

Abbeytown Road Race

The annual Abbeytown Road Race was held on 6th June with 100 runners of all ages. The weather was good, keeping dry with a cooling breeze. The race was run in three groups 1st 10 miles, 2nd 5 miles, 3rd 2 miles. Volunteers at points along the route supplied drinking water and cooling sponges.

The races were started by Laurence Marshall who also later handed out Running and Drawing prizes. He also thanked the W.I. for the Teas, Stewards Marshals & Timekeepers, and D.A. Harrison (main sponsor) & all local businesses for their support.



Volunteers providing much needed water at High Laws



Some of the winners receiving their prizes from Lawrence Marshall

Prizewinners 10 mile:

1st Mike Scott, 2nd Duncan Frampton, 3rd Simon Stewart

1st Male Veteran: Duncan Frampton

1st Female Veteran: Julie Jones

1st Female: Jenny Grindley

Prizewinners 5 mile:

1st Boy: Robert McIntyre 2nd Boy: David Pearson (Abbeytown), 3rd Boy: Daniel Stockdale.

1st Girl: Sam Wilson, 2nd Girl: Amy Clark, 3rd Girl: Naomi Foster

Prizewinners 2 mile:

1st Boy: Ali Ledingham (Abbeytown), 2nd Boy: Dale Gebbie, 3rd Boy: Dean Robinson

1st Girl: Emma Gebbie, 2nd Girl: Charlotte Wise (Mawbray), 3rd Girl: Emily Harrison (Abbeytown)

Drawing Prize winners:

1st Cash: ticket No. 61281, 2nd Whisky: S. Richardson, 3rd Fruit: M.Ferguson, 4th Plant: C. Bateman, 5th Voucher: C. Satterthwaite, 6th Sherry: L. Hall, 7th Whisky: S. Hall, 8th Wine: Ticket No. 61052, 9th Hammer: A. Todhunter, 10th Wine: C. Scott 11th Hammer: G Bennet 12th Whisky: G. Wood



Pensioners Summer Outing



Silloth & District Pensioners all ready to go to York on their annual summer trip

Report by: Diane Shaw

Silloth & District Pensioners outing went to York on Saturday 5th June. Everyone set off in great spirits but just three miles outside of York we were held up in traffic for quite some time. We didn't let it spoil the day, everyone had a thoroughly enjoyable afternoon in York. The two buses we travelled in each had their own organisers, Bus (1) had Isabel Thomlinson, Margaret Gate and Mrs Min Gearing, while Bus (2) had Jennifer Ostle, Joan Carey and Maureen Irving. Raffles were held on both the buses with lots of prizes

generously donated, a big thank you to all those who donated the prizes. Don't forget

our next tasty event of Strawberry Teas in St. Andrews Hall on 3rd July is not to be missed.

14-16 Eden Street
Silloth
Tel: 016973 32541

Café 14/16

Open Daily 9:30am – 5pm
(closed Mondays, excepting Bank Holidays)

Jay and Morven Anson will be delighted to welcome you to Café 14/16. Serving home-made meals and snacks, Fairtrade tea and Coffee and home baked organic bread and cakes in a friendly, relaxed, non smoking atmosphere.

Bistro @ 14/16
Opening every Friday and Saturday evening.
Bring your own wine.
Reservations advisable, but not essential.
Open 6pm and last orders taken 8pm.

SOS for the Lifeboats

In Silloth and District a small group of people who regularly raise funds in order to assist in keeping the lifeboats afloat need your help.



Could you spare a little time for this very worthy cause? They would very much like you to help them, in fact they very much need your help. No particular skills are required, just a willingness to help.

They are looking for anyone willing to give a few hours each year to support the RNLI by helping with their

fundraising efforts, such as collections and events.

They are also seeking people to help-out in the Lifeboat shop at Silloth Lifeboat Station.

Lifeboat crews are volunteers and the charity receives no help from Government, so local fund-raising groups are vital.



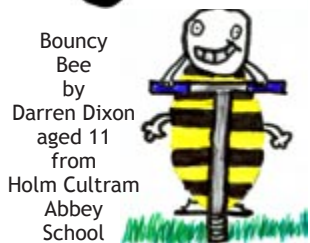
To find out more, please telephone Bev: 016973 31866.



Fashion by Hannah Kent aged 7 from Silloth Primary School



Beewitched by Amanda Ayres aged 11 from Silloth Primary



Bouncy Bee by Darren Dixon aged 11 from Holm Cultram Abbey School

The Old Post Office Nursery School

- ☺ Full Time Teacher with fully qualified assistants
- ☺ Small class size means more individual attention for your child
- ☺ Funding for your three year old - plus 1 extra hour free with each session
- ☺ Book your sessions on a exible basis - any time between 8am & 6pm
- ☺ **First Trial Session Free**



You don't have to book an appointment to look around!

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Tel: Silloth 016973 31393

If child is 3 years old this summer –