

Poems

Poem by J E Todd sent in by Anita Wilkinson
The Visitor

*I came upon this wondrous place
By chance on holiday
The views across the Solway Firth
Did take my breath away.*

*I gazed upon the Scottish coast
The sea a brilliant blue
The Shrimpers' trawling just off shore
Were soon to come into view.*

*I strolled along the promenade
So peaceful and serene
Through pine trees swaying in the wind
And thence to Silloth Green.*

*T'was then that I decided
That in Silloth I would stay
It was the perfect place for me
To spend our holiday.*

*A game upon her famous 'links'
Be decked with purple heather
More wondrous sights, I did behold
And a week of lovely weather.*

*As day did turn to evening
And the sun began to set
It slipped behind old 'Criffel'
T'was a sight I'll ne-er forget.*

*I've been to countless places
From Blackpool to Torquay
But give me lovely 'Silloth'
Its the only place for me.*

Poem by May Tate
What a Life

*We start out with nothing
And we end our days with nothing*

*Though the journey on that road may be hard and long,
but with Gods help we will travel on.*

We start to walk then we learn to talk as we start on our journey through life.

We may have a sister or brother to keep us company on the road

It is up to us to make a good start once we know the road, and plan our goal.

*Life can be very hard as we go along that road,
just however we choose to make it.*

But let us not forget there are others on that road as well, so may we all try to help each other along.

And love our neighbours who perhaps have had a struggle, and not a good start along life's way.

With God's blessing may we find that life has been well worthwhile as we reach our journey's end.

Poem by Eileen Barton
A Holiday Down Under

*It was a day in late December,
When beneath a sky of blue,
I stretched upon the green grass
And thoughts flew home to you.*

*I thought of dear old England
Beginning now to freeze,
While here the sun shines warmly
And birds sing in the trees.*

*This really is a lovely land,
With trees and shrubs and flowers
And fascinating animals
And heavy thunder showers.*

*With blue gums pointing upwards
To a bluer sky above,
And people who give kindness,
Help, friendliness and love.*

*We'll soon fly home to England
To those for whom we care,
But part of us will always stay
With you 'Australia fair'.*

Poem by Norman Hammond
Solway Sermon

*We can all stand up in judgement, presuming to be wise,
Picking holes in systems that we do not organise,
Finding faults with methods used,
Deploring errors made,
When we have not seen what obstacles along the path were laid,*

*We can all stand up in judgment and decide what ought to be,
But at times it would be kinder if we sat in sympathy.
Anyone can condemn, and again can slight
For its easier to say what is wrong than to start to put things right,
Today lays plans for many years to come,
Tomorrow sinks into the silent tomb!*

Something Fishy

By Alison Whittell of Lomas Fishmongers

This is a Jamie Oliver summer recipe and takes no time to cook, Jamie uses salmon steak but works equally well with swordfish or tuna, all available locally.

Tray Baked Salmon with Olives, Green Beans Anchovies and Tomatoes

Serves 4
200g/7oz Green Beans

4 salmon fillets
20 cherry tomatoes

2 lemons

1-2 Handfuls of black olives (optional)

Hand full of fresh basil

2 tablespoons olive oil

12 anchovy fillets
salt & pepper

Tail green beans and blanch till tender in salted boiling water then drain.

Put in a bowl with cherry tomatoes and the stoned olives. Toss

mixture in olive oil and salt and pepper.

Pre-heat oven and baking tray at highest temperature.

Give the salmon fillets a quick wash under the tap and pat dry with kitchen paper.

Squeeze the juice of 1/2 lemon over the salmon, on both sides, then season and drizzle olive oil over the top.

Place the salmon at one end of the pre-heated baking tray, toss the basil into the green beans, olives, tomato and place this mixture at the other end of the tray.

Lay the anchovies over the green beans.

Roast in the oven for 10 minutes (longer if you prefer fish well cooked).

Remove from oven and serve with Lemon wedges, open a bottle of wine and enjoy.

Abbeytown Carnival

We will have pictures and a report from Abbeytown Carnival in the next issue.

The following Royalty took part in this years event on 26th July - Carnival Queen 2003:

Chelsea Graham

Attendants:

Kirsty Girdler,

Megan Gilroy,

Sarah Norman,

Jessica Gilroy,

Sarah Barwise,

Nicki Graham

Herald:

Darren Dixon

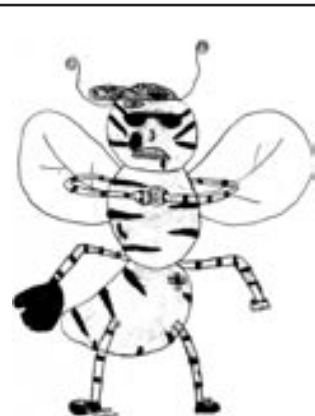
Retiring Queen:

Siobhan Walsh

Trinity Methodist Church

The skirl of the bagpipes was heard along Solway Street on Sunday 6th July as pipers of the North Ayrshire Boys Brigade headed the procession of their company to Trinity Methodist Church for morning service. The group comprising over 40 boys and officers was spending a week's holiday at the Solway Lido Village, and making a return visit after their previous stay here in 2001.

The service was taken by Mrs D Hall, who took as her subject 'Laughter & Humour' and there was plenty of laughter in the church at some of the stories which she used to illustrate her address. Three of the boys from the company offered the closing prayers. Mr D Shaw played a lively accompaniment to the hymn singing and everyone agreed that it had been a most enjoyable service.



The (B.B.B.)
Big Bully Bee
by
Rachael Bell
aged 11
from
Silloth Primary School

Ron-Bee-O Beeckham
by
Robert Jefferson
aged 11
from
Holm Cultram Abbey School

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