

Christmas Wishes

Full Report on page 5

# **Dundraw WI Meets Writer**



mostly set in Edinburgh, takes a segue to Kolkata when a murder victim is linked to sex trafficking in India.

You can find out more using the links: harry@harrynavinski.com & www.harrynavinski.com

Jean Graham gave the vote of thanks to Harry for his fascinating talk on his journey into a life of crime ... writing.

Report by: Jan Grant

With the nights drawing in what could be better than getting cosy with an intriguing crime mystery?

So for our October meeting, the ladies of Dundraw WI were delighted to welcome local crime writer Harry Navinski as our guest speaker.

Harry's talk explored his careers beginning as a RAF apprentice technician at 16, retiring as a Senior Engineering officer after 20 years his work having included investigative work on causes of air crashes. Following retirement and a life changing Damascene revelation, Harry worked for a Christian aid organisation, Freeset, in India where he helped to set up small factories with the aim of keeping vulnerable women away from sex traffickers.

After returning to the UK and



based in Cumbria, Harry decided to add to his writing experience (in RAF magazines and blogs from India) by completing a creative writing course at Higham Hall, Bassenthwaite. The result: Harry's novels focus on DCI Suzanna McLeod whose work, though Postbox Topper



Another beautiful postbox topper from Silloth Craft Group



Wigton Bowling Club Mondays 3:30pm, 5:30pm & 7pm Tuesdays 7am, 9am & 10:30am

Contact: Denise on 07799 708465

**Caldew Hall** 

Saturdays 8:30am & 10am

Contact: Michelle on 07984 998946

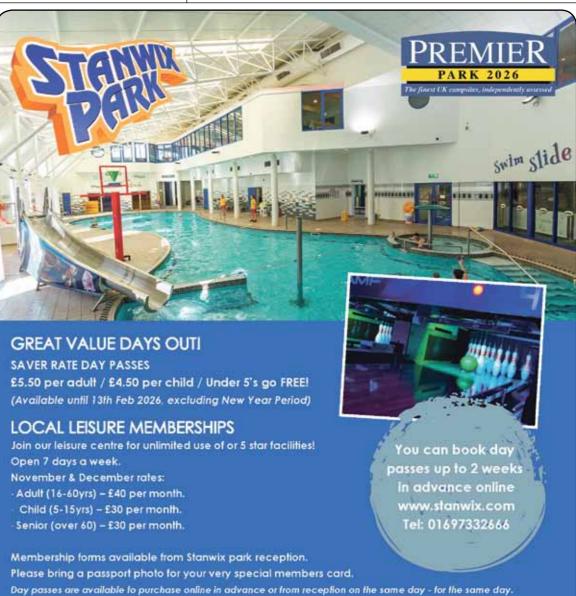




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# "Quote of the Month"

"The best preparation for tomorrow is doing your best today" H. Jackson Brown Jr



Jennifer Bailey sent in this picture of a pumpkin carved by her daughter Kate for Halloween this year





# SILLOTH RUFC Weekend Bar Staff Wanted

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To find out more call 016973 32299 or pop into the club www.sillothrufc.co.uk



# Get Creative in the Library

Report by: Judy Rochester

Local artists and craft workers will meet again in the Silloth library on Friday 28th November from 1:30pm to 3:30pm to share ideas with our "Silloth Creates" group. If you are passionate about creating or want to start a new hobby come along and meet likeminded people on the 28th.

Bring a sample of your work either finished or in progress if you can.

Traditional, Vintage and Modern arts and crafts will be featured, with displays, demos and a chance to learn a new technique or find a new hobby, using paint, wool, paper, textiles etc.

There will be ideas for all ages and abilities and a special kiddies corner with hints on how to encourage young people to get creating using just paper, scissors and a gluestick!

There will also be a nostalgic Vintage display, with craft items, books and fabrics from the 50's and 60's when "Make Do and Mend" and "Waste Not Want Not" was very much a way of life for many. Today, we call it Creative Recycling! ...and a display using scraps of left-over wallpaper and wrapping paper to make a variety of items will aim to

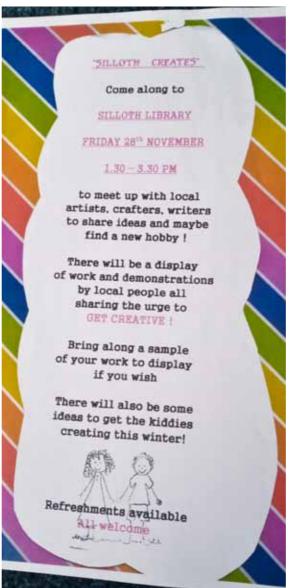


inspire!

From Teabag Art projects like the wall hanging by Wendy or miniature Dioramas made from scraps of card and wood, there is often a way to use everyday rubbish in a creative way!

Pop in on 28th November, there is no charge and refreshments are available.

Contact the library if you want more details.







# The Day the Tractors Came to Church



Report by: Brian Bailey

Holme St Cuthbert Church invited local farmers to bring their tractors to our annual Harvest Festival on 12th October. It was a way to show our appreciation to all our farmers and how important they are to the local community.

The young up-and-coming farmers, under 4 years, were also invited to bring along their little

On the day there were 7 'grown up' tractors in front of the church and several little tractors for the little ones came to the service.

The very young farmers proudly drove their toy tractors around the outside of the church, up the path and up and down the aisle. They enjoyed explaining and entertaining the congregation all the different tractors and what they do.

The event swelled the numbers

in the congregation and all enjoyed the special service.

All proceeds raised at the service along with all money raised from the auction the following night at Mawbray Village Hall a great amount of £647.50 was raised to help with the much needed upkeep of the church.

Holme St Cuthbert Church would like to thank all those who



donated produce for the auction, the young and 'grown-up' farmers who brought their tractors and finally all those who attended









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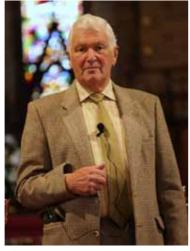
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# Oor Mak O' Talk at Silloth's Dialect Competition



Jean Scott-Smith from Lakeland Dialect Society



John Hunter - Best Overall



Dick Gargett - Most Humourous



Mike Naylor - Best Dialect Content

Report by: Tim Barker Photos by: Trevor Grahamslaw

Silloth Rotary Club's annual Cumbrian Dialect Competition attracted a good audience from all over the county to Christ Church on Saturday October 4th. Defending trophy winners and some new contestants entertained with original poems, readings and even a song in our local twang. Members of the audience also contributed bits of their own writing or favourite pieces from other writers. Even visitors unfamiliar with the dialect enjoyed the crack and the refreshments.



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Linda Scott - Best Newcomer

Jean Scott Smith, President of the Lakeland Dialect Society was senior judge along with Tony Markley and Dennis Graham.

Trophies went to John Hunter of Harrington - Best over all; Dick Gargett of Stainton - Most



Tim Barker - Compere

Humorous; Mike Naylor of Drigg

– Best Dialect Content and Linda
Scott – Best Newcomer.

The Rotary competition began in 1976 so next year will be the 50th Anniversary. Put Saturday October 3rd in your 2026 diary now!





# Owen Receives 'Remarkable Responder' Ambulance Service Award



Report by: Silloth First Responders

Friday, 7th November, was a very special evening for one of our team, Owen, as he was awarded the Remarkable Responder award at the North West Ambulance Services Volunteer Reward & Recognition Event.

This is very well deserved as Owen has been a key member of our team for over nine years; his dedication and commitment to this community are unwavering. A massive congratulations from all of the team, and thank you for all those patients you have helped.

An extract from his nomination reads: "Owen volunteers in a rural area, making his rapid response crucial to PES crews and preventing fatal outcomes with his fast and critical care. An indispensable part of the NWAS pre-hospital team. He is highly respected by ambulance

The team also celebrates 25 years of service to the community of Silloth, we pass on our appreciation and gratitude, to all

those who have been part of the team during its journey.



# Retiring RNLI Shop Volunteers



Report by: Lesley Hope VSM & Fundraising Chair In September, Silloth RNLI Lifeboat Station Shop said goodbye

to two of our shop volunteers.
Pauline O'Reilly has been
volunteering in the shop for 15
years. Margaret English has been

a shop volunteer for 14 years as well as being a Box Collector and Fundraising Chair for many of those years too.

The shop volunteers got together for tea and a lovely selection of cakes in the boathouse for us all to say thank you and bye to them. Margaret and Pauline were presented with signed certificates from the RNLI and gifts from all the volunteers.

We wish them both good health and good luck as they step down from their volunteering roles.







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# Awards for Stanwix Park



A Five Star rating from Visit England for 2025/2026 was received by the park after undergoing their annual inspection.

Further to this Stanwix received their Certificate of membership from Premier Parks for the 2026 season for the tenth-

year running.

The owners and staff are proud to be included as one of the 'finest UK campsites' in the country.

Thank you to everyone who has visited us through the years, whether it be for a holiday, for the day or as an owner, we look forward to the 2026 season.



# Goodbye to our Colourful Curate



Report by: Timothy Barker

On Sunday September 28th churchgoers and others met in Christ Church, Silloth for the last service of Holy Communion to be celebrated by Rev Cornelia Noghiu.

Cornelia served as Curate in the united Solway Plain Parish and was familiar with all the churches in the group; Silloth, Abbeytown, Newton Arlosh, Kirkbride, Bromfield, Westnewton and Holme St Cuthbert (Mawbray)...A larger-than-life Rumanian she brought a bright, funny and very outgoing personality to our worship and into everywhere she visited.

We were all glad to be there to wish her well and present her with some farewell gifts including flowers and a silly T-shirt.

She and her husband Bernard, who has retired as vicar of Maryport are moving to Wales.

We'll miss them





# HOLME ST CUTHBERT CHURCH CHRISTMAS MEMORY TREE



Once again in December we are remembering & celebrating our loved ones by decorating a memory tree in church. Wooden tags will be hand-made.

Your messages can be added at any time.

A donation is welcomed (£1 suggested)

On the 7<sup>th</sup> December (2pm- 4pm) church will be open for people to gather and share stories, write messages on the wooden tags and hang on the tree.

Refreshments will be available.

Or collect your tag from Barbara Stephens or Lynda Bailey or in the Church and write your messages at home.

### Christ Church, Silloth

Learn life saving skills

St John Ambulance Cadets

Every Tuesday evening during term time

Age Group: 10 to 17 years old

Time: 6.00pm

**Duration: 2 hours** 

**Location: Christ Church** 

Alan is Still Winning at 93!

Alan Hogan at 93 years young became Mondays 'Walking Football' most senior player of all time.

This wasn't a flash in the pan as Alan completed his second full session without being substituted.

For this fantastic achievement Alan was nominated 'Player of the Week' and can be seen collecting his trophy from organiser George Denholm. Although on the winning side, on debut last week, this time his side lost 2-4.

Youngster Trevor Grahamslaw 67, a project of the Silloth Walking Academy, did his best to spoil Alan's day, with a well taken hat trick, to ensure it wasn't going to be a consecutive brace for Hogan.

So it was back to Christ Church for a well earned slice of banana cake, tea and biscuits.

If you would like to join the group just pop along to the football field near Silloth Tennis Courts every Monday 1pm to 2pm.









# Keep Fighting to Save Blencogo Village Hall

Message from the Chair Well as the last rays of summer

fade into autumn it's time to take stock and look back over the year.

This has been a hectic year as we've worked hard to raise funds for purchasing Blencogo Village Hall and work continues on finding the funding we need.

To raise the required funds to meet the increased rent we desperately need more volunteers. There is a dedicated committee of eight hard working volunteers who give up their time helping to organise events and support our regular user groups. However, with all bar one of them having full time jobs and families, they really need help to keep this fantastic asset going. If you could spare a

few hours a month to help the committee it would be greatly appreciated. Without more help and fresh ideas, the committee is going to struggle to keep going and we'd hate to see this vital asset to the community lost.

So many halls fail due to a lack of volunteers and this then leaves some of our most vulnerable and isolated parishioners without a vital social hub. We have a beautiful hall which is well used by numerous active groups. It would be such a shame to see it fail when we're so close to securing its future.

We are holding our AGM on Wednesday 26th November at 7pm. If you can help the hall please come along and support the committee.

# **Bobby is Chairman**



It is an honour to have been elected as Chair of the UK Parliament Youth Select Committee, UK Parliamentary Select Committees are one of the most important ways Parliament can examine issues in great detail and hold Ministers and other decision makers to account. I am proud to be leading the Youth Select Committee 2025/26 leading a UK wide inquiry into PSHE (Personal, Social, Health, and Economic Education) a subject that equips young people with key knowledge and skills which will

help them in later life.

As someone who was born and grew up in and around Silloth in Cumbria I hope this shows young people that where you come from doesn't define what you can do or where you can go. I am immensely proud to carry the voices of young people from Cumbria and across the North West of England to Westminster and I am looking forward to continuing to ensuring young people in my area are heard loud and clear in the heart of our democracy - a place that often feels to far away for others in our area.







# Megan's Charity Skydive Raises £4,400





Why I am taking part in this fundraiser?

As most people know my beautiful niece was born at just 25 weeks and 4 days weighing only one and a half pounds. Which roughly weighs a bag of sugar.

The first three months of Karlie's life was full of uncertainties with lows that were heartbreaking and highs that were miracles. Karlie had heart surgery at 4 weeks old amongst other procedures, she has a peg fitted into her tummy to allow her to have fluids and is still

facing another heart operation possibly this year. The strength and courageousness she has shown us along the way has been truly amazing and she continues to do this with her biggest and gorgeous smile every day. Karlie had a three month stay at the RVI Newcastle along with my sister and brotherin-law, Bethan and Paul.

They were supported by The Sick Children's Trust who along with emotional support provided free accommodation at Crawford House within the hospital grounds. This enabled them in an

# Brendas 50 Years of Dedication



Report by: John Daly

On Remembrance Sunday after the service held at the Holme Cultram Abbey in Abbeytown just west of Wigton a small presentation was made to a dedicated poppy appeal collector. Brenda Sims has been

Brenda Sims has been collecting in and around Abbeytown since 1975 and that dedication was recognised in the award of a 50 year badge and

certificate presented by the County Vice Chairman. Helen Daly, who happens to be the local Poppy Appeal Organiser for Wigton, who had submitted Brendas name for the award.

She was very surprised and humbled when called forward as it had been kept under wraps with only John and Helen Daly along with the Vicar and Church warden who knew of the award to be made.

At one point towards the end of the service there were a few worried looks when Brenda left the church, but the panic ended when she returned with cupcakes that had been made for all those attending.

The picture is of Brenda flanked by the County Vice Chair and Poppy Appeal Organiser after the service.

emergency to be back with Karlie quickly. Without this charity Bethan and Paul wouldn't have been able to be by Karlie's side for the most important parts of her journey.

Tiny Lives Trust is a charity who helps to support families of premature and sick newborn babies. This trust provides practical, emotional and financial support to try to make the neonate experience a little easier and more comfortable for the babies and their families. By providing this it takes away the stress of financial worries while trying to support your premature baby.

The charity also provided a package for siblings of premature babies which included books, information for children dependent of their ages to educate and try to explain what was happening to their brother or sister. Karlie will be turning 5 this year and has come so far. To mark this occasion, I wanted to raise money for the charities that

without them would have made this challenging time even harder for us all.

To raise money, I signed up to do a charity Skydive. This was well out of my comfort zone, I hate heights, but I wanted to do this to raise as much money and awareness of these amazing charities as possible.

On the 6th of September I completed my Skydive and raised a total of £4,400.00 and last week we had the pleasure of presenting £2,200 each to the two amazing charities.

Myself and all my family cannot thank everyone enough for their kind and generous donations. We would not have been able to raise this incredible amount without you all. This is amazing for both charities, and it will continue to

support families in the future. So once again THANK YOU! I cannot express this enough. Karlie this was for you sweetheart. From the 25-week-old baby to the 5 year old little girl you are now. You are incredible and a miracle, who makes us proud every single day!



# Silloth Scout Group



Report by: Kathryn Shires

!st Silloth Beavers, Cubs &B Scouts have been having lots of fun since we returned in September.

We are working towards our skills challenge awards this term which involves learning new skills, including sports as well as learning or practicing skills we all need in our daily life. One of the aims of Scouting is to provide #skills4life which means that we actively engage and support young people in their personal development, empowering them to make a positive contribution to society.

Our AGM in September was well supported and was followed by a chance for everyone to have a go at tomahawk throwing which was enjoyed by all.

We have also made dream catchers for world dream day when we also discussed our ambitions. We also had a session learning all about nutrition.

On 23rd October we were

excited to be welcomed at Silloth Nursing Home where we spent an hour entertaining some of the residents with traditional camp fire songs. Thank you for letting

We were also lucky enough

We were extraordinarily proud of our members who braved the rain to join in with the Service of Remembrance. They were all well behaved and respectful. Special thanks to the kind lady who saved me by lending me her umbrella!

We have lots more to look forward to in the lead up to Christmas, so please look out for

If you would like to join

on 6th November to be shown around the toy soldier museum. The Beavers, Cubs & Scouts loved this and asked lots of questions – If you haven't visited there, please do as it is well worth



Solway Buzz - local news - for you - by you - about you - free to you

The Royal British Legion service of Remembrance took place on Sunday November 9th in Silloth Christ Church. Representatives of twenty six organisations from every part of Silloth's community presented panners and laid wreaths as gestures of respect and emembrance, including military Associations, the mergency services and groups down to the very oungest Rainbows and Beavers.

Inside the church were two large poppy emblems donated by Silloth Primary School and Solway



Community School. These were composed of small paper poppies made by the pupils, each with the maker's name. The church was full and many other neighbours defied the heavy rain to join the Act of Remembrance outside at the war memorial.

The service was led by Tim Barker, Reader at Christ Church and a lively address was given by Rev Phil Jackson of the Methodist Church who enlisted the help of two of the attending Scouts.

Many people were involved in preparing and carrying through the occasion but special thanks nust go to Janine Nichol who managed everything on behalf of the British Legion

On Tuesday 11th the Act of Remembrance was observed again at the 11th hour and later that morning pupils from Year 6 of the Primary School and some older children visited Silloth cemetery to hear about the tradition and meaning of Remembrance and to plant crosses at the 62 war



Why are they selling poppies, Mummy? Selling poppies in town today. The poppies, child, are flowers of love. For the men who marched away. But why have they chosen a poppy, Mummy? Why not a beautiful rose? Because my child, men fought and died In the fields where the poppies grow. But why are the poppies so red, Mummy? Why are the poppies so red? Red is the colour of blood, my child. The blood that our soldiers shed. The heart of the poppy is black, Mummy. Why does it have to be black? Black, my child, is the symbol of grief. For the men who never came back. But why, Mummy are you crying so? Your tears are giving you pain. My tears are my fears for you my child. For the world is forgetting again.



We had a great attendance for the service of remembrance this year, with children from Silloth Primary School laying a wreath for the first time. Thank you to all those who laid wreaths and carried standards and everyone who braved the weather. We had the most wreaths laid, 28 wreaths the most we have had for many years.

On remembrance day itself we had the utmost pleasure of pupil's from both Schools visiting he Causewayhead cemetery to place poppy crosses on all the Commonwealth War Graves. The children paid particular attention to where the young men were from and their ages, with one child saying that one young man from New Zealand at only 19 years of age was the same age as his brother.

This visit would not have been possible without Joe Scott and Spencer Graham coaches.

With all the collections tins in and counted we have raised £3,700! The most as a town we have ever raised so a massive thank you to everyone who

The garden of remembrance had two Tommie's standing guard, the lady one was donated for all the women who have served from Silloth just one of the new additions to our remembrance display along with the Poppies on the old lamp posts, thank you Joe Scott for your help in putting

We also had two big poppies hanging in the church, each poppy was made up from old poppies with each poppy being signed by the children from both the towns schools, these will be added to each year.

We are already planning next years remembrance service and different

Thank you all for your support.





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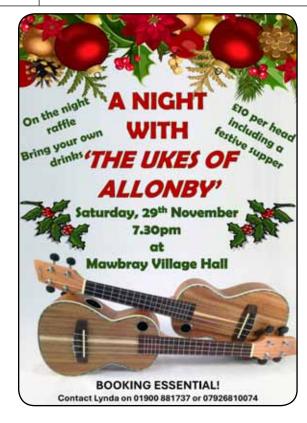
especially for 6 and 10 year olds. Kathryn



27th November TUESDAY 16th December

> 7.30pm £2.00 per person

Prize for the wining team Bring your own drinks, snacks and glasses



### Mawbray Village Hall Clubs

Here are the dates for December 2025

> **Pool Club** 7pm - 9pm

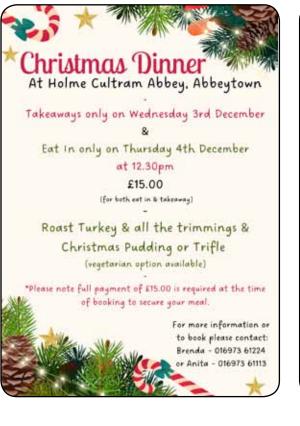


Craft & Chat 3rd & 17th



**Book & Jigsaw Exchange** 3.30pm - 4.30pm



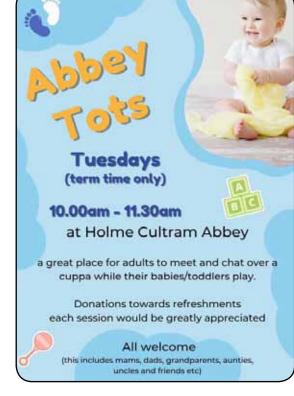


### ALLONBY BAY NEW YEAR'S DAY DOOK 12.00 (Noon) By the playpark Please call at the village hall to register beforehand

Sponsorship Forms on Facebook group 'Allonby Dook'



REFRESHMENTS available at the Village Hall ALL PROCEEDS TO MARYPORT INSHORE RESCUE or further details contact Joe 01900881308



# Your Wonderful Buzzing Letters and Poems

Dear Buzz,

I was pleased to see in last months edition that so many clubs and organisations were promoting active participation of the younger element in sport and recreation.

I am also pleased to see some of the old lampposts being replaced, I would be even more delighted to see the old cut off stumps removed at the same

Maybe we could invite the managers of the departments down to see and sort the problems out and what they intend doing about them I think we have waited long enough? Get ready and be prepared for the deluge of falling leaves I was told by those in higher places the problem was low priority! But they do not have to sweep them up or have their lights on all day, even in summer.

How high do they have to get? Pretty soon the drains will all be blocked and lumberjacks are in short supply. OH HAPPY DAÝS.

Guess who??

Dear Buzz,

The family and I would like to thank Silloth Vintage Rally for the special day they gave us on Sunday July 20th. A day I will remember forever. Also I would like to thank them for the beautiful trophy that they donated to present in Grahams memory. On behalf of the Wilkinson family I would like to wish Silloth Vintage Rally all the best for the future, keep up the good work!

> Well done, thank you, Mrs Marjorie Wilkinson

Dear Buzz,

On behalf of Silloth community and all his patients I would like to wish Dr. Stahlschmidt a healthy and speedy recovery from his illness.

Yours Truly

by Sophia Lodhi

Crisp, twisting leaves, And o'er ripe berries Of ruby and onyx Softly descend, Captured in their silent, Sacred fall... Cast in silver. Framed in time By frosts and rains And ice and rhyme. Their waning, 'And their withering Marks not only lamentation, But also celebration Of a season etched in gold. Now loosed: October's Sun-touched petals -Copper-dusted; amber; Final, fiery bronze -Do bend and weave And split and bind To mould, full circle, Autumn's wreath: This joyful ring, Formed of Summer's Lovely, lively vine!

### Christmas Anagram **Answers**

Wrapping Paper Christmas Eve Christmas Tree Silent Might Christmas Cards Santa Claus by Sophia Lodhi

Harvest-gold, with a haunted halo of fairy-dust: A halved moon highlights our Dark Autumn... Brilliant, iconic and lantern-like Pinned in the thick velvet screen of darkness At the end of the street. It highlight's our crystal breath, As words and secrets glitter briefly in mid-air, Only to flutter and fall to earth With helpless grace, Like leaves: blush red; copper-edged.

... Tainted by dawn frosts, Dark fruits sour on branches: Silent sadness. Stars are smothered by darkness, In the damp, mist-drenched nights Of Dark Autumn... And only our moon remains: resplendent; resolute; Majestic; magical: Sovereign ruler of this, our hushed season of Dark Äutumn.

Wolf by Sophia Lodhi

Majestic and wild, Beneath the cold And distant hold Of a moon, magnetic and waxen-white, Its silver rays resting upon your silver coat to immortalise Your noble form As you lift your head to call Through the watches of the night, Guiding home the hunters of your tribe.

Wolf -- beautifully untamed: Your golden gaze Surveys Your wilderness.

by Pauline Mole

Remembering Autumn as a child, Are memories of them being mild. Not of floods, or hurricanes wild, At least, not when I, was a child.

At seven or eight in primary school, We used to think that we were "cool", As out of school we would file,.... With our teacher, who always seemed to wear a smile.

Off we would ramble on a "nature walk", Then back in class, we'd tell and talk, .... About what we'd seen, and all we'd found, In pools of water, or on the ground.

We were taken up a narrow road, Where we searched for frogs, or a slimy toad. We had to remember names of trees that grew, Then tell the teacher all the ones we knew.

The best part of our walk up there, Was when the trees were almost bare. We would skip and scrunch through leaves of gold, Fallen, like a carpet, from trees both young and old.

Beech, and Oak, and Sycamore, Their different shapes in minds to store. Acorns and conkers, berries and sprigs, Tall, straight, or bent trees, with wiggly twigs.

So MUCH to look at, and much to learn, Prickly Holly, Creeping Ivy, Bracken and Fern. How much I remember, still to this day, But HOW, I wonder, was it always happy and gay?

I remember walking home, when it was almost dark, I can see me in my wellies, running through the park. I can feel our snug warm kitchen, with bread and jam for tea, Oh no, I'm SURE there was no bad weather, when I was wee.

Volunteer Deliverers Needed for the Free 'BUZZ' community paper in the following areas:

### Station Road, Silloth

We look forward to your call Contact Peter or Kath on 0750 180 5775

Do you have a poem or letter for the Buzz?

We welcome all entries, there is no charge.

Please remember to include your contact information.

Remember - you can join the library, search the library catalogue, renew and request books online at cumbria.gov.uk/libraries Visit Silloth Library in the Discovery Centre

### Silloth Library Opening Times

Monday 10am to 4pm Wed 10am to 4pm Friday 10am to 4pm

Tuesday CLOSED **Thursday CLOSED** Saturday 10am to 1pm

Sunday closed

Tel: 016973 31944

### Do You Get the Buzz?

If the Buzz paper does not fly through your letter box in the areas we cover, it is because we have not found a volunteer.

If you would like to join our hive of volunteers we would be pleased to hear from you, call Peter on 0750 180 5775 for more info.

### Non-Commercial Tourism Websites

solwaybuzz.co.uk sillothgreen.co.uk silloth-on-solway.co.uk sillothgolfclub.co.uk vintagerally.co.uk sillothmotorcyclemuseum.co.uk silloth-on-solway-tc.gov.uk visitcumbria.com/wc/silloth solwayplain.co.uk/silloth1.htm facebook.com/sillothgreen facebook.com/silloth-carnival facebook.com/groups/soldiersinsilloth

facebook.com/groups/121042258051545 (Silloth Today)

## Silloth Park Run is 100!



Report by: Olivia Hill

On the 1st November Silloth Prom Park run hosted its 100th park run which is a 5km run or walk, dogs on a hand held leash and baby buggies are also very welcome.

The run/walk starts adjacent to the tennis courts on the prom itself and heads up north turning at the end, a marshall would then direct one on the grass for about 600m towards the start when a second marshall will direct back onto the prom up to the start where a cone denotes a turn for

the second lap. Park run is NOT a race and therefore encompasses what ever one's fitness / goals are.

Park run is free and all ages are welcome, the only proviso is that one registers on Park Run UK which allocates a barcode registration number which would be scanned at the finish for one's own information.

Volunteers are an integral part of park run as each participants time is logged/ position token given where it will be scanned to determine position and time for one's own interest or

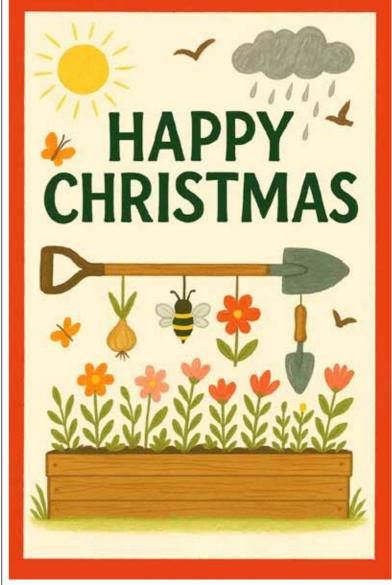
Silloth Park Run enjoys many visitors from across the country seeking "to do the alphabet" in each county or further afield.

Participants are encouraged to visit Fairydust Emporium for all delicious treats afterwards with a 10% discount for all the lycra wearers and dogs are given a free sausage and a puppacino.

Volunteers have been mentioned in this article but cannot stress how important they are to a safe and enjoyable Park

WE NEED VOLUNTEERS in any capacity for example timekeeping / scanning / handing out position tokens and two marshals are always needed and safe to say the Tail walker to ensure all participants are safe. Each week Run Director will explain the exact course, and all Health and Safety regulations. Please just come and speak to any of the volunteers or email {sillothpromenade@parkrun. com}.

# From All at Friends of Silloth Green



Report by: Caroline Turner Graphic by: Beth Holmes

We'd like to thank everyone for their support and generosity throughout 2025, including the Silloth-on-Solway Community Shop, Silloth Town Council, the Solway Buzz and all those who visited our Plant Stalls during the year. It is much appreciated!

We would also like to thank the Co-op and its members who chose us as their Local Cause for 2025. We've recently received a donation of £1,200 which, together with an earlier donation of £500 means we

have £1,700 to put towards a major project, to replace the timber around the raised beds, we will be undertaking in the Spring.



### Golden Dawn Nurseries

Nealhouse, Great Orton, Carlisle, CA5 6LH

Closed for Winter

Reopen from May 1st 2026

- ♦ Seasonal bedding plants annual / perennial
   ♦ Roses
   ♦ Veg plants
   ♦ Spring bulbs
  - - ♦ Lasagna Pots ♦ Compost Contact: 07748 647665

w3w: /// Spinners.Rails.Wacky



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Please let us know of any changes within this section

### Christ Church

For baptisms and other church related business please contact: Rev Eileen Reid Tel: 016973 43089 Email: ereid2002@yahoo.co.uk

### Civic Amenity Sites

Operated by Cumbria County Council. Tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

### China Painting

Every Friday at Silloth Community Hall. 2pm to 4pm. All welcome

### Mawbray Nia Group

Every Thursday from 2 to 4pm in Culterham Hall, £4 per session includes refreshments. Just come along.

### Family History Grp

Tuesdays at Silloth Community Hall from 6 – 8.30pm. Bring along your own research and meet fellow genealogists

### Silloth Tennis Club

For coaching information call David Wise on 0742 547767

### Cash Machines

Are available on Solway Street at both the Spar and CO-OP supermarkets. Cash is also available at Winters Post Office

### Blencogo Art Group

Every Monday from 1:30-4:30pm in Blencogo Village Hall where members help each other. Refreshments provided. regular outings, tel 016973 61158 or 61327

### **Production Team**

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 0750 180 5775 Email: office@solwaybuzz.co.uk

**Editorial Content** This is down to you, we can only publish items if you send them to us. When sending articles in,

please supply a contact name and number in case something requires clarification. Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Copy date for the January issue is:

1st week December If you have an event to promote or you have something to say, please note the next copy date.

### Silloth Library

Open Monday, Wednesday & Friday 10am to 4pm Saturday 10am to 1pm 016973 31944 cumbria.gov.uk/libraries

### Abbeytown Choir

A fun friendly community choir Meets Tuesdays 6pm - 7pm All welcome, no experience necessary. For details please check Facebook page or contact Michelle on 07495 197543

### Banking Hub

Maryport Banking Hub is operated by the Post Office on Senhouse Street as follows: Monday: NatWest Tuesday: HSBC Wednesday: Halifax Thursday: TSB Friday: Barclays

### NatWest Mobile

The NatWest Bank mobile van will be here on Fridays only, outside Silloth Community Centre from 9:45am - 10.45am

### Good Companions

Have a coffee morning / fundraiser on the first Monday each month from 10:30 to 11:30am £2 entry for refreshments plus tombola, raffle and cake sale.

### Monday Craft Club

Silloth Community Hall 10 -11:30am every Monday. Bring your current project, exchange ideas, chat and have a cuppa

### Sewing Group

Every other Thursday at Silloth Community Hall. 12 – 4pm. All abilities welcome.

### Silloth Parkrun

Meet on the Promenade beside the Tennis Courts at 9am every Saturday morning

### Badminton

Abbevtown Badminton Club meet on Wednesday evenings check details on their facebook page, £5 per night

### Abbey Tots

We meet on Tuesdays during term time only at Holme Cultram Abbey 10am to 11:30am, all welcome

# **Dates for Your Diary**

### November

Mawbray Village Hall monthly quiz, see advert

28th Get Creative in the Library, see article

A Night with the Ukes of Allonby in Mawbray Village Hall at 7:30pm, see

Christmas Market in Blencogo Village Hall, meet & greet Santa, noon to 4pm, see advert

St Matthews Church Christmas Craft Fayre from 10am- 3pm in Westnewton Village Hall. Free entry. Refreshments available

Abbevtown Christmas Light's Switch On at

> Do you have an event in the area bounded by Abbeytown, Mawbray Silloth, Skinburness, if so please let us know.

Please tell us when vour group starts or stops, so we can let everyone know

### Solway Woodcarvers

Every Monday and Wednesday evening at Silloth Community Hall from 7pm onwards

### Scrabble Club

Meet in Silloth Library on Fridays 10:30am to 1pm

### Backgammon Club

Meet in Silloth Library on Wednesdays 1:30pm to 3:30pm

### Widows & Widowers

Wigton Widows and Widowers Meets every 3rd Sunday of the month 1pm-3pm in Cornerstone Methodist Church Wigton. Join us for a light lunch and entertainment. For information please visit our Facebook page or contact Michelle on 07495 197543

### Wigton Theatre Club

Buy tickets via our website www.wigtontheatre.org or call the Box Office: 07977 835094

### Silloth RNLI Shop

**Shop Opening Times** weekdays 1pm - 3pm weekend 10am - 3pm Our Shop is staffed by Volunteers and may not be open at the advertised time. We apologise for any inconvenience.

### December

Silloth Town Council meeting in the Community Hall

Christmas Dinner Takeaway's in Holme Cultram

Christmas Dinner Eat In in Holme Cultram Abbey See advert

RNLI Xmas Craft Fair in Caldew Hall from 10am to 4pm

Christmas Dinner Eat 7th In in Holme Cultram Abbey

Mawbray Church Christmas Memory Tree, leave a memory 2 to 4pm, see advert

Silloth Nursing Home/League Of Friends coffee morning in Christ Church at 10am

**RNLI Christmas** Carols in Christ Church with the Port Singers at 7pm, tickets £8 inc refreshments

Abbevtown Ouizzers 13th in Wheatsheaf Inn at 7pm

Silloth & District Pensioners Xmas party to be arranged

Solway Christmas Truck & Tractor Run from Silloth Airfield assembly 3:30pm, leave 5pm.
All proceeds raised will go to The Great North Air Ambulance & The North West Ambulance

Christmas Prize Bingo at Silloth Nursing Home at 1-3:30pm, £3.50 inc tea/cof

Police Drop-In Event in Fairy Dust Emporium from 11am to noon

Community Christmas Dinner in Silloth Rugby Club at 12:30pm, see advert

### January 2026

Allonby Bay New Year's Day Dook, see advert

Holme Low Parish Council meeting at 7:30pm in Silloth Community Hall

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

### February

2nd Silloth Town Council meeting in the Community Hall at 7pm

15th PANTO - Jill and the Beanstalk at the John Peel Theatre, Wigton @ 2pm

PANTO - Jill and the Beanstalk at the John Peel Theatre, Wigton @ 7pm

PANTO - Jill and the Beanstalk at the John Peel Theatre, Wigton @ 7pm

# **Book Your 2026 Dates in NOW!**

### February cont'd

PANTO - Jill and the Beanstalk at the John Peel Theatre, Wigton @ 7pm

PANTO - Jill and the 20th Beanstalk at the John Peel Theatre, Wigton @ 7pm

PANTO - Jill and the Beanstalk at the John Peel Theatre, Wigton @ 2pm

PANTO - Jill and the Beanstalk at the John Peel Theatre, Wigton @ 7pm

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

Silloth Charity Night Cabaret Spectacular in Stanwix Park, tickets £10, from 7pm

### March

Silloth Town Council 2nd meeting in the Community Hall at 7pm

Blencogo & District Garden Club meeting in Blencogo village hall at 7:30pm

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

### April

13th Silloth Town Council meeting in the Community Hall at 7pm

14th Holme Low Parish Council meeting at 7:30pm in Silloth Community Hall

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

### May

11th Silloth Town Council meeting in the Community Hall

20th Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

Please note that articles.

letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

### July

Strawberry Teas at Holm Cultram Abbey noon to

Strawberry Teas at 12th Holm Cultram Abbey noon to 4pm

Vintage Rally on Silloth Green

19th Vintage Rally on Silloth Green

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

### August

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

27th Solfest 28th Solfest 29th Solfest

30th

### September

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

Solfest

### October

Cumbrian Dialect Competition 50th

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

### November

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

### December

Silloth Nursing Home / League of Friends, Coffee Morning in Christ Church, 10am

> Errors do occur in Dates for the Diary Please check before attending an event

# FUN for ALL ~ Join the Dots & Colour In

# **CHRISTMAS CROSSWORD** Connect the dots and colour me in



### **ACROSS**

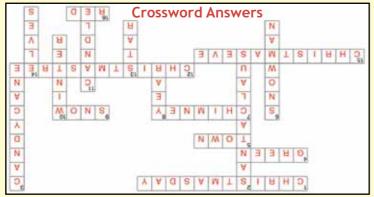
- 1. December 25
- 4. A popular Christmas color.
- 5. Santa Claus is coming to.
- 7. Santa Claus comes through it.
- 9. It's cold and white
- 12. People have it in their home and like to decorate
- 15. December 24
- 16. Other popular Christmas color

### DOWN

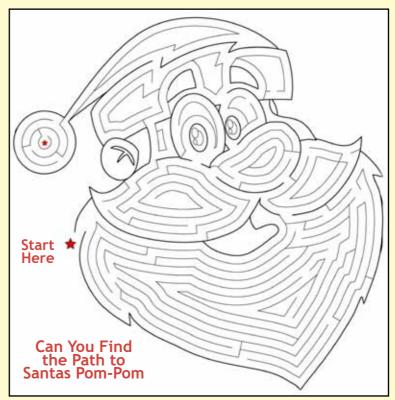
- 2. He brings children their presents on Christma
- 3. A hard candy with stripes.
- 6. It looks like a man made of snow
- 8. On January 1st we say "Happy New
- 10. In what season is Christmas Day?
- 13. You can see this at night in the sky.
- 14. Santa's helpers.











Chistinasin	
answers on page 14	

Can Assault (5,5) Drastic Charms (9,4) In The Glints (6,5) Smart Heretics (9,4) Vicars Themes (9,3) Gap Pawn Ripper (8,5)

# Fun











# Local Tradesmen and Services

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### M Taylor

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thewindowdoctor1996@gmail.com www.thewindowdoctorcarlisle.com

# Heron by Edward Dalton



A beautiful grey heron rises gracefully from the Solway marsh, its broad wings unfurling with a whisper of power. Morning light catches the bird's slate-grey plumage, shimmering with hints of silver and blue as droplets of water fall from its legs.

For a heartbeat, it lingers above the reeds — long neck curved in a poised S-shape, eyes sharp and steady — before lifting higher, its wings beating in slow, deliberate rhythm. The marsh grasses sway beneath the rush of air, and the call of distant curlews echoes across the stillness.



West Silloth Motors

Wheyrigg Hall Hotel

016973 32833

016973 61242

# Silloth Was Always Sunny!

At least it was to me. As a child growing up in Carlisle in the 1950s it seemed that Silloth was always

The simple explanation is that we only went for the day out on a nice day. No one would ever dream of going if it was pouring down. So Silloth has always had a special place in my heart and I hold very fond and happy memories of my childhood trips.

On nice sunny days there was an exodus from Carlisle with hordes of people from Carlisle making the trip to the coast; my family was no exception.

There were few cars in those days. We got the Ribble bus, a C3 or C4, from Longsowerby to the Viaduct and then trekked down to the station to catch the train to Silloth - laden with buckets and spades, towels, things to eat and things to sit on.

The excitement was immense! But mixed with this excitement was some fear and anxiety.

I was terrified of the black steam engines on Platform 8. To a youngster they seemed like hissing monsters. I was scared they would burn me, or scald me - I didn't know which. But it was worth confronting it just to get to Silloth.

The anxiety related to my

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\* Local people working for local

causes

\* All proceeds go back into the

community

\* Please continue donating

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12 Criffel Street, Silloth

Open every day

10am to 3:30pm

Tel: 32452

fear of needing to go to the toilet during the journey. The carriages were single carriages without a corridor and, therefore, no toilets on the train. My Mam always made us go to the toilet before we set off but I was still worried I might need a wee en route; fortunately, as soon as I was on the train my excitement made me forget these fears.

The journey wasn't too long and I loved passing through all the little stations. In those day you could open the window by pulling a leather strap and lean out - so different from today.

When we arrived at our destination my abiding memory of the station was the smell. Not a bad one, but a mixture of smoke and disinfectant.

My first port of call on every single visit was to the pony ring on The Green. I made a mad dash to the ring as I was a "horse mad" little girl. I didn't want to ride the donkeys - only the ponies. I've had a lifelong love affair with horses ever since - with the broken bones to prove it!

When the adults' (a mixture of parents, aunties and neighbours) patience was wearing thin I had to leave the ponies as we made our way to the beach.

This again was an adventure

OPENING HOURS

10am - 4pm

as we had to make our wa across a flimsy footbridge over the dock entrance, as though on an expedition. I was convinced I would fall overboard - but fortunately never did.

Once we arrived on the beach a new adventure unfolded. We found a nice place in the sand dunes, spread our blanket out, got stripped off into our bathing suits and headed for the sea.

Then, having worked up an appetite it was back to the adults for our picnic. It always was the same - egg and tomato sandwiches, crisps and apples. I love them today - without the sand in them!

The adults always went to the tea room for a pot of tea whilst us children had bottles of Dandelion and Burdock - it was an absolute feast. Tasted better than anything

After a lovely day on the beach it was time to pack up and head to the station and home. Again there was a ritual - ice creams from Longcakes and then back to the station.

I can't remember much of the journeys home as I probably was exhausted and, no doubt, sunburned. But my love of Silloth remains to this day, based on these happy childhood memories, and the camomile lotion needed after every visit!

# Solway Buzz Phone Book

This section recognises those whose financial help keeps the Solway Buzz going. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £52 a year.

Allerdale & Eden Roofing 01900 813517

**AM Jones Carpentry** 

07983 489212 Christine's Taxis

07917 564583

D A Harrison

016973 42277 Devonshire House Denti

01228 529128 Fairydust Emporium

016973 31787 Golden Dawn Nurseries

**Goood Companions** 016973 315533

07748 647665

016973 31155

07931 362163

Green View / Stella's 016973 31743

Hair She Goes 07857 989358

Harrisons Store Ltd 016973 61231 Ian the Electrician

07727 127000 J Hill & Sons Undertakers 016973 42635

**Javbees** 016973 31245

Mike Taylor Plumbing 07773 069856 Mrs Wilson's

016973 31224 Painting & Decorating

P Scott Carpets

0759 6609 717 **PM Roofing Specialists** 

Seasoned Firewood Logs 07762 772208

Silloth RUFC 016973 32299 S.O.S.C.S.

016973 32452 Slimming World (Denise)

07799 708465 Slimming World (Michelle)

07984 998946 Stanwix Park

016973 32666 The Charity Shop

016973 31696

07453 984590

Upholstery, Irene Armstrong 016973 31836

entries are always **Free Phone Book** 

# Window Doctor 07394 378195

### Useful Phone Numbers

Age Concern Home Safety Scheme

0800 678 1602 Age UK 01900 844670 Chemist, Silloth: 016973 31394 Church Catholic 01900 814826 Community Grants: 01900 325013 Crime Stoppers: 0800 555111 Cumberland Council 0300 373 3730 Dentist, Alma Terrace: 016973 31270 Dentist, Emergency: 01228 603900 Doctor: 016973 31309 Doctor CHOC service 03000 247 247 First Responders can only be called by the

Ambulance service, call: 999 **Electricity Power Cut** 0800 111 999 0300 303 2992 Highways Hot Line

Hospital: 01228 523444 Holme St. Cuthbert School, Mawbray:

01900 881242 Holm Cultram Abbey CofE School

016973 61261 Abbevtown:

Markus Campbell-Savours: 07733 330593 Neighbourhood Forum: 01900 325013

101 Quakers, Wigton: 01228 523174

Register Office, Wigton: 0300 373 3730 Samaritans: 01228 544444 Silloth Community School: 016973 31234 Silloth Library 016973 31944

Silloth Nursery & Junior School:

016973 31243 Silloth Town Clerk: 016973 31128

016973 31944

01900 821976

Silloth Tourist Information Centre:

West Cumbria Carers

Solway Buzz: 0750 180 5775 Paragon Vet: 01228 710208 Millcroft Vet: 016973 23898 Waste Disposal Dept: 01900 702800 Water LeakLine: 0800 330033 Water & Waste Problems 0345 6723723

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# Ships of All Shapes & Sizes Visit Silloth Dock John Forrester More coverage of shipping at Silloth can be found at www cumbriashipphotos.wee



Silloth Dock has welcomed ships of various designs during the year. Traditional shaped cargo vessels such as ALDEBARAN have been the most common followed by tankers of which ZAPADNYY, the regular molasses carrier, is a prime example. Occasionally, an unusual ship attracts the attention of ship spotters such as the project cargo carrier JOHANNES. A description of the two new visitors to the port is given in the following paragraphs.

We have to go back to May during a spell of fine weather to recall the arrival of ALDEBARAN. She was making her maiden call at Silloth with a cargo of fertiliser from Rouen. The ship arrived ahead of schedule after a three-day sailing from the inland port on the River Seine. Conditions were ideal to follow the ship approaching the port and make her entrance. The 3,000 ton ship is managed by 'Baltnautic' of Lithuania, a company

responsible for more than thirty vessels. Astronomers would recognise the ship's name as that of the brightest star in the constellation Taurus. Designated a 'red giant,' its name is derived from the Arabic for 'the follower'.

There are no obvious astronomical connections to

our second featured ship, JOHANNES. The vessel is described as a 'project cargo carrier'. When it visited in August it was the largest ship of the year to call at Silloth. The sight of a 5,000 ton ship inbound from Lisbon was eagerly anticipated, however, enthusiasts were disappointed as it arrived and departed at night. Not to be deprived of photos, some impressive dockside shots have been provided courtesy of solwayshipping. com. These emphasise the unusual shape of the ship which has its bridge at the front. This design enables bulky cargos such as wind turbine blades to be carried on deck. However, on this occasion the cargo of fertiliser was accommodated in the hold. The company logo of 'Briese Shipping', the German owner of the seven year old ship was prominently displayed on the front of the bridge.

Tankers are the third type of ship seen regularly at Silloth. Deliveries of liquid molasses are made to the dockside processing plant every couple of months or so. This year has lacked a variety of vessels with just the one, ZAPADNYY, appearing month after month. The specialist tanker is seen regularly in UK waters, with Silloth being one of just a handful of ports receiving molasses from mainland Europe. There have been many photos of the ship published in previous issues of this column, however, it's always a pleasure to get close-up shots of arrivals especially when happy crews give a

### Silloth Tide Tables

DECEMBER 2025 SILLOTH										
HTS ABOVE NEW DOCK GAUGE (1.8m ABOVE CD)										
			High	Water		Low Water				
Date		Morning		Afternoon		Morning		Afternoon		
		Time	m	Time	m	Time	m	Time	m	
1	M	08 05	5.9	20 25	6.5	02 18	-0.0	14 44	0.1	
2	TU	09 01	6.4	21 19	6.9	03 21	-0.3	15 47	-0.2	
3 4	W	09 51	6.9	22 10	7.3	04 19	-0.6	16 46	-0.5	
5	TH O	10 39 11 25	7.2 7.5	23 00 23 50	7.5 7.6	05 14 06 05	-0.8	17 40 18 34	-0.8	
9	r	11 25	7.5	23 30	7.0	00 00	- 0.9	10.34	- 0.9	
6	SA			12 12	7.5	06 54	-0.9	19 26	- 1.0	
7	SU	00 39	7.5	13 00	7.5	07 43	-0.8	20 20	- 0.9	
8	M	01 31	7.2	13.51	7.2	08.31	-0.6	21 11	- 0.8	
9	TU	02 24	6.8	14 43	6.9	09 18	-0.3	22 01	- 0.5	
10	W	03 18	6.3	15 38	6.5	10 06	-0.0	22 53	- 0.3	
11	TH C	04 13	5.9	16 36	6.1	10 58	0.3	23 47	- 0.0	
12	F	05 13	5.5	17 39	5.8	11 54	0.5		-	
13	SA	06 18	5.3	18 45	5.6	00 44	0.2	12 55	0.6	
14	SU	07 23	5.2	19 47	5.6	01 42	0.2	13 57	0.6	
15	M	08 24	5.4	20 43	5.7	02 39	0.2	14 56	0.5	
16	TU	09 15	5.7	21 34	5.8	03.31	0.2	15 49	0.3	
17	W	09 58	6.0	22 16	6.0	04 17	0.1	16 37	0.2	
18	TH	10.36	6.3	22 55	6.2	04 58	-0.1	17 19	- 0.0	
19	F	11 12	6.5	23 32	6.3	05 36	-0.1	17 58	- 0.2	
20	SA •	11 46	6.7			06 12	-0.2	18 36	- 0.3	
21	SU	00 06	6.4	12 19	6.8	06 48	-0.3	19 14	- 0.3	
22	M	00 40	6.4	12 53	6.8	07 26	-0.3	19 54	- 0.4	
23	TU	01 16	6.4	13 30	6.8	08 04	-0.2	20 34	- 0.3	
24	W	01 53	6.3	14 09	6.7	08 43	-0.2	21 14	- 0.3	
25	TH	02 33	6.2	14 50	6.5	09 23	-0.1	21 54	- 0.2	
26	F	03 17	6.0	15 36	6.4	10 04	0.1	22 36	- 0.1	
27	SA D	04 05	5.8	16 29	6.2	10 51	0.2	23 25	- 0.0	
28	SU	05 03	5.7	17.31	6.1	11 45	0.3			
29	M	06 09	5.6	18 39	6.0	00 22	0.1	12 49	0.3	
30	TU	07 20	5.7	19 49	6.1	01 30	0.1	14 01	0.3	
31	W	08 30	6.0	20 56	6.4	02 42	-0.0	15 15	- 0.0	



Abbey Christmas Fayre Raises £4,176.20!

Report by: Laura Sharp

On Saturday 15th and Sunday 16th November we held our annual Christmas Fayre.

The Abbey was filled with a festive atmosphere and there were 21 stalls made up of local crafters and small businesses, where people enjoyed some Christmas shopping and some tasty homemade treats, washed down with a warm cuppa or mulled wine.

We also had a special visit from Santa all the way from the North Pole and his reindeers waited patiently on the roof until it was time to go home again.

Santa listened carefully to all the children's requests for Christmas Day and he now has a very long list of presents to deliver

We all had an amazing weekend and special thanks go to all our fabulous stall holders, everyone who supported us and to all our fantastic volunteers who worked tirelessly to decorate the Abbey and make the weekend such a success.

Thank you also to both our Christmas cake raffle and main raffle winners, there were just too many prize winners to list individually!

We are pleased to announce that we raised an amazing £4,176.20 which will go towards the continued running and restoration of the Abbey.

We hope to see everyone next







PENSIONERS'

LUNCH

EVERY WEDNESDAY







Junior Black Reds training takes place on Sundays 10:30am —12:00 at Bower Park, Station Road Aspatria.

All players, old and new, are welcome to come along and get involved in a fantastic team sport.

Training and matches take place every Sunday morning.





Mixed Teams for boys a girls in:
U7/8 (yr2 & 3)
U9 (Yr4)
U10 (Yr5)
U11 (Yr6)







# BOWLING CLUB CHRISTMAS RAFFLE

1<sup>ST</sup> PRIZE 50inch TV!

AMAZON FIRE STICK, P2P MUSIC PLAYER CORDLESS DRILL SET AND LOTS MORE!

TICKETS £1.00 A STRIP

AVAILABLE FROM THE BAR ALL PROCEEDS TO

SILLOTH FIRST RESPONDERS



# Silloth SFC Veterans Win the Top 6 Trophy Again



Report by: Phil Scott

SIlloth A.F.C Veterans-Over 35s won the Top 6 Trophy for the third year running in a thrilling Cup Final that had everything; six goals, a red card, heroic saves and the drama of a penalty shoot-out!

Under the floodlights at the home of Penrith AFC the veteran Seagulls knew they would have to be at their best if they were to beat a much improved Penrith Vets FC. After a slow start Silloth got their passing game into gear and took a deserved lead through Anthony Wright. Penrith were

always a danger from set plays and it was no surprise when they were able to equalise from a corner. The Gulls were unperturbed and continued to pass the ball but were caught with the sucker punch of a breakaway goal.

With Silloth chasing the equaliser we had the first drama of the game as Dan Martos was brought down whilst clean through on goal and Penrith were reduced to ten. The veteran Seagulls were able to quickly capitalise on the man advantage and a close range strike from

Matthew Wood brought the score line level at 2 apiece.

Silloth looked to kick on in the second half but it was Penrith who came flying out of the blocks and took the lead once again almost straight after the restart. In fact it was the ten men who now looked the much better side as the Gulls struggled to make their extra man count. It was only the resolute efforts of the back four and keeper that kept Silloth's cup dreams alive. A dream that seemed to be slipping away when the next moment of drama in the

match occurred, the ref awarding the Gulls a penalty only to overturn his decision because of the assistant's offside flag.

With the minutes ebbing away Silloth introduced Andy Hardman into

the attack and his link up play helped the team regain a foothold in the match. The veteran Gulls now looked more threatening and with 80 minutes on the clock Jonny Studholme was on hand with the equalising goal. It was an end to end contest now with chances for both sides, the better of which were created by Penrith who forced Silloth's custodian Ben Gray (who had been magnificent all evening) into a couple of world class saves to deny them what surely would've been the winning goal.

Honours even at full time and straight to penalty kicks, which like the game that had preceded them were nothing but dramatic. The Gulls missed their second spot kick to give Penrith the upper



hand but keeper Gray saved their third effort to level things up. With veteran Seagulls leading 7-6 the Penrith keeper stepped up and when his shot struck the post the trophy was once again heading back to Silloth.

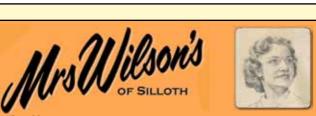
This cup final was a fantastic advert for veteran's football and both sides more than played their part. For the Seagulls this was a great way to end what has been an outstanding season, losing only one game all year (in the County Cup) and just missing out on the league title. The lads have properly earned this third 'Top 6' Trophy in a row with the commitment and hard work they've shown all season. It has once again been a pleasure to play a small part in the team's success, #UpTheGulls.

# Now Where Will You Eat Today?



Open Wed to Sat from 6pm, (booking advisable) Locally Sourced Handcrafted Cuisine Fully Licenced - Range of Beers, Wines and Spirits available

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