



Solway Buzz

www.solwaybuzz.co.uk

May 2025

local news - for you - by you - about you - free to you

FREE PAPER

Issue 228

Defibrillator location
map is on page 5



With the support of North West Ambulance
Charity, Our First Responders have upgraded

four of our public access defibrillators.
This is another significant investment for

the town worth around £8K. These new
defibrillators can be used on people of any

age. A special thanks to Megan (CREO) who
coordinated with the charity.

Events Diary for 2025

Silloth Green Day
24th & 25th May

Firebird Festival
5th & 6th July

Soul on the Green
26th July

Silloth Carnival
24th & 25th August

Ragnarock X
27th-29th June

Silloth Vintage Rally
19th & 20th July

Solfest
21st to 25th August

Anything Else?
please let us know

Page 3
Friends of Silloth Green



Page 6
Chairman for 36 years!



Page 10+11
80 Years since VE Day



Pages 13
Inspector Waddel is back!



Page 17
Abbeytown Notice Boards



Page 20
Silloth Girls League Winners



The Solway Buzz is a FREE community paper with a circulation of up to 5,500 copies for the area around Abbeytown, Skinburness, Silloth-on-Solway and Mawbray

Wartime Dining at Stella's Bistro

Come and celebrate VE80 at Stella's Bistro. Chef Archie has been busy searching through the archives to bring some updated versions of War Time favourites to a special menu for VE80.

So expect - "Uncle Sam's" SPAM Fritters! Run Rabbit Run Fricassee! And a good helping of Spotted Dick and Custard!

Of course, all alongside some of our more usual Great Value, Hand Made food - and you don't even need to bring your Ration Book!

Owners Graeme and Archie both have special links to the Second World War, with Graeme's Aunts and Uncles having served in the RAF, Wrens and the Army in Burma and India.

Archie's Mother was a child during the Siege of Leningrad, and was forever grateful for the relief provided by the British Arctic Convoys.

Graeme's Mother - the "Stella" of Stellas Bistro - well remembered the great celebrations of VE Day, even though she was just 13 years old, having lived in London throughout the Blitz.

So come along and help us celebrate this special day.

VE80 Menu served from Wednesday 7th May to Saturday 12th.

Places are limited - so don't delay!

Call - 016973 31743. Stella's Bistro at the Green View Guest House - next the RAFA.



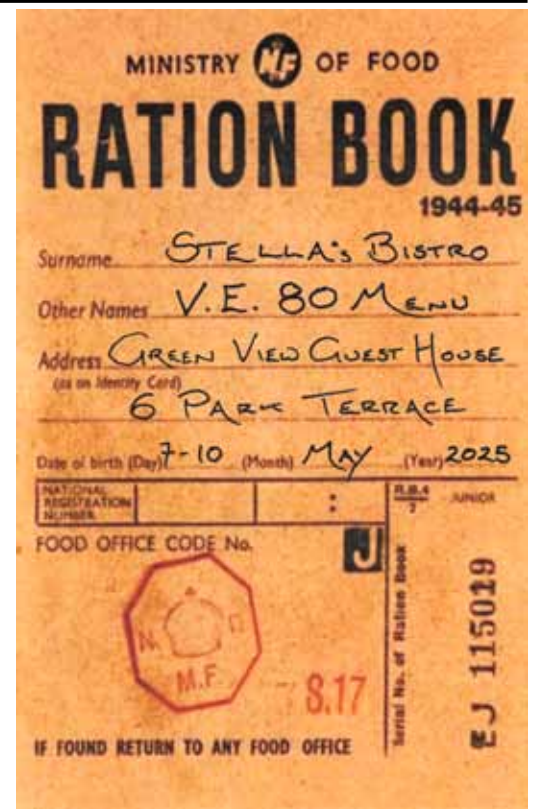
WWII Food Facts

World War II food rationing was introduced in January 1940 and ran until June 1954.

Meat was rationed by cost rather than weight, which meant that it could be a large portion, if not all, of a weekly ration. By the end of the 1940s, part of the meat ration had to be taken in the form of slices of canned corned beef.

During World War 2 offal, sausages and rabbit were not rationed. People were encouraged to keep rabbits for their meat and fur. Other sources of meat were also recommended and recipes included rook, crow, thrushes and sparrows!

Haybox cookery was recommended during World War II to save fuel and cope with cooking interrupted by air raids. Food such as soups, stews and porridge are brought to boiling point on the stove, buried in a box full of hay and left for several hours to cook.



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Stella's Bistro

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Wed to Sat
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booking advisable

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Please Keep Supporting Friends of Silloth Green

Report by: Caroline Turner

Photos: Judith Scott, Caroline Turner

A few weeks ago we received an initial donation of £500 as one of the Local Causes supported by the Co-Op Local Community Fund. This is very timely as we have just placed an order for the Bedding Plants for the raised beds for this Summer. So you can look forward to another colourful display this year!



CHOOSE US AS YOUR LOCAL CAUSE

Co-op Members can support us
through the Local Community Fund
membership.coop.co.uk/causes



THANK YOU FOR ALL YOUR SUPPORT!

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w3w: /// Spinners.Rails.Wacky



The Co-op Local Community Fund runs until October so there is still time to vote for us as your Local Cause. All Co-Op members can vote for their Local Cause through the Co-Op App or via the membership website. The more Co-Op members who vote for us the more money we will receive which we will use to buy even more plants & support our volunteers.

YOUR CHANCE TO WIN £500

Also, if you choose Friends of the Green as your Local Cause on the Co-Op app you have a chance to win £500 for yourself and £5,000 for us. Every time you spend £5 at the Co-op you'll be entered into the Winners 'Share It All' prize draw. Start swiping your membership card today!

If you're not already a Co-Op member for just £1 you can join in one of 3 ways ...by downloading the Co-Op App from your App Store, on-line at coop.co.uk or in-store.

We held our AGM last month and would like to thank all those who have supported us in the past year, Silloth-on-Solway Community Shop, the Town Council, the Co-Op, David Allen Accountants and everyone who visited our plant stalls.

All the support is really appreciated and allows us to continue to develop the Community Garden, our allotment & support our wonderful volunteers without whom the Community Garden would not look so good!



Soldiers in Silloth

Open: Sat & Sun 1pm to 4pm

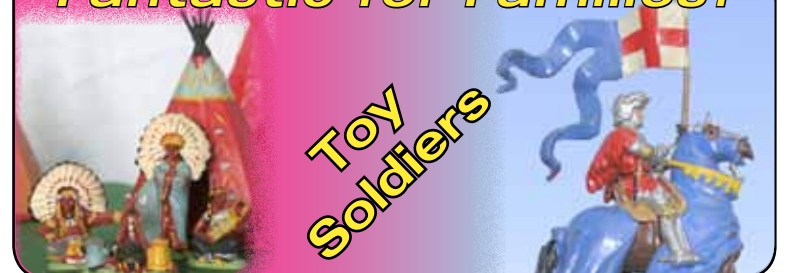
For weekday admission phone:

016973 31246

Admission: FREE Donations welcome

Criffell St, Silloth, CA7 4BZ

Fantastic for Families!



Birding Without Binoculars



Stonechat

in the dunes along the Solway. They like nothing better than finding themselves a perch at the top of a prickly gorse bush, amongst the yellow flowers (if you're prepared to risk the prickles do take a sniff of those flowers, they smell like a warm melting Bounty bar on a sunny day), a solitary stem sticking up amongst the waving grasses, or a strand of old barbed wire.

If you approach slowly, they'll often stay on their lookout post for some time and you may get near enough to catch a better sight of their markings. The male birds have a distinctive black head and what looks like a rather cool white collar or scarf wrapped round

their necks. The female birds don't stand out so well and have much less fancy markings. Their white scarf is thinner and they have a lighter, brown head, their orangey-red breast is also paler. Stonechats are often seen in pairs so catch sight of a male with his black head and scarf and you may also see his mate nearby.

Once again thank you for reading. We do hope that you are still enjoying our column and that we have inspired a few of you to take a second look at birds you see on the shore or in your garden.

The Twitterings - A monthly bird themed column from Jenny Wren and Albert Ross (words by Jen images by Bert)

The trouble with a lot of bird watching is that so much of the time it's hard going without a half decent pair of binoculars. But I'm sure lots of you won't have a pair to hand or won't be putting them at the top of your birthday or Christmas gift list any time soon. So, this month we thought we'd tell you about two of our favourite birds that are inquisitive, friendly wee things, easy to pick out and great to watch in the spring and summer without binoculars.

Since both birds are easily recognized by their orangey red breasts, we'll call them the Robin Red Breasts of the garden and the dunes, or simply garden Robins and seaside Stonechats.

Most of us are familiar with garden Robins for no other reason than their appearance on hundreds of Christmas cards and the fact that there are over six million of them in the UK. They are plump, round little things, with bright black eyes, a sharp beak, and a lovely red-orange face and breast. They are a familiar sight in our gardens, bobbing and bouncing around, often sitting on prominent branches or the tops of hedges singing their hearts out.

They seem to have a homing instinct for anyone who heads into the garden with a spade or fork to do a bit of digging especially in spring and summer. They're often found perched on garden tools with a beady eye on the fresh dug soil looking out for a juicy worm or bug if you stop for a cuppa or to stand back to admire your handywork.

They are friendly and fearless without the timidity of most

garden birds so, easy to watch and happy to stick around as you continue to dig. Their lovely song is all about protecting their patch and despite their cute fluffy appearance they will often get into nasty fisty cuffs with another bird who crosses into their territory.

Like Robins, Stonechats also have a lovely orange-red breast and they too like to perch on prominent branches. What sets them apart from a Robin is that you are most likely to see them

Dundraw WI



Report by: Jan Grant

Dundraw WI got off to a great start to the month with their meeting on April 1st.

Our guest speaker was Tracey Fawcett who began with the claim that the wives of Henry VIII were much more interesting than that

of the despotic monarch.

Warming to her theme 'Behind Every Great Man', Tracey's talk explored the lives of Katherine of Aragon and Anne Boleyn detailing their achievements before they fell out of Henry's favour.



because you're amazing

<p>Wigton Bowling Club Mondays 3:30pm, 5:30pm & 7pm Tuesdays 7am, 9am & 10:30am Contact: Denise on 07799 708465</p>	<p>Silloth RUFC Saturdays 8:30am & 10am Contact: Michelle on 07984 998946</p>
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EMERGENCY SERVICES DAY

COME MEET THE EMERGENCY WORKERS AND VOLUNTEERS

SUNDAY 27TH APRIL 2025

11AM-2PM

AT SILLOTH GREEN

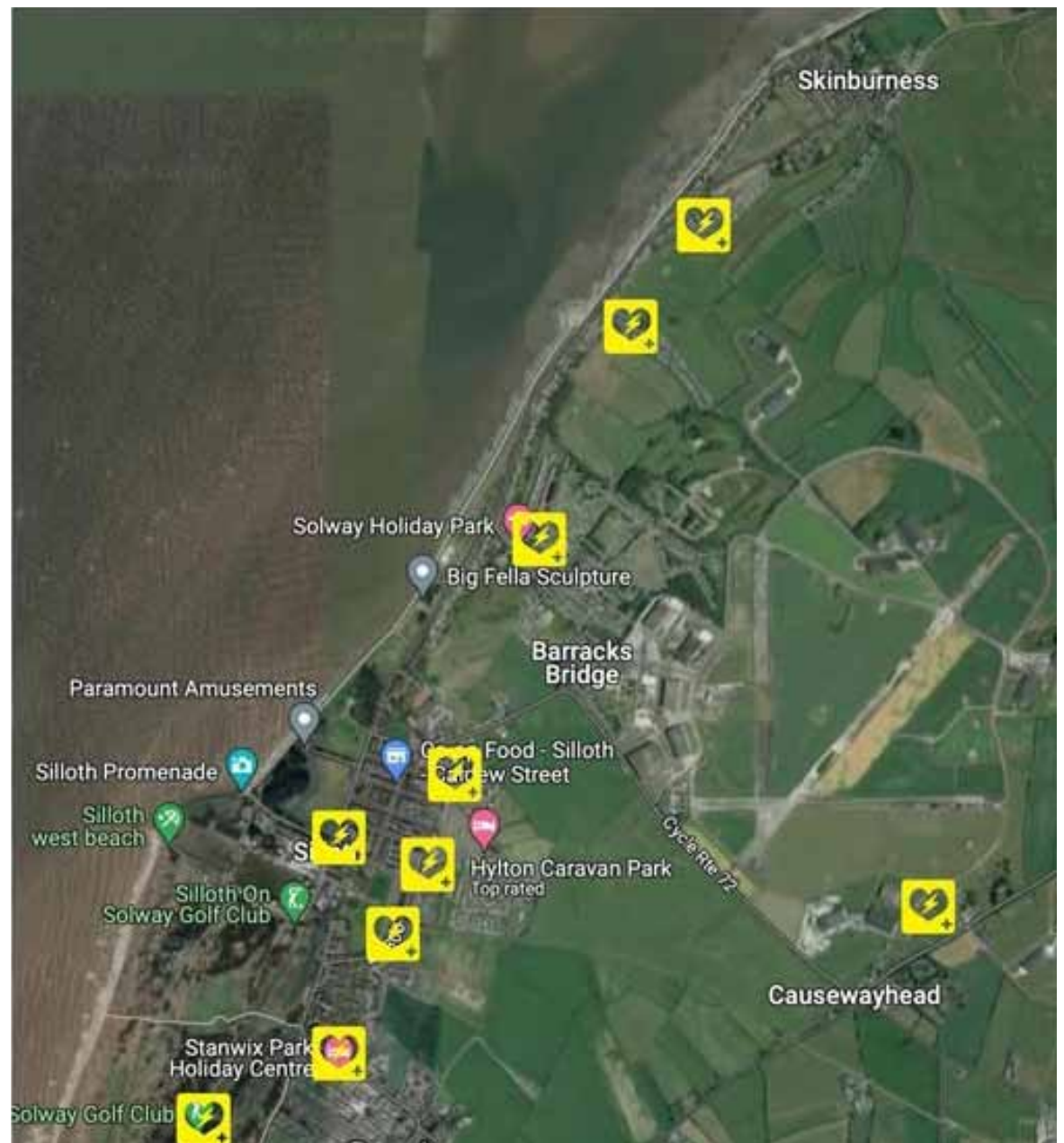


SILLOTH RNLI LIFEBOAT, MARYPORT INSHORE RESCUE,
SILLOTH FIRE SERVICE, BLOOD BIKES AND MANY MORE



EVENT SPONSORED BY SILLOTH RNLI LIFEBOAT AND SILLOTH ROTARY CLUB

Location Map for the Ten Defibrillators Around Silloth-on-Solway



THERE ARE 10 X 24/7 ACCESS DEFIBRILLATORS IN SILLOTH

These can only be accessed by phoning 999 and asking for ambulance service.

They can then provide a code to access the nearest defibrillator storage box.

- Skinburness RD
- Seacote Caravan park
- Solway Holiday Village
- Silloth Fire Station
- Silloth Bowling Club
- Silloth Football Club
- Phone box on Criffel St
- Stanwix Park
- Silloth Golf Club fairway
- Stevens Equipment Hire Causewayhead

Don't you think this is amazing for a small town?

Access codes will be given if needed when 999 is called.



Lola Bee
by Penny-Lola Nagle
from Abbeytown

What is this flower, answers on page 12



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Holme Low Parish's Longest Serving Chairman Steps Down

Report by: Wendy Jameson

Councillor John Graham of Longcummercattiff, stepped down as Chairman of Holme Low Parish Council at the annual meeting on Tuesday 8th April 2025, after 36 years at the helm. John said he had enjoyed his time as Chairman and hopes to enjoy many more years as a councillor.

Councillor Graham is the longest serving member of the Parish Council. When John became Chairman in 1989, you could buy a pint of beer for £1.08, a litre of diesel for 36.18p and the average price for a detached three bed property was £54,034. A lot has changed since then.

Paying tribute, Councillor Duncan Findlay, newly elected Chairman for Holme Low said: "I've known John for over 40 years and been on many committees with him. It has been an honour to have known him. His wit and sense of humour has always shone through. I have served as a councillor with John for 25 years and have enjoyed every minute with him as Chairman and I am pleased he is staying on as a councillor."

Councillor Graham has worked with five different Parish Clerks in the time he has been Chairman. Wendy Jameson, the current



John Graham with wife Jean at a Buckingham Palace Garden Party

Parish Clerk added: "Having worked with John for almost 23 years, he has been an absolute pleasure to work with. A parish council chairman is elected for a one-year term of office but to have been elected 36 times is quite some achievement and pays testament to how well thought of he is by his fellow councillors."

Councillor John Graham has made an enormous contribution to the council and to his local community. On behalf of the Parish Council and the residents of

Holme Low, we would like to say a huge thank you.

Holme Low is a small rural parish in the north of Cumbria, with a population of 353 [2021 census] scattered around various small hamlets; Barracks Bridge, Blackdyke, Blitterlees, Calvo, Causewayhead, Greenrow, Seaville and Wolsty.

Holme Low has a Parish Council of six members and a Parish Clerk, with meetings held every three months in Silloth Community Hall.

Blencogo & District Garden Club Programme for 2025/2026 Speakers and Garden Visits

Saturday May 24th Raby Castle. Leaving Blencogo village hall at 8:30am. Entry price for the Castle, garden & deer park is £16, For Garden and Deer Park £10. Cost of Bus will be available when we have confirmation of numbers going on the bus. Guests are welcome to join us, please contact Linda to book.

Tuesday June 17th 7:30pm at Blencogo village hall Hanging Baskets Helen Shipton - Smith Plants for sale on the night Guests are welcome to join us cost £4

Saturday July 19th RHS Bridgewater leaves at 8:30am from Blencogo village hall. Entry £13.35 Cost of Bus will be available when we have confirmation of numbers going on the bus. Guests are welcome to join us, please contact Linda to book.

Saturday Sept 27th Threave Gardens & Castle (National Trust) Leaving the hall at 9am Entry fee: £8 and N/ Trust members are free remember to bring your membership card. Cost of Bus will be available when we have confirmation of numbers going on the bus. Guests are welcome to join us, please contact Linda to book.

Tuesday October 21st 7:30pm at Blencogo village hall Preparing your garden for winter. Plants for sale on the night. (Pinetree Nurseries.) Guests are welcome to join us price £4

Tuesday November 25th Wreath making with Dot Mann 7:30pm at Blencogo village hall. Guests are welcome to join us cost £4

January 2026 Annual dinner, Greenhill.

Tuesday February 17th To be arranged

Tuesday March 17th AGM Egg Dunk and paste egg

If you wish to join our Garden club membership is £10. Garden visits and the cost of the bus are not paid by the club but by individual members.

Please contact Nick and Linda on 07538 027936



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Right to Grow Cumberland's Licence to Grow

Cumberland Council is supporting the national Right to Grow campaign by developing a community growing licence which allows communities to use pieces of Council-owned land for food growing.

We are looking for groups across Cumberland who would like to set up food growing projects.

Contact us at:

Foodpartnership@cumberland.gov.uk



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Carers Week

The 9th – 15th June marks Carers Week, and this year's theme, "Caring About Equality", highlights the challenges unpaid carers face, such as increased risk of poverty, poor health, and social isolation.

Are you an unpaid carer? Unpaid carers provide vital support to a loved one who couldn't manage without their help due to illness, disability, mental health problem, or addiction. Many people do not see themselves as carers, but ask yourself: could they manage without your support?



Carer Support West Cumbria

Here to support unpaid carers of all ages. They provide:

- A Carer's Assessment
- Phone and face-to-face support
- Signposting to other services

other services

- Social events and day trips to meet other carers
- Benefits support

- Volunteer services (e.g. sitting service, counselling)
- A regular newsletter

To learn more or register as a carer, call 01900 821 976 or visit www.carersupportwestcumbria.co.uk



What is this flower, answers on page 12



Stay Vigilant for Ticket Fraud

Find out more: actionfraud.police.uk/ticketfraud

In 2024, £9.7M was lost to ticket fraud.

Follow our top tips to protect yourself against ticket fraud.

- Buy safely • Payment • Account security

STOP THINK FRAUD **ActionFraud** **SECURE TICKETS**

In Action Fraud's new campaign, we are urging people planning to buy tickets or attend this summer's events and concerts to stay vigilant to criminals.

According to new data, £9.7 million was lost to ticket fraud in 2024 in the UK alone. Action Fraud, the national fraud and cybercrime reporting service, has launched a new ticket fraud awareness campaign, warning people to be alert to fraudsters trying to catch out people planning for popular and sold-out events.

Follow our top tips to avoid falling victim to ticket fraud.

Only buy tickets from the venue's box office, official promoter or agent, or a well-known ticketing website.

Avoid paying for tickets by bank transfer, especially if buying

from someone unknown. Credit card or payment services such as PayPal give you a better chance of recovering the money if you become a victim of fraud.

The password you use for your email account, as well as any other accounts you use to purchase tickets, should be different from all your other passwords. Use three random words to create a strong and memorable password, and enable 2-step verification (2SV).

Be wary of unsolicited emails, texts or adverts offering unbelievably good deals on tickets.

Is the vendor a member of STAR? If they are, the company has signed up to their strict governing standards. STAR also offers an approved Alternative Dispute Resolution service to help customers with outstanding complaints. For more information visit star.org.uk/buy_safe.

If you think you've been a victim of fraud, contact your bank immediately and report it to Action Fraud online at actionfraud.police.uk or by calling 0300 123 2040, or call Police Scotland on 101.

ActionFraud
National Fraud & Cyber Crime Reporting Centre
0300 123 2040

FOLK AT THE JOHN PEEL 2025



MAY 09

LEE COLLINSON

MIRANDA SYKES & JIM CAUSLEY

MAR 08



JUN 22

JACKIE OATES & MIKE COSGRAVE

CHRIS WOOD

SEPT 19



OCT 09

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CHRIS WHILE & JULIE MATTHEWS

NOV 01



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SEPT HANDBAGGED 24TH-27TH

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Can You Support the RNLI Mayday Mile Appeal?



The Royal National Lifeboat Institution (RNLI) has today released its rescue figures for 2024, which show the charity's lifeboats in the North West launched over 333 times last year, saving 18 lives.

Across the UK and Ireland the charity's lifeboats were launched over 9,100 times in 2024, making it the fourth-busiest year in the charity's 201-year history.

Although the number of launches, people aided and lives saved by North West RNLI lifeboats were down this year in comparison with 2023, the demand for its lifesaving services remain high. The charity is putting out its own 'Mayday' call, and urging the public to get involved with its biggest national fundraising event, the Mayday Mile.

Participants are challenged to cover a mile a day for the month of May, with every penny raised helping to make sure that the charity's lifesavers have everything they need to keep people safe this summer and beyond. Running a 24/7 lifesaving service is expensive and costs are rising - in 2023, it cost over £190M to run the RNLI.

RNLI volunteers across the North West of England are set to take on their own challenges to raise money for the lifesaving charity.

St Bees Lifeboat Station in Cumbria are hosting a collective Mayday Mile Challenge on Monday 5th May. Volunteer Crew Member Joe Raymond says: "The idea behind our event is to get as many people as possible to walk, run, jog or push a pram along a course starting at the lifeboat station and looping along the promenade. The aim will be to collectively travel 505 miles,

resembling 'SOS' and raising as much money as possible so we can continue saving lives at sea."

Hoyle RNLI are raising funds by holding a car wash. Volunteers from the lifeboat station will be offering their cleaning services on Sunday 11th May.

Lytham St Annes RNLI are holding a 'Walk to the Wall' event on 25th May. This event encourages the community to come together for a walk, whilst raising funds for the lifesaving charity.

Kerry-Beth Quinn, a fellow volunteer Crew Member with St Bees RNLI says: "Usually it's our crew heading out to respond to Mayday calls, but now we're the ones asking for help. Thousands of people get into danger on and around the water each year and need our help, but everything we do is only possible thanks to the generosity of our supporters."

Whether you choose to walk, jog, hop or skip, a mile every day in May will help raise vital funds for RNLI lifesavers, so that they can continue to keep people safe at sea.

Kerry-Beth added: "It's clear from these new figures that demand for our services remains high, with our lifesavers dropping everything to run to the lifeboat station when the call comes. We're now heading towards our busiest time of year, so we're putting out our call for help to raise the funds which will help keep our lifesaving service going today, and allow us to be there when we're needed most."

To sign up for the Mayday Mile, or to make a donation in support of the RNLI's lifesavers, visit www.RNLI.org/supportMayday

Check Your Recycling & Waste Collection Dates Online

On the build-up to changes to waste collection arrangements in the former Allerdale area from week commencing 26th May, Cumberland Council is reminding residents to check their collection dates.

Updated collection date information will be available at www.cumberland.gov.uk/wastechanges from early May.

Due to the changes that are taking place over the coming months, the council is unable to provide an annual calendar and is asking residents to continue to check their website for collection information as some collections dates may change for a small number of residents.

Up until Thursday 8th May 2025, residents can request a replacement 180 litre bin if they currently have a 120 or 140 litre bin. They can apply online at www.cumberland.gov.uk/wastechanges or by contacting Cumberland Council's Customer Services team.

As part of the bin request process, residents will be asked to provide an email address. If this is provided, the council will contact them to confirm the delivery date.



Householders may also be eligible for an even larger or extra bin if they have a large household, young children in nappies or your household produces extra waste due to medical needs. Find out if you qualify online.

Cardboard/paper collections will increase from monthly to fortnightly from September 2025.

The council has reviewed their collection service, and the changes provide a more efficient service.

For updates on the new refuse and recycling service, visit www.cumberland.gov.uk/wastechanges

Cumberland residents who want additional garden waste collections are also being urged to sign up soon as new collection arrangements are now in place.

All householders in the Cumberland area with garden waste bins continue to have one bin collected every fortnight.

There is now a yearly charge of £40 per additional garden

waste bin that residents request to be collected. This is consistent with the approach in the former Copeland area.

Residents can make a payment for extra garden waste bin collections at www.cumberland.gov.uk/wastechanges or by contacting Cumberland Council's customer services team.

Collections are fortnightly between March and November each year.

Residents can sign up to a maximum of three additional garden bin collections per fortnight, per household.

Stickers will be supplied for the additional bins once the payment has been processed. Residents are being advised to place the sticker on the back of the bin and when putting out for collection, put the bin handle side to the road/pavement - this will help the collection crew and ensure that stickers are visible.

T.U.R.D. Targets Dog Fouling

Cumberland Council is launching Operation T.U.R.D (Together, United for Responsible Dog Ownership)—a bold new campaign aimed at tackling the persistent issue of dog fouling in our communities.

This initiative brings together education, engagement, and enforcement to encourage responsible dog ownership and protect public spaces.

Dog fouling is more than just an unpleasant nuisance—it poses health risks, damages public spaces, and affects the quality of life for residents. Through this campaign, the council will work alongside community groups, responsible dog owners, and enforcement teams to create cleaner, safer environments for everyone.

The campaign name is deliberately bold and humorous to grab attention, spark conversations, and increase public engagement. By using creativity to highlight a serious issue, the council aims to make responsible dog ownership a topic of discussion and action.

As part of the initiative, enforcement officers will also promote the Public Spaces Protection Order (PSPO) and highlight the dangers of dog

fouling.

Cumberland Council has a zero-tolerance policy on dog fouling, and clear enforcement measures will hold offenders accountable. Poo Bag Checkpoints will be set up at key locations, where staff will engage with dog walkers, check if they have waste bags, and provide them if needed—reinforcing that officers are present, watching, and taking action.

Cumberland Councillor Denise Rollo, Executive Member for Sustainable, Resilient and Connected Places, said: "Dog fouling is an issue that affects everyone—it's unsightly, unhygienic, and completely unacceptable. Through Operation T.U.R.D, we're taking a bold and proactive approach to tackle this problem head-on. We have a zero-tolerance policy, and our enforcement teams will be issuing Fixed Penalty Notices (FPNs) to those who fail to clean up after their pets, reinforcing the council's commitment to tackling this issue. By combining education, engagement, and enforcement, we're making it clear that failing to clean up after your dog will not be tolerated. We want residents to

feel proud of their communities, and this campaign is just one of the many ways we're working to create cleaner, safer public spaces for everyone.

"We encourage all responsible dog owners, community groups, and local representatives to get involved and support this important initiative. Everyone has a role to play in keeping Cumberland clean and welcoming. Through education, engagement, and enforcement, this campaign will:

Ensure communities thrive
Empower residents to take action

Keep public spaces beautiful and accessible

Make Cumberland a more attractive place to live and visit

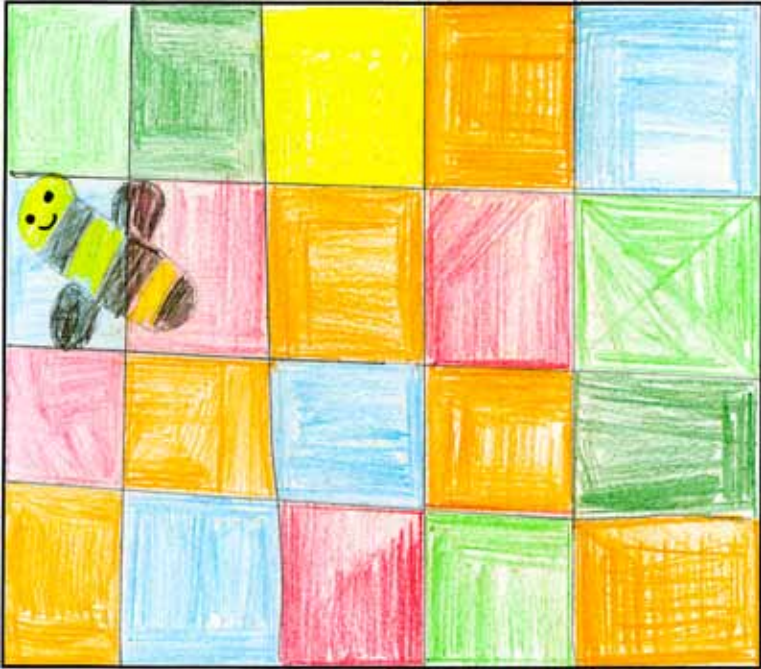
The campaign will be led by Cumberland Enforcement Officers, who will be on the ground, engaging with residents, educating dog owners, and taking firm action against those who fail to clean up after their pets.

For more information or to report dog fouling in your area, visit <https://www.cumberland.gov.uk/bins-recycling-and-street-cleaning/street-cleaning/report-dog-fouling>

"Quote of the Month"

*"If you see someone without a smile -
give them one of yours"*

Dolly Parton



Bingo Bee
by Harry Paisley from Holm Cultram Abbey School

North Cumbria Wellbeing Service

The wellbeing Service is for anyone:

- Over 18 years old with a GP in Keswick and Solway or Eden.
- Feeling low and/or anxious due to a long term health problem.
- Going through a big life change: (retiring, grief / personal loss, menopause, divorce or job problems).

How to get support:

- Fill in an online form using the website or QR code.
php.cumbria.nhs.uk/about-our-services/wellbeing-service
- Pick up a paper form from the reception at your GP practice.
- Contact your GP surgery and speak to a doctor or nurse.
They will arrange for a Living Well Coach to contact you.

Safe, high quality care every time

NHS
North Cumbria
Integrated Care
NHS Foundation Trust



What is this flower, answers on page 12



Celebrating Volunteering



From the 2nd-8th June 2025, Volunteers' Week is a chance to celebrate the incredible contributions of volunteers across the UK.

At Carer Support West Cumbria, volunteers play an essential and valued role in the services they provide. Every



volunteer position is designed to support carers' health and well-being, while also helping to prevent social isolation, enabling carers to continue in their important roles.

Could you become a volunteer?

Carer Support West Cumbria is looking for volunteer sitters in Allerdale and Copeland, especially in the Wigton area or those willing to travel there.

Volunteer sitters provide up to eight (two-hour) sits with the cared for (provided there are no practical/personal care needs), enabling the Carer to have a valuable break, with peace of mind that the person they care for is safely looked after.

To find out more or register your interest, visit: www.carersupportwestcumbria.co.uk/volunteer-with-us

VOLUNTEERS' WEEK

Be Wary of Phone Fraudsters

Police are issuing a warning to people to be on their guard against scam phone calls after a number were reported to police in recent days.

The report was of the victim receiving a scam call from someone claiming to be a police officer and that the victims bank card has been used by someone.

The scam can differ slightly from call to call.

But the fraudsters often request bank details, money to be sent electronically, cash to be withdrawn at the bank for collection or expensive items to be bought for collection at a later time.

Police and other agencies would never request this.

If you have any concern that the person on the phone may be a fraudster, put the phone down

and call the police from a different phone on 101 for advice and guidance.

Officers are asking anyone who has been victim to such a scam to come forward.

If you receive a call you're not expecting, you should be suspicious.

The vital things to remember are that your bank, other agencies and the police would:

Never ask you for your bank account details or PIN number over the phone.

Never ask you to withdraw money and send it to them via a courier, taxi, bank transfer or by any other means. The suspect might refer to a safe account, and that the money will be moved

there.

Never ask you to send your bank cards or any other personal property to them via courier, taxi or by any other means.

If an officer contacts you in person, they will show you their warrant card.

This is proof of their identity and authority.

If someone has called you and you are unsure if they are a genuine police officer, you can hang up and call police on 101 to check their identity.

If you think you have been the victim of a fraud you can report this to police on 101 and to Action Fraud on 0300 123 2040 – or by visiting their website at www.actionfraud.police.uk.



Eighty Years Since Victory in Europe 1945 ~ More in Silloth Library!



VE DAY
80TH ANNIVERSARY
A SHARED MOMENT OF CELEBRATION
8 MAY 2025



Report by: Judy Rochester

Eighty years have passed since May 8th 1945 when peace was restored in Europe. In the following years the United Kingdom had to restore some form of normality to our country damaged by war.

Families had to re-adjust to a new life. Homes had been bombed, children evacuated and men and women had served their country in many ways.

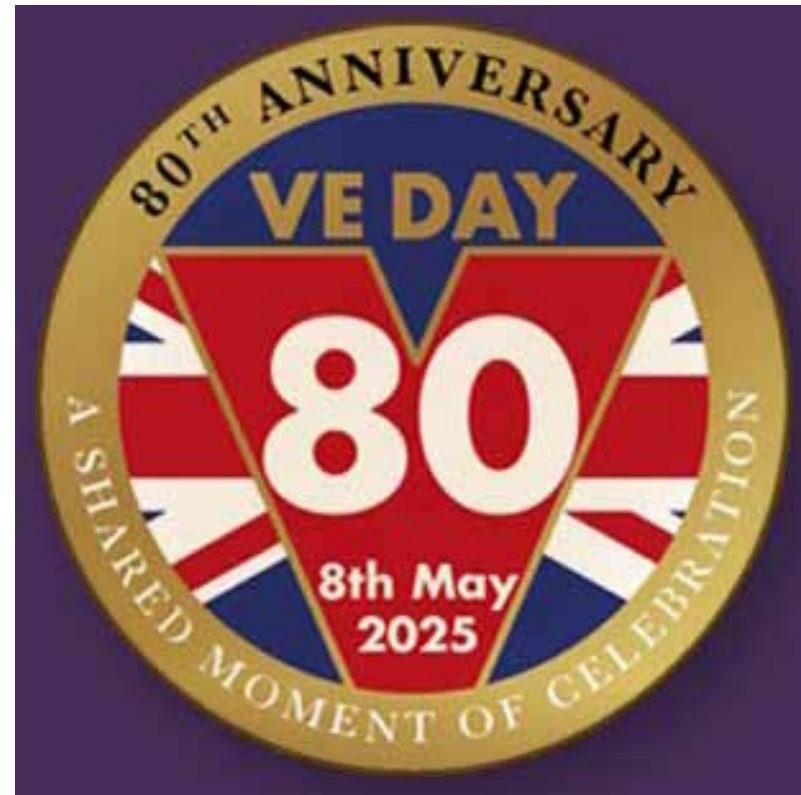
In the next few years there was to be a shortage of food and clothing and jobs were hard to find. The Royal British Legion, SSAFA, the Salvation Army and countless other charities all helped with problems being faced by families as they occurred.

Food and clothing rationing

was started by the government and 'Make Do and Mend' and 'Waste Not Want Not' became the key words in many homes. Wartime parachutes were turned into party dresses and curtains made into children's clothing. Old jumpers were unpicked and re-knitted - even young children were taught to knit hats and mittens.

There are many who still remember those days, when most people were just relieved they had survived and communities all pulled together to rebuild lives.

Do you or any members of your family have memories of those few years following the war? Do you have any



photos of Silloth and surrounding areas during the 40's or maybe old newspaper cuttings or other memorabilia? Do you still have your Identity Card?

The Library will have a 'Life After VE Day' display for the month of May and would welcome anything you can add to it. Photos, (we can photocopy) written short stories about life in Silloth or anything related to post war Britain will all be welcomed.

How did you cope with food rationing? Do you remember jumble sales? Did you queue for hours for liver at the butcher's or bananas at the greengrocers? Have you a story to tell about school days? Remember sweet rationing? Did you keep chickens or

Pigs? ...Poster recipes included Soldier Cake and Cheese and Potato Pie. Recipes available in the library.

Do come along to the library and share your memories.



Soldier Cake Recipe



INGREDIENTS

1 cup brown sugar
1 cup water
1 cup raisins
2 tablespoons oil or 2 tablespoons margarine
1 teaspoon cinnamon, ground
1/2 teaspoon clove, ground
1 1/2 cups flour
1/2 teaspoon salt
1/2 teaspoon baking powder
1/2 teaspoon baking soda
1/2 cup walnuts, chopped

DIRECTIONS

Place the brown sugar, water, raisins, oil, cinnamon, and cloves in a heavy-bottomed saucepan and bring to a boil.

Cook gently for 5 minutes, then remove from the heat and let cool until the mixture is comfortably warm to your finger.

While the mixture is cooling, preheat the oven to 350F.

Grease and flour an 8x4-inch baking pan.

Sift together the flour, salt, baking powder, and baking soda.

Add them to the cooled sugar mixture, beating until no drifts of flour are visible and the batter is smooth.

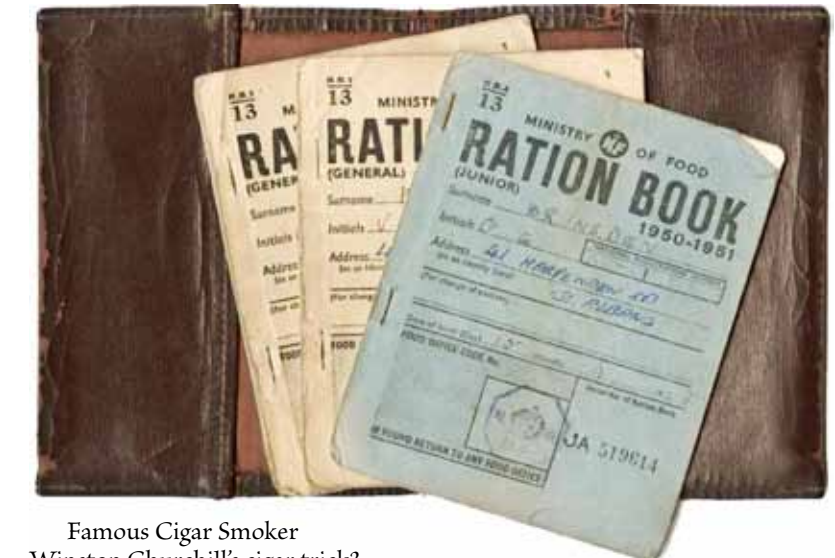
Stir in the walnuts.

Spread evenly in the baking pan and bake for 25-30 minutes, or until a broomstick inserted in the center of the cake comes out clean.

Let cool in the pan for 10 minutes, then turn onto a rack to cool completely.

Notes: For a good glaze, even if it is a new addition, save back a bit of the hot spiced water.

Mix with confectioner's sugar, a drop of vanilla, and a pinch salt. Glaze the cake while hot.



Famous Cigar Smoker Winston Churchill's cigar trick?

There is an unproven legend that when meeting with foreign heads of state, Churchill would insert a straightened paper clip into his cigar to keep the ash from falling and unnerve the other man with the distractingly long ash.

80TH ANNIVERSARY
BLENCOGO VILLAGE HALL
VE DAY CELEBRATIONS
10TH MAY 2025
1PM - 6PM
BBQ AND TRADITIONAL GAMES
1940s dressing up competition
RAFFLE
Face Painting **AND LOTS MORE!**

MAWBRAV VILLAGE HALL
PLANTS and CRAFT FAIR

Sunday 11th May - 10am till 4pm
Lots of Plants
Also an assortment of crafts, gifts, jewellery, cards, jams and chutneys.
Tea room with delicious home cooked light lunches, a selection of home baked cakes, teas and coffees. Take away available.

Meet the author.
Allie Cresswell.

A talk by local writer of historical and contemporary fiction.

Culterham Hall, Mawbray.
Thursday 29th May at 3pm.

Contact Lynda Bailey 01900881757, 07926810074
Barbara Hieburn 01900881345
Refreshments

Mawbray Village Hall Clubs
Here are the dates for May

Pool Club
13th & 27th
7pm - 9pm

Craft & Chat
7th & 21st
2pm - 4pm

Book & Jigsaw Exchange
1st & 15th
3.30pm - 4.30pm

MAWBRAV VILLAGE HALL
MONTHLY QUIZ

29th May
7.30pm
£2.00 per person
Prize for the wining team
Bring your own drinks, snacks and glasses

Blencogo Village Hall
STRAWBERRY TEA

Join us to celebrate the Kings birthday. Unwind and relax with our beautifully crafted Afternoon Tea in the charming surroundings of our Village Hall

Saturday 21st June 2025
12 noon to 6pm
Blencogo Village Hall

The Days from Hunger'91 present
Ragnarok X
27 - 29TH OF JUNE AT THE RUFF CLUB, SUNNY SILLOTH
£25 PRE-BOOK, £35 ON THE GATE

LIVE MUSIC BOTH NIGHTS
FULL CONTACT MEDIEVAL COMBAT DISPLAY AND A BIKE SHOW ON THE SATURDAY AFTERNOON
AXE THROWING AND ARCHERY
TRADE STALLS & FOOD VENDORS
£10 CAR PASSES AVAILABLE ON A FIRST COME FIRST SERVED BASIS BUT PREFERENCE WILL BE GIVEN TO DISABLED ATTENDEES FIRST
FOR MORE INFORMATION CONTACT CRAIG ON 07736461239 OR JUST LOOK US UP ON FACEBOOK
BACK PATCH BY PRIOR ARRANGMENT ONLY

Your Amazing Buzzing Letters and Poems

Dear Buzz,

At last, something positive!
The flower beds in front of the toilets have been tidied up, I only hope they stay that way?
I cannot believe you have to ask the highways maintenance to come and collect the diversion signs, particularly when the road repairs never took place. Or will they ever?
Maybe we should all ask for a reduction in rates because we never seem to get anything done on time.

I would like to know how much the speed signs have cost NOT to WORK?
Know doubt the councillors that inspected the trees and roads last year got their expenses ok, now how about some action.

The Whinge

Dear Buzz,

After the death of my dear wife Winifred I would like to thank the many senders of the mourning cards and the congregation at Holme St Cuthbert Church where Rev Brian Rothwell gave a moving service.
The funeral was arranged by Mark Szandurski.
Thanks also go to the Good Companions Nursing Home.

WL Allan

The Pink Bike by Sophia Lodhi

The gorgeous pink bike is a sight to behold -
But behind it, a complex tale unfolds...
Between Christmas to January 2024,
I couldn't even take it outside my front door!

In my kitchen, it stood upside down,
Making me growl and my poor dog frown!
Brakes disconnected, and pedals loose,
Handlebars off...not fit for use!

...But then, one sunny Thursday,
A helpful man from Thursby
Arrived; drove it away,
Returning it to me in just a few days!

Now the bike is fixed: back in one piece again...
And many happy cycling hours I hope to spend...
But taking corners slowly is something I must learn,
Or the pink bike might finally send me 'round the bend!



A beautiful serene photo
by Marlene Cornforth

Dipper by Sophia Lodhi

When I was a girl of about nine
Or ten,
I saw, for the first time in my life,
In a verdant country park in Fife,
A White-throated Dipper perched
On a sunlit riverbank rock.
"Cinclus cinclus" is the Latin name.

...With feathers of chocolate brown and milky cream,
He flew under the diamond-clear
Waters of the summer stream
To catch a darting fish,
His form a moving,
Fractured mosaic
Beneath the rushing, swirling waters.

Emerging victorious,
Water bouncing off his
Waxen wings
Like broken strings
Of glass beads,
He once more found rest
On his riverbed rock.

I always wish I had taken my camera with me
On that magical summer day,
But with those images stored in my mind,
I have written this little poem instead,
Many years from when
I was only nine or ten.

Flower Quiz Answers

Did you identify the flowers

- Page 5: Primroses
- Page 7: Aquilegia
- Page 9: Forsythia
- Page 13: Pansies
- Page 14: Snowdrops
- Page 17: Daffodils
- Page 19: Crocuses

1945 - A Soldier Returns Daybreak
by Judy Rochester

The sun glinting on the water
As the troopship ploughs its way towards Blighty
And home.

He stirs in his bunk,
Memories of war creeping into his brain.
Then he remembers his bride of 1939,
waiting for his return.

Land appears.
Soon he is climbing on to the army truck
waiting on the dockside,
With comrades he may never see again.

Then the journey back to his home town.
He sees the devastation, the dereliction,
The greyness of the land
And he chokes back a sob.

Do you have a poem or
letter for the Buzz?
We welcome all
submissions.
Please remember to
include your contact info.

Page 14 Crossword Answers

S	S	E	N	D	A	S		S	N	O	N	I	R	O	I
S		G		E		U		H		T					T
E	L	D	S	I	C	I		A	N	A	F				F
R		O		O	S			A	E			U			
D	E	D	E	P	I	M		O	B	M	A	M			M
E			X		D					E					
R	E	P	P	E	P			Y	T	I	M	N	E		
		U			N			U				L			
D	E	D	E	N	E			R	U	O	N	A	C		
E		E		N				U		K			A		
R	E	R		N	I	H		T		N	B	A	T	O	
I		W		E		A		O			E	I			E
F	O	C	S		S			T	S		E	F	E		D

Page 14
Anagram
Answers
dogwood
pear
crapple
myrtle
magnolia
cherry

Volunteer Deliverer/s are Needed for the Free
'BUZZ' community paper in the following areas:

Criffel Street

Mary Street

We look forward to your call
Contact Peter or Kath on 0750 180 5775

Do you have a poem
or letter for the Buzz?

We welcome all
entries, there is no
charge.

Please remember to
include your
contact information.

Remember – you can join the library, search
the library catalogue, renew and request books
online at cumbria.gov.uk/libraries
Visit Silloth Library in the Discovery Centre

Silloth Library Opening Times

Monday 10am to 4pm
Wed 10am to 4pm
Friday 10am to 4pm

Sunday closed

Tuesday CLOSED
Thursday CLOSED
Saturday 10am to 1pm

Tel: 016973 31944

Non-Commercial Tourism Websites

solwaybuzz.co.uk
sillothgreen.co.uk
silloth-on-solway.co.uk
sillothgolfclub.co.uk
vintagerally.co.uk
sillothmotorcyclemuseum.co.uk
silloth-on-solway-tc.gov.uk
visitchumbria.com/wc/silloth
solwayplain.co.uk/silloth1.htm
facebook.com/sillothgreen
facebook.com/silloth-carnival
facebook.com/groups/soldiersinsilloth
facebook.com/groups/121042258051545 (Silloth Today)

Over 35,000 Accounts Hacked

Over 35,000 account hackings were reported in 2024.

Protect your online accounts from hackers and enable 2-Step Verification: Action Fraud issue new warning about social media and email account hacking as new data is revealed.

This year Action Fraud and Meta are encouraging the public to protect their social media and email accounts as data shows there were more than 35,000 reports made last year. Data shows there was a rise of social media and email account hacking reported in 2024, with a total of 35,434 reports made to Action Fraud, compared to 22,530 reports made in 2023.

Action Fraud, the national fraud and cybercrime reporting service, has launched a campaign, supported by Meta, to encourage people to take an extra step of online protection by enabling 2-Step Verification for each online account they have. The warning comes as reporting shows nearly £1 million was lost to hackers last year.

The most common motives for social media hacking were either investment fraud, ticket fraud or theft of the targeted account, reporting insights revealed.

Adam Mercer, Deputy Director of Action Fraud, said: "As social media and email account hacking remains the most reported cybercrime this year, this Action Fraud campaign marks a critical issue for everyone who has online accounts. That's why we're raising awareness of the ways people can protect themselves online. "Follow Stop! Think Fraud advice and protect yourself online: enable 2-Step Verification on each online account you have – this will help prove your identity and stop fraudsters trying to steal or access your valuable information. Secure your social media and email accounts by ensuring each password is strong and uses three random words. Remember to never share your passwords with anyone else."

David Agranovich, Security

Policy Director, Meta,

said: "Scammers are relentless and continuously evolving their tactics to try and evade

detection, which is why we're constantly working on new ways to keep people safe while keeping bad actors out. Two-Factor Authentication (2FA) is one crucial example of how people can add an extra layer of security to their Meta accounts, to help reduce the risk of scammers accessing your accounts. We've also started rolling out facial recognition technology to help people get back into compromised or hacked accounts and are always working on new ways to stay ahead of scammers."

In the reports made to Action Fraud, there were various different methods of hacking highlighted, these include:

On-platform chain hacking

This is when a fraudster gains control of an account and begins to impersonate the legitimate owner. The goal is to convince people to reveal authentication codes, including one-time passcodes, that are sent to them via text. Many victims of this type of hacking believe it's a friend messaging them, however the shared code was associated with their own account and the impersonator can now use it to access their account. Usually when an account is taken over, fraudsters monetise control of the account via the promotion of various fraudulent schemes, like fake tickets or crypto investment schemes, while impersonating the original account owner.

Leaked passwords and phishing

The other common method of hacking is when account details are gained via phishing scams,

Action Fraud

National Fraud & Cyber Crime Reporting Centre

0300 123 2040

or the use of leaked information used from data breaches, such as leaked passwords. This becomes prevalent as people often use the same password for multiple accounts, so a leaked password from one website can leave many of their online accounts vulnerable to hacking.

What can you do to avoid being a victim?

2-step verification (2SV) will keep criminals out of your account – even if they know your password. Turning on 2SV gives your most important accounts an extra level of protection, especially your email and social media accounts. It can be turned on in a matter of minutes – time well spent to keep the fraudsters out. Find out how to enable it here.

Email and social media passwords should be strong and different to all of your other passwords. A good way to make sure your passwords are 'long enough and strong enough' is to combine three random words to create a unique password which is easy to remember. Find out more here.

Report suspicious emails by forwarding it to: report@phishing.gov.uk

Find out how to protect yourself from fraud: <https://stopthinkfraud.campaign.gov.uk>

If you've lost money or provided your financial information to someone, notify your bank immediately and report it to Action Fraud at actionfraud.police.uk or by calling 0300 123 2040. In Scotland, call Police Scotland on 101.



Police Update



Inspector Steven Waddell

I wanted to take this opportunity to introduce myself as the new Inspector for the Allerdale Neighbourhood Policing Team.

A bit about me, I've been the Inspector for the Allerdale Neighbourhood Policing Team previously and have just moved from my role in response policing.

We have dedicated, high-visibility patrols across Cumbria, including in Allerdale, targeting anti-social behaviour and serious violence – Operation Enhance.

Did you know we have an online reporting mechanism specifically for reporting anti-social behaviour?

Report antisocial behaviour by visiting the constabulary's website <https://orlo.uk/oFhGU> or our non-emergency number 101.

In an emergency always call 999. Information and intelligence from the public is vital so we can work together to tackle issues in

their communities.

Last month alone, we received 46 intelligence submissions as part of Operation Enhance.

The operation has been made possible thanks to £1 million of extra funding secured by Cumbria's Police, Fire and Crime Commissioner from the Government's Hotspot Response Fund to target anti-social behaviour (ASB) and serious violence in hotspot areas across the county.

Find out more about Operation Enhance: <https://orlo.uk/2HQDW>

A DACA (Drug Activity Community Appeal) was distributed in Silloth and Abbeytown by PCSO Pete Nichol.

This allows residents to report drug dealing anonymously by posting the leaflets back.

We are looking to challenge the use and supply of drugs in this area.

Tell us about: Suspicious activity on your street
Suspicious people or vehicles on your street
Drug supply in your

community

Any concerns about crime in your neighbourhood

Anyone with information can report online at www.cumbria.police.uk/report-it.

Alternatively you can contact Crimestoppers, anonymously, on 0800 555 111.



What is this flower, answers on page 12

4

Hair She Goes
Mobile Hairdresser



Silloth
and
district

Call
Melanie
on:

07857 989358

Est. 1876

J Hill & Sons
Funeral Undertakers
Wigton

Email: info@jhillandsons.co.uk
www.jhillandsons.co.uk

016973 42635

Station Road, Wigton CA7 9AE

GOOD COMPANIONS RESIDENTIAL CARE HOME

Long & short term stays in single en-suite rooms

Day Care £50 per person
(limited spaces available weekdays)

Criffel Street,
Silloth

Tel:
016973
31553



www.goodcompanions.net

Copy Date

Copy date for the June issue is:
1st week May
If you have an event to promote or you have something to say, please note the next copy date.

Please let us know of any changes within this section

Christ Church

For baptisms and other church related business please contact: Rev Bryan Rothwell
The Vicarage, Wigton Road
Tel: 016973 31413

Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060
Maryport Tip, tel 01900 66922 open daily 8am to 6pm
Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

China Painting

Every Friday at Silloth Community Hall. 2pm to 4pm.
All welcome.

Mawbray Nia Group

Every Thursday from 2 to 4pm in Culterham Hall, £4 per session includes refreshments. Just come along.

Wigton Theatre Club

Buy tickets via our website www.wigtontheatre.org or call the Box Office: 07977 835094

Silloth Tennis Club

For coaching information call David Wise on 0742 547767

Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also available at Winters Post Office

Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided, regular outings, tel 016973 61158 or 61327

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 0750 180 5775
Email: office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Silloth Library

Open Monday, Wednesday & Friday 10am to 4pm
Saturday 10am to 1pm
0303 333 1234
cumbria.gov.uk/libraries

Abbeytown Choir

Meet in the Abbey:
Adult Choir Tuesdays 6-7pm
Children's Choir
Wednesdays 4:30-5:30pm
All welcome!

Banking Hub

Maryport Banking Hub is operated by the Post Office on Senhouse Street as follows:
Monday: NatWest
Tuesday: HSBC
Wednesday: Halifax
Thursday: TSB
Friday: Barclays

Good Companions

Have a coffee morning / fund-raiser on the first Monday each month from 10:30 to 11:30am. £2 entry for refreshments plus tombola, raffle and cake sale.

Monday Craft Club

Silloth Community Hall 10 - 11:30am every Monday. Bring your current project, exchange ideas, chat and have a cuppa

Family History Grp

Tuesdays at Silloth Community Hall from 6 – 8.30pm. Bring along your own research and meet fellow genealogists

Sewing Group

Every other Thursday at Silloth Community Hall. 12 – 4pm.
All abilities welcome.

Silloth Parkrun

Meet on the Promenade beside the Tennis Courts at 9am every Saturday morning

Badminton

Abbeytown Badminton Club meet on Wednesday evenings, check details on their facebook page, £5 per night

Scrabble Club

Meet in Silloth Library on Fridays 10:30am to 1pm

Backgammon Club

Meet in Silloth Library on Wednesdays 1:30pm to 3:30pm

Dates for Your Diary

April

23rd Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

24th Mawbray Village Hall Monthly Quiz @ 7:30pm see advert for details

24th The Dumb Waiter at The John Peel Theatre

25th Murder Mystery Night in Blencogo Village Hall, see advert

25th The Dumb Waiter at The John Peel Theatre

26th April Spring Fair in Blencogo Village Hall, see advert

26th The Dumb Waiter at The John Peel Theatre

27th Emergency Services Day on Silloth Green 11am to 2pm, see advert

27th Dalston Male Voice Choir & Gala Trio in Holme Cultram Abbey at 2:30pm see advert

27th The Dumb Waiter at The John Peel Theatre

May

1st to 31st
'Life after VE Day' Display in Silloth Library, bring along your memories of the 40's

Please tell us when your group starts or stops, so we can let everyone know

NatWest Mobile

The NatWest Bank mobile van will be here on Fridays only, outside Silloth Community Centre from 9:45am - 10.45am

Abbey Tots

We meet on Tuesdays during term time only at Holme Cultram Abbey 10am to 11:30am, all welcome

Solway Woodcarvers

Every Monday and Wednesday evening at Silloth Community Hall from 7pm onwards

Silloth RNLI Shop

Shop Opening Times
Re-Opens Saturday 15th 10-4
Sunday 16th 10-4
Mon 17th to Fri 21st 1- 4
Then every weekend only until 5th April, when we reopen fully weekdays 1-4pm weekends 1-4pm
Our Shop is staffed by Volunteers and may not be open at the advertised time.
We apologise for any inconvenience.

May

3rd Children's Football Tournament

4th Children's Football Tournament

8th VE Day inspired menu at Stella's, Book now: 016973 31743

9th VE Day inspired menu at Stella's, Book now: 016973 31743

9th Annual Parish Meeting with Electors of Holme Abbey Parish Council at 6:30pm in the Community Sports Pavilion, Abbeytown

10th Silloth & District Pensioners Coffee Morning in Christ Church at 10am

10th VE Day Celebrations & BBQ in Blencogo Village Hall, see advert

11th Mawbray Village Hall Annual Spring Plant & Craft Fair 10am - 4pm

12th Silloth Town Council Meeting in the Community Hall at 7pm, all welcome

13th Annual Meeting of the Parish Council at 7pm, Meetings take place in the Community Sports Pavilion, Abbeytown

6th Memorial of Jesus' Death in Kingdon Hall of Jehovah's Witnesses, Wigton at 8am

13th Holme Abbey Parish Council meeting with electors in Abbeytown Community Sports Pavilion at 6:30pm followed by AGM at 7pm

21st Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

23rd RNLI fundraising event in Silloth Rugby Club, at 7pm tickets £5

24th Silloth Green Day

24th Art Exhibition in Christ Church 07444 894813

24th Blencogo & District Garden Club trip to Raby Castle, 07538 027936

25th Silloth Green Day

25th Art Exhibition in Christ Church 07444 894813

26th Art Exhibition in Christ Church 07444 894813

29th Meet the Author Allie Cresswell in Culterham Hall, Mawbray at 3pm, see poster

29th Mawbray Village Hall Monthly Quiz - 7:30pm see poster

31st Meet our MP Markus Campbell Savours at 1pm to 3pm in Silloth, call 01900 233233 for appointment



June

14th Silloth & District Pensioners Coffee Morning in Christ Church at 10am

14th Mawbray Village Hall Film Club - details to follow

17th Blencogo & District Garden Club meeting in Blencogo village hall at 7:30pm 07538 027936

25th Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

21st Strawberry Teas in Blencogo Village Hall from noon to 6pm

26th Mawbray Village Hall Monthly Quiz - 7;30pm

27th Ragnarock X at the Silloth Rugby Club

28th Ragnarock X at the Silloth Rugby Club

29th Ragnarock X at the Silloth Rugby Club

July

5th Firebird Festival on Silloth Green

5th Summer Sale & Teas at St Matthews Church, Westnewton 10am to 3pm

6th Firebird Festival on Silloth Green

8th Holme Low Parish Council meeting at 7:30pm in Silloth Community Hall

10th Goodnight Mr Tom at The John Peel Theatre

11th Goodnight Mr Tom at The John Peel Theatre

12th Goodnight Mr Tom at The John Peel Theatre

13th Goodnight Mr Tom at The John Peel Theatre

12th Silloth & District Pensioners Coffee Morning in Christ Church at 10am

12th Strawberry Tea at Holm Cultram Abbey

13th Strawberry Tea at Holm Cultram Abbey

19th Silloth Vintage Rally on the Green, all FREE

July cont'd

19th Blencogo & District Garden Club meeting in Blencogo village hall at 7:30pm 07538 027936

20th Silloth Vintage Rally on the Green, all FREE

20th Brampton Chamber Choir in Holme Cultram Abbey at 7:30pm

23rd Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

25th Allonby Artex 2025 1:30 to 6pm, entry £1.50

26th Soul on the Green 11am to 8pm on Silloth Green

26th Allonby Artex 2025 10am to 8pm, entry £1.50

27th Allonby Artex 2025 10am to 6pm, entry £1.50

28th Allonby Artex 2025 10am to 4pm, entry £1.50

August

10th Oulton Tractor Run

20th Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

21st Solfest

22nd Solfest

23rd Solfest

24th Silloth Carnival

24th Solfest

25th Silloth Carnival

25th Solfest

Errors do occur in Dates for the Diary. Please check before attending an event.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

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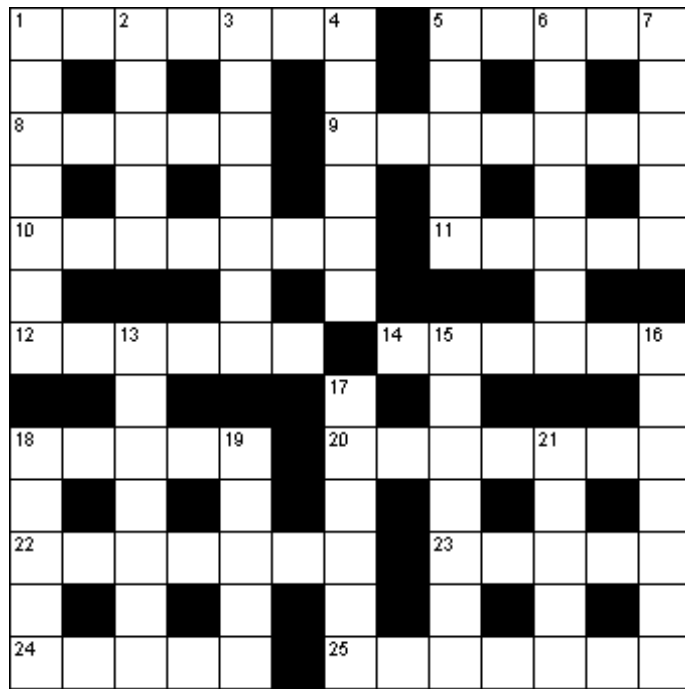
What is this flower, answers on page 12



FUN for ALL ~ Join the Dots & Colour In

Something for All Ages to Enjoy Everyone Can Do This

CROSSWORD



Across

- 1 Flaws (7)
5 Jeer (5)
8 Conductor's stick (5)
9 Paint solvent (7)
10 Frankness (7)
11 Terminated (5)
12 Antagonism (6)
14 Capsicum (6)
18 Latin American dance (5)
20 Hampered (7)
22 Zealot (7)
23 Move furtively (5)
24 Jeremy --, film star (5)
25 Sorrow (7)

Down

- 1 Fiasco (7)
2 Belong (3,2)
3 Cease functioning (4,3)
4 Giant planet (6)
5 River of Paris (5)
6 Confessed (5,2)
7 Sacked (5)
13 Keepsake (7)
15 Uncovered (7)
16 Satisfaction for wrong or injury (7)
17 Olympic throwing event (6)
18 Civilian dress (5)
19 Vows (5)
21 Evade (5)

Crossword answers are on page 12

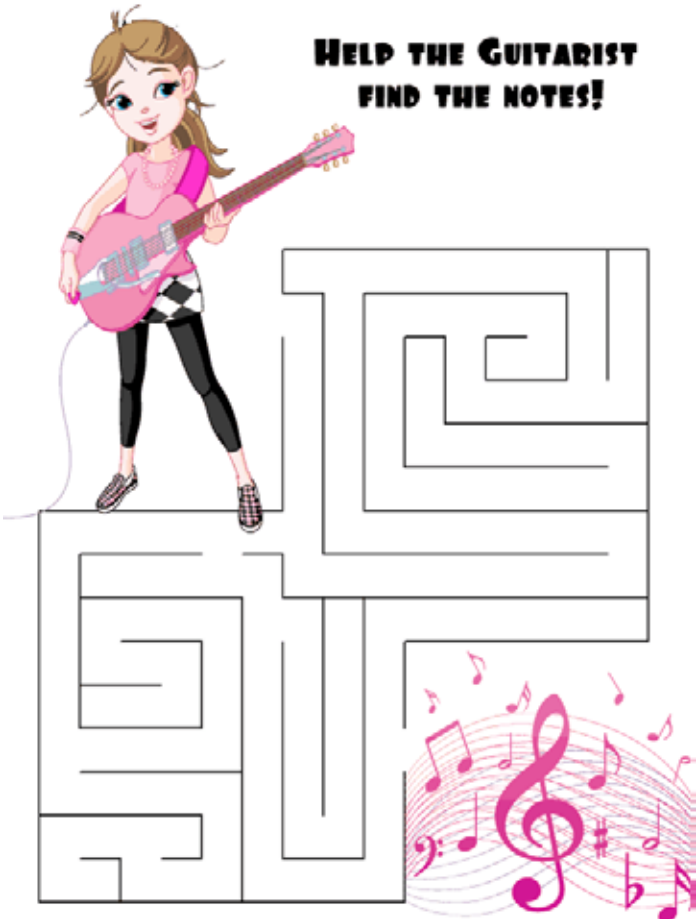
Can You Colour Me In?



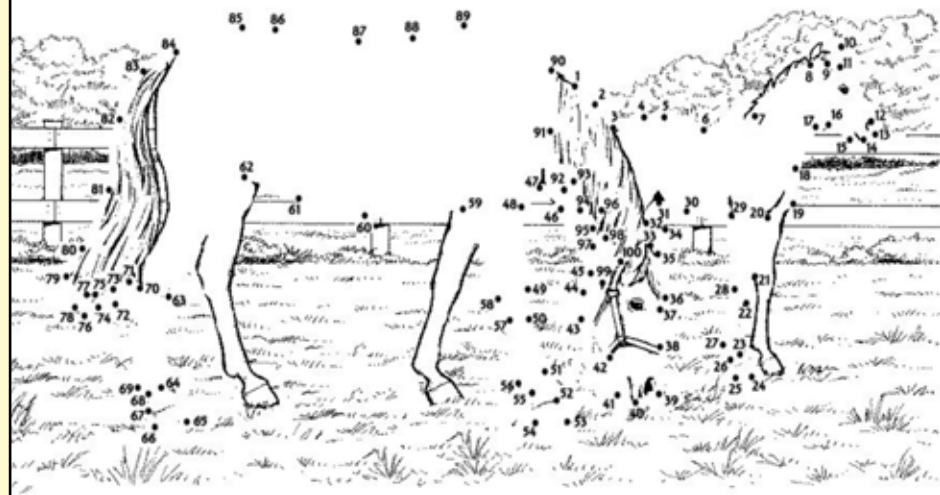
Not Just for the Kids

Enjoy and Have Some Fun

HELP THE GUITARIST FIND THE NOTES!



Connect the dots and colour me in



SPRING BLOSSOMS ANAGRAM

cry her _____
ago milan _____
elm try _____
bap parcel _____
reap _____
dow good _____

Answers are on page 12



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**Now - who will do that
urgent job for you?**

Blencogo and District Village Hall



Save
the
Dates

25th April Murder Mystery night.
26th April Spring Fair
10th May VE day celebrations and BBQ.
21st June Strawberry Teas.
6th September Annual Produce Show.
October tbc Curry Night.
25th-31 October Blen Scare-crow trail.
29th November Christmas Market.



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Well done to the Silloth Crafters decorated post box at Post Office

Parish Council Noticeboards



Holme Abbey Parish Council would like to thank Mr Ian Johnson and members of the Solway Woodcarving Group for their time and artisanry in providing the community of Abbeytown with two new noticeboards. They are beautifully constructed and whilst serving a practical purpose do so with elegance and uniqueness. We are also grateful to retired Councillor Mr John Martin who initiated the project and collaboration with Mr Johnson. The two noticeboards are located at St Mary's Church and Harrison's Store.



What is this flower, answers on page 12



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Solway Buzz Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.



Allerdale & Eden Roofing	01900 813517
Christine's Taxis	07917 564583
D A Harrison	016973 42277
Devonshire House Dentures	01228 529128
Fairydust Emporium	016973 31787
Golden Dawn Nurseries	07748 647665
Good Companions	016973 315533
Green View / Stella's	016973 31743
Hair She Goes	07857 989358
Harrisons Store Ltd	016973 61231
Ian the Electrician	07727 127000
J Hill & Sons Undertakers	016973 42635
Jaybees	016973 31245
Jill Glencross Funeral Director	01228 317373
Mike Taylor Plumbing	07773 069856
Mrs Wilson's	016973 31155
P Scott Carpets	016973 31224
PM Roofing Specialists	07931 362163
Seasoned Firewood Logs	07762 772208
S.O.S.C.S.	016973 32452
Slimming World (Denise)	07799 708465
Slimming World (Michelle)	07984 998946
Stanwix Park	016973 32666
The Charity Shop	016973 31696
Upholstery, Irene Armstrong	016973 31836
West Silloth Motors	016973 32833
Wheyrigg Hall Hotel	016973 61242
WW Windows UK	01228 810404

Useful Phone Numbers

Age Concern Home Safety Scheme	0800 678 1602
Age UK	01900 844670
Chemist, Silloth:	016973 31394
Church Catholic	01900 814826
Community Grants:	01900 325013
Crime Stoppers:	0800 555111
Cumberland Council	0300 373 3730
Dentist, Alma Terrace:	016973 31270
Dentist, Emergency:	01228 603900
Doctor:	016973 31309
Doctor CHOC service	03000 247 247
NHS	111
First Responders can only be called by the Ambulance service, call:	999
Electricity Power Cut	105
Gas:	0800 111 999
Highways Hot Line	0300 373 3736
Hospital:	01228 523444
Holme St. Cuthbert School, Mawbray:	01900 881242
Holm Cultram Abbey CofE School	
Abbeytown:	016973 61261
MP:	
Markus Campbell-Savours:	07733 330593
Neighbourhood Forum:	01900 325013
Police:	101
Quakers, Wigton:	01228 523174
Register Office, Wigton:	0300 373 3730
Samaritans:	01228 544444
Silloth Community School:	016973 31234
Silloth Library	016973 31944
Silloth Nursery & Junior School:	
	016973 31243
Silloth Post Office	016973 31323
Silloth Town Clerk:	016973 31128
Silloth Tourist Information Centre:	
	016973 31944
Solway Buzz:	016973 32180
Paragon Vet:	01228 710208
Millcroft Vet:	016973 23898
Waste Disposal Dept:	01900 702800
Water LeakLine:	0800 330033
Water & Waste Problems	0345 6723723
West Cumbria Carers	01900 821976
Please, let us know what you want included	

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Apart from:
Mon: 12pm - 4pm
BHM's: 10am - 4pm
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SILLOTH MOTORCYCLE MUSEUM

FREE ADMISSION
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TEA, COFFEE & SOFT DRINKS AVAILABLE

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THE GOOD CAUSES CHARITY SHOP

1 Queen's Court, Criffel Street, Silloth

Contact: Denise Poland

on 07999 752713

Closed Mondays

Please help us to help them

S.O.S.C.S. Silloth on Solway Community Shop

- * Local people working for local causes
- * All proceeds go back into the community
- * Please continue donating

Open every day
10am to 3:30pm
Tel: 32452

S.O.S.C.S.
12 Criffel Street, Silloth



Advertisers entries are always Free in the Phone Book



Report & Photos by:
John Forrester
More coverage of shipping at
Silloth can be found at www.cumbriashipphotos.weebly.com

If only ship spotters were in charge of ship movements! That's the dream of Silloth photographers keen on snapping visiting ships, as recently, the most interesting ones have arrived either during the night or on days with grey skies. Nevertheless, it's good to know Silloth Dock continues to be busy, and we'll just have to learn to cope with the variable weather.

This month's article features HELEN ANNA, a general cargo vessel last seen at Silloth twelve years ago. The ship was

bringing fertiliser from the Lithuanian port of Klaipeda, a seven-day sailing away. The route from the Baltic had taken the ship into the North Sea towards the far north of Scotland before heading south for Cumbria. The ship arrived off our coast three days ahead of schedule. This coincided with a series of low tides meaning it couldn't take advantage of its early arrival and had to wait at anchor for a higher tide before completing the final leg up to Silloth.

On a blustery morning

HELEN ANNA made her way up the Solway, a strong southwesterly making life tricky as she lined up at the entrance to the dock. She took a buffeting on the approach; however, the Silloth pilot's local knowledge enabled the ship to complete the manoeuvre successfully. It just remained for the ship to be

turned and brought alongside the unloading quay before making her secure. Observing the ship's crew manhandling ropes to be hooked around the mooring bollards completed the action for onlookers.

HELEN ANNA is operated by the German company 'Hermann Lohmann', a family-run business

whose ships are often seen at Silloth. This was the second of their fleet to visit this year. With blustery conditions strengthening during her stay, it would take a little longer than normal for HELEN ANNA to be able to depart, the next destination being a short hop down to Neath in South Wales.



MAY 2025							SILLOTH		
Date	HTS ABOVE NEW DOCK GAUGE (1.8m ABOVE CD)								
	High Water				Low Water				
	Morning		Afternoon		Morning		Afternoon		
	Time	m	Time	m	Time	m	Time	m	
1 TH	01 35	7.2	14 03	7.0	08 48	-1.2	21 02	-0.8	
2 F	02 23	6.7	14 55	6.4	09 34	-0.8	21 45	-0.3	
3 SA	03 17	6.2	15 56	5.7	10 27	-0.4	22 36	0.1	
4 SU	04 22	5.6	17 08	5.1	11 32	-0.1	23 45	0.5	
5 M	05 39	5.3	18 29	4.9			12 49	0.1	
6 TU	06 58	5.2	19 46	5.0	01 08	0.6	14 00	-0.0	
7 W	08 06	5.4	20 47	5.3	02 21	0.4	15 02	-0.2	
8 TH	09 01	5.7	21 34	5.7	03 23	0.2	15 56	-0.3	
9 F	09 45	6.0	22 11	6.0	04 12	-0.1	16 40	-0.5	
10 SA	10 22	6.2	22 44	6.3	04 52	-0.3	17 17	-0.5	
11 SU	10 56	6.4	23 14	6.5	05 28	-0.4	17 50	-0.6	
12 M O	11 29	6.5	23 45	6.6	06 01	-0.5	18 22	-0.7	
13 TU			12 00	6.5	06 34	-0.6	18 52	-0.6	
14 W	00 15	6.6	12 33	6.4	07 08	-0.6	19 24	-0.6	
15 TH	00 46	6.6	13 05	6.2	07 44	-0.6	19 58	-0.5	
16 F	01 20	6.4	13 40	6.1	08 20	-0.5	20 33	-0.3	
17 SA	01 57	6.2	14 20	5.8	08 57	-0.3	21 10	-0.1	
18 SU	02 39	6.0	15 06	5.5	09 38	-0.1	21 53	0.2	
19 M	03 29	5.7	16 02	5.3	10 27	-0.0	22 46	0.3	
20 TU	04 32	5.5	17 12	5.1	11 27	0.1	23 52	0.4	
21 W	05 46	5.5	18 28	5.3			12 37	-0.0	
22 TH	06 57	5.8	19 38	5.6	01 04	0.3	13 45	-0.2	
23 F	07 59	6.2	20 37	6.1	02 12	-0.0	14 50	-0.4	
24 SA	08 55	6.7	21 30	6.6	03 18	-0.3	15 52	-0.7	
25 SU	09 46	7.1	22 17	7.0	04 18	-0.6	16 50	-0.9	
26 M	10 36	7.4	23 03	7.2	05 15	-0.9	17 42	-1.1	
27 TU	11 25	7.5	23 49	7.4	06 08	-1.1	18 32	-1.1	
28 W			12 13	7.4	07 00	-1.2	19 18	-1.0	
29 TH	00 35	7.3	13 03	7.2	07 50	-1.1	20 05	-0.8	
30 F	01 23	7.1	13 55	6.8	08 40	-1.0	20 51	-0.5	
31 SA	02 13	6.8	14 46	6.4	09 29	-0.8	21 36	-0.2	

Times shown in UTC. Add 1 hour for British Summer Time.

Wigton Theatre Club Presents The Dumb Waiter



24th - 25th April @ 7:30 pm
26th - 27th April @ 2:30 pm
Tickets from wigtontheatre.org



Shipping at the Port of Silloth

Report by: Capt Tim Riley
Harbour Master, Short Sea Pilot

Please see ship info for March, this was a good month for the port with four vessel calls, two fertiliser vessels, one Potash (fertiliser) and our old nemesis Zapadnyy, with Molasses bringing that lovely syrupy aroma to the air around the docks at Silloth.

Zapadnyy returned on the 31st of March, but as she didn't complete cargo until April, we count her in the following month.

We have worked hard on keeping the silt levels down in

the entrance over the last month and are now awaiting installation of replacement, more secure pipework to be completed so that we can sluice silt away in a more natural way than using diggers on the beach.

The year has started reasonably well with tonnages up very slightly on budget based on last years vessel calls. We still await a vessel call for the mill, but I am sure we'll get a few vessels soon.

Spring is here, the lambs are

running round the fields, summer may happen this year?

March Visitors

3rd Ruhrtal from Antwerp with a cargo of Fertiliser then on to sea for orders.

3rd Zapadnyy from Amsterdam with a cargo of Molasses then on to Gdansk.

6th RDI Waalstroom from Hamburg with a cargo of Potash then on to Warren Point.

27th Helen Anna from Klaipeda with a cargo of Fertiliser then on to Neath.

What is this flower, answers on page 12



7

Walking for Health - Silloth

come and join us!

part of Cumbria Walking for Health Programme
www.facebook.com/groups/WalkingForHealth.Silloth

Come along and join our weekly Wellbeing Walk every Tuesday at 2pm

STANWIX PARK

Cumbria Tourism Awards 2024 FINALIST
Camping, Glamping & Holiday Park of the Year

THE DUNES CABARET BAR (Adults Only)

FRIDAY & SATURDAY - doors open at 7PM (CASH BINGO)

WHAT'S ON - MAY & JUNE

Friday 25th April - Hudson Sisters	Wednesday 28th May - Liam Moorhouse
Saturday 26th April - Sweet Sensation	Thursday 29th May - Graham Brown
Friday 2nd May - Moondogs	Friday 30th May - Palm Springs
Saturday 3rd May - Ritz & Stevie D	Saturday 31st May - Superfly
Sunday 4th May - Jameson	Friday 6th June - Renaissance
Friday 16th May - Kerry Weir	Saturday 7th June - Ritz
Saturday 17th May - Pablo Bloom & Liam Moorhouse	Friday 13th June - Stevie D
Friday 23rd May - Party Time	Saturday 14th June - Back to Back
Saturday 24th May - Union Jack	Friday 20th June - Shiver
Sunday 25th May - Mustangz Trio	Saturday 21st June - Trufones
	Friday 27th June - Blyth
	Saturday 28th June - Hello Felix

Check out what's on July - October at:
www.stanwix.com or download the Stanwix Park App.
Open Wednesday, Thursday & Sunday during school holidays from 8pm. No bingo.

Nightly Admissions to The Dunes Cabaret Bar

Friday & Saturday - £5.50
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CASH BINGO Friday & Saturday

(& Bank Holiday Sundays)
1 session of Bingo
Books on sale 8pm - 8.30pm
Eyes down at 8.45pm
4 game book & flyer, followed by LIVE ENTERTAINMENT AT 9.30PM

PREMIER PARK 2025

AA Holiday Park 2024

AFC

Abbeytown (Based in Wigton)

are actively recruiting a few extra players for next seasons U17/18 team

Anyone interested please contact Barry on 07740964346

ABBETOWN FOOTBALL CLUB

Silloth Girls League Winners



CONGRATULATIONS to Silloth U14 Blacks who were today crowned U14 league winners and presented with the League Trophy by WCYL representative Elvo following the game against Maryport U14's.

The girls still have a couple more league fixtures as well as the League Cup final and County Cup final to look forward to before the end of the season. Well done girls!

Thank you as always to our sponsors: Wolf-Iz, Davisons Ice Cream, Scott Duff & Co, Eden Commercial Van Centre, Road Safe Traffic Management North West Ltd and Riverside Cafe.



GIRLS FOOTBALL

RECRUITING

2025/26 SEASON

U12 Girls
(Current school years 5/6)

U14 Girls
(Current school years 7/8)

SILLOTH JUNIORS FOOTBALL CLUB

Contact Pete: 0773 269 0696

SILLOTH JUNIORS FOOTBALL CLUB

PLAYER RECRUITMENT

TUESDAY 13TH MAY 2025

GIRLS TASTER SESSIONS

U16 GIRLS (CURRENT SCHOOL YRS. 9/10)	U14 GIRLS (CURRENT SCHOOL YRS. 7/8)
5:30 - 6:30PM	6:30 - 7:30PM

RECRUITMENT TASTER SESSIONS.
FOR MORE DETAILS CONTACT:
U16'S - JAS 0734 046 0138
U14'S - KIRSTY 0780 713 9727

SILLOTH JUNIORS U15's

Looking to recruit players
current school years 9 and 10 ahead of the
2025/26 season

Silloth Juniors provides a future pathway into open age football within a thriving club, great facilities with numerous teams across all ages.

Training Tuesdays 7:30pm- 8:30pm
Silloth MUGA (autumn/winter)
6:30pm - 8:00pm (spring/summer)
Eden Street Playing Fields.

Contact: Brian 07717532828, Dan 07836778504
or Neil 07713160857

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