The Bank Mill Experience

Bill & Staff welcome you to the nursery



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Butterflies & Reptiles from around the world in a landscaped greenhouse



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Duck Pond Scrape Flower Meadows Marshlands, Toad Ponds

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Delicious in-house Baking, Scones.

Scones,
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Cumbria's Best Kept Gardening Secret

Midway between Beckfoot & Mawbray on the Maryport Road Nursery open daily 9am–6:30pm The Dunes open 9am–4:30pm Last entry to Nature Reserve one hour before closing

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Silloth Football Club Win Killoran Cup and Promotion



Silloth Football Club won their first trophy of the season with a 2-0 victory over Whitehaven. Two goals from "Man of the Moment" Ross Johnstone ensured John Slack's men returned to Eden Street with a fine trophy.

They have also won

promotion to County Premiere 1 League after a fine season.

The AGM will be held on Thursday 8th June at 7pm in the Golf Hotel, all are welcome. The Junior sides presentation night is Friday 9th June at 7pm in the Rugby Club. Theme for the Above: The Team with the Killoran Cup Below: Captain David Minnican receiving the Cup from Colin Doorbar, Chairman of the League

evening is Stars in your Eyes with compere Malc Wise.

The under 9 5-A-Sides event will be on Saturday 19th June at 1pm on the Green. Finally don't forget the 'Sportsmans Dinner' in the Rugby Club with Liverpool legend 'Joey Jones', tickets are available from 'Occasions' Silloth.

County Champion



Report & Photo by: Lorna Winter

Bethany Wise (centre) wearing her County Championship Gold & Silver medals for under 13 Girls Sprint races. The competition was held at the Sheepmount, Carlisle on 13th May.

Bethany became County Champion for the 150 metres and then followed this by finishing in a dead heat over 80 metres, only missing out on another Gold by 1/100th of a second.

Alongside Bethany is Leonie Graham who qualified for the 80 metres final but missed out on the medals.
Leonie also competed in the Long Jump and High

Jump events. Bethany and Leonie have both been chosen for Team North Cumbria, which is a great achievement; they will be competing at venues as far afield as Gateshead Stadium and at Whitley Bay in the North East.

Also in the photo is Bethany's younger sister Megan who also competed in the Championship in the 60 metres, 600 metres and Long Jump in the under 11 age group. Although Megan failed to get a medal she achieved Personal Bests in all three events.

All three Silloth girls are members of Ellenborough Athletic Club, Maryport.

We wish them all good luck for the future.



Silloth Rugby Club

Report & Photo by: Jimmy Lettice

Stephen steals the Silloth RUFC Presentation Night show.

The stars of the show were Steven **Knowles & Phillip** Scott. The winner of the Jim Brough Memorial Trophy most promising newcomer was Stephen Harrison. Stephen is the type of lad every club should have, he never misses training and he turns up every week home and away, most importantly he enjoys his rugby.

Steven Knowles won Most Endeavour and Most Improved and the Mike Pearson trophy.

Phillip Scott was the Players Player, he also won the trophy for the most dedicated player on and off the field and also



Stephen Harrison

the leading points scorer, he is a great candidate for next seasons captain.

Other prizes:
Mark Orchard for
the most try's. Colin
Rhodes the golden boot.
Committee prize to
Jimmy Lettice. Colt of
the year Shane Housby.

Clubman of the year Donald Pape.





14-16 Eden Street Silloth Tel: 016973 32541

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