

Action on Elder Abuse



The sheltered housing schemes at Pennine View in Silloth and Burnside in Wigton, joined forces to raise awareness on Elder Abuse by arranging an Open Day at Pennine View.

Tenants from both Schemes, Older People from the community, Social Services, Health Professionals, Police Officers, Colleagues from 'Home' other people who either work with or who are connected to Older People came to a buffet lunch, and listened to a very informative discussion provided by Age Concern.

Sue Parslow the Scheme Manager at Pennine View spoke briefly about how the Older Persons Services tries to combat elder abuse, and Elaine Keeler the Scheme Manager from Burnside introduced some of the new services we are able to provide for older people both within our schemes and for other older people in the

community.

Alarming in the UK alone 500,000 older people are victims of some form of elder abuse, each year, and we suspect that many more cases go unreported.

The afternoon was very well attended and using the opportunity to socialise and share experiences lightened a disturbing and serious subject.

The buffet lunch, which was provided, by Pennine View tenants and helpers was greatly appreciated by all.

We raised awareness and people left with leaflets and information on where and whom to contact if elder abuse is suspected, and all enjoyed the afternoon.

If anyone suspects elder abuse in the community please contact either Sue or Elaine, and they will be able to give advice.

Sue Parslow and Elaine Keeler.
016973 31645
016973 42699

Food & Drink Festival



Julie Allison (Rays Shrimps) gets tips from Annette Gibbons

The second Solway Food & Drink Festival was a great success.

Organiser Morven Anson from STAG said "we are delighted with the attendance this year, we had a larger marquee and more exhibitors who were all very busy."

The festival is organised by STAG and funded by Silloth Festivals Ltd and Solway Coast AONB.



Jay Anson's Organic Bread



Robin Barton & Emma Wilkinson from Cock Robin Cider

Tennis Club Race Night

Thanks to everyone who supported the Race Night held at the Rugby Club, £344.50 was raised towards Tennis Club funds.

Race winners were:

Race 1: Lenny Hodgins
Race 2: David & Mary Williamson

Race 3: Chloe Aird

Race 4: Brown Family

Race 5: Amy Aird

Race 6: Hannah Story

Race 7: Dennis Reay

Race 8: Danny Baxter

Tricast Winner:

Dilys Muir

Our thanks to sponsors:

Mike Taylor Plumbing & Heating

Del's DIY & Hardware

Carr's Flour Mills Ltd.

Peter Wise Painter & Decorator

Cumberland Building Society

Winter's Newsagents & Post Office

Johnstone's Private Hire

Our Helpers:

Robert Jefferson, Ryan

Johnstone, William & Lorraine Graham

And a special mention to Danny Baxter, who donated £40 of his £50 winnings to the club.

Hair Zone 4 U

Fine Hair

We may have been born with fine hair but we don't have to live with it.

You may be surprised to read that 50% of women in the UK have fine hair or thinning hair. We all lead stressful lives, take more medication, go on crazy diets, all of which can cause our hair to thin! In addition pregnancy, thyroid problems, chemotherapy and ageing may cause hair loss. Where do you turn for expert help and advice? Peter Josef is an excellent place to start, they use a specialist hair care range called 'Nioxin'. Healthy hair begins with a healthy scalp and the reason for recommending 'Nioxin'

to our clients is that it treats both. Nioxin is skin care for the scalp; it cleanses and nourishes the scalp and helps to create the best possible growing environment for stronger, thicker and healthier looking hair. As well as helping to maintain a healthy scalp it uses ingredients that add body and volume to fine hair, leaving it vibrant shiny and manageable. The key is to start using it sooner rather than later, it doesn't matter whether you are 20 or 50, male or female prevention is better than cure.

Nioxin have an open day Tuesday 4th September from 10am to 2pm all are welcome.

Peter at Peter Josef

JACKSON'S MODELS

Die-Cast Models & Plastic Kits

Corgi Platinum Stockists
We stock trucks, cars, buses, planes, farm & construction vehicles, etc.

33 New Street, Wigton, CA7 9AL

Tel: 016973 42557
www.JacksonsModels.co.uk

Need Extra Money?

Earn £100-£1000+ per week

Full Time/Part Time

No Risk

Will not affect present employment

Full support & coaching

Tel: 01228 507266 or visit

www.openupyourfuture.com

JOHNSTONE'S PRIVATE HIRE

Local Taxi Runs & Long Distance

AIRPORT TRANSFERS
£220 RETURN

Manchester, Newcastle, Glasgow, Blackpool inc Light Refreshments & DVD's for Up To Eight Passengers

Tel: **016973 31557**

Mob: **07999 934555**

Golf Hotel

Open all day

Morning Coffees from 10am

Bar Meals 12 noon to 2pm and 6pm to 9pm

Extensive menu plus specials and Traditional Roast Lunches every Sunday

Afternoon Teas

Restaurant Meals - for that special occasion

Table d'hôte dinner £18.50, also a la carte

Wedding Receptions

Christening Meals

Wedding Anniversaries & other functions

Private Rooms for parties of all sizes

We use fresh local produce, including Solway Shrimps. and do our own baking

Tel: 016973 31438

Out of the Blue at the NEW INN



Our friendly village Pub is a family business, our Restaurant specialises in fish and local produce which is all home cooked

New Inn, Blencogo, tel: 016973 61091 just off the Wigton to Silloth road

Tuesday
4th Sept.
10am-2pm

Free
Advice
From
America's
Number One
Fine Hair
Specialist

all welcome

late night
thursday
OAP's
tue / wed

Est. 1970
Peter Josef

27 Eden Street, Silloth-on-Solway, Tel: 016973 31333