Regular Weekly Events

Bingo - Silloth Social Club, Waver Street @ 7:15pm Domino Drive -Recreation Hall, Eden Street Playing Field @ 7:30pm

Tuesdays

Bingo - Bowling Club, Eden Street @ 7pm Whist Drive -Recreation Hall, Eden Street Playing Field @ 2pm

Wednesdays

Coffee Morning -Silloth Nursing Home @ 10am Bingo - Silloth Social Club, Waver Street @ 7:30pm

Thursdays

Market -Criffel Street 10am to 4pm Whist Drive -Recreation Hall, Eden Street Playing Field @ 7:30pm

Fridays

Bingo -

R.A.F.A. Club @ 7:30pm

Saturdays

Bingo - Silloth Social Club, Waver Street @ 7:30pm Music & Dancing -R.A.F.A. Club, evening

Sundays

Market -Criffel Street 10am to 4pm Market & Car Boot -Silloth Airfield 10am to 4pm RNLI - Exercise @ 10am Bingo - Bowling Club, Eden Street @ 7pm

Beaver Scouts

Every Monday during term time in Silloth Community Centre from 5pm to 6pm.

Football Training

Eden Street Playing Fields "the home of great football" Under 8's / Under 9's

Thursdays 5:30pm-6:30pm Under 11's Tuesdays 5:30pm-6:30pm Under 14's Wednesdays 6:30pm-7:30pm

Tuesdays 6:45pm-8:15pm

Abbeytown Men's Training

Wigton Sports Hall Tuesdays 8pm to 9pm Transport: 016973 61344 / 61338

Copy date for the next issue

If your organisation has an event to promote or you have something to say, please note that the next copy date is:

7th July 2003

Silloth Medical Practice

Open 8:30am to 6:30pm Tel. 016973 31309

Do not 'phone before 8:30am unless it is an emergency requiring a Doctor.

Prescriptions:

Please do not 'phone before 10:30am for prescriptions. Allow 48 hours for collection from the Chemist or 24 hours if collecting from the Surgery

The following can be dealt with by our nursing team:

Blood pressure checks Holiday vaccinations Blood tests Sutures (stitches) removed Dressings

There are also:

Diabetic Clinics Asthma Clinics Cytology Clinics Hypertension Clinics Well Man / Well Woman checks

Want to stop smoking?

Make an appointment to see Pat Williams to give you advice and support in stopping smoking. Tel. 016973 31309 / 31325.

Young persons clinic

Every Wednesday starting 2nd October 3.30pm - 4:30pm. General health and contraception service for under 20's Confidential & Informal

Useful Tel Numbers

Chemist, Silloth: 016973 31394 Crime Stoppers: 0800 555 111 Dental Emergency: 01228 603620 Dentist, Buchanan: 016973 31270 Dentist, Steel: 016973 32042 016973 31309 Doctor: 0800 111 999 Gas: Hospital: 01228 523444 Holme St.. Cuthbert School

Mawbray: 01900 881242 Holm Cultram Abbey CofE School Abbeytown: 016973 61261

MP, Tony Cunningham:

01900 65815 Abbeytown Library 016973 61425 Silloth Library: 016973 32195 Police: 01900 602422 Quakers, Wigton: 01228 523174 Samaritans: 01228 544444

Silloth Community School: 016973 31234

Silloth Nursery & Junior School:

016973 31243 Silloth Town Clerk: 016973 31128

Silloth Tourist Information Centre: 016973 31944

Solway Buzz: 016973 32180 Taxi: 016973 31508 Vet: 016973 20242 Water LeakLine: 0800 33 00 33

This section is for your convenience, so please, let us know what you want included, also any changes to numbers.

Silloth Library

Opening Hours:

Monday 2pm-7pm Tuesday closed Wednesday 10am-1:30pm 2:30pm-5pm 10am-1:30pm Thursday 2:30pm-5pm Friday 10am-1:30pm 2:30pm-5pm Saturday 10am-12 noon

Books

Large print request service Reference & Information Videos Talking Books Audio CD's

Storvtime for under 5's Every Wednesday 2.30-3:00pm during term times. Stories, rhymes and games for under 5's and storysacks to borrow, as well as books, videos and story tapes.

Storysacks

- · Storysacks are lent on an adult borrowers ticket.
- Storysacks are lent for a week.
- There is no charge for borrowing Storysacks, but if returned late an overdue charge of 20p per day will be charged.
- · Each Storysack has a list of everything in it. Please ensure that everything is put back in the Storysack when you return it.
- If anything is missing or broken, please tell a member of staff. A small replacement charge may be made.
- · Enjoy sharing Storysacks with your children.

Abbeytown Library

Abbeytown Library Holm Cultram Primary School Abbeytown Wiaton CA7 4RU

Tel: 016873 61425

Assistant in Charge: Noelene Foster Monday: 3 - 5 pm Tuesday: Closed Wednesday: 3 – 5 pm Thursday: Closed Friday: 3 – 5 pm

- Fiction
- Non-fiction
- Reference and Information Services
- · Children's Books
- Homework help
- Talking Books
- Local Studies Collection

And for a small charge:

- Requests
- Fax Facility
- Internet and PC use (some concessions apply)

We are open throughout the School Holidays

Refuse Collection Bank Holiday Arrangements

AUGUST BANK HOLIDAY W/c 25-08-03 Collections one day later than normal.

CHRISTMAS 2003 22nd, 23rd & 24th Collections as normal 25th & 26th Collections two days later than normal.

NEW YEAR 2004

For Crunch service locations or to arrange collection of bulky items Tel: 01900 326453

SILLOTH RUGBY CLUB

Available for **Private Functions**

- Birthday Parties •
- Engagements Weddings
 - • Christenings •
 - Fund-raising Dances

Comfortable, modern Lounge Bar Suitable for small or large parties

Telephone Christine on:

016973 32299

For further details or to book

Silloth & District OAP's

Weekly Whist & **Domino Drives**

Whist Drives:

Tuesday @ 2.00pm Thursday @ 7.30pm

Domino Drive:

Monday @ 7.30pm

in the Recreation Hall Eden Street Playing Field Silloth - 50p entry

Everyone Welcome

Masthead Bee Winner

This month the winner is Reece Hadley Blake from Silloth Primary School with a bee called "Football Bee".

His prize will be awarded

at the school. Well done Reece!