

Clive's Shape 'n' Style

Matrix Appointed
Salon

Unisex
hairdressing salon
& sunbed parlour

30 Eden Street, Silloth
Tel: 016973 31378

For Something
Different

Elizabeth's Garden



*Echinacea
Doubledecker*

Plant Nursery
Churchrigg
Wigton 016973 45470

Easter Card Competition



The pictures show the children receiving their prizes following the recent Easter Card Decorating Competition in Silloth Library.

There was an excellent response from children in Silloth, and judging was extremely difficult because of the high standard.

All those who entered received a small reward and there were bigger prizes for the best entries in the under 5's, 5-7, and 8-11 year old age groups.

The staff thank all those who took part and would encourage them to continue using the library. The Annual Summer Reading Challenge will be in place for the Summer Holidays.

Children can collect stickers and rewards on their Reading Voyage through the Summer Holidays.



Daisy Jacky
by Leah Pearson
aged 5 from
Holme St. Cuthbert School



Billy Belly Bumble Bee
by Matthew Middleton
aged almost 7 from
Holm Cultram Abbey School

Blue Dolphin Cafe

All Day Breakfast
Kids Menu
Hot & Cold Snacks
All Tastes Catered For
Eat In or Takeaway

Cath & Gerry
Wampool Street, Silloth
Tel: 016973 32157

Recycling

Did you know that every household produces approximately 1 tonne of rubbish every year?



This increasing amount of rubbish we are producing puts added pressure on the environment to cope. No one can avoid producing rubbish but don't forget the less we produce the better it is for the environment.

The way we collect and dispose of our rubbish is changing through Government and European Union pressure. Up until now we have produced and got rid of our rubbish without much thought into what has been happening to it. Recycling is a good way of helping to reduce the problem.

Allerdale's residents have embraced the concept of recycling and thanks to residents Allerdale Borough Council has not only met, but, exceeded the targets set by the Government for waste reduction and recycling.

The challenging task of increasing our recycling rate and reducing the rubbish we take to the landfill site has been addressed by increasing the kerbside recycling of paper and garden waste within the Borough.

Bring Sites are a widespread recycling

scheme currently in operation. Containers are placed at various sites throughout the Borough. Residents can deposit their recyclable material into these recycle banks which are then emptied by Allerdale Borough Council and sent for recycling.

The main 'Bring Site' is located at The Green in Silloth (on the car park where the public conveniences can be found opposite Good Companions home). The banks are designed to accept mixed cans, (which includes empty aerosol cans), glass (colour separated) and paper/card. There are a number of smaller 'bring sites' in the Borough such as the one located next to the play area in Allonby and those on caravan sites along the coast. For a full list please visit our website on www.allerdale.gov.uk.

If there is no recycling 'Bring Site' in your local area and you feel that the community would benefit from one then please contact Allerdale Borough Council on 01900 607900.

Facts: A person will drink on average 100 cans a year! The energy saved from recycling one glass will power a 100w bulb for almost an hour, a computer for 25 minutes or a washing machine for 10 minutes. Every tonne of paper recycled saves 15 trees.

Older Persons' Forum

As an older persons' forum we aim to bring the voice of our generation to the notice of organizations that attempt to control our lives without consulting us. One of our aims is to develop a network of older peoples organizations. So we do need to be in contact. We will come and have a chat with your groups to tell you more of how we are going about this. We "older people" must stick together and fight for our rights and let the "authorities" know we do have rights and must be listened to. Whether it be special taps, to street lighting, give us the ammunition and we will have a go. We are in touch with statutory, voluntary and other agencies.

Two pieces of information we have heard of lately that could be of use to you.

Energywatch: if you are of pension age, have a disability, long term ill health, are blind or visually impaired there are a selection of free services for you, such as password protection scheme, meter readings done for you, moving your meters to a convenient height and more! For more information ring 0845 955 5404 for a leaflet.

FREE Passports: If you were born on or before September 1929 check it out on 0870 521 0410. You could be entitled to one.

Please do get in touch. Christine Johnstone, Secretary, Older Persons' Forum on 01946 693903.

Café 14/16 14-16 Eden Street Silloth Tel: 016973 32541

Open Daily (closed Mondays, excepting Bank Holidays)

Serving home-made meals and snacks, Sunday Lunches, Fairtrade Tea and Coffee and home baked organic bread and cakes in a friendly, relaxed, non smoking atmosphere.

Bistro @ 14/16

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