



Pretty Bee
by Phoebe Garrett from
Silloth Primary School

Solway Buzz

www.solwaybuzz.co.uk

September 2008

local news - for you - by you - about you - free to you - local news

FREE PAPER

Issue 68

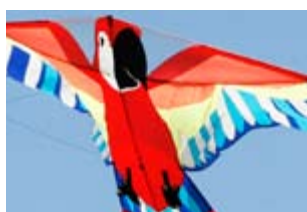
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APOLOGIES

This edition is late because of total computer failure. The C drive failed. Everything had to be rebuilt and re-loaded from scratch. Please accept our sincere apologies.

Cross Solway Swim A New World Record!



Derek Griffiths comes ashore at Silloth after swimming from Southernness, Scotland. Story on page 14

Solway Sunset Competition

Silloth Tourism Action Group (STAG) in conjunction with the Solway Buzz announce the Solway Sunset photo competition.

This is open to all ages of amateur photographers with two categories: 16 and under, also adult.

The photographs must have been taken within six miles of Silloth and can be submitted as either prints (no larger than A4) or emailed to:

sunsets@SolwayBuzz.co.uk
Prints to be posted to the Buzz (address on page 4).

All entries to be submitted by 31st December 2008. Prizes have been donated by Caravan Care, the Golf Hotel, STAG and others.

For full conditions of entry see the Solway Buzz website.



Silloth Music & Beer Festival

The final line-up has now been confirmed.

On Wednesday 3rd Sept at 6:30pm there are three Silloth bands; Cyanosis, The Ventriloquists, Positively Negative and Silloth Primary School African Drumming Team. This event is open to all ages.

On Thursday (over 18's only) supporting the Searchers are the Nightriders and Carlisle band Dirt Roads.

On Friday evening (over 18's only) Wigton youngsters Catchout are supporting John Ottway and the Hamsters.

Saturday afternoon the Nightriders are playing. Silloth pensioners can get free tickets for the Saturday afternoon tea party from S.O.S.C.S.

Maryport band AWOL will be supporting Sounds of the Blues Brothers on Saturday

evening (over 18's only).

Sunday at 1pm is the Karaoke contest with a prize fund of £300.

Outside the marquee there is a return of the Music Bus featuring young bands from all over the County as well as the Ventriloquists and Cyanosis from Silloth. Thanks must go to the Solway Coast AONB and the kind ladies from SOSCS shop for helping to give lots of local youngsters a chance to air their talents.

Finally, finishing on the Sunday there is Carlisle youngsters Robin Starch supporting The Jamm. This is the last chance to see The Jamm in Cumbria as they are calling it a day after 15 years and over 2,000 gigs.

Tickets on sale at Winters Newsagents, the Carnegie Theatre and from TicketWeb.

Due to the atrocious weather over the weekend of the Silloth Vintage Rally when the Solway Woodcarving Group's tent was flattened by winds up to 70 mph, they duly moved their display into the craft marquee, only to find that also had been deemed unfit due to the conditions and was evacuated. They eventually managed to relocate the raffle of the Acrobatic Teddies draw to a fund raising event being held by Silloth First Responders that took place at Stanwix Holiday Park on 28th June.

The sum of £215 was raised and Mr J Inness won the draw. The £215 was duly presented to Peter Gilmour on behalf of Silloth First Responders. The Acrobatic Teddies were originally carved as a thank you to the Vintage Rally

Donation to Silloth First Responders



Committee which supports us by providing the Solway Woodcarving Group a free display area at the Rally. The Silloth First Responders are the chosen charity of the Silloth Vintage Rally Committee.

Our thanks also go to Silloth Town Council for their ongoing support of the Woodcarving Group and to all those who braved the weather, bought a ticket for the raffle and supported the event.

Our next raffle of "The Teddy Bears Picnic" will take place at Silloth Carnival, this will be in aid of The Eden Valley Children's Hospice. Thank you to everyone for your ongoing support.

Sarah Reilly ATT CTA

Congratulations go to Sarah Reilly on passing the much accredited Chartered Tax Advisor exams. Sarah has put in lots of hard work and hours of study and determination to achieve this and it has all paid off. Her whole family are very proud of her. They would all like to thank David Allen & Co. for the continuing support and encouragement they have always given her.



Great Products Great Deals at SPAR

Offers subject to availability only at participating SPAR stores. N. B. Some variants may not be available in some stores. Offers available from 7th to 27th August 2008. Prices correct at the time of going to press. E & O. E.

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full band listing**



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Thursday 4th Sept. 7pm - Midnight

THE SEARCHERS

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plus others to be confirmed
Advance Tickets £16 / £18 on the door*

Friday 5th Sept. 7pm - Midnight



The Hamsters and John Otway

Advance Tickets £15 / £17 on the door*

Saturday 6th Sept

12pm - 4pm Silloth Pensioners Tea Party : The Nightriders
Tickets £6

7.00pm - Midnight

SOUNDS of the BLUES BROTHERS

Supported by
A.W.O.L.
Advance Tickets £15 / £17 on the door*

Sunday 7th Sept. 12.00pm - 6.00pm

12pm - 4pm Cash Prize Karaoke



The Jamm

A Tribute Show

Tickets - Adults £9 / Children £1 accompanied by an adult.

TICKETS AVAILABLE FROM

Carnegie Theatre 01900 602122

Winters Newsagents, Silloth - (cash only)

www.ticketweb.co.uk 24hrs 08444 77 1000

For Accommodation Enquiries

Tel Silloth T.I.C. on 016973 31944

No Admittance to U18's after 7pm

S.C.T.C. Black & White Ball

Is this education? Looks more like fun. Solway Community Technology College celebrate the end of the year with a black and white ball.

The event was organised by the student prom committee led by Megan Hope with the assistance of Miss Addyman. Students arrived, some by limo, and walked the red carpet (thanks to the Rev Byrom) into the hall which had been transformed with silver, black and white decorations provided by parent Mrs Fraser of 'Forget Me Not Flowers'. The buffet was prepared and served by the school catering staff; Mrs Hoodless and Mrs Caulfield. Another parent, Mr Johnstone provided the disco. Photographs were taken of everyone dressed in all their finery by 'Photography by Peter'.

The prom was a real community event with evidence of great support from both parents and staff. The

event was well attended by students from year 7 to 11. Prizes were awarded to a number of students including best dressed, best dancer, cutest couple and Prom King and Queen who were Sam Brough and Emma McClure. Staff commented on how many students thanked them for an "excellent event".



L-R: Hayleigh Milburn, Alex Jefferson, Sherrie Harrison, Megan Hope, Emma Pearson, Stacey Fraser.



L-R: Dean Hanley, Emma McClure, Amanda Ayres, Jack Parish.



L-R: Matthew Noble, Sarah Kent, Isaac Cork, Samantha Graham, Michael Armstrong, Nicolle Humm



L-R: Leanne Storey, Leonie Graham, Sarah Wood, Emma Addyman, Bethany Wise, Jade Woodford.

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Dates for the Diary

September	September cont'd	September cont'd	November cont'd	December	January
1stSilloth Town Council Meeting in the Community Centre @ 7pm	6thHarvest Weekend in Trinity Methodist Church, crafts, paintings and flowers displays + organ recital & afternoon teas from 10am to 5pm	18thAbbeytown Flower Club meeting, 016973 61055	11thCountry Western Festival at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up	1stSilloth Town Council Meeting in the Community Centre @ 7pm	14thCausewayhead WI meeting @Trinity Methodist Church Schoolroom, 7:15pm Members Night. Tel: 016973 31447
2ndTea Dance 1:45 – 3:45pm in Silloth Community College Tel: 31553 / 31528	6thSilloth Music & Beer Festival 2008, Blues Brothers	18thCumbria Cancer Support Group meeting at 7pm, Education Centre, the Cumberland Infirmary, Infirmary Street, Carlisle	12thCausewayhead WI meeting @Trinity Methodist Church Schoolroom, 7:15pm Demonstration: Olwen Hill, Tel 016973 31447	6thCrunch service at Skinburness Road Car Park 9am to 11am	15thAbbeytown Flower Club, Christmas Dinner 016973 61055
3rdNeighbourhood Forum at 7pm in Westnewton Village Hall	7thSilloth Community Craft Show from 11am to 4pm in Silloth Social Club	20thCrunch service at Skinburness Road Car Park 9am to 11am	14thPop Rock Weekend at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up	6thSilloth & District Pensioners Christmas Party in Stanwix Park Holiday Centre	17thCrunch service at Skinburness Road Car Park 9am to 11am
4thSilloth Music & Beer Festival 2008, The Searchers	7thHarvest Weekend in Trinity Methodist Church, crafts, paintings and flowers displays + organ recital & afternoon teas from 12pm to 5pm Morning service 10:30am by Rev Brian Tomkins Evening Songs of Praise by Rev Kim Hurst	20thSponsored Charity Walk from Silloth to Maryport see advert	15thCrunch service at Skinburness Road Car Park 9am to 11am	9thAbbeytown WI, meet in Assembly Room, Abbeytown @ 7:30pm, AGM tel: 016973 617667	
5thSilloth Music & Beer Festival 2008 John Otway plus The Hamsters	7thSilloth Music & Beer Festival 2008, The Jamm	28thAbbeytown Methodist Church Harvest Festival Service @ 6:30pm	15thPop Rock Weekend at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up	10thCausewayhead WI meeting @Trinity Methodist Church Schoolroom, 7:15pm AGM Tel: 016973 31447	
6thAbbeytown M.U. trip to Grosvenor Garden Centre & Cheshire Oaks Shopping Village, names to Maureen Gibson (016973 61625)	9thAbbeytown WI, meet in Assembly Room, Abbeytown @ 7:30pm, tel: 016973 617667	29thAbbeytown Methodist Church Sale of Produce @ 7pm	15thRace night in aid of the RNLI in Silloth Social Club	12thChrist Church with St. Pauls Mens Choir Christmas Concert, pie & pea supper	
				18thCumbria Cancer Support Group meeting at 7pm, Education Centre, the Cumberland Infirmary, Infirmary Street, Carlisle	

Regular Weekly Events

- Mondays**
Bingo – Silloth Social Club, Waver Street @ 7:15pm
- Tuesdays**
Silloth Open Door Group, Pop-In Lunch from 12–1pm @ St. Andrews Hall for donation
Bingo – Bowling Club, Eden Street @ 7pm
Whist Drive – Recreation Hall, Eden Street
Playing Field @ 2pm
- Wednesdays**
Coffee Morning – Silloth Nursing Home @ 10am
Bingo – Silloth Social Club, Waver Street @ 7:30pm
- Thursdays**
Market – Criffel Street 10am to 4pm
Whist Drive – Recreation Hall, Eden Street
Playing Field @ 7:30pm
- Fridays**
Bingo – R.A.F.A. Club @ 7:30pm
- Saturdays**
Bingo – Silloth Social Club, Waver Street @ 7:30pm
Music & Dancing – R.A.F.A. Club, evening

Sundays
Market & Car Boot – Silloth Airfield 10am to 4pm
RNLI – Exercise @ 10am
Bingo – Bowling Club, Eden Street @ 7pm

Production Team

Proprietor:
Peter McRobert
Barn Cottage
Skinburness, CA7 4RA
Tel: 016973 32180
Fax: 016973 32133
Email:
office@solwaybuzz.co.uk

Editorial Content
This is down to you, we can only publish items if you send them to us.
When sending articles in, please supply a contact name and number in case something requires clarification.
We will accept letters, faxes or emails, but we do prefer emails as we do not have a typist to type your articles out.
Published by:
Peter McRobert with the support of the whole community and an army of volunteers.

10thCausewayhead WI meeting @Trinity Methodist Church Schoolroom 7:15pm Visit to Carlisle Mail Centre Tel: 016973 31447

13thRAFA Leek Club Show, doors open 5pm

13thCoffee Morning in Silloth Recreation Hall @ 10am

14thLocal Food & Produce Fair & Crafts at Mawbray Village Hall 10am to 4pm, refreshments contact Karen: 01900 881353

Useful Tel Numbers

Chemist, Silloth:	016973 31394
Community Grants:	01900 325013
Crime Stoppers:	0800 555 111
Dental Emergency:	01228 603620
Dentist, Buchanan:	016973 31270
Dentist, Steel:	016973 32042
Doctor:	016973 31309
First Responders can only be called by the Ambulance service, call:	999
Gas:	0800 111 999
Hospital:	01228 523444
Holme St. Cuthbert School	
Mawbray:	01900 881242
Holm Cultram Abbey CofE School	
Abbeytown:	016973 61261
MP, Tony Cunningham:	01900 65815
Silloth Library:	016973 32195
NAP	01900 702898
Neighbourhood Forum:	01900 325013
Police:	08453300247
Quakers, Wigton:	01228 523174
Register Office, Wigton:	01228 223447
Samaritans:	01228 544444
Silloth Community School:	016973 31234
Silloth Nursery & Junior School:	016973 31243
Silloth Town Clerk:	016973 31128
Allerdale B. Council	01900 702702
Silloth Tourist Information Centre:	016973 31944
Solway Buzz:	016973 32180
Taxi (Private Hire):	016973 31557
Taxi (Private Hire):	07999 934555
Vet:	016973 20242
Waste Disposal Dept:	01900 702800
Water LeakLine:	0800 33 00 33

This section is for your convenience, so please, let us know what you want included, also any changes to numbers.

October

4thCoffee Morning in Silloth Recreation Hall @ 10am

6thSilloth Town Council Meeting in the Community Centre @ 7pm

6thMad Agnes in Mawbray Village Hall, tel: 01900 881353

8thCausewayhead WI meeting @Trinity Methodist Church Schoolroom, 7:15pm Margaret Hine: Life of a Vicar's Wife. Tel: 016973 31447

14thAbbeytown WI, meet in Assembly Room, Abbeytown @ 7:30pm, tel: 016973 617667

16thAbbeytown Flower Club open night, 016973 61055

16thCumbria Cancer Support Group meeting at 7pm, Education Centre, the Cumberland Infirmary, Infirmary Street, Carlisle

18thCrunch service at Skinburness Road Car Park 9am to 11am

November

1stSilloth & District Pensioners, pre-Christmas Afternoon Tea in St. Andrews Hall, Solway Street @ 2pm

3rdSilloth Town Council Meeting in the Community Centre @ 7pm

18thHolme Low Parish Council Meeting in Silloth Community Hall @ 7:30pm

9thCountry Western Festival at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up

10thCountry Western Festival at Stanwix Park Holiday Centre, Silloth, see www.stanwix.com for Group Line-Up

11thAbbeytown WI, meet in Assembly Room, Abbeytown @ 7:30pm, tel: 016973 617667

Copy date for the October/November issue
If your organisation has an event to promote or you have something to say, please note that the next copy date is:
7th September 2008

Errors do occur in Dates for the Diary
Please check before attending an event

ANNUAL SPONSORED CHARITY WALK

SILLOTH to MARYPORT (along the beach)

SATURDAY 20TH SEPTEMBER 2008 for SILLOTH FIRST RESPONDERS and N.W.AIR AMBULANCE

Depart at 8am from outside the ALBION INN

Refreshments at Maryport Navy Club & transport back to Silloth

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Check out SolwayBuzz.co.uk for photos of local events

Explore Lake District

Jenny Wright Promotions co-ordinator with Explore Lake District based locally at Brigham, Cockermouth has won a competition run by a Business Section of a local Newspaper..... the prize is a spectacular £5000 worth of promotional filming by the company “Creative Imagineers”!
This will obviously give welcome exposure to the Lake District and help to give tourism in the area a boost. Wwww.explorelakedistrict.co.uk has been live now for just over a year bringing in much needed economy for the area from over 118 countries worldwide, having exceeded its 7 millionth hit to the website. The company has recently expanded and now employs three local people, having an expert IT section and

has just launched the sister company “Explore Yorkshire District”.
Explore Lake District now covers everything for Tourists and Locals... from Accommodation as wide ranging as the most Luxurious Hotel to the Quirky Tipis and Pods..... Also Attractions, Restaurants, Tearooms, Spa’s, Garden Centres, Conference and Wedding related entries and many more. Featuring only 16 in each category ensures everyone appears on page 1. The Wedding Suppliers category features everything desired for a wedding from a Violin Ensemble to entertain to the Disco, Photographer and Marquee Hire and many more.
Explore Lake District looks forward to the filming in this stunning area in which we are privileged to live!

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Silloth Tots & Toddlers

Silloth Tots & Toddlers meet in Christ Church Hall, Silloth and is open to all children aged from 0 to 4.

Sessions are on:
Wed: 10pm to 11:30am and
Fridays: 10am to 11:30am term time only
Entry is £1 per family and this includes refreshments
All Welcome
Call in for a friendly chat

Silloth RNLI Shop

Shop Opening Hours

Monday	1pm – 4pm
Tuesday	1pm – 4pm
Wednesday	2pm – 4pm
Thursday	1pm – 4pm
Friday	1pm – 4pm
Saturday	11am – 4pm
Sunday	11am – 4pm

Our shop is staffed entirely by volunteers and occasionally we may not always be able to open at the advertised time. We do apologise for any inconvenience that this may cause.

Football Training

Silloth Football Club

All training takes place at Eden Street Playing Fields

Training Times 2008

Under 8's
Monday 5:30 to 6:30pm
Contact Melanie Irving 32850

Under 10's
Monday 4:30 to 5:30pm
Contact Kevin Dixon 31954

Under 11's
Thursday 4:30 to 5:30pm
Contact Derek Wallace 32050

Under 14's & Under 16's
Thursday 5:30 to 7pm
Contact Colin Baty 31297 & John Gibson 32627

Girls Under 12's & Under 14's
Tuesday 5 to 6pm
Contact Jennifer Bell 32291

Open to boys and girls.
Membership forms available from all coaches.

Men's Training at Eden Street Playing Fields

Tuesday & Thursday
6:30pm to 8pm
Contact Colin Baty 31297
Over 35's matches Mondays
6:30pm kick off
Contact Stephen Hart 31517

Abbeystown Library

Abbeystown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Causewayhead WI

Report by: Patricia Froggatt

‘What the Judge is Looking For’

New and old members of Causewayhead W.I., meeting in Silloth, were welcomed to the July meeting by President, Pat Bell.

The evening commenced with General Business and the reading of the Minutes from

the previous meeting by Secretary Jean Vorley. These were approved and signed. The sale of plants at the Vintage Rally raised £71, which would be used to provide more plants for the garden situated outside the Discovery Centre.

Because of the atrocious weather at the Vintage Rally, the WI would be having a plant stall at the Food Fare on the weekend of the 16th/17th August.

An invitation had been received for ten members to attend Crofton WI in September. Those taking part in the visit to the Post Office Sorting Office in Carlisle in September would depart at 5.30pm. Soup and a Roll would be provided back at the Hall on their return. Details in the County Newsletter were read out to the meeting.

The President then welcomed our guests for the evening: Eileen Wilson and her colleague

Thelma. Thelma began by explaining what the Judges are looking for when they are judging Scones and Victoria Sponges. The shape, texture, and appearance of both are all given points. She also gave tips on how best to bake, remove from the tins, and to present and display for show purposes. Most members found this

information extremely helpful.

Eileen concentrated on Jam and Marmalade making, explaining which jars are the best and how to present them for competition purposes. Brand lids must never be used. She also gave helpful information of the making of the Jam and Marmalade and, in the case of Marmalade, the even spread of peel is essential.

All members were thoroughly engrossed in the demonstration and explanations given. A vote of thanks was given by Jean Graham.

The evening closed with a Social half hour provided by J. Worsnop and P. Froggatt.

September Meeting (10th September), would those Members not visiting the Post Office Sorting Office note that there will be a Beetle Drive at Trinity Methodist Church Schoolroom at the usual time.

Hostesses for the evening were: M. Crawford, M. Lomas and E. Telford.

Prize Winners on the evening were:
Raffle: J. Wilkinson and A. Dunbar
Grocery Parcel: M. Crawford, G. Hunter, and J. Beeby
Victoria Sponge: P. Bell and J. Graham
Flower: A. Harrison and A. Dunbar

Bee a Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered sports shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher.

So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on this page and a quality Solway Buzz embroidered sports shirt from Carlisle Embroidery could be yours.

You don't have to be at school here to send a bee to us.

If you are here on holiday we would love to receive your bee drawing, just tell us your name, where you are from and where you are staying. You will find our address on page 4.



Masthead Bee Winner

This month the winner is Malena Stanners from Holm Cultram Abbey School with a bee called “Buzzy Buzz”. Well done Malena!

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Golden Wedding Greenland Adventure

On Thursday 26th June Eddie and Doreen McNamee embarked on the Fred Olsen ship Black Prince for a cruise to the Arctic area.



Asmund Nilsen (Master of The Black Prince) with Doreen & Eddie

On 29th June they arrived on the Heimaey Islands off the mainland of Iceland where they toured the volcanic areas and saw the devastation caused by the eruption in 1973.

Eddie and Doreen then sailed to Reykjavik in Iceland and spent eight hours touring the hot springs and walking through the rocky valley that was the start of the San Andreas Fault, this eventually finishes in Western USA. They saw bananas being grown in huge greenhouses

heated by the geysers and learned that in Reykjavik the hot water for your central heating and washing purposes, including showers, cost just £21 per month for the average detached house. Electricity costs £20 per month.

On 3rd July they arrived in a fjord at a town called Narsarsuaq (Nars a swak) after the ship had negotiated many icebergs. The previous evening the ship passed one about 100ft high and

They embarked on a small motor boat to travel up the fjord through the icebergs to the glacier. The engine was switched off at the glacier and everyone sat drinking Martinis, with real ice fished from the fjord, and all they could hear was the sound of the icebergs

organ recital followed by unaccompanied harmony singing by the local Lutheran choir. The overall impression was that the people of Greenland were very poor but so generous towards visitors with their home made cake etc..

Eddie and Doreen



Pushing an Iceberg clear of Black Prince

cracking away from the glacier.

On 4th July they arrived at Qaqortoq (Kwat a tack). They finished the visit in a seafood restaurant where they were offered the following delights. Whale meat and skin, dried seal, dried cod, dried trout and dried reindeer meat. They were told by the locals that this must be eaten dry and not re-hydrated as the Danish eat it.

On 5th July they arrived at Nanortalik (Nan or talick) where everyone was treated to coffee and cake whilst watching traditional dancing in national costume. They then went to the beautiful church where everyone was entertained to an

then embarked on the long voyage home, some 1,500 nautical miles (about 1,750 miles).

On the evening of 7th July (their golden wedding anniversary), they were treated to the sight of baked Alaska being paraded round the restaurant with sparklers in each piece accompanied by the Filipino band. They had a farewell drink with the Captain and Senior Officers followed by a show put on by the Filipino members of the crew, treating us to singing and dancing in various colourful national costumes.

On 9th July Eddie and Doreen arrived at Greenock in Scotland after a memorable anniversary trip.



One of the Glaciers

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300ft long. This was the first cruise ship to make it through the ice into the South West of Greenland this year.

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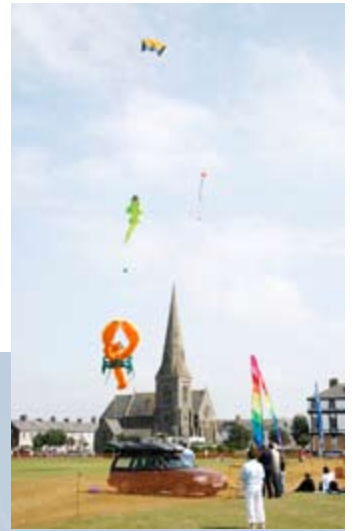
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available to non-members

Silloth Kite Festival

The Kite Festival was blessed with one of the nicest weekends of the summer and crowds enjoyed the spectacle, accompanied by music from local bands, in the sunshine.

If you missed it, be there in 2009.



Lost or Found

Have you Lost or Found any Keys, Wallet, Purses or articles of Importance in Silloth and wondered where to take them to?

Well - Winters (newsagents & Post Office) have kindly offered to enter them in a Book as a record of who to contact, there being no Police Station, which was the normal place to deposit article.

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£200,000 for MND

Pedal the Ports, the 1,600-mile tandem-relay fund-raiser organised by Associated British Ports (ABP), concluded recently after raising a grand total exceeding £200,000 for motor neurone disease (MND) charities.

Starting at the Port of Grimsby in June, and ridden by a relay group of ABP employees and friends of the Company, the tandem circumnavigated Britain in an anti-clockwise direction, calling at each of ABP's 21 ports, including Silloth on 13th June, before finishing its journey at the Port of Grimsby in July.

ABP employees from every port and every department were brought together by Pedal the Ports. ABP's customers, suppliers and members of the local media also joined ABP employees in the relay. Throughout Pedal the Ports, thousands also read the trials and tribulations of the riders via a blog on ABP's website, which

eventually ran to over 30,000 words.

When the tandem returned to Grimsby, the port hosted a port community open day that saw thousands of people visit the port to have a look around the ordinarily secure area. The day included river trips in one of ABP's pilot launches, Grimsby dock-tower tours, exhibitions, fairground rides, stalls, live music and street theatre, raising thousands for the campaign.

Donations to Pedal the Ports range from substantial pledges - such as ship's agent GP Shipping's £21,000 - to smaller donations from passers-by and pedestrians who were inspired to give what they could after seeing the Pedal the Ports team cycle past. It is a testament to the amicability of the ports marketplace that the majority of ABP's competitors also contributed. ABP itself donated £35,000 to the campaign.

Silloth Docks and the Bad Lads of the 1950's

Story by: George Proud

I was interested to read in the Buzz about the harbour master and his team going into the schools to explain the dangers around the docks.

When we were kids you could walk around the docks and use the dock gates to walk back and forth to the west beach.

We did swim a lot in the docks, it used to be the safest place to swim due to it having no currants like off shore from the beach.

There was always a big gang of lads all ages swimming off the raft, used to paint the boats that came into the docks and was tied up to the dock wall next to the dock gates. We used to jump into the dock off the top crane cabins and bunch up into a ball after hitting the water to see how deep we could go. Some of the lads could bring a hand full of mud up off the dock bottom. (I think the in word for that type of thing these days is tombstoning).

Hugh Scott could do a perfect dive off the cabins and Dils English a perfect Jackknife off the raft which was only 6 or 7 inches above the surface of the water.

We used to start swimming at Easter what ever the weather and

swim right through to October, mud slides in the old dock, a little fire under the pier to boil a tin full of winkles and pick them out with a pin.

Frank Graham and I often went for a swim in the dock at night on our way home to West Silloth, after going to the picture house, down the steps in the corner near the Railway Station, swim the length of the dock and back, keeping away from the corner near the Golf House, because in those days the raw sewerage from the Golf House out flow pipe used to empty into the dock.

Even then we must

have been trespassing because we used to get chased by Charly gold and later Jimmy Pearsey, both were policemen. If caught a kick up the backside or a crack over the ear and if you went home and

told your parents you got another crack 'Happy days!'

The photo was taken by me Easter 1955/56. A gang of us after our first swim.



Back row Joe (crow) Robinson, Joey graham, Jim Elliot, John (nat) Satterthwaite, Ian (podger) Campbell
Middle row Keith MacDonald, Patty Campbell, Ron Steele, Mike Talmadge, Eddie Bosward
Front row Cecil Buchanan, John (chuck) Little, Ken Winter, Graham Winter, Warren Gibson, and Jim Elliots dog



Bar-Bee
by Catherine Wilson
from Silloth Primary School

Silloth Group Medical Practice

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End of an Era !

It is with a rather heavy heart that we announce the retirement of Dr. Graham Ross from Silloth Group Medical Practice on 30th September. Dr. Ross has been a partner here at Silloth since 1978. He started as a young doctor full of enthusiasm and certainly seems to have retained that enthusiasm over the years. We will miss him greatly. It will be strange to work in a surgery which Dr. Ross is no longer part of. Dr. Ross's knowledge and experience and his down to earth common sense will be a miss as will his practical abilities of putting up shelves, sorting out boilers, stopping cupboards falling off, walls as well as his way with words when fences mysteriously disappear!

We wish him all of the very best in his retirement and hope he and Margaret have many years of health and happiness. We are sure that he will find plenty to do exploring the countryside in his camper van and obviously visiting his family and grandchildren.

We are lucky to have appointed Dr. Darren Hymers two years ago and shortly Dr. Anna Freeman who will take over from Dr. Ross. I am sure they will follow in his tradition of holistic sound medicine but warn them that he will be a rather hard act to follow.

Cancellation of Appointments

Despite making numerous announcements regarding patients who are not cancelling their appointments when they are no longer required, we are still losing an average of 60 appointments per month. These appointments could be going to people who really need them.

IT IS IMPORTANT TO CANCEL UNWANTED APPOINTMENTS!

You can now order your Prescriptions online or through our Voicemail system
Why not visit our Surgery Website on: www.northcumbriahealth.nhs.uk/silloth

Collection of Prescriptions

Please allow 48 hours before collecting your repeat prescription from the Surgery or the Chemist (72 hours for Bank Holiday Weekends)

SURGERY CLOSURE

Please note that the Surgery will be closed between 1-5pm on:

Wed 17th September
Thursday 16th October
Tuesday 11th November

This is for educational training purposes for all surgery staff.

Between the hours of 1-5pm Cuedoc will take all Emergency calls.

WANT TO STOP SMOKING?

You now do not need to see your GP first. You can self refer to the Smoking Cessation Clinic. Tel: 01900 324 222

FLU CAMPAIGN

Please watch out for posters around the town giving dates for the Flu Clinics. These are expected to be in October

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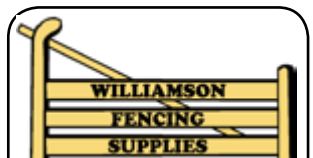
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Abbeytown Carnival

Report by: Steven Pattinson
Photos by:
Bill & Winifred Allan

Abbeytown Carnival 2008 proved to be a great success - float and pedestrian entries were good and the crowds lining the village were fully entertained on a lovely summers day.

Once on the Recreation field Samantha Little was crowned Carnival Queen and the Fancy Dress prizes were given out. The activities on the field included the popular childrens sports, egg throwing, welly throwing, target football and a tug of war that involved about 100 people.

The committee would like to thank everyone that took part, everyone that helped in any way and everyone that came to support the day.



Abbeytown Carnival Committee would like to thank everyone who took part, helped and supported this years event.

It is very much appreciated and we look forward to seeing everyone again next year.

G Little (Chairman)



RNLI Medix Exercise



Report by:
Mick Satterthwaite

A Medix 5 exercise was held at Silloth on Sunday 3rd August.

It was a simulated gas explosion on a charter vessel boat 'The Solway Protector', there were reports of multiple casualties.

On arrival of the Silloth Lifeboat it was discovered there were six casualties on board the vessel with various injuries and people trapped within the vessel. There were also five more casualties that had been blown off the charter vessel into the water.

Workington Lifeboat, their inshore lifeboat and also Nith Rescue were involved with searching and treating the casualties. All casualties were taken off the charter vessel after treatment and brought ashore for further treatment if it was needed.

Mick has arranged these 'Medix' exercises

for the last five years, they have developed and improved each year. The idea is to get various emergency services working together in different scenarios but all based within the water and beach areas.

It gets difficult at times trying to think of something different each year, Mick wouldn't be able to carry out these exercises without the help of the Casualty Union and their team of volunteers, Dr Andy Butler (B.A.S.I.C.S.) Robert Beresford (A & E Nurse) and the various casualty vessels that have been have used over the years. Most of all the Lifeboat Crews etc., who have given up their time to make these exercises a big success. Mick thanks you all.

Best Overall Float

1st Abbeytown Carnival Queen, 2nd Grease, 3rd Finding Nemo

Best Village Float

Abbeytown Carnival Queen

Best Visiting Float

Finding Nemo

Best Pedestrian Fancy Dress

1st Meet The Fokkers

2nd Abba Punka Band

3rd Abbey Bees

Best 16+ Pedestrian Fancy Dress

Ron Seal

Best 11 - 16 Pedestrian Fancy Dress

Abbeytown Slappers

Best 5 - 11 Pedestrian Fancy Dress

Elizabeth Dixon

Best Pre-School Pedestrian Fancy Dress

Flower Fairies

Spirit Of The Carnival

Meet The Fokkers & The Solway Buzz Bees

Most Humourous

Rasta & The Hippies

Junior Spirit Of The Carnival

Big Cook Little Cook

Sports Winners 2008

Under 5's Egg & Spoon

1st Jamie Cole

2nd Demi Cash

3rd Kate Turnbull

5 - 6 Egg & Spoon

1st Joe Beaty

2nd Liam Lightfoot

3rd Sally Harrison

7 - 8 Egg & Spoon

1st Ellis Hook

2nd Elliot Dobson

3rd Emma Barwise

9 - 10 Egg & Spoon

1st Katie Swan

2nd Rachel Harrison

3rd Jessica Swan

7 - 8 Sack Race

1st Liam Cockbain

2nd Ellis Hook

9 - 10 Sack Race

1st Rachel Harrison

2nd Ben Carter

3rd Sadie Jackson

11 - 12 Sack Race

1st Jack Kenwright

2nd Holly Wills

3rd Robyn Carter

9 - 10 Three Leg Race

1st Laura Mann & Rebecca Mann

2nd Abbie Williamson & Rachel Harrison

3rd Ellis Hook & Liam Cockbain

11 - 12 Three Leg Race

1st Lyndon Wilson & Jack Kenwright

2nd Chloe Park & Jessica Gilroy

3rd Alice Nixon & Emily Harrison

Under 5's Two in a Hoop

1st Adam Turnbull & Harrison McVitie

2nd Darci Slack & Sophie Hetherington

3rd Jamie Cole & Anna Mitchell

5 - 6 Skipping

1st Liam Lightfoot

2nd Jenny Harrison

3rd Elisha Cockbain

7 - 8 Skipping

1st Josh Wilson

2nd Emma Barwise

3rd Liam Cockbain

9 - 10 Skipping

1st Abbie Williamson

2nd Rachel Harrison

3rd Laura Mann

11 - 12 Skipping Girls

1st Jessica Gilroy

2nd Chloe Park

3rd Robyn Carter

11 - 12 Skipping Boys

1st Jack Mullins

2nd Nathan Hamilton

3rd Mark Beaty

Under 5's Running

1st Jamie Cole

2nd Adam Turnbull

3rd Luke Stafford

5 - 6 Running

1st William France

2nd Joe Beaty

3rd Austin McVitie

7 - 8 Running

1st Ellis Hook

2nd Lewis Little

3rd Josh Wilson

9 - 10 Running

1st Kieran Little

2nd Tom Beaty

3rd Ben Carter

11 - 12 Running

1st Jessica Gilroy

2nd Jack Kenwright

3rd Jack Mullins

16 and under Running

1st Jamie Dobson

2nd Sophie Dobson

3rd Luke Graham

16+ Running Female

1st Claire Beaty

2nd Dawn Swan

3rd Jackie Humm

16+ Running Male

1st Liam Murray

2nd Graham Horsley

3rd Craig Pearson

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Silloth Rotary Shelterbox Appeal

Visitors to the Kite Festival might have noticed the Rotary ShelterBox tent on the green during the weekend.

A good number of people showed more than a passing interest in the scheme, so here is some more information about

the Shelterbox.

The ShelterBox Trust is a registered UK charity that provides emergency aid for victims of natural and other disasters anywhere in the world.

Since operations began in January 2001, they have helped over

600,000 people and worked in more than 45 countries – responding to earthquakes, floods, hurricanes, tsunamis, wars, volcanoes etc.

ShelterBox was set up by the Rotary Club of Helston-Lizard and all aid is distributed from their base in Cornwall. The charity is supported by international affiliates set up by Rotary clubs in various other countries,

including Australia, Canada, Denmark, Germany, New Zealand and the USA.

Their solution to disasters is the ShelterBox, a tough, green plastic box containing a ten person tent and ancillary equipment designed to enable a family of up to ten people survive for at least six months.

Made to a unique design using high quality



Men's Choir

Report by:
Lawrence Marshall

On 25th July Christ's Church & St. Pauls men's choir held a very successful concert in the church hall to raise funds for the Church. Thanks to all who supported the event in any way. The light refreshments were supplied by the choir members - with a little help here and there- and they also did the waiter service. The concert was in two halves with a drawing at the interval. The many prizes were provided by the choir members and friends of the choir.

The soloists were Jim Brough singing "When I fall in love", Harry Crawford singing "The Holy City" and Arthur Todd singing "In the Garden" with the choir and audience joining in

the chorus to the delight of all present. Arthur first sang in this same church-hall before the second world war - quite an achievement. Bill Hall is the musical director/ pianist and Earnest Graham the principal organiser. The vicar Allan Byrom gave the vote of thanks.

The choir visited Little Acre and Solway Nursing Home the following week and gave a shortened version of the programme. This was appreciated by the residents and staff of the homes.

Ron Markley, who was a founder member of the choir (1991) is retiring and we wish him well for the future. At the same time we welcome Rhett Gayle and Tim Barker to the choir to maintain our numbers at sixteen.

Mad Agnes in Mawbray



The three members of the singer-song writing group Mad Agnes from USA will be playing at Culterham Hall, Mawbray on Friday 3rd October. The group who live in Connecticut , USA tour the UK every year and will be visiting this area as part of the Arts Outwest Rural Touring Scheme which is sponsored by Copeland & Allerdale Borough Councils.

The group members, Margo Hennebach, Adrienne Jones and Mark Saunders formed Mad Agnes six years ago. They write most of their own material and

tour around the USA and the UK with guitars, keyboard, mandolin and bass, plus their three voices. Together they combine the elements of the contemporary singer-songwriter with influences of Celtic, classical, folk/rock, and a touch of street theatre.

This promises to be another good night at Mawbray and with bring your own liquid refreshments and nibbles, an inexpensive one too!

Mad Agnes - Fri 3rd Oct 7.30 Tickets £6 to book please phone Karen Simpson 01900 881353

Bring your own refreshments.

materials, the tents are suitable for a wide range of conditions. Other items may include insulated groundsheets, thermal blankets, a multi-fuel stove, cooking equipment, tools, mosquito nets, water containers etc.

ShelterBox works directly with local organisations in countries where disasters have occurred, in partnership with other aid agencies and through the international Rotary network. The volunteer

teams often oversee the distribution of boxes to individual recipients, making sure aid gets direct to those people who need it most.

During the Kite Festival weekend in Silloth, visitors to the Rotary tent donated more than £80 to the scheme (approximately a sixth of the current cost of a Shelterbox). For more information about the scheme visit the Shelterbox website on www.shelterbox.org.

Silloth Childrens Centre

The building is all finished, there is a slight delay with the telephone connections but that should be sorted soon.

They are ordering equipment; furniture and toys etc. at the moment to make things ready for families. There isn't a date for the 'Official Open Day' but the services will begin in September as the schools go back.

Courses being arranged in the Centre from September. Monday 8th September Triple P – the "Positive Parenting Programme" – because children don't come with a guidebook - to be held on: Monday's between 12.30 and 15.30 for 8 weeks 8th September 15th September 22nd September 29th September 6th October 13th October 20th October 27th October. To book your place please contact Liz or Sarah at Barnardo's on 01900 816164. This

is an eight week group for parents and carers of children aged 2 to 12 yrs.

Next "Weaning Your Baby" - to be run by the WEA – to be held on: Friday mornings between 10 and 12 noon for five weeks 19th September 26th September 3rd October 10th October 17th October. To book your place please contact Hannah at Aspatia on 016973 22771

For both of these Courses there are Free Crèche Places Available for children aged six months to five years, please ask when booking your place.

Aspatia Children's Centre will also be starting their courses from September, for further information please ring Jenny on 016973 22777 or email: jenny.lunney@barnardos.org.uk we are keen to use e-mails where possible, to do our bit to save the planet.

What's On CULTERHAM HALL Mawbray Village

Sun 14th Sept **Local Food Fayre**
Local food & produce & Crafts. 10 - 4
Light lunches & teas by
Annette Gibbons TV Cook

Fri 3rd Oct **Mad Agnes**
Group from Connecticut, USA,
Contemporary singer-songwriters,
with influences of Celtic, Classical, folk/rock
7.30 pm Tickets £6
Bring your own refreshments

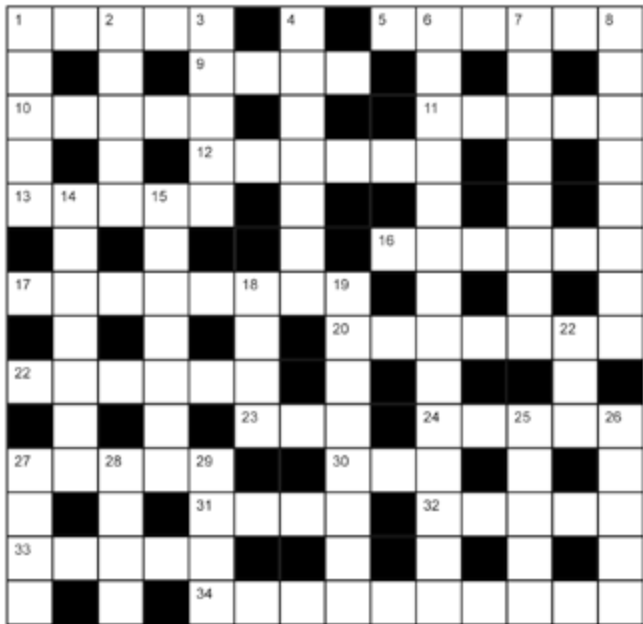
Sun 23rd Nov **Christmas Craft Fayre**
Local Crafts & Produce 10 - 4
Delicious home-made light lunches & teas

For further information and tickets
contact Karen Simpson 01900 881353

NEW - Crossword - PRIZE

A new distraction for our readers, with grateful thanks to the creator, Mr Mycroft, we hope this will become a treasured item for our readers. Please let us know whether it is hard enough for you all.

To encourage feedback, send your entries to the Solway Buzz (address on page 4) and the first correct entry drawn will receive a bottle of wine or, if under 18 a Solway Buzz polo shirt.



Down

- 1 Principle (5)
- 2 Moon of Mars (5)
- 3 Golf club (5)
- 4 Propriety (7)
- 6 Northern lights (14)
- 7 Shrub (8)
- 8 Rebel (8)
- 14 Sportsman (7)
- 15 Anguish (7)
- 18 Select (4)
- 19 Gather (8)
- 21 Poem (3)
- 25 Dance (5)
- 26 Shocking (5)
- 27 Celebrity (4)
- 28 Subside (4)
- 29 Jacob's brother (4)

Across

- 1 Bequeath (5)
- 5 Unit of water depth (6)
- 9 Level (4)
- 10 Moist (5)
- 11 Capital of Morocco (5)
- 12 Cave (6)
- 13 Class (5)
- 16 Awkward (6)
- 17 Attractiveness (8)
- 20 Advertiser (7)
- 22 Outer layer (6)
- 23 Link (3)
- 24 Artists stand (5)
- 27 Shakespearean character from Twelfth Night (5)
- 30 - - - culpa (3)
- 31 Absorbent material (4)
- 32 Nocturnal mammal (5)
- 33 Mental disorder (5)
- 34 Comprehend (10)

No Fuel Duty



The Transport cost for some pupils at Holme St. Cuthbert school has not increased as can be seen on the photo, three means of transport are regularly used.

Walking from left to right - Madeleine Yarnold, Toby McAvoy, Grace Wedgewood, also behind is Susan McAvoy. On bikes from left to right - Rosie, Arran, Cara, Harris and Lorna deMello. Riding Ponies from left to right - Emma Wise on Candy, Ayesha Wise on Falcon, with Juliet Wise standing between the ponies.

You Can Do It!

Report by: Linda McDonald

Holm Cultram Abbey Primary School celebrated it's 'You Can Do It' work in the form of a wonderful mural painted on the side of the school by local artist Bill Asbury. Bill worked with children and staff to create a visually stunning artwork depicting the '5 keys to Success' - Confidence, Persistence, Getting along, Organisation and Resilience. All the children are encouraged to achieve these keys to success through their relationships and work in school. Rewards are in the form of pencils, stickers, finger puppets and, of course, the children's increase in confidence and self-esteem. 'You Can Do It' was started



in the school following a visit to Australia by the former Headteacher, Mr Mountain, and the Infant teacher Mrs Scales. They came back so enthused and determined to make the scheme work in our school. And it certainly has worked! The children love to work towards their 'keys', and the ethos in the school is certainly all the better for it.

Buzzy Bee by Elysha Cockbain from Holm Cultram Abbey School

Buzz Lite Year by Mia Williams from Kirkbride

Festival of Art

The Festival of Art in Silloth ran from 20th June to 5th July 2008. Whether art is representational or abstract, traditional or contemporary, the aim of Solway Arts is to create a festival that reflects the vitality and variety of watercolour painting today. Councillor Tony Markley greeted and thanked the artists for showing their work; the shopkeepers who had given window space; and the sponsors for their support; for without such co-operation the event could not have taken place.

The festival has been a town affair for over seven years and has developed into a regular venue for "The Solway Plain Artists" who meet monthly to print and discuss their work. Visitors and residents have enjoyed "A Walk About" the town in spite of mixed sea-side weather. (South westerlies can be stormy!) Special thanks must go to The Golf Hotel and their staff for use of a room for regular meetings. To our sponsors Solway Arts Festivals Ltd. The festival is curated by Heather & Olive Wood.



Bee Elvis by Declan Vevers from Caldewlea School, Carlisle



Poem

BECKFOOT SPORTS DAY
by Whiskers

It's sports day here in the Beckfoot,
the contestants are all fit and trim,
Whelks and winkles, mackerel and plaice,
taking part in the Solway swim..

The worms are rubbing in vegetable oil,
they say it's for the mud,
it helps them to run in garden soil,
so the results from that should be good.

The seagulls have entered the long jump
and look smart in their bright yellow welly's,
The squirrels all entered the three legged race,
but they all fell flat on their bellies.

The egg and spoon will be starting soon
and the pigs say that they're going to win,
But they look bit tubbish after eating the
rubbish, they found in a public waste bin.

There's another race that's taking place,
where a gate is jumped by some sheep,
But sty after sty, as the sheep all jumped on bye,
the judges all fell, fast asleep.

Results are coming in of a bull in a bin,
squashed tight right up to his teeth,
However I find that it entered my mind that
he looked like a tin of corned beef.

The spiders are knitting frantically,
making nets from newly spun silk,
The cows are all in the refreshment tent,
making gallons and gallons of milk.

The big red hens won the long jump;
they were quite clearly the winners,
The three little pigs should have entered as well,
but instead they ran home for their dinners.

There are lots of ants in little short pants
and trainers that were made by Nike,
They all set off on a five mile run,
but a mouse came first on a bike.

The barn owl, handed out the prizes
and a good day for all, it was said,
But now the grune is so very quiet,
for they have all gone home to their bed.

Good night



JOHN AND THE FLYING PROPELLERS
by Wings

This is a story from Silloth
How they've built a 'Crows Nest' by the docks
For people to go and watch dolphins
And geese and wildfowl in flocks

It's a proper nice little structure
For families with picnics and cakes
The view from the top of the banking
Lets you see outwards and over t' lakes

But Johnny Graham, 'the Worlds Biggest Liar'
Has come with a tale he claims true
That he's seen lights and whirling propellers
Out to larboard, that's 'left' to me and to you

He said, "I think its invasion
From same buggers that tried long ago"
Some said, "Nay John, tha's certainly missed it,
It's a wind farm to make our lights glow"

They've come up with this clever idea
It's called Robin Rigg out in't Solway
The wind will produce electricity
And we, will 'ave nothing to pay"

"A wind farm" smiled our Johnny,
"A wind farm, please, don't be so daft,
You cannot farm wind or the weather"
And he sat on the table and laughed.

"Next thing we'll all 'ave free travel
And be offered a trip into space
And no one will need to be working"
All said with a smile on his face

"You're wind farm is an invasion
Whether tha' knows it or not,
They will soon cover all of the country
And be left standing to wither and rot"

"Do not be fooled quite so easy
Nothing at all can come free
And someone with ulterior motive
Is taking the mick out of thee"

John says it would be better
If his version of things is the truth
And wishes that things could be simpler
Like the way it was in his youth

Sez John, "people, go stand down to the dockside
Be ready with the old .303
Keep watch on that bloomin new 'wind farm'
In case it starts flying towards, thee and me".

And if it should move and start flying
Remember you heard it first, here
And that Johnny, the World's Biggest Liar,
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In the Garden ~ Powdery Mildew

Series by: Nadia Bunner
Tel: 016973 52024
gardens-by-nadia.co.uk

At this time of the year powdery mildews can become quite noticeable on a range of plants. It is identifiable as a dry whitish powder which coats leaves, shoot tips and often flowers.

Other symptoms include stunted and distorted growth, and reduced flowering. Many garden plants are affected, both woody and herbaceous, particularly apple trees, roses and sweet peas and those growing in containers. Vegetable foliage is also prone, including beetroot, parsnip and spinach. Powdery mildews are caused by a range of closely related fungal species. As each has a limited host range the powdery mildew affecting one plant is unlikely to be responsible for mildew on another species. For example powdery mildew on lilac is unlikely to infect your phlox, although phlox will be susceptible to a different powdery mildew. However some mildews can spread to cultivated plants from closely related weed hosts, so weed control is an important part of disease limitation.

Plants dry at the roots may become susceptible to mildews but it then thrives in moderate temperatures and high

humidity typical of a British summer

The RHS suggests the following measures to reduce susceptibility to the disease:

- Keep plants well watered, so they are not dry at the roots
- Mulch to preserve soil moisture.
- Improve air-flow around plants to reduce humidity. For woody plants such as roses this can be achieved by pruning to establish an open branch structure.
- Avoid overcrowding smaller plants.
- Thin vegetable crops to recommended spacing.
- Avoid high nitrogen fertilisers, as these encourage soft sappy growth that is more easily colonised by fungi.

• Ensure plants are in their ideal position. For example, a sun-lover will struggle in shade and be at greater risk of infection.

- Check catalogues and grow resistant varieties wherever possible.

If the plant has flowered cut out the affected shoots and destroy. It is never a good idea to add disease spores to the compost heap. Fungicides are available for powdery mildew control which contain myclobutanil, penconazole or sulphur. Check the labels carefully before choosing a product. Occasionally, the label will also list certain cultivars that may be damaged by the application of a specific fungicide, e.g. certain gooseberry and apple cultivars may be damaged by sulphur dusts.

Plants for late summer

Lily of the Nile or African lily (Agapanthus)

This is a stunning bulbous plant, which grows best when grown

rather crowded in tubs. It grows to a height of 2-3 ft. It needs a sunny spot and winter protection.



Globe Thistle (Echinops ritro)



This is a perennial with large ball shaped blue blooms on tall stalks, with jagged leaves which are green on top and gray underneath. The plant is drought resistant growing to a height of 4 ft. It likes a well drained soil and full sun.

Lacecap Hydrangeas

Lacecap Hydrangeas are easy to grow shrubs for sun or shade growing to a height of 5 ft. The lacecaps have flat heads which are much more attractive than the mop head hydrangeas. The flower heads can be used in dried flower arrangements.

Enjoy your gardening
Nadia



Abbeytown Graduates



Report by: Linda McDonald

**On Thursday
17th July, the year
two children from
Holm Cultram Abbey**

Hair 4U Zone

We have some great new colouring techniques for you this month.

Our advert shows one of them on our model Megan in our advert on this page.

This technique is called smudging, it very cleverly infuses and blends colours together. Megan's colour was a blend of the brightest copper imaginable and a deep intense red, you would think they would clash but with this new technique and on Megan's dark aubergine base, it looks fantastic.

Peter & the Team

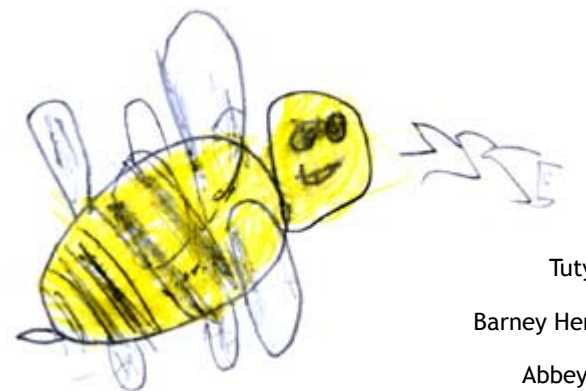
CE School officially graduated to the Junior class.

They made their own Graduation Mortarboards, and received their scrolls to signify this significant event in their school careers. The children have really enjoyed the Infant class, especially being taught by Miss Frazer and Mrs Scales.

They will not have

a chance to miss Miss Frazer, as she is moving up with them, and will be teaching them in Year 3!

Congratulations on your graduation to: Ellie-Mae Sanderson, Emma Barwise, Hayden Charters, Finn Graham, Nathan Sturrock, Mary Williamson, Dylan O'Brien, Andrew Mitchell, Gemma Harrison and Bethany Rowe.



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Clean It Up

Allerdale Borough Council is supporting the 'Clean it up' campaign by stepping up its checks on illegal carriers of waste.

A joint initiative, supported by Allerdale Borough Council, The Environment Agency and the Police, to 'stop and search' vehicles in the Allerdale area will be stepped up over the next few months to ensure that trade waste from businesses is being transported by those with a Waste Carriers Licence.

Businesses and individuals are being advised to ensure they are aware of their legal 'duty of care' for the trade waste they produce. Margaret Heyes, Allerdale Borough Council's Local Environmental Quality Officer, said: "Last year fly tipping cost the tax payer £57,522. Part of the problem is due to some businesses not disposing of their waste legally and effectively. It is a major concern to the authority where illegally handled trade waste will end up, as well as the costs to our communities in dealing with the problem. "By law businesses need to take all reasonable steps to keep waste secure and ensure it is transported and disposed of legally. The Council recognises that many businesses and tradesmen may misunderstand or neglect their legal responsibilities for waste, so our advice to businesses is to:

- Know your waste management 'duty of care'
- Check if you are legally carrying waste
- Ensure you have a 'waste carriers licence' if you carry waste.
- Store waste securely to prevent escape or scavenging
- Double-check that person(s) taking your waste away is an 'authorised carrier'
- Complete 'waste transfer notices' for all transfers and keep copies for inspection."

Failure to comply with the legislation may result in a Fixed Penalty Notice or court proceedings.

The 'Clean it up' campaign was launched in April 2008, supported by Allerdale Borough Council, the Civic Trust and the Times and Star and contributes to the 'big tidy up' a national campaign which is to be launched by ENCAMS

Silloth Tide Tables

September 2008
TIMES OF HIGH WATER
AT SILLOTH
(Courtesy of A.B.P. Silloth)
Times in GMT

Heights in metres					
	Time	Ht	Time	Ht	
1ST. MON.	0012	8.0	1237	7.5	
2ND. TUES.	0050	7.8	1313	7.4	
3RD. WED.	0127	7.6	1347	7.2	
4TH. THUR.	0200	7.3	1420	6.9	
5TH. FRI.	0234	6.9	1454	6.5	
6TH. SAT.	0310	6.3	1530	6.0	
7TH. SUN.	0351	5.6	1613	5.4	
8TH. MON.	0442	5.0	1712	5.0	
9TH. TUES.	0556	4.4	1852	4.6	
10TH. WED.	0753	4.5	2026	5.1	
11TH. THUR.	0904	5.1	2121	5.7	
12TH. FRI.	0950	5.7	2204	6.4	
13TH. SAT.	1029	6.3	2241	7.0	
14TH. SUN.	1104	6.7	2315	7.3	
15TH. MON.	1138	7.1	2349	7.6	
16TH. TUES.	****	**	1211	7.3	
17TH. WED.	0023	7.7	1246	7.4	
18TH. THUR.	0102	7.8	1325	7.4	
19TH. FRI.	0143	7.7	1404	7.3	
20TH. SAT.	0226	7.3	1446	7.0	
21ST. SUN.	0313	6.7	1536	6.4	
22ND. MON.	0411	6.1	1638	5.7	
23RD. TUES.	0527	5.3	1805	5.3	
24TH. WED.	0705	5.2	1943	5.5	
25TH. THUR.	0830	5.6	2055	6.2	
26TH. FRI.	0929	6.3	2148	6.9	
27TH. SAT.	1017	6.9	2232	7.4	
28TH. SUN.	1058	7.3	2312	7.7	
29TH. MON.	1135	7.4	2348	7.7	
30TH. TUES.	***	**	1209	7.4	

FULL MOON-MON. 15TH.
NEW MOON-MON. 29TH.

On the Waterfront

Report by: Tommy Legs

July was surprisingly busy with nine vessels visiting the port, however this included the dredger the CHERRY SAND who spent ten days dredging the inner harbour and the FURNESS ABBEY who later finalized the operation.

The first cargo ship was the BALTICA HAV with wheat from Vierow followed by the VALIANT with fertilizer from Ijmuiden.

The PUR NAVOLOK arrived with fertilizer from Sfax in North Africa and the BEN ELLAN brought wheat from Liverpool.

The EILSUM then brought fertilizer from Klaipeda, the VICTRESS brought fertilizer from Ghent and finally the ARTICA HAV brought wheat from Rostock.

(Keep Britain Tidy Group) on 1 September 2008. This campaign will be the first national clean up campaign for eight years.

For further advice, please contact 01900 702800 or get information from: Government department Defra: <http://www.defra.gov.uk/environment/waste/management/doc/>.

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Abbeytown WI

Report by: Gladys Temple

President Audrey Harrison welcomed everyone and thanked Noeline Foster for the flowers.

The bulb order for a total of £192.30 has been sent off so we look forward to a lovely show in spring. Volunteers were asked to collect house to house for the hospice, names to Freda please. Jean Balfour gave a comprehensive report from the AGM at Liverpool. As the report was in WI Life she felt it was not necessary to give such a full report but members found it interesting to hear from her point of view. The County News was reported on and several

items pointed out. On the 9th October Sing for your Supper, Ghost Stories 12th September in WI House, Bowls Jumble and Darts Pairs. Margaret Mynes and Mavis Graham sold raffle tickets and Muriel Mattinson took names for the Darts at Aspatria on 13th October.

Audrey then introduced Kevin Bethwaite from Cumbria Fire and Rescue Service. He is a Station Manager in the Community Risk Department and has been in the Fire Service for 15 years. He has served in various parts of Cumbria. He asked us to guess how much time was spent on emergency operations and we were

surprised to hear it was only 4-5%, however they are kept busy with the training and education side of the service. Groups of young people are taken on courses and given an insight into the work giving them self-confidence and a sense of worth this has been a great success. They work with small children giving them fun but getting across the message that fire is dangerous. They also send out lots of leaflets to the childrens' parents to warn of dangers in the home. Ninety people a year die because they do not have working smoke alarms fitted.

Since the Carlisle floods the Fire Service now train with the lifeboat crews and can respond to floods with

better equipment. Mobile phone chargers, candles and chip pans are the cause of most fires and Kevin gave out leaflets with ideas to help make homes safer. Names were taken for home visits to assess smoke alarms and emergency escape routes.

Freda Garner thanked Kevin for an interesting and informative talk. Joyce Wilson, Mary Briggs and Joan Graham served refreshments.

Gladys Temple and Audrey Harrison won the competition for a Royal souvenir while Elsie Donald and Joyce Wilson won the flower of the month.

Mary Spark, Pam Taylor and Margaret Mynes won raffle prizes. The card bingo was organised by Mrs Dargie's group.

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S.C.T.C. Inspirational Talker



On Tuesday 8th July Craig Heap, an athlete mentor for the Sky “Living For Sport” programme visited Solway Community Technology College.

Craig was born in Burnley, Lancashire, where he grew up on a farm. Going to school was not among Craig’s happiest memories, until he discovered he was good at the sport of gymnastics.

Craig has competed in two Commonwealth Games. In 1998 in Kuala Lumpur, Craig became the first person to captain England to a gymnastics gold win. Four years later in Manchester 2002, he did it again. Craig managed to fulfil his childhood dream and competed in the Sydney Olympics 2000.

In 2002, Craig retired from gymnastics. At school he talked

about how he achieved his goals. The students found out about the six keys to success; Mental toughness, Hunger to achieve, People Skills, Sports and Life Knowledge, Breaking Barriers and Planning for Success.

All the students on the Living For Sport Programme, Sports Leaders Level 1 Course and those taking GCSE PE, commented on Craig’s enthusiasm and professionalism. He told stories which kept the students interested and engaged. They particularly liked how relevant and inspirational he was.

The message Craig left us with was – use the keys to success, follow your dream, keep believing, it will happen.

Sudoku Prize Competition

Sponsored by Johns Plaice

Rules:
Complete the grid so that every row, every column and every box contain all the digits from 1 to 9.

Send the completed puzzle to:
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CA7 4AR

Congratulations to the winner of last months competition: Mrs C. Lucas from Wigton.

6								8
		5	1			4	6	
	7		5		9			
		6		3			9	
3		7			2		5	
	8			1	3			
			6	3		8		
	5	3		4	6			
9								2

Prize:
The winner will receive free Fish & Chips for two from Johns Plaice, Silloth.

To enter send the completed Sudoku to: Johns Plaice, 12 Solway Street, Silloth-on-Solway, CA7 4AR.

Record Breaking Solway Swim



Report by: Eddie Studholme
Lifeboat Operations Manager

Derek Griffiths from Barrow in Furness swam the Solway Firth from Southernness in Scotland to Silloth on 5th August.

It is believed that this is the first time this has been done and recorded. The British Long Distance Swimming Association (BLDSA) has confirmed Derek’s record breaking swim with an actual swim time of 3 hours 14 minutes and 9.51 seconds, a remarkable achievement! The distance he swam was approximately nine miles.

Derek started his record attempt by walking into the sea at Southernness at 13.02 hours and swam across the Firth, arriving at Silloth’s West Beach at 16.16 hours where he was

met by Silloth Mayor, Graham Wilkinson, and a large crowd of onlookers to welcome him ashore. Derek was assisted with the help of 3 members of Silloth Lifeboat Crew, Eddie Studholme, Sue Kent and David Eland in a safety boat which escorted him on his record breaking achievement. Sharon Griffiths was also present on the safety boat as one

of the official time keepers and recorder.

Derek has also raised over £250 for the RNLI through sponsorship of the event.

Derek is 46 and has previously swum every lake in Cumbria in one year. He has swum round Walney Island and from Morecambe to Barrow. He says the currents and jellyfish made this his hardest swim yet!



One arm is visible as Derek heads for Silloth

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Silloth Football Club

Report by: Colin Baty

First of all congratulations got to John Slack who was voted Premier League Secretary of the year.

We are trying to get someone interested in taking over as Silloth Juniors Secretary as Mary Hillhouse has put in a massive amount of work and feels it's time to hand over. Please if anyone would like to take over it would help the club enormously, please contact Mary on 32235.

On the weekend of 28th and 29th of June Silloth entered the Carlisle City summer competition. The U-8's gave a spirited performance narrowly losing their games. The U-10's finished third by winning 1, drawing 3 and losing 1. The U-11's won 3 and drew 2 qualifying for the final, but managed to meet the hosts in the final and lo and behold Silloth lost to Carlisle City 2-0. At least that way they might get invited back next year!

The over 35's have been busy playing games throughout the summer and during July they have narrowly been beaten by Netherhall 1-0 and Carlisle City 2-1 but then drew 2-2 and lost to St

Bedes' 2-0. Along with a 7-2 thrashing from top of the table Grasslot. The author has even made a comeback hence the current poor run of form!

Big congratulations to Derek Wallaces' U-11 team with three older players won the Moorclose U-12 competition. This is Silloth's first Junior club competition win in four years the U-14, U-10 and U-8's all entered but didn't get past the first rounds. The U-12's girls team played their first competitive game against Seaton - the best team in Cumbria and were beaten 7-1. Seaton kept all their best players on whereas Silloth gave everyone a game and will continue to do so. A big thank you to Shaun Bell Electrical for sponsoring their new strip.

Silloth men have started playing friendlies again but have had a lot of players left, this has given the chance for Silloth men to play for THEIR HOME TEAM! So get down to training and let's not see this team fold as too many things in the town are dying out due to apathy. As long as you show an interest we'll rebuild for the future. Keep positive and keep

going guys!

Silloth U-16's played a friendly against Curwen Park Rangers on July 20th and won 10-4. This is the first U-16 team for a long time in Silloth and again needs the support of the local players and parents. There is a huge amount of talent in this age group and they can look forward to a good season together if they all stay and not go off to other clubs. A big thank you to Silloth Darts League for sponsoring their new strip also featured last month.

Silloth A.F.C are holding a Sportsmen's Dinner in the Rugby Club on 8pm Saturday the 20th September, twice European Cup winning Nottingham Forest Captain John McGovern will be guest speaker along with comedian Tony Roscoe. An auction with sporting artefacts will be held to raise money for the club and a Raffle with tickets is available from committee and players. Tickets cost £20 and are available from Silloth Rugby Club tel 32299 and Solway Fitness Centre tel 33000.



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by
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Letters

Dear Buzz,

I am very concerned about a recent development behind some houses along the Skinburness Road, on the seaward side. This is an open grassed over area which has been used by local people beyond living memory. Now a row of large stones has been placed giving the impression of where the public can walk. This is part of the coastal way and had wild flowers before being mown as now. Children and elderly people walk along here and there is now the possibility that a child or adult could be injured by these stones. In these days of litigation I wonder if this has been considered by those who have placed them. Skinburness has had a lot of housing development and is in danger of losing these walks which must be retained.

Marjorie Littleton

Deliverer Wanted

We have a vacancy for a Buzz deliver for some or all of 39 houses in the Criffel Street, Mary Street, Petteril Street area.

There is still a vacancy for Prospect Place, Osborne Terrace, Beaconsfield Terrace and Rodden Terrace, a total of 33 houses.

Dear Buzz,

I would like to say thank you to all my friends for their good will messages, get well cards and beautiful flowers I have received over the past weeks. A special thanks to my family for the extra care and attention during this time. Thank you

Doreen Carruthers

Dear Buzz,

Recently it was fabulous to see the village so packed. The Silloth kite festival coupled with the best weekend weather of the year brought people into town from far and wide. A stroll down the sea front was just what we needed after a record weekend in the shop - a sentiment obviously shared by hundreds of holiday makers.

We were however very disappointed by the amount of litter left lying around - only to realise that there is not a single solitary litter bin along the entire sea front. Surely there is an opportunity here to promote local businesses by installing waste bins along the promenade that could then be sponsored by local businesses. Not only would this help advise seasonal visitors of the various services, shops and facilities but it would surely help keep our beautiful sea front promenade clean and tidy. Even the newly installed tables and benches on the green opposite the Golf Hotel where people can now sit and have lunch don't have anywhere to put rubbish - "Doh".

Colin Taylor

Lettice v McCoist



Recently our very own special postie met his football hero, Scotland soccer star Ally McCoist during a recent meeting at Hampden Park.

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Silloth Tennis Club

Under 12 Champions

Katie Dobson and Greg Ramsay were the winners as Silloth Tennis Club held its' annual Mini Green event.

With a small field due to holiday commitments Katie Dobson and Vicky Stanwix were left to fight out the final between them with Katie coming through for a 4-1, 4-1 triumph.

The boys' event attracted more players with some fine performances from Nathan Postlethwaite, James Holyoake and eventual winner Greg Ramsay who came through a tight semi final with Nathan to overcome a buzzing James Holyoake eventually winning 4-2.

James got his revenge in the doubles as he and Jack Bitcon came out on top by a single point against Greg and his partner Tom Beaty.



Mini Green Champions

To bridge the gap between the Mini Green and Under 14 competitions the club decided to hold our first ever under 12 championships converting a couple of trophies from the old Carnival weekend events which were last held in 2006.

With Kirsty Girdler unfortunately not well the girls' entry was only 3 with Emily Wise beating Dionne Blake in the final and Katie Dobson taking the plate event.

The boys' was much bigger as 10 players fought out a fascinating display of skill and athleticism as Greg Ramsay and Reece Blake saw off some of the older guys to meet in a final which Greg won with the ever confident won against Billy Smith.



Dog Bee
by Callum Pearson
from Silloth Primary School



Easter Bee
by Sheena Matear
from Silloth Primary School



Disco Bee
by Keri Davison
from Silloth Primary School

Under 16 Champions



Just like Roger Federer's Wimbledon dominance had to come to an end the same was true for Robert Jefferson's live affair with the Silloth Tennis Club under 16 singles event as Ryan "Rafa" Johnstone took his first club singles title. And just like the Wimbledon final it was a spectacularly nail-biting affair as a



see-saw match finally ended with Ryan coming through 10-8 on a tie-break.

The girls' event saw no let up in Dawn Graham's dominance as early round victories over Abigail Davenport and Emily Wise saw her come out on top against Emily in the final finally winning 4-1, 4-1.



Silloth Tennis Club held its annual under 16 doubles event and in the boys' event it was the seasoned pairing of



Robert Jefferson and Ryan Johnstone who came on top against the younger couple of Oliver Neilly and Ross Johnstone eventually winning 6-0, 6-2.

The girls' final was a thrilling and evenly balanced match with Laura Holyoake and Emily Wise taking the crown after a 2-6, 6-1, 6-3 win over Dionne Blake and Dawn Graham.

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