

## New Starters at Primary

On Tuesday 17<sup>th</sup> June the new starters for September 2003 and their parents were invited to school for a meeting and lunch. The children met the staff who would be working with



them in their new class and had fun trying out some of the activities set out for them. These included using play-doh to make letter shapes, making words using magnet letters, looking at interactive books, number fun games and number jigsaws. There was also a uniform display.

Lunch was served in the school canteen and parents were very impressed by the choice available and the quality of the meals provided. All school dinners are cooked on-site and cater for a variety of appetites. The occasion was made extra special for the children by the special visitors 'Chelsea Bun' and 'Egon toast'.

## Silloth W.I.

Report by: Mrs Jean Darling

The members visited Tomarobandy Gardens, Blitterlees. Despite reduced numbers, Mr & Mrs Wrathall gave us their undivided attention as we wandered around so many examples of gardening at its best.

The tree garden, the shaded garden, the bog garden with its amusing containers. Another display featured all white flowers, pools, an aviary of exotic birds and a total of 14 walled areas established over many years with an eye to beauty.

Silloth residents have a magnificent view of Criffel across

the Solway Firth which dominates our landscape. The Wrathalls have this view from the bottom of their gardens, but it takes second place, and could not impose itself on the wonderful landscape we were enjoying!

Mr Wrathall has an extensive knowledge of plants, some from far away places such as Japan and New Zealand.

We learned such a lot from this two hour tour it left us wanting to visit again at another time in a different season.

President Margaret Durham gave a sincere vote of thanks on behalf of us all.

## Buzzin' Letters

Dear Buzz,

I'm writing this letter as chairman on behalf of Lakeland Care Fund-raising Committee, for the residents of Yanwath Care Home, which is an E.M.I. Unit, near Penrith. E.M.I. stands for Elderly Mentally Infirm, we look after people suffering from Parkinsons, Alzheimers, Strokes and various other dementias. Most are wheelchair bound, it's a very difficult job, but also a very rewarding one. Our residents are lovely people who didn't expect to become ill in this way, they all have their own individual ways. This is why the staff love and respect them as they do, the few smiles and hugs we receive mean a lot to us, it's our reward.

On the 8th July we visited Silloth and wandered along the beach area, had lunch at the Blue Dolphin cafe, then wandered around the shops, returning home about 5pm. I started to organise this trip months ago, as you can imagine it's been a mammoth task. The staff in the home are brilliant and we had lots of volunteers, all willing to help their residents. Then came finding some place to take them for lunch, with so many wheelchairs and residents on soft diets it was proving difficult, the nursing home in Silloth recommended the Blue Dolphin, so I rang and

spoke to Cath & Gerry, they accommodated all the wheelchairs and different diet needs. Suddenly it all came together. The weather was kind to us, warm and sunny and after our walk we descended on Cath & Gerry for lunch, they and their staff were helpful and friendly, the meals were excellent and enjoyed by everyone. Then we walked around the shops, everyone was enjoying themselves. I've never seen our residents so happy and relaxed and all the shopkeepers were very friendly. This is just a thank you to everybody we met, we were made to feel very welcome by everyone.

Thank you to all concerned.  
Mrs Pat Atkinson

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Haddock	£2.40	Pattie Cheese/Meat	80p
Fish Cake	70p	Pie	£1.00
Sausage Small	55p	Pizzas	from £3.70
Large	85p	Kebabs	from £2.80
Cumberland Sausage	£1.25	Cheesy Garlic Bread	£1.50
Smoked Sausage	£1.00	Peas	70p
Chicken Breast	£2.10	Beans	70p
		Curry	70p
		Gravy	70p
		Baked Potato	£1.20
		with various fillings	70p
		Kiddies Mealbox	£1.85
		with Toy & various choices	
		Scampi	£1.80
		Scampi wholetail	£2.75
		Chicken Nuggets with dip	£1.60
		Chicken Burger with salad roll	£1.65
		Cheeseburger with salad roll	£1.65
		Beefburger with salad roll	£1.50
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