



Snorkel Bee by Ashley Little aged 11 from Holm Cultram Abbey School

# Solway Buzz

www.solwaybuzz.co.uk

August 2006

local news - for you - by you - about you - free to you - local news

**FREE PAPER**

Issue 47

## RED ARROWS

*Where is the best place to see them?*

*The Promenade at Silloth-on-Solway*

*When?  
28th August  
Silloth Carnival Day  
Bank Holiday Monday*

*What else is happening?  
In addition to all the usual floats and entertainment on Silloth Green you will see the Falcons Parachute Display Team and Spitfire Display*

## SILLOTH CARNIVAL NOTICE

Silloth Carnival Committee hope that everyone in Silloth and District will have a very enjoyable Carnival Day.

In view of the large numbers expected to visit Silloth on August 28th the road closures will be much stricter than usual, inevitably this will lead to some inconvenience for local people. A 'Park & Ride' system will be operating with traffic being diverted on to a parking field on the coast road and to Silloth Airfield to park, with buses providing a shuttle service to and from the town. There will be no market on the Airfield in order to accommodate the large numbers of cars expecting to park there. The road around the marsh to Skinburness will also be closed to traffic, this will be used as a clear access route for all emergency vehicles in and out of the town, so badly or inconsiderately parked vehicles will be removed by the Police in the interests of public safety.

The police have asked us to inform local people who have to use their cars to carry some form of identification, or other evidence that they require access to Silloth.

This will be a day in a million for Silloth, the impact of the visit by the Red Arrows, the RAF Falcon Sky Diving Display Team, and a display by a Spitfire, all in addition to the usual Carnival Day activities - cannot be underestimated. Silloth Carnival Committee trusts we will all do our best to show the area off to its best advantage and will take this opportunity to enjoy ourselves.

Silloth Carnival 2006 will be one to remember, please make allowances should there be any inconvenience, after all, it is a day in a million!

## First Ever 20 Page Buzz

and we still can't squeeze it all in, there is just so much happening at this time of year.

A BIG THANK-YOU to all of our contributors, without them there would be no Solway Buzz. This is truly a community effort. So long as the advertisers continue to cover the costs and everyone keeps sending in photos and articles, your editor will keep putting it all together.

Check out the Dates for the Diary to see how much is happening.

Silloth Pensioners, fill-in the form on page 8 and apply for your FREE Tea Party tickets, normal entry without the tea is £4 so don't miss this opportunity.

### SILLOTH ROTARY CLUB KITE FESTIVAL

29th & 30th JULY 2006

KITE FLYING WORKSHOPS

FLYING DISPLAYS

PARACHUTING TEDDY'S

PARACHUTING SWEETS

KITE MAKING

FUN FOR ALL THE FAMILY

ON SILLOTH GREEN 12-4pm

SPONSORED BY  
SILLOTH  
FESTIVALS Ltd

Silloth Festivals Ltd in association with Jennings Breweries Ltd Presents

The Silloth  
**Music Beer Festival 06**  
September 7th - 10th

75 Real Ales  
& Ciders  
Great Bands  
All Weekend

2006 Battle of the Bands  
Winners  
AWOL - Playing Friday 8th  
The Freedom - Playing  
Saturday 9th

In a Giant Marquee on Silloth Green

Thursday 7th - Little Stevie & the Business	Tickets £6
Friday 8th - The ANIMALS	
Supported by Danny Bryants Red Eye Band	Tickets £11
Saturday 9th- Pensioners Dance	
The NIGHTRIDERS	Tickets £4
Sunday 10th	
£300 Prize Karaoke Competition	Tickets £4

Saturday Night  
Main Event

the **DRIFTERS**

Supported by - The NIGHTRIDERS  
8.00pm - Late Tickets £13.00

Tickets available from  
Carnegie Theatre, Workington  
01900 602122

Winters Newsagents  
Silloth (Cash only)

Check website for updates

For Accommodation  
Enquiries Tel Silloth T.I.C.  
016973 31944



**FULL WEEKEND  
TICKET  
ONLY £22**

www.sillothbeerfestival.co.uk



## Festival of Art



Solway plains artists would like to thank the Silloth shopkeepers for allowing them to show their work in the windows. Without their kindness and co-operation the event could not have taken place.

Everyone in the town has enjoyed seeing the great variety of mediums exhibited and the visitors have liked the idea of a 'walk about'. The artists assembled in the Golf Hotel where they were greeted by Mr Graham Wilkinson,

Mayor of Silloth. Thanks must also be given to Mr & Mrs Fausto Previtali and their staff for making this an enjoyable event. The festival is sponsored by Solway Arts & Silloth Tourism Action Group.

## New Venture for Local Couple



Glen with his low-loader and van, plus some of the plant & tools available for hire

Glen and Debbie Holder are delighted to announce that Glen Holder Transport has now past its First Birthday delivering plant and machinery, locally and nationwide.

They have built up over fifty regular customers from as far away as Dubai, the Western Isles of Scotland and the South of England, not forgetting all their local

customers.

After a few enquiries by some of the people in Silloth and around the area, they have branched out into Tool and Plant Hire. Nothing too extravagant, just a few tools for the DIY'er, i.e. wallpaper, strippers, mixers, stone saws, pumps, generators, pressure washers, gardening equipment, concrete breakers and for the keener DIY'ers

mini diggers and dumper trucks. They will deliver free of charge in the Silloth area.

You can call them 24 hours a day 7 days a week on 016973 32061 or mobile 07921 266480.

They would like to take this opportunity to thank ex-employer Tony & Denise Markley, sub-contractors and all the people that have helped and supported them in their first year.

## Abbey Strawberry Teas



After the terrible fire at Holm Cultram Abbey, a good crowd turned out to enjoy the Strawberry Teas in marquees in the Abbey grounds



Vampire Bee  
by Sadie Lewis  
aged 6 from  
Bouncing Babies  
Childminders

Bee  
by Stacey Strick  
aged almost 8  
from  
Holme St. Cuthbert  
School

## Lifeboat Service



The Annual Lifeboat Service was recently held in Silloth Lifeboat Station

## STANWIX PARK Holiday Centre

A great day out for all the Family

### A New Life Style!

Owning your own holiday home is a great way to make the most of your leisure time with the freedom to take a holiday when you want, as often as you want. Call in and view today.



Now booking Christmas Parties

### Leisure Centre

- \* Swimming Pool \*
- \* Water features \* Solarium \*
- \* Sauna \* Steam room \* Spa \*
- \* Amusements \* Tenpin Bowling \*
- \* Gym \* Fox's Play Pen \*
- and much more



Greenrow, Silloth Tel: 016973 32666 www.stanwix.com

### Night Life in the Sunset Inn

Family Fun and Games  
Competitions and Disco

### Sky and Dunes Adult Cabaret Bar

Large Screen TV, Bingo  
Adult Cabaret



Cool Bee at the Park  
by Emma Loftus  
aged 8 from  
Holme St. Cuthbert  
School



Queen Storm  
by Jessica from  
Holm Cultram Abbey School

# Regalo

find the hidden treasure of the Solway, stocking a large range of gifts

Royal Albert  
Border Fine Arts  
9ct Gold Earrings  
Silver Celtic Jewellery  
Willow Tree by Demdaco

Also come and purchase our famous Motto Cat moneyboxes

4 Criffel Street, Silloth-on-Solway  
Tel: 016973 32770

## RAY'S SHRIMPS

Factory Outlet  
Now Open

PEELED  
BROWN SHRIMPS  
VACUUM PACKED  
VARIOUS PACK SIZES  
AVAILABLE  
POTTED SHRIMPS IN  
BUTTER - TRADITIONAL  
ALSO WITH GARLIC  
TRADE ENQUIRIES WELCOME

Tel/Fax: 016973 31215  
www.raysshrimpsltd.co.uk  
julie@allison4990.fsnet.co.uk  
1 Station Road Ind Estate,  
Silloth, CA7 4AE  
Approval No. UK AE027 EEC



## Mothers Union 40th Birthday Party

Despite the devastating fire Holm Cultram Abbey branch of the Mothers Union celebrated their 40th Birthday with a party.

Unable to use the Abbey the venue was moved to Abbeytown Assembly Rooms but otherwise everything went ahead as planned. There were three members invited from every M.U. branch in Solway Deanery, as well as all the members from the link branch at St. James, Whitehaven. Diocesan President, Elizabeth Walton, was also present.

Branch Leader, Maureen Gibson welcomed everyone. Rev. David Tembey talked of how uplifted he and Lynne were by the cards, letters and messages of love and support they had received from all over the diocese and beyond. Lynne and Elizabeth lead the prayers of re-dedication. Freda Garner a founder member talked of the history of the branch and gave several examples of how the M.U. play an important role in the life of the church. Donald Foster played the piano for the hymns. As there are only two founder members still living in the village Elizabeth presented cards to Freda Garner and Elsie Foster to remind them of the occasion. Elizabeth Walton then



L-R: Freda Garner, Elizabeth Walton, Elsie Foster

thanked Holm Cultram for inviting everyone to share their celebrations and reminded all of the World Wide Fellowship of the M.U. with 3.5 million members throughout the world. There is always someone somewhere praying for all the other members. Holm Cultram members then served a lovely

buffet enjoyed by everyone, a beautiful birthday cake, made and decorated by Susan Turnbull (daughter of Branch Secretary Noeline Foster) was cut by the two founder members and distributed with wine to toast the health and future prosperity of Holm Cultram Abbey Mothers Union.

## Florists Special 'Occasion'



Silloth florists 'Occasion' has recently celebrated its eighth anniversary of trading in the town.

The business was started by local sisters Gillian Johnstone and Janet Ferguson at 13 Station Road in 1998. In 2004 Silloth couple Eileen and John Slack moved the business two doors up the street to 9 Station Road. Eileen

## Pensioners Annual Strawberry Tea



Mrs Monkhouse, Mrs Mccutcheon and Mrs Reeves

Report by:  
Derek & Diana Shaw

On Saturday 1st July the Silloth & District Pensioners held their Annual Strawberry Tea in St. Andrews Hall. What a pleasant afternoon it was and nice to see everyone enjoying their strawberries and cream.

Various Committee Members brought fresh flowers for the table from their gardens, making the tables very attractive. The Cake Stall was well stocked and did brisk trade, the Bric a Brac and book stall had lots of customers. The Raffle had 12 lucky winners and the event raised £248 for

funds.

Thanks to the Committee and the ladies who gave up their Saturday Afternoon to help make the Afternoon a success.

The Anniversary Coffee Morning will take place in the Recreation Hall on Saturday 2nd September at 10am

said "Silloth did not have its own florists when Janet and Gillian opened Occasions, there was nowhere to buy bouquets, wedding flowers, funeral wreaths, flower baskets or arrangements. The shop has proved to be a successful asset to the town thanks to the patronage and loyalty of local people. A small business depends on

local support in order to survive and we are extremely grateful for this continuing support from the people of Silloth".

Of course as well as fresh flowers Occasions stocks a large range of silk flowers and trees (they are so life like it is difficult to tell the fresh from the silk!). A hire service is in operation

for the silk trees for weddings and other "Occasions", the trees can be decorated in the customer's choice of colours or theme.

Occasions also offer an ordering service for fresh flowers, two or three days notice is all that is required for delivery into the shop on a Monday or a Wednesday.

## Fletcher's Fun Fair



### Variety of Rides for all ages

The Fun Fair will be at the Christmas Lights switching-on ceremony in Silloth on Friday 26th November

The Switch-On is at 6pm

## Out of the Blue at the NEW INN

*Our friendly village Pub is a family business, our new Restaurant specialises in fish and local produce which is all home cooked*

New Inn, Blencogo, tel: 016973 61091  
just off the Wigton to Silloth road

## ALCOHOLICS ANONYMOUS

Do you, or someone you know have a drink problem?

There is now a way out

Come to:  
**Greenrow Church**  
(opp Stanwix Park)  
every Wed 7pm-9pm

Call our helpline:  
0845 769 7555

## WEST VIEW GUEST HOUSE

**B & B  
OR  
Room Only**

**9 STATION Rd  
Silloth  
016973 31449**

WestViewGuestHouse.co.uk

## Café 14/16

14-16 Eden Street  
Silloth

Tel: 016973 32541

Open Daily (closed Mondays, excepting Bank Holidays)

Serving home-made meals and snacks, Sunday Lunches, Fairtrade Tea and Coffee and home baked organic bread and cakes in a friendly, relaxed, non smoking atmosphere.



## Kandy Shop

**Cumbrian Cottage Ice Cream:**

Vanilla ~ Mint ~ Peach ~ Strawberry ~ Raspberry Pavlova  
Coffee Liqueur ~ Hokey Pokey ~ Almond Butter Toffee

**Over 100 sweet jars always in stock**  
Sugar Free Sweets ~ ClayMates

**Chocolates:**

Cadbury's ~ Beeches ~ Nestlé ~ Paynes ~ Ferréro  
Anthon Berg ~ Elizabeth Shaw ~ Bendick's

**Stockists of Jelly Belly Gourmet jelly beans**  
Daily & Evening Papers & Magazines delivered  
Large selection of Greetings Cards

14 Criffel Street \* Silloth \* Tel: 016973 31331



Regular Weekly Events

**Mondays**  
Bingo – Silloth Social Club, Waver Street @ 7:15pm  
Domino Drive – Recreation Hall, Eden Street  
Playing Field @ 7:30pm

**Tuesdays**  
Bingo – Bowling Club, Eden Street @ 7pm  
Whist Drive – Recreation Hall, Eden Street  
Playing Field @ 2pm

**Wednesdays**  
Coffee Morning – Silloth Nursing Home @ 10am  
Bingo – Silloth Social Club, Waver Street @ 7:30pm

**Thursdays**  
Market – Criffel Street 10am to 4pm  
Whist Drive – Recreation Hall, Eden Street  
Playing Field @ 7:30pm

**Fridays**  
Bingo – R.A.F.A. Club @ 7:30pm

**Saturdays**  
Bingo – Silloth Social Club, Waver Street @ 7:30pm  
Music & Dancing – R.A.F.A. Club, evening

**Sundays**  
Market – Criffel Street 10am to 4pm  
Market & Car Boot – Silloth Airfield 10am to 4pm  
RNLI – Exercise @ 10am  
Bingo – Bowling Club, Eden Street @ 7pm

Silloth Library

Opening Hours:

Monday	2 p m - 7 p m
Tuesday	c l o s e d
Wednesday	10am-1:30pm 2:30pm-5pm
Thursday	10am-1:30pm 2:30pm-5pm
Friday	10am-1:30pm 2:30pm-5pm
Saturday	10am-12noon

Books for all ages including children's and large print, and talking books  
Reference and Information  
Storysacks

Also available for a small fee:  
Videos and DVDs  
Audios CDs  
Photocopying  
Computers with Internet access (concessions apply - please ask)

Membership is free to everyone

Please call in or telephone (016973) 32195

Check out SolwayBuzz.co.uk for photos of local events

Production Team

Proprietor:  
Peter McRobert  
Barn Cottage  
Skinburness, CA7 4RA  
Tel: 016973 32180  
Fax: 016973 32133  
Email:  
peter@solwaybuzz.co.uk

Editorial Content  
This is down to you, we can only publish items if you send them to us.  
When sending articles in, please supply a contact name and number in case something requires clarification.  
We will accept letters, faxes or emails, but we do prefer emails as we do not have a typist to type your articles out.

Published by:  
SolWeb.biz with the support of the whole community and an army of volunteers.

Abbeystown Library

Abbeystown Library  
Holm Cultram Primary School  
Abbeystown  
Wigton  
CA7 4RU  
Tel: 016873 61425  
Assistant in Charge:  
Noelene Foster  
Monday: 3 - 5 pm  
Tuesday: Closed  
Wednesday: 3 - 5 pm  
Thursday: Closed  
Friday: 3 - 5 pm

- Fiction
- Non-fiction
- Reference and Information Services
- Children's Books
- Homework help
- Talking Books
- Local Studies Collection

And for a small charge:

- Requests
- Fax Facility
- Internet and PC use (some concessions apply)

We are open throughout the School Holidays

Useful Tel Numbers

Chemist, Silloth:	016973 31394
Crime Stoppers:	0800 555 111
Dental Emergency:	01228 603620
Dentist, Buchanan:	016973 31270
Dentist, Steel:	016973 32042
Doctor:	016973 31309
Gas:	0800 111 999
Hospital:	01228 523444
Holme St. Cuthbert School	
Mawbray:	01900 881242
Holm Cultram Abbey CofE School	
Abbeystown:	016973 61261
MP, Tony Cunningham:	
	01900 65815
Abbeystown Library	016973 61425
Silloth Library:	016973 32195
NAP	01900 702898
Police:	01900 602422
Quakers, Wigton:	01228 523174
Register Office, Wigton:	016973 66117
Samaritans:	01228 544444
Silloth Community School:	
	016973 31234
Silloth Nursery & Junior School:	
	016973 31243
Silloth Town Clerk:	016973 31128
Allerdale B. Council	01900 702702
Silloth Tourist Information Centre:	
	016973 31944
Solway Buzz:	016973 32180
Vet:	016973 20242
Waste Disposal Dept:	01900 702800
Water LeakLine:	0800 33 00 33

This section is for your convenience, so please, let us know what you want included, also any changes to numbers.

Refuse Collection

For Crunch service dates and locations or to arrange collection of bulky items  
Tel: 01900 702800.

Silloth Tots & Toddlers

Silloth Tots & Toddlers meet in Christ Church Hall, Silloth and is open to all children aged from 0 to 4.

Sessions are on:  
Wednesday: 1:30pm to 3pm and  
Fridays: 10am to 11:30am

Entry is £1 per family and this includes refreshments

All Welcome  
Call in for a friendly chat

Dates for the Diary

July

29th Abbeystown Carnival

29th Kite Festival on Silloth Green, noon to 4pm

30th Kite Festival on Silloth Green, noon to 4pm

August

1st Age Concern Tea Dance in Westnewton Village Hall from 1:45 to 3:45pm

3rd Silloth Methodist Church - Pop-in for a sandwich, cake, cup of tea & chat

3rd Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

5th Silloth Crunch

6th Food & Drink Festival in Silloth Discovery Centre 10:30am to 3:30pm, free entry

9th Guided Walk, Silloth Stroll from Silloth Tourist Information Centre @ 2pm, please book, Tel: 016973 31944

10th Silloth Methodist Church - Pop-in for a sandwich, cake, cup of tea & chat

10th Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

11th Cumbria Bog Weekend, Solway Coast AONB, details from 016973 33055

12th Library Open Week Pop in for a browse and a free cup of coffee, Sale of books, videos etc. Have a free session on the internet

12th Cumbria Bog Weekend, Solway Coast AONB, details from 016973 33055

13th Cumbria Bog Weekend, Solway Coast AONB, details from 016973 33055

14th Library Open Week Pop in for a browse and a free cup of coffee, Sale of books, videos etc. Have a free session on the internet, 10am - 1:30pm, 2:30pm - 5pm

14th STAG meeting in Golf Hotel @ 5:15pm - all welcome

15th Age Concern Tea Dance in Westnewton Village Hall from 1:45 to 3:45pm

16th Library Open Week Pop in for a browse and a free cup of coffee, Sale of books, videos etc. Have a free session on the internet, 2pm - 7pm

17th Silloth Methodist Church - Pop-in for a sandwich, cake, cup of tea & chat

17th Library Open Week Pop in for a browse and a free cup of coffee, Sale of books, videos etc. Have a free session on the internet, 10am - 1:30pm, 2:30pm - 5pm

18th Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

August continued

14th Library Open Week Pop in for a browse and a free cup of coffee, Sale of books, videos etc. Have a free session on the internet, 10am - 1:30pm, 2:30pm - 5pm

20th Solway Autograss Club meeting on Silloth Airfield starts at 11:30am, entry £4  
www.Solway-Autograss.co.uk

23rd Guided Walk, Silloth Stroll from Silloth Tourist Information Centre @ 2pm, please book, Tel: 016973 31944

24th Silloth Methodist Church - Pop-in for a sandwich, cake, cup of tea & chat

24th Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

25th Solfest

26th Annual Art Exhibition in aid of Silloth Carnival 152 Skinburness Road 10am to 6pm, entry £1

26th Solfest  
27th Annual Art Exhibition in aid of Silloth Carnival 152 Skinburness Road 10am to 6pm, entry £1

27th Solfest

27th Silloth Childrens Sports @ 3pm on The Green

27th Silloth Trawler Race

28th Annual Art Exhibition in aid of Silloth Carnival 152 Skinburness Road 10am to 6pm, entry £1

28th Silloth Carnival

29th Annual Art Exhibition in aid of Silloth Carnival 152 Skinburness Road 10am to 6pm, entry £1

29th Age Concern Tea Dance in Westnewton Village Hall from 1:45 to 3:45pm

31st Silloth Methodist Church - Pop-in for a sandwich, cake, cup of tea & chat

31st Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

Silloth RNLI Shop

Silloth Lifeboat Station Shop Opening Hours

Sunday - 11am to 4pm  
Monday - 11am to 4pm  
Tuesday - 1pm to 4pm  
Wednesday - 1pm to 4pm  
Thursday - 1:30pm to 4:30pm  
Friday - CLOSED  
Saturday - 11am to 4pm

Due to a shortage of volunteers, we may not always be able to open. We apologise for any inconvenience.

September

2nd Silloth & District Pensioners Anniversary Coffee Morning in Recreation Hall at 10am

3rd Silloth Community Craft Show in the Social Club

7th Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

7th Health & Well Being Day in Silloth Community Centre from 9:30am to 3:30pm

7th Silloth Music & Beer Festival sponsored by Jennings

8th Silloth Music & Beer Festival sponsored by Jennings

9th Silloth RAFA Leek Club Show

9th Silloth Music & Beer Festival sponsored by Jennings

10th Local Food Fair, 10am to 4pm, Mawbray Village Hall, Tel: Karen: 01900 881353

10th Solway Autograss Club meeting on Silloth Airfield Gordon Jameson Memorial starts at 11:30am, entry £4  
www.Solway-Autograss.co.uk

10th Silloth Music & Beer Festival sponsored by Jennings

12th Age Concern Tea Dance in Silloth Community Technical College from 1:45 to 3:45pm

14th Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

16th Silloth Crunch

17th Annual Trip to Blackpool leaves Silloth at 8:30am, tel: 016973 31013

21st Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

22nd Patricia & Friends, a Concert in Trinity Methodist Church @ 7:30pm

24th Harvest Festival Service in Abbeystown Methodist Church @ 6:30pm

25th Coffee Evening & Sale of Produce in Abbeystown Methodist Church @ 7pm  
All Welcome

26th Solway Coast Neighbourhood Forum @ 7pm in Holme St. Cuthbert Parish Rooms

28th Bird Watching Walk from Silloth Tourist Information Centre @ 11am, or Skinburness Hotel @ 11:15am  
Tel: 016973 31944

October

1st Solway Autograss Club meeting on Silloth Airfield starts at 11:30am, entry £4  
www.Solway-Autograss.co.uk

7th Silloth & District Pensioners Coffee Morning in Recreation Hall at 10am

21st Silloth Crunch

November

4th Silloth & District Pensioners Christmas Afternoon Tea in St Andrews Hall at 2pm

10th Country & Western Weekend in Stanwix Park, web: Stanwix.com, tel 016973 32666

11th Country & Western Weekend in Stanwix Park, web: Stanwix.com, tel 016973 32666

12th Country & Western Weekend in Stanwix Park, web: Stanwix.com, tel 016973 32666

14th Solway Coast Neighbourhood Forum

17th Outrageous Comedy Weekend in Stanwix Park, web: Stanwix.com, tel 016973 32666

18th Silloth Crunch

18th Outrageous Comedy Weekend in Stanwix Park, web: Stanwix.com, tel 016973 32666

19th Outrageous Comedy Weekend in Stanwix Park, web: Stanwix.com, tel 016973 32666

25th Silloth & District Pensioners pre-Christmas Party in Stanwix Park Holiday Centre

26th Christmas Craft Fayre in Mawbray Village Hall Home-made Teas 10am to 4pm  
Tel: Karen: 01900 881353

December

7th Silloth Methodist Church - Pop-in Light Christmas Lunch

9th Silloth Crunch

10th Silloth Methodist Church - Evening Carol Service

16th Wigton Choral Society - Christmas Concert in St. Mary's Church, Wigton @ 7:30pm, Details & bookings: 01228 710755

The Masthead Bee Winner each month receives a Certificate, £5 Voucher and a Polo Shirt embroidered by Carlisle Embroidery

Do you have an event in the area bounded by Abbeystown, Mawbray, Silloth, Skinburness, if so please let us know.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Copy date for the September issue  
If your organisation has an event to promote or you have something to say, please note that the next copy date is:  
7th August 2006

Copy Date



Silloth Bee-ach Club by Adam Johnston aged 11 from Silloth Primary School



## Police Report

Report by:  
Inspector Dave Barr  
North Allerdale Local  
Policing Team

The aftershock of the fire at the Church in Abbeytown has passed. It is cold comfort to know that a local youth has been arrested for the offence, and will be dealt with before the courts. A meeting was called by residents the week after the fire. They raised their concerns about this incident but also about the general level of disorder in the village. This was broken down into poor driving behaviour, noise nuisance and littering. As a result of this meeting, PC Fordyce, who is the ward officer for Holme, drew up an action plan. This has resulted in the people identified as driving around the village and causing a nuisance being seen in person, and warned of the consequences that they can expect if they continue to commit offences. Police have been paying more attention to the village and have conducted radar speed checks. This has led to drivers being issued with penalty tickets for exceeding the 30 m.p.h. speed limit (3 points and £60 fine); and tickets for failing to wear seat belts (£30 fine). A follow up meeting with residents is being planned.

Silloth Carnival is almost upon us. It is expected that the event will attract greater numbers to the town than is usual due to the appearance of the Red Arrows display team. Police will be patrolling to counter any incidents of drunkenness and disorder. Particular attention will be paid to under-age drinking. Last year a youth who was under 16 ended up in casualty at Carlisle after consuming an excessive amount of alcohol. Adults are asked to be vigilant. It will assist matters if they know what their children are doing on the day and they do not supply them with alcohol of any description.

The Solfest music event will again take place in the area of Tarns from the 25th August to 28th August. The organizers have been as meticulous as usual in planning the event. Again police will be on the ground conducting general patrol.

PC Andy Robertson (Silloth Community Constable) has not been on patrol in the town due to a recent road traffic incident where he was injured by a passing motorist whilst dealing with a previous collision. He is expected to need a few weeks to recover from his injuries. We all wish him a speedy

recovery.

Finally, plans to have the police using Silloth Fire Station as a Police Office have stalled for the time being. It was discovered that the template that we were using to draw up a licence was found to be flawed. We have had to go back to square one in drawing up the licence. This is not a simple process but involves ourselves, the Fire Service, Capita and the County Council Legal Services Department. Issues over cost and compliance with the disability discrimination act (access for people with disabilities) still need resolving. We will get there eventually.

## Silloth Primary School

Friends of Silloth Primary School activities:

June 100 Club Draw Results, Drawn in assembly on 30th May  
1st Prize - £15 – No. 56 Margaret Wright  
2nd Prize - £10 – No. 46 Linda Abernethy  
3rd Prize - £5 – No. 9 Karen Groucott

Fun Day

Our recent Fun Day was a great success. The children took part in a variety of activities including face painting, bat the rat, karaoke and an obstacle race.

Thank you to all the children, parents and friends who attended and to those who contributed to the cake stall, tombola, etc. Special

thanks to school staff and volunteers, Rayner Fletcher for the use of his bouncy castle, and also the firemen who showed the children round the fire engine.

We raised £600 towards our all-weather surface and play area.

Car Boot Sale

Our car boot sale became an indoor table top sale thanks to the weather. Thank you to all who attended, whether buying, selling or eating Shaw's Meats sausage butties! Despite the weather we managed to raise £92.

If you are interested in helping to raise funds or would like to join the "100 Club" then please contact the school.

## Annual Art Exhibition

Heather and Olive Wood invite you to see their paintings at: 152 Skinburness Road, Silloth.

The 2006 Annual Art Exhibition will be open from 10am - 6pm on 26th, 27th, 28th & 29th August – Entrance £1.

Proceeds will go towards the Silloth Carnival.

## Swim for 10p

Allerdale Borough Council is offering 10p entry to children throughout the school summer holidays at council-owned pools in Workington, Cockermouth, Wigton and Maryport.

Children under 16 can swim for 10p during public sessions at the pools until 3rd September. As sessions will vary between the pools taking part please check with your local pool for timetable details or visit [www.allerdale.gov.uk/leisure](http://www.allerdale.gov.uk/leisure).

Normal pool rules will apply and entry may be denied if the maximum bather numbers are reached. For opening times please contact the pools. Cockermouth 01900 823596, Workington 01900 61771, Wigton 016973 42412 and Maryport 01900 812161.

## MUSIC WITH INTENT

### Churches Together in Silloth

Carnival Weekend - Saturday 26th to Monday 28th August

Events in the tent on Saturday 26th August

Live Aid on the Green 6pm to 9pm

Concert for a fairer world Featuring Frank Devine, Elaine Davidson and more!

Sunday 27th August

Kids fun hour 2pm to 3pm Games, songs, puppets, activities  
Songs of Praise 5pm to 6pm A get to-gether to sing favourite hymns  
Youth Event 7:30pm to 9pm Quizzes, interactive games, puppets

Monday 28th August

Carnival Day 11am to 4pm

Programme of events to include puppet shows, our resident clown, Gospel Choir, Churches Together singing, books, fair trade stall

All Welcome

# JayBee Blake Ltd

open 7 days a week

Off-Licence  
Hardware  
Key Cutting  
Carpet Cleaner Hire  
Gifts  
Wallpaper Stripper Hire  
& much, more

Tel: 016973 31245

## PARAMOUNT AMUSEMENTS

food served all day  
Bingo  
Refreshments • Gifts  
Fun for all the Family  
Indoor & Outdoor Kids Go-Carts

The Green • Silloth • Tel: 016973 31131

## Essentialz

We have Baby Clothes  
and Children's Toys  
Costume & Fashion Jewellery

Ladies Fashions  
with an excellent choice  
for the fuller figure

Basques and lots  
of other frilly naughty  
things we women  
love to wear

From Pyjamas  
to a Party Dress

7 Station Road, Silloth  
Tel: 016973 31672



Posts, Strainers,  
Square Timber Rails,  
Galvanised & Wooden Gates,  
Purlins, Wire Staples  
**Sawdust & Shavings**  
*All always in stock*

**GARDEN GATES & FENCES**  
Professional Installation

Steven Williamson  
Stank End Farm, Abbeytown  
Tel: 016973 61044  
Mobile: 07711 144050

**David Allen & Co**

is committed to providing the highest level of service to help you improve your finances.

We have a proactive team of accountants and tax advisors and provide a complete package of services to local businesses, companies, farmers, charities & clubs.

Providing

- Accountancy
- Strategic Business Planning
- Company Secretarial Services
- Tax Returns & Tax Planning
- VAT
- PAYE Compliance
- Accounts Software & Training
- Auditing

Ask for a free no obligation consultation

Registered to carry on audit work and authorised to carry on investment business by the Institute of Chartered Accountants in England & Wales.

**DAVID  
ALLEN  
& Co**

CHARTERED  
ACCOUNTANTS

Dalmar House  
Barras Lane Estate, Dalston  
Carlisle, CA5 7NY  
Tel: 01228 711888  
Fax: 01228 711826  
email: [mail@david-allen.co.uk](mailto:mail@david-allen.co.uk)  
website: [www.david-allen.co.uk](http://www.david-allen.co.uk)



Vampire Bee  
by Paul Campbell  
aged 11 from  
Silloth Primary School

Strong Bee  
by Grant Carruthers  
from  
Silloth Primary School



## CUPS AND SAUCERS FARM BAKERY & TEA SHOP SEAVILLE

Enjoy good old fashioned and traditional home baked food beside a roaring coal fire  
Orders taken for scones and cakes

Open everyday except Monday 10am to 5pm

Tel: Kathleen 016973 61256  
halfway between Abbeytown & Silloth



## Solfest at Tarnside Farm

It's August and Solfest is back at Tarnside Farm, bigger and better than ever before!

Solfest is sold out. But what is Solfest and what has made it grown into such a success in only three short years? On behalf of the Solway Buzz we set off to find out.

Solfest originally sprang out of an idea from Abbeytown man Simon Kay and a group of friends, which they had while attending the Cambridge Folk Festival in summer 2003. "We felt that between us we had the skills and the enthusiasm to put on something really special in Cumbria. We go to many festivals every year ourselves right across the British Isles and knew that the people of Cumbria would love the opportunity to experience the festival atmosphere without having to travel hundreds of miles."

One of the key successes of Solfest has been the professionalism with which it has been run. Right from the start, a committee was formed and a constitution drawn up which ensured that members of the committee could never make any financial profit from Solfest. "This has been a blessing" said Simon. "Because none

of us are in it for the money, it means we can invest heavily in all the quirky little extras which make festivals so special, without ever feeling that we are losing out ourselves. At our first ever meeting in 2003 we decided that we would always run everything in as professional a manner as possible, without ever cutting corners. By doing this, we were able to lay sound foundations for what the festival may go on to become. After the first year we decided to become a 'not for profit' limited company in order to provide ourselves with a bit of security, but we have always stuck rigidly to our original principles"



Funded by a combination of ethical sponsorship, grant funding and ticket sales, Solfest has consistently managed to defy the odds by prospering in a climate, which sees most new businesses fail within the first two years. This is particularly true in the field of the Arts, where it is virtually unheard of for Arts events to be self-funding (something which Solfest expects to achieve within the next two years).

This year, the Solfest box office has had to post tickets to people in the USA, China,

Canada, and all over Europe and the UK. So, with so many festivals of different types to choose from, what is it that makes Solfest so special? According to Simon, it is a combination of taking good ideas from other events and also finding completely new solutions where needed. "A lot of events base their attendance numbers on the number of people who pass through in a weekend. In many cases the same person could be counted several times. At Solfest, we only sell full weekend tickets. This means that for one weekend in August, we will be building a canvas town with a population the size of Aspatia and Silloth combined! Because people stay on site, they invest heavily in the festival and become part of it. I've even known local people who only live a few hundred yards away from the site actually going home and getting their camping gear just so that they could be part of the experience!"

Another example of the levels of community involvement is this year's fancy dress party, which will see over 5,000 people dressed as Pirates and Faeries on Saturday night. "Having fancy dress at festivals is a great idea. It requires very little organisation and really lifts the

energy of the event. I'm surprised more events don't try it!"

Solfest really is an event that bases itself on two simple beliefs; firstly that it is people who make festivals, all the other stuff just helps them along. Secondly, attention to detail is everything. This is something which is apparent all over the Solfest site with quirky walkabout entertainers, musicians, artists, shops & stalls, cafes where you can sit down and have a cup of tea (or perhaps something a little stronger). Hundreds of children's activities and workshops, sculptures, flags, kites, a labyrinth and much, much more. And if you ever manage to find the time, there's always three Main stages and a Dance tent as well as countless smaller stages and venues dotted around the site where you can see a host of acts ranging from the well known crowd pleaser's right through to up and coming bands discovered from the thousands of CD's sent to the organisers and the hundreds of gigs which they attend each year on the look-out for new acts.

With over 200 separate live performances in a weekend, it's impossible to see everything, so we thought we'd take this opportunity to ask

Simon what his hot tips for Solfest 2006 were. So, exclusively for the Solway Buzz, his acts not to miss this year include:

- Croft No5, Mainstage, "A big hit at Solfest 2004, these lads from Skye have chosen Solfest to play their last ever English gig. If you miss them this time, it'll be too late!"
- Nula and The Retrobates, "The Bar Stage, this lot blew us away when we first saw them. Nula has one of the most powerful voices I have ever heard and the band create the ideal backdrop for her awesome talent."
- Mark Saul, Drystone Stage, "An Aussie piper who uses electronic wizardry to create amazingly danceable tunes. He's never been seen before in the UK, but we are sure that he'll be all over the festival circuit in a couple of years time. See him at Solfest first!"
- Dreadzone, Dance Tent, Considered by many to be the ultimate festival band, Dreadzone have been entertaining festival audiences for many years but still provide a show which is guaranteed to delight. Not dancing is not an option!"

We will be visiting Solfest and you will be able to read a full review of the 2006 festival in the Solway Buzz.

## Corrections

As most people know and understand, the Buzz is a community paper with most work done by volunteers and all work by amateurs, so we don't always get things right, but despite appearances we do try to be professional.

In the last issue two items deserve clarification.

Firstly: The small article about the Abbey fire implied that six people were involved in entering the Abbey and starting the fire. This appears to have been incorrect and some of those involved feel they have been unfairly represented by the article. The Police have explained that their understanding is that only two entered the Abbey, intending to steal, and that one of them then started the fire on his own. All six were initially arrested because they had all been drinking together prior to the fire.

Secondly: The article on the Battle of the Bands stated that the winners were THE FREEDOM, they were actually the runners-up. the winners were AWOL who will support THE DRIFTERS (we got that part right).

We apologise to all our readers and everyone else offended by our mistakes on this and other occasions.

THE CHARITY SHOP

MacMillan Cancer Relief & North Lakeland Hospice at Home

Thank you for your continued support for these worthy causes

We will be pleased to receive your unwanted items

Collection can be arranged

Closed Mondays

Queens Court, Criffel St. Silloth, Tel: 016973 31696

Blue Dolphin Cafe

All Day Breakfast Kids Menu Hot & Cold Snacks Eat In or Takeaway

Sandra & Alison Wampool Street, Silloth Tel: 016973 32157

Addison Orthodontics

Denture Repair Service

54 Esk Street Silloth 016973 32208

PERSONAL LOANS

With collection services available to Tenants and Householders

£200 – £750

For full written details without obligation, write or phone: S.D. Taylor Ltd Bayliss Distribution Centre Glasgow Road Gretna, DG16 5JN 01461 338509 Local Rep: 07795 658274

King Bee by Jonathan Dubberley aged 9 from Silloth Primary School

Absolute Treatment Body & Mind Treatments

Physiotherapy for effective treatment of Back Problems Sciatica Trapped Nerves Frozen Shoulder Aches & Pains Specialists in Deep Tissue Massage & Ultrasound

Hypnotherapy expert help to Increase Motivation Lose Weight Stop Smoking Increase Confidence Overcome Phobias Increase Sports Performance

Tel: 016973 32804 ~ Mobile: 07732 929781 W Shepherd M.I.R.M.T., M.I.P.T.I., D.HYP.

GLEN HOLDER TRANSPORT

Low Loader Service PLANT & TOOL HIRE Plant Refurbishment Courier Service

Free Local Delivery on Plant & Tool Hire in the Silloth area

Tel: 016973 32061 Mobile: 079 2126 6480

Greetings Cards & Gifts for all occasions

Stockists of 'Me to You' gifts, cards & bears also Beech's chocolates

Fioria Station Road Silloth 016973 32775



## Abbeytown Library

At a meeting in Abbeytown Jim Grisenthwaite (Head of Culture, Cumbria County Council) explained how he wanted to discuss options to improve performance at Abbeytown Library. He emphasised that this is not a programme of library closure, it's about library improvements.

Why Abbeytown Library? In 2004 the Audit Commission inspected Cumbria Library Service and concluded that overall the service was good, however it made recommendations to review the county's libraries and to look at the pattern of service provision in relation to need.

Since then changes have already been seen such as:  
Sunday Opening and Christmas Holiday opening in 6 main libraries  
Library Link in the local community.  
As part of this review process the library service has looked at the 20 smallest libraries in the county to confirm that the service being delivered is being used, this was done using the following performance criteria:  
Visits and Visits trends (over 4 years)  
Loans and Loan trends (over 4 years)  
Stock usage.

And the following community criteria:  
Opening hours  
Population  
Distance to larger library  
Public transport

Each library was scored against the above criteria and out of 32 libraries there were 6 scoring less than 15, Abbeytown was one of these six – implying that the service is not efficiently meeting the need of the local population. As a result, there is the need to develop the library service in order to meet the needs of the community.

Alan Welton (Cumbria Library Services Manager) illustrated the outcome of the library survey including number of loans and visits at Abbeytown Library

LOANS down by 30% over 4 years

VISITS down by 19% over 4 years

STOCK ISSUED Less than once per year

TOTAL LOANS 2005/2006 2,723

There was then a short film to illustrate the alternative option of Library Link and residents were also invited to look round the mobile library bus.

Comments made during the discussion:

Opening Hours

The opening hours have changed since it was moved to the school, and

now many people are unsure of the times.

Fewer days but longer hours may suit more people.

People don't come into the library before 4pm because 3-4pm is a busy time at the school with parents collecting their children etc.

Location

A large population live at the bottom end of the village, and there are car parking issues at the school, which may have led to a decrease in use.

Is there a perception that due its location at the school it is seen as a school library only?

Moving the library is not an option due to capital costs.

Mobile Library Service:

It is proposed to review the mobile library service to make it more community led.

In order to make it feasible in Abbeytown you would need a couple of long stops each week.

The mobile library service refresh their stock more regularly, compared to a static library.

We want to see more children in the library, we need to encourage a younger element because they are the future users. The school is part of the solution.

This was followed by a session to establish the community's views on Abbeytown Library.

## Civil Wedding Ceremony

On Saturday 1st July The Skinburness Leisure Hotel at Skinburness held it's first Civil Ceremony.

Margaret Ferguson and Edward Porter, both from Glasgow, travelled down with a coach of friends and family for this very special day.

Margaret and Eddie, frequent visitors to the hotel, elected to hold their wedding in the garden Gazebo, one of five areas within the hotel licensed for civil partnerships. "Everyone here at The Skinburness was thrilled and honoured that Margaret and Eddie chose us for such an important day in their lives" said Vanessa Moore at the hotel. "It was also hot and sunny that weekend, which was a real bonus"

After sipping Champagne on the patio guests strolled into the light and airy ballroom for a sit down meal of roast beef with all the trimmings, poached breast of chicken infused with leeks and blue Stilton cheese wrapped in bacon, or baked Trout Almondine. Nicki B provided the music and dancing.

"We consider all of our guests to be special, but this civil wedding was unique in many ways. All the hard working staff took Margaret and Eddie into their hearts and pulled out all the stops for them. They are a wonderful couple and we wish them every happiness for their future together" commented Adrian Moore.

## STAG

Items discussed at the Silloth Tourism Action Group general meeting on 17th July, 2006

- Funding has been received to enable STAG to begin the development of a website to encourage tourist to the town of Silloth. Designers are being approached.

- Funding for a Silloth Town Leaflet is still being sought.

- The report for the Vintage Rally was successful and 350 entries had attended, the weather however had spoilt the event somewhat.

- The report that the tall ship visiting the town was a great success.

- The ongoing organisation of the Solway Food and Drink Festival.

The next meeting will be at The Golf Hotel, Silloth on August 14th at 5:15pm all are welcome.

## Neighbourhood Forum

### Solway Coast Neighbourhood Forum

Subjects covered at the next meeting include:

**Fostering  
Allerdale Borough Council  
Community Grants**

Please come along on:  
Tuesday 26th September at 7pm in  
Holme St. Cuthbert's Parish Rooms

Refreshments served from 6:45pm

For more information please contact:  
Pat Ackred, Neighbourhood Development Officer  
Tel: 01900 325013  
Email: pat.ackred@cumbriacc.gov.uk

## Community Bus

Silloth & District Community Transport by Eddie Blackburn

The committee of Silloth and District Community Transport wish to apologise to all groups for any inconvenience caused due to the community bus being temporarily unavailable.

## MARKLEY TRANSPORT LTD



Bulk  
Flat  
&  
Express  
Haulage



Control Tower • The Airfield  
Silloth • CA7 4NS  
Tel: 016973 31276

## JOHNSTONE'S PRIVATE HIRE

for private hire &  
airport runs  
7 days a week  
24 hours a day

**016973 31557  
07999 934555**

63 The Crofts  
Silloth

## Winters Post Office

Newspapers ~ Magazines  
Sweets ~ Rock Novelties  
Gifts ~ Toys  
Greetings Cards ~ Postcards  
Fax & Photocopying service

Eden Street, Silloth-on-Solway  
Shop: 016973 31323 ~ PO: 016973 32957

## Solway Pet Supplies



Open:  
Tue – Sat  
10am to 4pm

Local  
Deliveries



29a Eden Street  
Silloth  
Tel: 016973 33118

## CARRS COACHES



Coach &  
Minibus Hire,  
Tours &  
Excursions  
Tyres, Servicing & Repairs



Control Tower • The Airfield  
Silloth • CA7 4NS  
Tel: 016973 31276

## Cliffedale School of Motoring Your Local Driving School

£14 per  
hour to  
Carlisle or  
Workington  
Mock  
theory  
tests on  
CD rom



Ring Jim on **016973 32423** or **07850 593749**  
or call after 6pm at: 30 Esk Street, Silloth

## Oak Leaf Hardware



Everything for DIY  
and Gardening in stock now

We stock tools, materials, paint & decorating equipment, compost & gardening products, gas, sand & cement, vast range of plumbing.

8-10 Eden Street ~ Silloth ~ Tel: 016973 31355



## Churches New Team Leader



In Christ Church Silloth on Saturday 15th July the Induction and Institution by the Bishop of Penrith Rt. Rev. James Newcome of the Rev. Sharon Swain as Team Leader for the seven Parishes of the Solway Plain, included are Christ Church Silloth, St Pauls Causewayhead, Holm Cultram St Marys Abbeytown, and Holme St Cuthberts Mawbray.

Sharon from Suffolk was Rector of two parishes and also the

Rural Dean, was joined by Adrian, her husband, and her two sons Dominic and Kelcey, attending also were friends and parishioners from her old parishes, along with large support from local parishioners.

After the Service all were invited to the church hall where a marvellous spread was provided by parishioners of all of the seven parishes, tea was served by a band of smiling and efficient ladies.



Paper Princess Bee by Eve Scott aged 7 from Silloth Primary School  
Happy Bee by Cara de Mello aged 4 from Silloth Nursery

Maths Bee by Katie Feltham aged 5 from Bouncing Babies Childminding

## Silloth Pensioners Tea Party

### TICKET APPLICATION FORM

Entrance is **FREE** to **ALL** Silloth Pensioners  
Tickets must be applied for at the S.O.S.C.S. Charity Shop

**This application form will not be sufficient to gain access, you must take this completed form to the S.O.S.C.S. shop for a ticket which will allow you free access to the Entertainment and Afternoon Tea.**

**Name:**

**Address:**

Entertainment by **The Nightriders**  
Band from 1pm to 4pm  
**Afternoon Tea is served at 3pm**

Entrance by **Ticket Only** – Apply Now

## Holm Cultram Abbey School – Garden Opening



Photos & Report by: Bill & Winifred Allan

On Sunday 25th June at the official opening of the Holm Cultram Abbey C. of E. School garden Mrs Jennifer Barwise, (Chairperson of the Friends of Abbeytown School) thanked Cumbria Community Foundation, Solway Coast Area of Outstanding Natural Beauty, Home Housing, Solway Neighbourhood Forum and the Friends of Abbeytown School for their Generous Grants. Barry Charters and his Staff with the help of some parents carried out the garden landscaping to a high standard. Special thanks to Mrs Parker who gave so much time to run the Gardening Club and inspiring the children. The help of 'Auntie' Betty Blair and Jane McGough for expert

advice and providing some of the Plants.

In attendance was Barbara Jones, Waste minimisation Officer for Allerdale, who demonstrated composting with the help of a Compost bin showing which type of materials can be utilised.

Jennifer then introduced Mrs Parker who proceeded to untie the Ribbon declaring the garden open.

Parents and friends were able to inspect the garden which had a variety of vegetables showing a weed free and healthy group of plants. An excellent sit down tea was provided by parents and staff which some of the school pupils had helped to prepare. Donations for the tea was donated to The Abbey Restoration Fund.

Liverpool Bee by Jasmin Louise Mills aged 6 from Hunts Cross Primary School, Liverpool



Above: Mrs Parker untying the ribbon

Below: Barbara Jones demonstrating the composting bin to Mrs Parker and some pupils



## Cakes for Charity

We are making **CAKES** for all occasions:  
Special Celebrations  
Anniversary  
Birthday  
Christening  
Wedding



If you buy cakes from us, not only do you get a delicious cake for yourself, you are also helping other's, for each cake sold we make a donation to charity. Cakes can be ordered at any time.

To order please contact: Sarah 016973 32089, Edith 016973 31607 or Eva 016973 31339

*Nith View Guest House*

016973 32860

1 Pine Terrace  
Silloth  
CA7 4DT

5 Guest Rooms

[www.nithview-guesthouse.co.uk](http://www.nithview-guesthouse.co.uk)

**Shaw Meats**

[www.ShawMeats.co.uk](http://www.ShawMeats.co.uk)

**Local Meat from Local Farms**

Cumbrian Salami's  
Dry Cured Bacon

Gluten Free Sausages  
are our Speciality

Unit 1 Millers Business Park, Station Road,  
Wigton, CA7 9BA ~ Tel: 016973 44328

**FREE DELIVERY**



## Abbey Restoration Fund



Report by: Pauline Henderson  
Holm Cultram Abbey C of E Primary  
School, Abbeytown

Hollie organised a sponsored run to raise money for the Abbey Restoration fund. The children ran through Blencogo, twice round the football grounds and back through the village. She presented Mr Tembey with £147 in our Friday assembly. Joshua also raised an amazing £22 in sponsor money.

Mark helped by Ashley raised £8.50 at the schools garden opening. Mark made a game where children had to kick a ball at a target, if the ball when through the hole the children scored points and won sweets.

All the children from the school put change into a tin and raised £55.

Mr Tembey was delighted by the childrens efforts.



## New Rotary President



New President of Silloth Rotary Geoff Betsworth taking over from Peter Gilmour

## Tanya Raises £200 in Race for Life



Tanya Snaith would like to thank everyone who sponsored her in the 'Race for Life' on the 2nd July she raised £200 for Cancer Research UK.

Tanya is looking forward to next years 'Race for Life and hopes you will join her, the more the merrier!

## New Florist Opens in Silloth

Balloon Mania has been running for 12 months and as business has steadily grown local sisters Mary and Eleanor decided they needed to look for a shop to run the business from. People can now visit them in the shop and see the sort of work they do.

Eleanor has worked in the florist trade for 16 years and so they decided to combine the two and open 'Forget-Me-Not Flowers and Balloon Mania' on Eden Street in Silloth.

They will be offering a delivery service in Silloth and the surrounding areas and will be introducing a relay service to offer National Delivery. They will also deliver to Carlisle.

## Mark Hansford Computer Services



Repairs  
Upgrades  
New Computers  
Software  
Wireless Networking  
( Home & Office )

**We Have The Solutions !**

call: Mark or Jonathan - 016973 32089

## West Silloth Motors

Causewayhead Garage, Causewayhead,  
Silloth, CA7 4JG

Tel: 016973 32833 ~ Fax: 016973 31478  
Email: mark@WestSillothMotors.co.uk

**Motor Vehicle & Body Repairs**

**MOT Testing Station**

**Specialists in all motor trades  
Recovery Service**

**Insurance Approved Body Repair Specialist**

## FORGET ME NOT FLOWERS

Fresh & Silk  
Bouquets, Arrangements  
Weddings & Functions  
Funeral Tributes

## BALLOON MANIA

Fantasy Clouds, Balloon Clusters, Foil Balloons  
Spiral Columns, Double Bubbles, Pearl Arches  
Balloons in a Box, Exploding Balloons

10A Eden Street, Silloth, tel: 016973 33030

## Passion 4 Fashion



30 Esk Street, Silloth  
016973 32423

## SECURE STORAGE

STEEL STORAGE  
CONTAINERS  
TO LET ON  
SILLOTH AIRFIELD

SECURE COMPOUND  
WITH CCTV  
SURVEILLANCE

TEL: 016973 31276  
MOB: 077 2056 0596



## Silloth Vintage Rally

Report by: Eric Davenport  
Silloth Vintage Rally  
Committee

Photos by:  
Bill & Winifred Allan

The Childrens Football Knockout at Silloth Vintage Rally on the Saturday is always a sure winner with a large crowd cheering-on the action.

The Tug O-War as usual drew a big crowd of spectators and provided a good deal of fun. The men all pulled really well and as there was only one Ladies Team entered the organisers decided to let the girls through to the final to pull against the best male team. As a coincidence the mens finalists were the Cumberland Inn team who were defending last years title and the ladies were also from the Cumberland Inn. When



On the Grand Parade for the first time on record, three generations of the Rumney family led by a miniature Ford 4000 tractor (built by Tarn and sister Poppy helped by grandfather Tom). Seven year old Tarn led the family in the Grand Parade with Tom on a little grey Fergie followed by Noel on a Ford 7910.

the strain was taken on the rope the girls showed the men how to win even though we think somehow there were

slightly more girls than men. But who cares, fun is fun.

Alas, Sundays weather did let us down but the crowds still came in their hundreds, even in the pouring rain. A dancing display by the Wendy Allen troop sadly had to be cancelled because of the wet grass.

Wyndham school band played on bravely for a couple of hours during the morning and afternoon but as they were housed in a marquee they could not get the audience they deserved.

The show of Vintage Vehicles was a huge

success even through the wind and rain, and our thanks to all the Exhibitors who stayed on to show and parade their treasures.

This show is staged through grants and sponsorship as there is no entrance fee involved. Our thanks to our main Sponsors: Awards for All, Cumbria Community Foundation, Silloth Regeneration, Neighbourhood Forum, Silloth Town Council and Silloth on Solway Charity Shop.

Along with these a big thank you must go to the many local businesses who support and sponsor our event also the Army Cadets for their help. Lastly a thank you to all the people who turn out and come to Silloth to support our Rally and make it the success it now is.



Top: Going for a fall, Above: Wrestling Winners  
L-R: John Harrington 11½ stone, Cyril Bragg Governing Board Member, Adam Ridley under 15yrs, Jack Brown under 12yrs, Joe Harrington under 18yrs, David Barnes 13st A.W.



Flowers Presented to Jean Graham & Avis Davenport



Presented a Gazebo to the First Responders



Colin Donald & family from Langrigg having just finished reconditioning his Diesel 1955 Fordson Major (with the help of others), which he bought in 2002 from Messrs Armstrong who used to farm at Newtown.



Above Left: A wonderful display of Vintage Tractors with a Steam Engine passing by behind them



5-a-side Winners from Seaton



Queen of the Garden Bee  
by Megan Armstrong  
aged 8 from Silloth Primary School



Tug-o-War Winners - Cumberland Inn Ladies

### Silloth Tourism Action group

Would like to invite you to the first:

## Solway Food and Drink Festival

'Local, healthy produce for local people'

Sunday 6th August 10.30am-3.30pm

Solway Coast Discovery Centre, Silloth

**Annette Gibbons**  
cooking demonstration  
12noon-12.30

Locally produced food  
and drink on sale

Bread making demonstration 11am-11.30

Pastelage (sugar craft)  
Demonstration 1.30-2pm

Look out for  
'Solway Specials' offers  
in local eateries

Sandwich competition  
judged by local cookery  
specialist, John Crouch,



Local Hog roast

For more information  
contact: Nic Ashby  
016973 33055





## Holme St. Cuthbert Sport Day

Report by: Jackie Hill

Photos by:  
Bill & Winifred Allan

On Saturday 24th June, due to the wet ground conditions we decided to hold Sports Day at the Church Hall.

Fortunately the grass there dried up quickly so after the ice-cream had been handed out, we held a few races on the grass at the side of the hall. There was not as much space as usual but races were well contested in all age categories, thanks to all the Mums and Dads for taking part!

The Sports Committee would like to thank all those who came along and joined in our Sports Day. A big thank you to everyone who donated prizes for our raffle and to all those who bought tickets. Thanks also to Mrs Allan for judging the Decorated Plant Pot contest.



### RESULTS:

Whilst the sports were taking part Mrs Winifred Allan judged our Decorated Plant pot contest winners being:  
Pre-School: Infant:  
1st Matthew Irving,  
1st Sophie Connolly,  
2nd Lloyd Wise  
Junior: Secondary:  
1st Rowan Pierce,  
1st Laura Armstrong,  
2nd Paul Blackburn,  
3rd Amy Armstrong,  
Stacey Strick,  
Simon Blackburn,  
16+:  
1st Annabelle Armstrong

After tea which was provided by committee members Mrs Allan presented the prize winners with certificates and prizes. We then held our 2006 Grand Drawing, prize winners were:

1st £75 Donated by D A Harrison: J Beaty,  
2nd £25 Donated by D A Harrison: T Beaty,  
3rd £20 Bankmill Voucher Donated by Tarnside Caravan Park: C Taylor,  
4th Sunday Lunch for two at White Heather Donated by Hill & Strick: J Strick,  
5th Home Grown In Cumbria Book Donated by A Gibbons: T Harrison,  
6th Bottle Donated by D Allen: H Bell,  
7th Bottle Donated by D Allen: T Connolly,  
8th Chocs Donated by Jim Scott: I Carr,  
9th Chocs: Curry,  
10th Chocs: E Thompson,  
11th Chocs: M Hodgson,  
12th Smellies: Beverley's, Mawbray,  
13th Martin, Aspatria  
14th J Winter  
15th J Corlett  
16th Hemingway, Carlisle.  
The treasure hunt was won by S Clark, T Beaty, L Wise.

## Silloth Music & Beer Festival 7th-10th Sept.



As well as over 90 Real Ales & Ciders we have a fantastic line-up for this years festival.

Thursday 7th see's 'Little Stevie & The Business' open the festival, fronted by madcap singer 'Little Stevie', they keep everyone entertained with their mixture of RnB 60's/70's classics.

Friday 8th Sept., Maryport youngsters 'AWOL' kick off the evening after winning this years 'Battle of the Bands' with their mixture of self penned & classic rock numbers, these kids are going places. Next up are

'Danny Bryant & His Red Eye Band' they regularly headline festivals & concerts all over Europe. Dannels' lively Blues/Rock numbers with his fiery guitar style always pulls a good crowd. Headline act 'THE ANIMALS' will be playing all their hits 'House of the Rising Sun', 'Baby Let Me Take You Home', 'Its My Life', 'We Gotta Get Out of This Place' and many more on an evening that will keep you on your toes.

Saturday 9th kicks off a little more sedately with local 50's/60's band 'Nightriders' fronted by 'Phil Middleton' (ex Joe Brown & The Bruvvers) playing a selection of 50/60's classics sure to get your feet tapping. Saturday evening sees Carlisle's very own Indie rockers 'The Freedom' showcasing their latest

songs fronted by the charismatic 'Jacko', these boys will get the show off with a bang. Next on are 'Nightriders' playing their second set of the day, they are sure to get the audience in the mood for headliners. 'THE DRIFTERS', one of the longest running bands of all time, they will be playing all their greatest hits, 'Under The Boardwalk', 'On Broadway', 'There Goes My Baby', 'Save The Last Dance For Me', 'Kissing In The Back Row Of The Movies', 'Your More Than A Number In My Little Red Book' and many more.

Tickets are on sale at Winters Newsagents, Silloth & The Carnegie Theatre, Workington on 01900 602122. (Available for individual nights or bargain weekend tickets for just £22)

**Silloth Tourism Action Group**  
would like to announce:

## The great Solway Sandwich competition

**As part of the Solway Food and Drink Festival you are invited to produce a champion 'Solway Sandwich'**

**The ingredients must contain at least one element of locally produced food.**

**All sandwiches must be freshly made and brought to the Solway Coast Discovery Centre, Silloth on Sunday 6th August by 11am.**

**The champion sandwich will be judged by local cookery specialist, John Crouch.**



**For more details and a free entry contact:**  
**Nic Ashby**  
**016973 33055**  
**nic.ashby@allerdale.gov.uk**





## Buzz Around the Garden during August

Series by: Nadia Bunner  
Tel: 016973 52024  
gardens-by-nadia.co.uk

Each issue from now on we will be featuring the current month's gardening comments, we hope it will be useful.

August is a month to enjoy your garden and the fruits of your labours. Chores this month can be kept to a minimum. If you have planted lots of annuals the August garden can be a riot of colour, but gardens relying on colour from shrubs, roses and perennials can sometimes look a little past their sell by date as the vivid colours of autumn have not arrived

but summer blooms are exhausted. If this is the case look around at which plants are looking good in other people's gardens and plan to include them next year. Must have shrubs for August include Buddleja, Lavatera and Hydrangeas, especially Hydrangea paniculata 'grandiflora' with its large, white, lacy, cone shaped flower heads.

In line with recent trends August is bound to be a record breaking month weather wise. Whether or not that is because it's going to be the hottest, the coldest, the wettest, the windiest, the frostiest..... I am not going to speculate.

**August notes:**

If you are going on



holiday do arrange for you baskets and containers to be watered. If this is impossible leave them in a shady spot in a saucer of water.

**Lawns**

If the weather is hot and dry, keep the grass a little longer.

Wild-flower meadow grass can be cut this month once the flowers have set seed. It will look brown and bleached but will recover quickly when it rains again.

**Pruning and Training**

Cut out the first spent flowers on Buddlejas, so that the secondary blooms appear cleanly on the bush.

Lavender can be trimmed back now, taking the flower stems down to the first

leaves, and nipping the tips out of the main new young shoots to encourage bushiness and low branching. Dry the flower heads for potpourri.

Beech, Holly, Box and Yew hedges can all be trimmed any time now. They should not make further growth again this year.

**Flowers**

Make sure tall autumn flowers such as dahlias are adequately supported.

Many plants show mildew at this time of the year, especially if they are dry. If still in flower keep them well watered otherwise cut them back to ground level. If the problem is severe spray with a systemic fungicide.

Keep dead-heading perennials and annuals to prolong flowering. If you want to keep tender perennials for next year (marguerites, osteospermums, pelargoniums, fuchsias, salvias, etc.) begin taking cuttings but they will need to be kept above 5°C throughout the winter.

**Kitchen Garden**

Pick beans and courgettes hard, to keep

them cropping. Don't wait for your courgettes to turn into marrows - unless that is what you want. Let only the last ones do that, at the end of the month.

Plant out new strawberry plants into soil which has been really well enriched with old compost or manure.

Set out plants of cabbage and broccoli into their rows.

Enjoy your gardening.

## Abbeytown WI

President Audrey Harrison welcomed everyone including new member Margaret Bell and guest Glynis Halliwell to the July meeting. Noeline Foster was thanked for the table flowers. The June minutes were read by Freda Garner and a letter from the Road Run Committee thanking the WI for the lovely teas and sending a £50 donation for funds. There was an invitation from Raughtonhead WI and a thank you letter from Margaret Brown and Margery Dargie for the cards they received on their bereavement. Members were asked for names to be given to Muriel Mattinson for the darts pairs.

Several items of interest were pointed out from the County News.

Margaret Moore gave the Financial report and it was agreed to hold a sponsored walk in September to try to raise more funds.

President Audrey

Jelly Bee  
by Hollie Ann Lewis  
aged 10 from  
Holme St. Cuthbert School

Harrison then introduced Mrs Stukins from Bromfield WI, who demonstrated how to make small gift boxes. She had a template for everyone so we could all have a go, which we decorated with a flower and was ours to take home. Mrs Stukins was thanked by Margaret Moore for a very interesting demonstration.

Refreshments were served by Joan Graham and Mary Briggs.

The competition for a trinket box was won by Elinor Roper, 2nd Freda Garner. The flower was won by Elinor Roper, 2nd Phyllis Dockeray. The raffle winners were Elsie Foster, Noeline Foster and Mavis Graham.

Mrs Elsie Donald's group organized the social time.



be more than a number  
switch your current account  
with our **free transfer service**



**Cumberland**  
current account

Visit: Your local branch Phone: 0845 601 8396 Click: [www.cumberland.co.uk](http://www.cumberland.co.uk)

### FOR SALE

12, The Lido Village, Silloth O/A £125,000



Fully Furnished! Ready to move into.  
2 bedroom 2001 Park Home (20' x 36') with Garage  
Full Double Glazing, Prime Site & Close to all Amenities  
Tel: 07880 582329, 016973 32263

**Kitchen Garden**  
Pick beans and courgettes hard, to keep



**Pizzas  
Burgers & Kebabs**

Mon	5pm to 11pm
Tue	5pm to 11pm
Wed	5pm to 11pm
Thu	5pm to 11pm
Fri	5pm to 11:30pm
Sat	5pm to 11:30pm
Sun	5pm to 11pm

Delivery Service Available  
from 5pm until 11pm

5 Eden Street, Silloth  
**016973 33032**

### Little Acre Care Home



82 Skinburness Road

**Excellent Care for the Elderly  
SINGLE EN-SUITE ROOMS**

For further details contact:  
Sarah Betsworth – 016973 32105



## The Solway Tides

Report by: Port of Silloth Harbour Master

Silloth tide tables indicate the predicted Time of High Water at Silloth and also the predicted Height that the tide will reach on the tide-board at the entrance to the "New Dock". A prediction is what it says and is no guarantee of actual time and tidal height on the day, (see below).

High Water times for Allonby and Beckfoot will occur approximately between ten and five minutes before High Water at Silloth. The further up the Solway Firth you proceed,

the later will be the time of High Water, e.g. at Annan it occurs approximately twenty minutes after that at Silloth.

Note that the times given relate to "Greenwich Mean Time", (GMT). During "British Summer Time", (usually from the end of March to the end of October), one hour should be added to the time given in the table.

The Tidal Range, (difference in height between High and Low Water), at Silloth during Spring Tides can be as much as 10 metres. At these times the Tidal

Flow off Silloth can reach a speed of 4 knots.

The predicted times and heights of tide given in the tide table are usually accurate but both can be affected by weather conditions. If the region is experiencing low barometric pressure, the tide is likely to rise above the predicted height. Conversely, if the region is in a high barometric pressure area, the tide may not reach the predicted height. Differences up to 0.5 metre may be experienced. The wind can also affect the tidal height and time of High Water. Strong South-Westerlies may increase tidal heights by up to a metre or more, whilst Northerly and Easterly winds may reduce heights by half a metre. Extremes of pressure or strong winds can shift the High Water time by up to 20 minutes.

From approximately three-quarters of an hour before High Water is reached at Silloth, an outward flowing counter-current is often experienced close to the beach.

There is negligible tidal stream in Allonby Bay from two hours after High Water until two hours before the next High Water, due to the uncovering of extensive sandbanks off Dubmill Point.

The heights of Low Water are not given in the tide tables because at the Port of Silloth, the tide frequently ebbs out to a level that is below the entrance sill of "New Dock", marked by

zero on the tide-board. Commercial vessels cannot move in the tidal area of the port, nor navigate much of the Solway channel during this period. Shipping in "New Dock" is kept afloat by dock gates, which retain the water from the previous high tide.

Low Water in the Silloth area occurs approximately Seven Hours After High Water. This means that the next incoming tide has only approximately five and a half hours to reach its next high water cycle. Consequently, the incoming tide flows at a much faster rate than the outgoing tide. The further up the estuary you go, the faster the incoming flow becomes. At times, the flood tide in the higher reaches of the Solway Firth will flow for just three hours, creating a fierce current of water and sometimes a moving wall of water, known as a Tidal Bore, is formed.

During the lower period of the tidal cycle, numerous shifting sandbanks become visible from the shore.

Be advised that there are Deep Channels and Strong Currents between the shore and any exposed sandbanks.

YOU ARE WARNED AGAIN, THAT IN THIS AREA, THE TIDE LEVEL RISES FASTER THAN IT EBBS. STRONG CURRENTS CAN BE EXPERIENCED, ESPECIALLY BESIDE GROYNES AND AT THE PORT ENTRANCE.

## Oldest Shop Closes



Joe & Bessie Lomas took over in 1927

Report by:  
Ivan & Molly Lomas

Lomas Fishmongers closed on 7th July, having served the community for over 100 years by three generations of the Lomas family.

The shop was opened in 1904 at the existing premises, 4 Wampool Street, by Jackie Byers selling fresh Scottish fish and Silloth shrimps and local poultry. His nephew Joe Lomas, then working as a chemist at CARR'S Mill and his wife Bessie took over the business in 1927. There they both worked until Joe died in 1970. Early in 1928 Joe bought himself a Van and started trading in Abbeytown, Aspatria and Allonby districts, while Bessie sold the produce in the shop, adding a specialist pork Cumberland sausage to their range. This sausage was supplied by the Robinson brothers of Allonby who were popular pork butchers. During the Second

World War Joe used one of his fishing boats and helped rescue many airmen who were saved from the Solway after their aircraft had crashed taking off from the local airfield. At the end of the war he was awarded the RNLI Silver medal.

Joe's son Ivan and his wife Molly came into the business in 1958 and continued serving the public until Ivan retired in 2004, thus keeping the business prospering for 100 years. During that time they added locally grown vegetables and speciality foods to their considerable range but during all this time

they were supplied with quality fresh fish daily from the same suppliers, G.W. Robertson, from Aberdeen who had supplied Jackie in 1904. When the railway was open the fish boxes were delivered to Silloth station from Carlisle having travelled overnight from Aberdeen containing that morning's fresh catch from the quayside and leaving Aberdeen at 1 am. Ivan continued to deliver round the district with his mobile shop and both were pleased to continue the family tradition of quality and service. They made many good friends and served many families who came regularly year after year to Silloth for their holidays and supplied many groups of golfers who would place orders before their rounds of golf and collected the completed orders on their departure from the town. One of their regular customers was Lord Whitelaw who was always keen to learn of local news. During this time Bessie, who was still active, was a fount of knowledge of past times in Silloth and was consulted regularly by reporters from the Cumberland News about Silloth history. She worked until she was 84 and loved every minute of her time spent in the shop.

After Ivan and Molly retired in 2004 Alison Whittell bought and leased the premises to Alfred and Brenda Bennett who continued the business. Alfred's parents Freddie and Lucy both worked for many years for the Lomas family.

Molly & Ivan Lomas

## SKINBURNNESS LEISURE HOTEL Silloth-on-Solway Cumbria, CA7 4QY

### Brand New Menu Brand New Restaurant

Charming, attractive and modern our beautifully re-decorated restaurant is the perfect place to enjoy our mouth watering delicious new menu a small sample of which can be found below.

If it's just a sandwich and a coffee you desire, we have suggestions from plain cheese for £3.50 to mozzarella + pepperoni meltz with pesto oil in focaccia bread for £4.25. Take advantage of the glorious weather and eat alfresco in our picturesque gardens or on our delightful patio.

Or, if it's a Bar meal your after we cover it all from our soon to be famous Nachos, smothered in melted mozzarella with salsa, sour cream & guacamole only £3.75, Home made steak pie for £6.95, Teriyaki salmon with oriental noodles and mango chilli compote at a fantastic £9.50 to juicy Rump steaks with cheese and bacon hash & tomato chutney for only £8.95.

Then there's our deserts.

Home made and deliciously, why not try something tempting like:-

Raspberry and mascarpone cheesecake  
Baileys and banana bread and butter pudding  
Coconut and lime panacota  
or Traditional sticky toffee pudding with whipped cream and butter scotch sauce.

All for only £3.50 each.

We also have a delicious range of vegetarian dishes and a separate menu for the little ones for as little as £3.00 although we are more than happy to do small portions from the main menu as well.

With friendly, helpful staff that will do their very best to ensure you and your family have a wonderful time, what more could you ask for?

Ring 016973 32332 to book NOW





Letters

Dear Buzz,

May I give some help regarding the query of the 'cobbled' streets of Silloth. The older streets of the town are not 'cobbled' but were laid with setts which are granite blocks, my father used to tell me that this was ballast taken from many ships that used to sail between Ireland and Silloth. 'The Souvenir Album of Silloth' published by J. Wood & Co. Silloth shows that Solway St. and the streets on the north side leading into it were laid with setts. I believe the newer streets on the south side, which were created later would have been Tarmac or shillies. For the last 70 years at least the only original streets are Criffel, Eden and Station Road. When I was a boy, the corners on the junctions of Solway Street had a broad band of setts, which ran across Wampool Street and Caldew Street. The setts on Eden Street came around into Solway Street for about 4 yards to prevent vehicles from skidding around the corners. This did not work very well because at a later date these corners were roughed up with a huge grinder type of machine, which still did not stop vehicles from skidding so they were eventually covered over with Tarmac like the rest. It will be interesting to here any more views about this issue. As many people will know, there have been moves in the past to have the remaining granite covered streets laid over with Tarmac but this would completely ruin the character of the areas.

Gus Proud

TOPAZ MOBILE NAIL & BEAUTY

Luxury Manicures  
Nail Extensions  
Enhancing Eye Lash & Eye Brow  
Tinting, Tweezing, Perming & Extending

Waxing  
Ear Piercing

contact:  
SUE LEECE  
35 Eden Street, Silloth  
Mob: 07711 840958  
sueleece@fsmail.net

Allison Design Partnership

Plans & Applications for:

- New Builds
- Conversions
- Fire Plans
- Grant Work
- Change of Use

Contact Bill or Mark

The Albion  
Eden Street, Silloth  
Tel: 016973 31321  
allisondesign@tiscali.co.uk

Dear Buzz,

We would like to say a very big thank you to all our families, friends and fellow Sillothians. We have been overwhelmed by the support and interest people have shown us in our move from Silloth to Perth, Western Australia. It has taken eighteen months from when our visas were first applied for until the final day of departure. We only hope it has been worth the wait. We flew out of Manchester airport on Friday 14th July 06 with Singapore airlines with an eighteen hour flight ahead of us. We will definitely keep the 'Buzz' informed of our where abouts and how we are all settling in Down Under. Once again thank you very much for all your support. We shall miss you.

Darren, Karen, Rebecca & Sophie Markley

P.S: Do come and visit and we'll throw some snags on the Barbie.

Dear Buzz,

This letter is for the attention of complainants resident in the Fell View housing estate area. I find it beyond belief that one or some residents of this estate phoned the police to complain about young children playing with a football on the road. The children were not damaging anyone's property, being abusive, or doing anything else untoward. If they had been they would have been punished accordingly by their parents. I for one teach my children the rights and wrongs in life and expect them to treat people with respect but they deserve respect as well. You do not reprimand children for PLAYING. This episode was a total waste of time and resources for the Police. Let them do their job solving genuine crimes.

Name Withheld

Dear Buzz,

Me and my mam would like to thank the people of Silloth and the surrounding area for all the support we received in the lead up to our Race For Life in Carlisle. Altogether with the help from our sponsors, we raised a massive £852 between us, all of which will go to Cancer Research UK!

Many thanks again

Nicole Blake, Silloth

Poem

Poem 'Bottoms Up'

by Whiskers

I only drive the community bus,  
I only follow orders,  
I'm told where I have to go,  
when I'm with the Morrison Marauders.

We were on our way to Workington the day was warm and sweet,  
But when I glanced into my mirror, a lady was out of her seat.

I've dropped a pound I heard her cry, its rolled right under my seat,  
I see it! Cried another voice it's rolled between my feet.

Then it happened, I had to stop, for my passengers were up and about,  
there were bums stuck up all over the place, what ever is it all about.

Were looking for a one pound coin, that's why we are on our knees,  
But ladies, all I can see is wobbling bums,  
"Go back to your seats please".

Frightening lumps from the back to the front, wobbling down the bus,  
The only thing I could do was to turn my head and blush.

Health & Well Being Day

Leading a healthy and active lifestyle is becoming an increasingly important consideration for people of all ages, it is beneficial for everyone and it is never too late to change your ways or start something new. With this in mind Age Concern Northwest Cumbria's Active Living Project is holding a Health and Well Being Day at the Silloth Community Centre on the 7th September from 9:30am until 3.30pm.

The day has been funded by Silloth Health Matters and Age Concern services will be joined by other local agencies including Cumbria Fire and Rescue, Strokeline, Older Persons Forum and Careline. They will provide information and advice on issues which affect health, becoming a more active member of the community, education, training and volunteering, avoiding or overcoming social isolation, becoming more physically active, sustaining a healthy, balanced diet, maximising income, housing and benefits, clubs, groups and social activities. In addition there will be:

- free blood pressure, body mass index and blood sugar checks 9:30am - 12:30pm
- free gentle exercise taster session 10am - 11am
- free healthy eating demonstration and taster session 11:30am - 1pm
- free stress and relaxation class 1:30pm - 3pm
- free refreshments
- raffle

Everyone is welcome to attend the Health and Well Being Day on the 7th September.

For more information on the Active Living Project or the Health and Well Being Day please contact Alison Andrew on 01900 819087.

JOHNS PLAICE

TAKE-AWAY  
PIZZAS & KEBABS

RESTAURANT

TRADITIONAL  
FISH & CHIPS



NOW SERVING BREAKFASTS  
to take-away or sit-in  
every weekend from 8am



Visit our Restaurant  
and try out our  
tasty new menu!

Buy the Best Fish  
& Chips Here As  
Recommended  
by the BBC Good  
Food Magazine



John's Plaice, Seafish Award Winning  
Fish and Chip Shop and Restaurant

Johns Plaice, 12 Solway Street, Silloth, CA7 4AR  
Tel: 016973 31597



## Mayors Report

The Chairman has attended Civic Services at Harrington, Maryport and Cockermouth. Presented flowers at the Vintage Rally and welcomed the crew of the Grand Turk to Silloth. He gave notice of his Civic Service to be held at Christ Church on 6th August.

P.C. Andy Robertson's written report listed complaints and disturbances dealt with over the past month. WPC Yvonne Benson attended the meeting and introduced herself as the Community Liaison Officer for our area.

Correspondence dealt with this month included a document from Cumbria County Council headed Cumbria Minerals and Waste Development Framework all 145 pages and requests comments by the end

of July. A letter from Allerdale Borough Council with regard to the policy for granting street trading licences within Silloth. Another letter from A.B.C. requested we reconsider the request for the Sunday market, to use the edge of the Green so as not to close the street to traffic. Councillors present rejected the proposal.

Other reports submitted this month included Primary School: the windows have been installed and the school has received a good Offstead Review. Joint Advisory: Sir Martin Doughty future chair of Natural England had recently attended a meeting of the A.O.N.B. in Silloth. Regeneration: The first step in the bidding process to the Heritage Lottery has been

submitted for evaluation. Allerdale Councillor Jefferson asked that it be noted he had not been sacked from A.B.C. and that the leader and Chief Executive could not do so as he is an elected member. County Council: A.J. Markley stated he was now Chair of the Allerdale Local Committee and although funding was very tight it was envisaged some amount of Highway work would be carried out in Silloth. Ken Wannop reported on work carried out and planned around the town, he also made a request for a small dumper for use on the green. This was agreed by all. The Town Clerk reported the accounts have been audited and submitted to the Audit Commission. It was also noted that there is still a vacancy on the council.

An Overview of the councils financial position after three months of the financial year shows we are on course.

## Short but Sweet

Report by:  
Elizabeth Lowther

Trinity Methodist Church was the venue for a Concert entitled "Short but Sweet" by Patricia Pictor and friends. An International opera Singer, Patricia was joined by Stuart Stowell and one of her young pupils, Mike Wilkinson.

The audience enjoyed solo's from each member of the party and the concert ended with a magnificent rendition of the Holy City by Patricia.

Following the Concert, church members served refreshments to the Concert Party and audience. Proceeds from the evening, which included the sale of home baking and fancy goods, amounted to £390 and was donated to McMillan Nurses.

Patricia and Friends will be making a return visit to the Church on Friday 22nd September at 7.30pm.

## Causewayhead WI

President Pat Bell opened the meeting by welcoming everyone.

We were asked by the Silloth Carnival Committee to help on Carnival day, by manning one of their stalls, as we have done previously.

The relatives of Iris Norman who passed away last month have generously made a donation to our group, and it was decided to use it for a Memorial in her name, i.e. an engraved President's Badge, or the renaming of the flower cup. Iris had been a past President of the Silloth Branch for 25 years.

A letter from the Eden Valley Hospice for their Tea Party on the 16th June arrived too late for us to take part, and it was decided to take up a collection instead.

A report on the Volunteer's Trip with the AONB in appreciation of the work done by all volunteers' was made by Francis Jackson. There was also a report by Diana Shaw on the plans for our 80th Birthday Celebration in May 2007.

Our President introduced the speaker for the evening, Mrs Hine of the Citizens Advice Bureau.

In her talk Mrs Hine told us a bit of the History of the C.A.B., that it was started at the end of the 2nd World War to assist returning soldiers and their families, with housing, food, money and jobs.

Their first office was in a horsebox, (the type used by the railways for transporting horses), open and free to all, as it is up to this present time.

Their offices are manned by volunteer's, who are trained for six to nine months, confidentiality is one important factor in their training. The C.A.B. started helping and still

deal with a whole range of problems, the largest being debt. They now have contracts for legal services, and are also able to offer advice and support to disadvantaged people to the conclusion of their problem. Over the years they have been able to bring about changes in regulations, due to information gathered from branches all over the country, which can then be passed to the relevant department of the Government Ministry. At the end of her talk Mrs Hine had quite a few questions to answer. One being - How did the C.A.B. cope with the load from Legal Aid, and Benefit Contracts, and did you feel it was a cheap way of dealing with this problem?

Yes! It was made a scapegoat; too much was put on volunteers who had to work a set number of hours in the offices under great pressure. The system was being abused.

2. Do you have any specialist on staff? Yes! The speaker specialised in Debt and Benefits. Everyone starts from the same point, but later after training, may want to specialise in a particular field.

3. What are your hours? 9- 5 in the Office, most times during lunchtime, and at home which made for longer working hours, which could be very stressful, and you could not speak about it because of confidentiality. Volunteers worked six hours per week.

C Haines made the vote of thanks. The Hostesses then served supper.

The competitions were won by; FLOWER: 1st Ann Harrison 2nd Jean Vorley FANCY BIRO: 1st Frances Jackson 2nd Jean Wilson

## The Bank Mill Experience

Bill & Staff welcome you to the nursery



40 years of growing  
and still growing  
Lots of choice  
Quality plants  
Competitive prices  
Alpines  
Shrubs  
etc

### Sub Tropical Butterfly House & Reptilia

Butterflies & Reptiles  
from around the world  
in a landscaped greenhouse



### Nature Reserve & Conservation Area



Duck Pond  
Scrape  
Flower Meadows  
Marshlands, Toad Ponds

### The Dunes Coffee House



Delicious  
in-house  
Baking,  
Scones,  
Cakes & Savouries, Speciality Coffee's & Teas

### Cumbria's Best Kept Gardening Secret

Midway between Beckfoot & Mawbray on the Maryport Road  
Nursery open daily 9am-6:30pm  
The Dunes open 9am-4:30pm  
Last entry to Nature Reserve  
one hour before closing

Tel: 01900 881340

## Blackpool Trip

A coach has been booked for Mrs Olga Wood's annual trip to Blackpool on Sunday 17th September at 8:30am from Silloth, returning at 9:30pm.

The coach will pick

up at Abbeytown and Wigton, everyone is welcome, to ensure a seat please book as soon as possible. Contact Olga M. Wood at 1 Patteril Terrace, or phone 016973 31013.

## Assembly Rooms

The committee organized a Quiz on 'When did it Happen'. There were 68 questions covering the years from 1922-1987 and each member of the committee arranged to sell copies. There were several correct answers returned and a draw was organized. Rev. David Tembey

as Vice Chairman of the Assembly Rooms Committee included the draw during The Family Service at St. Mary's Holm Cultram Abbey with the winners being 1st Jean Armstrong Abbeytown, 2nd Mary Spry Abbeytown and 3rd J. Dixon Wigton. Thanks to everyone who took part.

## Oak Leaf Landscapes



Fencing & Turfing Contractors

Industrial & Commercial  
Landscapes

for FREE advice ring: 016973 31355  
8 Eden Street, Silloth, CA7 4AD

## West Silloth Stores

- Fresh Fruit & Veg
- Groceries
- Confectionery
- Soft Drinks
- Newspapers

**LOCAL DELIVERIES  
FREE OF CHARGE**

**7am to 7pm weekdays  
7am to 12noon weekends**

## Lomas Fishmongers



Solway Shrimps

Poultry  
Cumberland Sausage  
Made in Cumbria Products  
Local Vegetables  
Eggs

Station Rd Ind Est, Silloth  
016973 31334



Local Tradesmen

Building Services

Andy Crawford  
**The Renovators**

Plastering,  
Joinery &  
Tiling

079 1917 4235

No Job too small  
or too big, give us  
a call for a quote

**Plastering Services**  
Ed Birkett  
Tel: 016973 42471  
Mob: 079 6906 3747  
All types of plastering  
work done  
Fully insured.

**Plastering & Drylining**  
H.M. Wood  
C.I.C.S. Approved  
Tel: 016973 31219  
Mob: 07940 925718

Decorators

**Frank Daly**  
Holly Cottage  
Blitterlees, CA7 4JR  
Tel: 016973 32575  
For traditional service  
and value.

**Peter Farrier**  
The Garth  
Blitterlees, CA7 4JN  
Tel: & Fax: 016973  
33039  
Papering, paint effects,  
coving, tiling & DIY  
25 years reliable service.

**Michael G Barton**  
Silloth  
Tel: 016973 33171  
Mobile: 078 6791 6709  
Time-served tradesman  
Restoration specialist,  
internal & external.



**Commercial  
&  
Domestic**

Free Quotations

Telephone:  
016973 61868  
07732 690 696

Email:  
ptrwise@aol.com

**Advertise**  
in the  
**Tradesmens  
Section**  
only  
**£72**  
for twelve issues  
or a 7cm box  
for only  
**£135**

Electricians

**Steven  
Henderson  
Electrical**

**Domestic, Commercial,  
Industrial,  
New installations,  
Repairs, Rewires,  
Portable Appliance  
Testing**

**All work conforms  
to bs7671**

2 Petteril Street, Silloth,  
CA7 4DH  
Tel: 016973 31163  
Mob: 07708 567193

shendersonelectrical@msn.com



**SHAUN  
BELL  
ELECTRICAL**



Fire Alarms  
Maintenance  
Emergency Lighting  
Testing & Certification  
Electrical Installations  
Portable Appliance Testing  
Tel: 016973 32199  
Mob: 07720 435458

Garden Services

**Jonathon Burston**  
Fencing Gardening and  
Paving. High quality  
work at competitive  
Rates  
All types of work  
accepted, please call:  
016973 42339  
07786 406784

**Garden & Countryside  
Services**  
Contact Ed Birkett  
Tel: 016973 42471  
Mob: 07969 063747  
Garden landscaping &  
maintenance  
Fully insured.

Ironwork

**Greg Wilson**  
Mobile: 07715 046769  
Tel: 016973 31792  
Gates & Railings  
General Welding and  
Repair Work

Joiners

**Joiners**

**Contractors**

**Funeral  
Furnishers**

**William Scott  
& Sons**

Harbour Workshops  
Silloth

Tel: 31173 or 31398

Joiners

**John Watson Joinery**  
Tel: 016973 61811  
Joiner, Carpenter,  
Custom made a  
speciality, specialist in  
bespoke furniture and  
Marine work  
web site:  
TransatlanticLumber.com

**DAVID READ**  
**Carpentry & Joinery**  
**Property Repairs  
& Maintenance**

FREE ESTIMATES

No Job Too Big  
Or Too Small

City & Guilds  
Approved with 30  
years Experience

016973 32245  
07759 783823

**GEOFF DAVIES**  
Time Served  
Carpenter and Joiner  
28 years Experience  
Friendly and Professional  
Service  
Tel: 016973 31861  
Mob: 07821 172479

**OUTDOOR  
JOINERY**

Gates  
Garden Fencing  
Sheds  
Pet & Poultry  
Housing  
and more....

Tel Norman on:  
016973 61256 or  
07762 289357

Plumbers

**C C Plumbing**  
All plumbing work  
undertaken  
No job too small  
Tel: 01900 881063  
Mob: 07916 292946

**Advertise**  
in the  
**Tradesmens  
Section**  
only  
**£72**  
for twelve issues

Motor Engineers

**Scott Wilson**

**MOTOR REPAIRS & CAR SALES**

**WHERE QUALITY COUNTS**

Workshop: 016973 31550 Mobile: 07712 537455

Printers

**S & A PRINTING**

of Skinburness

**\* YOUR LOCAL PRINTERS \***

Business & Wedding  
Stationery  
Distinctive Business Cards  
(incl. plastic)  
Personalised  
Christmas Cards  
Promotional Items &  
General Printing

Call Stewart or Anne on  
016973 31039

Skip Hire

**RENT A  
SKIP FROM**



**SPARKY'S  
MIDI SKIPS**

Contact  
016973 51572

Window  
Cleaners

Abbey Cleaning  
Services  
Oakwood End  
Main Street, Abbeystown  
CA7 4RU  
Call Ryan on 016973  
61162 - your local  
reliable window cleaners

**S.G. Hart**  
6 Burnswark Terrace  
Silloth, CA7 4EF  
Tel: 016973 31517  
Silloth's regular window  
cleaner since 1974.

Tilers

**Alaric  
Weightman**  
Walls, Floors,  
Kitchens, Bathrooms  
**Full Bathroom  
Fitting Service  
Available**

Tel: 016973 32779  
Mobile: 07708 982355  
Over 20 years experience  
Free advice & estimates  
Discounts for locals  
All work guaranteed

**Silloth Tide  
Tables**

August 2006

**TIMES OF HIGH WATER  
AT SILLOTH**  
(Courtesy of A.B.P. Silloth)  
Times in GMT  
(ADD 1hr. FOR SUMMER TIME)

Heights in metres					
	Time	Ht	Time	Ht	
1ST.TUES.	0340	6.2	1604	5.9	
2ND.WED.	0423	5.9	1650	5.4	
3RD.THUR.	0515	5.4	1748	5.2	
4TH.FRI.	0619	5.2	1901	5.1	
5TH.SAT.	0731	5.1	2017	5.3	
6TH.SUN.	0847	5.4	2122	6.0	
7TH.MON.	0951	6.0	2216	6.6	
8TH.TUES.	1045	6.5	2303	7.2	
9TH.WED.	1134	7.1	2349	7.7	
10TH.THUR.	****	***	1218	7.4	
11TH.FRI.	0034	8.1	1305	7.6	
12TH.SAT.	0122	8.2	1350	7.6	
13TH.SUN.	0207	8.2	1434	7.5	
14TH.MON.	0253	7.8	1518	7.2	
15TH.TUES.	0339	7.3	1604	6.6	
16TH.WED.	0429	6.6	1655	6.0	
17TH.THUR.	0527	5.9	1801	5.9	
18TH.FRI.	0645	5.2	1929	5.1	
19TH.SAT.	0841	5.1	2051	5.4	
20TH.SUN.	0925	5.5	2149	6.0	
21ST.MON.	1018	6.0	2236	6.5	
22ND.TUES.	1102	6.4	2315	6.9	
23RD.WED.	1140	6.6	2351	7.1	
24TH.THUR.	****	***	1214	6.7	
25TH.FRI.	0023	7.2	1244	6.7	
26TH.SAT.	0054	7.1	1315	6.7	
27TH.SUN.	0125	7.0	1345	6.7	
28TH.MON.	0154	6.9	1415	6.6	
29TH.TUES.	0226	6.6	1445	6.4	
30TH.WED.	0259	6.4	1520	6.1	
31ST.THUR.	0338	6.0	1603	5.6	

FULL MOON - WED. 9TH  
NEW MOON - WED. 23RD

**On the  
Waterfront**

Report by: Tommy Legs

June was another  
reasonably busy month  
with six cargo ships and  
one sailing ship visiting  
the port.

The HOHEBANK  
was first with paper  
pulp from Antwerp  
followed by the ORKA  
with fertilizer from  
Ghent. The ESPOIRE  
then brought fertilizer  
from Belgium and the  
BEN VARREY a cargo  
of wheat from Liverpool.  
Finally the POMMERN  
brought fertilizer from  
Sfax in North Africa and  
the ORKA returned with  
wheat from Vierro in  
Northern Spain.

The sailing ship  
“BOUNTY” had a  
pleasant visit coming up  
from Maryport on the  
early morning tide and  
proceeded to Belfast on  
leaving Silloth.

Cumbria Youth Games

Allerdale's youngsters  
have scored a hat trick  
by winning the Cumbria  
Youth Games for the  
third year running.

The team came home  
from the Games, which  
were held in Whitehaven  
on Saturday 8 July, with  
the Lonsdale Trophy  
after winning 6 of the  
16 events and seeing off  
the competition from  
the county's five other  
districts.

Around 150 Allerdale  
youngsters aged between  
eight and 16 took part  
in the annual festival,  
competing in events  
including boccia,  
basketball, athletics,  
tennis, football and  
cricket.

Rebecca Jackson,  
Sport Development  
Officer for Allerdale  
Borough Council, said:  
“The Youth Games is  
always a great event,  
and this year was no  
different. The youngsters  
from Allerdale did us  
proud for the third year  
running, battling against

some very high standards  
from the other districts.  
There is a huge amount  
of sporting potential  
among the young people  
of Allerdale.

“The Youth Games  
aims to provide every  
one with an opportunity  
to participate in sport  
and physical activity and  
although the weather  
wasn't great, it didn't  
put them off and it is  
hoped that they will now  
continue to play in school  
and local clubs.”

The Allerdale teams  
came from schools and  
clubs across the borough  
including:

Thomlinson Junior  
School; Stainburn  
School; Silloth Primary  
School; Netherhall  
Specialist Sports  
College; Keswick  
School; Beckstone  
Primary School; Nelson  
Thomlinson School; All  
Saints Primary School;  
Broughton Primary  
School; St. Michaels  
School; Maryport  
Juniors.

**SILLOTH  
RUGBY CLUB**

Available for Private Functions

• Birthday Parties •  
• Engagements •  
Weddings • Christenings  
• Fund-raising Dances •

Comfortable, modern Lounge Bar  
Suitable for small or large parties

Telephone Christine on:  
**016973 32299**

For further details or to book



## Free Fun Activities for Children

Young people in Allerdale are set for another summer of free fun activities over the school holidays. Allerdale Borough Council's Parcs scheme is back!

The fun activities, open to young people aged between 8 and 16 years of age, include rounders, football, cricket, relays, dodgeball and parachute games.

Qualified supervisors will be visiting local parks and recreation areas throughout the borough.

The PARCS scheme sports and recreation sessions are organised by Allerdale Borough Council in partnership with town and parish councils.

Rebecca Jackson, Allerdale's Sports Development Officer, said: "Schemes like Parcs are great for young people. It gives them a chance to catch up with friends over the holidays as well as make new ones. It also gets them out in the fresh air, being active in a recreational, non-competitive environment, whilst allowing them to appreciate the many wonderful outdoor recreation areas that Allerdale boasts."

The sessions will take place as follows:

**ABBEYTOWN** – The Rec, morning of 8th August

**ALLONBY** – Central Green (next to play park), afternoon of 7th August

**ASPATRIA** – St. Mungo's Park, afternoons of 3rd, 10th and 17th August

**BASSENTHWAITE** – Village Green, morning of 8 August

**BOLTON LOW HOUSES** – Primary School, morning of 11th August

**BORROWDALE** – Village Green, morning of 1st August

**BOTHEL** – Primary School, mornings of 3rd August and 15th August

**BOWNESS** – Primary School, morning of 1st August

**CALDBECK** – Primary School, afternoons of 2nd and 9th August

**COCKERMOUTH** – Harris Park, afternoons of 4th, 11th and 18th August

**DEARHAM** – Pottery Park, mornings of 4th, 11th and 18th August

**FLETCHERTOWN** – Allhallows Centre, mornings of 2nd and 9th August

**FLIMBY** – The Rec, morning of 10th August

**GREAT BROUGHTON** – Welfare Field, afternoon of 3rd August

**GREAT CLIFTON** – William Street, afternoon of 10th August

**KESWICK** – Fitz Park, afternoons of 1st, 8th and 15th August

**KIRKBRIDE** – Primary School, afternoon of 8th August

**MARYPORT** – Ennerdale Road, afternoon of 7th August

- Camp Road, afternoons of 31 July and 14 August

**NEWTON ARLOSH** – The Park, morning of 31st July

**OULTON** – The Park, afternoon of 1st August

**PLUMBLAND** – Primary School, afternoon of 11th August

**ROSLEY** – Primary School, afternoon of 4th August

**SEATON** – Jackson Street, afternoon of 2nd August

- Hunters Drive, afternoons of 9 and 16 August

**SILLOTH** – The Green, mornings of 31st July, 7th and 14th August

**THURSBY** – Recreation Field, morning of 4th August

**WIGTON** – The Park, morning of 3rd, 10th and 17th August

**WORKINGTON** – Vulcan Park, morning of 2nd, 9th and 16th August

- Beckstone School, morning of 7th August

Morning sessions are 10am to 12 noon and afternoon sessions run from 1.30pm to 3.30pm.

For more information contact Rebecca Jackson, Allerdale Borough Council's Sport Development Officer, on 01900 702714.

## Tip for the Top

Summer Hair Hangover

Client Advice

-Invest in a high quality shampoo and conditioner, something in an intensive range would be best and take with you to the pool and use daily on holiday.

-Buy a water resistant creme that will protect your hair when in the pool and sea.

-If you are a swimming pool lover then buy a shampoo that removes chlorine and hard water.

-When your sunbathing has finished and you have washed your hair, leave an enriching masque on the hair to soothe it through the night ready for the next day.

-Wake up and spray in a leave-in conditioner if hair has dried out.

-If you have been suffering with split ends on holiday buy a serum. Serums are fantastic for a quick easy fix to temporally sort out those split ends.

-If you need to use hair straighteners on holiday keep on a low heat and take your time with straightening.

-Use a cool button on your hairdryer to dry hair, it takes time to look longer but your hair will look so much healthier.

-Invest in a shine or gloss spray to make hair

shimmer at night if dry.

-If you have fine hair you will normally find only the ends and mid-length of the hair will be damaged by the sun, so try not to overload the roots with conditioner.

-Don't brush your hair when it is wet.

-Try wrapping cling film around your head (not your face) for about 20 minutes using conditioner. This will help your hair absorb more of the conditioner.

-Book yourself in with your stylist for the week when you get back from your holidays so you get a treatment put on your hair and get your hair in tip top shape.

-When visiting your hairdresser ask them to tone your hair so that you get back to the correct hair colour you had before you went on holiday.

-If your split ends are bad ask the stylist to take off your ends.

-Keep using enriching shampoo and conditioner for a month after your holiday.

-When using your Masque don't apply it to the scalp. It will clog up the roots and cause flakes.

Why not treat yourself to 'Clynol Essential Beach Bag' £18.49 from Peter Josef.

## Jigsaw Appeal

Jigsaw Appeal for a Childrens Hospice by Marjorie Littleton

A coffee morning and raffle was held in St. Andrews Hall raising the sum £216. Holiday visitors were pleased to support a childrens hospice appeal. Thanks were expressed for the helpers and generous donations and prizes given. Mrs Judith Pattinson patron of the appeal attended and thanked all for their support. Late donations were received from those unable to attend.



Bert the Bee  
by Spencer Irving  
aged 6 from  
Silloth Primary School

## Munchkins

Munchkins is a parent and toddler group held in the Church Hall at Holme St. Cuthberts near Mawbray.

It is held on Thursdays from 10am to 11:45am and costs only £1.50 per family, come along, it is lots of fun.

Visit a Real Old Fashioned English Pub

# The Albion

For Traditional Ales in a Traditional Pub

Eden Street, Silloth, Tel: 016973 31321

Honey  
by Abbie Williamson  
aged almost 8  
from Holme Cultram Abbey School



Speedy Bee  
by  
Reece Edmondson  
aged 7  
from  
Holme St. Cuthbert School



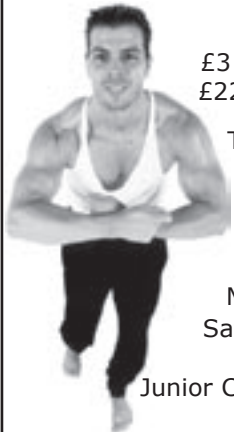
Beer Bee  
by  
Grant Lettice  
aged 9  
from  
Silloth Primary School

## Solway Fitness Centre

Look Great for the Summer

Top Up your Tan for  
the Beach

A Healthy Body Brings  
A Healthy Mind



Prices:  
£3 per session  
£22 per month

Tanning Booth £1 per 3 minutes

Concessions for over 60's  
& under 18's

Monday to Friday: 2pm-8pm  
Saturday to Sunday: 11am-1pm

Junior Classes Daily @ 3:30pm

Women's Circuit Training on Mondays @ 6pm

For Colin or Tiffany  
tel: 016973 33000

# Clive's

Shape  
'n'  
Style

Matrix Appointed Salon

Unisex hairdressing salon & sunbed parlour

30 Eden Street, Silloth, Tel: 016973 31378

## P. Scott

The Complete Furnishers

Single Beds from £49

Double Beds from £79

Sofas from £199

Three Piece Suites  
from £299

Interest Free Credit  
Immediate Delivery

Phone: 016973 31224

Silloth & District OAP's

Weekly Whist &  
Domino Drives

Whist Drives:  
Tuesday @ 2.00pm  
Thursday @ 7:30pm

in the Recreation Hall  
Eden Street Playing Field  
Silloth - 50p entry

Everyone Welcome

## Kandy Shop

### SPECIAL OFFER

All Our Greetings Cards  
are now  
**3 for 2**

Buy 3 Greetings Cards and get the cheapest one FREE

14 Criffel Street \* Silloth \* Tel: 016973 31331



Report by: Leeanne Harding

The two day event started off with fantastic weather and racing on the Saturday with two heats being raced by each class. The day did not go without its hitches though with several green flags handed out for driving on the tyre markers including Junior Driver Gavin Marks in SL22, another junior driver to receive a green flag was young Lee Birks in SL18, Anthony Bickley in SL614 and also Keith Bowrey in SL52. A black

Having said that again the weather did not deter the racing with another heat to be raced in order to decide who had made it through to the finals. Again the

Class 5 saw a first place trophy awarded to Robert Pattinson in

Class 11 saw Whitehaven's Lin Cunningham coming home with a trophy for third place in SL12 after being piped at the post by Young Yorkshire Dales driver Lindsey Knott

Stock special A final saw a third place trophy heading Solway's way in the form of SL177 Peter Cobb.

Remember it's never too late to join Autograss racing and the best way to start is by watching others racing, having a look around the pits at the lunch break and asking anyone there any questions that you might have. For more details look on the website: [www.solway-autograss.co.uk](http://www.solway-autograss.co.uk).

# Great Products Great Deals at

**SPAR**

Offers subject to availability in-store from 20th July - 9th August 2006. E. & O. E.

## Solway Street, Silloth

**Any 2 for  
£2.30**

Coca Cola  
Varieties as Stocked  
2 Litre

**CASE DEAL  
£10.99**

18 Pack

Foster's  
18 x 440ml

**Any 3 for  
£1.00**

Volvic Still  
Water  
500ml

**CASE DEAL  
£10.00**

20 Pack

Carlsberg  
Export  
33 x 330ml

**Any 2 for  
£1.50**

SPAR Ice  
Cream Brick  
PERMANENTLY  
OFFER Ice Vanilla Raspberry  
Ripple Slice, 1 litre

**Any 3 for  
99p**

Mullerlight Yogurts  
Varieties as Stocked  
175g - 200g

**ONLY  
99p**

200g

Florette Crispy  
Salad

**BUY 1 GET 1  
FREE**

La Mancha  
Castilla De  
Calatrava  
75cl

**ONLY  
£1.00**

10 Pack

Doritos  
Variety 10 Pack

**ONLY  
£1.00**

6 Pack

Mars Bar

**OPENING HOURS**  
 Mon to Sat 8am - 10pm  
 Sunday 9am - 8pm

**SPAR** There for you  
**CASH MACHINE**

**PAYzone**  
 VISA MasterCard DELTA Maestro



## Silloth Tennis Club

### JOHN & DAWN ARE ON THE WIMBLEDON TRAIL



John Bell and Dawn Graham saw off all-comers to become our 4th Road To Wimbledon winners in what was a first for the club as the tournament was held over 2 days (28/29 May). With new players entering the under 14 competition for

the first time both Gareth Davenport (9) and Emily Wise (8) acquitted themselves really well as did the likes of Dionne Blake, Abigail Davenport and Bethany Wise as well as old hands such as Nadyne Cole, Hannah Story, James Gribbon

and Aimee Gray. In the end though it was John and Dawn that took the prizes and we wish them well alongside qualifiers from other events Jamie Harrison and Ryan Johnstone as they all seek the chance to play at Wimbledon.

### SILLOTH PRIMARY 1 & 2 IN SCHOOLS GREEN QUALIFYING

With the younger teams sitting proudly at the top of the Cumbria Schools ladder as County Champs there is a real purpose this year for the under 11 teams. That purpose is to complete what would be a unique and

probably unprecedented clean sweep. That determination was very much in evidence at Netherhall as the "A" and "B" teams swept past Maryport Juniors with consummate ease to set up a head to head clash to see who would get the

automatic place in the county finals at Penrith.

The final result of 5-1 to the "A" team only tells half a story as most matches were pretty close as the "B" teams' Robbie Harrison, Emily Wise pushing Ross Johnstone all the way and Sophie Harrison beating Aimee Gray, but in the end the sheer strength in depth of the "A" team was to tell and they will carry the flag of Silloth at Penrith.

Silloth rugby club have started training for the 2006/2007 season.

Training is well under way under the guidance of player coach Carl Phillips and new Captain Colin Rhodes. Training has been well attended and are great fun every Tuesday and Thursday. They are open to any player 17 or over, the aim is to have a strong first team squad and hopefully play a few second team fixtures.

The more players the better, so come along, join in our training, and get yourself fit.



### PATRICK & EMILY ARE MINI TENNIS ORANGE CLUB CHAMPS FOR 2006

The 4th Mini Tennis Orange club championships took place on Sunday the 4th of June.

It was a fascinating competition that threw up a few shock results along the way as a few future stars took their place in the spotlight. The boys event had a very young look about it as the likes of Joel Baker, Greg Ramsay, James Holyoake and

Reece Blake made their collective presences felt. In fact it was last year's plate winner Joel who made the best progress as he reached the semi final only to be ousted by Gareth Davenport who in turn was beaten in the final for the second year, this time by the ever-consistent Patrick Brough who took an impressive final by 10 points to 6.

The girls event also

provided one or two impressive results with both Australia bound Rebecca Farish and "Little Miss Dynamite" making the semi final stages with Kirsty being ousted by a single point by Emily Wise who then went on to create her own fantastic result by beating last year's county champ at this level Sophie Harrison 10-4 to take the title for the first time.

## Silloth Rugby Club

Picture & Report by:  
Jimmy Lettice



**American  
Dream  
Clip-On Hair  
Extensions**

**BEFORE**

**Instant  
Long  
Hair for  
less than  
£60**

**AFTER**



late night  
thursday  
OAP's  
tue / wed

**Peter Josef**

Est. 1970

Phone 31333 for an appointment

27 Eden Street, Silloth-on-Solway, Tel: 016973 31333

**WW make**  
the **wwweb** sell for **YOU**  
tel: 016973 32180  
**solweb.biz**

## The Good Companions Residential Care Home

Long & Short Term Stays in  
Single En-Suite Rooms



Criffel Street ~ Silloth ~ tel: 016973 31553



### Silloth Bowling Club



David Wallace And Peck Orchard

Report by: Jimmy Lettice

Silloth Bowling Club members were left kicking themselves after a disappointing performance in the last 16 of the national four man two woods competition. Silloth travelled to Brampton to play Gosforth on a neutral ground. Silloth was supported by a hearty but well behaved crowd, matched by the Gosforth Bowling Club fans from the North East.

Early advantage went to the four man team from Silloth with David Wallace, Sid Brough, Robbie Litt and Skip Peck Orchard grinding out a 7-3 advantage at the half point. Disaster struck the other four man team of Ryan Orchard, Paul Wallace, Grant Allen and skip for the day “grumps” Graham turning an early 3-1 lead into a nightmare 14-5. The greens got a

bit of stick for not being up to scratch but as the saying goes “it was the same for both teams”.

With three ends to go on rink one it was all square at 13-13, with County players Litt and Orchard in fine form, and Wallace and Brough doing their bit.Rink two went from 14-5 down to 19-6 down, Silloth needed a miracle. It was all down to the last end on both rinks. Rink 1 was at 14-15, one point ahead with laying shot and one ball left. Peck threw a left to right swinger with too much bias sending his ball on to David Wallaces’ ball which ends up knocking an opposition ball to within 1 inch of the jack. It was 15-15, match all square and still in with a shout.

On rink 2 they were 21-16 down lying 4 shots. Paul Wallace and Ryan Orchard were in superb form, possibly too late

Grant Allen rolled in a blocker making the Gosforth boys rock a bit. It was all down to the Silloth skips last bowl. This time four shots were needed to draw 5 to win. It could be done! The Skip took a walk up and down the green, it is possible for his ball to rest on the jack and seal the game. By this time rink one and all Silloth supporters were gathering round to saviour the tension and hopefully witness a miracle. The last ball was sent on its way, this time right to left bias was in order, weight and line looked good. Half way down the green it looked a certain score and win – but – as in previous ends the ball hit a small stone and jumped just enough to knock it off its line. The Gosforth team members went wild as the ball stopped short, four points was not enough to secure victory.

### Silloth under 9’s Football - First Trophy



Back Row L-R: Christopher Armstrong, Georgia Wilson, Shelby Pickering, Joel Baker, Dominic Ray, Lee Tyrer  
Front Row L-R: Jack Wallace, Macauley Carr, Gareth Davenport, Reece Blake, Sam Mulla, Adam Dixon

Report by: Derek Wallace

Silloth under 9’s have won their first trophy, (Wigton’s Annual Carnival Shield). This is the first time the event has been held, so it’s nice to be the first name on the shield. After a dramatic 4 goals each in the final against Wigton, With goals from Georgia Wilson (2), Macauley Carr (1) and Gareth Davenport (1), it went to a penalty shoot out. We won by 5 goals to 4 after 5 penalties (England would have been proud) and a brilliant save from Jackie ‘Dudek’ Wallace, credit to everyone that took part. After a hard fought season I would like to thank all the players for their hard work and enthusiasm this year.

This next season David Baker and I will be

training the u-10’s. Kevin Dixon and Ian Ramsey will be training the u-9’s. Training will be every Monday 4:30pm until 5:30pm. Also if their are any girls as well as boys out there that would like to play, please come along. As I am proud of the fact that we are the only team in the Carlisle Glass u-10’s League with two girls. ‘Charlie’

George Wilson who was our top scorer last season and Shelby ‘bite your legs’ Pickering who can tackle as good as any boy.

Our player of the year 2005-2006 season is Gareth Davenport and most improved player is Christopher Armstrong.

So come along and join in, only £15 membership and don’t forget your shin pads.



Holiday Bee  
by  
Lloyd Wise  
aged 6  
from  
Tarnside House, Tarns

**SPAR**

**PERMANENT POSITIONS**

Reliable staff required for week-end / evening duties. These are permanent positions and full training will be given which could lead to Supervisory responsibilities.

Call in and collect an Application Form at SPAR, or Telephone 016973 31293.



**SPAR, Solway Street, Silloth, CA7 4AR, Tel: 016973 31293**

**STAFF REQUIRED**



**Golf Hotel**

Open all day

Morning Coffees from 10am

Bar Meals 12 noon to 2pm and 6pm to 9pm  
Extensive menu plus specials and  
Traditional Roast Lunches every Sunday

Afternoon Teas

Restaurant Meals - for that special occasion  
Table d’hôte dinner £18.50, also a la carte

Wedding Receptions  
Christening Meals  
Wedding Anniversaries & other functions  
Private Rooms for parties of all sizes

We use fresh local produce, including  
Solway Shrimps. and do our own baking

Tel: 016973 31438