

Spirit of the Carnival

On Sunday 23rd Nov the village hall at Mawbray came to life with music from around the world played by the Grand Union Band. Seven world class musicians entertained a packed hall with sizzling music from Creole, Calypso, Reggae, Salsa, Samba to Bossanova.

The evening got off to a roaring start with a "bevy of beauties from the island of Mawbrayos doing a native welcoming dance". The audience were encouraged to dress appropriately for the evening, the first prize for best outfit went to Bill and Winifred Allan (who had either raided the dressing up box or the Oxfam shop) and second prize to the Felix family from Salta, (with Rick and Frances wearing matching kaftan and shirt!)

All who came to "the Spirit of Carnival" will agree it was a brilliant evening. Thanks must go to Cumbria County Council, who sponsor the Rural Touring scheme which financially help small village halls to put on such good events.



Felix family from Salta



The beauties from the island of Mawbrayos

Tip for the Top

New Year Special – Party Hair

My Number One party hair tip is to go to a stylist. Haven't got the time I hear you say, ok! so here are a few tips to try and help you get the look that the stylist gets.

1. Volume on mid-length hair.

Apply Clyno Lift Mouse (£5.65) to roots of hair only, while damp. Then blow dry hair with your head upside down, avoid waxes and serums which will weight the hair down.

2. Mid to Long Hair

Buy about fourteen of the largest Velcro Rollers. With hair just damp roll each one tight to your head, apply a little spray of Clyno Free flow (£5.15) to each section and leave to dry. You will have glamorous swinging hair all night. For extra shine add Clyno Shine in a can (£1.99).

3. Long Hair

For the 'must have' curly look you will need some Carmen Rollers, your mam or gran will probably have a set under the stairs or in the attic. Use the large rollers on dry hair, roll up to 150mm from roots and don't take them out until they have completely cooled. Then remove and just run your fingers through with a little Clyno Frizz Free Serum (£8). You will never have looked so glam. This look has built in pulling power, the boys will love it.

4. Short Hair

Ceramic straighteners will have been in lots of Christmas stockings this year. Ceramic's are a wonderful tool however they must be used with great care as they heat up to 200c. Used correctly they can transform the most mundane hair into the sleekest sexiest look you could have dreamed about. But I can't over emphasize the use of quality moisturising shampoo and conditioner like Clyno Care (£6.25). In the salon we also use a protector (£5) to make doubly sure we don't damage your hair.

To get the ultra sleek look, take the irons through the hair in small sections, keep the tension up to the very tips of the hair or you will get a frizz. Once you have got the hang of ceramics it's very easy to get carried away. Don't use them more than once a week as heat, no matter what the manufacturers say, damages the hair, so use sparingly.

So! even after all those tips and you still can't do a thing with your hair, Peter Josef are offering two services for the party season.

- a) A 15 minute speed straightening (£7).
- b) A quick party style up (£10). So give us a call on 31333 to get the details.

Happy New Year

Peter Josef



Longest married couple, Les & Janet

On Saturday 22nd November the Silloth & District Pensioners Association held their Annual Christmas Party at Stanwix Holiday Centre.

Everyone enjoyed dancing to the music by Roe Valley Duo, they had everyone tapping their feet & singing.

The tea was first class and the free drawing seemed to have more prizes than ever, most being fancy wrapped by Judith Jameson. A big thank-you to you Judith who also sells the tickets for the Association. The evening Duo, Cinge and Racket ended the evening with flag waving, singing "Land of Hope and Glory".

The Big drawing had a good selection of prizes, Mrs Hilda Shuttleworths ticket was first out of the drum, much to Hildas delight.

Boxes of Biscuits were given to the oldest Lady in the room and the oldest Gent, also the couple who had been married the longest which went to Les and Janet Reeves, married over 60 years.

A lovely Christmas Cake was taken to the oldest resident of Silloth living in their own home who was Mr Jack Thurlow



aged 97 years. Jack was delighted to receive the cake which as usual was baked, decorated and donated by Mrs Davina Walton.

Many thanks to all the Committee and helpers who worked so hard, for all the people who supported the Coffee Mornings and Afternoon Tea during the year.

The vote of thanks was given by Vice Chairperson Mrs. Maureen Irving.

The first Coffee Morning of 2004 will be held on Saturday February 7th 2004.

Christmas Fayre #1



Holme Cultram Abbey Christmas Fayre was held on Saturday 6th December in aid of the Church building.

Santa was in his Grotto and lots of children came to see him. The stalls were well supported and approximately £77 was raised for Church funds.

Christmas Fayre #2



Julie Fisher and Debbie Burrows were just two of the happy helpers at the Christmas Fayre in aid of Holme St. Cuthberts school funds.



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Peter Josef

Happy New Year

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