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FREE PAPER Issue 190

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July 2021

The Community Garden on Silloth Green

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Green

Award

Flag

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Financial Services Debt Recovery Payroll

Agricultural Services

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The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

Lowther Arms Welcomes New Call for New Community **Tenants Madeline & Warren**



The Lowther Arms at Mawbray is welcoming its new tenants who will re-open the village pub on Saturday 26th June 2021 at 10am.

The pub has been closed for two and a half years and this is the first pub for both the Tenants and the Lowther Arms Community Project.

Bar Manager, Madeline Carter, and Head Chef, Warren Machell cannot wait to get started and run their own business. Both have a lot of experience in the hospitality industry, having worked in busy Lake District venues for many years, and are now looking forward to using their skills to develop the Lowther Arms into a friendly and traditional country pub and destination that serves great food.

"We love the area" says Warren "and this is a great opportunity for us to run our own pub and build up the business. We plan to support local breweries and businesses and have at least two real ales on tap. We've enjoyed creating lunchtime and evening menus that use locally-sourced ingredients. The aim is to keep things simple and provide a range of good, honest, traditional, pub food that will satisfy most appetites and tastes. As a start, we'll open at 10 am for coffee and snacks, six days a week (closed on Tuesdays) and serve hot lunchtime and evening meals on Thursday, Friday, Saturday, and Sunday, including Sunday lunch. A range of sandwiches and cold snacks will be available on other days."

Warren has also served in the military and believes his training, strong work ethic, and ability to get the job done will stand him in good stead. Working in the hospitality industry runs in Madeline's family, too, so they make a great team.

It's a new start all round and great news for the village that came together to form the Lowther Arms Community Project (LACP) to sell shares to buy and save their village pub.

We've been very fortunate to receive so much support throughout our campaign" says Chris Atkinson, Chair of LACP, " and it was purely by chance that we met Warren and Madeline. I was sitting outside Sainsbury's supermarket in Cockermouth, with my wife Vivienne, on a cold and wet Saturday morning in October last year, raising awareness of the share campaign, when Warren just happened to walk by. Warren was interested in our project and we were interested in his passion for food and the opportunity to run a country pub, so we exchanged details. It was only months later when we bought the pub and advertised for tenants that Warren responded and applied for the position."

The local community is delighted to welcome Madeline and Warren to Mawbray and has been working hard to get the accommodation ready for them and their young daughter Eleanor.

The project has achieved a great deal with a dedicated team of volunteers working non-stop to renovate the pub. Unfortunately, there were a few more surprises than expected as the sellers were not forthcoming with information, and the cost of a new waste treatment plant has eaten into the works budget.

"We still need people to buy shares" says Vivienne Coleman, LACP Company Secretary " and every purchase will make a big difference. The share offer is still open, shares start at just £100, and details are available on our website www.thelowtherarms.co.uk

We are also seeking sponsors for garden furniture, two fire doors, and £1,500 for a large marquee to provide safe outdoor space for the Grand Opening celebrations and the first General Meeting."

If you'd like to help, please email lacp2019@outlook.com.

Anyone who is interested in buying shares or making a donation can find out more at www.thelowtherarms.co.uk . For sponsorship or other information. contact Vivienne Coleman on 01900 881441. News is updated on the Face Book page @ lowtherarmscommunityproject and Twitter @arms_lowther

Transport Volunteers

Cumbrian people interested in helping their communities to get out and about are being encouraged to come forward and team up with Cumbria County Council's Community Transport service.

New faces are needed to join our voluntary social car and community minibus schemes, providing transport for people who cannot make journeys by public or private transport.

Community Transport The council's

Community Transport service has a team of over 127 volunteers who have made thousands of journeys helping to get people out and about. There are approximately 50 voluntary social car schemes operating throughout Cumbria, as well as a number of community transport schemes providing journeys for people who need to do the weekly shop, see the doctor, or just to visit friends.

We are always on the lookout for more people able to give up some of their spare time to be volunteer drivers or scheme coordinators. All expenses are reimbursed.

We are specifically looking for Volunteer Co-ordinators in Grange-over-Sands, Ulverston, Maryport, Workington, Whitehaven, St Bees, Egremont, Cleator Moor and Silloth. Volunteer drivers are needed across the county, but the main areas are currently Sedbergh, Ulverston, Grange-over-Sands, Wigton, Maryport, Workington and Silloth.

Anyone interested in finding out more should contact Katy Wood, the council's Voluntary Transport Officer, 07788396194, or visit www.cumbria.gov.uk/ communitytransport

Councillor Keith Little, Cumbria County Council Cabinet Member for Transport, said: "Our



volunteers do a fantastic job and play a vital role getting people out and about, we couldn't provide a service without their valued efforts. We're always looking for more volunteers to support our community transport schemes, so if you have some time to spare we'd love to hear from you."

Recognising the efforts and support from volunteers in communities across Cumbria throughout the Coronavirus pandemic, Cllr Deborah Earl, Cabinet Member for Public Health, added: "I'd just like to say a huge thank you to the hundreds of people that have given their time, support and kindness to helping support people during the last year. It has been tough for us all, but the role of volunteers and the contribution they have made to their local communities has been so valuable and appreciated - from shopping trips and collecting prescriptions for elderly or vulnerable people, to supporting neighbours, friends and loved ones during the lockdown periods, your kindness has helped countless families through these challenging times. "I'd just like to recognise and thank every single person that has helped in one way or another."





Deadline Approaches for Grants from Allerdale Borough Council

Allerdale Borough Council are encouraging eligible local businesses to apply for government-backed grants made available to those affected by the COVID-19 pandemic, ahead of fast-approaching deadlines.

The Additional Restrictions Grant (ARG) Spring Back Payment is a discretionary grant intended to help businesses as coronavirus restrictions are eased across the country. It is aimed at those organisations that have been severely impacted by the restrictions put in place to control the spread of Covid-19, but which are not eligible for the other funding that is available through the Restart Grant scheme.

Grants are based on the level of fixed business costs and range from $\pounds 2,000$ to $\pounds 10,000$.

The application window for the Spring Back Payment closes at 5pm on 30 June 2021. The deadline has been extended to enable as many businesses as possible to apply.

Payments under the scheme are prioritised according to three categories. Businesses in the hospitality, hotel, B&B and leisure industries as well as the retail sector are the first priority, alongside event management businesses and those that rely on close contact such as beauticians, taxi drivers and driving instructors.

A full description of the eligibility criteria is available on the council's website: https://www. allerdale.gov.uk/en/coronavirus/ coronavirus-business-grantsclaims/. Another grant which will soon be closing to new applications is the Restart Grant.

If businesses are eligible for a Restart Grant they will not be eligible for the Spring Back Payment and are therefore asked not to complete the Spring Back application form.

The Restart Grant scheme application deadline is 30 June 2021.

The Restart Grant scheme is broken down into two strands and supports businesses in the non-essential retail, hospitality, leisure, personal care and accommodation sectors. Allerdale Borough Council have, to date, issued 1,653 payments totalling more than £13 million.

The grant amounts are a one-off payment for each eligible property, based on their rateable value:

• a one-off grant of up to £6,000 in the non-essential retail sector • a one-off grant of up to

£18,000 in the hospitality, accommodation, leisure, personal care and gym sectors

More information on the help available to businesses is available on the council's website: https://www.allerdale.gov.uk/ en/coronavirus/coronavirusbusiness-grants-claims/

Businesses are also encouraged to check the website page for any updates regularly which includes information on financial help and how to reopen safely. Help and advice is also available from the council's customer service team on 0303 123 1702.

Emelia's Raised £630 for the Little Princess Trust and Gives 14 inches of Her Hair



Emelia is 10 years old and moved to Silloth last August from Stockport, Greater Manchester. Emelia attends Silloth Primary School and joined Silloth girls under 10s football team, this is when she realised she wanted to cut her hair shorter, running around with all that hair!

Due to lockdown restrictions the Little Princess Trust were unable to accept hair donations so Emelia waited patiently. Emelia has never forgotten about her Grandma Jackie losing all her hair following her chemotherapy and her cousin Olivia had donated her hair a few years earlier. So when she decided to have a shorter cut we went through all the details on the Little Princess Trust and looked at all the profiles of the kind people who had already donated and noticed that Emelia's colour of hair was not a common one and therefore this made Emelia more determined to donate.

On the 4th June Emelia had



her hair cut by Jodie Housby, she intended on donating the minimum 12 inches required however afterwards it was measured at 14 inches, the cost to make the wig is £550 so Emelia put this amount as her target, she has raised £630 so far.

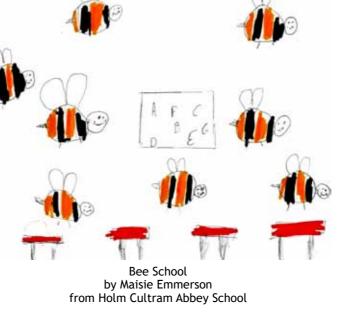
Emelia has been overwhelmed with the generosity of the people of Silloth, together with family and friends. The whole family is so proud of Emelia and her new haircut looks amazing.

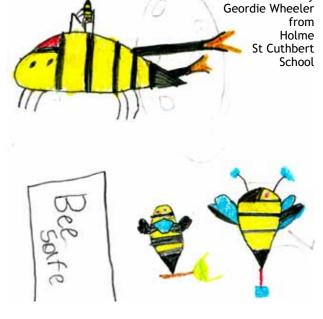
Bob, Jeff and Cyclo Bee

by

Bob by Freddy from Holme St Cuthbert School







Community Lottery Success for Local Organisations

Allerdale Borough Council's community lottery goes from strength to strength in its first six months, benefitting community groups throughout the borough and

providing prizes to many lucky winners.

The council is now looking to build on this success by encouraging more organisations to sign-up and more people to buy tickets and show their support for local good causes.

Allerdale and Lakeland Lottery was set up late in 2020 to help community groups and charitable organisations raise much-needed financial support.

It costs just £1 per game to play and participants could win up to £25,000 as part of the weekly draw.

However, the focus of the lottery is very much on helping the good causes. For every ticket bought, supporters can choose to provide 50p towards a charity or group of their choice which is registered with the scheme. A further 10p goes towards a general fund for other good causes in Allerdale

Already the lottery paid out £18,000 to local causes and is on course to raise over £44,000 in its first year. It has around 770 players who have bought more than 1,400 tickets

There are 71 causes signed up to the lottery from all walks of life. They range from nature conservation groups, school friend groups, scout groups, theatres and heritage charities, as well as sports clubs and even a chess club.

Every week all tickets are entered into the national draw and already many of the supporters



LOTTER

and community organisations benefit from the lottery, and is encouraging more supporters to buy tickets. The great thing about the community lottery is that supporters can choose which local organisation to support and the cause revenue money stays in the local community.

have won prizes

ranging from three

extra tickets to one

lucky winner who

now hoping to see

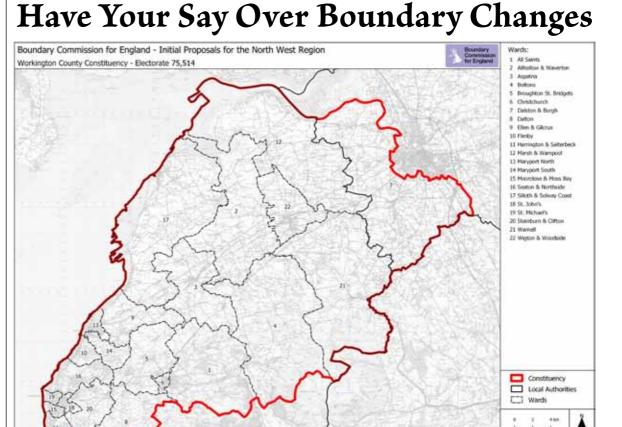
more local charities

The council is

scooped £2,000.

To buy tickets, or sign up as a good cause, go to the lottery website at: www.allerdalelottery.com/.

Cllr Marion Fitzgerald, Executive member with responsibility for policy, governance and people resources, said: "I'm delighted by the success of the Allerdale and Lakeland Lottery in its first six months. The figures speak for themselves and I'd like to thank all the supporters and causes who have put in so much effort to get to where we are today. Community groups and organisations need financial support now more than ever, and this is a great way for them to help raise that cash. If you are a local not-for-profit organisation and have not already signed up please don't miss this fantastic opportunity to join the lottery. It's free and easy to register, you get your own lottery page and lots of personalised marketing material and advice. Then all you need to do is shout about your page to your supporters, who will really appreciate having the opportunity to support a local good cause they feel strongly about! And who knows, you may even win some money."



The proposed new Workington constituency for 2023 with an electorate of 75,514. Major changes: the boundary has moved right up to Carlisle, including Dalston, who are not at all happy. Keswick has been removed, it is now to be part of Copeland.

Boundary

for England

What are the local ties which bind together your constituency? Is it where you send your

children to school, your place of worship, your library - or, perhaps, the community groups you attend?

Over the next eight weeks, we want you to tell us how we can best reflect your local community as we reshape the map of Parliamentary constituency boundaries in England.

Currently, the number of electors in some constituencies is much higher than in others. The Boundary Commission for England, an independent and impartial public body, is redrawing the boundaries of Parliamentary constituencies to make sure each one has between 69,724 and 77,062 electors (there's an exception to that rule for the Isle of Wight); as part of this process, the number of constituencies in England will increase from 533 to 543. The 2023

Boundary Review will therefore ensure Commission that each MP represents roughly the same number of

electors in each new constituency. Today, for the first time, you are able to view what the new map

of constituencies may look like. By visiting our consultation portal, www.bcereviews.org.uk, you can view our initial proposals for the new constituencies, compare them to the existing pattern and submit your views before the consultation closes on 2 August 2021.

Your feedback is important. During the last review, we changed over half of our proposals to reflect the local knowledge submitted by the public during the consultation process. It is now over to you to tell us whether your area is best represented in the boundaries and constituency names we have proposed; and if not, how these can be improved.

We look forward to reading

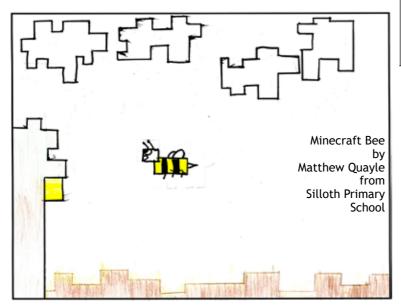
your representations. Help us draw the line – go to www.bcereviews.org.uk and have your say

What do you need to know? • The number of constituencies in the North West will decrease from 75 to 73

• By law, every constituency we propose must contain between 69,724 and 77,062 Parliamentary electors (as at 2 March 2020) • As far as possible, we try to have

regard to local ties, geographic factors, local government boundaries (as they were known at 1 December 2020), existing constituencies, and minimising disruption caused by proposed change

• We use local government wards as the building blocks for proposed constituencies, but will consider splitting a ward where there is a strong case for doing so that helps us better respect the factors above







WOW! Lisa Lost

6 Stone and

Just Look at Her

Now

Keswick Foster Carer and Mum of Five Shares Her Story



Cumbria County Council has launched a campaign this week to try and find more foster carers who can offer homes to siblings and help keep families together.

The council already supports a community of more than 250 fostering households across Cumbria but there is an urgent need for foster carers who have room for a sibling group of two or more. Keeping siblings together in foster care offers each child an extra layer of support and can reduce feelings of isolation.

Catherine and Andrew Stone, from Keswick, were approved as foster carers last October and had two siblings aged 3 and 9 placed with them in November. The couple who have five children of their own felt it was important to foster siblings and give them the chance to stay together.

Catherine, who was a childminder for nearly two decades before fostering, said: "The fact we've got five children of our own made us think about what would happen to them if anything

happened to us and our own children had to go into care; the thought of them being split up was just heart breaking. Although we only have one spare room, it is a big room, so we felt we had the space and time for two children. Before we made the decision we asked our own children about whether they were happy to be part of a fostering family and they were all onboard. Our youngest daughter was very happy that she would finally have younger siblings and, because of my child minding, they have always grown up with other children in the house. The children moved in with us in November and we went into lockdown in January but actually it gave us lots of time together to bond with them. In their short lives our children have already had a number of 'moves' so we have recently agreed to be their long-term foster carers, which gives them the security of knowing what the future holds. To people who are thinking about fostering I would say definitely get in touch

Talk & Tidy Cleanup Volunteers Wanted

We are seeing more and more partners attend Talk & Tidy each month and it's great to see!

The next Talk & Tidy event will take place on Friday 25th June at Silloth. We will meet at Silloth Library, Liddell Street, Silloth CA7 4DD at 9:30am (finished by 12 noon) and go off in pairs with a designated route.

Litter pickers and bin bags will be provided but please bring your own gloves, masks and hand sanitiser, etc. There are car parking facilities at the library for your convenience

Before attending please email: elaine.lewis@cumbria.gov.uk to confirm your place.

an information evening and make your decision. We have found it very rewarding looking after the children and knowing we have been able to make sure they can stay together and help them to become part of our family."

Siblings can share bedrooms depending on their age, but we are really looking for people who can offer space, time and love to brothers and sisters. In return we offer an excellent package of support and generous payments.

Cllr Anne Burns, Cabinet Member for Children's Services, said: "If you have been thinking about fostering and have the room at home and in your life to care for more than one child, then please attend one of our events and find out more."

For further information visit cumbria.gov.uk/fostering



Lisa's 6 stone weight loss really is a taste of freedom!

Over the years Lisa, like many of us, had tried different weight loss programmes, often opting for quick fixes. Each time failing and feeling more hopeless than the last because of restrictive and unsustainable regimes. Feeling defeated and slowly giving up hope of being able to lose weight, Lisa heard about her local Slimming World group and thought she'd give trying to lose weight one last go.

It was the best decision ever, Lisa went on to lose 6 stone and feels fantastic. All of this without counting a single calorie!

The food optimising plan at Slimming World is so liberating because it's all counted for you. As a member you simply follow the extra easy plan and fill up on tasty every day family favourites. This, along with the help and support to understand yourself as a slimmer, identify your trigger foods and pitfalls really helped Lisa make healthy habit changes for life.

Lisa says "food optimising gives me the freedom to enjoy home cooked meals the whole family can eat with the added bonus of being able to socialise and eat out as nothing is out of bounds. When the family want a "Pizza Night" I

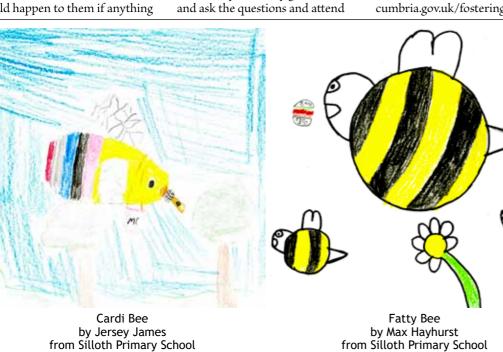


love the fact I can still join in and not feel guilty, which means I don't feel like I am missing out.

Before joining Slimming World, Lisa said "my relationship with food was extremely poor and I regularly made bad choices. Now I go to the group each week and have a better understanding about myself. Knowing the reasons and situations that see me reaching for those high fat, high sugar foods has meant I've been able to plan for those trickier times, leading me to develop new, healthier, informed habits around food.

As Lisa started to lose weight and feel more confident she started to incorporate some daily activity into her life. This is now something she does regularly. It's this activity along with the food optimising plan that keeps Lisa looking fantastic. Learning about yourself and being able to make healthy changes to your and your families lifestyle is priceless. All without restriction, hunger or counting calories.

Lisa attends Loretta's group (07766 118556), which are at St Mark's Church, Carlisle on a Monday Morning and Silloth Rugby Club on a Saturday morning. Or you can find a group near you at: www.slimmingworld.co.uk



Lifeboat Call Out



Report by: Julie Emary Silloth Lifeboat Press Officer

Silloth RNLI lifeboat was called out at 15:33 on Tuesday 1st June to up to 20 people including children, cut off by the tide at Southerness.

The lifeboat arrived on scene at 15:55. They took on board a casualty - a non swimmer, who had been given a life ring by body boarders who

were also in the area. The body boarders also escorted the rest of the people who had been cut off by the tide, who were waist deep in sea water.

Silloth RNLI lifeboat senior helmsman Steven Henderson,



skilfully negotiated the boat through the rocks to take the casualty as close to the beach as possible and two crew members accompanied the casualty to the shore, where Police Scotland and Portling Coastguard were waiting.

The Coastguard helicopter was also tasked from Caernarfon. Once the lifeboat crew had confirmed

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that all casualties had been safely brought back to shore by the body boarders, they returned to station.

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Cumbria Residents Week

Tourism businesses across Cumbria are being encouraged to sign-up to a new initiative designed to promote the county's fantastic array of visitor attractions to local residents.

The first ever Cumbria Residents' Week will take place from October 2nd to October 10th, 2021 with all businesses operating in the visitor economy invited to take part.

It is hoped that the scheme will help to support the business community to bounce back from the effects of the Covid-19 pandemic by encouraging Cumbria's residents to sample the great attractions, venues, eateries, hotels, shops and more on their doorstep.

The initiative has been put together through a partnership of Cumbria's six district councils with the support of Cumbria Tourism and Keswick Tourism Association.

The objective is to promote participating businesses to Cumbrian residents, offering them a chance to win prizes in a draw after making a qualifying purchase of over £10 between the 2nd and 10th October 2021. There is no cost for businesses to participate other than donating a prize, which could be free entry, an overnight stay, a free meal or gift voucher for example. Businesses will need to pass on a code to Cumbrian residents once they have made a qualifying purchase so that they

DEMOLITIONS

Yard:

The Control Tower

Silloth Airfield

Silloth CA7 4NS

Tel: 0774 2221222

can enter the prize draw.

If the weeklong event is a success, it is hoped Residents' Week will become part of the annual calendar in Cumbria.



Cllr Tony Markley, Executive member for tourism at Allerdale Borough Council, said: "All businesses have had it tough over the course of the last year and all of the local authorities and Cumbrian tourism bodies are working hard to offer them the support they

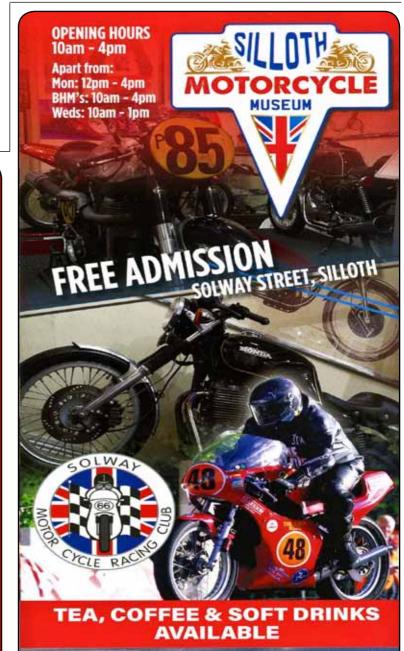


initiative being another example of that. Residents' Week promises to be a great event and we'd love as many businesses as possible to take part and make it a huge success."

need with this

Anne Cornthwaite, Keswick Tourism Association chair, commented: "Covid-19 has really highlighted how important it is to support our local businesses. It is something that we have promoted throughout the pandemic and we hope that this initiative will continue to raise the profile of the "keep it local" message."

Any business that wants to participate should complete the form on https:// cumbriaresidentsweek.co.uk/ and organisers will then be in touch nearer to the time with further details about how the scheme will operate. Any queries about the initiative can be sent to tourism@ allerdale.gov.uk.



sillothmotorcyclemuseum.co.uk

Cyber criminals love phishing. Unfortunately, this is not a harmless riverbank pursuit. When criminals go phishing, you are the fish and the bait is usually contained in a scam email or text message. The criminal's goal is to convince you to click on the links within their scam email or text message, or to give away sensitive information (such as bank details). These messages may look like the real thing but are malicious. Once clicked, you may be sent to a dodgy website which could download viruses onto your computer, or steal your passwords.

As of 30th April 2021, over 5.8 million emails were reported to the Suspicious Email Reporting Service (SERS). The tool, which was launched by the National Cyber Security Centre (NCSC) and the City of London Police last April, allows the public to forward suspicious emails to an automated system that scans it for malicious links. Since its launch, over 43.000 scams and 84,000 malicious websites have been removed.

What are the most common phishing scams?

The most commonly spoofed organisation reported in phishing emails was TV Licensing, with victims of these emails reporting losses totalling £5.3m. The majority of losses occurred as a result of victims following malicious links in the emails and inputting their personal information into what they thought was the legitimate TV Licensing website. Shortly after, they would receive a call from criminals impersonating bank staff who was able to convince them that their bank accounts were compromised and persuaded them to transfer all of their money to a new 'safe' account. Some

of the other most commonly impersonated organisations included HMRC and DVLA. We also received more than 40,000 suspicious email reports relating to COVID-19.

How you can protect yourself from phishing messages.

Fake emails and text messages can sometimes be difficult to spot and criminals are constantly getting better at finding ways to make them seem more authentic. Email address spoofing, for example, is just one of the tactics criminals will use to try and make their fake emails look real. Here are some tips you should follow to protect yourself, and others, from scam emails and text messages:

1: Be cautious of messages asking for your personal information. Official organisations, such as your bank, should never ask you for personal or financial information via email or text message. If you receive a message and you want to

check that it's legitimate, you can call the organisation directly using a known number, such as the one on a bank statement or utility bill.

2: Report suspicious emails. If you receive an email you're not quite sure about, you should report it to the Suspicious Email Reporting Service (SERS) by forwarding the email to: report@phishing.gov.uk. Your reports will help government and law enforcement agencies to remove malicious emails and websites.

3: Report suspicious text messages. If you receive a suspicious text message, you can report it by forwarding the message to 7726. It's free of charge and enables your mobile network provider to investigate the origin of the text and take action, if found to be malicious.

4: Report fraud. If you've lost money or provided personal information as a result of a phishing scam, notify your bank immediately and report it to Action Fraud.

Waver Wine Circle



Report by: Stuart Jones

On Wednesday 9th June the members of the Wine Circle met for their first get together after Covid lockdowns on Silloth Green. They enjoyed an alfresco Fish and Chip lunch provided by Owen of Silloth Cafe.

It was most enjoyable, thank you very much Owen.

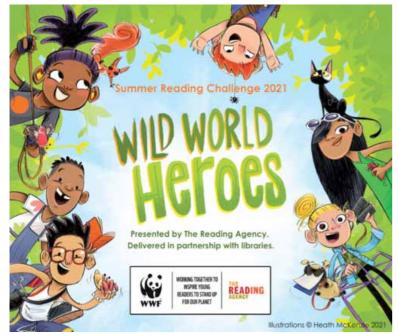
The meeting just happened to coincide with our outings arranger Janet Stukin's birthday! So to complete a great day Janet and Stella provided lovely confectionery.

This was our first get together since the commencement of the terrible Covid outbreak some 15 months ago.

Our aim is to continue with two further outings in July and August before retreating indoors, should the Government allow, for the winter period.



Summer Reading Challenge



Cumbria Libraries will be encouraging children to take part in the Summer Reading Challenge again this year and the theme is Wild World Heroes celebrating reading, nature and action for the environment.

This annual national event, which this year begins on 10th July, encourages children aged 4 to 11 to set themselves a reading challenge to help prevent the summer reading "dip".

Cumbria Libraries will support and motivate thousands of children to keep reading to build their skills and confidence. Signing up is free, you just need to be a library member, which is also free! You can sign up by visiting the Cumbria Libraries website or your local library.

The Challenge is simple; children read whatever they like in their chosen format over the summer holidays to receive incentives and a certificate once they've completed it. They can read fiction, fact books, poetry, joke books, picture books or graphic novels. Audiobooks and eBooks can all be used to complete the Challenge and Cumbria Libraries Borrowbox service is a great way to get free access to eBooks and eAudiobooks for the Summer Reading Challenge. We'll have a specially selected collection of books just right for Wild World Heroes!

For more information visit the Summer Reading Challenge website at summerreadingchallenge.org.uk The Summer Reading

Challenge begins on 10th July and ends mid-September, giving children plenty of time over the summer to borrow and read their six books and come into the library to tell us what they've read.

Cllr Deborah Earl, Cabinet Member for Public Health and Local Communities, said: "It's great to see our library service continues to encourage the younger generation to pick up a book and enhance their skills, knowledge and confidence in reading, especially over the summer holiday period. It's always good to set ourselves challenges and feel a sense of achievement so it's fantastic we can involve children in an event like this. The library staff and families continue to work extremely hard to ensure the Summer Reading Challenge is a success every year and given the difficulties young people have faced this past year, this is a great opportunity for them to thrive! Thank you to everyone involved and good luck to all of those who will be taking part – I can't wait to hear all about it!"

Cyber & Digital Crime Unit

enabling a

business to

take steps to

improve their

cyber resilience.

Businesses can

sign up on the

police.uk/#join

website. They

will then

receive a

unique code

which once

added to the

website will

cyberalarm.

Police and Crime Commissioner, Peter McCall, is urging the public to secure their phones, laptops and online presence following a visit to the Cyber and Digital Crime Unit (CDCU).

The Unit, based at Cumbria Police HQ, celebrated two years since the unit

launched. The CDCU, which is funded by the PCC, opened on Monday 20 May 2019 and focusses on tackling crimes that affect the residents of Cumbria from fraud to sexual exploitation.

Since its launch, the Cyber and Digital Crime Unit have assisted with an array of cases including 114 investigations where warrants and arrests have been made regarding online child abuse cases, including indecent images. In relation to other cyber-crime offences, 183 investigations were launched. All victims were contacted by specialists from the CDCU to provide advice to assist the victims with protecting themselves online.

The visit saw the PCC being introduced to technology such as the wi-fi pineapple which criminals use to access private information and contacts through Bluetooth. The device works by picking up signals from phones and laptops in a certain area where the Bluetooth is active, the criminals can then access all the individual's information and use it as they see fit.

The specialised officers also highlighted a new, free tool available to small to medium sized businesses and charities in Cumbria called Police CyberAlarm. The tool acts like a 'CCTV camera' monitoring the traffic seen by a businesses' connection to the internet. It will detect and provide regular reports of suspected malicious activity,



provide access to full instructions and how to install Police CyberAlarm.

Cumbria's Police and Crime Commissioner, Peter McCall, said: "Cyber-related crimes are on the rise as technology is advancing as criminals can now target individuals from the comfort of their own home and even covertly in public. This is why I funded and launched a specialised Cyber and Digital Crime Unit for Cumbria. The aim of the unit is to catch those who commit cyber and cyber enabled crimes but also to prevent and educate the public on how to protect themselves online. We all spend much more time online both socially and for business and we all need to be aware of the potential dangers. I would advise the public to turn off all Bluetooth on their devices when it is not in use - the more we protect ourselves and our devices the less these criminals can do

The Police CyberAlarm is also a fantastic resource for small businesses and charities, and it's completely free so definitely worth signing up for. Prevention really is key around fraud and scams - if we know how to recognise the signs of phishing, we are less likely to fall victim to them and therefore we put a stop to criminals gaining important personal information. There are also tools that can be used to protect our children from being targeted by perpetrators online - I strongly recommend seeking more information which

can be found at www.getsafeonline. org, which we fund in order to make it freely available to the public. I would urge anyone who has been the subject of cyber-crime to please report it to the Police on 101 – you are not alone in this, the more information we have on these criminals the more likely they can be brought to justice so please report."

Detective Inspector, Ian Harwood, who leads Cumbria's Cyber and Digital Crime unit said: With cybercrime, prevention is far better than a cure and the impact of becoming a victim can be devastating for individuals and businesses. In almost all cases we have seen reported here in Cumbria, regionally across the North West and nationally, simple security steps can keep you safe online. Social media hacking is a growing trend. Here are some security tips to keep you safe: Always use strong passwords and keep them secret. Don't allow anyone else to know them, this creates a risk of compromise; Make sure you keep your social media security and privacy settings tight; Make sure your digital device and applications are regularly updated to ensure you are using the most secure versions of software; Use two factor authentication as an extra layer of security; and make sure you use a good antivirus software.

For businesses I would urge them to make sure their data is regularly backed up and emphasize that education of their personnel is crucial. Within any organisation, people still are one of the biggest risks to a compromise. Simple education to recognise a suspicious email and understanding the risks of clicking on a potential malicious attachment can make all the difference for a safe digital working environment. Get Safe Online and the National Cyber Security Centre (NCSC) websites are good places to get more information about staying safe and cyber security."





CAFE Traditional Fish & Chips Mon-Fri 11:30am to 2pm 4:30pm to 8pm Saturday 11:30am to 8pm Sunday 11:30am to 7:30pm Special Wheat Intolerance Gluten Free Option Pensioners Meal Deal: Monday – Friday Station Road, Silloth Tel: 016973 31319

SILLOTH

Aged 16–25? Join the Youth Panel

Cumbria Community Foundation is looking for young people living in West Cumbria aged between 16-25 who are passionate about their community and making a difference, to join the 2021 #CanDo Youth Advisory Panel.

#CanDo encourages community organisations to apply for funding for community projects, led by young people. Those applications are then considered by a youth panel, putting the decisions firmly in the hands of the next generation. The Youth Advisory Panel will be made up of up to 15 young people with a wide range of lived experiences and a diversity of backgrounds and will form a crucial part of the Foundation's grant making and steer its charitable work in a more youth-led direction.

Funded by Sellafield Ltd, with match funding from Thomas Graham & Sons and local donors, #CanDo is part of Transforming West Cumbria, a multi-year social investment programme developed by Cumbria Community Foundation.

Sellafield Ltd's head of community and development, Gary McKeating, said: "This is a great opportunity for young people to get involved and be empowered to make a difference in their communities, I would encourage people to apply, you will also develop new skills and meet new people along the way." People who take part will have the opportunity to meet other young people and get a unique view into the charity sector. The panel is expected to meet up to four times a year and will be held virtually with an in-person meeting if possible, with pandemic restrictions.

Emily Dixon, 16, from Cleator Moor who was part of the panel last year, said: "The panel was a great experience to be a part of. It was nice to be able to speak to people and share ideas even with the current circumstances. Everyone was really willing to get involved and all the ideas were very different."

Annalee Holliday, Senior Grants & Programmes Officer at Cumbria Community Foundation, said: "Young people have enormous potential to make a positive change – their involvement is crucial to the future of our communities. This group will bring expertise and a fresh pair of eyes to help us decide which projects are funded."

Applications for the #CanDo Youth Advisory Panel will close on Friday 9th July, 5pm. The first meeting will take place on Tuesday 27th July and will be held virtually.

For more information or to apply visit, www. cumbriafoundation.org/ transforming-west-cumbria/ cando or call Annalee Holliday on 01900 820827 or email annalee@ cumbriafoundation.org



A new cycleway along Cumbria's stunning Solway Coast was officially opened on Thursday, June 17th by Tony Markley.

The 'Solway Coaster' is a 14.1km route between Allonby and Silloth and has been created to join onto the already successful route from Maryport to Allonby. The link between the coastal towns also forms part of the National Cycle Network Route 72 (Hadrian's Cycleway), which runs from Ravenglass, Cumbria, to South Shields in Tyne and Wear.

The path is aimed predominantly at cyclists, but the off-road sections are multifunctional and can accommodate pedestrians.

Allerdale Borough Council has taken the lead on delivering the project on behalf of the Silloth-on-Solway Coastal Community Team (CCT), a mix of public, private and community partners.

To fund the project the CCT secured £1m from the Department for Communities and Local Government's Coastal Communities Fund and a further £250,000 from DEFRA's Rural Development Programme for

est Nº 17 2015

DELICIOUS

Baguettes

Panini's

Breakfasts

Wraps & Coffees

17 Eden Street

Silloth, CA7 4AD

016973 32458

England (RDPE), which is part of the European Agricultural Fund for Rural Development.

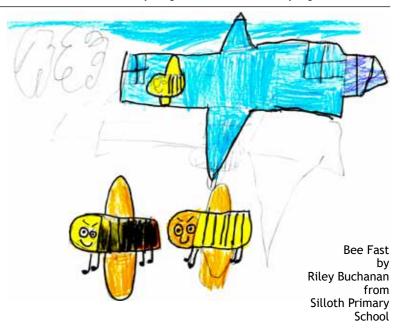
The opening will coincide with Clean Air Day, a national initiative which aims to shine a spotlight onto the issue of air quality and what can be done to help improve it. The council supports the initiative every year and uses the day to promote important messages around air quality in Allerdale and beyond.

Cllr Tony Markley, Executive member for leisure and tourism, said: "This cycleway will be a great asset to the area and provide a fantastic facility for local people to get active. It will also add to the brilliant tourism offering we have in Allerdale and we look forward to welcoming visitors onto the route. It's important that we are opening it up on Clean Air Day too. Through our 10-year Council Strategy we're committed to doing our bit to help address climate change and promoting healthy, sustainable travel such as cycling

and this will help us with that aim." The new route also goes past

the Lowther Arms in Mawbray, which has recently been purchased by the local community and will be opening to the public on 26th June. Vivienne Coleman, Company Secretary on behalf of the Lowther Arms Community Project Limited, said: "We are already seeing increased number of cyclists coming past the pub, which is great."

It is the responsibility of the council's officers to monitor air pollution and respond to smoke nuisance incidents. The council's environmental protection team monitors air quality in accordance with the Government programme and monitors for nitrogen dioxide every month across 18 monitoring locations in the borough. One of the council's other jobs is to continue to promote and maintain our good air quality. More information about Clean Air Day can be found at: www.cleanairday.org.uk/.



THE GOOD CAUSES CHARITY SHOP 1 Queen's Court, Criffel Street, Silloth

Contact: Denise Poland on 07716 507453
Closed Mondays
Please help us to help them



Solway Coast Cycleway Opens



Silloth Green has achieved 'Green Flag' status for the last eight years in succession for which we are immensely proud. It would not have been possible without the hard work of our grounds maintenance team and volunteers.

To the right is a copy of the route followed during the 2021 Green Flag visit which highlights many of the notable features on Silloth Green, if you would like to follow the route vourself.

The route begins at the Community Garden (1) which was planted in 2015 and is the official entrance to the Green. The Community Garden is looked after by volunteers of the Friends of Silloth Green and won a number of awards in the Cumbria in Bloom and Britain in Bloom competition. New raised planters have recently been installed with funding obtained by the Friends of Silloth Green.

The Storytelling Chair (2) was built and carved by the Solway Woodcarving Group in Silloth. The huge green oak Storytelling Chair features carvings of heritage features eg Pierrots, donkeys, also symbols from events held on Silloth Green



such as the Kite Festival and Vintage Rally, and with Neptune carved as the back of the chair to illustrate the Solway Firth connection.

View the Rotary Oak Tree & Picnic Area (3). The Rotary Oak was planted by Silloth-on-Solway Rotary Club to commemorate the centenary of Rotary International 1905-2005. The tree is surrounded by a twometre stone sett circular paving area, with 'cog' edges to resemble a rotary wheel

Walking along (4) Criffel Street and note

the seasonal

bedding and

planters. Also,

benches which were installed in 2020 to support local businesses as they start to emerge following the pandemic

Opposite Christ Church, the 1911 Drinking Fountain (5) was presented for public use by the Silloth Ratepayers Association and Improvement Committee. A new standalone bottle filler is to be installed to provide a facility for cyclists and visitors to the town.

The Millennium Mosaic (6) was designed by local school children to celebrate Silloth-on-Solway in 2000. The tiles were made by individual children and other local people to illustrate cherished features of the town and its history.

On Sunday 1st April 2018, to celebrate the 100th birthday of the Royal Air Force, the replica Hudson Bomber (7) was unveiled on Silloth Green, to celebrate the town's



Green Flag Visit to Silloth Green 2021

involvement in WWII. Apprentices at Gen2, the Cumbrian training provider at Lillyhall, constructed a replica Lockheed Hudson plane, as one of their projects. The circular raised bed was constructed by our grounds maintenance team and an interpretation panel also added.

The Woodland area(8)near the Edwardiar toilets has undergone considerable work by the volunteers and grounds maintenance team, with the planting

of a range of wildlife friendly plants, installing bird, bat and insect boxes, sandstone bird baths and log piles etc. The Edwardian Ladies Toilets (9)

were built in 1910 but were disused for many years until the building was restored as part of the Silloth Green project. The building contains many original features and is beautifully detailed.

The grounds maintenance yard (10) is located centrally within the park which enables a quicker response to issues of littering, fly tipping, vandalism, and damage.

> There is a recycling facility (11) at the North View Car Park which accepts brown, clear, and green glass, paper, plastics, cans and fabric which is the responsibility of Allerdale Borough Council.

efurbished in Green waste from the site is transported to the composting facility 2012 as part (12) behind the recycling facility. of the overall Prior to the re-development of the improvements Green, voungsters in Silloth used the old Pines behind the lifeboat station as a make-shift BMX track (13). The

track was removed to make way for the Woodland play area now in its place. Subsequently, young people and parents in Silloth approached Silloth Town Council to voice their disappointment at losing the dirt track and made a case for a new

facility which was finally opened in December 2013, with youngsters from the BMX group cutting the ribbon.

In days gone by there were a number of grass tennis courts on the Green which were very popular. On Skinburness Road, there are now two hard tennis courts (14) which are regularly used by the public including the newly resurrected tennis club.

Big Fella sculpture (15) created by Ray Lonsdale, was gifted to the town by a Silloth gentleman, who wanted to leave a lasting piece of art for his hometown. Its intention is to make the people of Silloth smile and to brighten their day. The sculpture entitled "Big Fella" is of a man and his dog taking in the beautiful sea views at the end of the day and shielding his eyes from the sun.

The Rose Garden (16) was constructed to mark the coronation of Queen Elizabeth II in 1953. It comprises of an oval planting bed of Cumbrian red sandstone with steps down at the north and south to a sunken path. The Rose Garden was

Extensive work was done to resolve the drainage problems Bloom competitions.

view from the Pagoda. The Pirate

Ship play area (18) was installed in 2018, when the need for a play area aimed at 0-5-year-olds was identified. The main feature of the







Seaton Library, Main Street, Workington, CA14 1JE

Thursdays 10-11am

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Facebook- www.Facebook.com/BAPS.Allerdale

Instagram- @baps.allerdale

Saturday 21st August 70th Anniversary celebrations at Culterham Hall, Mawbray with an 2.00pm - 5.00pm

£7.50 per head Please book with Lynda:

01900 881737 07926 810074

There will be a small number of specially selected Graft Stalls for you to browse and perhaps buy that special gift for someon



Page 11

to the Green but

the roses did not survive, due to the soil conditions and poor drainage.

and improvements were made to the soil. A local bee expert Vivian Russell developed plans for a bee friendly garden which was completed in 2015, with the addition of a Bee Hotel. The garden won a number of awards in the Cumbria in Bloom and Britain in The Pagoda (17), thought to have

been constructed in the 1850's, is a dramatic building sitting on the top of a grassy mound overlooking the Solway Firth, with magnificent views over to Criffel and the other Scottish hills. The iconic building has a curved detail to the roof and is largely built of timber, with a central cast iron column supporting the apex of the roof. Internally, the roof is lined

with a softwood boarding. Fishtailed Westmorland roof slates add quality detailing. Interpretation panels were installed highlighting features within a



Pirate Shin Play Area is the ustom-built hip which has been specially designed to offer many inclusive features and is classified as DDA accessible The modern Water Splash

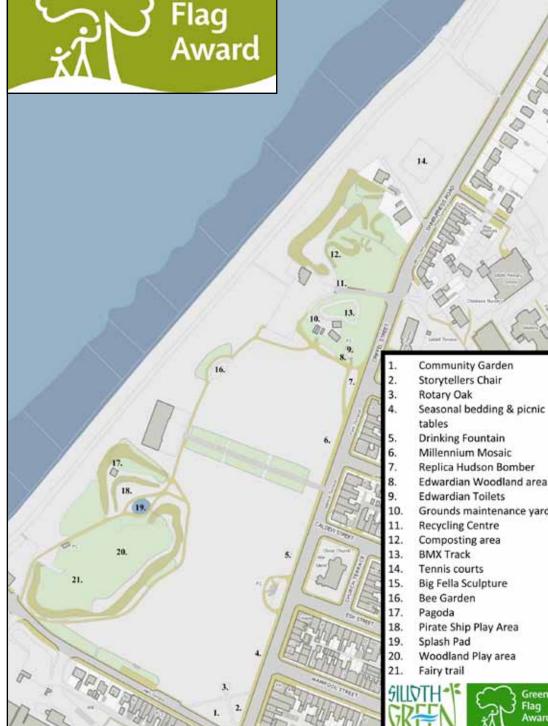
Pad (19) replaced the former paddling pool. The new 'splashpad' design has a brightly coloured rubberised safety surface, and is laid out with water jets, fountains and sprays that can all be activated by the children pressing buttons. The splash area is a huge hit with youngsters, whose screams of delight can be heard throughout the summer. Parents and

children can enjoy a picnic at the solid oak picnic tables next to the splash pad. The Woodland Play Area (20) was constructed amid the pine trees which provides a welcome recreation area for older children. Again, the area has a

number of oak tables for family picnics. On Sunday 28th May 2018, the Silloth Green Fairy Trail (21) and Wishing Tree was opened. The fairy trail is aimed at encouraging children to explore what the Green has to offer. The tour ends back at the

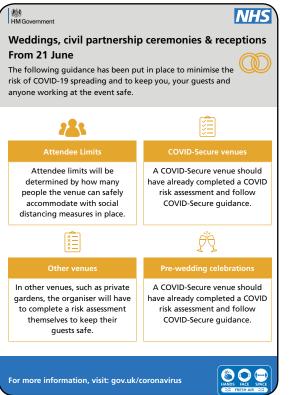
Community Garden where we began





Green







Family Notices

Deaths

BELL - PATRICIA ROSEMARY

Peacefully at the Cumberland Infirmary on Thursday 3rd June 2021, Pat aged 79 years.

Beloved wife of the late Ian, much loved mother of Andrew and Malcolm, mother-in-law of Kelsey and Joanne, Grandma of David, Nicola and George.

A private service was held at Carlisle Crematorium on Monday 14th June at 1.00pm.

Family flowers only please with donations to Causewayhead W.I. c/o D Studholme Funeral Director, Reeds Lane, Wigton.

Family Notices

This is a new section as we gauge how much demand there might be over the next few months. Our contact information is on page 14.

In Memoriam Acknowledgements

Births

Engagements

Deaths

Birthdays

Marriages

and other options

Up to 75 words £20, each additional 25 words £7, therefore 100 words would be £27. Pay by Cash, Cheque or by Paypal to: office@m-smc.co.uk.

Dear Buzz,

Thank you,

Colin and Maureen Irving were overwhelmed by all the cards, gifts and flowers they received on the occasion of their Golden Wedding anniversary. Thanks to all our and friends for their kindness. A special thanks to our daughter Louise, Gary, Morgan and Lydia for making it a memorable day.

Colin and Maureen Irving



Thunderbolt by Sophia Lodhi

Amber light falls through sycamore leaves Where fluted notes of mistle thrush weave Tinctures of autumn sail as gold-dust on the breeze Touching picturesque landscapes and colouring chilled trees

Your Buzzing Letters & Poems

Topaz, umber and scarlet, so now we believe -When time stands still, and the cool air we breathe -That soon pearls of frost will frame this bright frieze As opal light falls with sycamore leaves.

Cool opal light glints through snowflakes as Cobalt skies turn to ink, and pearl-white Sheep draw close in clouds of warmth 'neath snowstorm and stars Birdsong of wren - now hushed in the night - has given way

To the sough of the wind...yet as time rushes, strays And the months roll on, winter's quilt will melt ... Silver skies disperse, warmed by spring's caress... As amber light falls in gentle descent.

The New Tov by Penny Stimson

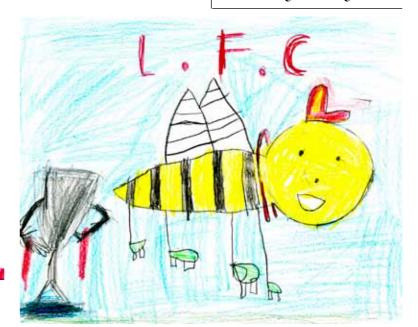
I'm sat in the garden enjoying the sun, peace and tranquillity but I have none.

A new toy has arrived and just like a child full of joy my husband's zapping all around in love with his toy.

A WEED BURNER! what can you be excited at, the weeds move screeching as he points it to zap.

He thinks it's a light Saber and he's OB ONE, hours he spends just having fun.

If this is summer with zapping and hissing then I think he will find that I have gone missing!

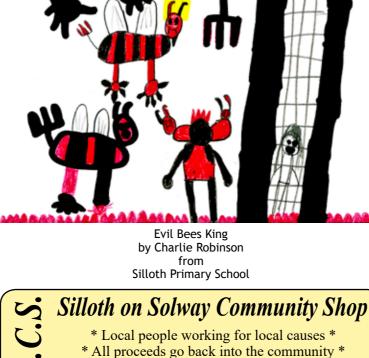


Mo Salah by Jack from Silloth Primary School

Do you have a poem or letter for the buzz? We welcome all submissions, there is no charge. Please remember to include your contact information.

Non-Commercial Tourism Websites

solwaybuzz.co.uk sillothgreen.co.uk silloth-on-solway.co.uk sillothgolfclub.co.uk vintagerally.co.uk sillothbeerfestival.co.uk sillothmotorcyclemuseum.co.uk silloth-on-solway-tc.gov.uk visitcumbria.com/wc/silloth soldiersinsilloth.co.uk solwayplain.co.uk/silloth1.htm facebook.com/sillothgreen facebook.com/silloth-carnival facebook.com/groups/121042258051545 (Silloth Today)



* All proceeds go back into the community * * Please continue donating *

Open every day 10am to 3:30pm Tel: 32452

S.O.S.C.S. 12 Criffel Street Silloth



Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing. Or send it to us, our address is on page 14.

This month the winner is Joseph Cork from Silloth Primary School with a bee drawing called "Davy the Rainbow Bee".

Well done!

Fit Alarms for a Safer Home

Cumbria Fire and Rescue Service, along with Fire and Rescue Service's across the country, is supporting The National Fire Chiefs Council (NFCC) National Home Safety Week which aims to highlight the importance of installing alarms in your home.

Both smoke alarms and carbon monoxide (CO) alarms can save lives in the event of a fire or a CO incident, as they provide precious time to escape.

Will Richardson, Group Manager and Head of Prevention said: "Home Safety Week encourages people to assess the needs of their homes and ensure they have adequate alarms fitted for their individual needs. In 18% of house fires in the UK, smoke alarms failed to activate. The most common reason was because the fire was outside the alarm's range. So, we ask householders to install alarms to ensure the whole home is covered Smoke alarms should be installed in the rooms used the most, as this is where a fire is most likely to start and one on each level of the home. Carbon monoxide

Emily

alarms should be in all rooms with a fuel burning appliance." Cumbria Fire and

Rescue Service want people to think about the risks in their homes and ensure they take action to prevent incidents, ensuring they have the right detection in the right places to be alerted if an incident happens.

Smoke alarms

Fitting a smoke alarm on every floor of a home should be recognised as a minimum standard (in a circulation space such as a hall or landing). It is recommended that, in addition to one on each floor of the home, smoke alarms are fitted in every room in the house which is regularly inhabited (ie bedrooms, living rooms, dining rooms) based upon the fire risk to the occupants.

All smoke alarms (including hard wired) should be replaced after ten years, or by the 'replace by' date indicated on the base or earlier if found to be defective.

Harry Potter Bee

by Rollo Coates

from

Silloth Primary

School



Carbon Monoxide alarms

CO is a highly poisonous gas, which you cannot see, taste or smell. Cumbria FRS recommend that any room with a fuel burning appliance such as an open fire, wood burning stove or gas appliance such

as a boiler or cooker should also have a working CO alarm fitted. Free Safe and Well visits

Every home in Cumbria is eligible to apply for a free Home Safety Visit to help them deal with any potential fire hazards in their homes. Cumbria FRS can help you design a fire plan so that you and your family will know how to react if you have a fire. They will also fit, where applicable, a battery powered smoke detector free of charge.

You can find out more about the visits by contacting 0800 358 4777, visiting their website cumbria.gov.uk/cumbriafire/ services/safetyathome/default.asp or emailing hart@cumbria.gov.uk.

HOW

Zombee by Isaac Kay from

Holm

Cultram

Silloth R.A.F.A. Leek Club Show



Will be held in the RAFA Club, Silloth on 4th September

Entries; Class 2-16 50p, Class 17 £1, Staging 10am - 11:30am Judging 12 - 4pm, Hall opens 4pm, Prizes 1st £5, 2nd £3, 3rd £2 Members only 2 pot leeks

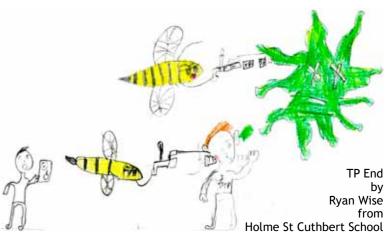
Class 1 -Class 2 -

Class 9 -

Class 17 -

- One trench leek Class 3 -
 - One intermediate leek Four tomatoes
- Class 4 -
- Class 5 -Four potatoes (white or coloured)
- Six shallots any variety Class 6 -
- Class 7 -Four onions not more than 250gms (8 oz)
- Class 8 -Two carrots (long or stump)
 - Four kinds of vegatables (one of each kind)
- Class 10 -One parsnip
- Class 11 -Three beetroot
- Class 12 -One vase of flowers (own foliage)
- Flowering pot plant Class 13 -
- Class 14 -Foliage pot plant
- Class 15 -Heaviest onion Class 16 -
 - Two dressed onions
 - One pot leek

Presentation of prizes at 6pm



by Abbey Portia Ramsey School from Holm Cultram Abbey School Fully The Oueens TECHNOLOGY For Sale Insured **PROBLEM?** limming **Bed & Breakfast** & DBS Mark Hansford Computer Services WORLD-Checked **En-suite rooms** The Gifted Cat NARPS A small number Sea Views ~ WiFi 016974 38250 because you're amazing Registered of mixed breed Call: 016973 31373 07962 213527 Do you need a Meet Loretta on Mob: 07753 859403 Your local specialists point of lay Cat Sitter? Saturdays in Internet, WiFi, E-mail or Printer? email: pullets Silloth Rugby Club Genuine cat loving, moregainus@gmail.com family business Software Installation and web: Please phone first to Excellent references configuration bedandbreakfast-silloth.co.uk book a session time Phone: TV, Mobile or Home Tech? **1 Park Terrace** 07852 175753 Contact: Loretta on 07949 358396 **No Problem** Silloth, CA7 4DQ 07766 118556 www.thegiftedcat.co.uk

Issue 190

Сору Date

Please let us know of any changes within this section

Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or www.ellenvalecoaches. co.uk/service-60e.html

Silloth RNLI Shop

SHOP OPENING HOURS Saturday 11am-4pm Sunday to Thu 1pm-4pm Friday 11am-4pm Our Shop is staffed by Volunteers and may not always

be open. We apologise for any inconvenience caused.

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Please tell us when your group starts up again so we can let everyone know

Production Team

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Email: office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us. When sending articles in, please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Copy date for the August issue is: 1st week July If you have an event to promote or you have something to say, please note the next copy date.

> Errors do occur in Dates for the Diary Please check before attending an event

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also

Have You Sent in Your Dates

Cumbria County Council and NHS Test and Trace are asking every person living and working in Cumbria between the ages of 12 and 30 to get a PCR test for COVID-19, even if they do not have symptoms.

have risen sharply over recent weeks - particularly among younger age groups.

using PCR test kits, not the rapid result Lateral Flow Device tests that are used for regular weekly testing.

People not at school can attend any of Cumbria's testing sites between 8am and 8pm from 19th June 2021. You do not need to book your test, simply walkin and you will be tested. Parents/carers will

Dates for Your Diary

June

25th Talk & Tidy volunteers meet at Silloth 25th Library Car Park, Liddel Street at 9:30am, finish by noon. See article

ZDEN Ragnarotk Farty VII at Sillot Photo VII be adverted www.facebook c exilescumbria facebook.com

A sillot river the transfer to the transfer to

Lowther Arms Pub 26th re-opening today

27th Ragnarock Rally VII at Silloth Rugby Club see advert or www.facebook.com/ exilescumbria

July

2nd Wigton Theatre Open Mic Night Live at 7pm

Silloth on Solway

Holm Cultram Abbey

Sports Association AGM in

Silloth Bowling Club at 6pm

5th Silloth Town Council meeting in Silloth Community Hall at 7pm

6th

10th

11th

13th

23rd

Strawberry Teas

Strawberry Teas

available at Winters Post Office

vet?

art exhibition in Allonby Village Hall from noon to 6pm. admission £1, accompanied children under 12 free Refreshments available

July cont'd

24th Allonby Artex 2021 art exhibition in Allonby Village Hall from 10am to 6pm, admission £1, accompanied children under 12 free Refreshments available

25th Allonby Artex 2021 art exhibition in Allonby Village Hall from 10am to 6pm, admission £1, accompanied children under 12 free Refreshments available

25th RNLI Garden Open at 154 Skinburness Road, Silloth from 1pm to 5pm, entry £2.50, tea & cake available

26th Allonby Artex 2021 art exhibition in Allonby Village Hall from 10am to 6pm, admission £1, accompanied children under 12 free Refreshments available

30th Soul on the Green warmup evening in Silloth Rugby Club

31st Soul on the Green from 11am to 8pm, all free,

August

It's Time to Dance!

15th Model Railway Exhibition in Allonby Village Hall from 10am to 4pm, admission £3, accompanied children under 12 free Refreshments available

Afternoon Tea in Culterham Hall to celebrate 70th Anniversary, 2-5pm, £7.50 to book Tel 07926 810074

If you test positive,

develop any symptoms, or

are contact traced following

Why this is happening

Infections have risen

contact with someone who

tests positive, you should

self-isolate immediately.

Nearly 150,000

vaccinated yet and around

85,000 people have so far

only received one dose of

the vaccine. People who

have only had one dose have

significantly less protection

from the new Delta variant

Visit cumbria.gov.uk/

of the virus which is now

circulating.

stopthespread

Solfest

27th Solfest

28th Solfest

Age 12-18 Get Tested Now

COVID-19 infections

Tests will be conducted

be informed of testing

test site you can get a test kit officials" option.

Carlisle RTS, Carlisle Lake District Airport, Irvington, Carlisle, CA6 4NW

LTS, Cecil Street Car Park, Carlisle, CA1 1NX

Penrith Sandgate Car Park LTS, Penrith Sandgate Car Park, 32 Albert Street, Penrith, CA117XA

West Cumbria Allerdale House LTS, Allerdale House Overflow Car Park,

28th Weekend on Silloth Green from noon to 6pm 29th

> 29th Silloth Carnival Mega Weekend on Silloth Green from 11am to 6pm Silloth Carnival Mega

Weekend on Silloth Green from 11am to 6pm Craft Fair in St 30th

August con'd

Solfest

Silloth Carnival Mega

October

Hall at 7pm

016973 35522

November

December

Hall at 7pm

Hall at 7pm

8th

20th

6th

11th

Silloth Town Council

Holme Low Parish

Silloth Town Council

Silloth Town Council

Christmas Sale in St

Craft Fair in St

meeting in Silloth Community

Council meeting in Silloth Community Hall at 7:30pm

Andrews Church Hall 12-4pm.

we will be serving take away

tea/coffee and cakes To book a table call Penny on

meeting in Silloth Community

Andrews Church Hall 12-4pm,

Afternoon Tea, To book a table call Penny on 016973 35522

meeting in Silloth Community

Andrews Church Hall 12-4pm,

Craft Fair in St

4th

12th

Andrews Church Hall 12-4pm, we will be serving take away tea/coffee and cakes To book a table call Penny on 016973 35522

September

4th Silloth RAFA Club Leek Show, staging 10am, judging noon, hall opens 4pm contact Ian Caulfield on 31531

6th Silloth Town Council meeting in Silloth Community Hall at 7pm

11th Solway Cycling Festival on Silloth Green with cycle rides, maintenance workshops, kid's activities, skills sessions and much more

18th Table Top sale in St Andrews Church Hall, 12-4pm. Take away tea/coffee and cakes





Winner Bee (sings upside down) by Lillie Mae Greig from Silloth Primary School



Lily May Howard from Silloth Primary School

arrangements for school age children by their child's school. If you cannot attend a

delivered to your home via https://www.gov.uk/getcoronavirus-test. Choose the "I have been advised to get a test by local Public Health

from 35 cases per week at the end of May to 250 per week now, and Local test site locations: concerns have grown that

many Cumbrians remain vulnerable to the virus. Cumbrians have not been

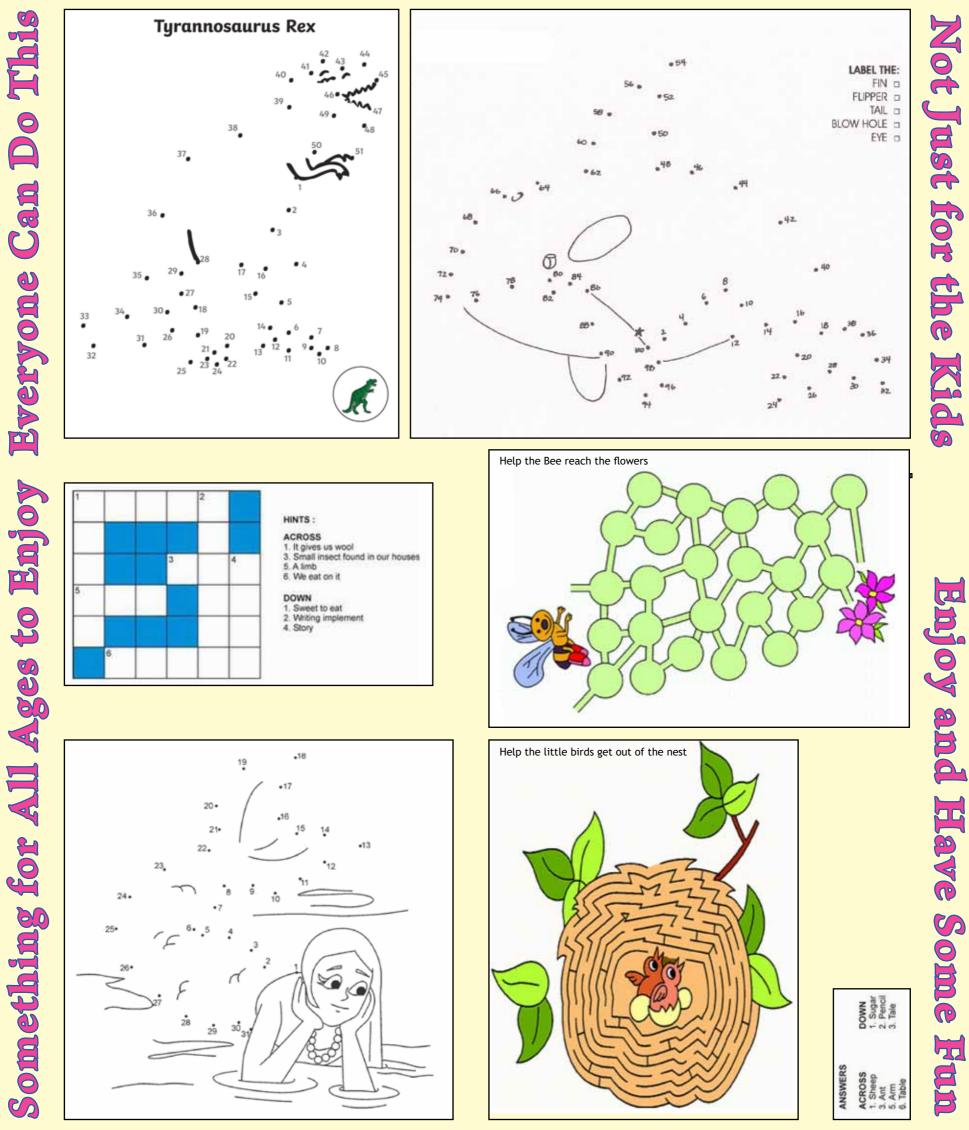
Carlisle Cecil Street

Workington, CA14 9SA

Holm Cultram Abbey Holme Low Parish 21st Council meeting in Silloth Community Hall at 7:30pm

> Allonby Artex 2021 26th

FUN for ALL ~ Join the Dots & Colour In



Issue 190



Useful Tel Numbers

Dentist, Alma Terrace: 0 1 6 9 7 3 3 1 2 7 0

Doctor CHOC service 03000 247 247

First Responders can only be called by

MP. Mark Jenkinson: 01900 876189

Neighbourhood Forum: 0 1 9 0 0 3 2 5 0 1 3

Register Office, Wigton: 0 1 2 2 8 2 2 1 1 2 2

Holme St. Cuthbert School, Mawbray:

01946 68986

03031 231702

016973 31394

01900 325013

0800 555111

01228 603900 016973 31309

service, call: 999

0300 303

0800 111 999

01228 523444

01900 881242

016973 61261

01228 523174

01228 544444

016973 31234

016973 31944

016973 31243

016973 31128

016973 31944

016973 32180 01228 710208

016973 23898

01900 702800

Abbey CofE School

111

2992

101

Age Concern Home Safety Scheme

Allerdale B. Council Chemist, Silloth:

Community Grants:

Dentist, Emergency:

the Ambulance

Highways Hot Line

Cultram

Crime Stoppers:

Doctor:

NHS

Gas:

Hospital:

Holm

Police:

Abbeytown:

Quakers, Wigton:

Silloth Community School:

Silloth Nursery & Junior School:

Silloth Tourist Information Centre:

Samaritans:

Silloth Library

Solway Buzz:

Paragon Vet: Millcroft Vet:

Waste Disposal Dept:

Silloth Town Clerk:

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Roofers

Allerdale & Eden

Slating & Tiling • Velux Window Installations Repairs • Lead Work • Flat Roofing Specialist Fascias & Guttering • Storm Damage Insurance Work • *Free Estimates and Free Advice* Maryport: 01900 813517 Whitehaven: 01946 313103 Mobile: 07518 454396

www.allerdaleandedenroofingservices.co.uk









Baby Bee on Lockdown by Charli Johnston from Silloth Primary School

Solway Buzz Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

Absolute Treatment	07732 929781			
Addison Orthodontics				
Allerdale & Eden Roofin				
AMC Scrap Metals	01900 813517			
Beacon Aerial Services	0774 2221222			
British Heart Foundation	07941 370669			
	01900 358783			
Christine's Taxis	07917 564583			
D A Harrison	016973 42277			
David Allen Accountant	01228 711888			
David Read joinery	07759 783823			
Devonshire House Dentu	ures			
Digger Hire	01228 529128			
Eilbeck Cleaning Service	07736 774788 es			
Fairydust Emporium	07751 097035			
	016973 31787			
Fiona's Footcare	07704 484287			
Good Companions	016973 31553			
Green View / Stella's	016973 31743			
Hair She Goes	07857 989358			
Harrisons Store Ltd				
lan the Electrician	016973 61231			
Jaybees	07727 127000			
John Hunter Roofing	016973 31245			
KL Express	07764 357812			
	016973 33033			
KMG Plumbing & Heatin	g 07590 522621			
Man with a Van	07736 774788			
Mark Hansford Compute	er Services 016973 32089			
McDermott Chimney Sw				
	0/0/0 14/444			

Mike Jones Decorator				
Mike Taylor Plumbing No. 17 Delicious	07842 355486			
	07773 069856			
	016973 32458			
Outdoor Joinery	016973 61256			
PM Roofing Specialists	07931 362163			
Queens B & B				
Seasoned Firewood Logs	016973 31373			
5	07762 772208			
Silloth Cafe Slimming World Loretta	016973 31319			
	07766 118556			
S.O.S.C.S.	016973 32452			
Stanwix Park				
The Charity Shop	016973 32666			
The Gifted Cat	016973 31696			
	07852 175753			
Triple TTT	01900 810008			
Upholstery, Irene Armstr	ong			
West Silloth Motors	016973 31836			
Wheyrigg Hall Hotel	016973 32833			
	016973 61242			

Advertisers entries are Free in the Phone Book

Buzzy Bee by Liam Ledingham from Holm Cultram Abbey School

Bee Movie by James Milburn from Holm Cultram Abbey School



Sad Bee by Logan from Silloth Primary School

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Early May saw the return to the port of a familiar face, the Dutch general cargo vessel ALANA EVITA. Ship spotters remembered her as coming to the aid of sister ship PRISCILLA three years ago when she was grounded to the north of Scotland on her way to Silloth. Back in July 2018, the night watch officer on the PRISCILLA had become distracted during passage through the treacherous Pentland Firth resulting in the ship drifting off course

Silloth Tide Tables

JULY 2021 SILLOTH											
DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)											
	High Water Low						Water				
Date	Mornin	Morning Afternoon		Morning		Afternoon					
	Time	m	Time	m	Time	m	Time	m			
1 TH ⊄		6.2	16 52	5.5	11 24	- 0.2	23 35	0.3			
2 F		5.9	17 49	5.2			12 13	0.1			
3 SA 4 SU		5.5 5.4	18 54 19 56	5.1 5.2	00 30 01 31	0.4	13 08 14 05	0.2			
5 M		5.4	20 54	5.2 5.4	02 32	0.5	14 05	0.3			
<i>a</i> 141		2.4	20.34	9.4	06.06	4.4	1000	V.C			
6 TU	09.11	5.6	21 41	5.7	03 31	0.3	15 53	0.1			
7 W	09 58	5.9	22 23	6.1	04 22	0.1	16 38	-0.1			
8 TH		6.1	23 01	6.3	80 60	- 0.1	17 20	-0.2			
9 F		6.3	23 36	6.5	05 51	-0.3	18 01	-0.3			
10 SA 🖲	11 56	6.4			06 33	-0.4	18 41	-0.4			
11 SU	00 11	6.6	12 32	6.5	07 13	-0.6	19 20	-0.5			
12 M		6.7	13 10	6.6	07 53	-0.6	19 59	-0.5			
13 TU	01 25	6.9	13 50	6.5	08 35	-0.6	20 41	-0.5			
14 W		6.7	14 31	6.5	09 14	- 0.6	21 20	-0.4			
15 TH	02 46	6.6	15 16	6.3	09 54	- 0.5	22 00	- 0.3			
16 F	03 32	6.5	16 05	6.2	10.36	-0.4	22.45	-0.1			
17 SA 3		6.3	17 01	6.0	11 23	-0.3	23 37	-0.0			
18 SU		6.2	18 06	5.9			12 19	-0.1			
19 M	06 34	6.0	19 16	5.9	00 38	0.1	13 26	-0.1			
20 TU	07 45	6.1	20 24	6.1	01 50	0.1	14 40	- 0.1			
21 W	08 55	6.2	21 27	6.4	03 07	- 0.1	15 51	-0.3			
22 TH		6.5	22 23	6.9	04 20	-0.4	16 54	-0.5			
23 F		6.9	23 15	7.2	05 25	-0.6	17 52	-0.7			
24 SA O	11.46	7.1			06 25	-0.9	18 46	- 0.8			
25 SU	00 02	7.4	12 32	7.1	07 19	- 1.1	19 34	- 0.9			
26 M	00 47	7.5	13 18	7.1	08.06	- 1.1	20.18	- 0.8			
27 TU		7.4	14 00	6.9	08 50	-1.1	20 59	-0.6			
28 W		7.2	14 40	6.5	09 28	-0.9	21 35	-0.4			
29 TH		6.9	15 19	6.2	10.04	- 0.6	22 11	- 0.1			
30 F	03 36	6.4	16 01	5.7	10 38	- 0.2	22 46	0.1			
31 SA C	04 21	6.0	16 48	5.3	11 14	0.1	23 28	0.4			
Times shown in UTC. Add 1 hour for British Summer Time.											

into shallow water near John O'Groats. The situation became a salvage operation involving several tugs and requiring part of the cargo to be transferred to ALANA EVITA for onward delivery to Silloth. On that occasion the ship arrived and departed at night so only dockside photos were available.

This latest visit was less dramatic. ALANA EVITA arrived from Lithuania with a cargo of fertiliser having been at sea for a week from the Baltic port of Klaipeda. Arriving off Workington ahead of schedule she spent 24 hours at anchor before the Silloth pilot boarded to continue the final leg. The calm grey morning was disappointing for photographers waiting to watch the ship's approach and entry. All went smoothly as the pilot guided her into



the dock where she was turned and brought alongside. The privately owned ship bears the emblem of 'De Jonge Maritime' on the superstructure. She is painted in an unusual blue livery and fitted with equally unusual blue deck lighting.

Dutch ship owners are encouraged to register their vessels in the Netherlands to help promote the nation's high standards of inspection and safety. The inland city of Emmen was chosen for ALANA EVITA, which for this landlubber seems strange as it has no port or waterways. The ship is chartered to the large operator 'Wagenborg' who manages day-to-day operations across north European routes. It was a brief visit to Silloth with a midnight departure 24 hours later to pick up her next cargo.

May Shipping at the Port of Silloth

Report by: Capt Tim Riley, Harbour Master, Short Sea Pilot

Whilst shipping has been down lately, DA Harrison, our port stevedoring company have finally got round to moving the weighbridge and associated toilets and office space. They have cleared and tidied the plot around the old weighbridge site and will soon be removing the old port office building.

This then tidies up the entrance to the port and main dock gate. This will further allow us to move forward with enabling the security/safety barriers which hopefully will prevent public from wandering onto the port areas during cargo working periods while attempting to get to West Beach.

It was envisaged that with the expansion of Solway Logistics that the West Beach access car park would also be moved, however this has now been placed on hold until further notice whilst we discuss and consult with the local council on a way forward. *May*

9th Alana Evita from Klaipeda with a cargo of AN Fertiliser then on to Belfast.

30th Emma from Ghent with a cargo of AS Fertiliser then on to Galway.

Police & Crime **Commissioner Surgeries**

Cumbria's Police and Crime Commissioner, Peter McCall is welcoming people to contact him to raise any concerns, ideas and suggestions for policing in the county, at his public surgery on Thursday 24 June 10am -12. Members of the public are invited to contact him either online or make an appointment for a direct telephone conversation with the Commissioner.

Peter McCall said: "A large part of my role as Police and Crime Commissioner is to hear the views and concerns from residents of Cumbria. Listening to the public and holding surgeries such as these, is just one of the ways that I can hear views and any local concerns about community safety.

"I urge people to take this opportunity to get in touch, either online or over the phone for a chat. For me to be the voice of the people in policing, I need to hear what matters to people most, and what they consider to be their local priorities.

Once local community groups and meetings restart, I would also like to invite people to contact me as I really want to get out in the community, to see for myself the issues and how policing can help.

If you have a concern that you would like to discuss or simply



want to find out more about what we, as a police force, are doing to support you - please do contact me on 01768 217734 and arrange an appointment over the phone, or email me directly on at commissioner@cumbria-pcc.gov. uk

With your information, we can use this to help prioritise what we do to improve the quality of life for those living or working in Cumbria.

It is important that we all take some responsibility to help keep our county safe and it is only by working together, that we can tackle crime and antisocial behaviour in our local communities."



A number of organisations working in Allerdale are joining forces to help tackle the issue of fly-tipping in the borough as part of a new multi-agency collaboration dubbed Operation Respect.

The mission was officially launched during the Great British Spring Clean and is being led by the Allerdale Local Focus Hub, a partnership between various organisations such as the police, councils, housing associations and charities.

All the agencies involved in the operation have published an open letter to the community today highlighting the reasons why they're coming together to support the initiative.

Fly-tipping is seen as an escalating issue in the area, with 1,572 reports made to Allerdale Borough Council alone in 2020, compared to 1,304 the previous year. Therefore, the problem has been referred to the Hub for a coordinated response.

It is anticipated the operation will run for several months with a series of different activities planned, including community tidy-up days led by housing associations, a 'back lane blitz' targeting some of the worst-affected back lanes in the borough for cleaning, as well as

education and enforcement work, joint patrols between partners in hot-spot areas and police-led enforcement activities.

Cllr Jim Lister, Allerdale Borough Council executive member with responsibility for environmental services, said: "Flytipping is a big issue in the area and it's one of the main things our residents and businesses contact us about. As part of our 10-year Council Strategy we pledged to create a 'cleaner, greener Allerdale' so we are delighted to support the Hub's initiative and offer our help in tackling this problem. Fly-tipping is illegal, unsightly and dangerous and I'd urge everyone to play their part in stopping this activity."

Sergeant Scott Adams said: "Fly-tipping has been a large problem within Allerdale and we are happy to support our partners in tackling these issues together. We will look to target those without waste licenses and the areas we have seen being used to fly-tip. We would encourage people to report fly-tips and if you witness someone dumping items to help us stop the issue?

The first official event as part of the operation took take place on Friday (June 4) in Moorclose organised by Castles & Coasts Housing Association. It was an opportunity for residents for residents to get rid of bulky items and waste they have otherwise been unable to remove, recycle items, take part in clean-up activities and receive information on fly-tipping and waste disposal.

Lena Johnson, Team Leader at Castles & Coasts Housing Association, said: "As a housing association managing over 7,000 properties across the north of England, we work hard to ensure that our communities are clean, green places with outdoor areas that residents can enjoy."



Staycation Express returns to the Settle & Carlisle line in 2021

Following the success of "The Staycation Express" in 2020, Rail Charter Services Limited has confirmed that plans are being finalised for the 2021 season, which will include the use of a newly refurbished InterCity 125 train with 5 coaches and a new livery (expected to be similar to that shown here), improved seating, and upgraded catering. Trains will operate two return trips a day (Fridays excepted)

"A lot of work has been going on behind the scenes to build on the success of The Staycation Express last year"

See www.railcharterservices.co.uk for further information.

Staycation Express livery



between Skipton, Settle, Appleby and Carlisle, from 17 July to 9 September.

RCS Ltd Director, Adrian Quine, says

Nathan is the Fastest Man in Town



Nathan Gray has signed a full sports scholarship to the Adidas Sponsored Washburn Track and Field team over in Kansas, America where he will represent the college for cross country and track.

This allows Nathan to pursue his running ambitions during the four year contract as well as his academics. Nathan will be training seven days a week at the schools brand new \$25 million sport facilities, including an indoor track and an underwater treadmill!

Nathan will be racing amongst some of the best athletes from all over the world and will travel to different states to compete.

He leaves Silloth in August and we wish him the very best on his journey!

> Potato Bee by Annie Baty from

Silloth Primary School



On September 11th 2021 a new Solway Coast Cycling Festival will be held on Silloth Green with cycle rides, maintenance workshops, kids' activities, skills sessions and much more.

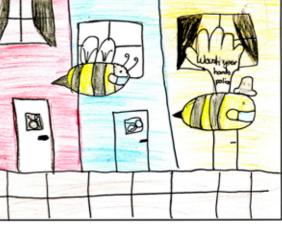
This is just a day after the Tour of Britain has been through Cumbria. This family-friendly event will showcase the Solway Coast as a fantastic cycling destination and encourage people to incorporate cycling as part of a healthy and environmentally friendly lifestyle.

More details of the event will be announced in due course, however, features set to be included are

way-marked and led cycle rides, bike maintenance workshops, kids' activities and cycling skills sessions. Carlisle Community Cycle Hub, the Calvert Trust and many other local cycling organisations have already confirmed their participation in the event but if any other organisations would like to get involved then please contact: joe.broomfield@allerdale.gov.uk.

> Corona Bee by Bethany Henderson from Silloth Primary School







Silloth Tel: 016973 31553



www.goodcompanions.net





Nathan is the Fastest Solway Coast Cycling Festival