

Motocross at High Tarns



A field at Tarns Farm has found a new type of diversification from farming.

A group of local and County Motocross enthusiasts have made it one of their venues. The field has two courses, one for minors from the age of 6, this is on level ground, with corners of varying angles. The other which is on light and sandy ground is ideal for Motocross, has man-made hillocks allowing the riders to jump into the air depending on their speed.

The main course is used for the Riders to Practice for the Northern Centre Motocross events which has four Clubs, these being held at Brampton, Great Salkeld, Millom and Whitehaven.

At the end of the year all the Clubs meet at Stanwix Park Holiday Centre for an evening of celebration and presentations.

Above: the adult course with views across the Solway
Below: The adult course is designed for high jumps



A six year old burning up the juvenile course

Hair Zone 4U

Is Your Hair Colour Right For You?

Once you get the right colour you will know right away it will compliment your skin tone and eye colour but most importantly it will suit your personality. Try our test to see if you have the right colour.

Test

1. Do the undertones in your skin and hair match? (Cool skin tones go with cool hair colour; warm skin tones with warm hair colour)
yes/no.
2. Are your roots slightly darker than the ends? (This is how natural hair looks. Hold ends against roots



Baz the Bumble Bee
by Sophie Lily Graham
from
Silloth Nursery School



Elephant Bee
by Ella Feltham
from
Silloth Nursery

to fairly compare.)
yes/no.

3. Does your colour stay intact for at least four weeks before it starts fading?
yes/no.

4. Is your colour dimensional as opposed to a flat, single shade? (Check it out in sunlight.)
yes/no.

5. Is maintaining your hair colour within your beauty budget?
yes/no.

6. Do you have highlights or lowlights that seem to work with the way your hair moves, or with the way your hair cut is shaped?
yes/no.

7. Compared to a celebrity's colour whose shade is about the same, does your hair colour look just as good as the star's? (Compare hair colour only, not your total images. Picture your heads from behind if you find the comparison difficult to make.)
yes/no.

8. Does your hair colour make your eyes pop?
yes/no.

9. Do you visit your salon as often as you like in order to maintain your colour, or as often as you get a cut? Give yourself double points if your colour requires

retouching with every other haircut visit. (If you colour at home, does the maintenance work with your lifestyle?)
yes/no.

10. Does your colour suit your personality and self-image?
yes/no.

11. Does your hair look and feel healthy after you get colour, as well as two weeks later?
yes/no.

12. Do you think your colour is stylish and up-to-date?
yes/no.

Score 10 - 12
congratulations you have perfect colour.

Score 8 - 9 your colour suits your taste but it could be better.

Score 5 - 7 something is wrong your colour doesn't match your skin or your eyes. Come into the salon and try some swatches up close to your eyes to get it right, consultations are free and can be very enlightening.

Score less than 5 is your hairdresser colour blind? Or is it a home job gone wrong? You need someone who has been trained in colour correction and we do specialise in this. Book a consultation, carefully consider the advice we give you and look forward to going out really feeling good with your new colour.

Dawn & Sammy
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