Craft Afternoon every Wednesday



Report by: Diana Shaw

On Wednesday afternoon's each week from 1:30pm to 3:30pm craft classes are being held in the Trinity Methodist Schoolroom.

Twelve Ladies are attending, learning crafts, quelling, card making, pin flair, knitting and bead work. Lots of other

crafts will be introduced as the weeks progress. The classes are the idea of Robina Bond, Isabelle Bell, Joan Bowe and Margaret Read. This is a non-profit making venture, all having a cuppa and delicious cakes baked by Robina.

There is a small charge of £1.30, plus a small charge for

materials used. There is also the opportunity to play games of scrabble, dominoes or just a have a chat!

Anyone wishing to take part will be welcome. If you do crafts then bring them with you and share the fun with the other crafty people.

Why not come along and see for yourself.



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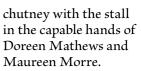
The Silloth and District Pensioners held their pre-Christmas Afternoon Tea & Sale on Saturday 1st November in St. Andrews Hall.

Chairperson Diana Shaw welcomed Silloth Mayor Graham Wilkinson to open the Tea and Sale.

What a successful afternoon it was, all the tables were soon taken. The tea consisted of scones with rum butter, drop scones with strawberry jam and mince tarts. The tables were set with arrangements of holly and foliage which was very colourful.

The kitchen staff had a really hectic time serving tea and coffee and in the kitchen were Rita Hart, Eileen Pattinson, Robina Bond, Isabell Bell and Carol Haines.

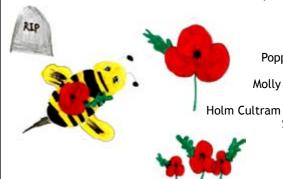
The cake stall was beautifully arranged with fruit cakes, pies, scones, cakes and home made



The Bric a Brac was manned by Doreen Carruthers and Nan Crook, the Raffle had nine lucky winners, selling the tickets was Irene Denard and on the door was Diana Shaw. Everyone enjoyed their afternoon out.

The profit from the event raised £245 and thanks goes to all who supported this event.

The CHRISTMAS PARTY tickets for Saturday 6th December at 4pm will be on sale at the SOS Charity Shop.



Рорру Вее by Molly Gilroy from Holm Cultram Abbey School

Genes for Jeans

Report by: Karen Evans

Recently Solway Technology College held their usual exciting but orderly lessons with their students sitting at their desks looking extremely neat and tidy in their uniforms. Or so it seemed! When they stood up, it was a totally different picture. Jeans everywhere!

This wasn't a rebellion but a highly successful fund raising event called 'Jeans for Genes'.

'Jeans for Genes' aims to change the world for children affected by genetic disorders. Genetic disorders have symptoms which range from cleft lips, which are relatively easy to correct with surgery, to extremely

These conditions are caused by tiny differences

in a child's genes. Every half-an-hour a baby is born in the UK with a genetic birth defect or genetic disorder which could seriously affect their lives. 'Jeans for Genes' helps to provide much needed help, support and information for children and their families. The money raised goes to help fund ground breaking research to establish the causes of these conditions and how they can be treated.

Solway Technology College's students raised £107 and did it by combining their school uniform with jeans – school top, shirt and tie with jeans and trainers.

Volunteers Wanted!

Volunteering opportunities are now available across Allerdale and Copeland as part of the new Age Concern Bridge Building service.

The volunteer role is varied and could include introducing an older person to a social activity, helping them pursue a new hobby, or helping them gain access to services that will enhance their quality of life.

If you feel that you could offer short term support of up to three months to older people who may feel isolated in their community for reasons of ill health, hospitalisation,

so that students didn't look at it as another non

bereavement or simply because of where they live, then we would love to hear from you.

Induction and training will be provided for all Bridge Building volunteers.

For further information, please telephone Alison Andrew, Bridge Building Co-ordinator on Cockermouth 01900 898891.

Remember, you can make a real difference.



Senior Citizen

£18 / month

Silloth Pensioners Tea Party

painful blood disorders like sickle cell anaemia.

uniform day, it was a day This suggestion came from our School Council with a valuable purpose.

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