

Beat Box Bee  
by Freddy Pawson-Kyles from Silloth Primary School

September 2021 local news - for you - by you - about you - free to you

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**FREE PAPER**

Issue 192

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The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray



# Slipped on Rocks 27th July Shout RNLI 10th Aug Shout



The crew arriving at Powillimount beach where paramedics and Portling coastguard were waiting

Report by: Julie Emary Silloth  
Lifeboat Press Officer  
Photo by: Steven Henderson

Silloth RNLI lifeboat attended a request for help from the Coastguard on Tuesday 27th July to a 72 year old casualty who had fallen on the rocks at McCullochs Castle in Scotland.

The tide was coming in and the

casualty needed to be moved off the rocks quickly. The ambulance could not get close to the rocks and it was decided that Silloth RNLI lifeboat should take the casualty round the coast where there was better access for the ambulance.

The casualty, who could not be moved unless on a stretcher

due to a suspected broken hip, was transferred onto the lifeboat along with a paramedic from the Scottish ambulance service and taken to Powillimount beach where they were met by an ambulance and coastguards from Portling.

Silloth RNLI lifeboat was stood down and returned to station.



Report & Photo by: Julie Emary  
Silloth Lifeboat Press Officer

Silloth RNLI lifeboat was paged at 1:29pm on 10th August to launch for a suspected casualty, who had gone missing at the north end of Burgh marshes.

The casualty was a 16 year old male, last seen on the marsh

heading towards the sea.

Silloth RNLI lifeboat launched at 1:37pm and made their way to the area. However the casualty was soon found safe and well and the lifeboat was stood down.

The lifeboat returned to station and made ready for service.

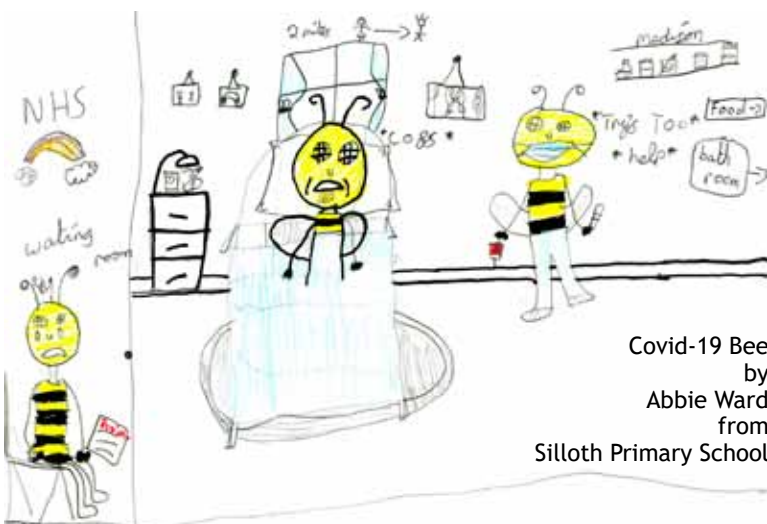
## Up to Neck in Water!

Silloth RNLI lifeboat was tasked to attend a casualty seen up to their neck in sea water, at Bowness on Solway on Saturday 14th August.

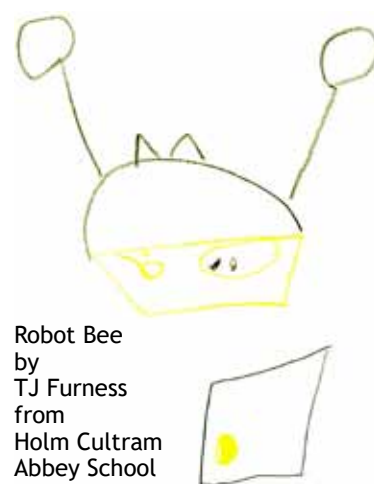
The crew were paged at 5:26pm and the lifeboat was launched at 5:35pm. The lifeboat had just arrived in the area where the casualty was last seen, when

Belfast Coastguard stood the lifeboat down at 5:47pm, after it was ascertained that the person was safely out of the water and on land. Burgh, Annan and Maryport Coastguards were also involved in the call out.

Silloth RNLI lifeboat returned to station and was made ready again for service.



Covid-19 Bee  
by  
Abbie Ward  
from  
Silloth Primary School



Robot Bee  
by  
TJ Furness  
from  
Holm Cultram  
Abbey School



Lucky Bee  
by Isla from Holme St Cuthbert School

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Silloth



# 65 Miles by Kayak Raises £3,000!



Report by: Julie Emary Silloth  
Lifeboat Press Officer  
Photo by: Steven Henderson

The postponed 65 miles kayak event to raise money for Eden Valley Hospice (Jigsaw) and Silloth RNLI lifeboat originally planned to go from Ullswater, but due to lack of water in the River Eamont, they set off from Kirkby Thore ending at Silloth.

The marathon paddle took place on 6th and 7th August. The weather was favourable for the sea leg of the journey, in that there was little wind and the sea was calm, despite being overcast and showery.

Silloth RNLI lifeboat out on exercise, supported the kayaks on their way to Silloth, after they emerged into the Solway Firth at Port Carlisle.

The seven kayakers consisting of two sea kayak coach/leaders and five paddlers, had paddled from Kirkby Thore to Rockcliffe on the 6th August. They set off from Port Carlisle on the 7th August and made their way to Silloth on an ebbing tide.

They arrived safely at Silloth lifeboat slipway having spent a total of 13.5 hours paddling, over the two days.



# RNLI Open Gardens Event



Report by: Margaret English  
RNLI Silloth Fundraisers

As part of the RNLI OPEN GARDENS scheme, I opened my garden in Skinburness Road on Sunday 25th July. I am very grateful to the lifeboat crew, who were wonderful in erecting our little RNLI marquee and a flagpole in my garden and removing everything afterwards as well as transporting chairs and tables.

One member and his wife made some excellent cakes as well. Thank you to everyone who provided the delicious cakes and everyone who came along including crew members to enjoy them.

It was a very warm afternoon and there was a great atmosphere of fun and laughter. Some people felt it was too hot to come out to sit in the garden, so they very generously gave me a donation afterwards. In all £515 was raised, which I am absolutely delighted about and makes all the hard work worthwhile. It was lovely to be able to meet again after such a long time and feel able to start fundraising again.

It was a great day and wonderful to see everyone enjoying themselves and thanks again to the crew as without their help the day would not be possible.



Tractor Bee  
by  
Jack Tiffin  
from  
Holm Cultram Abbey School





## Causewayhead WI

Report by: Jenny Stride

Causewayhead WI Meeting on Wednesday 11th August.

Although we do not normally meet in August it was decided that as we hadn't met since March 2020 due to the Covid pandemic we would make an exception this year.

We welcomed our members back and also welcomed 4 new members.

A minutes silence was held in memory of those we had lost since our last meeting, Pat Bell, her husband Ian, Molly Lomas and

Christine's husband Frank Worrall.

The garden ladies had received another RHS award for their work on the garden by the library.

Dawn had brought along some of the Christmas baubles and crocheted throws she had made over the last eighteen months and Mona had brought along a lovely dressed rag doll.

We look forward to being able to continue meetings on our regular timetable of the 2nd Wednesday in each month at 2pm in the Community Hall.

## An Invitation to Ladies who like to LUNCH, LISTEN and CHAT!

After such a long break, Penrith Ladies' Luncheon Club is looking forward to resuming its September to May monthly meetings at The George Hotel, Penrith, on September 9th.

This is an opportunity to re-kindle friendships and make new ones! The programme includes

presentations by experts on a wide range of topics, beginning with Bruce Bennison who will talk about 'Circles of Stone- Life in Cumbria 5,000 years ago.'

Do join us!

For further information contact Dinah tel: 01768 863917 or email: dinahlindley@gmail.com

## Our Doors Open

Report by: Penny Stimson

St Andrews Church is pleased to inform Silloth that we have now started OUR DOORS OPEN again on Tuesdays 12 to 1pm in our newly furnished hall.

This is for anyone who wishes to attend and receive a lovely bowl of soup, bread, butter and cake plus as much tea or coffee as you can drink. If you enjoy your meal and the warm and friendly company we ask a small donation in the donation box.

So come along and enjoy great company at ST ANDREWS CHURCH HALL every Tuesday we look forward to seeing you.

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## Vaccine Passport Scams

Action Fraud has received over 700 reports from members of the public about fake emails purporting to be from the NHS. The emails claim to be able to provide people with a "digital passport" that "proves you have been vaccinated against COVID-19".

These emails are fake, and the links within them lead to genuine-looking websites that steal your personal and financial information.

### How to protect yourself:

In the UK, coronavirus vaccines will only be available via the National Health Services of England, Northern Ireland, Wales and Scotland. You can be contacted by the NHS, your employer, a GP surgery or pharmacy local to you, to receive your vaccine. Remember, the vaccine is free of charge. At no point will you be asked to pay.

- The NHS will never ask you for your bank account or card details.

- The NHS will never ask

you for your PIN or banking passwords.

- The NHS will never arrive unannounced at your home to administer the vaccine.

- The NHS will never ask you to prove your identity by sending copies of personal documents such as your passport, driving licence, bills or pay slips.

- Your vaccination status can be obtained for free through the official NHS app, NHS website, or by calling the NHS on 119.

### How to report scams:

If you receive a call you believe to be fraudulent, hang up. If you are suspicious about an email you have received, you can report it by forwarding the email to: report@phishing.gov.uk. Suspicious text messages can also be reported by forwarding them to the number: 7726 (it's free of charge).

If you believe you are the victim of a fraud, please report this to Action Fraud as soon as possible by calling 0300 123 2040 or visiting [www.actionfraud.police.uk](http://www.actionfraud.police.uk).

## Action Fraud

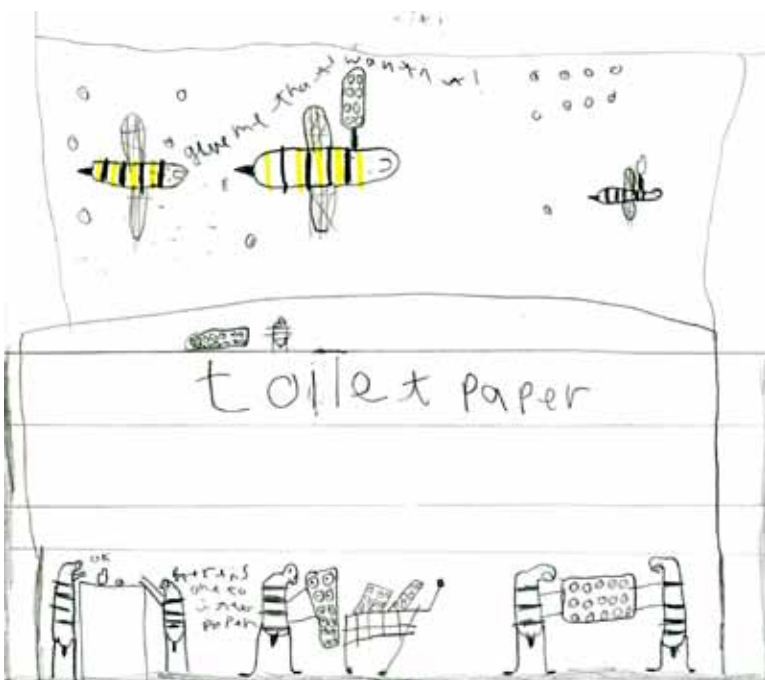
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Sharnett

by Izzy Milburn from Silloth Primary School



Fred the Bee

by

Adam from Holme St Cuthbert School



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# Covid Scam Alerts!

**Scammers are posing as the NHS in fake calls and text messages claiming to be contacting people about Covid-19.**

Ofcom has issued a warning about the fraudsters saying some are posing as the Government, your GP surgery and even the World Health Organisation.

In the calls, a recorded message or caller will claim to be contacting you about the coronavirus.

The Ofcom warning said: "They might offer a test for the virus, a treatment or cure, or might offer to discuss your medical needs. However, these calls are designed

to encourage you to either speak to an operator, or press a button on your phone for more information. If you speak to an operator, you could be at risk of giving them your personal information or your financial details, which could result in identity theft or financial loss. If you press a button on your phone you could be connected to a high-cost premium number, leaving you liable for a significant call cost."

The warning adds: "It claims to be sent by the Government, offering a payment related to the coronavirus. On the left is the text; on the right is the web page you'll be taken to if you click on the link

in the text. However, look at the URL – it does not link to the UK Government website. It is a fake website which requires you to enter your personal details – it is a phishing scam."

If you are suspicious about an email you have received, forward it to [report@phishing.gov.uk](mailto:report@phishing.gov.uk).

Suspicious text messages should be forwarded to the number 7726, which is free of charge.

If you believe you are the victim of a fraud, report this to Action Fraud by calling 0300 123 2040 or visiting [www.actionfraud.police.uk](http://www.actionfraud.police.uk).

# Nyla Martin is Silloth's Newest Author



Report by: Mary Hillhouse

Nyla Martin aged 7 took her first train journey in August, it was to London and she loved the train. She had been invited to the British Library for a tour which included an exhibition in the Treasures Gallery.

Nyla attends Silloth Primary School and during the first lockdown in May 2020 as part of home-schooling children from all over the country had been asked to make miniature books.

Nyla wrote two books one of them being a recipe book on the Rice Crispy Cake that she makes. Her mam Dawn then sent photos to the British Library, and in September 2020 she was contacted to say that Nyla's recipe book had been chosen to be showcased. This was one of 12 books chosen from over 420 books made by children across the country, from Motherwell, Newcastle and Cumbria to Cardiff, Bristol and Plymouth.

There were contributions from online art clubs and children at home, and from key workers' children and vulnerable children in school. Topics ranged from a guide

to Minecraft to facts about planets, cats and rainbows and insightful accounts of life in lockdown.

In June this year Dawn received an invitation for her and Nyla to go and view the exhibition at The British Library London. Nyla was met by Dr Andrea Varney, Goldsmiths' National Outreach Manager Digital Learning who presented her with a bag full of library goodies then took her on a tour of the library which is home to millions of books and treasures. Nyla's book was in a glass case along with the others and will stay at the library forever. The family are so very proud of her achievement.

Children across the country have contributed to the National Library of Miniature Books. Enjoy browsing their little handmade volumes on bookshelves illustrated by Axel Scheffler

There is a little film on the British Library's website, showing the children's miniature books on shelves designed by Axel Scheffler. You can see it here: [www.bl.uk/childrens-books/activities/national-library-miniature-books](http://www.bl.uk/childrens-books/activities/national-library-miniature-books).

Hope you can spot Nyla's book.



Beach Bee  
by Kiki Whitehead  
from Silloth Primary School

## Natwest Mobile Bank is Back in Silloth



**NatWest**

The mobile Natwest Bank van is available outside the Community Hall on Petteril Street on Friday mornings from 9:45am to 10:45am.

Find out more at [www.natwest.com/bankingwithus](http://www.natwest.com/bankingwithus).

**The first step is a few steps.**

New moves. New foods. New habits. We've got ideas to get you started today. Get help and support at [nhs.uk/BetterHealth](http://nhs.uk/BetterHealth)

**Better Health** Let's do this

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# Weigh to go! Slimmers lose 89 Stone!

A weight has been lifted for slimmers from Silloth and Carlisle as they're an incredible 89 stone (565 kilograms, 1,246 pounds) lighter since returning to their real-life Slimming World groups in April!

Loretta Thompson is delighted to be back in venue, helping members to lose weight and improve their health in person, and the results on the scales show just how much members are loving being back together too.

Loretta, who has lost 2½ stone as a member herself, says: "I reopened my groups again in April, after I'd been supporting members virtually in online weekly groups, when the national lockdown closed our community groups. We put measures in place to comply fully with local and Government guidance, of course, to ensure members are safe, happy and comfortable being back at our group. It's been absolutely amazing to come back together again, it's proven that there

really is no better feeling than the magic of a real-life Slimming World group – and the amazing results speak for themselves – a combined 89 stone lost between them since 19th April! Members told me they'd really missed being together in-person – that feeling of community, swapping recipes and sharing ideas, and being there for each other through the highs and the lows of their journey. Plus, we know that there's something powerful about stepping on the scales each week and having that regular check-in on your progress. This year has been far from easy for all of us, with some people struggling more than others, but for lots of my members all of the challenges and anxieties have actually made them more determined than ever to achieve their goals and improve their



This car weighs 565 kilograms!

health. They've proved anyone wanting to lose weight and feel healthier – which research shows could protect against disease – doesn't have to give up on their

dreams! I can't wait to see how much we can all lose by the end of 2021!"

Loretta says: "Slimming World consultants are

members in group too, meaning we totally understand how challenging it can be (more so, adding covid-19 to the mix). Like a lot of people, I found lockdown challenging and gained extra pounds myself. I knew being back in group in person would make a big difference. And with the help and support of group, since returning in April, I am happy to say I'm back to target! I know it can be nerve-racking to walk into a Slimming World group for the first time, especially at the moment, but I can assure anyone who's worrying about their weight that there's no judgment at Slimming World, just respect and care – and it's absolutely safe. Every single person in the room has been there themselves, everyone understands exactly how it feels and everyone's

welcome at our group. I know that I was taking comfort in food and alcohol. As well as being able to share how we're feeling, being able to share ideas about how to enjoy delicious food and feel fitter and healthier has made a real difference not just to my weight, it's helped me have a much more positive outlook too. If anyone's worrying about going hungry – before I joined I definitely thought losing weight meant I'd be starving – don't, Slimming World's plan is about eating everyday foods and all your favourite meals, you just find out how to make small changes to how you cook them that make a big difference to your weight."

**They meet at SILLOTH RUGBY CLUB on a SATURDAY at 8:30am**

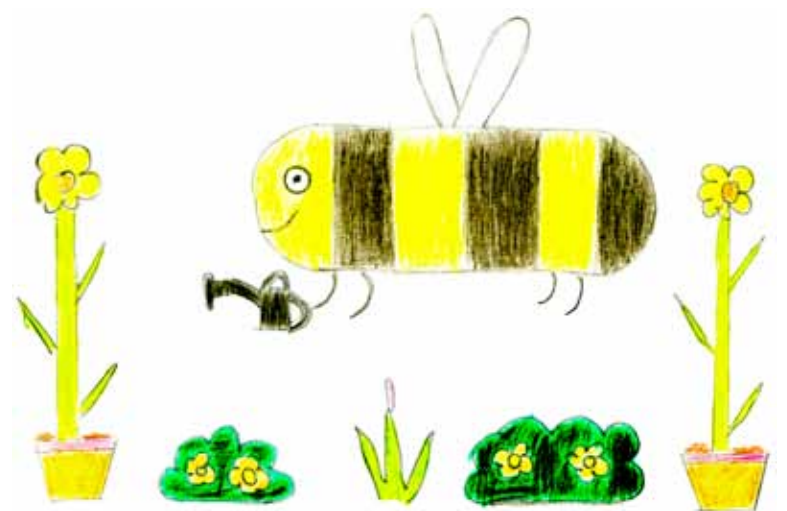
She says: "If you're worrying about your weight and feeling alone and desperate, don't give up. Don't put it off. Our Slimming World group is here and getting together every week. We'd love to be celebrating another huge weight loss milestone by the New Year, so if you're thinking of joining, come and be part of that success – you'll be welcomed by every one of us."

For more information visit [www.slimmingworld.co.uk](http://www.slimmingworld.co.uk) or contact Loretta on 07766 118556.

**Slimming**  
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Freddie & Fankle Bees  
by Dante from Silloth Primary School



Grace the gardening Bee  
by Caitlin Ellwood from Silloth Primary School



Imagine losing the weight of a pallet of Carrs flour

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# Allerdale needs to talk about Geological Disposal

## ~Working Group launches Online Events



The Allerdale GDF Working Group has launched two online versions of their community drop-in sessions to give more people an opportunity to join the discussion on whether Allerdale could be the right place to build a Geological Disposal Facility, or GDF, to securely dispose of the UK's radioactive waste.

'We need to talk about Geological Disposal' is free to attend and the first took place on

Zoom on 26th August and the next is on 9th September. The sessions will be hosted by Community Organisers - a national charity, and the membership body and training organisation for community organising in England - who are independent of the Working Group.

The formation of the Allerdale GDF Working Group in January 2021 was the very beginning of a local conversation about

geological disposal and a gradual, consent-based process to identify an initial 'search area' in Allerdale within which Radioactive Waste Management (RWM) will look for potentially suitable sites to build a highly engineered facility deep underground to dispose of the UK's radioactive waste.

No potential site has yet been identified, and for now, anywhere within Allerdale is being considered, except for the Lake District National Park. However, a Geological Disposal Facility will only be built where there is both a willing community and a suitable site, and with permission from independent regulators, including the Environment Agency, who would need to agree that the facility can be designed, constructed and operated safely.

Establishing the Working Group was the starting point for engaging with the community in a process that will take several years, and before any decision is made, there must be a Test of Public Support by the community to demonstrate it is willing to host a Geological Disposal Facility.

Working Group member, Eva Chua said: "This first step in the GDF project is about listening to local people to understand their views and vision for their community and future generations. These online events are a great opportunity for those who are not



able to attend our face-to-face drop-in sessions to be part of this important conversation about what we should do with our radioactive waste and whether it would be right for a Geological Disposal Facility to be built in Allerdale. As a Working Group we're committed to hearing as many voices as possible, so I would encourage anyone who lives, works or has a business in Allerdale to sign-up to an online session or come and talk to us at a community drop-in."

The hour-long online sessions will introduce attendees to the Working Group, before moving on to a series of 'breakout rooms' where participants will be able to ask questions, find out more information and discuss their thoughts with other participants.

Anyone wishing to attend can register through Eventbrite by visiting the 'Get Involved' page of the Allerdale GDF website: <https://allerdale.workinginpartnership.org.uk/get-involved/>

Further information and details of all events will be available on the Allerdale GDF Working Group website as and when they are known and anyone with comments or questions is encouraged to contact the group directly on 0300 369 0000 (those with hearing and speech impairments can call via Relay UK on 18001 (all calls are charged at local rate).

To register for the Zoom meeting on Thursday 9th September go to: <https://fb.me/e/3WQwNys4A>



## SILLOTH GROUP MEDICAL PRACTICE



**WE ARE HOLDING TWO WALK IN  
FLU VACCINATION CLINICS ON:  
SATURDAY 18th SEPTEMBER  
& SATURDAY 30th OCTOBER**

**9am – 3:30pm**

**NO APPOINTMENTS ARE NECESSARY**

### **PATIENTS AGED OVER 65**

**COULD WE PLEASE ASK WHERE POSSIBLE THAT ALL PATIENTS OVER THE AGE OF 65  
ARRIVE BETWEEN 9am AND 2pm**

**PATIENTS AGED BETWEEN 50- 64 AND PATIENTS ON THE “AT RISK” REGISTER – see below**

**COULD WE ASK THAT YOU ARRIVE BETWEEN 2PM AND 3:30PM.**

**If you are eligible for a pneumococcal or shingles vaccination you will be offered this at the same time.**

**If you are housebound and require a home visit please contact the surgery.**

**PLEASE CONTINUE TO WEAR A MASK WHEN ON THE PREMISES AND FOLLOW SOCIAL DISTANCING RULES  
IN ORDER TO PROTECT BOTH YOURSELF AND OUR STAFF**

### **COVID BOOSTERS**

**WE CURRENTLY DO NOT HAVE INFORMATION ON WHEN AND WHERE THESE ARE LIKELY TO BE OFFERED  
BUT WILL LET YOU KNOW AS SOON AS WE HAVE MORE DETAILS.**

**THEY WILL NOT HOWEVER BE GIVEN AT THE SAME TIME AS THE FLU VACCINATION.**

**PLEASE SPREAD THE WORD AND KEEP AN EYE OUT FOR UPDATES ON FACEBOOK PAGE AND WEBSITE.**

### **AT RISK CATEGORY**

**Flu vaccine for people with long-term health conditions**

**The flu vaccine is offered free on the NHS to anyone with a serious long-term health condition, including:**

- **respiratory conditions, such as asthma (needing steroid inhaler or tablets), chronic obstructive pulmonary disease (COPD), including emphysema and bronchitis**
- **diabetes**
- **heart conditions, such as coronary heart disease or heart failure**
- **history of stroke or TIA**
- **being very overweight – a body mass index (BMI) of 40 or above**
- **chronic kidney disease**
- **liver disease, such as hepatitis**
- **neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), or cerebral palsy**
- **a learning disability**
- **problems with your spleen, for example, sickle cell disease, or if you have had your spleen removed**
- **a weakened immune system as the result of conditions such as HIV and AIDS, or taking medicines such as steroid tablets or chemotherapy**



# Rainbows, Brownies & Guides Starting Again

Report by: Ruth Carr

We are excited and looking forward to starting up in Silloth again.



A couple of leaders have been qualified and involved in Guiding for many years and have run very successful units. These leaders have also completed their camp permits and plan to offer camps in the future.

We also have a couple of younger, qualified leaders who are enthusiastic and keen to offer the new Girlguiding programme to girls.

Rainbows are for girls age 5 - 7

Brownies aged 7 - 10

Guides aged 10 - 14

Rangers aged 14 - 18



The meetings will be a mix of indoor and outdoor meetings in order to provide the full programme and occasionally will be outside of Silloth.



The number / email address is on the photos. The requests for information will be directed to Ruth and she will reply individually to anyone interested.



**The fun starts here**

For girls aged 5 - 7 (4 - 7 in Northern Ireland)

Exciting and full of giggles, take your first brave steps with the Rainbows.

**Rainbows**

For girls aged 7 - 10

New skills, new thrills, new friends, being a Brownie is one big adventure, so go for it.

**Brownies**

For girls aged 10 - 14

Guides help make a difference in their communities...not forgetting the camps, trips, festivals and zip wires.

**Guides**

For young women aged 14 - 25

Find your voice, push boundaries and travel the world in The Senior Section, inspiring those around you.

**The Senior Section**

**Join us today**

Go online to get involved at [www.girlguiding.org.uk/joinus](http://www.girlguiding.org.uk/joinus) or call us 0800 169 5901

Registered charity number: 306016

**Rainbows**

For girls aged 5 to 7 (4 to 7 in Northern Ireland)

**'I wish I could still be here even when I'm 100.'**

**Matilda, aged 6**

[girlguiding.org.uk/rainbows](http://girlguiding.org.uk/rainbows)

**'Because of Rainbows she is more confident, she speaks about her feelings clearly and she is able to express herself in a very positive way.'**

**Rainbow parent**

**Being a Rainbow** is all about having the space to try new things and have fun. Rainbows learn by doing - they get their hands dirty, do sports, arts and crafts, and play games. Through taking part in a range of different activities with girls their own age, Rainbows develop self-confidence and make lots of new friends.

Register your daughter's interest in joining Rainbows at [girlguiding.org.uk/joinus](http://girlguiding.org.uk/joinus) or call **0800 169 5901**

**WE DISCOVER, WE GROW**  
**Girlguiding**

Registered charity number 306016

**Brownies**

For girls aged 7 to 10

**'I like doing things outside... we get to learn about our environment and how to care for it.'**

**Jessica, aged 10**

[girlguiding.org.uk/brownies](http://girlguiding.org.uk/brownies)

**'We've been fishing for bugs. It's been dirty and sticky and fun!'**

**Mollie**

**Brownies offers girls** exciting opportunities to try new things and discover their potential. They make their own decisions, learn new hobbies, develop skills and explore the world around them. They go on adventures, camps and holidays. Brownies work together to explore their place within their community and the world.

Register your daughter's interest in joining Brownies at [girlguiding.org.uk/joinus](http://girlguiding.org.uk/joinus) or call **0800 169 5901**

**WE DISCOVER, WE GROW**  
**Girlguiding**

Registered charity number 306016

**Guides**

For girls aged 10 to 14

**'You make so many new friends and it's just really fun and adventurous.'**

**Bryony**

[girlguiding.org.uk/guides](http://girlguiding.org.uk/guides)

**'We learn important life skills that you don't get taught at school.'**

**Joy, aged 12**

**At Guides you learn** new skills, explore new places, go on camps and plan your own meetings. Enjoy exclusive events like our Big Gig concert and fun-packed festival, Wollies and Wristbands. You can even get involved in leadership opportunities and make a difference in your community.

Register your daughter's interest in joining Guides at [girlguiding.org.uk/joinus](http://girlguiding.org.uk/joinus) or call **0800 169 5901**

**WE DISCOVER, WE GROW**  
**Girlguiding**

Registered charity number 306016





## The Amazing Circus Montini



### Circus Montini visited Silloth from 15th to 24th August and wowed the Audience every day



## At Last, an Event! Soul on the Green



Report by: Vicky Hope

Saturday July 31st saw the first event back on The Green after all the restrictions of Covid were lifted, it was liberating to be able to go ahead with this fundraising event

With the Soul Collective from Carlisle and West Cumbria, local legendary DJ's descended on the green to take it in turns to thrill the crowds with classic Northern Soul, Motown and Club Classics.

Legendary Carlisle DJ Dennis Peacock said "A huge thank you to everyone who came to Soul on the Green 2021. Seeing you all enjoy Silloth's beautiful green, Dancing to the fabulous music and enjoying time with friends and family was so fabulous to watch. Together you have raised £2,166.60 and after expenses for insurance, costs and equipment, every penny goes to The Friends of the Green volunteers to help with some exciting projects for YOU to enjoy. Thank you for coming to Silloth and thank you for donating to the volunteers. You're all amazing we are overwhelmed. Keep the faith"

The event this year was organised with the The Friends of the Green committee to raise money for plants, bulbs, seeds and equipment. So many people helped to make this happen. I appreciate all the help you've given - Harrison's for the stage and skip, Andrew Winter, Colin Baty, Owen Martin and Silloth Rotary for the use of the event marquees, John Cook Signs, Steven Henderson, Shaun Bell, James and Becci Bridges, Silloth Town Council for allowing the event to happen, the Green Staff and Town Clerk Wendy Jameson, all the DJ's and everyone who attended.

The volunteers and friends of the green do amazing work on the Green and everyone in the town appreciates their hard work along with the team of council employees.



They make the Green beautiful and it's important we support them.

Next year the event will be run independently and all the money raised will go to organisations in the town that work with the children of Silloth.

As soon as the date is confirmed I will announce the event through social media and of course The Solway Buzz. Thank you everyone and roll on 2022.





# Your Buzzing Letters & Poems

Dear Buzz,

Over the past two or three years I have continued to read letters of complaint from C. Briggs and have wondered as to why he has never enquired to get proper information before putting pen to paper.

For his information, the cemetery and church yard are in complete control of ALLERDALE and nothing to do with Silloth or Holme Low councils. Causewayhead church yard is not the responsibility of Holme Low Parish but of ALLERDALE.

As for the temporary water supply, it is at the back of the building, there is no access through the building.

The building in the cemetery was going to be knocked down, but Holme Low council decided to try and do something with it, a complete new water supply, disabled toilet, visitors toilet and a display wall for information about the war graves, etc. But it has taken three years to get control of the building and decide what we are hopefully going to do with it. We are applying for funding and at the moment the estimated costs are about £10,000 (perhaps he would like to put his hand in his pocket and contribute instead of complaining). Perhaps also he might have the decency to issue an apology to the members of both councils for the rude comments, and make sure he has the correct facts before complaining in the future.

John Graham  
Holme Low Parish Council

Dear Buzz,

I must say the new cemetery is looking the best I have seen it for many a year, apart from the broken down building. For once I would commend the contractors on doing a good job.

C. Briggs

**Do you have a poem or letter for the buzz?**

**We welcome all submissions, there is no charge.**

**Please remember to include your contact information.**

*Beware Who's Passing By*  
by Penny Stimson

*The heat it drives me crazy  
there seems no sign of shade  
to rest and take life easy  
or a pool in which to wade.*

*There's nothing I want to do  
this heat it seems to drain  
the very life from out of you  
will I ever be the same.*

*The sea is just a calm mill pond  
not a ripple can be seen  
no wind at the sea shore  
it's the hottest it's ever been.*

*But we are a nation of Brits  
and love to have a moan,  
I can't wait again for it to rain  
and the wind to shriek and groan.*

*Then I can do my ironing  
which is nearly as tall as me,  
there's nothing to wear to go out  
only a swim suit for the sea.*

*But this is something I've stopped doing  
with temperature's so high  
it would be my luck to go in  
and find JAW'S is passing by!!!*

*Mrs Pickafault*  
by Joan Bennett

*She means well the Vicar says when she starts to moan.  
How can you say that the villager's groan.  
The butcher said each time she walks in my shop.  
She says my floor's dirty and it needs a mop.*

*The girls in the baker's face Mondays with dread.  
For this is the day that Mrs Pickafault buys bread.  
She sniffs at the loaves then gives them a poke.  
These had better be fresh for my temper's no joke.*

*The greengrocers shop doesn't fare any better.  
She has her list ready down to the letter.  
This had better be ripe she says squeezing a pear.  
The greengrocer should stop her but he doesn't dare.*

*On Sundays in church she sits in her pew.  
She's always alone but that's nothing new.  
This Sunday however the people did stare.  
Her pew was quite empty and that's something rare.*

*Where has she got to? Where can she be?  
The Vicar will tell us just wait and see.  
The Vicar stood up and said let us all pray.  
Our friend Mrs Pickafault has just passed away.*

*I know you all thought she was nasty and mean.  
But things aren't always the way that they seem.  
Her life wasn't easy this nobody knows.  
She gave me permission on her death to disclose.*

*In an horrific accident her family were lost.  
She the survivor paid a terrible cost.  
For a long time she cried, so many tears.  
Then came the bitterness that lasted for years.*

*So let us all pray for her suffering has ceased.  
Reunited with her loved ones she will now be at peace.*

*The Poet and The Sea*  
by Sophia Lodhi

*Cold, blue and glinting, reflecting my mood:  
The sea took my secrets - so I thought - for good;  
White horses rushed in to carry away  
The bottle which sailed off to some unknown bay...*

*With driftwood and sea glass it travelled and roamed  
On the waves and the tides as the whipping winds moaned.  
Unburdened and lighter, my sad heart improved...  
Years blew away, while pale golden sands moved...*

*But the sea has a strangeness, not truly explained:  
The lost bottle returned, as if fate had arranged  
This contract between only poet and sea:  
For those unrevealed secrets belong just to me.*

*An Hour on Mawbray Beach*  
by Pauline Mole

*A group of us tootled along on to Mawbray beach.  
We had notebooks and pens, and a lady to teach.  
I wasn't sure that morning, if I really wanted to be there,  
But I had promised I would join them, so I needed to be fair.*

*Driving along, I was thinking of each job I could be doing,  
Like planting up my fuchsias, - not by the seaside viewing.  
Now I am pleased with myself for turning up at all,  
I'm enjoying everything, including the seagull's call.*

*At the start of my walk, I stopped by a field to chat -  
To a friend there, who told me lovingly that -  
Her Shetland pony I could see, was arthritic and old,  
But is a darling pet, and is not to be sold.*

*I used to spend childhood holidays at Mawbray by the sea,  
But on this day, the beach was very different to me.  
Now, as an adult, I noticed much more than a child,  
Now I wrote notes, as I walked along, in weather dry and mild.*

*The sea was a quiet, rippling, swishing, outgoing tide,  
Leaving a curvy, wriggly shoreline, extremely wide.  
At the edge of the waves were bubbles and white foam,  
And I began to feel glad that I hadn't stayed at home.*

*I noticed the colours and sizes of pebbles and stones,  
Could see the far distant windmills, but not hear their drones.  
I observed the brown lines of seaweed, and odd bits of litter,  
Heard the busy skylark, chattering their own kind of twitter.*

*There were broken shells, curly shells, a feather from a gull,  
A battered old barrel, slowly bobbing, no longer full.  
What was once in it? How far will it reach?  
It's owners never knowing it would visit Mawbray beach*

*Much further along the shore, a lady sat alone,  
Is she sketching, reading, or thinking thoughts of home?  
Who can tell her musings? My adult mind was going wild,  
Questions such as these I never wondered as a child.*

*My eyes lifted to across the Solway Firth,  
To Scotland's coast, but has the same sea and surf.  
Criffle Fell, like a giant, prominent and wise,  
It's fellside's hues, against glorious blue skies.*

*Now we meandered up the dunes, away from the sand,  
I was amazed how time flew, it had been just grand.  
I caught sight of bright butterflies, dashing as in play,  
Caterpillars lazily crawling, in their special unique way.*

*Yes my childhood memories still happily exist,  
Remembering sandcastles and paddling, wont be dismissed.  
Yes I'll go again one day on to Mawbray beach,  
But I wont take my notebook, -- nor a lady to teach!*

## Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Return to your school or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing. Or send it to us, our address is on page 14.

**This month the winner is Freddy Pawson-Kyles from Silloth Primary School with a bee drawing called "Beat Box Bee".**

**Well done!**



## Non-Commercial Tourism Websites

solwaybuzz.co.uk  
sillothgreen.co.uk  
silloth-on-solway.co.uk  
sillothgolfclub.co.uk  
vintagerally.co.uk  
sillothbeerfestival.co.uk  
sillothmotorcyclemuseum.co.uk  
silloth-on-solway-tc.gov.uk  
visitcumbria.com/wc/silloth  
soldiersinsilloth.co.uk  
solwayplain.co.uk/silloth1.htm  
facebook.com/sillothgreen  
facebook.com/silloth-carnival  
facebook.com/groups/121042258051545 (Silloth Today)



# Family Notices

## Deaths

**MATHERS Wendy**  
(nee Duffield)

Passed away suddenly at home in Silloth on 4th July, 2021.

The widow of Ian and much loved Sister, Aunt, Great Aunt and Friend.

The funeral has taken place in Birmingham.

Up to 75 words £20,  
each additional 25 words £7,  
therefore 100 words would be £27.  
Pay by Cash, Cheque or by Paypal  
to: office@m-smc.co.uk.

## Links Close

We need a volunteer to deliver the Solway Buzz for this area, 25 properties.

Can you help your community?

We look forward to hearing from anyone who can help.

Contact Peter  
on 016973 32180

# Those Were the Days

Report by: Mike Faulkner

Those were the days - a bit of nostalgia: My mum used to cut chicken, chop eggs and spread butter on bread on the same cutting board with the same knife and no bleach, and we didn't get food poisoning.

Our school sandwiches were wrapped in wax paper in a brown paper bag, not in ice pack coolers, and I didn't get E.coli.

Almost all of us would have rather gone swimming in the creek, the lake or at the beach instead of a chlorinated pool.

We all took PE and risked permanent injury with a pair of plimsolls or bare feet instead of having cross-training athletic shoes with air cushion soles and built-in light reflectors that cost as much as a small car.

I can't recall any injuries but they must have happened because they tell us how much safer we are now.

We got the cane or the strap for doing something wrong at school, they used to call it discipline yet we all grew up to accept the rules and to honour and respect those older than us.

We had around 35 kids in our class with one teacher and no assistants, and somehow we all learned to read and write, do maths and spell most of the words needed to write a grammatically correct letter.

We all said prayers in school irrespective of our religion, sang the

national anthem and saluted the Flag and no one got upset. Staying in detention after school netted us all sorts of negative attention we wish we hadn't got. We knew we had to accomplish something before we were allowed to be proud of ourselves.

I was never bored as a youngster, even though I didn't have a computer, playstation, Nintendo, X-box or 270 digital TV cable stations.

Don't even mention the rope swing over the river or climbing trees.

We played "King of the Castle" on piles of dirt or gravel left on vacant building sites and when we got hurt, Mum pulled out the 1/6d bottle of iodine. Now it's a trip to the emergency room, followed by a 10-day dose of antibiotics and then a call to a Solicitor to sue the contractor for leaving a horribly vicious pile of gravel where it was such a threat.

To top it off, not a single person I knew had ever been told that they were from a dysfunctional family. How could we possibly have known that?

We never needed to get into group therapy and/or anger management classes. We were obviously so duped by so many societal ills, that we didn't even notice that the entire country wasn't taking Prozac! How on earth did anyone ever survive?

Aaah, those WERE the days!

The Mawbray Film Club presents

**CAPTAIN CORELLI'S Mandolin**

**15**

**SATURDAY 25 September**  
The film starts at 7:00pm

Bring your own cushions, if you wish.  
Bring your own refreshments, cups/glasses. All rubbish to be taken with you when you leave at the end of the evening.  
Masks must be worn when moving around the hall or in conversations.  
Children must be accompanied by an adult.  
There are limited spaces available due to social distancing, so pre-booking is essential.

You must be a member to participate	
<b>Lifetime Membership</b> £5.00 per adult £8.00 per couple £10.00 per family	<b>Film Night Charge</b> £3.00 per adult £1.50 per child (under 16)

To join and/or to book contact Brian or Lynda:  
01900 881737  
07542 781234  
07926 810074



CULTERHAM VILLAGE HALL, MAWBRAV

Mawbray Village Hall is getting back to full swing following covid restrictions and all our classes are now available and eager for your attendance-

Various Exercise Classes with Jill Chester for more details see contact details below.

Short Green Indoor Bowling - Monday 1pm-3pm, numbers are limited.

Tai Chi- Monday 6.30pm-7.30pm all welcome.

Craft Club- Every other Wednesday 2pm-4pm, come for a chat and a relaxing afternoon, finishing that project you have never quite finished.

N.I.A. -(Non-Impact Aerobic, type Exercise) Thursday 2pm-3.30p. Gentle exercise class for all ages to keep those stiff joints moving.

Book and Jigsaw Swap 1<sup>st</sup> and 2<sup>nd</sup> Thursday of the month 3.30pm-5pm. Good selection of books and jigsaws to swap. 1 in and 1 out and chat about what books you like. No charge, no pressure.

We still have times available for new classes, if you feel you have something to share or maybe provide you with that additional income, we all could do with.

Organising a wedding, a 21<sup>st</sup> an anniversary, a family party or just a big get together with friends, then why not book the hall. Good rates, fully fitted kitchen and plenty of space to relax and have a dance.

Our Film Club is becoming very popular, follow our Website and Facebook page, the Solway Buzz and Solway Plain Magazine to see what monthly film is showing.

For more information contact Lynda Bailey on 01900 881 737 / 07926810074 or email at - info@mawbrayvillagehall.org.uk

# AMC

**SCRAP METALS LIMITED**  
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Silloth CA7 4AW  
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**Yard:**  
The Control Tower  
Silloth Airfield  
Silloth CA7 4NS  
Tel: 0774 2221222



## Cushions & Covers

**Upholstery, Blinds, Curtains, etc.**

Whatever your  
furnishing needs, ring  
**Irene on 016973 31836**  
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armstrongi@btinternet.com

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& DBS  
Checked  
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Registered



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Genuine cat loving,  
family business  
Excellent references  
Contact: Richard & Nicola Ives  
**07852 175753**  
www.thegiftedcat.co.uk



# Copy Date



Please let us know of any changes within this section

Copy date for the Oct/Nov issue is:  
1st week Sept  
If you have an event to promote or you have something to say, please note the next copy date.

## Coast Bus Timetable

60E Maryport to Skinburness the current timetable is available from Silloth Tourist Office or Winters Newsagents or [www.ellenvalecoaches.co.uk/service-60e.html](http://www.ellenvalecoaches.co.uk/service-60e.html)

## Silloth RNLI Shop

### SHOP OPENING HOURS

Monday to Thu 1pm-4pm  
Friday & Sat 11am-4pm  
Sunday 10am-4pm

Our Shop is staffed by Volunteers and may not always be open. We apologise for any inconvenience caused.

## Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell  
The Vicarage, Wigton Road  
Tel: 016973 31413

## Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060  
Maryport Tip, tel 01900 66922 open daily 8am to 6pm  
Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

## Silloth Tennis Club

For coaching information call David Wise on 07742 547767

Please tell us when your group starts up again so we can let everyone know

## Production Team

Proprietor:  
Peter McRobert  
Barn Cottage  
Skinburness, CA7 4RA  
Tel: 016973 32180  
Email:  
[office@solwaybuzz.co.uk](mailto:office@solwaybuzz.co.uk)

Editorial Content  
This is down to you, we can only publish items if you send them to us.  
When sending articles in, please supply a contact name and number in case something requires clarification.  
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

## Doors Open Lunch

'Our Doors Open' meets in St Andrews Church every Tuesday from noon to 1pm for a light lunch with good fellowship for a donation only.

## First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

## NatWest Mobile

The NatWest Bank mobile van will be outside Silloth Community Centre on Fridays only from 9:45am to 10.45am

## Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also available at Winters Post Office

## Causewayhead WI

We meet on the 2nd Wednesday in each month at 2pm in the Community Hall and visitors are welcome

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Have You Sent in Your Dates yet?

# Dates for Your Diary

## August

26th Solfest

27th Solfest

28th Solfest

28th Silloth Carnival Mega Weekend on Silloth Green from noon to 6pm

28th Tea & Coffee Fundraising Event in Silloth RAFA Club from 2pm

29th Solfest

29th Silloth Carnival Mega Weekend on Silloth Green from 11am to 6pm

29th Tea & Coffee Fundraising Event in Silloth RAFA Club from 2pm

30th Silloth Carnival Mega Weekend on Silloth Green from 11am to 6pm

30th Craft Fair in St Andrews Church Hall 12-4pm, we will be serving take away tea/coffee and cakes  
To book a table call Penny on 016973 35522

## September

4th Silloth RAFA Club Leek Show, staging 10am, judging noon, hall opens 4pm contact Ian Caulfield on 31531

6th Silloth Town Council meeting in Silloth Community Hall at 7pm

8th Causewayhead WI meeting in Silloth Community Hall at 2pm, all welcome

11th Solway Cycling Festival on Silloth Green with cycle rides, maintenance workshops, kid's activities, skills sessions and much more

11th Blencogo & District Village Hall Produce Show open to public at 2pm

18th Table Top sale in St Andrews Church Hall, 12-4pm. Take away tea/coffee and cakes

25th Macmillan Cancer Coffee Morning in Caldew Hall

25th Mawbray Film Club showing Captain Corelli's Mandolin at 7pm, Tel 01900 881737 to book, see advert

## October

4th Silloth Town Council meeting in Silloth Community Hall at 7pm

12th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

13th Causewayhead WI meeting in Silloth Community Hall at 2pm, all welcome

23rd Craft Fair in St Andrews Church Hall 12-4pm, we will be serving take away tea/coffee and cakes  
To book a table call Penny on 016973 35522

## November

8th Silloth Town Council meeting in Silloth Community Hall at 7pm

10th Causewayhead WI meeting in Silloth Community Hall at 2pm, all welcome

20th Craft Fair in St Andrews Church Hall 12-4pm, Afternoon Tea, To book a table call Penny on 016973 35522

## December

6th Silloth Town Council meeting in Silloth Community Hall at 7pm

8th Causewayhead WI meeting in Silloth Community Hall at 2pm, all welcome

11th Christmas Sale in St Andrews Church Hall 12-4pm, To book a table call Penny on 016973 35522

## January 2022

1st Allonby Bay New Year Swim in the Solway with Allonby Bay Dookers

11th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

## February

7th Silloth Town Council meeting in Silloth Community Hall at 7pm

## March

7th Silloth Town Council meeting in Silloth Community Hall at 7pm

## April

4th Silloth Town Council meeting in Silloth Community Hall at 7pm

12th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

## May

9th Silloth Town Council meeting in Silloth Community Hall at 7pm

28th Silloth Green Day

29th Silloth Green Day

30th Silloth Green Day

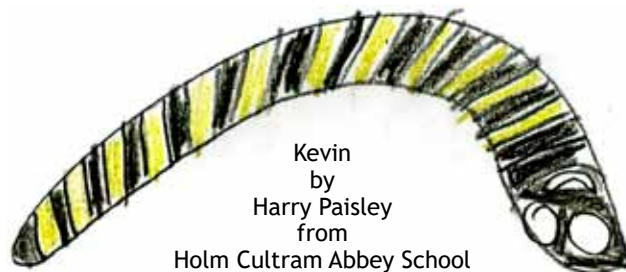
## June

11th Silloth Vintage Rally on Silloth Green

12th Silloth Vintage Rally on Silloth Green

24th Silloth Pride on Silloth Green

Errors do occur in Dates for the Diary  
Please check before attending an event



Kevin  
by  
Harry Paisley  
from  
Holm Cultram Abbey School



Jerald  
by Ronnie from Silloth Primary School

## ANIMAL & POULTRY FEED

(farm deliveries)  
(hay & straw available)



## CALOR GAS AGENTS

(discounted prices)  
(free local delivery & connection)

SPAR

open 6am-8pm Mon-Sat, 7am-7pm Sunday

Harrisons Store Ltd, Abbeytown

Tel/Fax: 016973 61231 ~ M: 07972 805074

# Soldiers in Silloth

Open: Sat & Sun 1pm to 4pm

Midweek Telephone booking only:

016973 31246

Admission: FREE Donations welcome

Criffell St, Silloth, CA7 4BZ

[www.soldiersinsilloth.co.uk](http://www.soldiersinsilloth.co.uk)

Fantastic for Families!

Toy Soldiers



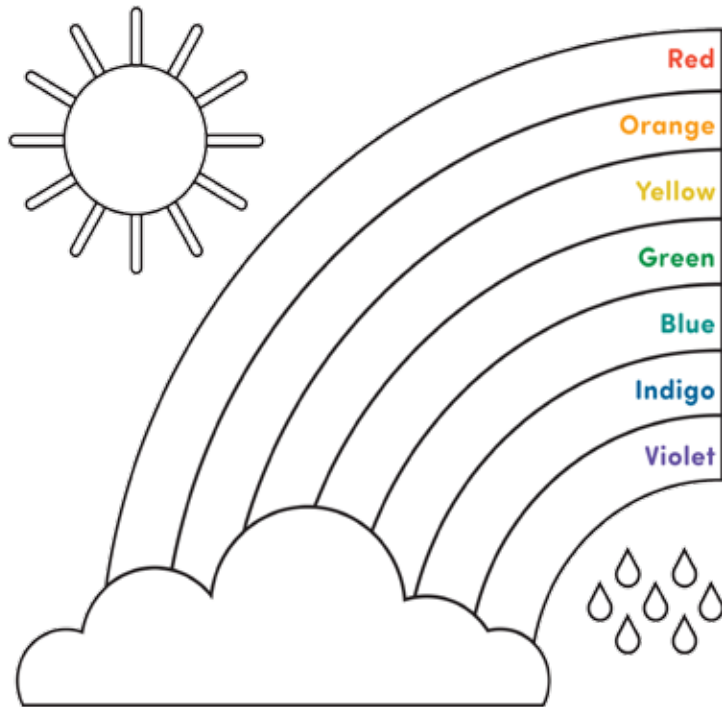


# FUN for ALL ~ Join the Dots & Colour In

Something for All Ages to Enjoy Everyone Can Do This

## The Colors of a Rainbow

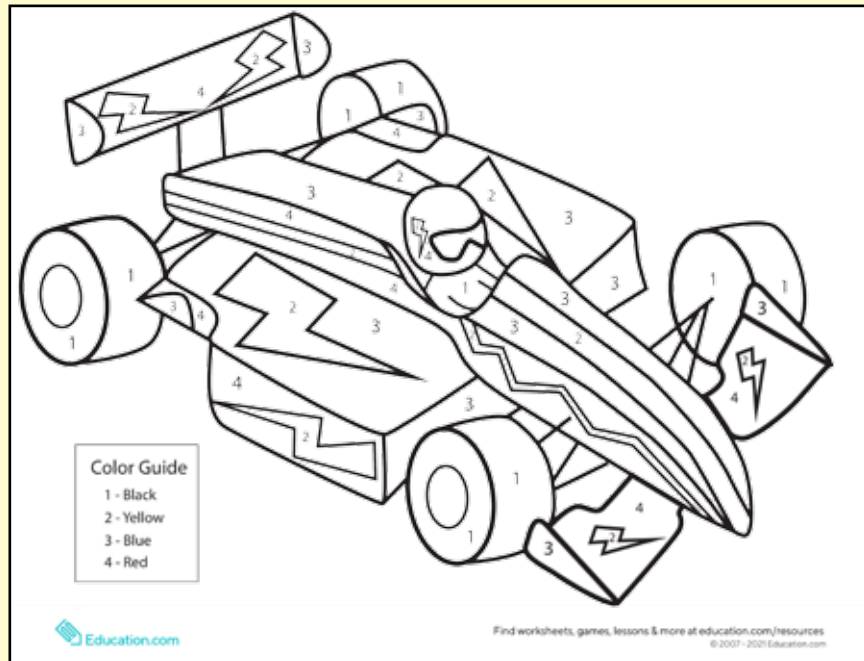
Color the rainbow. Then answer the question.



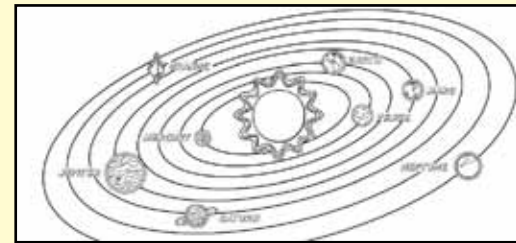
How many colors does a rainbow have? \_\_\_\_

Education.com

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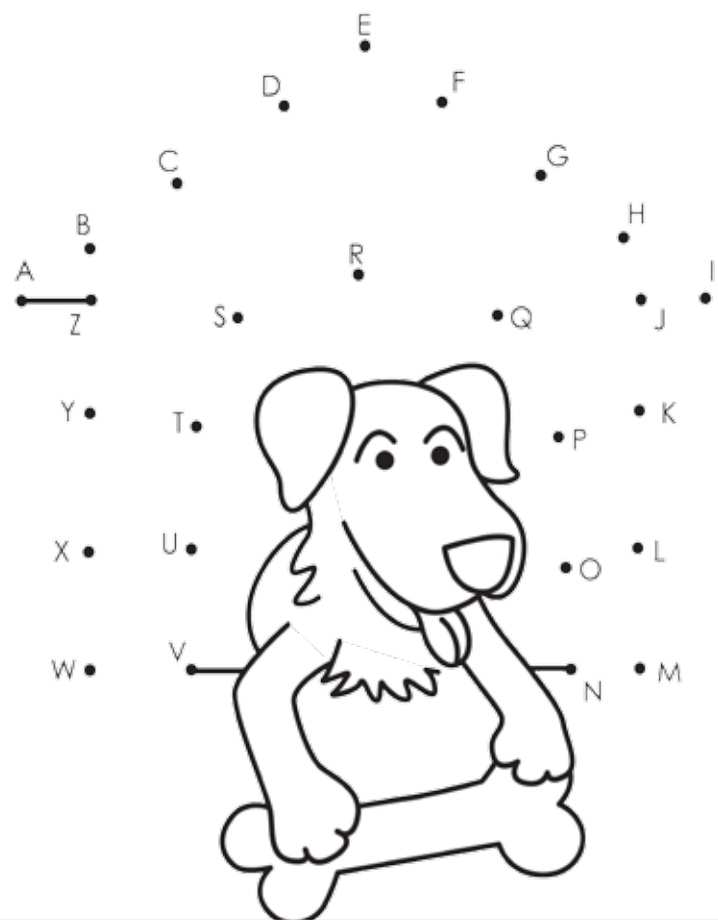
Colour  
in our  
Solar  
System



## Enjoy Yourselves

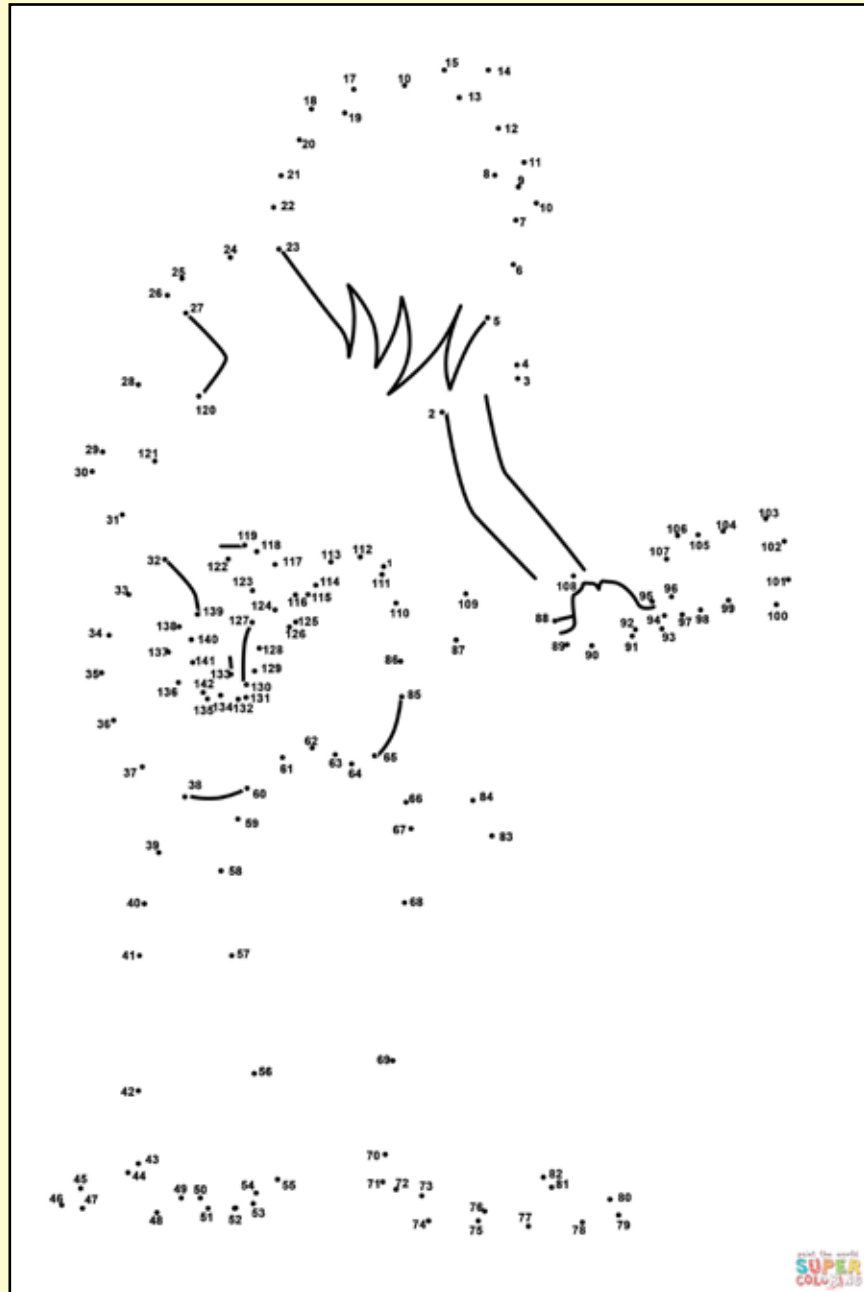


Connect the dots then color in the hidden picture!  
Connect the dots from A to Z in alphabetical order.



Education.com

Find worksheets, games, lessons & more at [education.com/resources](http://education.com/resources)  
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Not Just for the Kids

Enjoy and Have Some Fun





## Local Tradesmen and Services

### Aerial Services

#### Beacon Aerial Services, Wigton

Tel. 07941 370669

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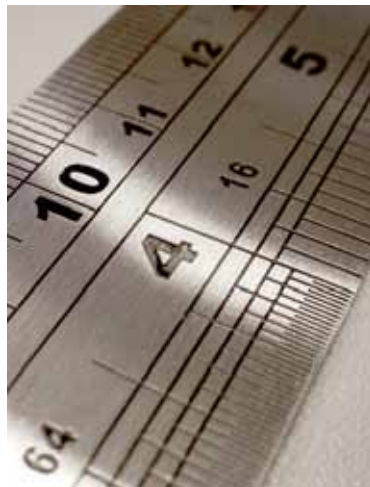
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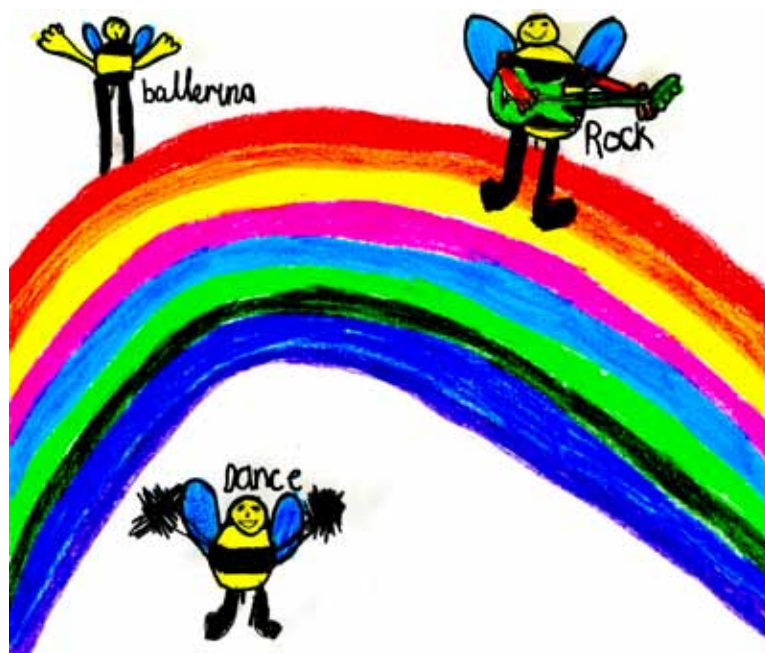
Addison Orthodontics	016973 32208	No. 17 Delicious	016973 32458
Allerdale & Eden Roofing	01900 813517	Outdoor Joinery	016973 61256
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Fairydust Emporium	016973 31787	Upholstery, Irene Armstrong	016973 31836
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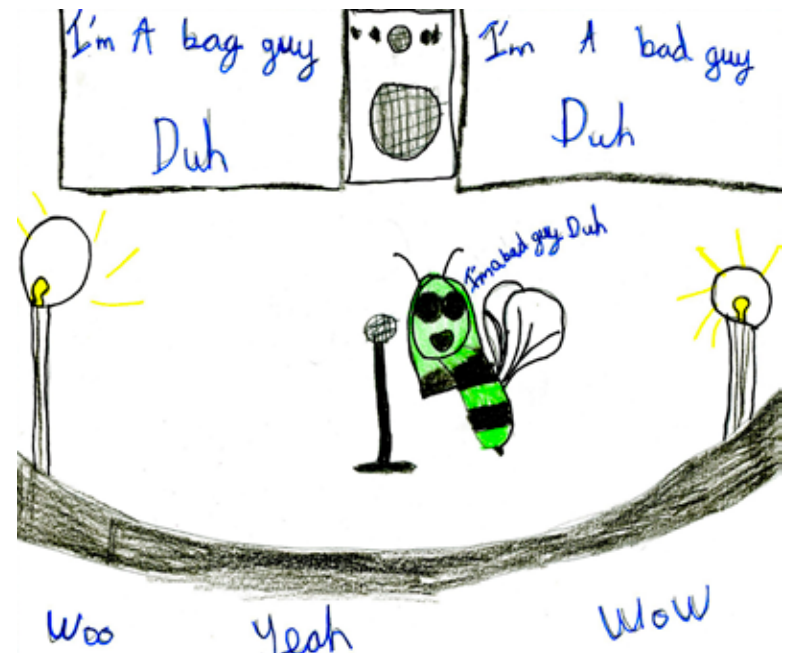
Age Concern Home Safety Scheme	0 1 9 4 6 6 8 9 8 6
Allerdale B. Council	0 3 0 3 1 2 3 1 7 0 2
Chemist, Silloth:	0 1 6 9 7 3 3 1 3 9 4
Community Grants:	0 1 9 0 0 3 2 5 0 1 3
Crime Stoppers:	0 8 0 0 5 5 5 1 1 1
Dentist, Alma Terrace:	0 1 6 9 7 3 3 1 2 7 0
Dentist, Emergency:	0 1 2 2 8 6 0 3 9 0 0
Doctor:	0 1 6 9 7 3 3 1 3 0 9
Doctor CHOC service	0 3 0 0 0 2 4 7 2 4 7
NHS	111
First Responders can only be called by the Ambulance service, call:	999
Gas:	0 8 0 0 1 1 1 9 9 9
Highways Hot Line	0300 303 2992
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Holme St. Cuthbert School, Mawbray:	0 1 9 0 0 8 8 1 2 4 2
Holm Cultram Abbey CofE School	0 1 6 9 7 3 6 1 2 6 1
Abbeytown:	0 1 9 0 0 8 7 6 1 8 9
MP, Mark Jenkinson:	0 1 9 0 0 3 2 5 0 1 3
Neighbourhood Forum:	101
Police:	0 1 2 2 8 5 2 3 1 7 4
Quakers, Wigton:	0 1 2 2 8 2 2 1 1 2 2
Register Office, Wigton:	0 1 2 2 8 5 4 4 4 4 4
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Silloth Community School:	0 1 6 9 7 3 3 1 9 4 4
Silloth Library	0 1 6 9 7 3 3 1 2 4 3
Silloth Nursery & Junior School:	0 1 6 9 7 3 3 1 1 2 8
Silloth Town Clerk:	0 1 6 9 7 3 3 1 9 4 4
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Bee what you want Bee  
by Sharne Berkley from Silloth Primary School



Billie Eilish Bee  
by Freya Hagan from Silloth Primary School





July saw a visit from the dredger ADMIRAL DAY which spent a week working in New Dock.

The first cargo vessel to benefit from the increased depth was WILSON DAVANGER which had spent a week sailing from Estonia. The crew would be keen to reach their destination and have a break from sea duties. The ship was bringing a full cargo of fertiliser from Sillamae, the easternmost port of the European Union in the Baltic Sea. The Estonian port

is a large facility capable of receiving ocean-going vessels. It has an extensive road and rail network, including links with its neighbour Russia a few miles to the east.

WILSON DAVANGER's voyage took it from the Baltic Sea to the north of Denmark and onward into the North Sea. At this halfway point the ship would head for Scotland and then down the west coast to Cumbria. It was a fine morning for the final stage of the sailing, arriving off Silloth in good time for the midday

tide. Conditions allowed the pilot to make a direct approach to the dock entrance rather than perform the usual pirouette before lining-up.

This suited photographers who were able to get a different view of the passing ship. Onlookers were treated to a blast on the ship's horn as it entered Marshall Dock. The ship was soon turned and brought alongside its berth where a convoy of wagons was already waiting. In no time, the pilot had disembarked, hold hatch covers opened and the dockside grab made ready to begin its work.

The ship is chartered by the Norwegian company 'Wilson' which, with a fleet of more than one hundred, makes it one of the largest operators on European short sea routes. The company has a reputation for high standards of ship maintenance and crewing.

DAVANGER is the third member of the fleet to visit this year. Just twenty-four



hours after arrival the ship was ready for departure to its next destination in northern Spain. The quick turnaround at Silloth is typical for this type of coaster which is kept busy providing a vital service to international trade.

## Silloth Tide Tables

SEPTEMBER 2021						SILLOTH			
Date	DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)								
	High Water				Low Water				
	Morning		Afternoon		Morning		Afternoon		
	Time	m	Time	m	Time	m	Time	m	
1 W	06 38	4.5	19 22	4.6	00 35	0.9	13 09	0.9	
2 TH	08 06	4.6	20 40	5.1	02 06	0.8	14 33	0.8	
3 F	09 14	5.2	21 35	5.6	03 21	0.5	15 40	0.4	
4 SA	10 03	5.7	22 18	6.2	04 21	0.1	16 34	0.1	
5 SU	10 42	6.3	22 55	6.7	05 11	-0.3	17 21	-0.3	
6 M	11 18	6.7	23 30	7.2	05 56	-0.6	18 06	-0.6	
7 TU	11 52	7.2			06 40	-0.9	18 49	-0.9	
8 W	00 05	7.5	12 27	7.4	07 21	-1.1	19 29	-1.0	
9 TH	00 41	7.7	13 06	7.5	07 59	-1.2	20 08	-1.0	
10 F	01 20	7.7	13 46	7.4	08 38	-1.1	20 46	-0.9	
11 SA	02 00	7.5	14 26	7.2	09 13	-1.0	21 22	-0.7	
12 SU	02 42	7.2	15 11	6.7	09 48	-0.6	22 01	-0.4	
13 M	03 31	6.6	16 03	6.2	10 29	-0.2	22 50	-0.1	
14 TU	04 31	6.0	17 11	5.6	11 23	0.2	23 56	0.3	
15 W	05 54	5.4	18 42	5.4			12 43	0.5	
16 TH	07 31	5.3	20 07	5.6	01 29	0.4	14 19	0.4	
17 F	08 56	5.6	21 18	6.2	03 02	0.1	15 39	0.1	
18 SA	09 57	6.2	22 11	6.7	04 18	-0.3	16 43	-0.2	
19 SU	10 44	6.7	22 55	7.2	05 16	-0.7	17 35	-0.5	
20 M	11 23	7.0	23 33	7.4	06 05	-0.9	18 18	-0.7	
21 TU	11 58	7.2			06 45	-1.1	18 55	-0.9	
22 W	00 07	7.5	12 29	7.2	07 20	-1.1	19 29	-0.9	
23 TH	00 39	7.5	13 00	7.1	07 50	-0.9	19 59	-0.7	
24 F	01 12	7.3	13 30	6.9	08 18	-0.8	20 28	-0.6	
25 SA	01 43	7.0	13 59	6.6	08 44	-0.6	20 56	-0.3	
26 SU	02 16	6.6	14 31	6.2	09 08	-0.3	21 24	-0.0	
27 M	02 50	6.1	15 06	5.7	09 35	0.1	21 56	0.3	
28 TU	03 30	5.5	15 48	5.3	10 10	0.4	22 40	0.6	
29 W	04 22	5.0	16 51	4.8	10 58	0.8	23 46	0.9	
30 TH	05 42	4.4	18 31	4.5			12 14	1.1	

Times shown in UTC. Add 1 hour for British Summer Time.

## July Shipping at the Port of Silloth

Report by: Capt Tim Riley, Harbour Master, Short Sea Pilot

Silloth had only two vessel calls in what is normally a quiet month for the port, so we actually achieved target. MV Elsborg called again with more fertiliser for Origin and the Wilson Davanger brought in even more fertiliser at the tail end of the month.

During this month we also carried out a small dredge campaign, removing some 8,800 tonnes of silt from the dock, not as much as we had hoped to move, but better than none at all. As part of this we removed a small lump from the mud encroaching on the north side of the channel in Marshall dock,

giving us a straighter run in over the coming months. We have also notified the Marine Management Organisation that we believe that legally we have the right to dredge all areas of the channels into Silloth under the 1855 Carlisle and Silloth Railways Act, which has caused a few issues for us in the past and we are now taking samples from the beach to send in for testing to ensure none of the sediment we remove is contaminated in any way prior to carrying out further works later this year.

Next year, as part of our dredge material disposal license we have to take further samples in New Dock

and submit them for testing as well, to show that the silt in the dock (every 5 years) is not contaminated and has not been contaminated by any of the vessels calling in Silloth.

We are looking forward to a busier August and enjoying the warmer weather.

**July**

11th Elsborg from Riga with a cargo of AN Fertiliser then on to Belfast.

13th Admiral Day came from Fleetwood for dredging then on to Rothesay.

23rd Wilson Davanger from Sillamae with a cargo of CAN Fertiliser then on to San Ciprian.



## New Directory Launched to Support Sexual Violence Survivors

A new digital directory of services has been launched across the North West to help survivors of sexual violence find support.

www.sexualviolencesupport.co.uk features a postcode search function which allows users to find local support services.

The website also contains Survivor Support Packs which are downloadable resources created in collaboration with survivors. These packs provide all the information you need to know around the definitions of sexual violence crimes, information for parents/carers on supporting children or how to have open conversations at home, and a simplified 15-step summary for the 'report to court' process.

Becky Johnston, Sexual Violence Communication and Engagement Manager and project manager for the website said: "Until now, if a survivor was to look for support online, the information can be confusing and overwhelming. There are loads of support organisations out there but it's hard to know which one is specifically commissioned for the area you live in. You could contact an organisation then be referred onto another, then another - a process which when speaking to some survivors has been described as a deterrent for seeking support. This new website has been built in collaboration with survivors and

using their feedback to improve access to services. We really hope this site makes the process easier for survivors."

The website has been built in collaboration with North West Police Crime Commissioners, NHS England, and Sexual Assault & Abuse Services.

Cumbria's Police and Crime Commissioner, Peter McCall, said: "This website is a great resource for anyone who has experienced sexual violence and is looking for support. As PCC, I would urge anyone who has experienced any form of sexual violence to report it to the Police, whether it is a recent or historic assault, but I understand that this is not an option for everyone which is why these types of resources are so important. We have several organisations in Cumbria including the Bridgeway, Victim Support, Safety Net and the Birchall Trust, all of which can be found at www.sexualviolencesupport.co.uk. Anyone looking for support, please visit the website and reach out to one of these organisations - do not suffer in silence."

If you or someone you know is a victim of sexual violence, you can contact the police on 101 or find your local specialist support service via www.sexualviolencesupport.co.uk.

In an emergency always dial 999.

**sexualviolencesupport.co.uk**

## What is a Ghost Broker?

Just 15% of people have heard of a 'ghost broker'.\* Do you know what one is?

Have you ever heard of a 'ghost broker'? No, we are not talking about things that go bump in the night - this is a lot scarier. 'Ghost brokers' are fraudsters who sell fake or invalid car insurance policies. Victims are sold fake insurance documents for a policy that does not exist, or for a genuine policy that has been set up using false details to lower the price of the premium.

### How do 'ghost brokers' operate?

Fraudsters lure victims in with the offer of cheaper insurance premiums, usually via social media or by word-of-mouth. These individuals or groups pose as middlemen for well-known insurance companies, claiming they can offer you legitimate car insurance at a significantly cheaper price.

This type of fraud is typically carried out either by forging insurance documents, falsifying your details to bring the price down, or by taking out a genuine policy for you but cancelling it soon after.

Often, the victim is not aware that they have been scammed until they are involved in an accident and try to claim on the policy.

### Who do 'ghost brokers' target?

'Ghost brokers' tend to target vulnerable communities, including

members of non-English speaking communities who may not have full knowledge of UK insurance and laws, as well as young people looking for cheaper insurance deals.

Last year, Action Fraud received 694 reports of 'ghost broking', with almost a third (29%) coming from victims aged 17-29. The reported losses for these victims alone totalled £113,500, with each individual losing an average of £559.

Figures also indicate that over half (58%) of all reports in 2020 were submitted by men.

### What could happen if I drive without valid insurance?

As policies sold by 'ghost brokers' are either invalid, non-existent or fraudulent, this means that the driver is technically uninsured, meaning that you could face:

- £300 fixed penalty notice
- Six points on driving licence
- Vehicle being seized and crushed

### How can I protect myself from 'ghost brokers'?

There are simple steps that you can take to spot the signs of these scams and avoid being taking for a ride by 'ghost brokers':

- 'Ghost brokers' often advertise and communicate via social media, online forums and messaging apps.

## Action Fraud

National Fraud & Cyber Crime Reporting Centre

**0300 123 2040**

If a broker is only using a mobile phone or email as a way of contact, this can be a sign of this type of crime. Fraudsters do not want to be traced after they have taken money from their victims.

• They may also try to sell insurance policies through print adverts in pubs, clubs or bars, newsagents.

• If a deal seems too good to be true, then it probably is. If you are not sure about the broker, check on the Financial Conduct Authority or the British Insurance Brokers' Association website for a list of all authorised insurance brokers. You can also contact the insurance company directly to verify the broker's details. You can also check to see if a car appears to be insured on the Motor Insurance Database website.

• If you think that you have been a victim of a ghost broker, you can report your concerns to Action Fraud at: actionfraud.police.uk or on 0300 123 2040.

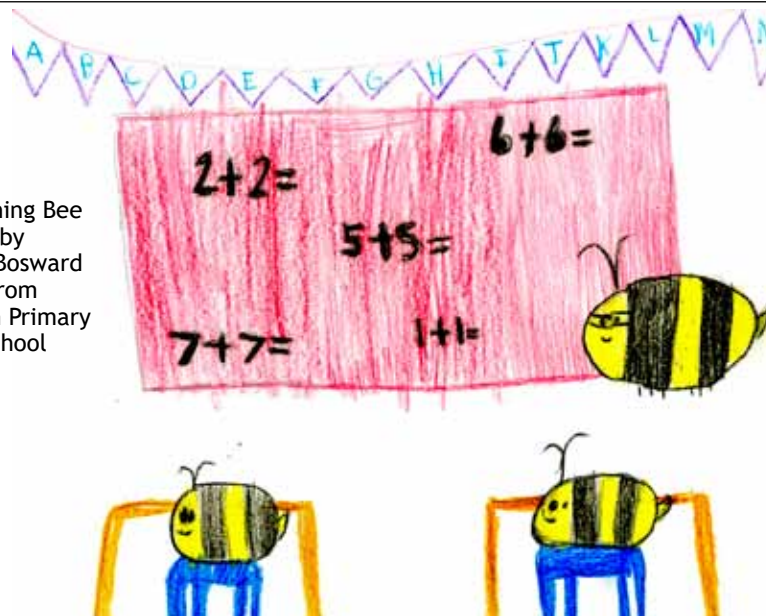
• You can also contact the Insurance Fraud Bureau via its confidential Cheatline on 0800 422 0421 or on the IFB website.

\*According to a YouGov survey commissioned by the IFB



Malow Bee  
by  
Jayden Carruthers  
from  
Silloth Primary School

Teaching Bee  
by  
Evie Bosward  
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# Where has all the Sport Gone?



The by-line of the Solway Buzz is and always has been:

## LOCAL NEWS - FOR YOU - BY YOU

For the past twenty years local sports people have enjoyed submitting their articles and promoting their sport through the medium of the Buzz. For some reason since the covid-19 lockdown this has all changed and here we are with yet another edition with no sport stories.

Here is a little reminder of how things work with the Solway Buzz: we never charge for articles about the community, submitting articles and photographs is easiest by email to [office@solwaybuzz.co.uk](mailto:office@solwaybuzz.co.uk) or by post, full contact details are on page 14.



We do not care about your spelling or grammar. We regularly clean up articles so they always look their best, we just want to help.

Although we love to have as much as possible at the start of the month we accept articles right up to publication time and will always strive to find space to include as much as possible. We want to promote all local sports so get your articles sent in and let everyone know what you are doing.

Want to play a sport that is not available locally, send in an article asking if anyone else wants to join you in your favoured activity. You might just get it started.

Remember - we are here to help.

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Happy Bee  
by

Francesca Pudsey from Silloth Primary School

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