

Battle of the Bands



Silloth Festival's Battle of the Bands got off to a great start with a full house in the Rugby Club. Winners of the first heat were Maryport youngsters 'Awol' who just got better as the night wore on. Wigton youngsters 'Lachesis' opened the evening with a lively set of their own compositions, going down well to an appreciative audience.

Next on were veterans

Carlisle 'Rockers 'Fixer', who gave an excellent rendition of classic tunes very much enjoyed by a lively crowd.

Thanks to the Rugby Club compere Mark Singleton and Silloth Festivals for producing a brilliant evening featuring local talent which was enjoyed by all age groups.



Wigton Arthritis Support Group

Chairman Edna Marper welcomed everyone to the May Meeting. Everyone signed a card and sent best wishes to Norma Jamieson in hospital having a knee replacement. Edna then introduced Jackie Barker who gave a very interesting talk on the Alexander Technique. She told of how Mr Alexander found that the way we hold tension in our muscles can cause lots of problems and also pain. Jackie then demonstrated ways of softening neck

muscles, which are one of the main areas of muscle tension. We were shown easier ways to sit and stand using the minimum amount of effort and also how to lie down supporting our heads on a few books so that the neck is supported enough to allow easy breathing while doing relaxation. Edna then thanked Jackie for a very useful demonstration. Anne Graham and Elinor Hodgson served refreshments including delicious home-made biscuits supplied by

Elinor. Mary Thompson won the raffle prize and then everyone settled down to listen to a relaxation tape. The residents of Loveday House were thanked for allowing us to use their sitting room.



Mad Mynce Bee by Georgia Wilson aged 9 from Silloth Primary School

Assembly Rooms

Nearly 200 Quiz Sheets in aid of the Assembly Rooms were sold asking 'When did it Happen?' They listed 68 events happening from 1922 to 1987. There were several sheets with all the correct answers so Rev. David Tembey, Vice Chairman, held a draw during the Family Service in St. Mary's Holme Cultram Abbey. The winners were: 1st Jean Armstrong, Abbeytown, 2nd Mary Spry, Abbeytown, 3rd R Dixon, Wigton. Thanks to all who participated.

Inner Wheel Donation to Air Ambulance



Photo by: Geoff Betsworth

The ladies of Silloth-on-Solway Inner Wheel presented a cheque for £325 to the Pride of Cumbria Great North Air Ambulance.

Passion 4 Fashion



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the Saturday Night Main Event

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- The ANIMALS
- Danny Bryants Red Eye Band
- Little Stevie & the Business
- The NIGHTRIDERS
- Prize Karaoke Competition

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GREAT VALUE WEEKEND TICKET ONLY £22.00

Thursday 7th - Little Stevie & the Business
7.30pm - 12.30am Tickets: £6

Friday 8th - The ANIMALS
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8.00pm - Late Tickets: £11.00

Saturday 9th - Pensioners Dance
The NIGHTRIDERS
1.00pm - 4.00pm Tickets £4.00

the Saturday Night

DRIFTERS

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8.00pm - Late Tickets £13.00

Sunday 10th

£300 Prize Karaoke Competition

1.00pm - 5.00pm Tickets £4.00

Tickets available from
Carnegie Theatre, Workington 01900 602122
Winters Newsagents, Silloth (Cash only)
Check website for updates.
For Accommodation Enquiries
Tel Silloth T.I.C. on 016973 31944

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