

# Solway Buzz

Catastrophe Bees  
by Isla Carr from Holme St Cuthbert School

[www.solwaybuzz.co.uk](http://www.solwaybuzz.co.uk)

September 2023 local news - for you - by you - about you - free to you

**FREE PAPER**

Issue 212



## What a Fantastic Vintage Rally!

Read the full story with more pictures on pages 10 & 11

### 2023 Events

**Solfest**  
24th to 27th August

**Silloth Carnival**  
27th & 28th August

**Silloth Music Festival**  
7th to 10th Sept

Page 4  
£200 for Youth Club



Page 6  
Cowboys in the rain



Page 7  
Graduation Day



Pages 10+11  
Soul was fun in the rain



Page 19  
Sports Camp fun



Page 20  
Junior Natterjack golfers





# SID, Speed Indication Devices

Report by: Wendy Jameson  
Parish Clerk for Holme Low Parish Council

Speed signs have recently been installed opposite Silloth Airfield and near Causewayhead Cemetery which will hopefully encourage motorists to reduce their speed along these stretches of road.

We were grateful to receive a grant of £5,000 from Cumbria Community Foundation from the Hellrigg Community Fund and £2,000 from the Solway Firth Partnership from the Robin Rigg Community Fund, to fund this project.

Holme Low Parish Projects Group was set up in 2015 to aid the funding and progress of projects of benefit to the community. If you have any ideas for possible projects within Holme Low parish or would like to get involved with the group then please get in touch.

Email the Parish Clerk at parishclerk@holmelow-pc.org.uk.



Grounded by Honey!  
by Jessica Jade Greig  
from Silloth Primary School

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# Cumberland Council Community Panel Fells & Solway

Community Panels are a way of listening to communities and directing investment where it is needed most.

There are eight Community Panels covering Cumberland. Each is made up of the ward councillors for that area. The panels meet four times a year to decide what their communities need, and to direct investment towards projects that tackle those priorities.

The Fells and Solway Community Panel covers the wards of Aspatria, Dalston and Burgh, Solway Coast, Thursby, and Wigton.

The panel members would like your views on their three draft priorities. The final priorities

will run alongside Cumberland Council's central aim of improving the health and wellbeing of residents.

To complete the survey online scan the QR code or go to <https://forms.office.com/e/1fs36f4FUp>

Have your say on the Fells and Solway Community Panel priorities



# Causewayhead WI

Report by: James Allan Robertson

Causewayhead WI had a night time July meeting and welcomed Catherine Smith who is a Cold Water Enthusiast and Forest Bather and an advocate for Trees.

She came to us glowing with good health from a swim in Crummock.

Catherine says the experience of being in cold water improves physical and mental well-being and that before taking up the activity she was a little lost, having raised her children to the point where they didn't need her so much, she lacked direction and was struggling with low self-esteem and not keen to meet new people.

A friend managed to persuade her go into cold water to paddle and she felt invigorated. She told her husband she would be taking up cold water swimming within the year but within a week she was up to her neck in water of 4 or 5 degrees and she felt alive and energised. Within a fortnight she was hooked.

If Catherine can't get out to immerse herself in a lake or river, she has a plunge barrel in her garden and in winter she will happily break the ice and get in the cold water. It gives her a sense of euphoria and a real buzz.

She says a dip in the cold sets her up for the rest of the day and fills her with self-confidence and self-belief, if she can do that, she can do anything. Catherine has a friend who doesn't swim but who still finds benefits in simply standing in cold water. Simply putting your feet in a bowl of ice cubes can have a positive effect.

Catherine talked of the Oyster Diving ladies in Japan who are a group of ladies in their 70's and 80's who keep themselves healthy and active by swimming.



Catherine has been feeling the benefits of cold-water immersion for three years come March and feels as though she knows her body so well. She advocates taking no risks and being aware of your own body should you decide to have a go.

Catherine then went on to talk about the positive effects of Forest Bathing and how it can help with the quest for better health. Learning to "deep breath" properly, amongst the trees and to listen to and immerse yourself in the sounds of the wood or forest can help you relax and bring about a sense of calm. In Japan "Forest Bathing" has become a form of treatment for stress, anxiety and illness and the economy has moved away from pharmaceutical commitments and is now helping

to replenish and maintain forests, so that people can benefit from being in them, and of course air quality outside them is also greatly improved.

Catherine then went on to say that Cumbria was once 97% deciduous forest with Rowans and Oaks amongst other native trees, now there is only a seven per cent coverage and that the benefits of re-foresting long term far outweigh the ones for growing for speed to feed the shorter-term manufacturing needs.

We would like to thank Catherine for giving her time to inspire us and if you see a group of ladies, from 50 to 90 plus, trousers rolled up and dipping their toes in the Solway from the shore of the West Beach, feel free to give us a wave or come and paddle with us.



Shrek Bee and Donkey Sugar Beet  
by Alexander Ridgway from Silloth Primary School



Volcano Bee  
by Jacob Perks from Silloth Primary School

## All Welcome

Cornerstone Methodist Church | Silloth

Cornerstone members in Silloth meet in homes on the 2nd & 4th Tuesday of the month @ 7:00pm.

We start with coffee and conversation, then have a short time of worship and more focused conversation. You will also find us at Walking football and out and about around Silloth.

For more information, or if you would like to join us, call Phil on 07949 881698.

# House: Church

www.cornerstonemethodist.org.uk



# Donation to Youth Club



Photo by: Craig Hukins

Members of Devil's Disciple MC North Cumbria handing over a £200 donation to the Silloth Youth club

# 43rd Allonby Artex Was a Success



Alan Jones, Chair of Allonby Parish Council aided by the youngest pupil at Allonby Primary School to cut the ribbon

Report by: Shirley Clementson

Allonby ArtEx 2023 was held on 28th to 31st July in Allonby Village Hall in remembrance of Julie Prior who sadly passed away earlier this year.

Julie was a talented artist, a larger than life character and a much loved member of the community who will be sadly missed by all who knew her.

ArtEx was formally opened

by Alan Jones, Chair of Parish Council and also by the youngest child in Allonby primary school.

The artists submitted a wide range of high quality work. The ArtEx preview session was well attended by artists and volunteers before ArtEx was officially opened to the public.

Despite the weather ArtEx was very successful this year

with lots of positive feedback from both the artists and the public.

The raffle was a huge success; the Sarah Reid picture was won by Dot of Allonby.

A big thank you to Carr's and Maryport Aquarium for their generous donations to the raffle. We are looking forward to the 44th Allonby ArtEx next year!

# Join The Final Memorial Sponsored Walk to Allonby

Report by: Alan Rowntree

Members of the Over the Hill Gang will be doing the "Bill and Marilyn Aymes Memorial Walk" on Saturday 23rd September.

We are getting older so this will be our last walk!

Our sponsor money will be going to Eden Valley Hospice where Bill was briefly before he died. Sponsor forms can be obtained from the RAFA club, please note that we have no return transport organised.

We will be starting at the Albion corner at 8am and will walk to Allonby by road, coastal path or beach. Refreshments will be at the Surf Bar. I would like to thank everybody who has taken part over the years or has given sponsor money.

## Carlisle Music Society

Classical Concerts take place once a month on Thursday evenings September- March at 7:30pm in the Fraternity, Carlisle Cathedral.

The first concert in the 23-24 Season is on 21st September.

Tickets are available in advance or at the door.

Membership subscription entitles you to buy half price tickets for Penrith Music Club and Cockermouth Music Society concerts as well as providing other benefits.

[carlislemusicsociety.weebly.com](http://carlislemusicsociety.weebly.com)



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# Minor Invasion of Silloth



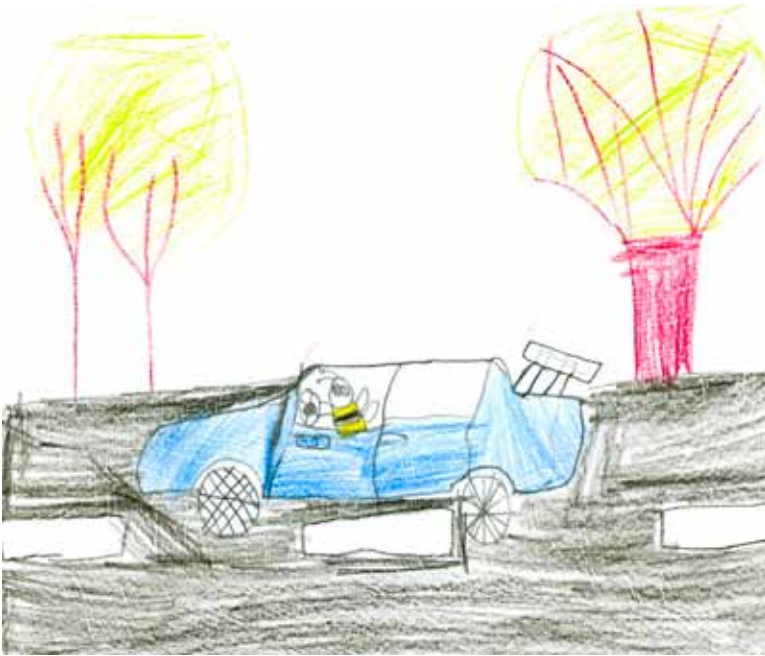
This report is by Paula Stephenson, the owner of the Morris Minors on Criffel Street.

On 17th July members of the Cumbrian Morris Minors Owner's club descended on Silloth for a wee jaunt, fish and chips and a little catch up with Paula.

They then had fun with the Police Car chasing a convoy of beautiful Morris Minors up and around Skinburness.

There would have been more cars in the chase but Paula can only drive one at a time.

Busy Bee  
by Freya Perrin  
from Holme Cultram Abbey School



Race Bee  
by Robbie Tiffin  
from Holme Cultram Abbey School

SESSION TICKETS

THURSDAY NIGHT - £19.00  
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Saturday Afternoon : Kerry Weir & Band : Holborn Hillbillies  
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Saturday Evening : Women in rock : Mike Andrew as Robbie Williams Squeeze Box  
Sunday : Boomin : Slaves of Venus : Solomon

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The Foye Family by Connie Bev



## Devil's Disciples Donate £500



Report by: Rebecca Clark

On Thursday 17th August Silloth Lifeboat Station were kindly given a £500 donation from Silloth North Cumbria Chapter of Devils Disciples.

The cheque was presented to Jeanette O'Connell, Silloth Lifeboat's Operations Manager by Mr J Baxter, member of the Devils Disciples. Also present were some of the crew who took time out of their lives to meet the members of the Devils Disciples and to give their thanks for the very generous donation.

During May 2023 the Devil's Disciples organised Ragnarok, a three day event based on the rugby field in Silloth. The money raised by this event was shared with Silloth Lifeboat Station and Silloth First Responders.

The money donated to Silloth Lifeboat will go towards important equipment and training that is vital for the lifeboat volunteers to ensure that they are able to safely rescue those who find themselves needing assistance out at sea. It takes a community to launch a lifeboat.

## Cowboys Hold-Up the RNLI



Report by: Jeanette O'Connell

It was a wet Sunday morning the RNLI Silloth Crew were preparing for Exercise launch. Suddenly they were surrounded, cowboys in Silloth?

The Mavericks Show Team a western re-enactment group who step back in time to portray the Wild West by entertaining

the public with living history and shoot out shows, had called to present RNLI Silloth with a very generous cheque for £250.

The members led by Tim Treweek (the guy with the big gun) are from all over the UK, Gloucester, Birmingham, Shropshire, Staffordshire, Cheshire, Lancashire, and

Cumbria.

They said we had a lot in common as there is a great deal of camaraderie within their group as evidently there is between the RNLI Silloth crew.

Our new friends had a quick coffee and then got straight back to shooting each other! Hope to see you next year partners.



Ice Cream Lover Bee  
by Amelia-Lilly Daniels from Silloth Primary School



# Lifeboats

## JOIN OUR SILLOTH TEAM





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# RNLI Called Out



Report by: Steven Henderson

Silloth RNLI Lifeboat was launched on the afternoon of 24th July to reports of three children cut off by the tide approximately one mile off the coast at Carsethorn on the Scottish coast.

Due to the state of the tide the lifeboat had to be launched from the West Beach, during the passage

across the Solway the welcome news came in that all three children had managed to reach the shore safely, the Lifeboat was then released to return to station.

If you find yourself in an emergency situation or spot someone else in trouble, you should call 999 or 112 and ask for the coastguard.

# Holme St Cuthbert Primary School, Leavers Day



Report by: Brian Bailey

Holme St Cuthbert's school leavers day was celebrated in Holme St Cuthbert Church with a moving leaving ceremony along with the annual trip up the tower.

The tower had a thorough clean to remove lots of dust and spiders to the relief of the staff and children going up the tower.

Lots of proud parents attended the ceremony, the Head Teacher, Claire Fleming, her first year as Head Teacher wished all the children leaving best wishes for the future.



Flower Bee  
by Isla Brown  
from Holm Cultram Abbey School



Happy Buzzmys Bee  
by Alfie Heddon  
from Silloth Primary School

Send Your Bees to the Solway Buzz  
There is a Bee Shortage!



Baby Yoda Bee  
by Quin Robert Hayton  
from Holme St Cuthbert School





# Gardening Folklore

Report by: Patricia Robinson  
Pictures: Caroline Turner



The essence of a cottage garden is an appearance of free and easy planting, a lack of formality with the flowers, but not so in the vegetable garden where neat rows are prominent.

I volunteer with Friends of the Green and have been investigating some of the many traditions and folklores that surround the growing of vegetables and flowers which have been passed down from gardener to gardener, many of which are still used today...

Plants were and still are grown adjacent to each other, to ward off pests, for example Marigolds between Carrots and under Tomatoes, their pungent smell helping to keep Carrot and White



Fly away.

Cabbages were planted with Sage, Thyme or Rosemary and Mint was added to water and sprayed on vegetables to disguise their natural aroma. Garlic

planted next to Roses was said to deter aphids and one old tale said planting garlic around your vegetable plot kept Rabbits out!

My father kept soot from his fireplace and put it around his

brassicas to deter pests, it seemed to work, and he also fed them with beer! He was tee-total so we didn't have to worry about him drinking it all!

Roses will reward your efforts if you plant them with lard underneath. I can vouch for this one it works. Don't waste left over tea, add it to Azaleas and Camellias as a feed, it maintains the acidity of the soil and keeps the plants growing strongly.

If you have any 'gems' of gardening folklore, why not let us know by coming along to our volunteer gardening sessions on a Wednesday morning in the Community Garden, or sending us a message on Facebook.

## S.O.S.C.S.

### Silloth on Solway Community Shop

- \* Local people working for local causes
- \* All proceeds go back into the community
- \* Please continue donating

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# Caring for Someone with Dementia



As well as being a positive and rewarding experience, caring for someone with dementia can be challenging, both emotionally and physically.

Becoming a carer can be a gradual process and in the early days many people do not consider themselves to have a caring role, however they will increasingly put the needs of the person they are supporting above their own.

This can result in a decline in the carer's physical, mental and emotional health. Looking after yourself is important for both you and the person you are supporting.

Registering with your local carer's organisation means that you will be in a position to access

help and support when you need it.

Carer Support West Cumbria can help you to identify areas where greater support can be offered, such as:

- Information on all aspects of your caring role
  - One-to-one support - sometimes, all you need is a friendly listening ear
  - Contingency Planning
  - Social Events and Activities
  - Referral to other support services eg occupational therapist or social care
  - Benefit Support
- Refer online at [carersupportwestcumbria.co.uk/referral-form](http://carersupportwestcumbria.co.uk/referral-form) or call 01900 821976

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# Soul on the Green Brightens the Day



Report by: Colin Baty  
Photos by: Daniel Dockeray and others

Silloth on Solway Festivals hosted Soul on the Green from Friday night 28th July to 5pm Sunday 30th July.

It all started off with the warm-up night in Silloth RUFC on the Friday, everyone having a jam-packed evening. Next on the Green on Saturday from 11am we had the Soul Collective DJ's, kindly organised by Dennis Peacock spinning their vinyl discs on, shall we say, a mixed bag of weather that tested people's outdoor equipment and patience. But yet again the stoicism of the human spirit was able to compete with mother nature and didn't stop everyone from having a great time.

On Sunday 30th July we extended it for the first time to an extra day and hosted two live acts, Northern Soul singer Jo Farrow who was fabulous, and from Wolverhampton The Superska's bringing their range of hits from the 1960's right up to present day, who were absolutely magnificent.

Thank you all who donated over the weekend, Silloth on Solway Festivals 2022 have managed to donate £200 each to Silloth Youth Club and Animal Haven.

A big thank you to all that attended, the committee of Vicky Hope, Stephen Hart, Simon Keel, Richard Smith, Neil Armstrong, Mark Williams and David Bibby. Dennis Peacock and all the DJ's. Rolling Pub Company, Annie and Madison Mackay, Craig Tunstall, Dirty Dogs Hot Dogs, Dinky Donuts and Shelley's Ices. Andy Nene and Colin Rumney for the P.A systems, SWM Toilet hire for Portoloos, Jo Farrow and The Superska's.

And the following local businesses who sponsored the

event: Mrs Wilson's, Paramount Amusements, Stanwix Holiday Park, No 17 Deli Cieux, Bennett's Fishmongers, Silloth RUFC, Pat Scott Furnishings, Silloth Corner Cafe, Solway Fitness Centre, D.A Harrison (as well as Trailer and Skip use), John Cook Signs for his superb posters, Joyce Fletcher, Royas Pizza's, Cumberland Council, Silloth on Solway Charity Shop (massive help as always) and Cockermouth Kitchen's.

The weekend brought a lot of people into Silloth and a number of local businesses were able to prosper, lets hope the weather has perked up by the time you've read this.







Report by: Werndy Jameson  
Vintage Rally Treasurer and hard working lass  
Photos by: Amy Jenara Wise,  
Daniel Dockeray, Jamie Bell,  
Kath Littleton, Sarah Robertson

22nd and 23rd July 2023 saw the welcome return of the Silloth Vintage Rally on Silloth Green, after a three-year break due to covid and then a lack of volunteers. It was good to be back, and it was lovely to hear all the positive comments from those who were pleased to see the return of the Vintage Rally.

Despite the rain, we had a good turnout of vehicles and exhibitors over the weekend. The junior football tournament went ahead on the Saturday. As well as playing some inter club matches, teams from Maryport and Seaton also joined in. Despite the weather the players all had a great day and were presented with medals and certificates on behalf of the Vintage Rally Committee.

Entertainment was provided by the 'On The Edge' Motorcycle Stunt Display Team, providing an entertaining and professional display of motorcycle stunts - with 15ft jumps up vertical walls, drop-offs and other interactive stunts. The Maverick Show Team, a western



re-enactment group, were camped out over at the former putting green for the whole weekend. Their Western camp was like stepping back in time, portraying the Wild West, entertaining the public with living history and shoot-out shows. Musical entertainment was provided by Carlos and local band Somethin' Brewin'. Fairground rides were provided by Fletchers Fairground. Alan Matear also brought his two beautiful Clydesdale horses - April on Saturday and Claire on Sunday - spending the weekend talking to visitors about the two horses and about Clydesdales in general.

The event this year was

sponsored by Cove Ltd who own the Solway Holiday Park for which we are extremely grateful. We also received grants from Silloth-on-Solway Community Shop and the Robin Rigg Community Fund. We would like to thank all the businesses who advertised in our programme. A thank you also to everyone who kindly gave a donation. Harrisons kindly provided us with the trailer to use as a stage and a skip, as they do for most of the events on the Green, for which we are grateful. Thank you to the Town Council for allowing us to use the Green and to the grounds' maintenance staff for all their help and assistance. We are unable to

# It's Back - Silloth Vintage Rally 2023



charge for entry to the event and without this valuable support, the event simply couldn't take place. So, a big thank you to you all.

We would like to thank all the exhibitors and visitors who attended the rally over the two days. Everyone seemed to enjoy themselves despite the rain and it was great to see all the vehicles on display - from a penny farthing bicycle to the striking American Kenworth truck belonging to Geoff Brown. Geoff was presented with the Best Vehicle in Show shield and a certificate by Alan Tinnion, on behalf of the Vintage Rally.

Finally, we must thank all our volunteers for all their hard work over the weekend and in the days, weeks and months before the rally - in the planning, preparation, setting up, breaking



down and organising of the event, ensuring everything runs as smoothly as possible. Without their efforts this would not be the successful event it is today. We would especially like to thank our



new volunteers who came forward last year to enable the event to continue.

We look forward to seeing you all again next year. Keep an eye on the Vintage Rally website for the date of next year's rally: [www.vintagerally.co.uk](http://www.vintagerally.co.uk)



**MAWBRAY VILLAGE HALL**  
CULTERHAM HALL

**MONTHLY QUIZ**

## Quiz

Thursday 31<sup>st</sup> August  
7.30pm  
£2.00 per person

Prize for the winning team

Bring your own drinks, snacks and glasses.

??????????????

**MAWBRAY VILLAGE HALL**  
CULTERHAM HALL

**MONTHLY QUIZ**

## Quiz

Thursday 28<sup>th</sup> September  
7.30pm  
£2.00 per person

Prize for the winning team

Bring your own drinks, snacks and glasses.

??????????????

**QUIZ NIGHT**

## Silloth and District

**AUTUMN**

### SUPER QUIZ NIGHT

Thursday October 5th  
Christchurch, Silloth. 7.00pm

£6 per person Including Supper Raffle.

Men's, Women's and Mixed teams - All Welcome

You are welcome to bring your preferred drink, free Coffee and Tea will be available at half time with Supper

Contact 07745 988367 to book your space.

Run by Causewayhead W.I.

**Blenco (go) Party**

## Bingo

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At Blencogo Village Hall  
7pm Start till late  
Bring your own bottle

£10 per ticket  
Text Donna on: 07398 769356

Tickets must be paid for in advance

18+ ONLY

BINGO GO

4	16	17	40	69
8	26	51	33	68
7	18	*	42	71
2	25	44	55	62
3	21	30	39	65

11 9 1



Scary Bumble Bee  
by Frankie Daniels from Silloth Primary School



Bees in Garden  
by Charlotte Byron from Silloth Primary School



# Buzzing Letters and Poems

Dear Buzz,

## SILLOTH SCOUTS NEEDS YOU!

1st Silloth Scout Group are looking for Beavers aged 6-8 years and Cubs aged 8-10 years to start in September. We meet every Thursday between 6 to 7:15pm.

For more information either email us on [sillothscoutgroup@gmail.com](mailto:sillothscoutgroup@gmail.com) or visit our Facebook page - 1st Silloth Scout Group to see what we get up to.

We are also looking for adult volunteers who can spare some time to be a leader, occasional helper or just helping behind the scenes.

We are hoping to set up a scout group for the older children but we need more adults to do this. Anyone that volunteers will find it extremely rewarding and it will create another valuable group to the town. We can't wait to hear from you. Enjoy your summer everyone.

Lynsey

Dear Buzz,

What a fool I am! I thought the reorganisation of the boundaries in Cumbria would improve the efficiency of the council, not make it worse. I think it is high time a trouble-shooter was employed to sort out the workings of the council and the NHS. Five times I had to ring to get some potholes filed in at Causewayhead. Eventually, after a formal complaint they were filled in, in a 'fashion'.

Now we are on with the same grass cutting saga for the Crofts and Esk Street as last year with both parties denying responsibility but quite happy to charge maintenance costs. Guess what?

No grass has been cut this year and is an absolute eyesore. Combined with the bin strike it is only a matter of time before we have rats.

Then we come to Criffel Street, we have more weeds and grass growing on the pavements

*Stitches in Gold  
by Sophia Lodhi*

*Quick to flower;  
Long to linger;  
Slow to wither;  
There is a certain beauty in the wildness  
of countryside weeds:  
You might not want to see it, but it is there.*

*This beauty stirs  
From strength within:  
Something akin  
To the light  
Which shines  
Out of the heart  
Of the unrefined diamond.*

*Wild bluebells;  
Meadow thistles;  
Buttercups and daisies;  
White clover;  
Wayside poppies -  
Together, lend their vivid riches  
To summer's finest, priceless  
stitches...*

*...Leaves and stalks  
Made tall  
By inner rods of gold...  
Stand proud to hold  
Their precious,  
Crowning flowers  
And petals;*

*Never unsettled  
By wind or storm,  
Or awesome flash  
Of lightning-bow:  
Nature's wayward stitches, weft in  
gold!*

*and road than on the green.  
Incidentally, the flower beds at  
the toilets are a disgrace.  
Will someone please tell me  
why I am paying these rates?  
In the past things were tidy  
without all these machines,  
heaven knows what is going to  
happen when the leaves start  
to fall.*

*Can someone please sort it out?*

The Whinge

*Wedding Day by Mrs J Bailey*

*Today is the day that we've waited  
for,  
Our hopes and our dreams all come  
true.  
We can now live our lives together  
to share  
And the love in our hearts will shine  
through.*

*As the years roll on by you'll be by  
my side,  
And I'll be by yours always true  
And the love that we share, the  
promises made  
Will remind me how much I love  
you.*

## Bee Fact #17



A bee's brain is oval and about the size of a sesame seed, yet it is capable of performing complex calculations for foraging efficiency. It has an incredible capacity for learning and storing information for its size!

**Do you have a poem or letter for the Buzz? We welcome all submissions, THERE IS NO CHARGE.**

**Please remember to include your contact information.**

# Did You Know?



'BIG FELLA' is of a man and his dog taking in the beautiful Solway views

A Silloth gentleman, Mr Peter Richardson, approached sculptor Ray Lonsdale a few years ago, after seeing some of his distinctive and thought provoking work, as he wanted to leave a lasting piece of art for his home town. Its intention is to make the people of Silloth smile and to brighten their day.

The sculpture entitled 'Big Fella' is of a man and his dog taking in the beautiful sea views at the end of the day and shielding his eyes from the sun. The Solway

Coast is well known for its beauty and Silloth is noted for its glorious sea views and sunsets which have been recorded for posterity by JMW Turner, the famous landscape artist.

Cllr. Mark Orchard, then Mayor of Silloth, said "On behalf of myself and Silloth-on-Solway Town Council, we would truly like to thank the late Mr Richardson and his gracious family for leaving such a generous gift to the town of Silloth."

Having regular conversations with your child about their internet use – and what's right and what isn't – will help to protect them when they're online.



[www.getsafeonline.org/yourchildonline](http://www.getsafeonline.org/yourchildonline)

#YourChildOnline

## Non-Commercial Tourism Websites

[solwaybuzz.co.uk](http://solwaybuzz.co.uk)  
[sillothgreen.co.uk](http://sillothgreen.co.uk)  
[silloth-on-solway.co.uk](http://silloth-on-solway.co.uk)  
[sillothgolfclub.co.uk](http://sillothgolfclub.co.uk)  
[vintagerally.co.uk](http://vintagerally.co.uk)  
[sillothbeerfestival.co.uk](http://sillothbeerfestival.co.uk)  
[sillothmotorcyclemuseum.co.uk](http://sillothmotorcyclemuseum.co.uk)  
[silloth-on-solway-tc.gov.uk](http://silloth-on-solway-tc.gov.uk)  
[visitcumbria.com/wc/silloth](http://visitcumbria.com/wc/silloth)  
[soldiersinsilloth.co.uk](http://soldiersinsilloth.co.uk)  
[solwayplain.co.uk/silloth1.htm](http://solwayplain.co.uk/silloth1.htm)  
[facebook.com/sillothgreen](https://facebook.com/sillothgreen)  
[facebook.com/silloth-carnival](https://facebook.com/silloth-carnival)  
[facebook.com/groups/121042258051545](https://facebook.com/groups/121042258051545) (Silloth Today)

## Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and a £5 Gift Voucher from the Solway Buzz.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Local children return your drawing to your school or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing.

This month the winner is Isla Carr from Holme St Cuthbert School with a bee drawing called 'Catastrophe Bees'.

Well done!





# Blencogo & District Village Hall Produce Show

An amateur event open to everyone  
To be held in the Blencogo Village Hall  
on Saturday 9th September 2023

Entries on the day.

Entry fee 30p per item, children classes 20p per item

Admission 50p School children free.

Refreshments available.

10am -11:30: Staging 11:30-1:45pm Hall closed for Judging

**2pm Hall opens to public.**

3:30pm Presentation of Trophies.

Auction of produce. Followed by distribution of prize money.

Prizes 1st £20 2nd £1.50 3rd £1

Points: 1st = 3 points 2nd = 2 points 3rd = 1 point.

Trophies will be awarded to the person gaining most points  
in the following sections.

Bromfield Parish cup for flowers.

Harry Douglas Fuchsia Plaque.

Tom Carrick Cup for Kitchen Garden.

Ferguson Salver for Bakery.

St Mungo's Cup for Handicrafts.

Blencogo Village hall Children's Trophy for 8yrs and over.

Alfred Greive trophy for children 7 years and under.

High Aketon Trophy for most points in show.

Any schedule queries to Gary on 016973 61017  
or via email to [blencogovh@gmail.com](mailto:blencogovh@gmail.com).

**Please have a go – support your local show.**

Rules:

- All exhibits must be the work of the exhibitor.
- No exhibit allowed that has previously won a prize.
- Handicrafts to have been made in the last 3 years.
- Exhibits to be staged between 10am and 11.30 and may not be removed until 3:40pm when any produce remaining will be auctioned.
- Labels must be collected on arrival and attached to the exhibit by the exhibitor.
- Exhibitors to provide own vases etc.
- 1 Entry per class per person.
- No one will be allowed in the hall during the judging except the organizing committee.
- Entry fee is 30p per item, children's classes 20p.
- Prizes: 1st - £2, 2nd - £1.50, 3rd - £1. No prizes will be awarded unless entries are of sufficient merit.
- The committee cannot be held responsible for loss or damage to exhibits or containers.
- The decision of the judge is final.
- If any entry is submitted, it is presumed that the entrant agrees to the foregoing rules.

## Flowers

- Fuchsia Pot Plant.
- House Plant in a pot.
- A single stem of any flower.
- A rose.
- Vase of sweet Peas.
- 3 Dahlias.
- 3 Hydrangea Blooms.
- Bowl of 5 floating flowers.
- Sunset display to include flowers, foliage and berries.
- Vase of mixed Garden Flower

## Kitchen Garden:

- Four fresh herbs in a tumbler
- 3 free range eggs (one egg cracked into a saucer) (laid from own chickens)
- 3 onions.
- 4 Potatoes.
- Any other single vegetable not in the schedule.
- 3 Carrots.
- 4 Tomatoes - any variety.
- 4 Cherry Tomatoes
- 5 Green Beans.
- Courgette.
- Selection of Home-grown soft fruit in a bowl.
- BVH Purple Carrots (Seeds can be collected for FREE from the Committee.)

## Wine/ Liqueur :

- Bottle of Red Wine
- Bottle of White Wine.

## Bakery:

- Men only a loaf of home made bread
- A decorated Victoria sponge.
- 3 pieces of chocolate brownie.
- Homemade marmalade (label)
- Homemade Jam (label)
- 3 Unusual flavoured Scones
- Quiche Lorraine
- Bakewell Tart
- Homemade Chutney. (label)
- Homemade Lemon cheese (recipe available on Village Hall Facebook and Website).
- 3 decorated Meringue nests



- Jar of Honey

## Handicrafts :

Must be own work.

- Photo with own caption no larger than 8"x 6".
- Photo of a garden visitor. no larger than 8"x 6".
- Photo of a Cumbrian Sunset. No larger than 8" x 6"
- A handmade article of soft material eg woven knitted, crocheted, patchwork or embroidery.
- Handmade wooden or metal item.
- A painting or sketch any subject.
- Handmade card eg thank you card, birthday card, Christmas card.
- A False perspective photo or picture.
- Pick up and bring a doorstep.

## Children (must display age) Under 7 and including 7 years.

- Homemade fruit juice.
- Cress grown in a container.
- Handwritten extract from an Enid Blyton novel (label).
- A wax crayon rubbing.
- A model sheep made from cotton wool balls.

## 8 years and over :

- Homemade smoothie
- An unusual Selfie.
- Decorated Chocolate Muffin.
- A piece of Digital Art
- Collection of garden flowers in a jar.

## THE GOOD CAUSES CHARITY SHOP

1 Queen's Court, Criffel Street, Silloth

Contact: Denise Poland on 07999 752713

Closed Mondays

Please help us to help them

## West Silloth Motors

Motor Vehicle Body Repairs  
Diagnostics, Servicing & Recovery  
Aircon Service Now Available

Causewayhead, Silloth, CA7 4JG, Tel: **016973 32833**

Free Vehicle Collection & Delivery Service



**MOT TEST CENTRE**  
Cars, Vans & Motorhomes



## Cumbria Singers

invites you to join them for  
the BIG SING of 'Faure's  
'Requiem' and 'Cantique de  
Jean Racine' and the 'The  
Music Makers' by Elgar in  
Carlisle Cathedral in April  
2024.

Led by the internationally  
renowned and inspirational  
conductor Andrew Padmore,  
rehearsals begin on **23rd  
September** at Ullswater  
College at 10am.

No auditions required.

Don't delay-  
find out more today!

Contact Ann:  
annbishop22@gmail.com  
07597 363739 visit [www.cumbriasingers.org.uk](http://www.cumbriasingers.org.uk)

## Tell-tale signs to spot a potential cannabis farm in your neighbourhood

- Strong, sickly smells coming from properties
- Homes, buildings or units where the windows are constantly covered
- Excessive security around properties, such as CCTV
- High levels of unusual condensation on windows
- Lots of visitors - and at unsociable hours
- Bright lights day and night
- Constant buzz of ventilation



#cannabisfarms



#knowthesigns

## Devonshire House Denture Solutions Ltd



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[www.devonshirehouselab.co.uk](http://www.devonshirehouselab.co.uk)



# Copy Date



Copy date for the Oct/Nov issue is:  
**1st week Sept**  
 If you have an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

## First Responders

Silloth Community First Responders train on the first and third Tuesday of every month in Silloth Community Centre at 7pm.

## Crafts Group

Meet in St Andrews Church Hall from 1:30 to 3:30pm every Wednesday  
 You will be very welcome

## Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell  
 The Vicarage, Wigton Road  
 Tel: 016973 31413

## Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060  
 Maryport Tip, tel 01900 66922 open daily 8am to 6pm  
 Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

## Causewayhead WI

We meet on the 2nd Wednesday in each month at 2pm in Christ Church and visitors are welcome

**Send Your Bees to the Solway Buzz**

**There is a Bee Shortage!**

**We Need Yours!**

## Production Team

Proprietor:  
 Peter McRobert  
 Barn Cottage  
 Skinburness, CA7 4RA  
 Tel: 016973 32180  
 Email:  
 office@solwaybuzz.co.uk

Editorial Content  
 This is down to you, we can only publish items if you send them to us.  
 When sending articles in, please supply a contact name and number in case something requires clarification.  
 Published by: Peter McRobert with the support of the whole community and an army of volunteers.

## Silloth Library

Open Monday, Wednesday & Friday 10am to 4pm  
 Saturday 10am to 1pm  
 0303 333 1234  
 cumbria.gov.uk/libraries

## Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also available at Winters Post Office

## Miramar Lodge

Miramar Lodge of Freemasons based in Station Road Silloth meetings every third Thursday of the month. You will be made welcome.

## Abbeytown Choir

Meet in the Abbey:  
 Adult Choir Tuesdays 6-7pm  
 Children's Choir  
 Wednesdays 4:30-5:30pm  
 All welcome!

## Silloth RNLI Shop

Shop Opening Times  
 Saturday 11-4pm  
 Sunday 10-4pm  
 Monday 1-4pm  
 Tuesday 1-4pm  
 Wednesday Closed  
 Thursday 1-4pm  
 Friday 1-4pm  
 Our Shop is staffed by Volunteers and may not be open at the advertised time. We apologise for any inconvenience.

## Mawbray NIA Group

Every Thursday from 2 to 4pm in Culterham Hall, £4 per session includes refreshments. Just come along.

## Wigton Theatre Club

Buy tickets via our website or call the Box Office:  
 07977 835094

## Silloth Tennis Club

For coaching information call David Wise on 0742 547767

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

# Dates for Your Diary

## August

27th Silloth Carnival on Silloth Green

28th Silloth Carnival on Silloth Green

31st Mawbray Village Hall Monthly Quiz at 7:30pm, see advert

## September

2nd Free Low-Tide Shore-Walks from below Dubmill Point, north end of Allonby Bay at 8:15am, 2 hours, book online: //thefreshandthesalt.co.uk/contact/

3rd Free Low-Tide Shore-Walks from below Dubmill Point, north end of Allonby Bay at 9:00am, lasts 2 hours, book https://thefreshandthesalt.co.uk/contact/

3rd St Andrew's URC Final service to celebrate its life and service at 2pm

3rd Silloth Community Craft Show in Caldew Hall noon to 3:30pm

2nd Silloth RAFA Leek Club Open Show in the RAFA Club from 10am. Contact Mr I Caulfield 016973 31531

4th Silloth Town Council meeting in the Community Hall at 7pm

7th Silloth Music & Beer Festival

8th Silloth Music & Beer Festival

9th Silloth & District Pensioners Coffee Morning in Christ Church at 10am

9th Blencogo and District Village Produce Show in the Village Hall

9th Silloth Music & Beer Festival

10th Silloth Music & Beer Festival

13th Silloth Nursing Home League of Friends coffee morning in Christ Church Silloth, at 10am

13th Causewayhead WI meeting in Christ Church with talk by RNLI

16th Mawbray Film Club presents 'A Man Called Otto' at 7pm, see advert

23rd Bill and Marilyn Aymes Memorial Walk 2023 starting at the Albion corner to Allonby, see article

24th Blencogo and District Garden Club Walk and afternoon tea. To be arranged.

28th Wigton Theatre Club presents Charlie Dore - The Short Circuit Tour with Julian Littman. Details and times from Ticket Source

28th Mawbray Village Hall Monthly Quiz at 7:30pm, see advert

## October

2nd Silloth Town Council meeting in the Community Hall at 7pm

5th Autumn Super Quiz Night in Christ Church at 7pm, see advert page 10

7th Coffee Morning with Silloth & District Pensioners in TBA? Hall at 10am

7th Local Dialect Competition hosted by Silloth Rotary Club in Christ Church at 2pm

10th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

11th Causewayhead WI meeting in Christ Church with talk about Great Barrier Reef

14th Blenco(go) Party Bingo in the Village Hall at 7pm, Tickets text Donna: 07398 769356

14th Mawbray Village Hall Film Club 'The Unlikely Pilgrimage of Harold Fry' 7pm

18th Silloth Nursing Home League of Friends coffee morning in Christ Church Silloth, at 10am

24th Blencogo and District Garden Club Brighter Blooms Spring Flowering Bulbs in Blencogo Village Hall at 7:30pm, contact Linda on 07538 027936

26th Mawbray Village Hall Monthly Quiz at 7:30pm

28th Craft & Gift Fair in Christ Church Silloth from 11am to 3pm. Free admission, refreshments available  
 Tel June on 016973 33163

29th Craft & Gift Fair in Christ Church Silloth from 11am to 3pm. Free admission, refreshments available  
 Tel June on 016973 33163

## November

4th Coffee Morning with Silloth & District Pensioners in ??? Hall at 10am

6th Silloth Town Council meeting in the Community Hall at 7pm

8th Causewayhead WI meeting in Christ Church with Harlequin Choir

12th Mawbray Village hall Annual Christmas Craft Fair 10am - 4pm

## November cont'd

15th Silloth Nursing Home League of Friends coffee morning in Christ Church Silloth, at 10am

16th Wigton Theatre Club presents 'A Midsummer Night's Dream' Details & times on Ticket Source

17th Wigton Theatre Club presents 'A Midsummer Night's Dream' Details & times on Ticket Source

18th Wigton Theatre Club presents 'A Midsummer Night's Dream' Details & times on Ticket Source

28th Blencogo and District Garden Club Talk on Bees and Honey making. (Honey for sale) in Blencogo Village Hall at 7:30pm, contact Linda on 07538 027936

Have You Sent in Your Dates yet?

Errors do occur in Dates for the Diary Please check before attending an event

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

# Can You Help? Blitterlees Silloth

We are looking for a volunteer to deliver the Solway Buzz (community paper) for part of this area, 19 properties.

If you would like to help Contact Peter on 016973 32180

Madeira cake  
 Cheesecake  
 Tarte Tatin  
 Tiramisu  
 Mille-feuille  
 Panettone  
 Chocolate cake  
 Petits fours

Answers to page 15 anagram

The Mawbray Film Club presents  
**A MAN CALLED OTTO**  
 SATURDAY 16 September  
 The film starts at 7:00pm

Bring your own cushions, if you wish.  
 Bring your own refreshments, cups/glasses. All rubbish to be taken with you when you leave at the end of the evening.  
 Children must be accompanied by an adult.  
 Please book using the contact numbers below to ensure you get a seat.

You must be a member to participate	
Lifetime Membership £5.00 per adult £8.00 per couple £10.00 per family	Film Night Charge £3.00 per adult £1.50 per child (under 16)

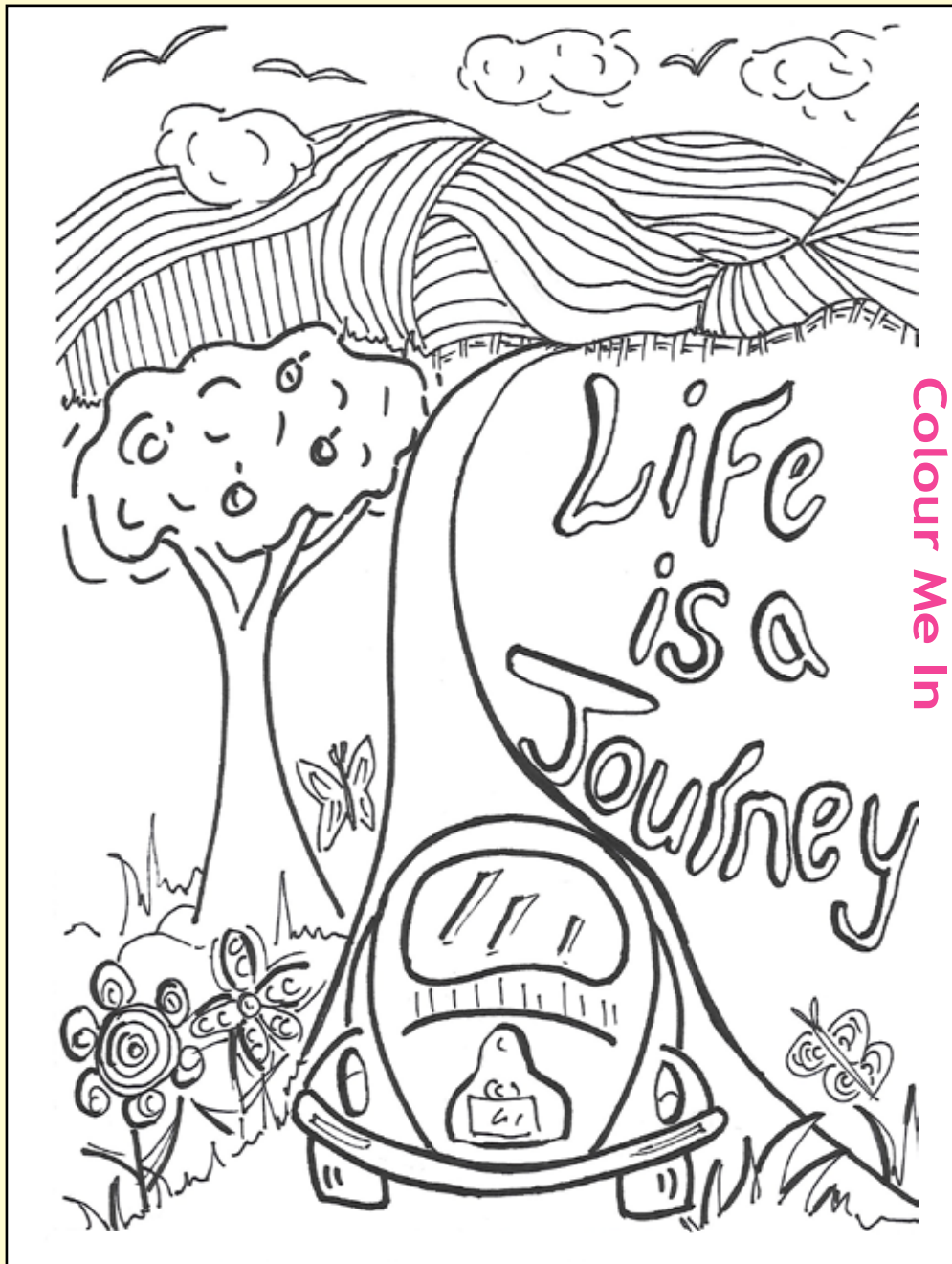
To join and/or to book contact Brian or Lynda: 01900 881737  
 07542 781234  
 07926 810074

Please tell us when your group starts or stops, so we can let everyone know



# FUN for ALL ~ Join the Dots & Colour In

Something for All Ages to Enjoy Everyone Can Do This



Colour Me In

## Flowers Word Search

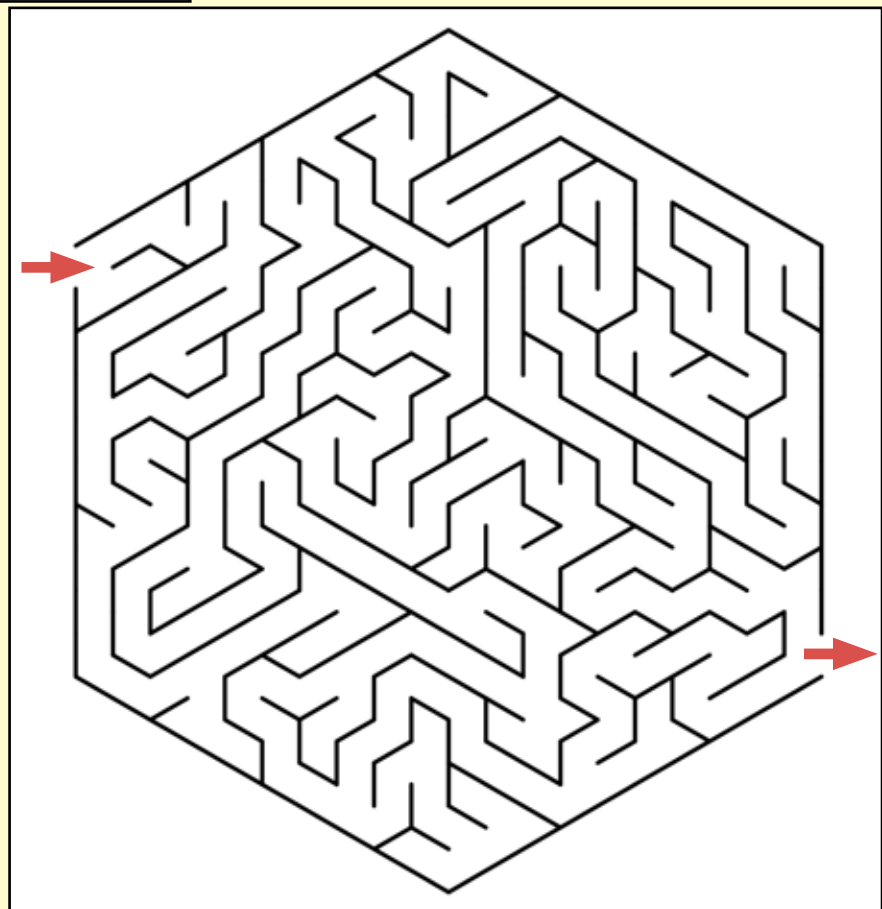
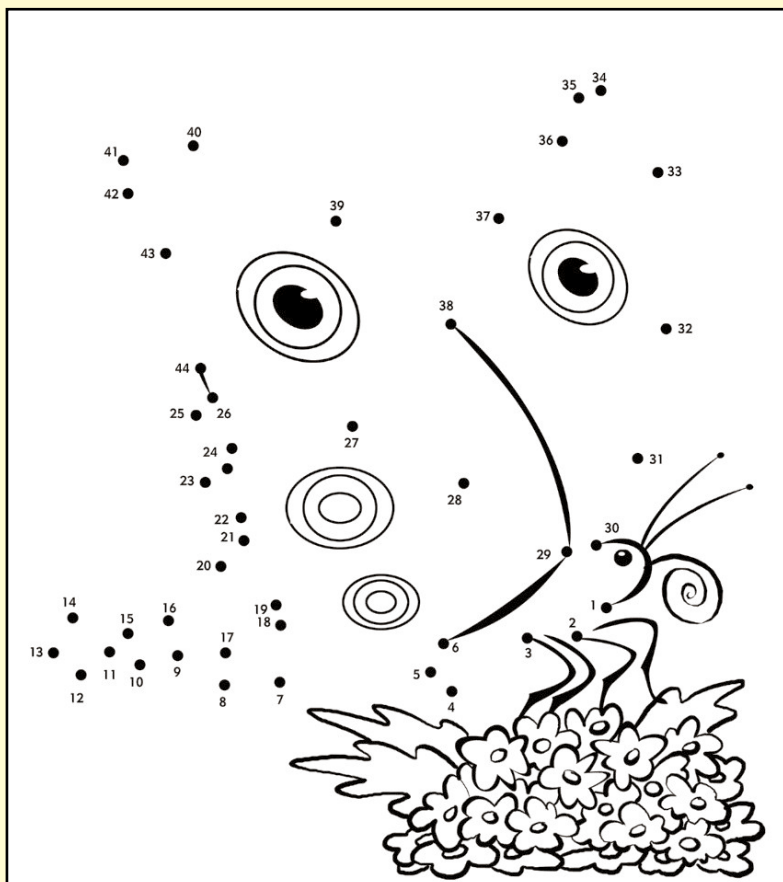
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A	T	J	D	P	E	O	N	Y	L	I	L	S	B	P
A	E	S	U	N	F	L	O	W	E	R	G	T	O	O
M	L	R	F	J	H	Z	P	R	E	Y	X	X	E	R
L	O	L	N	W	R	V	T	S	C	V	C	U	A	D
Z	I	M	P	W	O	O	K	B	L	H	S	L	R	W
L	V	D	A	Y	A	B	X	Q	Z	N	I	U	V	O
A	I	L	O	N	G	A	M	C	D	H	Z	D	V	N
W	T	O	L	F	E	S	O	R	C	N	N	R	Y	S
P	U	S	X	P	F	L	A	V	E	N	D	E	R	P
A	L	W	O	S	R	A	J	A	S	M	I	N	E	P
N	I	P	T	F	W	B	D	R	Y	B	R	P	R	K
S	P	T	G	D	A	N	D	E	L	I	O	N	U	R
Y	L	L	I	L	A	C	H	T	N	K	W	Y	E	U
S	E	F	A	I	R	E	T	S	I	W	V	K	N	Q

- |          |          |           |
|----------|----------|-----------|
| DAFFODIL | DAISY    | DANDELION |
| JASMINE  | LAVENDER | LILAC     |
| LILY     | MAGNOLIA | ORCHID    |
| PANSY    | PEONY    | POPPY     |
| ROSE     | SNOWDROP | SUNFLOWER |
| TULIP    | VIOLET   | WISTERIA  |

Can you work out what these puddings are?

- |               |                 |
|---------------|-----------------|
| Is it a rum   | Elm lie flu lie |
| A tint treat  | Open at ten     |
| See ace heck  | He tackle cocoa |
| A mack dearie | Press outfit    |

Answers on page 14



Not Just for the Kids

Enjoy and Have Some Fun





# Local Tradesmen and Services

## Chimney Sweep

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- Insomnia, chronic pain and illness, ageing process
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- Grief, loss and bereavement
- Relationship issues

The Grey House Annexe | Silloth on Solway | CA7 4DU  
 T: 07727 483096 | lina@praxis-ppd.com | www.praxis-therapy.com

## Roofers

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 All work fully insured  
 Call for a quote  
 Scott: 07971 399819  
 E: scottsvaleting@hotmail.com

## Denture Repairs

**Addison Orthodontics**  
 Dental Repair Service  
 54 Esk Street  
 Silloth, t: 016973 32208

## Plumbers

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 Gas, LPG, Oil, Solar  
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 Mob: 07590 522621

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 too small, local and reliable

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No job too big or small • uPVC Guttering, Facias & Soffits  
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 • Flat Roofing Specialists (Firestone rubber cover & GRP  
 Fibreglass with 30 year guarantee)  
 Insurance Claims \* Free Estimates

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 or 07833 305647 or 07534 050007



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**DELIVERY AVAILABLE**

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**Advertise Here!**  
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 for ten issues  
 or a 6.5cm box for  
 only **£341.20**  
 for ten issues  
 (Pay over 10 months at £34.12 per month)



**THESE ADVERTS REALLY DO WORK!**





Flower Beach  
by Daisy Armstrong from Holm Cultram Abbey School



Queen Bee in the Carriage  
by Summer Riddick from Holm Cultram Abbey School

**Harrisons Store Ltd, Abbeytown**  
Tel: 016973 61231 ~ M: 07972 805074

**Premier** *Amazing Value Locally* **open 7am-8pm Mon-Sat**  
**8am-7pm Sunday**

Paypoint, Payzone, Cash Machine & Lotto

**DOORSTEP DELIVERIES THROUGHOUT**  
Abbeytown, Skinburness, Blencogo & Newton Arlosh

Standing orders for Newspapers, Magazines, Bottled Milk & Eggs

+ anybody with a standing order can add groceries & fuel on to their next delivery with no extra delivery charge!

**JayBee's**

Wide range of frozen food + Eggs / Bacon / Milk  
Key cutting / watch batteries  
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Good range of dog stuff from treats to jackets  
Frozen fishing bait

open 7 days a week  
6 Criffel Street, Silloth, Tel: 016973 31245

**Did You Know?**  
**The mono adverts below cost just £34.12 per month**

**Even in Colour they are just £40.94 per month**

**The Queens Bed & Breakfast**  
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Mob: 07753 859403

email: moregainus@gmail.com  
web: bedandbreakfast-silloth.co.uk

**1 Park Terrace Silloth, CA7 4DQ**

*Slimming*  
WORLD

because you're amazing

**Meet Denise on Saturdays in Silloth Rugby Club at 8:30am or 10am everyone welcome**

Contact: Denise on 07799 708465

*Hair She Goes*  
Mobile Hairdresser

Silloth and district

Call Melanie on: 07857 989358

# Solway Buzz Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

Addison Orthodontics	016973 32208	Upholstery, Irene Armstrong	016973 31836
Allerdale & Eden Roofing	01900 813517	West Silloth Motors	016973 32833
AMC Scrap Metals	0774 2221222	Wheyrigg Hall Hotel	016973 61242

Christine's Taxis	07917 564583
D A Harrison	016973 42277
Devonshire House Dentures	01228 529128
Fairydust Emporium	016973 31787
Green View / Stella's	016973 31743
Hair She Goes	07857 989358
Harrisons Store Ltd	016973 61231
Ian the Electrician	07727 127000
J Hill & Sons Undertakers	016973 42635

Jaybees	016973 31245
KL Express	016973 33033
KMG Plumbing & Heating	07590 522621
Lecker Bites	07473 997676
McDermott Chimney Sweep	07878 147444
Mike Taylor Plumbing	07773 069856
Mrs Wilson's	016973 31155
No. 17 Delicious	016973 32458
P Scott Carpets	016973 31224
PM Roofing Specialists	07931 362163

Praxis Therapy	07727 483096
Queens B & B	016973 31373
Scotts Valeting	07971 399819
Seasoned Firewood Logs	07762 772208
S.O.S.C.S.	016973 32452
Slimming World (Denise)	07799 708465
Solway Holiday Park	016973 31236
Stanwix Park	016973 32666
The Charity Shop	016973 31696



## Useful Phone Numbers

Age Concern Home Safety Scheme	0800 678 1602
Age UK	01900 844670
Allerdale B. Council	03031 231702
Chemist, Silloth:	016973 31394
Church Catholic	01900 814826
Community Grants:	01900 325013
Crime Stoppers:	0800 555111
Dentist, Alma Terrace:	016973 31270
Dentist, Emergency:	01228 603900
Doctor:	016973 31309
Doctor CHOC service	03000 247 247
NHS	111
First Responders can only be called by the Ambulance service, call:	999
Electricity Power Cut	105
Gas:	0800 111 999
Highways Hot Line	0300 303 2992
Hospital:	01228 523444
Holme St. Cuthbert School, Mawbray:	01900 881242
Holm Cultram Abbey CofE School	
Abbeytown:	016973 61261
MP, Mark Jenkinson:	01900 876189
Neighbourhood Forum:	01900 325013
Police:	101
Quakers, Wigton:	01228 523174
Register Office, Wigton:	01228 221122
Samaritans:	01228 544444
Silloth Community School:	016973 31234
Silloth Library	016973 31944
Silloth Nursery & Junior School:	016973 31243
Silloth Post Office	016973 31323
Silloth Town Clerk:	016973 31128
Silloth Tourist Information Centre:	016973 31944
Solway Buzz:	016973 32180
Paragon Vet:	01228 710208
Millcroft Vet:	016973 23898
Waste Disposal Dept:	01900 702800
Water LeakLine:	0800 330033
Water & Waste Problems	0345 6723723
West Cumbria Carers	01900 821976

**Advertisers entries are always Free in the Phone Book**

Please, let us know what you want included



# Ships New and Old Call at Silloth Dock

Report & Photos by:  
John Forrester  
More coverage of shipping at  
Silloth can be found at [www.cumbriashipphotos.weebly.com](http://www.cumbriashipphotos.weebly.com)



This photo by Rob Wicks

A mixed month for ship enthusiasts at Silloth. The first-time visit of cargo vessel FRI KVAM was highly anticipated, however tide times resulted in a night arrival. Interest was topped-up by a visit from old favourite ZAPADNYI making her second call of the year.

FRI KVAM was photographed the day after her arrival while being unloaded by the dockside grab crane. The ship had set sail for Silloth a week earlier with a cargo of wheat from the German port of Vierow. The port has a specialist grain handling facility which is run as a small family business. The busy single quay is located in a rural setting and

served by dedicated road and rail connections. The route for the grain ship took her from the Baltic into the North Sea and up to the far north of Scotland before heading down the west coast to Cumbria.

Interestingly, a photo of FRI KVAM en route to Silloth appeared on social media. Enquiries revealed the photographer to be a truck driver aboard the Heysham to Belfast ferry. The keen photographer had captured his image while passing the cliffs of the Mull of Galloway. The photo is courtesy of Rob Wicks.

The ship's strange name, FRI KVAM, is derived from the old Norse for 'small valley'.



Built in 2000 for a Norwegian company, the ship is one of a fleet of seventeen similar vessels. Silloth stevedores made an early start on unloading the new arrival. The job was completed efficiently and the full cargo transported to local storage, enabling the ship to depart for Rotterdam with a twenty-four hour turnaround, again under the cover of darkness.

On the same day, molasses

tanker ZAPADNYI was seen preparing to depart after unloading a cargo of the syrupy liquid brought from Liverpool. Deliveries are usually sourced from mainland Europe so this had been an unusually short sailing to Silloth. ZAPADNYI had taken advantage of loading by ship-to ship transfer from a bulk carrier which had docked in Liverpool with molasses from India.

The empty tanker, high in the

water, was photographed being lined up to exit the dock. With reduced visibility from the bridge, and with crew positioned at the bow as lookouts, the ship was carefully steered through the narrow entrance. The manoeuvre was completed successfully and the ship headed out to sea, next stop Poland.

Thanks to the Harbour Master for permission to take photos from the dockside.

## Silloth Tide Tables

SEPTEMBER 2023		SILLOTH							
		DEPTHS ON NEW DOCK GAUGE (1.8m ABOVE CD)							
		High Water				Low Water			
Date		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m
1	F	00 00	8.1	12 29	7.7	07 18	-1.6	19 32	-1.3
2	SA	00 43	8.2	13 12	7.7	08 03	-1.6	20 16	-1.3
3	SU	01 26	8.2	13 53	7.5	08 44	-1.5	20 56	-1.1
4	M	02 08	7.8	14 33	7.1	09 21	-1.2	21 33	-0.8
5	TU	02 50	7.3	15 14	6.5	09 57	-0.7	22 11	-0.4
6	W	03 35	6.6	15 59	5.9	10 33	-0.2	22 55	0.1
7	TH	04 27	5.8	16 57	5.3	11 15	0.3	23 53	0.5
8	F	05 37	5.0	18 19	4.8			12 19	0.8
9	SA	07 12	4.7	19 55	4.9	01 19	0.7	13 52	0.9
10	SU	08 42	4.9	21 08	5.3	02 51	0.6	15 18	0.7
11	M	09 43	5.4	21 58	5.9	04 03	0.3	16 20	0.4
12	TU	10 26	5.9	22 37	6.4	04 55	-0.1	17 05	0.1
13	W	11 00	6.3	23 09	6.7	05 36	-0.4	17 41	-0.2
14	TH	11 29	6.6	23 39	7.0	06 10	-0.6	18 12	-0.4
15	F	11 58	6.8			06 41	-0.7	18 42	-0.5
16	SA	00 07	7.1	12 25	6.9	07 11	-0.8	19 13	-0.6
17	SU	00 35	7.1	12 52	6.9	07 41	-0.8	19 46	-0.7
18	M	01 03	7.1	13 22	6.8	08 11	-0.7	20 19	-0.6
19	TU	01 31	6.9	13 52	6.7	08 41	-0.6	20 50	-0.4
20	W	02 02	6.7	14 24	6.4	09 11	-0.3	21 22	-0.2
21	TH	02 37	6.4	15 04	6.1	09 41	-0.0	21 58	0.1
22	F	03 21	5.9	15 55	5.6	10 19	0.3	22 48	0.4
23	SA	04 23	5.3	17 12	5.2	11 18	0.6		
24	SU	06 00	4.9	18 54	5.2	00 05	0.6	12 55	0.8
25	M	07 45	5.1	20 18	5.7	01 46	0.5	14 29	0.5
26	TU	09 04	5.8	21 21	6.5	03 10	-0.0	15 43	-0.0
27	W	10 00	6.6	22 13	7.2	04 19	-0.6	16 44	-0.5
28	TH	10 46	7.2	22 56	7.8	05 18	-1.0	17 37	-0.9
29	F	11 26	7.6	23 38	8.2	06 08	-1.4	18 25	-1.2
30	SA			12 05	7.8	06 52	-1.5	19 08	-1.3

Times shown in UTC. Add 1 hour for British Summer Time.

## July Shipping at the Port of Silloth

Report by: Capt Tim Riley,  
Harbour Master, Short Sea Pilot

**July**  
4th Zapadnyy with a cargo of Molasses from Liverpool, then on to Gdansk.  
5th Fri Kvam with a cargo of Wheat from Vierow then on to sea for orders.  
30th Fri Lake with a cargo of Fertiliser from Antwerp then on to Ayr.

July was again a quiet month for Silloth, only three vessel calls.

Our returning customer with

Zapadnyy and Molasses followed by the Fri Kvam and the Fri Lake, both a delight to drive into Silloth as they have good power and controls. A full mix of all three of our most usual cargoes, one each of Molasses, Grain and Fertiliser.

We were scheduled to take a couple more Fertiliser boats this month, but they are arriving late due to shipping charters being more difficult to get on this side of

the UK at the moment.

Around the port we have completed works on the Copings in the entrance to Marshall dock and also at the entrance to the lock gates on the south side. Fencing has arrived at the port ready to cordon off the Eastcote lighthouse ready for works to begin once we have a contractor booked.

All else remains quiet in the port.



# Silloth on Solway Sports Association Sports Camp

Report by: Stephen Hart  
 Photos by: Mavis Baty & S Hart

The Silloth on Solway annual Sporting Activity Days and Sports Camp are now finished. Thanks to everyone for participating.

Special mention goes to all the coaches; Dave Pearson, Chris Pearson, Nico Watt and Kris Nichol.

We had sessions of Football, Cricket, Multisports and Tennis based in the Multi-Use Games Area and on the Rugby Pitch.





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# Golf Club Junior Natterjacks



The Silloth on Solway Golf Club Natterjacks Junior Section season is well under way and we are seeing good numbers of juniors entering competitions. The

weather has been, on the most part, excellent and has only been beaten by the outstanding golf the juniors have been playing. This has resulted in some significant

handicap reductions so far, with still a few months left of the season.

We have a strong junior section, with the capacity for more players joining us. With this in mind, on Saturday 8th July we held a 'Taster Session'. This session was open to any junior that would like to try golf. We are pleased to say we had 25 juniors attend a very enjoyable event. The juniors had a chance to try putting, chipping and long shorts under the guidance of Tom the Assistant Professional.

The day was finished off with chips and a drink in the clubhouse.

Thanks goes to Tom who provided coaching to each junior and England Golf who funded the day.

We hope that everyone enjoyed the session – if anyone would like to try golf, please feel free to get in touch for more information –

Peter Ellwood, Junior Organiser: 07748 051320.



The 90's AeroBees  
by Millie Ivy Errington from Silloth Primary School



## Pitch, Putt & Prosecco

Ladies Taster Session

Saturday 23rd September 2023, 2.00pm—3.00pm

Have you ever thought of trying golf, but not sure if you'd like it? Or how to get started?

We're hosting a taster session where you can have a go at golf, find out all the information about learning to play and also meet some of our lady members, for a glass of prosecco!

The session will be delivered by Tom McNeil, Assistant PGA Professional.

Equipment will be provided, however, you just need to bring sensible shoes and a sense of humour!

If you'd like further information, or would like to book a place, please contact Angela Ellwood on 07 919 121 575.



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