

Buzz Around the Garden During September

Series by: Nadia Bunner
Tel: 016973 52024
gardens-by-nadia.co.uk

The 23rd September marks the autumn equinox and summer is officially over. There is no other month quite like September for heralding a new season. It is the month of mists and mellow fruitfulness. In addition it is characterised by its distinctive smell. Not the heady fragrance of the summer garden but a crisp earthy smell. At the same time September hosts the grand finale in the garden with the last of the seasons plants coming into flower, fruits and berries ready to harvest, many plants having a second flush

of flowers (especially if they were cut back earlier in the year) and the distinctive colours of the autumn leaves.

Dahlias, chrysanthemums, Japanese anemones, rudbeckias, echinacea and asters provide much of the new colour in the herbaceous or mixed border and Rowan can provide berries in red, pink, white, orange and yellow.

If you want inspiration for an autumn garden now is the time to visit Holehird, the garden of the Lakeland Horticultural Society at Windermere. The garden is stunning twelve months of the year but



it's probably at its very best in September.

September Notes

A must have purchase in September is a cyclamen house plant. If bought now it should flower well into next March. This plant has a reputation for being

difficult, but the secret is to keep it on a windowsill out of direct sunlight and to water thoroughly from underneath as soon as the flowers wilt slightly, usually about once a week. Don't buy from the supermarket where it is likely to have been

bulbs especially if you want something a little different. They don't have to be planted just yet if kept in a cool dark place, but it's a good idea to buy them now whilst they are fresh and there is greater choice. Mice love crocus corms and will dig them up to eat. Chicken wire on top of the bulbs under the soil is a deterrent.

Lawns

A good month for repairing established lawns and sowing new ones. Bald areas can be spiked with a fork to relieve compaction, and patched with turf or seed. Lawns that have suffered from drought or too much wear and tear can be given an autumn

evergreens and heathers, so they can root into the surrounding soil before winter comes. Keep them watered for a few weeks if the weather is dry and windy.

Check tree supports to see that stems that have fattened over the summer are not now too tight in their ties.

Flowers

Divide old or congested clumps of perennials now, so that the roots can re-establish before the winter. No need to wait for them to be absolutely leaf-less. Cut the tops down if it makes life easier, but retain a few inches of flower stalk to mark the position. Keep dead-heading patio pots. If you move them close to a warm wall, they may go on for weeks yet.

House Plants

Houseplants that have stood outside for the summer on a patio should come inside now before the frosts. Give them a cool but light position.

Kitchen garden

Pick any remaining outdoor tomatoes before the frosts spoil them. They can be ripened indoors on a warm window ledge.

Start closing greenhouses at night, but remember to open them again during the daytime, or sunshine will send the temperature soaring.



watered from above as this will kill it in days.

It is time to think about next year's spring display, much of which is provided by bulbs. Now is the time to think about buying new

feed, which will get them into good heart before the winter, and set them up well for next spring.

Pruning and Training

September is the month to plant

JOHNS PLAICE

TAKE-AWAY
PIZZAS & KEBABS

RESTAURANT

TRADITIONAL
FISH & CHIPS

NOW SERVING BREAKFASTS
to take-away or sit-in
every weekend from 8am



Visit our Restaurant
and try out our
tasty new menu!

Buy the Best Fish
& Chips Here As
Recommended
by the BBC Good
Food Magazine

BUY THE BEST

FISH AND CHIPS

John's Plaice 12 Solway Street,
Silloth-on-Solway, 016973 31597.

The Cottage Fish and Chip
Shop 31 Newhouse Road,
Blackpool, 01253 764081
whelansfishandchips.co.uk

Colmans 182 Ocean Road, South
Shields, 0191 456 1202

Kristian's Number 5, Union Quay, Fish
Quay, North Shields, 0191 258 5155

Pier Hotel, Harbourside
Restaurant The Quay, Harwich,
Essex, 01255 241 212
pieratharwich.com

Stein's Fish & Chips Unit
South Quay, Padstow, Cornwall
PL28 8BY, 01326 2700,
7704

Gate sales of
each salt-marsh lamb.

J Wickens Family Butchers, Castle
Street, Winchelsea, East Sussex,
01797 226287. Romney Marsh
lamb from a farmer whose
sheep graze on the marshland
right by the seafront.



**John's Plaice, Seafish Award Winning
Fish and Chip Shop and Restaurant**

**Johns Plaice, 12 Solway Street, Silloth, CA7 4AR
Tel: 016973 31597**

STANWIX PARK Holiday Centre

A great day out for all the Family

A New Life Style!

Owning your own holiday home is a great way to make the most of your leisure time with the freedom to take a holiday when you want, as often as you want. Call in and view today.



Now booking Christmas Parties

Night Life in the Sunset Inn

Family Fun and Games
Competitions and Disco

Sky and Dunes Adult Cabaret Bar

Large Screen TV, Bingo
Adult Cabaret



Leisure Centre

- * Swimming Pool *
- * Water features * Solarium *
- * Sauna * Steam room * Spa *
- * Amusements * Tenpin Bowling *
- * Gym * Fox's Play Pen *
- and much more

Greenrow, Silloth Tel: 016973 32666 www.stanwix.com