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Queenie Bee
by Samantha Casson
aged 7 from
Holme St. Cuthbert School

Builder Bee
by Rachel Mary
Harrison
aged 6 from
Holm Cultram Abbey
School



Local History Shows



Report by:
Lawrence Marshall

During October and November John Huggon of Carlisle gave three excellent slide shows on the recent history of Silloth and the surrounding area.

First was to Mawbray History society on "Silloth Airfield" where about 60 people attended. Next was in

Christ Church Hall on the history of the town of Silloth including the docks and railway. Forty people attended and enjoyed tea and home made biscuits. Finally due to public demand a presentation of the WWII airfields of Silloth and the Solway coast was held in St. Andrews Hall, as the Christ Church Hall was

being decorated. An enthusiastic audience enjoyed the evening which again included tea and biscuits. Thanks to the kitchen staff, for the catering and to St. Andrews for the use of their hall.

The two Silloth shows raised £160 for church funds and everyone enjoyed John Huggon's informative talks.

Church Choir

The Christ Church with St. Pauls mens choir gave their annual Christmas Concert on Dec 9 in the church hall. A full house enjoyed a meal of pie and peas followed by trifle and mince pies.



Mr Bill Hall of Wigton who is our music director and pianist led us in a varied programme of songs and carols. At the midway interval the draw took place with a large number of prizes which were donated by the choir and friends of the choir.

The concert raised a very welcome £608 for church funds. The vicar the reverend Alan Byrom proposed the vote of thanks for a very enjoyable evenings entertainment.

Line Dancing Club Donation



Report by:
Andrea Davenport

It all started when Rene asked the ladies at the Line Dancing if they knew of a place where her son John could set up his new Karaoke equipment and give a free night of entertainment, so that he could try it out. So, lots of places were suggested and dismissed, we were in the obvious place, the Social Club. We asked permission, set a date and started organising. We had ten days!

But, "Hang on", someone said, "If we've got a free night

of entertainment, why not raise money for a local charity". So it was decided that the local Air Ambulance service was the obvious choice. It had been grounded recently due to lack of funds, and was a worthy cause. "Yes", it was agreed, that was our charity. One of the ladies designed some posters and tickets, and all took some to sell.

On the night, the function room at the Social Club was packed to bursting. We had a Karaoke competition, an auction and a raffle. We raised £400. A good

night was had by all who attended.

A big thank you to everyone who contributed to the event: the ladies who sold tickets and raffle tickets, the ladies on the door, the club for the free use of the room, and most of all to John from Burnley, he really made the night a huge success.

Line Dancing is held on Tuesdays 7:30 - 9pm in Silloth Social Club. If anyone is interested, come along and join in. It is a fun way to get a bit of exercise, and at only 50p, it's also a bargain.

Silloth Group Medical Practice

OPENING TIMES: 8:30am - 6:30pm (calls cannot be answered before 8:30am)
Tel No: 016973 31309 Fax No: 016973 32834

PNEUMOCOCCAL VACCINATION

What is Pneumococcal disease?

Pneumococcal disease is caused by the bacterium Streptococcus pneumonia. It is the most common cause of pneumonia and it can cause a number of other serious illnesses, including septicaemia and meningitis, which can be fatal. This risk increases substantially after the age of 65. If you are over 65 years of age you will shortly be receiving an invitation to attend the surgery to have a Pneumococcal vaccination. Unlike the flu vaccination the Pneumococcal vaccination can be given all year round. If you are housebound and would like the Pneumococcal vaccination, please contact the Surgery so we can arrange for a nurse to call.

SURGERY CLOSURE

Please note that the Surgery will be closed between 1-5pm on:

Tuesday 24th January
Wednesday 22nd February
Thursday 23rd March
Tuesday 25th April
Wednesday 24th May

This is for educational training purposes for all surgery staff.

Between the hours of 1-5pm Cuedoc will take all Emergency calls.
01228 401999

CITIZENS ADVICE BUREAU

Don't know which way to turn?
Debt! Marital Problems!
Housing or Benefit problems!
Make an appointment to speak to someone from Citizens Advice in the Surgery.
Here every Tuesday afternoon.

DONATIONS

Silloth Patient Care Fund

Purchases during 2005 have included equipment for the baby massage clinics, an Induction Loop for the reception office and BP monitors for the District Nurses. On behalf of Silloth Group Medical Practice we would like to thank all those who have donated to the Patient Care Fund. Please note that cheques must be made payable to: "Silloth Patient Care Fund" and not the Surgery

Useful Notes

- If asking about results, please 'phone after 10am
- All samples need to be handed into the Surgery before 11:30am as the hospital collects them at 12 noon.
- Open Surgery runs from 3:30pm to 4:30pm This is for consultations that can be treated quickly and not for long-term conditions
- If you require a Home Visit, please try to 'phone before 10am

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Why not visit our Surgery Website on:
www.northcumbriahealth.nhs.uk/silloth

Collection of Prescriptions

Please allow 24 hours before collecting from the Surgery

Allow 48 hours if collecting from the Chemist