

## Causewayhead WI

Report by: Patricia Froggatt

The September meeting of Causewayhead WI was a meeting of two halves. Sixteen members visited the Royal Mail Sorting Office in Carlisle whilst those members not wishing to participate took part in a Beetle Drive.

The following is a report by President, Pat Bell of the Visit to the Sorting Office:

Sixteen members visited the Carlisle Mail Centre. After a brief history about mail in Carlisle from 1675 to the present day, we toured the Centre to see mail being sorted 25 years after the move to Junction Street, from behind the Warwick Road Post Office. Mail posted in and for delivery to the DG & CA post codes is processed here, much is sorted to the walk for delivery. Up to 220,000 items are sorted daily, but at Christmas time the Centre handles an average of 711,000 posted and a further 311,000 items due for delivery, on the busiest days. With Christmas on the horizon, once more we were asked to avoid sending bookmark cards and the small cards, because the system could not cope with them, thus hand sorting is necessary and delivery may be slightly delayed. Red envelopes are also difficult for the system to read.

We all thoroughly enjoyed our experience and after refreshments, repaired back to the rest of the meeting for Soup and Rolls prepared by members. As previously stated the members not taking part in the visit enjoyed a Beetle Drive which was won by Olga Hetherington. After refreshments the rest of the meeting was taken up with general business.

Causewayhead WI held their October

meeting at St. Andrews Hall, Silloth and this was an open evening.

President Pat Bell, welcomed everyone and introduced the guest for the evening 'Ulrich' (aka Michael Douglas) who portrayed and explained 'The Life of a Roman Soldier'. He described the type of clothes that were worn and also why each particular type was chosen and for what purpose. Shields, swords and other equipment that was used in Roman times were also displayed and demonstrated. He handed round to the audience a piece of chain mail which, although only a small piece, was extremely heavy in comparison to its size. This really gave us an indication of the weight of a full coat of armour that the soldiers had to wear. He also explained why the equipment the soldiers used was far superior to anything that their

enemies wore.

The whole evening was a fascinating insight into the life and fighting equipment of the Roman Soldiers who guarded Hadrian's Wall.

A vote of thanks was given by J. Beeby on behalf of the WI.

Competitions:

Letter opener:

1st Gloria Hunter

2nd Pat Froggatt

Flower:

1st Frances Jackson

2nd Jean Vorley

Raffle Prizes were won by:

1st Jean Wilson

2nd Maureen Irving

3rd Mary Johnstone

4th Dorothy Ross

5th Ann Harrison

6th Pat Froggatt

7th Jean Vorley

8th Jean Graham

9th Judith Beeby

10th Lily Langford

11th Edith Kerr

12th Janice Wilkinson

Grocery Parcels were won by:

M. Irving, F. Jackson,

and M. Prudhoe

## Police Report

Cumbria Police are pleased to report that PCSO 5174 Lindsey Noblet is now back on duty in Silloth. You can contact her on 0845 33 00 247 or email lindsey.noblet@cumbria.police.uk. Police surgeries will be held at the Fire Station so please call in. Lindsey is there in the community to help prevent and resolve any issues and provide a direct link to Police.

As the nights are drawing in, drivers need to be extra vigilant particularly on the coast road. With high tides the road can be extremely dangerous, not just because of the water

gushing over but due to the heavy debris being thrown by the waves. The highways and emergency services work together to protect the public from such dangers however there have been occasions when the directions of road closure signs and highways staff have been ignored by drivers, who then place themselves, their passengers, and emergency service staff, at great risk.

Please follow our guide and stay safe on the coast road.

- Local press and radio provide regular information in relation to tide times and heights, and weather forecasts and

alerts. Do check these in advance of your journey, especially during hours of darkness.

- Where there may be problems, do allow extra time for your journey, and do be prepared to follow a diversion.
- Where problems can be expected it may be easier just to take an alternative route from the start.
- Don't ignore road closure or diversion signs.
- Don't ignore the directions of Police Officers, Police Community Support Officers, or Highways staff.
- Don't risk your life and expect others to risk theirs on your behalf.

## Surgery Supports Children in Need



Silloth Surgery would like to thank everyone who has supported the Surgery in their recent fund raising events.

In September Silloth Surgery raised £29.08 for "Jeans for Genes" who support children with genetic disorders. All staff paid to wear Jeans for the day at work.

In October we supported "Tickled pink for breast cancer

awareness", we sold pink ribbons, and all staff wore pink clothing which raised £61.86

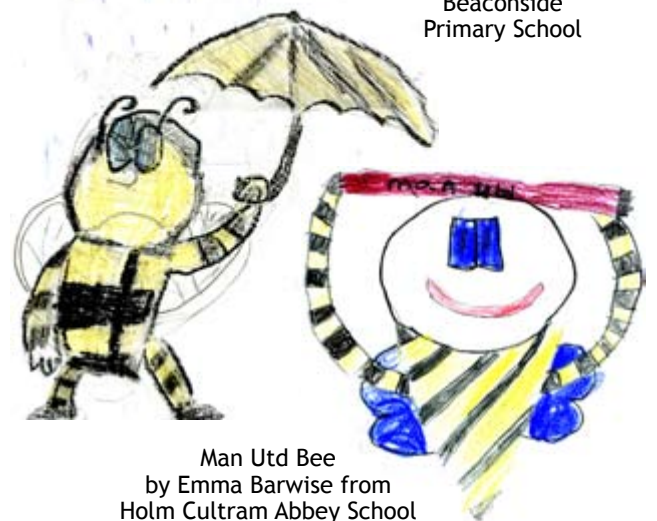
In November for "Children in Need" we sold Pudsey Bear Key rings which sold like Hot Cakes!! - Staff wore various different wacky clothing including Dr Jones in his Superman T-shirt! Money is still coming in for this charity but so far we have

collected in the region of £100!

This year we will be supporting "Great North Air Ambulance" by giving them a donation instead of sending each other Christmas Cards, the previous year we supported "Eden Valley Hospice" and raised £100.

Once again thank you for your support and watch out for our next fund raising event.

Rainy Bee  
by Ellis Hook from  
Beaconside  
Primary School



Man Utd Bee  
by Emma Barwise from  
Holm Cultram Abbey School

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