Silloth Medical & First Aid Sea Rescue Exercise



Report by: Eddie Studholme

A major medical/first aid exercise took place on Sunday 20th November off the West Beach at Silloth between the pier end and the 'Tommy Legs'.

The exercise was simulating two fishing vessels running aground, one sinking, with multiple casualties in the water, on board both vessels and on the shore to test first aid/medical skills of the local rescue services together with providing an opportunity for all the teams to work together. The exercise was a huge success and about 65 people were involved.

Sunday



Rescue teams
involved were Silloth
Lifeboat, both of
Workington's lifeboats,
Nith Rescue boat, Burgh
by Sands coastguard
boat, Maryport
coastguard mobile units,
Silloth Fire brigade,
several Paramedics
and Doctors. Several of
the organisations had

9am - 10pm

their own officials and instructors present to observe the event.

The proceedings could not have taken place without the assistance of Danny Baxter and his family allowing us the usage of their fishing boats, 'Trebla' and the 'Three Sisters' as casualty vessels. The whole event



Casualties being treated on the beach, with rescue boats and casualty vessels



was organised and coordinated by Silloth Lifeboat crew member, Mick Satterthwaite. The exercise was followed by a debrief session back at Silloth Lifeboat Station. Thanks to everyone who attended and gave up their time to make this training such a great success.

