

Solvay Buzz www.solwaybuzz.co.uk

August 2010

local news - for you - by you - about you - free to you - local news

EREE DADER

ssue 87

Page 6 41 Club donations



Page 8 Stephen knows his history



Page 9 Vintage Footballers



Page 11 Beckfoot Pickers



Page 14 Han and Rebekah



Page 15 Sarah, what are you up to?



Page 16 Schoolympians



Silloth Kite Festival 24th & 25th July

from noon to 4pm
Kite Flying Displays
Kite Making
Circus Workshops
Live Entertainment

Friday 23rd July
7pm to midnight
In a marquee
Seagul Rook
4 Live bands
Tickets only £6 from



Lots To Do

Sea Fishing

The Solway coast has the perfect facilities for sea fishing which are suitable for both beginners and experts alike. Several North West of England competitions are held here

Walking and Cycling

The level countryside of the Solway plain provides a variety of interesting walks and easy cycling. Historically, the area is very important and has been designated a world heritage site because of its Roman military remains and Hadrians Wall defence network and must be considered before planning your walk or cycle.

West Beach

The sprawling sands of West Beach have been awarded the prestigious Yellow Flag by the Tidy Britain Group. It is ideal for fishing, picnics and is a popular playground for children.

Discovery Centre

Visit the Discovery Centre for more information on what the area has to offer or contact the office on 016973 31944.

Silloth and the Solway Coast offer many activities to suit everyone in the family. There are tennis courts, bowling, crazy golf, and amusement arcades along with all the activities and entertainment that can be found on the surrounding holiday parks including swimming pools and nightclubs.

EVENTS DIARY

Silloth Kite Festival 24th & 25th July

The Cabaret of Dr Caligari
26th July

Abbeytown Carnival 31st July

Greenfest
14th to 15th August

Solfest 27th to 29th August

Silloth Carnival 30th August

Silloth Music & Beer Festival 9th to 12th September

Silloth Christmas Market 27th & 28th November



'Diamonds are Forever' Ball



The Ball Committee and friends from Solway Community Technology College met on Saturday 26th June at the Golf Hotel.

They were finalising plans for the forthcoming "Diamonds are Forever" Ball. This will be held on Saturday 16th October in the Golf

and they are now on sale.

Route 1) West Cumbria

Bus Station and Abbeytown.

telephone number 01900 602122.

quickly!

Saturday night.

Hotel.

BUS TICKETS are available to get you to and

Maryport Bus Station and Jacks Surf Bar Allonby.

Route 2) Carlisle / Wigton / Abbeytown

Picking up from the Crescent in Carlisle, Wigton

Tickets are subject to availability so buy

They are available from the Carnegie Theatre,

IN ADVANCE, you will not be able to buy them on

There will be buses running on Friday night and

Tickets cost £6 return and MUST BE BOOKED

from the Silloth Music & Beer Festival this year

Picking up from Workington Bus Station,

To get into the spirit of the event the committee put on their tuxedos and dusted off their ball gowns to taste the wonderful menu the Golf Hotel are providing for the Ball.

It is anticipated this will be the major event of

the year for Silloth with a cocktail reception and formal dinner followed by dancing to "Swing Thing" a rat pack style live band and then a disco.

Keep the date free -Saturday 16th October 2010 - and watch out for further information to follow.

RNLI in Report by: Pat Froggatt

Silloth Lifeboat Fund Raising Committee are holding an event at Allonby Village Hall on Saturday 7th August. Admission will be 50p and will be from 2.30pm to 4.30pm.

popular and successful.

There will be various stalls displaying a variety of books, bric-a-brac etc. Tea/ Coffee and cakes will be available at a cost of £2.50. Come along and meet up with your friends, and chat with the committee about

All proceeds will be in aid of the RNLI.

Fundraiser Allonby

This event was resurrected two years ago

and has proved to be very

Baby Delights

Clothes from 0-6 years **Toiletries Plasticware** Toys

& Tots Togs

ALL STARTING FROM £1

22 High Street Wigton, CA7 9NJ Tel: 07957 393289



www.MARKLEY.co.uk

Telephone: 016973 33820 016973 31276 07720 560595

= STORAGE & PARKING =

CCTV Secured Storage ~ Containerised Storage Business Outlets ~ Indoor & Outdoor Caravan Storage ~ Secure Parking Long & Short Term ~ Multiple Sizes Available

= IT SERVICES =

Home & Business Repairs & Upgrades, Laptop's & PC's. Wireless & Broadband

Hair Zone 4U

Bridal Hair Do's and Don'ts for the Big Day

- 1. As soon as your dress is chosen ask your stylist for advice on what type of head-dress would be suitable for your hair.
- 2. Don't go over the top with outrageous fashion statements, in years to come you could look like the bride from hell. You should look beautiful serene and a little bit sexy, but not outrageous.
- 3. Hair ornaments are very much the accessory right now and can transform a plain classic look into something very special.
- 4. Your hair is your crowning glory, four months in advance start having professional intensive conditioning treatments to be sure your hair is in the very best of shape on the day.
- 5. If you have always wanted a glossy mane of long hair and you need extensions, book in to have them fitted and styled two months before, just to let you get used to the feel of them.
- 6. Always plan well in advance, hair colour can take time to perfect, cuts sometimes need time to settle. Don't have anything drastic done just before the wedding, the wrong colour can take days to correct, too short a cut months to grow back, don't be tempted.
- 7. Bring pictures of the look and the styles as you would like to see yourself. It always helps us to see how you visualise your look.
- 8. Get a quote for yourself and bridesmaids if you are paying for them, including any try-outs you are having prior to the big day. If you are trying to stick to a budget you don't want any nasty surprises.
- 9. If you are having very young bridesmaids hair done always try to make sure you have a friend or family to look after them while you are at the salon. You can't expect your stylist brown from the Clynol

Caligari in Silloth



The Cabaret of Dr Caligari on tour

A curious and chaotic cabaret of music, dancing, comedy, theatre and spectacle from the mysterious Dr Caligari will be held on Monday 26th July on Silloth Green.

The chaotic and mysterious Dr Caligari arrives in town with his travelling cabinet of curiosities. Creating a unique auditorium with the help of the audience, Dr

Caligari conjures up oddities, eccentrics and acrobats to amuse and entertain the crowds....but once out of the box they refuse to disappear!

A curious and chaotic cabaret for all with music, dancing, comedy t, theatre and spectacle... And you can even join in!

What's more, it is free of charge, see it on Silloth Green on Monday 26th July from 6:30pm to 8:30pm.

to be nanny and create a beautiful look, it will also help stress levels all round.

10. Always be on time, it may be cool to keep the groom waiting a little; but it is definitely not good to keep your stylist waiting.

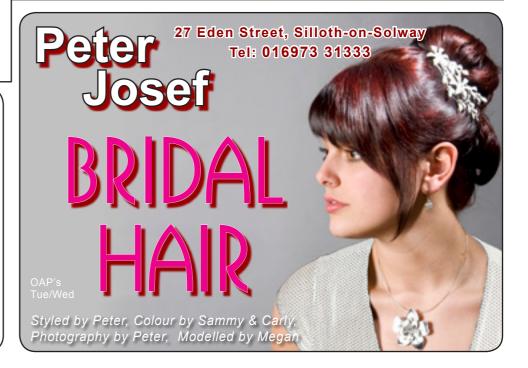
We styled our model Megan's hair in a timeless bridal classic. It was inspired by Audrey Hepburn in the film Breakfast at Tiffany's it's a style that never seems to age and for me it evokes and personifies ageless beauty.

Gloss and Shine were the main factors when Sammy and Carly were deciding which colours to use, colour choice is vital for a bride, it must not be OTT. They went for extra red and dark violet

Viton range, the colours were interwoven to give a stunning seamless vibrancy to her glamorous hair.

As every one of the guests will be looking at the back of the brides head for most of the ceremony it's important that her hair looks good at the back. Unfortunately you can't see the back of Megan's hair in our photo but it is in a beautiful french chignon. Three loops were placed at the top of the chignon where flowers or in our case a lovely hair ornament from 'Little Gems' was placed at the side of the loops to just complete the classic look, it would seem a shame to cover it with a

Colour by Sammy & Carly Styled by Peter



Lost Camera



Do you know this girl?

A camera was found at the Vintage Rally in Silloth and this is one of the pictures from its memory card. Can you identify the girl and therefore help trace the camera owner? Other pictures lead us to believe there are local connections. To claim the camera contact: 016973 31491.

Don't Miss Silloth Carnival

Report by: John Hope & Committee

Silloth Carnival is on Monday 30th August. Judging of floats is at 12:30pm and the Carnival Procession starts at 1pm.

The Carnival Committee would like to welcome everyone to this year's event. They have been busy all year organising this years event, they have even booked the very best of

This year the main entertainment in the arena will be 'The Orc Show' presented by the Rocking Horse Productions. This is a fantastic horse show with amazing stunts! Not for the faint hearted!

Each year we have asked if houses, shops and the local community will support us in the carnival spirit, by decorating their windows in either a theme or a colour. This year we have opted for a colour and it will be Red, White And **Blue**. We do hope everyone can participate. Trophies will be given out to 1st, 2nd and 3rd. Judges will be visiting the week prior to the carnival.

Our retiring Queen Miss Ashleigh Forster will relinquish her title to Miss Grace Cook, who is very excited to take over this

We hope as many as

possible can participate in this years carnival, either in dressing up or entering a float. In the past we have had some fantastic floats and children's fancy dress, please remember there will be prizes and trophies to be won. All children participating will be invited to the carnival tent after the procession to receive their goody bags, kindly donated by the Regeneration Committee.

We realise that making a float takes a lot of time but most of

all space! So we are putting out an SOS to anyone who has spare storage that could be offered to those wanting to enter a float. (an empty large garage, etc). We also find that other carnivals would be willing to attend our carnival with their floats if they could store their floats somewhere in Silloth. If you can help, please phone John on 31873 or Diane on 31237. If you are wanting to do a float and have nowhere to do this, please contact me to see if anyone has come forward.

We are a small committee and have worked very hard all year, fundraising and applying for grants so we can continue with our annual carnival. Silloth Carnival has now been running since 1976

and without kind donations, fundraising and grants we would not be able to continue. We would like to once again thank everyone who has supported us throughout the year in any way. Raffle tickets and programmes will be coming out in the next month; these have always been a great way to help the committee to raise money for the carnival, so please dig deep and buy a book or two! Yet again we have some fantastic prizes to be won.

As you may know, a lot of Carnivals have ceased due to lack of funding or volunteers and this is something that we don't want to see happening to Silloth. Here are some of the many jobs that we need help with: selling raffle tickets/

carnival programmes, road marshalling, carrying collection boxes, serving teas in the carnival tent, handing out children's goody bags, etc, etc.

If you feel you could give a couple of hours of your time either before the carnival or on the day then please contact either myself, John on 31873 or Diane on 31237.

Please remember it takes time to engrave / clean trophies, so if anyone received a trophy last year, please return these to Diane Graham at 23 Caldew Street or John Hope at Lilac House, Station Road, Silloth, urgently.

We hope to see you all on the day and please don't forget to bring along the sunshine with you.



In Silloth, Allerdale Council receives 9.04% of your council tax

That is £90.40 from every £1,000 you pay.

So, what do you get for your money?

- Cemeteries maintained
- Dumped cars removed
- Planning applications decided
- Noise pollution investigated
- Pubs and taxis licensed
- Your beach cared for
- Food safety ensured
- Benefits advice
- Pest control advice
- Streets cleaned
- Your bins emptied
- ... and much more



Visit www.allerdale.gov.uk



Forget Me Not Flowers

Flowers for all occasions

FANCY DRESS

Vampire, Nurse, Devil Lady, Marilyn Monroe and more, take a look

BALLOON MANIA

If you want it, we've got it, just ask!

Personalised Gifts

10A Eden Street, Silloth, tel: 016973 33030

The Good Companions Residential Care Home



Fruit Link **Home Delivery**



W'sale & Retail **Top Quality** Fruit & Vegetables

6 Eden Street, Silloth 016973 32611 07732 337078 07542 488750



Chiropractor

The Dental Surgery Half Moon Lane Wigton

Examination, diagnosis.

Treatment for back, neck pain, headache, sciatica, sports injuries

Tel: 0845 643 9224 Reception Mon - Fri 8.30am - 6pm

wigtonchiropractic.co.uk

Children's Centre

Opening Hours: Monday: 1pm - 4:30pm Tuesday: 9:30am - 2:30pm Wednesday: 9am - 12noon Thursday: 9am - 12noon Friday: 1pm - 4:30pm We are also flexible if people wish to use the centre out of the opening hours. If you wish to use the centre at other times, please call Pam Armstrong on 016973 22771 or Jenny Lunney on 016973 22777 at Aspatria Children's Centre. We are more than happy to show people around, chat on a one to one basis or for a group of people wishing to enquire about the centre.

Silloth RNLI Shop

Shop Opening Hours

Saturday 11am to 4pm Sunday 11am to 4pm Monday 1pm to 4pm Tuesday 1pm to 4pm Wednesday 2pm to 4pm Thursday 1pm to 4pm Friday 1pm to 4pm Our shop is staffed by volunteers and may not open at the advertised times - we do apologies for any inconvenience this may cause.

Arthritis Support

Wigton Area Arthritis Support Group meet on 1st Friday each month at Loveday House, South End, Wigton @ 1:30pm, details from Gladys 016973 43964

Silloth Tots/Toddlers

Silloth Tots & Toddlers meet in the Childrens Centre, Silloth from 14th January and is open to all children aged from 0 to 4.

Sessions are on: Wed: 10pm to 11:30am and Fridays: 1:30am to 3pm term time only Entry is £1 per family and this includes refreshments All Welcome Call in for a friendly chat

Abbeytown Library

Abbeytown mobile library will stop outside the Wheatsheaf Inn at 1pm for an hour every Monday

Abbeytown Bowls

Abbeytown Indoor Bowls every Monday @ 7pm in the **Assembly Rooms** beginners welcome.

Production Team

Proprietor: Peter McRobert Barn Cottage Skinburness, CA7 4RA Tel: 016973 32180 Email: office@solwaybuzz.co.uk

Editorial Content This is down to you, we can only publish items if you send them to us. When sending articles in. please supply a contact name and number in case something requires clarification. We will accept letters or emails, but we do prefer emails as we do not have a typist to type your articles out.

Published by: Peter McRobert with the support of the whole community and an army of volunteers.

Dates for the Diary

July

24th Kite Fest

24th Craft Fair in marquee on Silloth Green

25th Kite Fest

25th Craft Fair in marquee on Silloth Green

26th The Cabaret of Dr Caligari on tour on Silloth Green, 6:30pm, entry free

The Criffel Tea Dance at Westnewton Village Hall from 1:45pm to 3:45pm

Trinity Methodist Church Summer Sandwich Pop-In 11:45am - 1pm







Errors do occur in Dates for the Diary. Please check before attending an event.

Civic Amenity Sites

Operated by Cumbria County Council. tel: 01228 606060 Maryport Tip, tel 01900 66922 open daily 8am to 6pm Wigton Tip, tel 016973 45617 open Tuesday, Thursday, Saturday & Sunday, 8am to 6pm

Football Training

Silloth Football Club

Times 2010 at Eden Street Sports Field

Under 8's Wednesday 4:30pm to 5:30pm Contact Emma Oliver 32112

Under 10's Monday 5pm to 6pm Contact Melanie Irving 32850

Under 12's Friday 5:30pm to 7pm Contact Kevin Dixon 31954

Under 14's Wednesday 5:30pm to 7pm Contact Derek Wallace 32050

Men's Tuesday 7pm to 8:30pm Thursday 7pm to 8:30pm Contact Colin Baty 31297

Over 35's Matches on Mondays at 6:30pm Contact Stephen Hart 31517

Open to boys and girls. Membership forms available from all coaches.

Please note that articles, letters and virtually all content of the Solway Buzz are contributed by YOU, the local community. The Editor reserves the right to control what is included, however, no responsibility whatsoever for the content of the Solway Buzz can be accepted by the Editor, or the Publishers.

August

Lowther Arms Monday Club are holding a Scaffenger Hunt at 3pm

Trinity Methodist Church Summer Sandwich Pop-In 11:45-1pm

6th Police Surgery in the Abbey, Abbeytown 12:30pm to

Police Surgery in 6th Silloth Fire Station 2pm to 4pm

Crunch Service at Skinburness Rd Carpark 9-11am

7th Allonby Village Hall various stalls, Admission 50p, tea & cakes £2.50, all proceeds in aid of the RNLI

The Criffel Tea Dance at Westnewton Village Hall from 1:45pm to 3:45pm

St. Pauls Coffee Day in Christ Church Hall at 2pm

Greenfest

14th Greenfest

15th

17th Holme Low Parish Council meeting in Silloth Community Hall at 7:30pm

Community Transport Open Meeting in Silloth Community Hall @ 7:30pm

Grand Summer Ball 21st in the Golf Hotel, tickets £25

Solfest

28th Craft Fair in marquee on Silloth Green

28th Solfest

Craft Fair in marquee 29th on Silloth Green

29th Solfest

30th Silloth Carnival Parade starts at 1pm

30th Craft Fair in marquee on Silloth Green

Do you have an event in the area bounded by Abbeytown, Mawbray, Silloth, Skinburness, if so please let us know.

Check out SolwayBuzz.co.uk for photos of local events



Join the Party!

Silloth Technology College Silloth, Mondays 5:45-6:45pm Presice Gym, Market Square, Aspatria. Tuesdays 4-5pm St Cuthberts Convent. Burnfoot.

Wigton, Tuesdays 6-7pm Atlas Works, Nelson Street, Carlisle, Wednesdays 7-8pm

The Pools, James Street, Carlisle, Thursdays 10-11am

BOOK NOW Call Jen on: 07988 310958

Copy date for the September issue is: 1st August 2010

If your organisation has an event to promote or you have something to say, please note the next copy date.

September

Police Surgery in Silloth Fire Station 2pm to 4pm

Silloth & District Anniversary Coffee Morning in the Recreation Hall @ 10am

4th Silloth RUFC play Gosforth Greengarth away

5th Silloth Community Craft Show in Silloth Social Club from 11am to 4pm

6th Silloth Town Council Meeting in Community Hall

8th Causewayhead WI meeting @ 7:15pm

Silloth Music & Beer Festival 10th Anniversary

Silloth Music & Beer 10th Festival 10th Anniversary

Marilyn Amyes Charity Walk from Silloth to Maryport. Proceeds to Silloth First Respnders & NW Air Ambulance

Silloth RUFC play Workington Steelers at home

Silloth Music & Beer Festival 10th Anniversary THE ROLLIN' CLONES

Silloth Music & Beer Festival 10th Anniversary

Crunch Service at 18th Skinburness Rd Carpark 9-11am

25th Silloth RUFC play Cockermouth away

Abbeytown Methodist 26th Chapel Harvest Service @ 2:30pm, speaker Mrs L Tembey

27th Abbeytown Methodist Chapel coffee & sale of produce from 10am to 12pm, admission £1 includes coffee or tea and scones, all welcome

October

4th

Silloth & District 2nd Pensioners Coffee Morning in the Recreation Hall @ 10am

Silloth RUFC play 2nd Wigton Wanderers away

Abbey, Abbeytown 12:30pm to 1:30pm 4th

Police Surgery in the

Police Surgery in Silloth Fire Station 2pm to 4pm

Silloth Town Council Meeting in Community Hall

Silloth RUFC play 9th Aspatria Eagles away

Causewayhead WI meeting @ 7:15pm

Crunch Service at 16th Skinburness Rd Carpark 9-11am

October cont'd

16th Diamonds are Forever Ball in the Golf Hotel

Local Crafts & Produce at Culterham Hall Mawbray, tel: 01900 881353

Silloth RUFC play 23rd Egremont at home

Silloth RUFC play Creighton away

November

Police Surgery in Silloth Fire Station 2pm to 4pm

Silloth Town Council Meeting in Community Hall

Silloth & District 6th Pensioners Coffee Morning in the Recreation Hall @ 10am

Causewayhead WI meeting @ 7:15pm

11th Country Music Festival at Stanwix Park

Trinity Methodist

'The War Years" show

12th Country Music Festival at Stanwix Park

12th

13th Trinity Methodist Church "The War Years" show

Silloth RUFC play 13th Netherhall at home

13th Country Music Festival at Stanwix Park

13th Crunch Service at Skinburness Rd Carpark 9-11am 16th Holme Low Parish

Council meeting in Silloth Community Hall at 7:30pm 20th Silloth RUFC play

Moresby away Christmas Craft Fair at Culterham Hall, Mawbray,

tel: 01900 881353 27th Silloth Christmas

28th Silloth Christmas

Market

December

Market

Trinity Methodist Church 'Taste of Christmas' Pop-In 11:45-1pm

Silloth & District 4th Pensioners Christmas Party in Stanwix Park

Crunch Service at Skinburness Rd Carpark 9-11am

Silloth RUFC play 4th Millom at home

December cont'd

6th Police Surgery in the Abbey, Abbeytown 12:30pm to 1:30pm

Police Surgery in Silloth Fire Station 2pm to 4pm

Trinity Methodist Church Evening Carol Service @ 6pm

6th Silloth Town Council Meeting in Community Hall

Causewayhead WI meeting in Trinity Methodist Church Schoolroom @ 7:15pm for AGM

Silloth RUFC play 18th Workington Steelers away

January

Causewayhead WI meeting in Trinity Methodist Church Schoolroom @ 7:15pm for Members Night

Crunch Service at 15th Skinburness Rd Carpark 9-11am

Silloth RUFC play 15th Cockermouth at home

Silloth RUFC play Wigton Wanderers away

February

Silloth RUFC play 5th Aspatria Eagles at home

12th Crunch Service at Skinburness Rd Carpark 9-11am

Silloth RUFC play 19th Egremont away

March

Silloth RUFC play 5th Creighton away

12th Crunch Service at Skinburness Rd Carpark 9-11am

12th Silloth RUFC play Netherhall away

26th Silloth RUFC play Moresby at home

April

Silloth RUFC play Millom away

Silloth RUFC play Gosforth Greengarth at home

> Errors do occur in Dates for the Diary Please check before attending an event

Masthead Winner

Carlisle Embroidery are generously donating a Solway Buzz embroidered sports shirt to the winner. This is in addition to the usual Winners Certificate and £5 Gift Voucher. So, come on kids, get drawing, the Buzz is always looking for more imaginative bees and yours might be the next winner. Send them in to the address on this page and a quality Solway Buzz embroidered sports shirt from Carlisle Embroidery could be yours.

This month the winner is Morgan Hardisty staying at Manor House Park with a bee called "Ballerina Bee". Well done!

Please get in touch so we can organise your prize.



You don't have to be at school here to send a bee to us. If you are here on holiday we would love to receive your bee drawing, just tell us your name, where you are from and where you are staying. You will find our address on page 4.



Arthritis Support Group

Report by: Gladys Temple

Christine Smithson welcomed members to the July Meeting of the Arthritis Support Group.

Mary Harrison and Jack Bray have both been in hospital and cards had been sent with best wishes from all for a full recovery. Apologies were received from Dorethy Lancaster.

Unfortunately our speaker Mrs Fraser was unable to come but Kath Stubbs from the Disability Association had come to tell us about the new Government Initiative 'Fair Access to Need'. There are four different types of need and all are accessed. The Client cannot employ their partner as a carer but they are allowed to employ a relative as long as they do not live under the same roof.

She told us lots of rules and how to access the money and how social workers will continue to deal with the financial side if the client wishes.

Many members had questions and opinions so the session took on more of a debating forum where many questions were answered which had not been directly asked, so everyone learnt something new. Kath was thanked by Christine then Mary Thompson and Francis Green served refreshments.

Hilda Miller was the lucky raffle winner then everyone settled down to listen to a new relaxation CD. The next meeting will be on Friday 3rd September when Norman Godfrey will treat us to a slideshow. Visitors are welcome.

Free Fun for Kids

SILLOTH CAFE

Traditional Fish & Chips

Sit-In or Take-Away Special Wheat Intolerance Gluten Free Option

Pensioners Meal Deal: Monday - Friday Closed Wednesdays

Station Road, Silloth, Tel: 016973 31319

West View Guest House

for BED & BREAKFAST and

The Station Tea Room

for Light Snacks and Hot & Cold Drinks

9 Station Rd, Silloth, Tel: 016973 31449

SOLWAY PRIVATE HIRE

Silloth-on-Solway

Tel: **016973 32310**

advance booking essential

Airports Runs, Day or Nights Out,

Tours Around the Area

Car's to Minibuses Available

Young people in Allerdale are set for another summer of free fun activities over the school holidays as Allerdale Borough Council's PARCS scheme is back!

The fun activities, open to young people aged between 7 and 14 years of age, include rounders, football, cricket, relays, dodgeball and parachute games. Qualified supervisors will be visiting local parks and recreation areas throughout Allerdale.

The PARCS scheme sports and recreation sessions are organised in partnership with town and parish councils.

Councillor Sam Standage, Allerdale Borough Council's Executive member

with responsibility for Sport, said: "The PARCS scheme is great for young people. It gives them a chance to catch up with their mates over the holidays as well as providing an opportunity for them to make new friends. It also gets them out in the fresh air - being active in a recreational, noncompetitive environment, whilst allowing them to appreciate the many wonderful outdoor recreation areas that Allerdale boasts."

The PARCS sessions will take place as follows:

 Workington – Vulcan Park: mornings of 19 and 26 July, and afternoon of 4 August (this is a play day special session from 11am to

A Grave Warning

Public warned of trip hazards from grave surrounds

Allerdale Borough Council is urging visitors to its cemeteries to take care after a person was injured tripping on a groove that a member of the public had dug into the grass around a grave.

The Council manages cemeteries located in Workington, Flimby, Silloth, Maryport, Dearham, Brigham and Cockermouth and is concerned that more people may be physically hurt by decorative trenches or boundaries that have been installed by others.

Alison Miller, Allerdale Borough Council's Customer Service Manager, said: "We understand that some people may want to pay tribute to their loved ones by tending to their graves. However, visitors to our cemeteries can be

elderly, visually-impaired or unsteady on their feet and could have a nasty fall if they lost their footing on one of these trenches or boundaries. Therefore we are asking anyone who has installed such a border around a grave to return the grass to its original state in the interests of safety for all cemetery visitors. If members of the public are unable to carry out the work themselves by the end of July then the Council's grounds maintenance team will take care of it for them".

The Council will be sending letters to customers who have been granted burial rights on its land and putting up notices at its cemeteries to inform visitors of the need for the safety works to take place.

Anyone requiring more information should contact Allerdale Borough Council's Bereavement Services team on 01900 702620.

Old Documents Wanted



Silloth Tourism Action Group (STAG) have been asked to create an archive of old photographs, documents, letters, books, diaries, posters, postcards, booklets and anything else.

This is a requirement from the Lottery Heritage Fund as part of the project to regenerate Silloth Green.

Any documents which have to be returned to their owners will be copied and filed in the new town

As part of the project STAG are appealing for

anyone with knowledge and experience of creating an archive to come forward to help. It is hoped that the schools will also become involved. The archives will allow an insight into how the town has evolved over time and could be a valuable resource for coursework.

If you can help or provide any materials towards the archive please contact the Secretary of STAG, Chris Graham, 2 East Cote Farm, Skinburness Road, Silloth, CA7 4QH, tel 016973 31698.

3pm)

Maryport - Ewanrigg Junior School: afternoons of 19 July and 3 August; Camp Road: afternoon of 2 August

- Flimby next to Flimby School: afternoon of 26 July
- Keswick Fitz Park: mornings of 20 and 27 July, and 3 August
- Dearham Pottery Park: afternoons of 20 and 27July
- Seaton Hunters Drive: mornings of 21 July and 4 August; Jackson Street: morning of 28 July
- · Cockermouth Harris Park: afternoons of 21 and 28 July, and 4 August
- Wigton The Park, Greenacres: evening of 21 July
- Silloth The Green: evening of 28 July.

Morning sessions are 10am to 12 noon, afternoon sessions run from 1pm to 3pm and evening sessions

from 4pm to 6pm. For more information contact Rebecca Stamper, Allerdale Borough Council's Sport Development Officer, on 01900 702711.

Community Transport

An open meeting will be held on August 18th in Silloth Community Hall at 7.30pm to discuss the future of Silloth & District Community Transport.

All are invited.

Among items for discussion are; effects of rising fuel costs, replacement vehicles, restrictions on drivers and other items brought for attention of any committee member prior to the meeting.

Mothers Union

Report by: Gladys Temple

Fourteen members of Abbeytown MU were joined at Wheyrigg Hall by Rev. David Tembey and Idrees Oloyede who is helping out at Holm Cultram Abbey over the

Idrees has been studying

at Lancaster University and is helping David with some of the work entailed with the renovation and fund

He entertained everyone with his tales of his studies, his love of music and his family. He is the middle brother of three and feels very lucky to have a loving family.

Everyone enjoyed a lovely meal and several members are looking forward to the trip to York where Lynne Tembey will be installed for three more years as York Provincial President at a service in York Minster.

The next trip will be to Kirby Stephen then on to a Garden Centre near Preston on 4th September. If you wish to take part please send your name to Brenda

JayBee's

Top 5 Best Prices in Silloth MILK 2 litre £1.35 6 Free Range Eggs 90p Cheese or Bacon £1 a pack Ham 4 slices £1 a pack Kingsmill Bread £1.09 or 2 Loaves for £2

Toys • Off-Licence Hardware • Key Cutting **Carpet Cleaner Hire • Gifts Watch Batteries & Straps Fitted** 1,000's of Bargains

Call in to grab a bargain off the Lama-Man!

open 7 days a week

JOHNSTONE'S PRIVATE HIRE Mobile: **07999 934555**

Nightclub Runs to Carlisle in 8 seater Minibus for £35 each way

Airport Transfers for up to Eight Passengers Manchester, Newcastle, Glasgow, Blackpool

Country Pub Runs & Long Distance

LYNNWOOD CHIROPODY CLINIC

Chiropodist: Lynn Devine MSSCh, MBChA, HPC Reg

25 years experience Providing a full range of Foot Healthcare

Appointments: Mon & Tues 9am - 7pm Wed & Thurs 9am - 5pm Fri 9am - 1pm

Cakes Charity

CAKES for all occasions: Special **Celebrations Anniversary Birthday** Christening Wedding

Buy cakes from us, you get a delicious cake for yourself and you are also helping other's, for each cake sold we make a donation to charity.

To order please contact: Sarah 016973 32089

keeping local business local Tel: 016973 31632 As DGH Couriers we also deliver Lynnwood, 5 Pine Terrace, 6 Criffel Street, Silloth, Tel: 016973 31245 nationwide from just £6.90 Silloth, CA7 4DT

41 Club Donations

Photo & Report by: John Graham

The President of Silloth 41 Club, Lawrence Marshall, presented proceeds from the Round Table wishing well on Silloth Green to two local groups. Silloth Round Table no longer exists so the 41 club have taken over these duties.

Graham Little and three boys from Abbeytown Youth Outdoor Activities Group (Anthony Williamson, Jamie Dobson and Cameron Jackson) received a cheque for £100 towards their funds. They have difficulty in securing sufficient funds to help towards all their activities, these include; rock climbing, canoeing, kayaking, mountain biking and more.

Also receiving £100 is Terence Gilroy from Abbeytown Junior Football Group. They have seventeen



Lawrence presenting £100 to Terence Gilroy

teams of girls and boys aged from 7 to under 16. They play in the Carlisle league and require funding for travelling costs and equipment.

Lawrence presenting £100 to Graham Little, Anthony Williamson, Jamie Dobson & Cameron Jackson

Keep It Clean Folks

When it comes to clean streets, Allerdale is among the best in the North West according to the GMB Union, who has compiled a league table.

Allerdale Borough Council is responsible for the cleaning of all public roads, the provision and emptying of bins for litter, the removal of graffiti from public buildings and for the removal of fly tipping in the borough. Street cleaning is undertaken on behalf of Allerdale Borough Council by its environmental services partner, Focsa.

According to the GMB Union's information, just three per cent of relevant land and highways assessed in Allerdale had deposits of detritus that fall below an acceptable level. Detritus comprises dust, mud, soil, grit, gravel, stones, rotted leaf and vegetable residues,

and fragments of twigs, glass, plastic and other finely divided materials. Detritus includes leaf and blossom falls when they have substantially lost their structure and have become mushy or fragmented.

Just four per cent relevant land and highways assessed in Allerdale had deposits of litter that fall below an acceptable level. Litter includes mainly synthetic materials, often associated with smoking, eating and drinking, that are improperly discarded and left by members of the public; or are spilt during waste management operations. Litter also includes clinical wastes and dog, bird and other animal faeces.

Ernie Davidson, Allerdale Borough Council's Environmental Services Manager, said:

"This is a credit to our street cleaning teams, our partner Focsa and other organisations we work with. We cannot get complacent and we all need to work together to keep our streets clean. Everybody can do their bit by using litter bins, taking their rubbish home and encouraging other people to do the same. Dropping litter, not picking up after your dog fouls, fly tipping is just not acceptable behaviour. We wouldn't let a visitor to our homes get away with that so why do we happily ignore it when it happens in the street? We would ask people to report any problems to us so that we can take action to resolve them."

Littering, dog fouling and fly tipping can be reported to the council by calling 01900 702800 or visiting www. allerdale.gov.uk



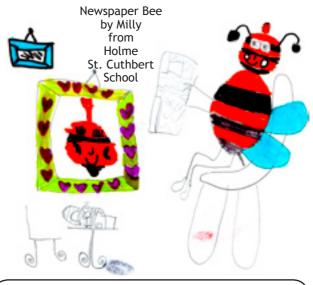
Help?

Once again the Buzz hive of delivers is short of one or two helpers, to deliver the free community paper in the following areas; Epsom Green & Blitterlees. The retiring deliver has had to stop due to family commitments.

Epsom Green and Blitterlees areas can be split, so if you feel you are able to help Kath would be pleased to hear from you on 016973 32272 and welcome you to the hive.

The Buzz editing team would like to thank all present and past delivers for their valued support over the past nine years.







West Silloth Motors

Sarah Betsworth – 016973 32105

Motor Vehicle & Body Repairs



MOT TESTING STATION for Cars, Vans & Motorhomes

Breakdown & Recovery Service

Free Vehicle Collection & Delivery Service

Open Monday to Saturday

Diagnostics

Tel: 016973 32833 ~ Fax: 016973 31478

Email: mark@WestSillothMotors.co.uk Causewayhead Garage, Causewayhead, Silloth, CA7 4JG

We accept all major credit /debit cards



Mark Hansford Computer Services

Repairs Upgrades New Computers Software





016973 32089

HAIR AT HOME

Clair's Mobile Hairdressing will pamper you in the comfort of your own home

For information or an appointment - Call Clair Todd on: 016973 32721 or 07754 523451

Free Consultations Available





Tel: 016973 33032

Delivery Service from

5 Eden Street, Silloth-on-Solway

5pm to 11pm

ROYAS PIZZA SHOP

Thirsty Natterjacks



The Cumbria Fire and Rescue Service in Silloth had an unusual call out when it was asked to help save the lives of thousands of toads.

All along the Solway Coast Area of Outstanding Natural Beauty (AONB) at this time of year, a number of Natterjack toad tadpoles are trying to survive in ponds that are drying up pretty quickly during the current drought conditions.

One such pond at the Mawbray sand dunes was in danger of drying up all together - threatening the lives of thousands of tiny toadlets and tadpoles. After numerous trips over the dunes carrying a 25 litre barrel of water, Graeme Proud, Allerdale Borough Council's Solway Coast AONB Ranger, realised he was fighting a losing battle

trying to keep the pond topped up. However after making a quick phone call to the Cumbria Fire and Rescue Service, Graeme secured the support of the Silloth crew who were happy to help with the conservation effort. Life giving water was transported to the pond by Land Rover and bowser, which was refilled by a fire engine stood on the car park at Mawbray.

Graeme said: "Without the kind assistance of the Silloth fire and rescue crew this rare and elusive creature would not have survived. Thankfully most of the tadpoles in the pond are showing signs of metamorphism which means they should be leaving the water soon, to begin their life as Natterjack toads -Britain's rarest amphibian, featuring a distinctive yellow

stripe. We try to do whatever we can to help conserve the area's precious wildlife and we are immensely grateful to Cumbria Fire and Rescue Service for their kindness and valuable assistance on this occasion."

Winner

In the July issue of the Solway Buzz we ran a competition in conjunction with the Golf Hotel. The prize is Sunday Lunch for two in the Golf Hotel to the value of £30.

The correct answer is Elaine & Don Wilkinson and the winning entry, which was drawn from all the correct entries by Kevin Hanlon from the Golf Hotel is Mrs J Wishart from Pennine View, Silloth.

Congratulations Mrs Wishart, have a lovely meal.

Report by: Pat Froggatt

On 5th June two full coaches of pensioners and friends left Silloth for Grange over Sands and Ulverston.

The route taken was via Keswick, Grasmere and the journey was broken at Ambleside with a visit to Hayes Garden Centre. There was time for coffee and to spend in the shop and gardens and many of the group made purchases of gifts and plants.

We then continued on to Grange over Sands for lunch and a leisurely time in the gardens around the lake. There are a number of cafes

and restaurants so it was not difficult to obtain something to eat and drink. It was a glorious sunny day and everyone made the most of it basking in the sun whilst sitting or walking around the lake and onto the beach.

After spending a most enjoyable time at Grange over Sands we then continued on our journey to Ulverston to visit the market and shops. Unfortunately the open market was beginning to close and also a number of shops were closed. However the indoor market was open with a variety of goods on sale there. Upon leaving

Ulverston we then travelled along the coast road via Egremont, Whitehaven, Maryport and finally back to Silloth. The scenery on this coast road is spectacular and made for a very interesting journey home.

I think everyone that participated enjoyed the day and were glad that the weather had been kind to us. Raffles took place on the both coaches and there were many prize winners too numerous to mention.

Thanks to all those who were responsible for organising the visit and making it a day to remember.



Call for: Birthdays, Anniversaries, Parties, Events, etc.





Canvas Special

Baby, Child, Pet or your own Portraits

99 OFFER

Peter will set a up portable studio and take the photographs. You will view the pictures then choose a 40"x 30" Canvas Wrap (further pictures are an extra cost).

To find out more, contact: Peter McRobert, Barn Cottage, Skinburness, tel: 016973 32180 Wigton, CA7 4RA,

Summer's Here, and so are the Pests

NO - we don't mean holidaymakers!

Summer is here... and unfortunately the wasps and other pests are too!

However, Allerdale Borough Council offers a pest control advice service for homes in Silloth.

Residents who are unsure of the exact nature of a pest can request a Council Pest Control Officer to phone at a pre-arranged date and time, who may be

able to identify the pest by the information given and provide free advice to the customer.

For a charge the Council can also treat a number of different pests, including ants, bed bugs, beetles, cockroaches, cluster flies, silverfish, red spider mite, woodlice, fleas, wasps, mice and rats. Discounts are available for those receiving certain benefits.

Ernie Davidson,

Allerdale Borough Council's **Environmental Services** Manager, said: "Many of the pests that we treat are seasonal, so with summer upon us we are likely to see a rise in the number of treating requests for wasps and fleas.

"Please don't let your summer be spoiled; our experts are quite happy to offer advice on the best way of dealing with such pests."

If you would like advice about pests, contact Allerdale Borough Council on 01900 702800 or visit www.allerdale.gov.uk/ pestcontrol.

Prom **Photos**

Several people have stopped Peter McRobert in the street recently to ask are the School Prom photos still available?

All photographs are kept on the computer for as long as possible and can be viewed at any time. Simply phone 016973 32180 to make an appointment then pop down to the office in Skinburness where all the photos at this and other events can be viewed at leisure. Orders are usually delivered in days.



Estate

PROPERTY WANTED

SILLOTH AND SOLWAY COAST

Owing to numerous recent sales, we still have active enquiries for property in Silloth and coastal areas. These range from requests for quality houses and bungalows, cottage property and houses with land, to enquiries for town and terrace property in Silloth, particularly if in need of modernisation.

For further details and a free appraisal, contact Richard Johnston on 016973 32018

8 Station Road Silloth CA7 4AE www.hopesofwigton.co.uk

History Group



Stephen Wright showing an item to Geoff Bland



Betty Connolly explaining a display

Report & Photos by: Kath Littleton

I visited the Plain People Exhibition Post War Years in Mawbray village hall on Sunday, the third and last day of this event.

There were pictures and memorabilia to interest everyone i.e. toys, clothing, ration info, war recipes, rag work, school photos, past businesses, Silloth docks and much, much more. I was able to add names to a school photo and was pleasantly

surprised to see a photo of one of my relatives.

I enjoyed tea and a cake, I could have had a camp coffee, this was one of the popular coffees in the post war years. I enjoyed a second look around the exhibition before leaving with happy memories.

Holme St. Cuthbert History Group would be pleased to hear from anyone who has a picture of the Fison factory during its working life. Contact Karen Simpson on 01900 881353.

Some of the interesting items on display



Report & Photos by: Derek Shaw

Sadly, the Soldiers in Silloth Living History event on July 10th and 11th had to be cut short after fierce winds blew down tents and wrecked the camps occupied by military re-enactors from around the country.

Members of the American Civil War Society, the English Civil War Lancashire Militia and the Roman Antonine Guard had arrived on the Green on Friday 10th and opened their authentic camps to the public on Saturday.

It was a dull and wet day but those who did visit were excited and impressed by the detail and accuracy of the camps and the enthusiasm of the participants who showed off all aspects of life in days gone by. The Romans marched and recruited youngsters to join them, soldiers from the two civil wars demonstrated musket and cannon drill, there were cookhouses and medical tents to visit, arms to examine, articles to buy all the colour and bustle of military life. Later in the day the Herlid Vikings arrived to add more colour and a little savagery.

Perhaps the most exciting part of the day was after dusk when no less than eight cannon were taken down to the promenade to fire three volleys over the sea. In the dim light the flash of each discharge looked very spectacular. Unfortunately heavy rain set in almost immediately after the guns were taken back.

That night the wind got up and by 4am the participants had to be up dismantling some tents to



save them being torn apart, recovering others that had blown away and generally struggling in the grip of a Silloth gale. By morning the camp was a shambles, people were soaked and chilled and there was no way that the public could be allowed near. The Vikings took what was left of their camp and simply left and the other groups saw no possibility of operating in the arena while wind made it difficult to handle big Roman shields and rain soaked gunpowder. Late in the morning the decision was taken to abandon the

It was a very sad end to a new endeavour but despite their wild introduction to Silloth all the participants said they had loved the venue and would happily come back if the event is repeated. They were genuinely devastated to have let us down - as they saw it.

It is yet to be decided whether we will hold the event again. If you would like us to, perhaps you could tell the Buzz.











Dermalogica
Facials & Face Mapping,
Waxing,
Manicures,
Pedicures,
Massage,
Reflexology,
Spray Tans,
Electrolysis
and many more
016973 31591
or 07871 413425

Silloth Vintage Rally





Vintage Rally Year has come and gone and what a magnificent weekend we had. The show was attended by thousands each day and brought visitors flocking to the town from far and near.

The junior football was well supported again with 12 teams entered from towns and villages in the area. The winners were Uldale, beating Dalston 1-0, so well done lads.

The entertainment in the arena was Xtreme Motor Cycles and boy did they live up to their name. The handling of the machines was simply first class.

To compliment this show we also had two local motor bike heroes: Jim Snaith who brought along five of his immaculate motor bikes on which he had much success at Daytona Beach USA. Also our very own nine times champion in his class Alan Tinnion who also put on show two of his magnificent machines.

This year our show cused on our local area as we were fortunate also to have a display of Rally Cars from Nick Stamper, all in all a really exciting and excellent weekend.

As always our thanks go out to our sponsors: Silloth On Solway Charity Shop, Cumbria Forum, our own Town Council, also to all who contributed money for programme adverts.

We would also like to thank the volunteers who give us their muscle to both set up and take down the show.

Also, a camera was handed in to the secretary, any enquiries to Jean Graham: Tel 016973 31491.







Pensioners Strawberry Tea



L-R: Margaret Crawford, Margaret Durham, Angela Hoodless, Margaret Mattinson & Maureen Irving

Report by: Pat Froggatt Photos by: Pat Bell

Silloth & District Pensioners held their annual Strawberry Tea on 3rd July at St. Andrews Hall, Silloth.

Diana Shaw, Chair of the Committee, welcomed everyone and informed them that we had a lady who would be selling clothes at very reasonable prices for those interested. She then introduced the guest opener, Margaret Gate who was known to most of those attending. Margaret wished everyone an enjoyable afternoon and after a short speech declared the event open. Maureen Irving then presented Margaret with a bouquet of flowers.

The hall was full to capacity and everyone was able to visit the cake stall, bric-a-brac and book stall and also view the clothes that were for sale.

This year the Committee had excelled themselves providing a sumptuous strawberry tea - freshly baked scones topped with strawberry jam, cream and fresh strawberries



L-R: Diana Shaw, Margaret Gate & Maureen Irving

and to wash it down tea or coffee. 'Eat your heart out Wimbledon'. Silloth can provide just as good a strawberry tea and at a fraction of the cost.

Everyone present thoroughly enjoyed their afternoon chatting to old friends and new and savouring the warm atmosphere that prevailed throughout the hall.

The Raffle was well supported and the draw produced the following winners. Margaret Durham, John Hope, Linda Grearson, Connie Anderson, B. Burrows, Mrs. Bain, Gloria Hunter and Jean Smith.

The whole event raised approximately £300.

Thanks to everyone who helped both on the day and with all the preparation.

Silloth Craft Group



L to R: Brenda Dowdell, Jim Hodgson, Eileen Forster & Robina Bond

Robina Bond and Brenda Dowdell from Silloth Craft Group presented five quilts they had made to residents at Little Acre Care Home.

The group meets every Wednesday at Silloth Methodist Church. Residents were delighted with the quilts which are just the right size to be used in wheelchairs.

By Anne Carruthers Cumbria Library Service

Great Holiday Reads

The Courtesan and the Samurai by Lesley Downer

From the author of The last Concubine, this is a romantic and exotic new novel set in 19th century

Japan 1868, the last Shogun has been defeated and the age of emperors is about to begin. In the frozen north, a diehard band of loyalists plans a desperate last stand. Yozo is a traveller, adventurer and swordsman, and moving north to join his rebel comrades, he is captured during their final battle.

Escaping, he makes his way south to the only place where a man is beyond the reach of the law - the Yoshiwara.

The Yoshiwara is Tokyo's famous pleasure quarter. Hana is just seventeen when her husband goes to war, leaving her alone and vulnerable. When enemy soldiers attack she flees for her life and takes refuge in Yoshiwara. There she is sold



into a brothel and forced to train as a courtesan. In the nightless city three thousand courtesans mingle with geishas and jesters, the battered fugitive Yozo meets the beautiful Hana. But each has a terrible secret that will threaten both their union and their lives.

This novel would appeal to a variety of readers - there are battles, a love story and

Try it for yourself and see what you think

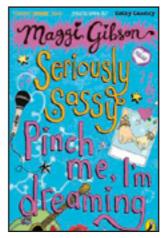
Seriously Sassy: Pinch me, I'm dreaming... by Maggi Gibson

For 8 to 12 year old

'I sing cos I care about things. I'm not gonna change just to be famous!'

Sassy Wilde has plenty to say about life, love and .. lemurs. She's a rock chick with eco attitude, but for Sassy it's not all about fame.

There's Twig, the boy who makes her feel squidgy inside. And Cordelia and Tas, her bestest mates. But as the Wiccaman Festival beckons, and Sassy's dreams start to come true, will she have to leave them behind?



Suddenly Sassy's in a whirl of bezzies and boys. It's not just her guitar strings that are twanging - it's her heart strings too . . .

More Great Holiday Reads, Why not try these?

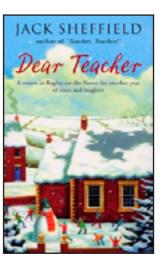
- The Scarecrow by Michael Connolly
- Ford Country by John Grisham
- Assegai by Wilbur Smith
- The Good the Bad and the Dumped by Jenny Colgan
- The Perfect Lie by Emily Barr
- Things I wished I'd Known by Linda Green
- · The Soldier Girl by Annie Murray

Dear Teacher by Jack Sheffield

A return to Ragley-onthe-Forest for another year of tears and laughter.

It's 1979, Dallas is enthralling the nation on TV, Mrs Thatcher has just become prime minister, Abba is top of the pops, and in the small Yorkshire village of Ragley-on-the-Forest, Jack Sheffield returns for his third year as headmaster of the village school.

Jack and his staff struggle to keep a semblance of normality throughout the turbulence of the school terms, as once again, the official School Log fails to record what is really going on beneath the seemingly quiet routine. Ruby the caretaker discovers her Prince Charmin; Vera the school secretary gets to meet her hero Nicholas Parsons; and Jack, to his astonishment, finds himself having to stand in as a



curiously skinny Father Christmas.

Jack also finds himself, at last, having to choose between the vivacious sisters Beth and Laura Henderson.....

This book can be read as a social history of the late seventies early eighties with a smattering of just how wonderfully funny children can be with such innocence.

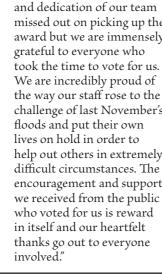
An excellent read.

Support Team Miss-Out

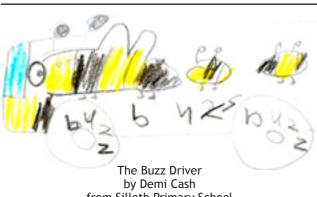
Allerdale Borough Council's emergency response team - which looked after those flooded out of their homes and helped the emergency services with the rescue effort in last November's floods – has missed out on winning an accolade in the Local Government Association's Council Worker of the Year Awards.

The team – which worked around the clock to support Allerdale communities during the devastating effects of the floods - was pipped at the post for the Team of the Year Award by Birmingham City Council's gas maintenance team following a public vote.

Ian Payne, Allerdale Borough Council's emergency planning coordinator, said: "It's extremely disappointing that the tremendous hard work and dedication of our team grateful to everyone who took the time to vote for us. We are incredibly proud of floods and put their own lives on hold in order to who voted for us is reward in itself and our heartfelt thanks go out to everyone









Report by: Lesley Douglas Garden Centre Manager August is holiday time, its best, Mowing it on a a time when school children higher setting will keep your everywhere are getting grass a bit longer which will

bored, here at Bankmill we have great FREE space for children to run about, down in the nature reserve they can feed the ducks, tire themselves in the play area, get lost in the maze or just sit and enjoy the space.

Another thing to do out and about is Ann Lingard is taking informal guided beach walks from Mawbray banks along the dunes and sea shore, her next walk is on Sunday 15th at 11am please call Anne on 016973 21967 or Email enquiries@ annlingard.com

Back to the garden keep dead heading your hanging baskets, perennials and roses to prolong their flowering season, Dispose of the dead-heads in the compost bin or the garden recycling rather than leaving them on the ground where they might encourage and spread disease.

If your lawn not looking

produce stronger, healthier grass with fewer pest and disease problems. Longer grass has more leaf surface to take in sunlight. This enables it to grow thicker and develop a deeper root system, which in turn helps the grass survive drought, tolerate insect damage, and fend off diseases. Longer grass also shades the soil surface keeping it cooler, helping it retain moisture, and making it difficult for weeds to germinate and

You can start collecting seeds now from flowering plants such as aquilegias, foxgloves and poppies. Make sure the seeds are dry, and then store them in brown envelopes in a cool dark place (remember to name and date them as, trust me, you will have forgotten what they are by next spring.

Prune old fruited stems of raspberries down to

soil level after fruiting, to encourage new shoots that will fruit again next year, Continue to tie in and support tomato plants, peppers, cucumbers, aubergines, and melons as they develop, especially as fruit starts to swell or they will quickly topple over and be damaged, remember to keep feeding and watering.

Its time to sow spring cabbage, winter lettuce, main crop turnips, onions and spinach.





Sand, Gravel & Aggregates **Readymixed Concrete Demolition & Site Clearance** Licenced Waste Disposal Site & Skip Service Stevedores at Silloth Docks

Admin: 016973 42277 Transport: 016973 44000 Skip Hire: 016973 31000 RMC: 016973 61777 Fax: 016973 42210 Waverton, Wigton, CA7 0AE



After Hours: 016973 61753 Waverton, Wigton, CA7 0AE

MANUFACTURERS OF ALL TYPES OF PRESTRESSED CONCRETE PANELS AND GENERAL PURPOSE INSTANT WALLING SILAGE FARM AND INDUSTRIAL USE, HOLLOWCORE FLOOR **UNITS AND 'T' BEAMS MADE TO MEASURE**

CONCRETE POSTS & PANELS FOR INSTANT SECURITY WALLING

DA Harrison & Sons Ltd

Petrol ~ Diesel ~ Land Drainage Pipe Water Pipe & Fittings

Coppins Garage, Waverton, Wigton Tel: 016973 42277

Hanging Baskets? Bedding Plants?

Bank Mill Nurseries have an excellent range of basket and bedding plants this season. We have a wide range of composts, baskets, pots and containers.



ank Mill

Bank Mill Nurseries Beckfoot Silloth-On-Solway

Phone: 01900 881340 Fax: 01900 881548 Sat Nav - CA7 4LF www.bankmillnurseries.co.uk

Jottings by Poppy



Home Made Remedies!

Are you one of the many whose summers are ruined by hay fever - then try making this easy remedy? Nettle and Chamomile Tea

Nettles contain chemicals with antihistamine and antiinflammatory properties. Honey that is produced local to where you live is also thought to provide immunity from pollens. 2-3 tablespoons of fresh nettles - or 1-2 tablespoons dried. 4 tablespoons fresh chamomile or 2 tablespoons dried. 1 teaspoon of locally produced honey. Wash the nettles then chop roughly. Put the nettles and chamomile into a teapot. Pour boiling water over and leave for five minutes - this will take the sting out of the nettles. Strain and serve, adding one teaspoon of honey. Use: - Drink three cups a day while suffering from hay fever.

It might not be the best cup of the day...but if it helps the dreaded hay fever sufferer it has to be worth a sip or two!

Herb of Life

Are you forgetful? Inhale rosemary essential oil to combat forgetfulness. A British study found the quality of memory was significantly better in people exposed to the oil. Try heating it in a boiler to infuse your home. I am trying this remedy, (and if I remember) I will let you know how I get on!

Greenfly

The gardener's pest! Grow Chives or Parsley amongst the plants that are likely to be affected. Soak nettles in rainwater for three weeks, and then use the liquid as a spray on.

Nettle Leaf Plant Food Nettle leaves can be used to make an easy to use, if

somewhat smelly, plant food. Best of all it's free! To make your nettle fertiliser you will need only four things: Nettles (obviously)! Water tight container (a large bucket is fine). Water.

SILLOTH **RUGBY CLUB**

Available for **Private Functions**

• Birthday Parties • Engagements Weddings • Christenings • Fund-raising Dances •

Comfortable, modern Lounge Bar Suitable for small or large parties

Telephone Christine on:

016973 32299 For further details or to book Some kind weight (brick

or similar)! First take your nettles. These are best as young stems but can be taken at any time. Quicker results are obtained if the nettle stems and leaves are bruised. Crush them. This can be done by scrunching the stems in gloved hands or by placing the stems on a freshly mown lawn and using your mower to chop and collect the nettles at the same time. The addition of a few grass clippings that results from using this method does not affect the quality of the finished product. Immerse in water. Stuff the crushed stems into your bucket. Place your weight on top of the stems (old brick will do fine). Fill the container with water sufficient to cover the nettles and... Leave to brew. You may also consider placing the bucket away from the areas in the garden that you use most as the soup tends to get rather smelly (not next to your neighbours fence please) that is not nice! Dilute to taste. After around three or four weeks the liquid should be ready for use. The mixture should be diluted until it is tea coloured - usually around 1 part liquid to 10 parts water. Water liberally around or on the plants and see the benefits. Repeat until winter. Continue to top up your container with more leaves and water through the year. As autumn sets in put the remainder of the feed and the sludge in your compost

Letters

heap. Give your container a

rinse and store for next year!

Dear Buzz,

A thank you to Causewayhead W.I. members. I visited Silloth recently to both enjoy a few days holiday in your beautiful part of the world and also to do a little work on my family tree. My grandmother (Mary Latimer) and her family to Liverpool. I just wanted to thank your members for the

lived in Silloth in the second half of the 19th century, before moving wonderful work they have done on recording all the gravestones in St. Paul's churchyard. The assistant in the Discovery Centre told me about the record and I was able to find so much information about three family graves, which gave me more than I could ever have hoped for. I was also able to go straight to the graves in the churchyard. The record

was so well presented

and clear, I was really

thrilled. Thank you all so

Cheques Given to Eleven Charities

On Saturday evening 19th June the Masonic **Province of Cumberland** and Westmorland celebrated its 150th anniversary by presenting cheques to eleven local charities.

Report by: Peter Clark

Speaking at the event, The Rt. Worshipful Provincial Grand Master Bro. Norman James Thompson explained that "over the last 14 months the brethren and their families of the Province have been raising funds at various social events to enable Cumberland and Westmorland Freemasons to mark the occasion by supporting local charities within their own communities, a magnificent total exceeding £70,000 has been accumulated, most of which will be presented this evening to charities chosen by groups of lodges in their own areas". Rt. Worshipful Bro. Thompson also said "I am immensely proud of the good work masons and their families do in support of Freemasonry and their local communities".

The six Group Chairmen introduced and presented cheques to the various charities nominated by their group. The charities who received funds at the event all spoke of the work they do and the difference that these donations will make to the people whom they support. Charity representatives were truly surprised by the amounts of money donated to them. All thanked the Brethren of Cumberland and Westmorland for their efforts to raise these much needed funds.

The North Cumberland Group which includes Lodges in Silloth, Maryport, Cockermouth, Aspatria, Wigton, Keswick and Dalston were pleased to

Silloth is a lovely little

active and enthusiastic

with all the community

Christine Finigan

Shropshire Federation

cared for, with what

seems to be a very

community - I was

extremely impressed

information in Christ

Church. I hope to be

visiting again soon.

town and obviously well

support Chrysalis in Wigton with a £5.500 donation. Chrysalis provide a range of support services for over 50 adults with learning difficulties, opportunities include activities to support independent living, leisure projects, social enterprise,

the arts and environmental

An £11,000 donation was also made to Allerdale Basics who provide emergency care across the Borough, the team attends over 350 accidents per year, nearly one a day. At the presentation Dr Andrew Butler spoke emotionally about the last few weeks where his team were called upon to attend the tragic coach crash in Keswick and to the shootings in West Cumbria, he said the service was vital to the area to provide on scene emergency treatment.

Maryport Cottage Hospital League of Friends also receive £5.500 to help provide additional patient

Dear Buzz,

Through your paper, I would like to thank the many people in Silloth, including the bus drivers on the no. 60 route, who were so kind and helpful during my three month enforced stay in the area, after having broken my leg while on holiday at Easter.

> Peter Bradfield from Leighton Buzzard



Tom Lomas, North Cumberland Group Chairman, Hillary Watson, Chrysalis and Claire Doherty - Chrysalis Service Manager

visit www.cumbwestmasons.

facilities in the hospital. For more information

Province Of Cumberland & Westmorland 150th

Anniversary Celebration Beneficiaries: Donations To Local Non Masonic Charities Carlisle Group, Olivia Story Trust £5,500. Carlisle Society For The

Blind £5,500. North Cumberland Group Chrysalis Cumbria Ltd, Wigton £5,500. Victoria Cottage Hospital,

Maryport, League Of

Friends £5,500. West Cumberland Group, Allerdale Basics £11,000. South West Cumberland Group, Arlecdon & District Community First Responders £10,000. Copeland Occupational & Social Centre £1,000. Penrith Group, Age Concern Carlisle & Eden £5,500. The Penrith Beep Fund £5,500. South Westmorland Group, South Lakeland Hydrotherapy Trust £8,500.

Kendal Mountain Rescue

Team £2,500.

Litter Pickers



Report & Photo by: John Molyneux

The first litter pick of the year organised by Holme St. Cuthberts Parish Council took place. Councillors and helpers from the Parish managed to gather seven full bags of rubbish after setting of from the Church car park and heading along to Mawbray bus shelter.

Everyone was equipped with gloves, grabbers and fluorescent jackets. Iter such as sweet and crisp wrappers, empty bottles, clothing, odd car parts and magazines made up the seven bagfuls. Thanks to everyone who helped.

More litter picks are planned throughout the summer months.

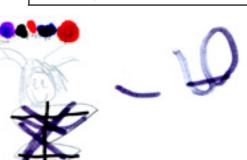
Dear Buzz,

much.

Mr William Minnican and family would like to thank everyone who gave so generously, donating £394 to Cancer Research, after the sad loss of his dear wife Eilean. We are most grateful to you all.

William Minnican

Busy Bee by Kirsty Whitfield from Holme St. Cuthbert School







Local Tradesmen and Services







Administration

The Bookkeeper

Bookkeeping, Payroll, VAT and Business Administration Services Angela Ellwood MICB Tel: 07919 121575 angela.ellwood@yahoo.co.uk

Building Services

Elite Joinery & Building

For all your building needs

Full House Builds Timber Frame House Kit Erections House Extensions Renovations

Full Barn and Loft Conversions all Roof Work and **Double Glazing**

Free estimates and advice References available

For fast friendly service call Mark Cleland on 016973 61750 or 07875 385781 Email: markacleland@aol.com

JOHN MUIR Building Contractor

Est 1984

New Builds Extensions Renovations

References available

Tel: 016973 52650 Mob: 07885 742766



All aspects of Building Groundwork **Plastering** Landscaping **General Maintenance** & Repairs

T: 01900 881485 M: 07525 848242

www.rgrahambuilding.co.uk

SCAFFOLD HIRE

property maintenance & repairs

call John Morgan: 016973 31373 07746 496580 07753 859403

Free Estimates Roofing, Guttering, General Building Work

Caravan Repairs

GAS SERVICES

Motor Caravan & Caravan Repairs

- Servicing
- Re-Sealing
- Gas Servicing
- Interior Repairs
- Chassis Repairs
- Damp Repairs
- Accident Repairs
- Van to Motorhome Conversions

J Scott: 07823 440813

Carpet Fitter

David Blair

All work considered (inc caravans), Underlay & Fittings also supplied Tel: 016973 32390 Mob: 07980 336638

Advertise

in the **Tradesmens** Section

Decorators

Peter Farrier

The Garth Blitterlees, CA7 4JN T&F: 016973 33039 Mob: 07900 914484 Papering, paint effects, coving, tiling & DIY 25 years reliable service.

Commercial & Domestic

Painting Paper Hanging Wall Covering Interior & Exterior

FREE Estimate Our Commercial Work Includes: Local Authority Schools & Colleges

Retail Outlets & Developers

Working Throughout Cumbria 01900 881 156 07732 690 696

Bally Nook, Mawbray Maryport, CA15 6QT

Cleaning Services

Coastal Cleaning Services

Private Homes, Holiday Homes & Small **Businesses Cleaned** Tel: 016973 31357 Mob: 07860 432310



Denture Repairs

Addison Orthodontics

Dental Repair Service 54 Esk Street Silloth, t: 016973 32208

Driving School

JAZZY'S School of Motoring

016973 32383 07764 405136

jazzyschoolofmotoring.co.uk

32 years in the Driver Training and Testing Profession. Full hour guaranteed. Professional, Friendly service. Training for all levels inc Refresher courses & Pass Plus. Theory test discs available. Pick-up points or from home £20 per hour. Discounts for block booking £180 for 10 hours. Credit Cards Accepted.

Electricians

Electrical

Electrical Installation Maintenance Portable Appliance Testing **Emergency Lighting** Fire Alarms Testing and Certification

Tel & Fax 016973 32199 Mob: 0772 043 5458



Steven Henderson **Electrical**





Part P Registered Installer Inspection Testing & Certification

Domestic, Commercial, Industrial, New Builds, Rewires Portable Appliance Testing

Tel: 016973 **31163** Mob: **07708 567193**

Fuel Merchants

Firewood Merchant

Seasoned hardwood logs Tree surgery + hedge cutting, fully insured Contact Andrew Carr Mob: 07729 070155

Advertise **Tradesmens Section**

only £82 for ten issues

or a 7cm box for only **£153.50** for

ten issues

Glaziers

Premier Glass Wigton Ltd

PVCu + Softwood + Hardwood Windows, Doors & Conservatories

PVCu + Double Glazing Repairs

Security Safety Glazing Traditional

Stained Glass

Trade Enquiries Welcome

Holme House, Abbeytown, CA7 4RG Tel: **016973 61552** Mob: **07802 680 754** email: premierglass.wigtonltd@virgin.net

Joiners

DAVID READ

Carpentry & Joinery

Property Repairs & Maintenance

FREE ESTIMATES

No Job Too Big Or Too Small

City & Guilds Approved with 30 years Experience

016973 32245 07759 783823

OUTDOOR JOINERY

All outdoor joinery work

Maintenance & Repair work of all kinds

Laminate flooring fitted

Tel Norman on: 016973 61256 or 077 6228 9357



Plumbers



Plumbing & Heating

Installation, maintenance & repair of domestic plumbing and gas heating systems

Julie is a fully qualified & registered plumbing & heating specialist 507982

www.julierossplumbing.com

Printers

S & A PRINTING

of Skinburness

YOUR LOCAL PRINTERS * **Business & Wedding** Stationery

Distinctive Business Cards (incl. plastic) Personalised Christmas Cards Promotional Items &

Call Stewart or Anne on 016973 31039

General Printing

Roofers

SOLWAY ROOFING

FULL ROOFING SERVICE Commercial & Domestic Slates / Tiles

Guttering Chimney Stacks & all Brickwork

Specialised fibreglass Flat Roof System with 30 year guarantee

Free Estimates Insurance Work

016973 32032 07833 305647 01228 597636

Tilers

Alaric Weightman

Over 20 yrs experience Free advice & estimates Discounts for locals All work guaranteed Tel: 016973 32779 Mob: 07708 982355

With 5,000 copies distributed each month these adverts really do work

Window Cleaners

Abbev Cleaning Services

Osborne Place Main Street, Abbeytown Call Ryan on 016973 61162 or 07732 270844 your local reliable window cleaners

S.G. Hart

6 Burnswark Terrace Silloth Tel: 016973 31517 Silloth's regular window

cleaner since 1974.

WINTERS



Newspapers Magazines Sweets, Rock Novelties **Greetings Cards** Postcards Gifts, Toys Faxing & Photocopying

Shop: 016973 31323 PO: 016973 32957

Eden Street,

Silloth-on-Solway

Cushions & Covers.



Blinds. Curtains, etc. Whatever your

furnishing needs,

ring Irene on

016973 31836

Local Transport

Services

Community Bus FOR HIRE

to Groups or Charities

Contact: Dave: 016973 31785 Lawrence: 016973 31257

Seasoned **Firewood** Logs

DELIVERY AVAILABLE

Tel: Ashley Sharp 016973 31495 07762 772208

07746 496580

016973 31517

07762 772208

07720 435458

016973 31319

016973 32299

016973 32452

016973 32180

016973 32310

07833 305647

016973 32666

07708 567193

07919 121575

016973 31696

016973 31449

016973 31591

016973 31836

016973 32833

016973 31449

016973 61242

07711 144050

016973 31323

07988 310958

Tide Tables

AUGUST 2010 SILLOTH										
			DEPTH ON NEW DOCK GAUGE							
			High Water				Low Water			
	Date		Morning		Afternoon		Morning		Afternoon	
		Time	m	Time	m	Time	m	Time	m	
1 2 3 4 5	SU M TU C W TH	03 01 03 39 04 26 05 23 06 33	6.6 6.3 6.0 5.5 5.3	15 20 16 00 16 50 17 55 19 10	6.2 5.9 5.5 5.2 5.2	09 50 10 26 11 10 00 54	-0.2 0.1 0.4 0.8	21 59 22 41 23 37 12 11 13 29	0.1 0.4 0.7 0.7 0.7	
6 7 8 9	F SA SU M TU	07 47 09 01 10 03 10 55 11 43	5.4 5.9 6.5 7.1 7.6	20 26 21 31 22 24 23 12 23 58	5.6 6.3 7.1 7.7 8.1	02 15 03 28 04 35 06 33 06 27	0.7 0.3 -0.2 -0.8 -1.2	14 44 15 54 16 54 17 49 18 41	0.5 0.1 -0.3 -0.7 -1.1	
11 12 13 14 15	W TH F SA SU	00 43 01 31 02 17 03 03	8.4 8.4 8.2 7.6	12 28 13 14 14 00 14 44 15 29	7.8 8.0 7.8 7.6 7.1	07 17 08 03 08 48 09 29 10 08	-1.5 -1.7 -1.6 -1.4 -1.0	19 28 20 12 20 54 21 34 22 14	-1.2 -1.3 -1.2 -1.0 -0.5	
16 17 18 19 20	M D TU W TH F	03 51 04 43 05 48 07 16 08 38	7.0 6.2 5.4 5.1 5.2	16 16 17 13 18 29 19 54 21 02	6.5 5.7 5.3 5.3 5.7	10 49 11 36 01 13 02 52	-0.5 0.1 0.7 0.7	23 00 23 57 12 37 13 57 15 25	-0.1 0.4 0.6 0.8 0.7	
21 22 23 24 25	SA SU M TU C	09 37 10 24 11 04 11 40	5.6 6.1 6.4 6.7	21 54 22 38 23 15 23 49 12 11	6.3 6.7 7.1 7.2 6.9	04 14 05 08 05 50 06 26 06 59	0.4 -0.0 -0.3 -0.5 -0.6	16 31 17 18 17 58 18 34 19 07	0.4 -0.0 -0.2 -0.4 -0.5	
26 27 28 29 30	TH F SA SU M	00 20 00 52 01 23 01 53 02 27	7.3 7.2 7.1 7.0 6.7	12 40 13 10 13 40 14 11 14 43	6.9 6.7 6.6 6.5	07 29 07 55 08 21 08 49 09 17	-0.6 -0.6 -0.5 -0.5 -0.2	19 36 20 00 20 27 20 57 21 29	-0.5 -0.5 -0.4 -0.2 -0.0	
31	TU	03 04	6.5	15 23	6.2	09 49	-0.0	22 06	0.3	

On the Waterfront

Report by: Tommy Legs

June was another busy month, the BEN VARREY brought three cargoes of wheat. The SPRINTER and the SELENE PRAHM brought fertilizer

from VYBORG. The GOTLAND and the PRIDE then brought fertilizer from GYDNIA and finally the FLINTERBURGH brought fertilizer from Klypedia.

CARRS COACHES



Excursions Tyres, Servicing & Repairs

Control Tower • The Airfield Silloth • CA7 4NS Tel: 016973 31276

The Queens Bed & Breakfast Full en-suite rooms ~ Sea Views

Call: 016973 31373, Mob: 07753 859403 email: moregain(a)tiscali.co.uk The Queens, 1 Park Terrace, Silloth

DEL's DIY and Hardware

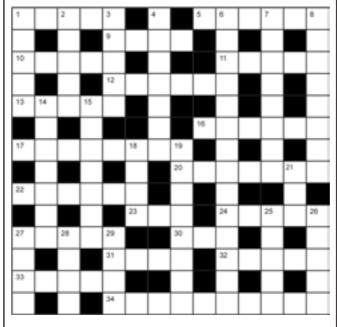
EVERYTHING FOR

Decorating, Electrical, Household, Comprehensive Plumbing Section, Fishing Tackle and a good selection of Frozen Bait, **Calor Gas, Johnsons Paint**

8 Eden Street, Silloth, CA7 4AD Tel/Fax: 016973 32406

Crossword

Crossword puzzle created by Mycroft



Crossword Issue 87

Across 1. Object adopted by North American Indians as emblem of tribe (5)

Exit (6) 'Prince

Unfinished opera by Borodin (4)

10. City in eastern France towards Swiss border (5) 11. Forbidden fruit for

Adam & Eve (5) 12. Railway station in North London (6)

13. Thespian (5)

16. 'Now is the our discontent' (6)

17. Final resting place of slain heroes in Norse mythology (8)

20. One of the Marx Brothers (7)

22. John former Wimbledon & Liverpool

defender (6) Bedfordshire 23. Luton mansion designed by

Robert Adam (3) 24. Doorkeeper of the court

27. Tapestry hung around walls of room, forming a

screen (5) 30. Prosecute in civil law (3)

31. Hundredth of a U.S. dollar (4)

32. Water Nymph (5)

33. The Prisoner of Novel by

Anthony Hope (5)

Chronicles. Novel by Trolloppe Down

'Twenty four hours from 'Town in North East Oklahoma (5) Quintet) (The Musical composition by

Skinflint (5) 3.

Square sail next above the lowest (7)

Schubert (5)

provable (8)

Pompous language (14) Forcibly expressive (8) Possible sequence of

future events (8) 14. Author of the

Canterbury Tales (7)

15. Female character in Hamlet (7)

18. Slang term for drunkard 19. One who believes the existence of God is not

21. Tint (3)

25. American word for robbery (5)

26. System giving warning of approaching objects (5) 27. Wood cutting tool (4)

28. Declaim (4)

29. Blackleg (4)

Crossword Answers issue 86 Across

1. Lagos

5. Abacus 1. Loess 9. Twee 2. Genoa 10. Ennui 3. Stink 11. Agaba 4. Sessile 12. Nassau 6. Beautiful South 13. Stack 7. Clarinet 16. Milner 8. Sea Horse 17. Pleiades 14. Telstar 20. Trustee 15. Chinook 22. Strong 18. Dago 23. Oil 19. Stallion 24. Sybil 21. Ely 27. Grike 25. Bacon 30. Loo 26. Liege 31. Ravi 27. Gape 28. Imam 32. Uncle 33. Plato

Buzee Bee by Toby McAvoy from Holme St. Cuthbert School

34. Stonehenge

Silloth on Solway Community Shop

* Local people working for local causes * * All proceeds go back into the community *

* Please continue donating *

* Collection can be arranged *

S.O.S.C.S.

Open every day 10am to 3:30pm Tel: 32452



S.O.S.C.S. 12 Criffel Street Silloth

Phone Book

This column recognises those whose financial help keeps us going. If we have missed you out, please let us know. If you wish to contribute in this way without taking an advert, please contact the Buzz, it costs only £45 a year.

John's Plaice

K L Express

Kandy Shop

Johnstone's Private Hire

Julie Ross Plumbing

Little Acre Care Home

Lynnwood Chiropody

Mark Hansford Computer

Markley IT Consultancy

Mike Henderson

Outdoor Joinery

Peter Farrier

Peter Josef

Peter Wise

Premier Glass

Presice Fitness

Queens B & B

S & A Printing

Royas

P. Scotts Furniture

Photography by Peter

R Graham Building Groundworks

016973 32089

016973 31276

016973 32039

016973 61256

016973 31224

07900 914484

016973 31333

07732 690696

016973 32180

07802 680754

016973 22478

016973 31373

01900 881485

016973 49241

advert, please contact the	Buzz, it costs only £45 a yea			
Abbey Cleaning Services 07732 270844	Scaffold Hire 07746 4965			
Addison Orthodontics 016973 32208	S G Hart			
Alaric Weightman 07708 982355	Seasoned Firewood Logs			
Baby Delights	Shaun Bell Electrical Ltd			
07957 393289 Bank Mill Nursery 01900 881340	Silloth Cafe			
Bistro 01900 881340	Silloth Rugby Club			
Cakes for Charity	S.O.S.C.S.			
016973 32089 Carrs Coaches	Solway Buzz			
016973 31276 Chiropractor	Solway Private Hire			
0845 643 9224 Coastal Cleaning Services	Solway Roofing			
07860 432310 Community Bus	Stanwix Park			
016973 31785 D A Harrison	Steven Henderson			
016973 42277 David Blair	The Bookkeeper			
07980 336638 David Read	The Charity Shop			
07759 783823 Del's DIY	The Station Tea Room			
016973 32406 Elite Joinery & Building	Top 2 Toe Beauty Salon			
07875 385781 Firewood Merchant	016973 315 Upholstery, Irene Armstrong			
07729 070155 Forget Me Not Flowers	016973 318 West Silloth Motors			
016973 33030 Fruit Link	West View Guest House			
016973 61406 Golf Hotel	Wheyrigg Hall Hotel			
016973 31438 Good Companions	Williamson Fencing			
016973 31553 Hair at Home	07711 1440 Winters Post Office			
07754 523451 Hopes Estate Agents	016973 313 Zumba Fitness			
016973 32018 J. Scott Caravan Repairs	07988 3109			
07823 440813 Jaybees	Useful Tel Number			
016973 31245 Jazzy's School of Motoring	Age Concern Home Safety Scheme			
016973 32383 John Muir Building Cont'r	01946 689 Chemist, Silloth: 016973 31			

l Tel Numbers

rn Home Safety Scheme 01946 68986 Chemist, Silloth: 016973 31394 016973 52650 Community Bus Dave 016973 31785 Com'ty Bus Lawrence 016973 31257 016973 31597 Community Grants: 01900 325013 Crime Stoppers: 0800 555 111 07999 934555 Dental Emergency: 01228 603620 Dentist, Buchanan: 016973 31270 07805 045052 Dentist, Steel: 016973 32042 016973 31309 016973 33033 Doctor First Responders can only be called by 016973 31843 the Ambulance service, call: 0800 111 999 Gas: 016973 32105 Highways Hot Line 0845 6096609 Hospital: 01228 523444 016973 31632

Holme St. Cuthbert School Mawbray: 01900 881242 Holm Cultram Abbey CofE School 016973 61261 Abbeytown:

MP, Tony Cunningham 01900 65815

016973 32195 Silloth Library: 01900 702898 Neighbourhood Forum: 01900 325013 08453300247 Police: 01228 523174 Quakers, Wigton: Register Office, Wigton: 01228 223447 01228 544444 Samaritans: Silloth Community School:

016973 31234 Silloth Nursery & Junior School:

016973 31243 Silloth Town Clerk: 016973 31128 01900 702702 Allerdale B. Council Silloth Tourist Information Centre:

016973 31944 Solway Buzz: 016973 32180 Able Taxi: Vet: Waste Disposal Dept:

016973 31508 016973 20242 01900 702800 Water LeakLine: 0800 33 00 33

This section is for your convenience, so please, let us know what you want included, also any changes to numbers.

016973 33032 016973 31039

Concert in Christ Church



Report by: Alan Byrom

An Evening of Song was presented by Rebekah Byrom and Hannah Booth on Friday the 4th June in Christ Church Silloth. The talented duo sang a varied repertoire of popular songs and songs from the shows. Their programme included one or two surprise items which were unfamiliar to the audience; these were taken from the musical 'Jekyll and Hyde' and from the new musical 'Wicked'.

The programme opened with 'Close to you,' which was a hit from the Carpenters, then came Carole King, the BeeGees and on to George and Ira Gershwin. Their repertoire was extensive and it is impossible to mention all the songs they performed. The concert concluded with Bridge over Troubled Water by Simon and Garfunkel.

Hannah Booth has a very pure soprano voice and she possessed the flexibility to subtly alter the timbre of her tone to express the emotions of the different songs. Also when required she added a slight hint of vibrato to her voice. She enunciated words very clearly and the audience could hear the lyrics.

Rebekah Byrom provided a very sensitive and musical accompaniment as well as singing along with Hannah on many of the songs. Rebekah has a very warm, rich sounding mezzo soprano voice, I was taken by the sheer beauty of the tone and would have liked to have heard her singing solo. The two voices blended very well together and occasionally I had the feeling I was hearing a chord sung by a single voice.

The duo performed a song from the French film 'Les Choristes' and for this Hannah changed places with Rebekah and played keyboard proving that is as accomplished an instrumentalist as she is a vocalist. The concert as a whole was well balanced between accompaniment and vocals, although in one or two instances the keyboard dominated, as in the song 'What is this feeling' from Wicked.

This was a most enjoyable evening and the musicians are to be congratulated and thanked for giving pleasure to so many people. It is hoped that they will return to perform another concert for us.

Causewayhead WI

Report by: Pat Froggatt

President, Olga Hetherington, welcomed members to the meeting which was held at Trinity Methodist Church, Silloth, on Wednesday 9th June.

Olga introduced our visitor for the evening, Mrs. Edna Croft who gave a very interesting and amusing account of her visit to India with her daughter. The reason for the visit was for her daughter's benefit after her wedding had been cancelled. She explained that she needed to find something memorable and after a great deal of thought decided that the Taj Mahal would be just the place to see. She arranged a trip sparing no expense on luxury either in the travel arrangements or the hotel. Obviously they needed to have all the necessary injections for the visit. When she went to see the nurse for her vaccinations, the nurse was delighted that she needed the lot and was able to ply her trade with glee; the result was that she looked like a tea bag (full of perforations). Mrs. Croft had also been told that the nights were cold in India and that she would need some warm night wear, so she purchased two voluminous nightdresses from a market.

hotel they were shown into a luxurious suite and soon made themselves comfortable. They were so tired after the journey that they were glad to get to bed that night, but did not get a peaceful sleep. During the night an earthquake took place and her daughter did a wonderful imitation of 'Corporal Jones' of 'Dads Army' - don't panic, don't panic. Eventually they decided to get down to the ground floor but did not dare risk taking the lift, and as they were 14 floors up, it was a long trail down. They eventually made it and thought everywhere would be in a panic, but no, they were the only ones still dressed in their night attire and obviously caused a great deal of curiosity from others in the hotel; finding out only later that

On arrival at the

the hotel had been built to withstand earthquakes. They eventually returned to bed but with all the shaking, things had been broken and strewn around the room, and they also experienced several after quakes. However they did get to see the Taj Mahal in all its glory. They also saw some of the poverty stricken areas of India which greatly saddened them, and they soon realised the full impact of the class divide in India.

The whole talk was extremely amusing and caused a great deal of laughter. Mrs. Croft has a wonderful gift of portraying both the serious and comical side of a situation.

A vote of thanks was given by Rosemary Brooks on behalf of the members.

on behalf of the members. During the general business of the meeting, Pat Bell reported on a beach clean that had been done and outlined the items that had been recovered from West Beach, i.e. 8 bags of rubbish, a lifebelt case, 3 five gallon containers, but the main concern was the amount of dog faeces on the tide line - most in plastic bags - these bags not being biodegradable. There was also another bag full of this matter on the path. (Perhaps a bin should be erected near or on this beach.)

Other business dealt with was correspondence, especially a letter received from a member of the armed forces thanking us for their gift. A list was sent round regarding the trip to the Quaker Tapestry and K Village in Kendal in September.

The Social half hour was a hat parade arranged by Pat Froggatt. Everyone had been asked to bring their favourite hat and they then paraded around the room and the best hat was judged by Pat Bell and Pat Froggatt. The winner was Rosemary Brooks.

Competitions: Flower 1st. Ann Harrison; 2nd Jean Vorley Elephant 1st. Jean Vorley; 2nd (Joint) Jean Wilson and Rosemary Brooks Raffle 1st Margaret Crawford; 2nd Jean Vorley

Abbeytown WI

Report by: Gladys Temple

In the absence of our President, Gladys Temple welcomed everyone to the June Meeting of Abbeytown WI.

Gladys had made the basket of flowers for the table and was thanked by Freda Garner who then read a record of the May Meeting. Get well wishes were expressed for Margaret Ackerley who is in hospital. Congratulations were given to Elsie Donald who was celebrating 68 years as a member of Abbeytown WI tonight.

Elinor Roper collected the bulb orders and entries were requested for the 'Big Birthday Celebrations' at Greenhill. County Raffle Tickets were also given out.

Several items were read from the County News and stewards were requested at hourly intervals throughout the afternoon as well as bottles for the Tombola Stall. Members were encouraged to visit the WI Exhibition at Tullie House Friday-Sunday 13th-15th August and the Flower Festival in WI House 2nd-4th September. Order Forms for Diaries and Calendars were also sent round.

Margaret Moore gave a financial report and the results of the raffle and gift stall at last months meeting.

Gladys then introduced Sarah Surgener to speak 'All about Wills'. Sarah came to live at Greystoke in 2008 but we were lucky to catch her as she is leaving again next week to move to Bournemouth. She told us about her family and how she became a Will Writer after very serious bouts of illness, then gave out Quiz

DVD rental

Reading group

· Large Print & Talking Books

Internet & Microsoft Office

· Faxing, printing & copying

· Community transport available

Tel: 016973 32195

Mon 1400-1800, Wed-Fri 1100-1330 & 1430-1700,

Sat 1000-1200



Women's Institute

Sheets for members to answer. She found that this was a better way to get her message across as to how important it is to make a will and the consequences if you do not. 67% of the adult population in the UK does not have a will and she emphasised the results if you die and leave children without a designated guardian and she also explained how some of your assets can be protected if you have to go into long term

Freda and Gladys won the quiz with Margaret Todd runner up. Gladys thanked Sarah for a very informative talk where everyone had learned something about the importance of making a will.

Joan Graham and Joyce Wilson served refreshments and Margaret Mynes organised the raffle which was won by Elsie Donald and Mavis Graham. Elsie Foster organised the competitions which were won by - Flower Freda Garner and Elsie Donald. Treasured Possession - Elsie Donald and Gladys Temple.





Doctor Who Bee by Jack from Holme St. Cuthbert School

Fire Membership Fire Membership Fiction & non-fiction books with free request service Children's library including Storysacks KL EXPRESS Chinese Takeaway

Open at 5pm Every Day

A Wide Variety of Dishes for Every Taste

Telephone Orders 016973 **33033** 43 Eden St, Silloth



Large selection of Greetings Cards

Papers & Magazines delivered

Over 100 sweet jars in stock

Chocolates

Coming Soon: www.JumboParties.co.uk

14 Criffel Street * Silloth * Tel: 016973 31843

Diamonds!



A few of the Solway PTA checking out the Golf Hotel

Solway Parent Teachers Association are holding a James Bond Diamonds Are Forever themed ball in the Golf Hotel on Saturday 16 October.

The Golf Hotel have been very supportive and they are relying on the townspeople to be supportive too!

Some of the bare details: It is on Saturday 16th October at 7.30 for 8pm until 1am. Formal dress and tables of 10 which can be booked as such. Music is by the Brian Melville Swing Band and there is also a Disco. You will enjoy a champagne reception followed by a

three course meal with wine on the table, all for only £25.

What is she Doing?



Sarah Hansford couldn't resist having a push at John Graham's traditional pram he used to get collections at the Vintage Rally. Captions on a postcard please!



open 7 days from 10am-6pm for 0-12 years

New Adventure Soft Play Area

Rockclimbing Walls ~ 3 Lane Astra Slide
Ball Cannons ~ Giant Ball Arena
Toddler Car Track ~ Aerial Runways
Parties Available · Hot & Cold Food · Toddler Morning

Rookies, Miller Park, Wigton, CA7 9BA Tel: 016973 49241

First in Class for Ray

Twenty three year old Ray Crumpler from Silloth builds and customises cars.

He has spent some £20,000 and three years pimping his Citroen C2 to an amazing standard.

During the York
Modified Car Show held
at Pickering show ground
in June this amazing car
won 'Best I.C.E.' (in car
entertainment) and also
took the prestigious 1st
place as 'Car of the Show'
at York modified car
show. Some 50 of the UK's
top show cars competed
under one roof in the main
competition and his car
stood out and impressed the
judges.

Ray was delighted that his hard work has paid off.





Macmillan ort
Cancer Lakelande
Cancer Lakelande
North Lakelande
Hospice at Home
Hospice Cancer Ambulance
Hospice
Marie Curie Air Ambulanice
Cumbria Valley
Fden
Voll-

THE CHARITY SHOP

Queen's Court, Criffel St. Silloth, Tel: 016973 31696

Closed Mondays

Your support is greatly appreciated

WILLIAMSON FENCING SUPPLIES



HYDRAULIC HOSE

MANUFACTURER

Plasson Water Fittings

GARDEN GATES
& FENCES
Professional Installation

Plywood Sheets, Railway Sleepers, Decking, Posts, Strainers, Square Timber Rails, Galvanised & Wooden Gates, Purlins, Wire Staples Sawdust & Shavings

Stocking all Galvanised Livestock Equipment, Gates, Feeders, Cubicles, etc

Stank End Farm, Abbeytown, CA7 4PW Tel: 016973 61044, Mobile: 07711 144050

Carpets 4 Vinyls Rugs

P SCOTT'S CARPETS

for all areas of your home



- Caravans Fitted
- Remnants
- Free Estimates
- Expert Fitting Service

1 Wampool Street, Silloth-on-Solway Tel: & Fax: **016973 31224**

Situation Vacant

Have you a sense of fun and enjoy working with children?

Holme St. Cuthbert School have a vacancy for a playleader to lead play activities for an hour at lunchtime,

5 days a week.

hour at lunchtime,
5 days a week.
The job will be term time only.
full training will be given.
For more details please contact
Shelagh Daniel at the school.
Tel: 01900 881242.

We take the safeguarding and welfare of our children seriously and the successful candidate will be expected to undertake an enhanced disclosure via the Criminal Records Bureau (CRB)

Silloth Tennis Club



Holme St. Cuthbert's fantastic Schoolympics team

Holme St Cuthberts County Schools' Runners-Up

Recent Allerdale winners Holme St Cuthberts school were just pipped to second place in the county year 3 and 4 tennis finals which were held at Penrith Tennis

club recently. Held as part of the brand new SCHOOLYMPICS the event brought together the winners from each of the six boroughs of the county to compete against each other in the bid to become county champions. The team of Leah Richardson, Eve

Fisher, Ellie Tremble, Corrie Nattrass, Molly Nattrass, Alfie Wise, Harvey Smith and Archie Wise played their collective hearts out with Leah, Eve, Ellie and Corrie remaining unbeaten all day and the school can be very proud of their efforts which must rank as one



The Silloth team who played Chatsworth Corrie Nattrass in action

Active Allerdale

People in Allerdale are more physically active than anywhere else in Cumbria.

Research published by Sport England in its Active People Survey - conducted over 12 months - shows a significant increase in the number of adults in Allerdale who have participated in more than 30 minutes of exercise at least three times a week every month.

The figures show that Allerdale has a significantly higher participation rate than the national, regional and Cumbrian average. In

Allerdale, 19.1 per cent of adults are physically active at the levels set out by Sport England (up from 16.7 per cent the previous year).

The Cumbrian average is 15.8 per cent with Carlisle on 16.4 per cent; Barrow on 15.5 per cent; Eden on 15.1 per cent; South Lakes on 14 per cent and Copeland at 13.6 per cent.

The average in the north west of England is 17.2 per cent and the national average is 16.6 per cent. Councillor Sam

Standage, Allerdale Borough Council's Executive member with responsibility for Sports, said: "It's great to know that more and more of our residents are taking the opportunity to keep fit and healthy in a number of ways - such as exercising or swimming in one of our leisure centres, playing in the parks we maintain across the borough or even taking an invigorating walk along the beaches we look

Small Schools Results 1st Thursby (Carlisle) 2nd Holme St Cuthberts (Allerdale)

of the schools' finest ever sporting achievements.

3rd Goodly Dale (South Lakes) 4th Thornhill (Copeland) 5th Penruddock (Eden)

6th Penny Bridge (Barrow) Aegon League Tennis

The county wide Aegon leagues for different age groups were finished recently with some more encouraging results for the Silloth club.

Results - Under 18 Boys V Ullswater & Eden away (drew 3-3)

V Maryport (away) won 4-2 Under 18 girls

V Ullswater & Eden (home) won 6-0

V Chatsworth (home) won 4-2

Kieron Oliver was also part of the under 8 Maryport team that are county champions.

Please look out for reports from this year's 8th Silloth Open in the next issue of the Buzz.

PRESICE

Aspatria

Classes Now On All Classes Are Open To Non-Members.

> Mon - Boxen 7:15pm - 8:15pm

Tues - Drill 6:30pm - 7:30pm

Wed - Bums & Tums

9:30am - 10:15am Wed - Junior Boxen

6:45pm - 7:15pm & Adult Boxen 7:30pm - 8:30pm

Thurs - Boxercise 7pm - 8pm

Fri - Drill 6:30pm - 7:30pm

Boxen £4, all other classes £3.75, come along and try a class or call 016973 22478 for details.

Sunset Leisure Centre

JOB VACANCIES

We're looking for well presented, enthusiastic individuals to work in our CLEANING DEPARTMENT for the 2010 season. Applicants must be over 16 yrs, possess good communication skills and adopt a flexible approach to working hours (to include mornings and weekends). Application Forms Available From Reception. Return Marked for the Attention of CLAIRE AUSTIN.

Outdoor Pool Now Open! £2.50 per person At Managements discretion subject to weather conditions. Daily 10am to 6pm.

ADULT & CHILDRENS PARTIES WELCOME

Swimming, Bowling & Eating all under one roof Choose 1, 2 or all 3 options, also why not enjoy the Fantastic Live Entertainment we have on offer (March to November) as part of your Party Package. Phone now or Call in and See Us for Prices. Advanced Booking is Recommended.



Up & Coming Live Entertainment Highlights!

Glamd! - The Cats - Leroy Johnston & The Flicks - Stevie Las Vegas Baricade - The Fabulous Picasso Brothers - Room 101 - Hotwire!

Greenrow, Silloth, CA7 4HH, Tel: 016973 32666







All the trimmings

- * Choice of two meats
- * At least three Veg
- * Roasties
- * Cream Potatoes
- * Yorkshire Puddings
- * Meat & Onion Gravy Pre-Order to Guarantee a Meal

OPENING TIMES

Seven Days a Week from 11:30am to 10pm

Multi Award Winning Fish & Chips



12 Solway Street, Silloth, Tel: 016973 31597 (OPPOSITE THE SPAR)