

## Not For The Young, They Can't Cope

**Congratulations to all the kids who were born in the 1940's, 50's, 60's & 70's !**

First we survived being born to mother's who smoked and/or drank while they carried us.

They took aspirin, ate blue cheese dressing, tuna from a tin, and didn't get tested for diabetes.

Then after that trauma, our baby cots were covered with bright coloured lead-based paints.

We had no childproof lids on medicine bottles, doors or cabinets and when we rode our bikes, we had no helmets, not to mention, the risks we took hitch-hiking.

As children, we would ride in cars with no seat belts or air bags. Riding in the back of a van - loose and bouncing around - was always great fun.

We drank water from the garden hosepipe and NOT from a bottle.

We shared one soft drink with four friends, from one bottle and NO ONE actually died from this.

We ate cakes, white bread and real butter and

drank pop with sugar in it, but we weren't overweight because.....

**WE WERE ALWAYS OUTSIDE PLAYING!!**

We would leave home in the morning and play all day, as long as we were back when the streetlights came on. No one was able to reach us all day. And we were OK.

We would spend hours building our go-carts out of scraps and then ride down the hill, only to find out we forgot the brakes. After running into the bushes a few times, we learned to solve the problem.

We did not have Play Stations, Nintendo's, X-boxes, no video games at, no 99 channels on the TV, no cell phones, no text messaging, no personal computers, no Internet or Internet chat rooms ..... **WE HAD FRIENDS** and we went outside and found them!

We fell out of trees, got cut, broke bones and teeth and there were no lawsuits from these accidents.

We played with worms and mud pies made from the dirt, and the worms did not live in

us forever.

Made up games with sticks and tennis balls and although we were told it would happen, we did not poke out any eyes.

We rode bikes or walked to a friend's house and knocked on the door or rang the bell, or just yelled for them.

Local teams had tryouts and not everyone made the team. Those who didn't had to learn to deal with disappointment - Imagine that!

The idea of a parent bailing us out if we broke the law was unheard of. They actually sided with the law, and made sure that we knew it!

This generation has produced some of the best risk-takers, problem solvers and inventors ever!

The past 50 years have been an explosion of innovation and new ideas.

We had freedom, failure, success and responsibility, and we learned

**HOW TO DEAL WITH IT ALL!**

And you are one of them!

**WELL DONE!**

## Cumberland Building Society Donation



L-R: Karen Graham, Andy Dalton from G.N.A.A. and Anneke Ramsay

A team of ten Cumberland Building Society staff entered the It's a Knockout

competition on Silloth Green.

The team was organised by Sarah

Carroll, and consisted of some of the Silloth staff, including Anneke Ramsay and Karen Graham, as well as staff from the Maryport and Workington offices.

The entry fee for the team was sponsored by Cumberland Building Society. The staff then displayed sponsorship forms in the branches and managed to raise £350.16 in total.

A big thank you to all of the customers who helped with sponsorship!



Dancing Queen Bee by Megan Heath from Silloth Primary School

## Real Deals from your local

**SPAR**

Offers subject to availability in-store from 3rd January - 23rd January 2008. E.&O.E

**Solway Street, Silloth**

**January Sale!**



**Only £2.99**



**2 for £1.20\***



**Half Price**



**2 for £10\***

**8 FOR £5.50**



**Only £4.79**



**Half Price**

**Half Price**



**Half Price**



**Half Price**



SPAR Valencia Wines Varieties as Stocked 75cl - Carlsberg 8 x 440ml Pack Pricemarked £5.50 - SPAR Strong Cider 4 x 440ml Pack WAS £2.89 NOW £1.44 - Foster's 6 x 500ml Pack - Knorr Ragu Sauces Original / Traditional / Onion & Garlic / White Lasagne Sauce 480g-515g WAS £1.42 NOW 71p - SPAR American Cola Original / Diet 2ltr WAS 99p NOW 49p - Cup-A-Soup Varieties as Stocked 107g / 109g / 117g Packets WAS £1.11 NOW 55p - Evian Sports Cap 750ml WAS 89p NOW 44p - Breakaway / Blue Riband 6 Packs \*See in-store for individual unit price details. The higher selling price refers to the SPAR Recommended Retail Price

### OPENING HOURS

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**Sunday 9am - 8pm**

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