgrade Fund, combined with the top-up secured through the Borderlands Inclusive Growth Deal, will help deliver significantly better broadband to rural areas and to businesses and I'd encourage all eligible residents and businesses to look into this scheme now to see if they can benefit from it."

Residents and businesses can visit the Gigabit Broadband Voucher Scheme website at <https://gigabitevoucher.culture.gov.uk> to find a list of suppliers in their local area.

The economic and social benefits of high-speed internet connections are central to the Borderlands vision for the region and have been proven doubly important during the Covid-19 restrictions and as part of the recovery plan from this crisis. More information on the Borderlands top up vouchers can be found on the Borderlands Partnership website at <https://www.borderlandsgrowth.com/Digital-Voucher-Scheme>.

Applications for broadband vouchers must be submitted by a supplier, on behalf of their customer, by the 31st March 2021.

## Let's Create with West Cumbria Carers

Due to the COVID-19 social distancing guidelines we have been unable to run our usual young carers trips and activities. To help ease the disappointment, and pass the time until we can get together again, we have organised some fun activities they can do at home.



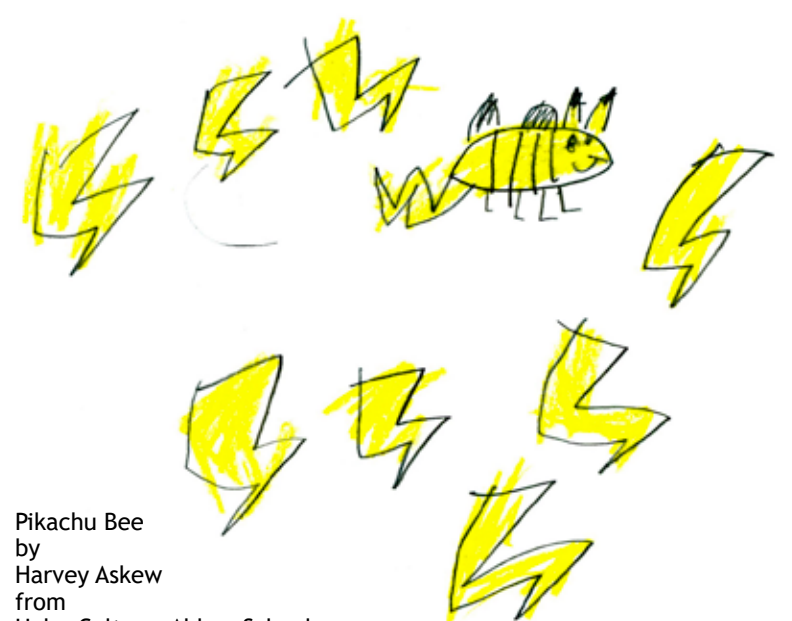
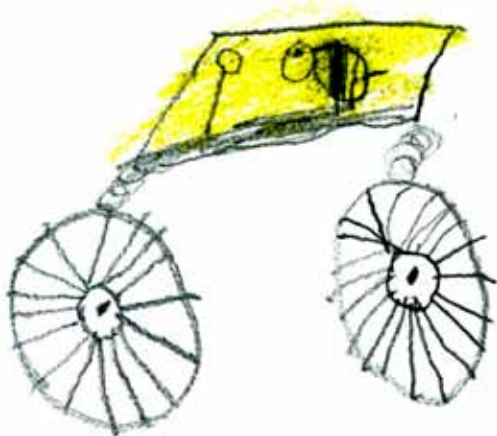
Working jointly with the West Cumbria Cultural Education Partnership (Frame) we have distributed over 150 "Let's Create" art packs for young carers and their families. Each pack contains a selection of high-quality art supplies, along with a booklet full of creative activities for all the family.

We'll be sharing some of the artwork produced in an online exhibition in our Media Gallery at [www.westcumbriacarers.co.uk](http://www.westcumbriacarers.co.uk). The exhibition will be live in early September, so pop over and have a look at what our creative genius' have been up to.

We'd like to say a huge thank you everyone who helped support this project:

Arts Council England  
Curious Minds  
Frame (West Cumbria Cultural Education Partnership)  
Handpicked Productions  
Cumbria Music Hub  
Cumbria Museum Consortium  
Iggesund Holmen Group

Remote Control Car Bee  
by  
Robbie Tiffen  
from  
Holm Cultram  
Abbey School



Pikachu Bee  
by  
Harvey Askew  
from  
Holm Cultram Abbey School

*Hair She Goes*  
Mobile Hairdresser



*Pillith and district*  
  
*Call*  
*Melanie*  
*on:*

**07857 989358**



**FIONA'S  
Footcare**

Qualified Foot Health Practitioner  
**Fiona Atkinson**  
BSc, DipCFHP, MPSPract

Clinic or Home visits dealing with  
foot and nail care,  
Callus, Corns, Fungal nails,  
Ingrowing toe nails,  
Diabetic foot care

Tel: **07704 484287**

Evening: **016973 42688**

**TECHNOLOGY  
PROBLEM?**

Mark Hansford  
Computer Services  
**016974 38250**  
**07962 213527**

*Your local specialists*

Internet, WiFi, E-mail  
or Printer?

Software Installation and  
configuration

TV, Mobile or Home Tech?

**No Problem**

**ANIMAL & POULTRY FEED**

(farm deliveries)  
(hay & straw available)



**CALOR GAS AGENTS**

(discounted prices)  
(free local delivery & connection)



**SPAR**

open 6am-8pm Mon-Sat, 7am-7pm Sunday

**Harrisons Store Ltd, Abbeytown**

Tel/Fax: 016973 61231 ~ M: 07972 805074





## Local Tradesmen and Services

### Aerial Services

#### Beacon Aerial Services, Wigton

Tel. 07941 370669

TV Aerials

Satellite systems

Home Cinema

High Definition Distribution

CCTV

Audio and PA Systems

Computer Networking

Cabling and Wi Fi

### Chimney Sweep

#### McDermott Chimney Sweep

Fire Service & Refurbishment

Fully Insured



REGISTERED MEMBER



The Institute of Chimney Sweeps

Mob: 07878 147444

Tel: 01228 542420



### Cleaning Services

#### EILBECK CLEANING SERVICES

Domestic & Commercial Cleaning Professionals

Hot & Cold Power Washing

Carpet & Upholstery Cleaning

Sand/Abrasive Blast Cleaning

With 25 years experience we pride ourselves in a top quality job everytime

For a free quotation and home visit call Tom on 07751 097035

QUALITY EVERYTIME

### Electricians

#### Ian the Electrician your local connection

Over 30 years experience Friendly and reliable service



All domestic installations Inspection and testing Maintenance & repairs

Mob: 07727 127000

Tel: 016973 23420

### Movers

#### MAN with a VAN

Evening & Weekend collections and deliveries

Any Distance

Eric Stanwix, Silloth:

07736 774 788



### All Trades

#### TRIPLE TTT



Here are some of the jobs we carry out:

- Grass cutting
- Hedge cutting
- Moss/weed control
- Fence building
- Brick laying
- Paving
- Roofing
- Rubbish/garden waste removal
- Patio/driveways
- Full design & landscaping
- Tree surgery

- Window cleaning
- Pressure washing
- Patio/driveway cleaning
- Guttering cleaning & installation
- Soffit & fascia boards cleaning
- Painting

Tel: 01900 810008

Web: www.triplettt.co.uk

E: enquiries@triplettt.co.uk

### Decorators

#### Peter Farrier PAINTER & DECORATOR

Tel: 016973 33039

Mob: 07900 914484

Email: pelisethan@sky.com

RELIABLE SERVICE

Papering

Internal & External Decorating

Domestic & Commercial

Insurance Work

Free Estimates Competitive Quotes



SAFEcontractor

#### MIKE JONES Painter & Decorator

Call now for a free quote

Facebook:

Mike Jones painter and decorator

mikedecorator53@gmail.com

T: 07842 355486

### Denture Repairs

#### Addison Orthodontics

Dental Repair Service

54 Esk Street

Silloth, t: 016973 32208

### Firewood

#### Seasoned Firewood Logs

DELIVERY AVAILABLE

Tel: Ashley Sharp

016973 31495

07762 772208

### Plant Hire

#### DIGGERS For HIRE



JCB 8026 Ideal for little jobs. Driveways and around the Garden.

JCB 86-C1 Suitable for housing sites, ideal around the Farm.

Doosan 22 Tonne

The big jobs, Stripping ground, Demolition, Crushing, etc.

Tel Eric Stanwix, Silloth:

07736 774 788

also available to Drive Freelance on other Diggers CPCS 360 above and below. Ten ton CSCS Card Blue Card Holder

### Joiners

#### OUTDOOR JOINERY

All outdoor joinery

Maintenance & Repair work of all kinds

Laminate flooring fitted

Tel Norman on:

016973 61256 or

0785 754 7783

**When  
a  
job  
needs  
doing  
Get  
It  
Done!**



#### David Read

Carpentry & Joinery

Property maintenance & repairs

Tel: 016973 32245

Mob: 07759 783823







## Plumbers

**KMG Plumbing & Heating**  
Gas, LPG, Oil, Solar & Solid  
Fuel systems  
Experienced and Local  
Tel: 01900 881462  
Mob: 07590 522621

## M. TAYLOR

Over thirty years  
experience in  
the installation,  
maintenance  
and repair of  
domestic gas  
and heating systems,  
all aspects of domestic  
plumbing undertaken no job  
too small, local and reliable



**Tel: 016973 32672**  
**Mob: 07773 069856**

## Window Cleaner

**Abbey Cleaning Services**  
Call Ryan on 016973 61162  
or 07732 270844  
working throughout  
Abbeytown, Silloth &  
surrounding areas

## Advertise Here!

**in the Tradesmens  
Section only £152**  
for  
ten issues  
or a 6.5cm box  
for only  
**£267.75**  
for ten issues



## Roofers

### Allerdale & Eden ROOFING SERVICES

Slating & Tiling • Velux Window Installations  
Repairs • Lead Work • Flat Roofing Specialist  
Fascias & Guttering • Storm Damage  
Insurance Work • **Free Estimates and Free Advice**

**Maryport: 01900 813517**

**Whitehaven: 01946 313103**

**Mobile: 07518 454396**

[www.allerdaleandedenroofingservices.co.uk](http://www.allerdaleandedenroofingservices.co.uk)



### PM Roofing Specialists

*Proprietor Peter McKie, Established 1980*

**No job too big or small • uPVC Guttering, Facias & Soffits**  
• Re-slating • Tiling • Chimney Stacks  
• Flat Roofing Specialists (Firestone rubber cover & GRP  
Fibreglass with 30 year guarantee)  
Insurance Claims \* Free Estimates  
**Tel: 01228 548591 or Mob: 07931 362163**  
**or 07833 305647 or 07534 050007**

## Window Installations & Repairs

### WEST COAST WINDOW SYSTEMS

■ Double Glazing Installations & Repairs ■  
■ Windows ■ Doors  
■ Roofline ■ Conservatories ■

All Repairs to Existing Glass and Handles, Hinges and Locks  
**FREE QUOTES ■ WORK GUARANTEED**

**Call James Watret 07921 542788 or 01461 202649**



Rosie  
by Izzy  
from Silloth Primary School

# Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

Abbey Cleaning Services 07732 270844  
Addison Orthodontics 016973 32208  
Allerdale & Eden Roofing Serv's 01900 813517  
Beacon Aerial Services 07941 370669  
Beaty & Co Solicitors 016973 42121  
British Heart Foundation 01900 358783  
Christine's Taxis 07917 564583  
D A Harrison 016973 42277  
David Allen Accountant 01228 711888  
David Read joinery 07759 783823  
Devonshire House Dentures 01228 529128  
Digger Hire 07736 774788  
Eilbeck Cleaning Services 07751 097035  
Fairydust Emporium 016973 31787  
Fiona's Footcare 07704 484287  
Good Companions 016973 31553  
Green View / Stella's 016973 31743  
Hair She Goes 07857 989358  
Harrisons Store Ltd 016973 61231  
Ian the Electrician 07727 127000  
Jaybees 016973 31245  
KL Express 016973 33033  
KMG Plumbing & Heating 07590 522621  
Man with a Van 07736 774788  
Mark Hansford Computer Services 016973 32089  
McDermott Chimney Sweep 07878 147444  
Mike Jones Decorator 07842 355486  
Mike Taylor Plumbing 07773 069856  
No. 17 Delicious 016973 32458  
Outdoor Joinery 016973 61256  
Peter Farrier painter 016973 33039  
PM Roofing Specialists 07931 362163  
Queens B & B 016973 31373  
Reays Coaches 016973 49999  
Seasoned Firewood Logs 07762 772208  
Silloth Cafe 016973 31319  
Slimming World Loretta 07766 118556  
S.O.S.C.S. 016973 32452  
Spot On 07736 774788  
Stanwix Park 016973 32666  
The Charity Shop 016973 31696  
Top2Toe Beauty Salon 016973 31591  
Triple TTT 01900 810008  
Upholstery, Irene Armstrong 016973 31836

West Coast Window Systems 07921 542788  
West Silloth Motors 016973 32833  
Wheyrigg Hall Hotel 016973 61242

**Advertisers  
entries are  
Free  
in the  
Phone Book**



## Useful Tel Numbers

Age Concern Home Safety Scheme 01946 68986  
Allerdale B. Council 03031 231702  
Chemist, Silloth: 016973 31394  
Community Grants: 01900 325013  
Crime Stoppers: 0800 555111  
Dentist, Alma Terrace: 016973 31270  
Dentist, Emergency: 01228 603900  
Doctor: 016973 31309  
Doctor CHOC service 03000 247 247  
NHS 111  
First Responders can only be called by  
the Ambulance service, call: 999  
Gas: 0800 111 999  
Highways Hot Line 0300 303 2992  
Hospital: 01228 523444  
Holme St. Cuthbert School, Mawbray:  
01900 881242  
Holm Cultram Abbey CoFE School  
Abbeytown: 016973 61261  
MP, Sue Hayman: 01900 702929  
Neighbourhood Forum: 01900 325013  
Police: 101  
Quakers, Wigton: 01228 523174  
Register Office, Wigton: 01228 221122  
Samaritans: 01228 544444  
Silloth Community School:  
016973 31234  
Silloth Library 016973 31944  
Silloth Nursery & Junior School:  
016973 31243  
Silloth Town Clerk: 016973 31128  
Silloth Tourist Information Centre:  
016973 31944  
Solway Buzz: 016973 32180  
Paragon Vet: 01228 710208  
Millcroft Vet: 016973 23898  
Waste Disposal Dept: 01900 702800  
Water LeakLine: 0800330033  
West Cumbria Carers 01900 821976  
Please, let us know what you want  
included, also any changes to numbers.







# July Shipping at the Port of Silloth

Report by: Capt Tim Riley,  
Harbour Master, Short Sea Pilot

**July**  
26th Aberdeen from Ghent  
with a cargo of Fertiliser then on to  
Belfast.

We only had one vessel call  
during the month of July, very  
slow overall for the industry. The  
Aberdeen arrived with a split cargo  
of Fertiliser, part CAN and part  
AS. Totalling 2,908 tonnes.

The port is now looking to take  
advantage of some of the outlying

lands we own to provide additional  
storage for bulk cargoes, this will  
be as a result of the pending Brexit  
discussions as cargoes will probably  
end up coming from further afield  
and may need better/larger areas  
for storage prior to distribution or  
delivery to customers.

Looking forward we hope  
to improve the imports during  
August a little, possibly three  
vessels and better in September.

Hoping everyone is staying well  
during these strange times.



# Protect Your Children Online

Police and Crime Commissioner, Peter McCall,  
is encouraging parents to speak to their children  
about the potential dangers on social media as the  
summer holiday begins. Children and teenagers are  
spending more time online which makes them more  
susceptible to being targeted by cyber criminals.

With technology continuously advancing, many  
criminals have moved their crimes online to target  
trusting individuals from the comfort of their own  
home. Cyber crime covers many topics from fraud to  
child sexual exploitation.

Police and Crime Commissioner, Peter McCall,  
said: "Younger generations are becoming increasingly  
more tech savvy however this does not mean that  
they are immune to the dangers of cyber crime.  
Predators are on our social media and it's our duty as  
parents to make our children aware of these dangers,  
what is appropriate to share online and also let them  
know that they need to let their parents know if they  
feel that they are talking to someone who might not  
be who they say they are.

There are several ways to keep your child safe  
online: have regular talks with them on what is  
appropriate information and language to share –  
they should not share any personal information  
such as their address online. Check that what your  
child is watching on streaming sites such as Netflix  
or Youtube is suitable for their age – these sites do  
have graphic content. Set boundaries and rules: who  
they can speak to, how long they can spend online  
and – for younger children – parents having access to



passwords.

It's so important that we understand the risks that  
come with having an online presence – most of us have  
experienced scam emails and we all want our children  
to be as safe as possible when online."

For more information on online safety, visit [www.getsafeonline.org/safeguarding-children](http://www.getsafeonline.org/safeguarding-children)



*Slimming*  
WORLD

because you're amazing

**Meet Loretta on  
Saturdays in  
Silloth Rugby Club**

*Because of Covid-19 you  
must phone first to book  
a session time*

Contact: Loretta on  
07766 118556



Visco Bee  
by Michaela Nichol  
from Silloth Primary School

**S.O.S.C.S.**

**Silloth on Solway Community Shop**

- \* Local people working for local causes \*
- \* All proceeds go back into the community \*
- \* Please continue donating \*

Open every day  
10am to 3:30pm  
Tel: 32452



S.O.S.C.S.  
12 Criffel Street  
Silloth

**THE GOOD CAUSES  
CHARITY SHOP**

1 Queen's Court, Criffel Street, Silloth

Contact: Denise Poland on 07716 507453

Closed Mondays

Please help us to help them

**D.A. Harrison**



**Haulage & Storage  
Sand, Gravel & Aggregates  
Readymixed Concrete**



**Demolition & Site Clearance  
Licenced Waste Disposal Site & Skip Service  
Stevedores at Silloth Docks**

Admin: 016973 42277 Transport: 016973 44000  
Skip Hire: 016973 31000 RMC: 016973 61777  
Fax: 016973 42210 E: [info@daharrison.co.uk](mailto:info@daharrison.co.uk)  
Silloth, Wigton, CA7 4NS

**ATLAS**  
CONCRETE LIMITED

Tel: 016973 32585 or 016973 42277  
Silloth, Wigton, CA7 4NS, [www.atlasconcrete.co.uk](http://www.atlasconcrete.co.uk)

Manufacturers of all types of prestressed concrete panels  
and general purpose instant walling. Farm and industrial  
use, hollowcore floor units and 't' beams made to measure.  
Concrete posts & panels for instant security walling

**DA Harrison & Company**

Petrol, Diesel & Convenience Store

Waverton, Wigton, Tel: 016973 42277

**SPOT ON**

Top Secret Roadshow  
by Top Mobile DJ

**Eric Stanwix**

Specialising in Weddings  
and all Family celebrations,  
eg: Christenings to Funeral  
Wakes, Fundraising Events,  
Christmas Parties, also  
Carnivals & Village Halls.

Tel: 07736 774788  
[ericstanwixjr1@btinternet.com](mailto:ericstanwixjr1@btinternet.com)



## Great Results at Silloth School

We are delighted with today's GCSE results at Solway Community School. Although not in normal circumstances their grades recognise the hard work and commitment the students have put into their studies over the past five years and more. It is great to see the students achieving the results they need to move onto their chosen next steps. In particular I am pleased to see students moving on to such a wide and diverse set of destinations; from Keswick and Nelson Thomlinson Sixth forms, Carlisle and Lakes College, the Navy and Army to Gen2 and a host of others. It shows the quality of qualifications they have gained here has enabled them to move successfully onto their chosen next steps.

It is great to be able to mention in particular Rebecca Weightman and Tia Henderson who between them achieved seven grade 9s, seven grade 8s and three grade 7s. An outstanding academic achievement by both of them and comes at the end of many years' hard work.



Alongside this it is with great pleasure to recognise the hard work that resulted in; a grade 7 in Art for Holly Smith, a grade 7 for Jack Harrison in Chemistry and a grade 8 for Ella Baker in History. We wish them and all our students success in the future.

This cohort not only leave

us with a great set of academic qualification but as a great set of individuals. It has been fantastic to work with each of them over the last five years, helping them to grow and develop in a foundational stage of their lives.

It is with some sadness we will be saying goodbye and good luck!

## School Transport Guidance

Ahead of school's reopening in September, Cumbria County Council has published information and guidance for parents and pupils about arrangements on school transport to minimise the risk from COVID-19.

The full guidance is available at: [www.cumbria.gov.uk/schooltransport](http://www.cumbria.gov.uk/schooltransport).

The key messages for pupils and parents are:

- Only use school transport if there is no safe or practical alternative, such as walking or cycling.
- Social distancing will not apply on dedicated school transport.
- Face coverings should be worn wherever possible while travelling, however these will not be provided.
- Hand sanitiser will be provided on board all dedicated school transport vehicles and it should be used by pupils when getting on, and getting off the bus.
- Children should try to sit within their school bubbles on vehicles, but this is not a requirement and will not always be possible.
- Schools may have arranged a seating plan on the vehicle, parents

should ensure their child is aware of this, and follows the school instructions.

Children should not travel to school if they:

- Are experiencing any Coronavirus (COVID-19) symptoms.
- Are self-isolating as a result of Coronavirus (COVID-19) symptoms or sharing a household, support bubble, or having come into close contact with somebody with symptoms.
- Have been advised by the NHS or local test and trace service to self-isolate.

If parents do not intend to make use of a free or subsidised transport place for their child they should contact [school.transport@cumbria.gov.uk](mailto:school.transport@cumbria.gov.uk) providing the name, date of birth and school attended of the child in question.

Cllr Sue Sanderson, Cabinet Member for Schools and Learning, said: "We know that these are uncertain times for families as they prepare to send their children



back to school, and that they will have concerns and questions about school transport. Please review the FAQs and guidance published on the council website, and contact your school or the council's transport team if you have any questions."

A full list of FAQs and guidance regarding school transport is available on the council website.

## Abbeytown Junior Football Club Celebrate Grant Award

Football in Abbeytown received a boost today as Abbeytown Junior FC were awarded a grant by the Premier League, the FA and Government's Football Foundation.

The £500 grant from the Foundations Club Preparation Fund will help Abbeytown to prepare their buildings to safely reopen in line with Government guidance around hygiene and social distancing, and The FA's plans for a 'phased return' that were announced on 18th July.

The Club Preparation Fund follows the £7m of investment awarded to 2,900 organisations through last month's Pitch Preparation Fund, also delivered

by the Premier League, The FA and Government's Football Foundation. This is enabling over 9,000 football pitches to be made match-fit, and is benefiting over 33,000 football teams.

Speaking about their funding success, Carol Harrison, Club Welfare Officer said: "The Football Foundation Grant will enable the club to install sanitiser units and signs

to make our headquarters a safer environment for players, spectators, officials and coaches".

The Football Foundation is a charity funded by the Premier League, The FA and the Government, through Sport England.



Spot the Bee  
by Myles Barwise  
from Silloth Primary School

**SILLOTH CAFE**  
Traditional Fish & Chips to Sit In or Takeaway  
*Special Wheat Intolerance Gluten Free Option*  
Monday-Saturday 9am to 9pm Pensioners Meal Deal:  
Sunday 9am to 8:30pm Monday - Friday  
Station Road, Silloth, Tel: 016973 31319

**KL EXPRESS**  
Chinese  
Takeaway

Open at 5pm  
Every Day

A Wide Variety of  
Dishes for Every Taste

Telephone Orders  
016973 33033  
43 Eden St, Silloth

**Fairydust Emporium** Vintage Tearoom & Shop  
Eden St, Silloth  
Open 7 Days Tel: 016973 31787 or 07842 062118  
Rated Number 1 **tripadvisor**  
The home of the **Biggest Hot Chocolate in Cumbria**  
Silloth **Fairydust Cabin** Green  
A Gnome in One Putting Green  
The Silloth Fairy Trail & Wishing Tree  
search FairydustHQ

EST **Nº 17** 2015  
DELICIOUS

**Baguettes**  
**Panini's**  
**Breakfasts**  
**Wraps & Coffees**

17 Eden Street  
Silloth, CA7 4AD  
016973 32458