Eat for Health



John Crouch entertains as he cooks at Novembers' "Eat for Health" event in St. Andrews Church Hall

Allerdale in Top Ten

Latest figures put Allerdale in the top ten of the 354 councils in the country for the amount of waste it has managed to reduce.

Household waste goes to landfill, which is becoming ever more expensive and scarce in the country. Recycling schemes cut down on the amount of waste, helping both the environment and the pockets of Allerdale council taxpayers.

The Council has introduced a three bin collection to encourage recycling and latterly purple bags in selected areas for glass bottles, jars, cans and plastic

bottles. This has been so well received in the 13,000 properties that have it, the intention is to introduce it to other parts of the borough in the future.

The member with Executive responsibility for waste reduction, Sam Standage, was pleased with the news. "We know that recycling is something that the people of Allerdale want to get involved with and contribute to. We are doing all we can to help them in this and it is producing good results which will benefit not only the environment but the economy too."

Mayors Report

Report by: Mayor Graham Wilkinson

The Chairman attended several events including Solway Community Technology College prize-giving evening, the Remembrance Day Service along with the crew of HMS Biter and the Pensioners Christmas Party at Stanwix Park.

The Police report included several acts of anti-social behaviour by local youths, several acts of wheelie bins being set on fire and cars racing in the town. The Police would appreciate members of the public taking note of Number Plates of any racing cars and passing these to the Police.

Last month we considered the deletion of a footpath at Skinburness and after obtaining further information and following a site meeting the Council has decided to support the request and will notify the County Council.

Correspondence included the N.H.S. Closer to Home consultation. A letter suggested the setting-up of a Maritime Heritage Centre in Silloth, this will be forwarded to the N.W.D.A. with the Council's support.

A request for financial support was received from Citizens Advice, Allerdale. I it was agreed to send £100. Silloth First Responders asked for continued support towards the rental of pagers at £950 per annum, this was agreed. The Primary School

> Digger Bee by James Hollick from

Holm Cultram Abbey School



reported they are holding interviews for a new Deputy Head. Solway C.T.C. report that the student intake had fallen due to more pupils opting to go to Wigton, this is reducing the funding available to the school as this is based on pupil numbers.

A revised proposal for works between the Lifeboat Station and the dock entrance was noted. Work is in hand for the installation of feeder pillars for Silloth Christmas Lights. Items for the 2008/2009 budget were discussed, these include joint funding of signage to the area from the M6, youth provision, the all-weather sports area and Christmas lights.

A request has been received from residents of Greenrow Meadows for the provision of street lights between the estate and Stanwix Park Holiday Centre, this will be passed to Allerdale B.C.

The council are pursuing with Allerdale **Borough Council** the timespan for the replacement of the bridge at the entrance to the cemetery due to the danger caused by vehicles parking on the road.

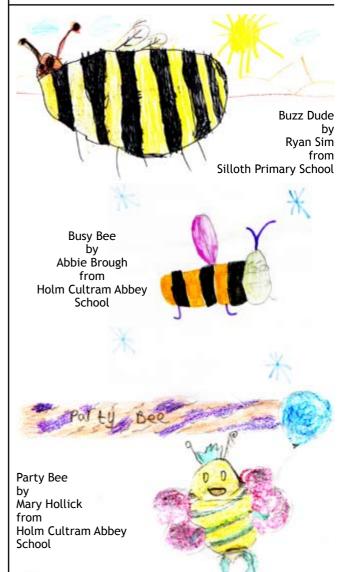


The Dark Side

What Posh does, the world seems to follow, since she has ditched the highlights for a darker look, brunette is the new blond with women everywhere wanting something more subtle and sensual.

Brunette is traditionally a winter colour, but clients are asking more than ever for the darker look. Colour is an extension of your personality, so on the right person is never going to be boring. As with all hair colour, skin tone is essential and must complement the shade. Brunettes can be divided into two tones, warm and cool, and these tones need to work with your skin and eye colour.

Peter Josef









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