

Solway Buzz

Mrs Bee
by Bridget Irwin from Silloth Community School

www.solwaybuzz.co.uk

Oct/Nov 2023

local news - for you - by you - about you - free to you

FREE PAPER

Issue 213

A New Outdoor Cinema Experience



See Abbeytown Parish Council report on page 3

Report & Photos by:
Daniel Dockeray

Abbey Town, a locale not typically associated with Hollywood glamour, witnessed an extraordinary event that brought the local community together for an exceptional day. In a rare occurrence, Abbey Town played host to a pop-up cinema, providing its residents with an unmatched cinematic experience complete with a bar and delectable hot food offerings.

Amidst the cinematic extravaganza, residents gathered with pints in hand, cocooned in blankets, while nearby, children revelled in a spirited game of football. This was a day that transcended the ordinary, uniting the entire Abbey Town community in an unforgettable display of togetherness and community spirit.

Upon reflection of my time spent at the outdoor cinema event and conversations with the event organizers, there is an optimistic outlook that this event marks the inception of a series of gatherings poised to reintroduce the cinematic enchantment to Abbey Town. The over arching objective is clear: to rekindle the unity and shared delight of the silver screen within the local community.



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Craft Show Winners



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Silloth Carnival is back



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Silloth Music Festival



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Splash at the Lifeboat Station



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These guys are never too old!



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Meet the Champions!



Solway Community School GCSE Results 2023

Solway Community School staff and students receive their 2023 GCSE results.

Tom Hailwood – Headteacher said: We are delighted to see all the students across Cumbria Futures Federation today as they collect their GCSE results. A landmark day for them and one they will long remember. It is with great pride the teachers, wider staff and everyone associated with the Federation hear of our students results and see them moving successfully onto their next steps.

Mrs Thorp – Deputy headteacher added: I am immensely proud of this cohort of students; as we all know, their journey leading up to their GCSE results has not

been easy, yet they have remained positive and committed to giving it their all. Being by their side over the last 5 years I have seen them all work hard, both as a collective year group, but also as individuals, each carving out their own future. They have supported each other and have grown into a mature and caring group of students. I am excited to see them take their next steps as I have no doubt they all will succeed.

Pleasing results were achieved by many including:

Jackson Slack is now going on to 6th form to study Business, Biology and PE after working hard and achieving a Grade 6 in Geography and a Distinction* in BTEC Sport. Harry Carruthers is also looking

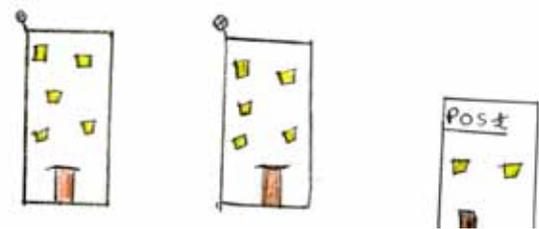
forward to going on to 6th form to study Psychology, Biology and Sociology having received a Grade 7 in History and Grade 6's in English and Maths.

Cody Morris-Crawford is proud to achieve a Grade 7 in maths and now goes on to College, alongside Emily Graham who got a superb suite of results including Grade 6's in ART and Geography.

Brandon Maybury-Potter and Shannon Irwin are both going on to 6th form. Brandon is going on to study Computing, Geography, English Language and Psychology. Shannon worked hard and achieved well in all her GCSE's and will be especially proud of her a Distinction* in BTEC Sport.



City Bee
by
Freya Perrin



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Outdoor Cinema Experience



Report by: Zoe Horsley

Abbeytown Parish council opened up The Recreational/ Football field on Saturday 2nd of September to host an outdoor Cinema free for the community.

There were three film screenings The Lion King Live, Grease and Top Gun: Maverick. The film choices were voted upon by the public on their Parish Council Facebook page prior to the event.

There was a great turn out from the local community who came along with their picnic's, blankets and camp chairs.

Funfair rides, ice cream/ food van and bars were available on the field

There was lots of positive feedback with messages of support left on our Facebook page including:

"Just wanted to say a huge thank you to the organisers of the outdoor cinema, we are from Aspatria and came along to this amazing event the kids had such a fantastic time. What a fabulous community. Abbeytown keep doing what u r doing! your local children will have memories, friendships for life from these events and in the modern world where kids sit inside on phones these events are crucial for their development and community spirit. Well done and thank you my kids made new friends had fun and made memories thanks again. xx"

"We really enjoyed it! Thank you to all that organised it xxx."

The weather was on our side for the day which is always an added bonus.

The Cinema screen was hired



from Sky light cinemas Ltd. The event was organised by Councillors Zoe Horsley, Margaret Hocking, Lynn Ellery and Miles Ellery.

Abbeytown Parish Council are now on the countdown to

our next event Bonfire night which will be hosted on Sunday the 5th of November. For more information follow our Facebook and Instagram pages "Abbeytown Parish Council"

Obituary Val Hughes



Report by: Margaret English

It is with profound sadness that we announce the passing of Val Hughes on Sunday 20th August, a shining light in the Silloth community. Val, who spent fourteen cherished years living in Silloth, has left an indelible mark on the hearts of those who had the privilege of knowing her.

Val's dedication to her community was evident in her twelve years of committed service volunteering at the RNLI in Silloth. More than just a volunteer, she was the backbone of the operation, masterfully organising collections and using her unique talent of matching the right individuals when orchestrating the shop rota. Her undeniable organisational skills and keen intuition proved indispensable time and again.

Beyond her invaluable service, Val was an effervescent spirit. With her fun-loving nature and infectious smile, she brought joy to every room she entered. An avid lover of the Lake District, Val cherished her walks amidst its serene landscapes, finding solace and rejuvenation in its beauty.

Those who sought guidance or a listening ear always found in Val an unwavering pillar of support. She had an uncanny ability to find a solution for everything, no matter how challenging the circumstance.

Her strength and resilience shone brightly as she gracefully journeyed through life following the loss of her husband, Frank, about fourteen years ago. Throughout this journey, the unwavering love and support from her daughter Mandy, and the presence of her two wonderful grandchildren, were her guiding lights and sources of immense pride.

Val's legacy is not just in the tangible contributions she made to Silloth and the RNLI but also in the countless hearts she touched with her kindness, wisdom, and unwavering support. She leaves behind a community that is immeasurably better because of her and a void that will be deeply felt by all who knew her.

Rest in peace, Val. Your spirit will forever shine bright in the memories and stories shared by those fortunate enough to have known you.

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St Andrews Final Service



Report by:
 Revd Lisa Moore Wilson -
 Minister of The Cumbria Missional
 Partnership
 United Reformed Church

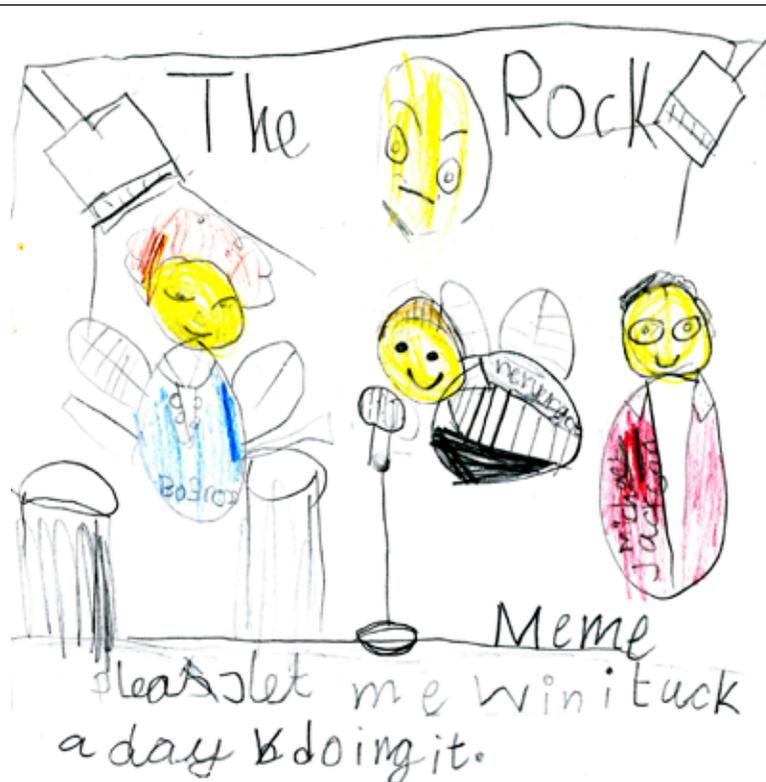
St Andrew's Church in Silloth held its closing service on Sunday 3rd September.

Founded in 1886 so the Scottish dock workers could worship at a Presbyterian 'Kirk', it became a place of worship for over 130 years. This life and service was celebrated by many ecumenical friends, people with family links to the church and several former ministers who had travelled considerable distances to attend its closure.

Elder and Church Secretary, Sue Calvert whose family have a long history with the church shared some of the church's history and her memories of the people who had been so important to its life.

Despite the sadness of the day, the service emphasised that the Church is its people not just its buildings and its work will continue. Hospitality has always been at the heart of St Andrew's and everyone enjoyed a wonderful tea after the service. Happy memories were shared and people enjoyed a display of photos of past members and events in the church hall.

At the end of the service everyone was given a packet of mustard seeds to plant to remind them that the seeds it has sown over the years will continue to bear fruit and that now new seeds and new ways of worship will be planted - so expect an outbreak of mustard trees in Silloth in the future!



The Meme Squad Bees
 by David Armstrong Woodhead
 from Silloth Primary School

Greenrow Pentecostal Church, West Silloth

Coffee Morning

Saturday 28th October 2023

10:00 - 12:00

All Welcome



Christian books & gifts for sale provided by
 Cornerstone Bookshop, Whitehaven



Beach Bees!
 by Millie Sessford
 from Holm Cultram Abbey School

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DEMOLITIONS

Silloth & District Pensioners Coffee Morning

Report by: Jean Day

On Saturday 9th September, we held our first coffee morning in our new venue, Christ Church, Silloth, and a very successful morning it was. More tables had to be set up as numbers attending were more than anticipated.

Thank you to all who attended, buying out the cake and produce stall, very quickly, and for supplying lots of lovely raffle prizes.

The winners of the raffle today were, Roger Frost MBE, Christine Prevatali, Jean Day, Margaret Mattinson, Jenny Adam, Graham Wilkinson, Pam Blaylock, Terry Lewis, Jean Bell, Mary Eccles and Linda Johnston.

Because of the change of venue we have had to change the dates for the coffee morning, previously diarised in the Buzz.

New dates for this year are, next coffee morning Saturday 14 October in Christ Church and Saturday 11 November.

We look forward to seeing everyone next time.

King Bee
by
Blake Gunn
from
Holm
Cultram
Abbey
School



Chilling Bee!
by
Lily Brown
from
Holm Cultram Abbey School

Silloth Craft Show Winners



Jimmy Maddison



Billie Farrell



Gizelle Allin



Sheena Daniels



Eleanor Roper



Tracey Wood

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Lifeboat Called Out Twice



Report by: Rebecca Clark

Saturday 9th September, Silloth RNLI were paged on two separate occasions.

Pages first went off at 16:54 to five people and a dog on a sandbank

at Mawbray. The lifeboat was stood down before they launched.

Pages then went at 20:24 for a report of a missing person in the Skinburness area.

Silloth Lifeboat Crew worked

with Maryport Coastguard, Maryport Rescue, West Cumbria Search and Rescue, Whitehaven Coastguard, Cumbria Police, R199 Coastguard Helicopter and North West Ambulance Service.

Support Friends of the Green Each Wednesday

Report by: Caroline Turner



Halloween and Christmas are fast approaching!

We have been busy over the summer drying flowers from our allotment and collecting fir cones to make seasonal floral arrangements and decorations. We have also been growing decorative squashes ideal for Halloween.

We plan to hold a few more stalls on a Wednesday in the Community Garden in the run up to Halloween, weather permitting! Look out for the dates on our Facebook page and we will also post the information on the Silloth Today Facebook page.

All the money raised will go towards developing and maintaining the Community & Woodland Gardens. (Please note the decorations are not suitable for children).



STANWIX PARK

DAY PASSES

Planning days out just got even better! Day passes are now available to book online. You can book these up to 2 weeks in advance and up until 9am on the day of your visit! Day passes will still be available from Reception on the day of visit if not sold out.

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£10.50 per adult / £8.50 per child

OFF PEAK MID WEEK (Mon - Fri)
£5.50 per adult / £4.50 per child

OFF PEAK WEEKEND (Sat & Sun)
£6.50 per adult / £5.50 per child

SAVER (6th Nov 2023 - 9th Feb 2024, excl New Year period)
£5.50 per adult / £4.50 per child

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BHM's: 10am - 4pm
Weds: 10am - 1pm

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Blencogo Art Group



The Blencogo Art Group intend to restart after a break and would welcome new members. They will meet in the Blencogo Village Hall on Monday afternoons from 1:30pm to 4:30pm where members help each other. Refreshments are provided and we have regular outings.

For more information please contact Graham on (016973) 61158

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2023

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IN SILLOTH

Come and join in with the
HARLEQUIN CHOIR
CHRISTMAS Carols and
Songs in Christ Church
Friday 1st December 2023
at 7pm



ENTRY £7 including mulled wine and refreshments. Raffle and a RNLI Stall.



Queen Bee's
by
Annie Sessford
from
Holm Cultram
Abbey School

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DALSTON
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Join us for an afternoon
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and The Gala Trio
at Holme Cultram Abbey, Abbeytown
on Sunday 10 December
at 2.30pm

Tickets £10.00
(includes refreshments)

For more information please contact
Brenda - 016973 61224 or Anita - 016973 61113

Christmas Dinner
at Holme Cultram Abbey
on Thursday 7 December
at 12.30pm
£15.00
(for both eat in or takeaway)

Roast Turkey and all the trimmings &
Christmas Pudding or Trifle
(vegetarian option available)

*Please note full payment of £15.00 is required at
time of booking to secure your meal.

For more information or to book please contact
Brenda - 016973 61224
or Anita - 016973 61113

Report by: nobody
Photos by: Daniel Dockeray
Jamie Bell
Trevor Grahamslaw
Sarah Robertson
Nicola Ives

Silloth



IN SILLOTH

CHRISTMAS FAIR

Saturday 16th

December 2023 from 1 - 4pm

in CALDEW HALL Solway Street



Get those last minute Christmas gifts

Many different Craft Stalls

£5 to see Father Christmas

includes a present

Everyone welcome ★★



Carnival



Thursday photos and report by: Daniel Dockery
Saturday photos by: Solway Buzz

DANIEL DOCKERAY
PHOTOGRAPHY
Web: <https://ddphotography.uk>
Email: daniel@ddphotography.uk
Mobile: 07794 310334

Upon my arrival at the Silloth Music & Beer Festival, I was warmly welcomed by a dedicated team of individuals who are the backbone of this incredible event. Without their tireless efforts, this festival that brings boundless joy to a quaint seaside village would not be possible.

As I savoured one of the many distinct ales on offer, each one more

refreshing and delicious than the last, the vibrant sounds of India Street Club resonated from the main stage. The atmosphere was electric, with locals enthusiastically clutching pints to tables, their faces adorned with radiant smiles.

During my brief but memorable time at the beer festival, I couldn't help but feel an overwhelming sense of community spirit that radiated throughout the event. This spirit is a testament to the energy and vibrancy of this charming corner of Cumbria. The festival stands as a testament to the power of coming together, celebrating, and creating lasting memories in the name of camaraderie and good cheer.



Silloth Music Festival 2023



You can see all the photographs taken and find out how to order, on the Solway Buzz facebook page: facebook.com/solwaybuzz/



MAWBRAY VILLAGE HALL MONTHLY QUIZ

Quiz

Thursday 28th September
Thursday 26th October & 30th November
7.30pm
£2.00 per person

Prize for the winning team

Bring your own drinks, snacks and glasses.

????????????

QUIZ NIGHT

Silloth and District AUTUMN SUPER QUIZ NIGHT

Thursday October 5th
Christchurch, Silloth. 7.00pm

£6 per person Including Supper Raffle.

Men's, Women's and Mixed teams - All Welcome

You are welcome to bring your preferred drink, free Coffee and Tea will be available at half time with Supper

Contact 07745 988367 to book your space.

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SILLOTH ROTARY CLUB PRESENT THEIR ANNUAL

CUMBRIAN DIALECT Competition

SATURDAY OCTOBER 7TH 2023
at 2pm in Christ Church Silloth

Entry FREE. Tea and coffee provided.

Competitors should speak or recite an original piece of work in Cumbrian dialect between 2 and 4 minutes long.

Awards for:
Best over-all piece of dialect
Most humorous
Best Newcomer
Best Junior (under 16)

Enter the competition or Bring along a favourite piece of dialect to share or Just sit back and enjoy yourself!

T'll be baaary

For more information contact 016973 31246

Blenco (go) Party

Bingo

Saturday 14th October
At Blencogo Village Hall
7pm Start till late
Bring your own bottle

£10 per ticket
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Tickets must be paid for in advance

18+ ADULTS ONLY

BINGO GO

4	16	17	40	69
8	26	51	33	68
7	18	*	42	71
2	25	44	55	62
3	21	30	39	65

Christmas Craft Fair

Sunday 12 November 2023
10am - 4pm

An assortment of crafts, gifts, jewellery, cards, jams and chutneys.

Tea room with delicious home-cooked light lunches, a selection of home-baked cakes, teas & coffees.

Take away available.

Culterham Hall, Mawbray

Christmas Fayre

AT HOLME CULTRAM ABBEY, ABBEYTOWN

SATURDAY 18 NOVEMBER
10AM - 4PM

&

SUNDAY 19 NOVEMBER
12PM - 4PM

(SANTA WILL BE VISITING AT 12PM - 3PM BOTH DAYS)

ENTRY £2.00
INCLUDES TEA/COFFEE & MINCE PIE/BISCUIT

A night with the Ukes of Allonby

Join us for a night of music with the Ukes of Allonby at Culterham Hall, Mawbray on

Saturday 2 December
at 7:30pm

Bring your own drinks.

£5 per head

Booking is essential. Contact Lynda on: 01509 881737 or 07926 810074

Your Interesting Buzzing Letters and Poems

IN LOVING MEMORY BUSBY Mary

Dear Buzz,

The family of the late Mary would like to thank everyone for the cards, flowers, messages of sympathy and attending Mam's beautiful funeral.

Thank you to Darren Studholme, funeral director, for taking care of us. Margaret Gate led the funeral service making it memorable, special and so personal. Thank you for your support Margaret leading up to the funeral at what was such a heartbreaking time.

Thanks also to the staff at WC Hospital, Loweswater Ward for the care and dedication they showed Mam.

We appreciate all the donations received in Mam's memory for the Alzheimers Society. We hope for a breakthrough one day to help treat the cruel disease.

At peace now and with your precious Norman. The kindest, most caring Mam. We'll miss you so much.

Ian, Caroline and families.

Dear Buzz,

Copy of letter to: Jos Young,
Ladies' Secretary
Silloth on Solway Golf Club

Thank you very much for the donation of £50 to the RNLI from the RNLI competition. Every penny helps to keep the lifeboats ready at all times to do their vital work and we very much appreciate your continued support.

Many thanks once again.
Yours sincerely,

Margaret English
Chairman RNLI Silloth and
District Branch

Dear Buzz,

Having read the latest whinges from "The Whinge" most of which I agree with, I have to ask why he/she hasn't mentioned the ridiculous parking on Wampool street which reduces the width of the road to a single lane.

Also, unmentioned is the vandalism on Esk Street where one of our beautiful Sycamore trees has been purposely drilled and killed - you know who you are! In these uncertain times when every single tree is vitally important to our climate. Thank you Peter for a crackin' paper.

Mrs Jennifer Bailey

The Carpet by Mrs J Bailey

This carpet stretched out on my hall floor,
Brings feet to my house from near and from far,
All people arriving with news good and bad,
Bringing me tales of things happy and sad.

My front door is open and in they all come,
Some in the rain and others in sun.
I make them all tea, with biscuits to munch
Some go on their way, but some stay for lunch.

When the day's over and peace reigns once more,
I put all I've learned into my memory store.
There's no doubt about it as days rush on past
That my long hall carpet surely was made to last.

Daylight's blink by Sophia Lodhi

Two mermaids emerged
With a change in the light...
From the folds of the waves:
From the blues, to the bright!

Rich rays from the sun
Could be seen in their hair,
While colours played, dazzling:
Shimmery and rare...

In the swish of their tails
And the power in their eyes...
They cast over me
A strange charm of disguise!

Suddenly.....

With a blink from the sun
And a blinding eclipse:
They once more disappeared
From my view...to the mists!

While the frothy waves spilled
Over rocks, sands and shells,
I stood mesmerised: trapped
In the sphere of their spell!

Their vision; a memory:
Now all I possess
Of the day that I saw
Two mermaids emerge!

Night by Sophia Lodhi

Soundless silence.
Coastal gulls soar overhead,
Like grey, ghostly membranes on an indigo sea of sky,
Their nocturnal quietude slightly disturbing.

Woods stand tall in the distance:
Arboreal etchings against an inky horizon;
Dark on dark.
...Through the airwaves...on the breeze:

A hushed tintinnabulation whispers with gently shaken leaves.
Wide awake, a red fox paces fluidly along secret trails, sharp eyes lucid.
Thoughts surround my mind, deep and profound:

Moths orbiting a nightlight,
The whirring beauty of their wing-beats radiating otherworldly energies.
Under Heaven, stars wink: chisel-cut diamonds.

Sweet scents rise through the tangible purity of the night air -
Dewy grasses, wild berries and honeysuckle - rich and strange.
I close my eyes before dawn breaks, absorbing night...
Rocked to sleep in the swingboat of a silvery sickle moon.

Bee Fact #18



Bees actually have four wings that they hook together into two large wings when flying. When not flying, the wings are unhooked.

Do you have a poem or letter for the Buzz? We welcome all submissions, THERE IS NO CHARGE. Please remember to include your contact information.

Masthead Bee Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered Kids Rucksack to the winner. This is in addition to the usual Winners Certificate and a £5 Gift Voucher from the Solway Buzz.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Local children return your drawing to your school or post to the address on page 14 (large stamp) and a quality Solway Buzz embroidered Rucksack from Carlisle Embroidery could be yours. You don't have to be at school here to send a bee to us. If you are here on holiday we would love to have your bee drawing.

This month the winner is **Bridget Irwin from Silloth Community School** with a bee drawing called 'Mrs Bee'.

Well done!



Can You Help?

**Blitterlees
Silloth**

for part of this area,
19 houses.

**Grune Point Close,
Skinburness**

for this area,
26 houses

We are looking for volunteers to deliver the Solway Buzz (community paper)

If you would like to help Contact Peter on 016973 32180

Remember – you can join the library, search the library catalogue, renew and request books online at cumbria.gov.uk/libraries Visit Silloth Library in the Discovery Centre

Silloth Library Opening Times

Monday 10-1pm 2-4pm

Wed 10-1pm 2-4pm

Friday 10-1pm 2-4pm

Sunday closed

Tuesday CLOSED

Thursday CLOSED

Saturday 10-1pm

Tel: 016973 31944

Non-Commercial Tourism Websites

solwaybuzz.co.uk

sillothgreen.co.uk

silloth-on-solway.co.uk

sillothgolfclub.co.uk

vintagerally.co.uk

sillothbeerfestival.co.uk

sillothmotorcyclemuseum.co.uk

silloth-on-solway-tc.gov.uk

visitcumbria.com/wc/silloth

soldiersinsilloth.co.uk

solwayplain.co.uk/silloth1.htm

facebook.com/sillothgreen

facebook.com/silloth-carnival

facebook.com/groups/121042258051545 (Silloth Today)

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I REALLY DO APPRECIATE EVERYTHING
CARER SUPPORT WEST CUMBRIA DO
FOR ME AND OTHER CARERS.
THANK YOU!

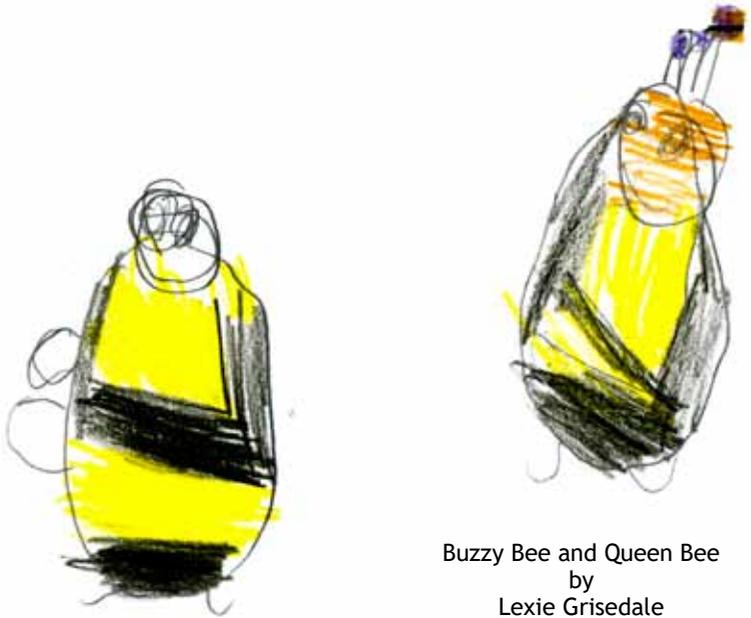
THE RELAXATION IS BRILLIANT BECAUSE I
GET AN HOUR AND A HALF BREAK TUCKED
UP WITH MY BLANKET AND I ALWAYS FEEL
100% BETTER FOR IT.

Every year on 10th October World Mental Health Day takes place to raise awareness of mental health issues around the world.

We know that caring can be an emotionally draining role and many carers report feelings of stress and depression. To help combat this Carer Support West Cumbria offer Free Online Carer Relaxation Sessions with Simone from Soul Work Studio.

Simone's sessions involve a mixture of breathing exercises and guided meditation to help promote inner peace and stillness. They also provide a much needed short break from the responsibilities of caring, just 30 minutes can be enough to calm the mind and ease your soul.

If you feel you need to take some time to relax, restore and renew contact us on 01900 821 976 or general@carersupportwestcumbria.co.uk to register as a carer and/or book your place on an upcoming session.



Buzzy Bee and Queen Bee
by
Lexie Grisedale
from Holm Cultram Abbey School

'Splash' Visits Silloth RNLI

Report by: Rebecca Clark

On Wednesday 6th September Silloth Lifeboat Station received a visit from Belinda and James, a couple from London who are visiting RNLI lifeboat stations in their Porsche 911 to raise funds for the RNLI.

They arrived in their Porsche 911 Carrera 4S named 'Splash'. Jeanette, Tony and myself were on hand to greet them when they arrived at the station at 9:11am.

Belinda saved up for 37 years to buy her dream car. Belinda and James then set up '911 Challenge' which took four years. The car is driven by Belinda and James to lifeboat stations around the country, collecting money from companies, corporates, families and individuals. Sponsoring £238 per Station visit in aid of the 'RNLI - 911 Challenge 'D' Class Lifeboat Appeal'

Belinda and James started their journey at RNLI St Helier Station in Jersey on Wednesday 23rd August 2023 and will visit 116 RNLI Lifeboat Stations around England, Isle of Man, Isle of Scilly, Isle of Wight as well as the Channel Islands: Alderney, Guernsey and Jersey. They will end their epic journey at Poole on Friday 15th September 2023. Once completed they will have travelled over 3,000 miles within 23 days.

Boyd Tunnock, owner of Tunnock's kindly sponsored the drive to Silloth RNLI Lifeboat Station. He is the grandson of Thomas Tunnock, the firm's founder and inventor of the famous Teacake.

Interesting fact, the 911 car is the same size as a 'D' class lifeboat. It's engine is positioned at the rear and is water cooled just like a 'D' class.

The 60 in the middle of the bonnet represents 60 years of the 911 and also 60 years of the 'D' class lifeboat. Another interesting fact is that the 'D' class lifeboat makes up for 60% of shouts.

When completing the 'Love thy neighbour' quiz set up by Belinda and James we learned that Silloth Lifeboat Station was the first all weather lifeboat station in the area back when we launched using horses and oars. The quiz was set up to help stations get to know one another. We answered the questions about our station then answered them again for our neighbouring station, Berwick upon Tweed Lifeboat Station.



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Copy Date



Copy date for the December issue is:

1st week Nov

If you have an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell The Vicarage, Wigton Road Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Causewayhead WI

We meet on the 2nd Wednesday in each month at 2pm in Christ Church and visitors are welcome

Mawbray NIA Group

Every Thursday from 2 to 4pm in Culterham Hall, £4 per session includes refreshments. Just come along.

Wigton Theatre Club

Buy tickets via our website or call the Box Office: 07977 835094

Silloth Tennis Club

For coaching information call David Wise on 0742 547767

Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also available at Winters Post Office

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Production Team

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Email: office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us.

When sending articles in, please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Silloth Library

Open Monday, Wednesday & Friday 10am to 4pm Saturday 10am to 1pm 0303 333 1234 cumbria.gov.uk/libraries

Abbeytown Choir

Meet in the Abbey: Adult Choir Tuesdays 6-7pm Children's Choir Wednesdays 4:30-5:30pm All welcome!

Silloth RNLI Shop

Shop Opening Times From 09/10/23, 1pm to 4pm except Wednesdays 11am to 4pm Saturdays 10am to 4pm Sundays From 30/10/23, 11am to 3pm except Wednesdays 10/12/23 Closed for Winter Our Shop is staffed by Volunteers and may not be open at the advertised time. We apologise for any inconvenience.

Silloth Parkrun

Meet on the Promenade beside the Tennis Courts at 9am every Saturday morning

Solway Woodcarvers

Every Monday and Wednesday evening at Silloth Community Hall from 7pm onwards

Monday Craft Club

Silloth Community Hall 10 - 11:30am every Monday. Bring your current project, exchange ideas, chat and have a cuppa

Family History Grp

Tuesdays at Silloth Community Hall from 6 - 8.30pm. Bring along your own research and meet fellow genealogists

Sewing Group

Every other Thursday at Silloth Community Hall. 12 - 4pm. All abilities welcome.

China Painting

Every Friday at Silloth Community Hall. 2pm to 4pm. All welcome.

Please tell us when your group starts or stops, so we can let everyone know

September

28th Wigton Theatre Club presents Charlie Dore - The Short Circuit Tour with Julian Littman. Details and times from Ticket Source

28th Mawbray Village Hall Monthly Quiz at 7:30pm, see advert

October

2nd Silloth Town Council meeting in the Community Hall at 7pm

5th Autumn Super Quiz Night in Christ Church at 7pm, see advert page 10

7th Coffee Morning with Silloth & District Pensioners in TBA? Hall at 10am

7th Local Dialect Competition hosted by Silloth Rotary Club in Christ Church at 2pm

10th RAFA Leek Club AGM in the RAFA Club 016973 31531

10th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

11th Causewayhead WI meeting in Christ Church with talk about Great Barrier Reef

14th Silloth & District Pensioners Coffee Morning in Christ Church

14th Blenco(go) Party Bingo in the Village Hall at 7pm, Tickets text Donna: 07398 769356

14th Mawbray Village Hall Film Club 'The Unlikely Pilgrimage of Harold Fry' 7pm

24th Blencogo and District Garden Club Brighter Blooms Spring Flowering Bulbs in Blencogo Village Hall at 7:30pm, contact Linda on 07538 027936

25th Silloth Nursing Home League of Friends Coffee Morning in Christ Church Silloth, at 10am

26th Mawbray Village Hall Monthly Quiz at 7:30pm, see advert

28th Greenrow Pentecostal Church, West Silloth, Coffee Morning 10-12, books & gifts for sale

28th Craft & Gift Fair in Christ Church Silloth from 11am to 3pm. Free admission, refreshments available Tel June on 016973 33163

29th Craft & Gift Fair in Christ Church Silloth from 11am to 3pm. Free admission, refreshments available Tel June on 016973 33163

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

November

4th Coffee Morning with Silloth & District Pensioners in ??? Hall at 10am

4th Honey Show 2023 in Bothel Village Hall, see advert

5th Bonfire Night in Abbeytown, check Abbeytown Parish Council facebook page

6th Silloth Town Council meeting in the Community Hall at 7pm

8th Causewayhead WI meeting in Christ Church with Harlequin Choir

11th Silloth & District Pensioners Coffee Morning in Christ Church

12th Mawbray Village hall Annual Christmas Craft Fair 10am - 4pm, see advert

16th Wigton Theatre Club presents 'A Midsummer Night's Dream' Details & times on Ticket Source

17th Wigton Theatre Club presents 'A Midsummer Night's Dream' Details & times on Ticket Source

18th Christmas Fayre at Holme Cultram Abbey plus Santa, 10am to 4pm, entry £2, includes tea, see advert

18th Wigton Theatre Club presents 'A Midsummer Night's Dream' Details & times on Ticket Source

19th Christmas Fayre at Holme Cultram Abbey plus Santa, noon to 4pm, entry £2, includes tea, see advert

22nd Silloth Nursing Home League of Friends Coffee Morning in Christ Church Silloth, at 10am

28th Blencogo and District Garden Club Talk on Bees and Honey making. (Honey for sale) in Blencogo Village Hall at 7:30pm, contact Linda on 07538 027936

30th Mawbray Village Hall presents 'Ukes of Allonby 7.30pm see advert

December

1st Harlequin Choir sing in aid of the RNLI in Christ Church at 7pm, see advert

4th Silloth Town Council meeting in the Community Hall at 7pm

7th Christmas Dinner at Holme Cultram Abbey, 12:30pm, £15, booking req'd, see advert

8th Wigton Theatre Club presents 'John Kirkpatrick Carolling and Crumpets' Details & times on Ticket Source

Errors do occur in Dates for the Diary Please check before attending an event

December cont'd

10th Dalston Male Voice Choir at Holme Cultram Abbey, 2:30pm, £10, see advert

13th Silloth Nursing Home League of Friends Coffee Morning in Christ Church Silloth, at 10am

13th Causewayhead WI meeting in Christ Church with Christmas Fun

16th Christmas Fair in Caldew Hall from 1pm to 4 pm in aid of the RNLI. Lots of different stalls. £5 to see Father Christmas. See advert

January 2024

9th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

10th Causewayhead WI meeting in Christ Church with talk about Carlisle Navigation

February

18th Wigton Theatre Club presents 'The Haar'. Details & times on Ticket Source

4th Wigton Theatre Club The Haar. Details & times on Ticket Source

5th Silloth Town Council meeting in the Community Hall at 7pm

February cont'd

12th Wigton Theatre Club presents Robin Hood the Panto. Details & times on Ticket Source

13th Wigton Theatre Club presents Robin Hood the Panto. Details & times on Ticket Source

14th Causewayhead WI meeting in Christ Church with talk by Museum

14th Wigton Theatre Club presents Robin Hood the Panto. Details & times on Ticket Source

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Send Your Bees to the Solway Buzz There is a Bee Shortage!

We Need Yours!

12

The Mawbray Film Club presents

The Unlikely Pilgrimage of Harold Fry

SATURDAY 14 October

The film starts at 7:00pm



Bring your own cushions, if you wish.

Bring your own refreshments, cups/glasses. All rubbish to be taken with you when you leave at the end of the evening.

Children must be accompanied by an adult.

Please book using the contact numbers below to ensure you get a seat.

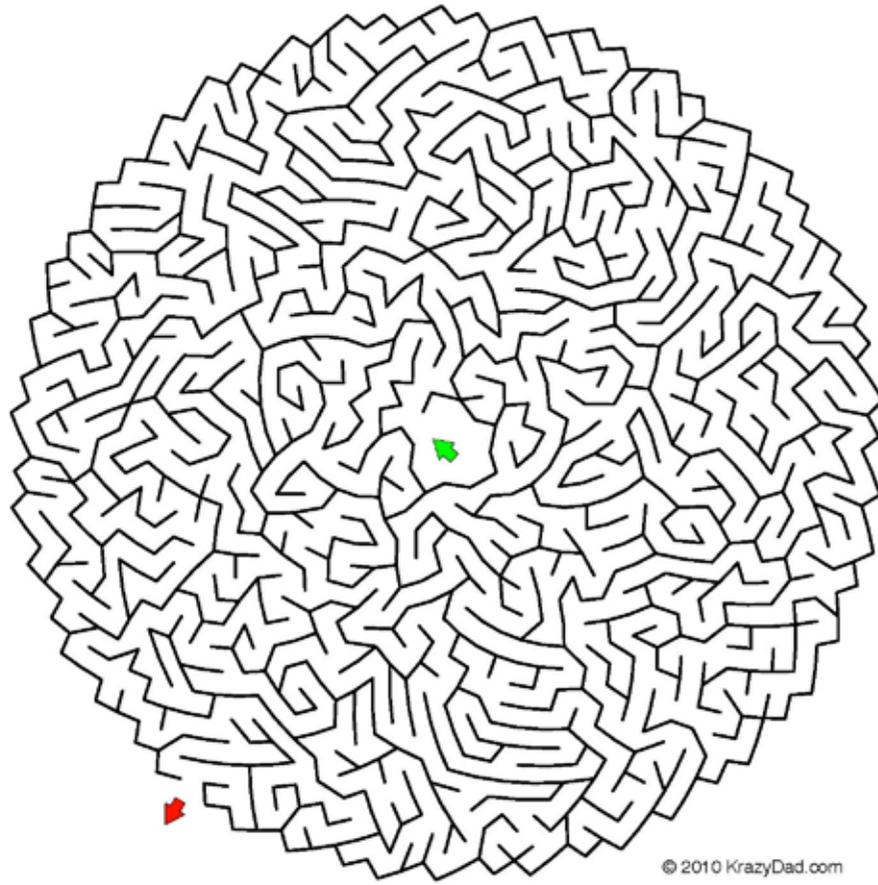
You must be a member to participate	
Lifetime Membership £5.00 per adult £8.00 per couple £10.00 per family	Film Night Charge £2.00 per adult £1.50 per child (under 16)

To join and/or to book contact Brian or Lynda: 01900 881737 07542 781234 07926 810074

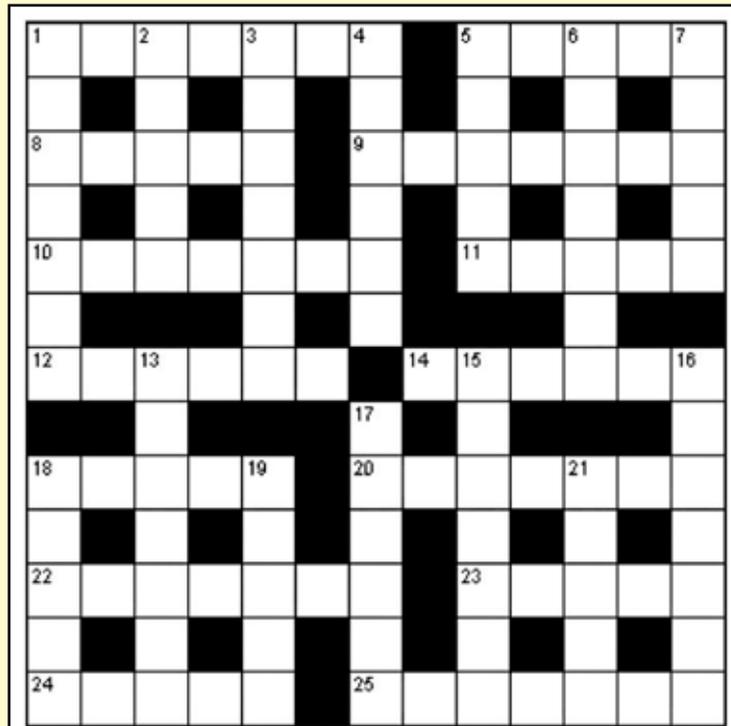
FUN for ALL ~ Join the Dots & Colour In

Something for All Ages to Enjoy Everyone Can Do This

This month a more challenging maze to drive you crazy!



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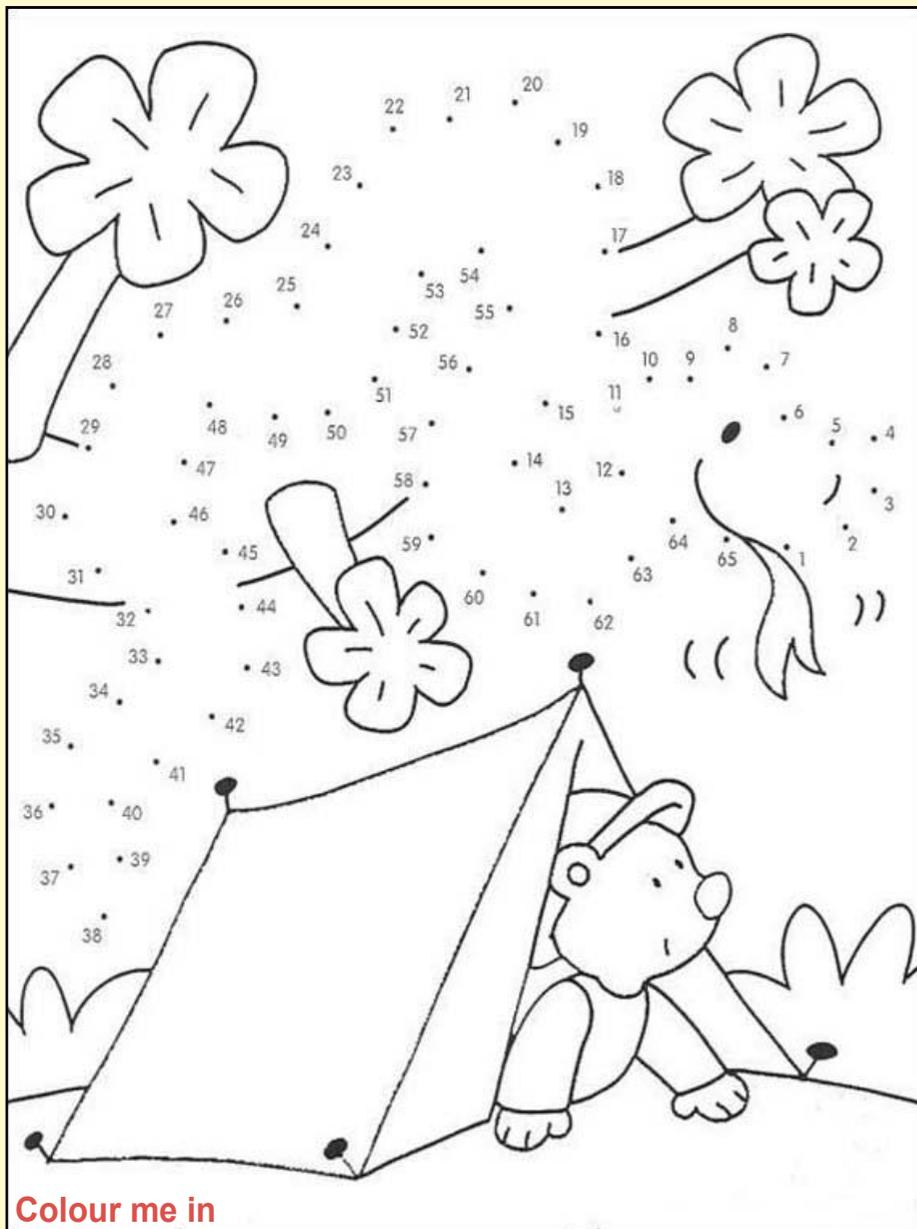


Across

- 1 Shakespeare's Scottish play (7)
- 5 Sailing-boat (5)
- 8 Shallow recess (5)
- 9 Impartial (7)
- 10 Prattle (7)
- 11 Hard work (5)
- 12 Ten years (6)
- 14 Nucleus (6)
- 18 Annoyed (5)
- 20 Large wave (7)
- 22 Beseech (7)
- 23 Make amends (5)
- 24 Ventured (5)
- 25 Completely (7)

Down

- 1 Threatened (7)
- 2 Bedtime drink (5)
- 3 Voted into office (7)
- 4 Needing food (6)
- 5 Youthful (5)
- 6 Sure (7)
- 7 Available for renting (2,3)
- 13 Helicopter (7)
- 15 Graceful, refined (7)
- 16 Theft (7)
- 17 Most proficient (6)
- 18 Youngster (5)
- 19 Chide (5)
- 21 Hillock (5)



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THESE ADVERTS REALLY DO WORK!

RAFA Leek Club Show Results

Report by: Ian Caulfield

The RAFA Leek club show took place on Saturday 2nd September and was a very good turn out.

The winner of the Leek competition was Josh Jackson, 2nd was Brian Atkinson and 3rd was Ian McVittie.

Josh Jackson also won the prize for best individual Leek in the show.

Other winners were:

Tomatoes - David McIntosh 1st, 2nd and 3rd

4 Potatoes - 1st S Hankin, 2nd & 3rd I Caulfield

6 Shallots - 1st & 2nd I Caulfield, 3rd Tony Reed

4 Onions - 1st S Hankin, 2nd & 3rd I Caulfield

2 Carrots - I McVittie 1st, 2nd and 3rd

4 Veg - 1st & 2nd I McVittie, 3rd I Caulfield

3 Beetroot - 1st C Caulfield, 2nd T Reed, 3rd I McVittie

Cucumber - 1st J Plaskitt, 2nd & 3rd L McVittie

Vase of Flowers - 1st S Moore, 2nd I McVittie, 3rd S Moore

Heaviest Onion - 1st J Jackson, 2nd & 3rd M Pickering

The next Club AGM will take place on Tuesday 10th October at the RAFA Club for anyone wishing to join.

If anyone would like to sponsor the club for future events it would be greatly appreciated. Contact I Caulfield on 016933 31531 for further information.

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Solway Buzz Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

Addison Orthodontics	016973 32208	West Silloth Motors	016973 32833
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The Charity Shop	016973 31696		
Upholstery, Irene Armstrong	016973 31836		



Useful Phone Numbers

Age Concern Home Safety Scheme	0800 678 1602
Age UK	01900 844670
Allerdale B. Council	03031 231702
Chemist, Silloth:	016973 31394
Church Catholic	01900 814826
Community Grants:	01900 325013
Crime Stoppers:	0800 555111
Dentist, Alma Terrace:	016973 31270
Dentist, Emergency:	01228 603900
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Holm Cultram Abbey CofE School	
Abbeytown:	016973 61261
MP, Mark Jenkinson:	01900 876189
Neighbourhood Forum:	01900 325013
Police:	101
Quakers, Wigton:	01228 523174
Register Office, Wigton:	01228 221122
Samaritans:	01228 544444
Silloth Community School:	016973 31234
Silloth Library	016973 31944
Silloth Nursery & Junior School:	016973 31243
Silloth Post Office	016973 31323
Silloth Town Clerk:	016973 31128
Silloth Tourist Information Centre:	016973 31944
Solway Buzz:	016973 32180
Paragon Vet:	01228 710208
Millcroft Vet:	016973 23898
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Water LeakLine:	0800 330033
Water & Waste Problems	0345 6723723
West Cumbria Carers	01900 821976

Advertisers entries are always Free in the Phone Book



Flint Bee
by Dylan Leno from Silloth Primary School



Flower Bees
by Hannah Shaw from Silloth Primary School

Summer Arrivals at the Port of Silloth

Report & Photos by:
John Forrester
More coverage of shipping at
Silloth can be found at www.cumbriashipphotos.weebly.com



A busier month at the dock and a welcome sunny day for the arrival of SCOT PIONEER from Germany. As it was August bank holiday week, ship enthusiasts were joined by a varied group of onlookers keen to observe the arrival at the dock entrance.

SCOT PIONEER had set off from Rostock five days earlier reaching the Solway via the North Sea and West of Scotland. Watching the ship sail up the Solway with Criffel as a backdrop made for an exhilarating sight. The ship arrived off Silloth in good time for the midday tide. A crowd had gathered for a close-up view as the ship adjusted its position before approaching the dock entrance.

Amongst the onlookers were a group of youngsters from the local childminder group, Little Pebbles. Taking a break from a visit to the shore they waited patiently in prime position. As the ship passed close by, their excitement was rewarded with

a blast on the ship's horn from the captain and waves from the crew. Hopefully, a memorable day with repeat visits on their wish lists.

Photographers were also rewarded with good clear shots of the smart-looking ship. PIONEER, which is registered in Inverness, it is one of a small fleet operated by UK company 'Scotline.' The ship is no stranger to Silloth but hasn't visited for three years. SCOT PIONEER had an unusual manoeuvre once inside the dock as EASTERN VANQUISH was already at the quayside discharging its cargo. The new arrival was tied-up at a temporary berth until EASTERN VANQUISH departed on the following tide.

EASTERN VANQUISH is a regular at Silloth with this being the third visit of the year. Its owner, 'Eastern Shipping' is UK based and its port of registry London. It was most unusual to see two ships in Silloth Dock at the same time with UK connections.

August Shipping at the Port of Silloth

Report by: Capt Tim Riley,
Harbour Master, Short Sea Pilot

August

13th Vitality with a cargo of Fertiliser from Rouen, then on to Drogheda.

17th Zapadnyy with a cargo of Molasses from Felixstowe then on to Gdansk.

29th Scot Pioneer with a cargo of Wheat from Vierow then on to Kilroot.

30th Eastern Vanquish with a cargo of Fertiliser from Antwerp then on to Belfast.

31st Runner with a cargo of Ash from kilroot then on to Ardrishaig.

A good month for Silloth overall, five vessel calls in the

month and one new vessel for the port.

Vitality returned after five years with a cargo of bagged Ammonium Nitrate, been a while since we had that (due to cost of production), followed by our old faithful, Zapadnyy who rolled in with some molasses for us.

In the last week of the month running very close to the end we had the Eastern Vanquish with fertiliser doubled up in port with the Scot Pioneer on her first visit here with a cargo of German wheat from Vierow in the Baltic.

The Runner followed in on Friday at noon and was discharged by 20:00 and piloted out of the dock at 23:30, thus completing

month and one new vessel for the port.

All in all, a good month for Silloth and looks to be a warm and sunny September with three ships already booked!

For those who are interested, we have now fenced off East Cote Lighthouse and will carry out some works soon to repair and renovate the light as it is currently unsafe to access and is unlit, posing a slight imposition to the navigation of vessels calling during the dark hours as this light is aligned primarily with the main channel to Silloth docks entrance.

Today, as I write, it is September the 4th 2023, the 6th Anniversary of my taking on the role here at the port.



Silloth Nursing Home League of Friends

Can the supporters of Silloth Nursing Home League of Friends coffee mornings above please note new dates for the rest of 2023.
Wednesdays, 25th October, 22nd November and 13th December.



Gojou Satori
by Jacob Burdett



The Lost Bee
by Lily Mae Brown from Holm Cultram Abbey School

Silloth March into the Final



Report by: Philip Scott

Silloth Vets Football Team (over 35's) have made the final to be played at Gilford Park (Carlisle) on the 29th September with a 6:30pm kick off.

Silloth Vet made the final of the top six play off after a convincing win over Harraby in the quarter final beating them 4-2, Harraby are a team that has only lost twice in seven years and have a team made up of a lot of ex professional footballers.

Then we had Northbank in the semi's and had to go to penalties to take them out, it finished 1-1 then 5-4 on penalties

We have had a great season finishing second in the league, our best position yet since it has been going.

Also, would like to thank Innovia for sponsoring us with a strip, polo shirt and jackets, it's very much appreciated and with having a few lads playing from Wigton they will look good while they are walking the streets in them to get picked up to come and play.

Hopefully next season we will go one better and try and win the league. Thank you to Colin as well for being there and sorting stuff out behind the scenes.

Hopefully see you all on the 29th

Cumbria Beekeepers Association

Invites you to the 'Honey Show 2023'
on 4th November at Bothel Village Hall.

An opportunity to learn about honey and bees, and enjoy a demonstration of 'Cooking with Honey' together with a 2-course lunch of honey themed dishes prepared by local celebrity chef John Crouch. £20 for the full event, including lunch or £12 for Cooking with Honey + lunch.
For further details: cumbriasec@gmail.com

Silloth on Solway Community Shop (S.O.S.C.S)

* Local people working for local causes
* All proceeds go back into the community
* Please continue donating

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10am to 3:30pm



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Silloth Tide Tables

OCTOBER 2023									NOVEMBER 2023								
SILLOTH									SILLOTH								
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Date	High Water				Low Water				Date	High Water				Low Water			
	Morning		Afternoon		Morning		Afternoon			Morning		Afternoon		Morning		Afternoon	
	Time	m	Time	m	Time	m	Time	m		Time	m	Time	m	Time	m	Time	m
1 SU	00 18	8.2	12 44	7.7	07 34	-1.5	19 49	-1.3	1 W	01 14	7.3	13 31	7.0	08 17	-0.6	20 42	-0.5
2 M	00 58	8.1	13 22	7.5	08 13	-1.3	20 28	-1.1	2 TH	01 54	6.7	14 09	6.5	08 51	-0.2	21 20	-0.1
3 TU	01 38	7.6	13 59	7.1	08 48	-0.9	21 06	-0.7	3 F	02 36	6.1	14 51	6.0	09 23	0.2	22 00	0.3
4 W	02 18	7.0	14 38	6.6	09 22	-0.5	21 43	-0.3	4 SA	03 24	5.5	15 44	5.5	10 00	0.6	22 53	0.6
5 TH	03 01	6.3	15 20	5.9	09 55	0.1	22 25	0.2	5 SU	04 26	4.9	16 57	5.0	10 51	1.0		
6 F	03 52	5.5	16 15	5.3	10 34	0.6	23 22	0.7	6 M	05 50	4.5	18 25	4.9	00 11	0.8	12 16	1.2
7 SA	05 01	4.8	17 39	4.8	11 33	1.0			7 TU	07 18	4.6	19 40	5.1	01 31	0.7	13 47	1.1
8 SU	06 40	4.4	19 19	4.8	00 53	0.9	13 16	1.2	8 W	08 24	5.1	20 37	5.5	02 35	0.5	14 50	0.8
9 M	08 14	4.7	20 34	5.2	02 22	0.7	14 46	0.9	9 TH	09 11	5.6	21 21	6.0	03 27	0.2	15 40	0.4
10 TU	09 14	5.3	21 25	5.8	03 29	0.3	15 46	0.5	10 F	09 48	6.1	21 59	6.4	04 11	-0.1	16 21	0.1
11 W	09 56	5.9	22 04	6.3	04 18	-0.0	16 29	0.2	11 SA	10 21	6.5	22 32	6.7	04 50	-0.3	17 01	-0.2
12 TH	10 29	6.3	22 37	6.7	04 58	-0.3	17 06	-0.1	12 SU	10 52	6.8	23 05	6.9	05 28	-0.5	17 39	-0.4
13 F	10 58	6.7	23 07	6.9	05 33	-0.5	17 39	-0.4	13 M	11 24	7.0	23 37	7.0	06 04	-0.6	18 18	-0.5
14 SA	11 26	6.9	23 36	7.1	06 06	-0.7	18 12	-0.5	14 TU	11 57	7.1			06 41	-0.7	18 57	-0.6
15 SU	11 54	7.0			06 38	-0.8	18 45	-0.6	15 W	00 11	7.0	12 31	7.1	07 18	-0.6	19 37	-0.6
16 M	00 04	7.1	12 22	7.1	07 10	-0.8	19 20	-0.7	16 TH	00 49	6.9	13 09	7.0	07 55	-0.5	20 17	-0.5
17 TU	00 34	7.1	12 53	7.0	07 43	-0.7	19 54	-0.6	17 F	01 31	6.7	13 53	6.8	08 33	-0.3	20 59	-0.3
18 W	01 05	7.0	13 26	6.9	08 15	-0.5	20 29	-0.4	18 SA	02 19	6.4	14 43	6.5	09 15	-0.0	21 47	-0.1
19 TH	01 40	6.7	14 03	6.6	08 47	-0.3	21 05	-0.2	19 SU	03 16	6.0	15 46	6.1	10 04	0.3	22 46	0.1
20 F	02 21	6.3	14 46	6.2	09 22	-0.0	21 46	0.1	20 M	04 26	5.6	17 01	5.9	11 09	0.5	23 59	0.2
21 SA	03 13	5.8	15 45	5.7	10 05	0.4	22 41	0.4	21 TU	05 47	5.4	18 19	5.9			12 26	0.5
22 SU	04 23	5.3	17 07	5.4	11 10	0.7			22 W	07 07	5.6	19 29	6.2	01 14	-0.0	13 41	0.3
23 M	05 59	5.0	18 41	5.4	00 03	0.5	12 44	0.7	23 TH	08 15	6.0	20 30	6.6	02 22	-0.2	14 47	-0.0
24 TU	07 33	5.4	19 58	6.0	01 35	0.3	14 10	0.4	24 F	09 10	6.4	21 23	7.0	03 25	-0.5	15 48	-0.3
25 W	08 45	6.0	20 59	6.7	02 51	-0.1	15 20	-0.0	25 SA	09 57	6.8	22 11	7.2	04 21	-0.6	16 43	-0.5
26 TH	09 39	6.7	21 49	7.3	03 56	-0.6	16 19	-0.4	26 SU	10 39	7.1	22 54	7.3	05 11	-0.7	17 32	-0.7
27 F	10 22	7.2	22 33	7.7	04 51	-0.9	17 11	-0.8	27 M	11 19	7.2	23 36	7.3	05 55	-0.8	18 17	-0.7
28 SA	11 02	7.5	23 15	7.9	05 39	-1.2	17 58	-1.0	28 TU	11 57	7.2			06 36	-0.7	19 02	-0.7
29 SU	11 40	7.6	23 55	7.9	06 24	-1.2	18 41	-1.1	29 W	00 16	7.1	12 34	7.1	07 14	-0.6	19 44	-0.6
30 M			12 17	7.6	07 04	-1.2	19 22	-1.0	30 TH	00 56	6.9	13 12	6.9	07 52	-0.4	20 25	-0.4
31 TU	00 34	7.7	12 54	7.3	07 41	-0.9	20 02	-0.8									

Times shown in UTC. Add 1 hour for British Summer Time.

Abbeytown Ladies Win the Summer league Trophy



Report by: Paul Harrison

Abbeytown ladies won the Summer League Trophy final on Wednesday 30th August.

They beat Whitehaven 2-1 and both our goals were scored by Kate Brown. Whitehaven's goal was scored by Mawbray teenager Scarlet MacAvoy.

It was a very well contested game with some excellent football being played but the winning goal by Kate Brown was probably Abbeytown's best team goal of the season.

We now move on to our Lancashire league fixtures, which is a big step up from where we have been playing. This has given a big boost to the ladies and playing full of confidence and they are really looking forward to the challenge.

Thanks to everyone who has supported us this year, whether that be helping out or just coming down of a Wednesday night to watch, it doesn't go unnoticed.

The triumphant team: Missing is Sally Harrison who got injured badly and is not in final photo with the team and the trophy



The ecstatic Abbeytown ladies captain Sheila Paisley with two of her four sons, Harry and Joey

Silloth Promenade Parkrun has Started



Photo by: Joan Ratsey Bowe

Report by: Jeanette O'Connell



Silloth Promenade Parkrun joined the national Parkrun list on 16th September 2023.

Parkrun has 2,000 locations in 22 countries across six continents and now privileged to be joined by Silloth.

The new run directors, Olivia Hill (lead), Carol Calloway, Patrick Mak, Jeanette O'Connell, Bill O'Connell, Charles Searle and Glyn Davies have been busy with practice runs at Maryport and Aspatria during the summer.

With the help of the Kendal Park team led by Adam Champion a special trial was held on the 9th September to ensure Silloth met Parkrun standards.

Parkrun is a free, community event where you can walk, jog, run, volunteer, or spectate. Parkrun is 5 kilometres and takes place every Saturday morning at 9am. Parkrun is positive, welcoming, and inclusive, there is no time limit, and no one finishes last.

Everyone is welcome to come along, buggies are even allowed at our 5K events, subject to course conditions, however bicycles, balance bikes, hand cycles and scooters are not allowed at parkrun events.

We hope to attract members of the local community as well as holiday makers and parkrun tourists.

How do I join parkrun?

We'd love for you to join in with a parkrun event!

Parkrun is free and you only need to register once whether walking, jogging, running, volunteering or a combination.

Register here: www.parkrun.org.uk/register/

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