

## Abbeytown W.I.

President Gladys Temple welcomed guests from Bassenthwaite, Hesketh-in-the-Forest and Raughtonhead to the July meeting. Noelene Foster supplied the flowering plant on the Presidents table. The bowling teams were congratulated for winning the bowls at Caldbeck.

Mrs Irene Irving has agreed to enter our details on the National Membership Communications System. Four members visited Castle Carrock and had a lovely evening returning with four prizes.

The flower show was discussed and stewards welcomed.

A letter of thanks was received from the Road Run Committee and a cheque for £50 for W.I. funds together with £50 towards the elderly people fund, we also received £100 from Neighbourhood Forum towards our Community Challenge. Members were reminded that the Autumn Fair will be held in the hall on Friday 8th October at 7pm. Margaret Moore Treasurer gave the

financial report, next years subscription will be £21.

Mrs Iris Spark played a varied programme on her Celtic harp interspersed with various folk type verses. She was very soothing and travelled in music and verse from Wales to Scotland and from Northumberland to the Fens. Mrs Spark then judged the competitions.

Visitors F. Thomlinson from Hesketh-in-the-Forest and Irene Harrington from Bassenthwaite had the prettiest shells while C. Ebbatson from Raughtonhead and M. Armstrong from Bassenthwaite had the nicest garden flowers. Our members Audrey Harrison and Elinor Roper had the prettiest shells while Freda Garner and Elinor Roper won with their flowers.

The drawing prizes were won by G. Nelson, M. Graves and D. Timperon from Hesketh.



## Silloth First Responders

The Response Team members would like to thank all the people who generously donate to the group by means of the collecting boxes around the town and whom we can't thank personally. Without your support, it would be difficult to continue and maintain the quality of service we provide to the people of Silloth and surrounding area. The team continues to be busy and have now responded to more than one hundred and seventy call-outs since first setting up, two and a half years ago.

We now have two members of the team who have successfully completed a training course through Heartstart UK to teach basic life support skills and resuscitation techniques to members of the general public and will be running two, two hour courses free of charge on Thursday, 30th September and Thursday, 28th October. Would anyone who is

interested in taking part in either session please contact Peter Gilmour on 32622 or Elaine Bell on 31492. We would appreciate definite bookings for these dates and not to just turn up on the night as numbers will be limited. Further courses are planned for later in the year on dates still to be decided. These are very worthwhile skills to have, as who knows, you might one day be in a position to save the life of a friend or even a member of your own family if you have the necessary knowledge.

Two vacancies have also arisen for new Response Team members. You will be trained to a high standard free of charge, but need to be eighteen years of age or over to apply. Again, if anyone is interested, could you telephone either Peter or Elaine on the above numbers.

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by  
Alister Fisher  
aged 8  
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### Carnival Celebrations

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