

## Abbeytown WI

President Audrey Harrison thanked Elsie Foster for the lovely Spring table flowers at the April meeting. Sympathy was sent to both Nellie Holliday and Margaret Brown on their recent family bereavements. Vicky Lightfoot was welcomed as a visitor.

The elderly peoples tea to be held in the village hall on 18th June and the visit to Bank Mill Nursery on 17th May were discussed.

Sister Clare McKenzie from the Orthopaedics Maple ward at the Cumberland Infirmary was introduced. She spoke about Jim Harrison who used to work at the Infirmary but went out to Malawi to work. He wanted a new childrens hospital and worked hard to get the funding to set about building it. He then had to set about getting the staff to work in it and train others. We

President Audrey Harrison welcomed visitors from Bromfield, Uldale and Kirkandrews on Eden to the May Meeting. Mrs Margaret Mynes, is a new member, and Freda Garner provided the President's table flowers.

The July outing is to Teviot Water Gardens, Kelso and Jedburgh on 16th, the Flower Show on Wednesday 27th July were discussed and the schedule reduced to 70 classes, including 12 for children, so hopefully their parents will also take part.

The June events were noted, an invitation to Plumbland W.I. on June 1st for four members and an invitation to Embleton W.I. on 8th June for an antiques evening.

The annual Road Race will take place on 5th June, members were asked to bring cakes and help with the serving of teas starting at 1pm.

There will be an Elderly Peoples Tea on Saturday 18th June and we are responsible for flowers in W.I. on 28th June. The Federation 85th Celebrations were discussed and dates noted.

We have entered two darts teams in the tournament at Caldbeck. All members were reminded to return the County Raffle tickets for

were shown pictures of the children helped by Jim and his team. Clare and her friends went out to help, unfortunately her friend Pauline, while on her day off, was killed by an elephant. This did not stop the work, two nurses came to Carlisle to see how the NHS works. We complain about our Infirmary but seeing the conditions in Malawi we are grateful for our wonderful hospital and so near to us.

After refreshments the draw was won by: 1st Gladys Temple, 2nd Elsie Donald. The competition for a small glass ornament was won by: 1st Margaret Moore, 2nd Phyllis Dockeray.

The resolutions for the AGM in the Royal Albert Hall were discussed and Gladys Temple attended the delegates meeting in W.I. House. Other discussions included a trip to Kendal and the annual flower show in July.

the June meeting.

The arranged speaker Vera Fell was unable to attend due to illness, Mrs Diane Stewart very kindly stepped in giving a very interesting illustrated talk on 'Pub Signs'. She was thanked by Mrs Isobel Hurst, this was followed by a delicious supper, competition and three games of bingo.

Winners of the monthly competition for 'a most useful kitchen gadget' were M. Midgley (Kirkandrews) and J. Sparton (Uldale), Abbeytown winners were Freda Garner and Irene Irving with Freda winning the flower competition and Elinor Roper second. Raffle winners: 1st P. Dixon (Kirkandrews), 2nd M. Rickerby (Kirkandrews), 3rd M. Mynes (Abbeytown) and L. Wilson (Bromfield). The May visits to Stapleton W.I. and Bank Mill Nurseries were enjoyed by the members taking part.

The next meeting will be 14th June when Beacon Museum at Whitehaven will give a talk 'A Woman's Place is in the Home'. The competition will be 'a string of beads' and the hostesses will be Mrs Blacklock & Mrs Donald while Mrs Dargie and her group will arrange the entertainment.

## Music & Beer Festival



Nine Below Zero - The Headliners for Friday 9th Sept

Silloth Music & Beer Festival planning is coming along well with all nine band now booked. The headliner for the festival is Nine below Zero who were formed in 1977 and have had a succession of successful albums with their most recent album 'Third Degree' being released in 2001.

Tickets will go on sale during June with the four day pass still a bargain at only £18.

Tickets will be available from Winters Newsagents in Silloth and the Carnegie Theatre will take telephone orders: 01900 602122.

Full details of all the Bands and daily prices will be in the July Buzz.

The Sunday Karaoke Competition prize is now £300. Volunteers are still required to make this event a success, please see the article on page 1.



## Tip for the Top

Keeping up appearances in the heat of the summer is a breeze with a bit of hot-weather know-how

1. Keep your fringe in check and the rest of your hair can do its own thing. Keep it straight using hot irons each morning.
2. Use a shine spray for that fresh-as-a-daisy look to reflect the sun's rays and make you look a million dollars.
3. Wear a bandana if you haven't got time for a full 'style and set' every day. They're back in this year.
4. Always wash your hair right after a swim. Chlorine starts to do damage just 15 minutes after being in the hair.
5. If your hair has a slight green tinge after swimming, try using diluted tomato ketchup in your rinse. It really works to tone down those brassy bits.
6. Build up to summer at your salon by getting the condition, cut and colour tippety-top in advance.
7. Invest in some accessories to ensure varied summer looks. Butterflies, flowers and all things hippy are in.

8. If you need to tie your hair back regularly when out and about, keep a covered band on your wrist. Use a leave-in conditioner in the morning to make the whole thing easier.
9. Summer's a good time to have some blonde highlights. The sun will pick them up and enhance the shade for that perfect sun-kissed babe look.
10. Your hair needs as much protection from the sun as you do. Buy products with a built-in protection factor.
11. Don't use lemon juice to highlight hair. It's not good for hair and it doesn't really work.
12. Buy a hair gel for your holiday. They protect your hair and your style against heat, chlorine and other baddies.
13. Wear a hat when possible. It will protect your hair from the sun, your scalp from getting sunburned and keep your temperature down.
14. Drink even more water than usual. It's essential for brilliant, healthy hair and skin.
15. Now is the time to start preparing for a stunning summer.

## Summer Serenade at Holm Cultram

Wigton Choral Society's Summer concert this year will be held in the lovely setting of Holme Cultram Abbey at Abbeytown. Summer Serenade at the Abbey on Saturday 18th June will feature a mix of secular and sacred works, old and new, in this historic and atmospheric setting, which has a wonderful acoustic for choral music.

The main work in the concert will be Brahms' Liebeslieder Waltzes - or Lovesong Waltzes. These short songs which explore the entire range of the subject of love: simple stories, passionate outbursts, brooding melancholy and songs of deep devotion - something for everyone. The choir will be accompanied by Cilla Grant and Margaret Ferriby on piano. Brahms' well-known setting of Psalm 84, How Lovely are Thy Dwellings, from his German Requiem, is also on the programme, as is Schubert's setting of Psalm 23, The Lord is my Shepherd.

By way of contrast, the choir will be singing Feel the Spirit: and other spirituals arranged by Ken Burton (as a conductor and musical director of the London Adventist Chorale) and a number of anthems, including Vaughan Williams lyrical Te Deum in G - which the choir sang as part of this year's Cumbria Rural Choirs concert in spring.

Tickets for the concert will be available, price £7 (children £2) at the door on the night, or are available from Holme Cultram Abbey in Abbeytown, Croft House Cards in Wigton - or by phoning 01228 710755.

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Delivery Service Available  
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5 Eden Street, Silloth  
016973 33032

## Abbeytown Road Run

**Sunday  
5th June  
1:30pm**

**10 mile course  
5 mile fun run  
2 mile fun run  
for under 11's**

**Course is  
around the  
village of  
Abbeytown**

**Entry fees:  
Fun Run - £3.50  
5 mile run - £4  
10 mile course £6  
Attached  
Runners £5**

**Enquiries tel.  
016973 61798  
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Entries accepted  
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